





Cycling club goes to Aspen SPORTS page 10



A new CC sport: Tae Kwon Do SPORTS page 11

the Sept 19 2001 Issue 2 Volume 47

Colorado College Student Newspaper

Looking forward to Homecoming

Kristen Smith

Hope those rooms are clean because parents weekend/Homecoming is just around the corner. That's right, expect those parents to start showing up on Friday, October 10. So what exciting events can we expect for Homecoming?

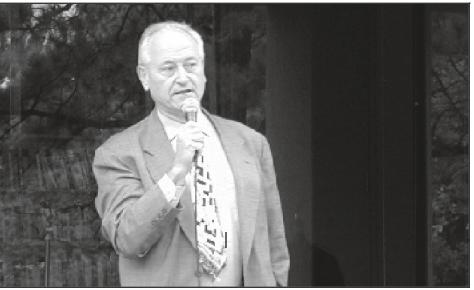
STAFF WRITER

Friday, October 10, will bring lots of excitement and fellowship with the community service project and bonfire. From 12: 00p.m. - 3:00p.m., everyone is welcome to the Worner Center for a fun afternoon of helping adorable kids decorate book bags. Also, Mrs. Jacklyn Celeste and her son Sam will be reading the book they wrote together entitled Mouse in Roosevelt's House.' Later on that night, at 10:00p.m. come on down to the Armstrong Quad for the bonfire to relax with friends while listening to some awesome music. For those of you with parents here, it could also be when you celebrate making it through the first night while also looking forward to the events to come.

Saturday, October 12 starts with the Tiger Classic 5K Race at 7:00 a.m.. There are prizes for a male and female in each category, divided by age groups, so why not get your day off to a great early start with a nice little run and try to win that prize! Not convinced? 7:00 a.m. just too early no matter what? Well, that's okay because some real entertainment will start at 10:30 a.m. with the Tiger Walk from the Alumni Plaza to Shove Chapel. This is basically a parade with reunion classes from the 1940s to 1998. There are also some astonishing gamelan dancers to lead the parade. This is definitely an event that you don't want to miss! By now, I am sure you will be hungry, so head on down to the Armstrong Quad for the all-campus picnic at 12:00p.m.. For only \$10 you get outstanding food with and an amazing time. This is also a great way to get energized for the dance.

So what about this dance that you keep hearing about? Well, it is on Saturday, October 11 from 9:30p.m. to 1:00am. Tickets are on sale at the Worner Desk until 12:30 a.m. on Saturday night/Sunday morning. This is definitely not any ordinary dance. It's more like a club hopping experience since it has three locations. There is the tent on the quad, Gates in upstairs Palmer, and the lobby/common area of Armstrong. With so many locations to choose from, how could you not come!

There is, of course, home games for almost all the fall sports, including the first hockey game of the season. So don't miss out on an opportunity to cheer on your school and your friends!



President Celeste to reveal 'plan of action' for College

LAURA PARISI STAFF WRITER

Colorado College may be a radically different place in 7 years. On Monday, President Celeste will reveal an "action plan" that could drastically transform our school and campus.

Celeste says he cannot give out any information right now, but he promises that the plan will "be exciting. It'll challenge the students."

The action plan will map the development of the Colorado College community. "It's a plan for how to take the College from 2003 into 2010," he says.

STAFE WRITER

Though it is not necessarily a fundraising campaign, says Celeste, "It will take a lot of money." And it is also not set in stone: "It will constantly be a work in progress. It will be my work for as long as the trustees will let me be here," he says.

This has been a project of his ever since the mapping of the mission statement last year. "The mission statement is the starting point for all of this," explains Celeste.

President Celeste will be disclosing the details to the student body on Monday, Oct. 6 in Bernis Great Hall from 4 to 5 p.m. All students are <u>invited</u> to come.

Beer, Progress, and political parties win big but did Greeks lose?

Peter Rice

The Beer and Progress party now controls three fifths of CCCA's Executive Council, half of the critical Budget Committee, and four of seven regional representatives. Greek representation on CCCA, once overwhelming, has hit a new low. Only the president, Matt Synenberg, a Sigma Chi, remains. Six members of Sigma Chi went after the four Budget Committee positions, but all were soundly defeated. Beer and Progress leaders are jubilant, saying that the election opens a new era of populist student government. They are promising a host of changes, including reforming Residential Life, negotiating beer discounts with local businesses, and, by the end of block, launching a textbook exchange website for students. The party, started late last year, ran an untraditional but effective campaign, foregoing the usual fistfuls of posters in favor of personal appeals to friends. The group sent out dozens of emails and made phone calls, ensuring a healthy turnout of friendly voters at the polls.

When the dust settled, Budget Committee candidates Greg Piesco-Putnam and Nick Hathaway had 150 and 148 votes respectively. The other winners, Jeremy Denlea and Chris Kempes, pulled down 133 and 119 votes. Nine other candidates were running, but the leader of that pack managed only 73 votes. Four candidates had tallies under 40. That is a sharp contrast to years past, which have seen mostly independent candidates – many of them Greek – filling the ranks of student government. "CCCA has had a significant number of Greeks for as long as I've been here," said Kristy Payne, a Kappa Kappa Gamma who was Executive Vice President before graduating last year and starting work as a Campus Activities Paraprof. "There was a lot of resentment that a lot of CCCA was Greek. People were frustrated that it was perhaps an illegitimate representation." The losses won't hurt the Greek organizations themselves, since they are privately funded, but it might make it more difficult to get funding for special events.



Scott Reis/Catalyst

Dr. Nancy Folbre, professor of economics at

the University of Massachussetts speaks of economics, feminist theory, non-market work, and child rearing on Thursday night in Packard Hall.

(continued on page 4)

Whatever, man... and other similar nonsense

WILL NAITO

OPINIONS EDITOR

I can remember, on more than one occasion, having a discussion with my peers come to an abrupt and unexpected stop. An awkward silence didn't bring the end, neither did my unintelligible muttering. What was the cause you ask? Blind-liberalism.

It's not as if blind-conservatism is nonexistent. The equally evil twin is just not prevalent on this campus, which is a good thing because I don't think I could handle both at the same time.

I am not a conservative using my one public outlet as a tool with which to bash the

STAFF EDITOR IN CHIEF • SHON COOK managing editor • Lizzie Larson **OPINIONS EDITOR • WILL NAITO** scene editor • Lydia Cayton-Holland SPORTS • SAM BLASIAK news editor • Chrissie Long PHOTO EDITOR • SCOTT REIS amusements • shon cook AD MANAGER • JEFF RACHLIN copy editor • Greishma Singh FEATURES EDITOR • DAYNA DAVIS events editor • tony krupicka CUTLER PUBS. PRESIDENT • MAGGIE Collins WRITERS

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There are few things that frustrate me more than beginning what could turn into a great exchange of ideas (read: me hosing you for supporting driver's licenses for illegal aliens), and then having that potential spontaneously combust when you stonewall with a colloquialism.

I've found that such conversations can end in one of three ways: 1.) I hear a statement rebuking some aspect of my morality. 2.) "Whatever" is used to respond to anything else I might have to say. 3.) Something to the effect of, "Why can't you see the greater intrinsic value of my argument?"

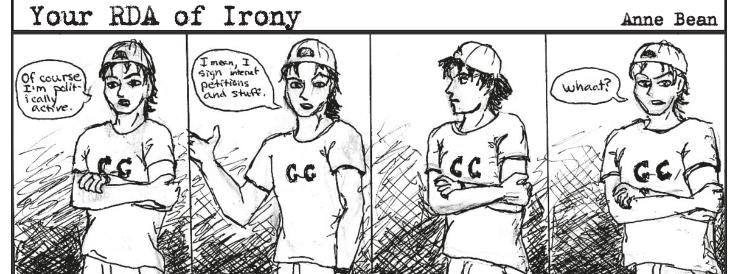
I have thick enough skin, not to be bothered by any attack against me personally, and the patience to sit through strings of "like, you know, whatever." What I have trouble with, is accepting that I am wrong, just because.

Some things are articles of faith. God, if you believe he or she or it exists, for example. That we shouldn't have invaded Iraq is not. Don't get me wrong, I think that the Bush administration wanted to distract John Q. from it's horrible domestic policy just as much as the next guy. Our most recent Iraqi excursion was unjust because it was based on a myriad of grossly inaccurate information and bad decisions, not because it was just wrong.

Oct. 3

Everyone has heard that college is a time for idealism. This doesn't mean, however, that our idealism should be fed by ignorance. I've found no shame in admitting that I don't know enough about a topic to form an opinion of my own.

Let's all embrace intellectual curiosity! Pick up tomorrow's NYT, or the Journal. Read a section or two, or carry it around tucked under your arm so you'll look smart. Recognize the difference between subjects that require faith, and those that require evidence.



France was right, but continues to be stupid

PETER RICE STAFF WRITER

Ah, those heady days of Spring. We CC students frolicked on the grassy knolls of Armstrong Quad, playing Frisbee, and knowing no evil. Everything was fine, because everything bad was the fault of that horribly backward western European country with the good food and 35-hour workweeks.

How we hated those French. Those traitorous lazy bums with the nerve to stand up and tell us that we had no clothes. How could they? What did they know about winning at armed conflict, after all?

Not much, I'm still guessing. But as it turns out, they did know a little something about rebuilding a war torn country and how bloody – very bloody – difficult it can be. That's why they wanted no part of our little war, and that's why the next \$86 billion (\in 73 billion) worth of tax dollars they spend will go towards curing sick people, helping the disabled, and maintaining a train system that makes ours looks like the Pony Express.

We, meanwhile, are like the annoying guy who keeps bumming smokes off everyone else.

Last week, our President went before the United Nations General Assembly and asked France and all other peace-loving countries of the world for money and troops. It's in your best interest, he said. I've generously invaded and toppled "the former regime" for you! I did you a favor! Oh, don't thank me, it's really no bother! I was just in the neighborhood – you know – out for a stroll with my friend Tony, when I just thought, "shucks, don't you think that's been going on long enough?" Now, can I please have those troops and

that money?

Suddenly, the French are needed again. They were right. We had no clothes. We could only sort of go it alone. Now we return to them like the biblical prodigal son, groveling to be taken back into Club Diplomacy.

Wisely, they are not going to be killing the fatted calf for us any time soon. We made our mess, and we can clean it up. Our best hope is that the leader that got us in the mess will be forced to pass it off to someone else a year from November.

Don't get me wrong. There's still plenty to dislike about the French. Incomprehensible last names, for starters. Lefèbvre, Roux, or worse: Bellefeuille. Then there's socialism gone horribly out of control. And personally, I can do without French Grand Opera, although Bizet's *Carmen* is just divine. Despite it all, though, the Freedom Fries in Rastall just don't taste quite as good as they used to. In fact, good fries are about as hard to find as, say, weapons of mass destruction.

PHOTOGRAPHERS rae-anne hayes • jacob comenetz • john morris • scott ladely • katelin jackson • maggie bellows

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<u>Letters To The Editor</u> **Rumsfeld to appear in the Springs**

Dear Editor,

On Tuesday October 7th -10th Donald Rumsfeld is hosting a group of NATO delegates from seven nations to discuss and prepare the NATO Reaction Force (NRF) and its operational protocol. The NATO Reaction Force is an operation designed to respond quickly and decisively to international conflict. There is concern that this will serve the interests of NATO, specifically the United States- hence the theme of the protest in response: U.S. BIG BULLY. This is a peaceful, legal demonstration to show the international community that there is American opposition to Bush/Rumsfeld's policy in Iraq and the Middle East, to protest U.S. attempts to dominate world bodies, like the

UN and NATO, and bully other countries into compliance. The protest itself will run from 12-6 as the NATO delegates and Rumsfeld arrive at the Broadmoor Hotel. CC students will be there from 1-3 p.m. with van transportation provided. There will be sign-up sheets for those interested in Worner desk from 12 noon on Thursday and Friday. We would like to emphasize that this is a peaceful protest and neither violence nor overly disruptive behavior will be tolerated by the police or protestors. According to the police, if anyone enters the street, the protest will be shut down immediately. Come and help man the gigantic puppet crafted by CC students!

- Ian Goldstein

• OPINIONS POLICY• THE OPINIONS REPRESENTED IN THIS SECTION DO NOT REFLECT THOSE OF THE EDITOR, PUBLISHER, OR ANYONE OTHER THAN THE AUTHOR HIM/HERSELF. ALL SUBMISSIONS TO THE OPINIONS EDITOR MAY BE EDITED FOR FORM, CONTENT AND/OR LENGTH.

Oct. 3



New recycling program at CC relies on students to function

Rebecca schild

Edward Abbey wrote that a civilization that consumes its environment would ultimately estrange itself from its surroundings. "A civilization which destroys what little remains . . . is cutting itself off from its origins and betraying the principle of civilization itself. If industrial man continues [in this manner] he will succeed in his apparent

GUEST WRITER

intention, to seal himself off from the natural and isolate himself within a synthetic prison of his own making.'

Is it a natural tendency to consume and dispose without thought purely because of conve-

nience? So many elements of our everyday lives involve creating waste; the coffee we buy every day before class, the multiple drafts we print out before turning in a final paper, the to-go container we take our salads in as we rush out of Wild Sage for an important meeting. These motions are performed habitually, without thought as to the effects of such a minute action- the pure convenience of it gets us through our busy day.

The new recycling program on campus has a twist. It demands a responsibility from each and every person, holding

FACTS ABOUT RECYCLING

Recycling one ton of paper saves 17 trees, 2 barrels of oil (enough to run a car for ,260 miles), 4,100 KW of energy (enough to power a home for 6 months), 3.2 cubic yards of landfill space, and 60 pounds of air pollution.

Americans throw away enough aluminum to rebuild our entire commercial fleet of airplanes every 3 months.

About 80% of what Americans throw away is recyclable, yet the recycling rate is 28%.

Recycling creates 6 times as many jobs as landfilling.

Recycling just one aluminum can saves enough energy to power a TV for 3 hours.

If we recycled all newspapers printed on any given Sunday, we would save 550,000 trees- or 26 million trees per year.

The U.S. is 5% of the world's population, and uses 25 % of its natural resources.

them accountable for their actions as well as the good they are doing for the environment, and ultimately themselves.

Rather than tossing their waste into a labeled bin amidst a group of color-coded trashcans, neglecting to fully comprehend the benefits of such an action, each person will sort their own recyclables to then be placed in the larger recycling containers outside.

This will ensure that recyclable materials are actually recycled, eliminating contamina-

'A civilization which destroys what little remains...is cutting itself off from its origins and *betraying the principle of* civilization itself."

tion of bins that occur when there are many different bins in the dorm hallways and janitorial staff is responsible for taking recycling out. As this program becomes effective, it

will hopefully reverse the long-held rumor that CC does not have a recycling program or that nothing gets recycled anyway.

Many people may say that this new program will deter people from recycling their goods. Why would somebody go to the hassle of recycling when they could just as easily throw it away in any one of the many trash cans conveniently placed along their route home? We are not five year olds anymore, unaccountable for our actions and hand fed the "right" and "wrong" thing to do. We

must (continued on page 4)

WHAT THE NEW PROGRAM LOOKS LIKE

The "Anything that Tears" Program divides recyclable materials into two categories:

Anything That Tears- this includes:

all white and colored (even neon) paper newspaper (including inserts) junk mail books magazines coated paper (shiny) envelopes (even with plastic windows or labels) folders- manila, coated, colored (even if they have plastic tabs or metal strips). Computer printouts Adding machine tape Brochures and pamphlets Posters Manuals with glue bindings Legal pads, steno pads, and spiral notebooks Receipts Scratch, message, and memo pads Self-adhesive notes

There is no need to separate staples, paper clips, rubber bands, tape, plastic tabs, wire, and plastic spirals.

Materials, however, should not have a significant amount of food on them.

Commingled Containers- this includes: Glass bottles Plastic (#1, #2, #5) Tin Aluminum

Liquids should be poured out and caps should be disposed of.

Cardboard:

A dumpster to collect cardboard has been provided at both the Armstrong and TSC/ Barnes exterior locations. Boxes should be broken down and taken to these locations.

Collection Points:

Armstrong Parking Lot- East side of Armstrong, near Slocum East Campus Parking Lot- in the (1000 block) TSC/Barnes- north side of Barnes near the East entrance of Tutt Science center Mathias Enclosure- north side of Mathias, by the pull-off from Uintah Loomis Enclosure- north side of Loomis, across from Edith Gaylord and Security McGregor Enclosure- south end of building 1140/1144 parking lot enclosure Morreale Carriage House Enclosure

Segways anger penny-pinching students

PETER RICE

STAFF WRITER

These days, traffic on campus is more than your average bunch of pedestrians, skateboarders, and cyclists. Over the summer, the college bought two Segways, the self-balancing two wheeled scooters dreamed up by inventor Dean Kamen. President Celeste also bought one with his own money and uses it for the commute.

love to," said Reynolds. He adds that he bought the Segways as an experiment, and that the two units could be sold depending on how well they perform for the rest of the year. In any case, he says, the machines are more energy efficient than the cars the department used before.

that the Segways are making Facilities a better department. "I have probably saved at least \$1,000 worth of my time already," said Reynolds.

That argument aside, at least one student thinks that the Segways make a truly brilliant fashion statement.

Kimberly Shephard, a sophomore from Colorado Springs, says "I think Dick Celeste looks hot on his Segway."

But as the recession hits the school and forces a tough round budget cutting, the Segways have become poster children for misplaced financial priorities. Student Life alone is swallowing a \$100,000 budget cut this year - and the Segways cost about \$5,000 apiece.

"It bothers me when I hear about budget cuts and I see unnecessary expenditures," said James Tinsley, co-chair of LiveSounds, the group that produces such CC mainstays as Llamapalooza and saw its budget shrink by \$2,000. The Worner Activities Committee and Great Performers and Ideas also absorbed \$2,000 budget cuts.

But Gary Reynolds, who directs Facilities Services and bought the Segways, defends the purchase, saying the new gizmos save lots of time and make the department more efficient.

Facilities has to manage projects all over campus from an inconveniently located home base on Uintah across from the 7-11. The Segways make it possible to commute from the office to the worksite – something they have to do several times a day – at speeds up to 12 miles an hour.

"My day is extremely busy. If I had the time to walk I'd

But are there cheaper, environmentally friendly alternatives out there? Bikes are out of the question, says Reynolds, because they are hard to ride with professional clothes on. It also gives the sweat glands an uncomfortable workout, especially in the summer.

And what about that stalwart youthful transportation device, the skateboard?

"I'd probably kill myself," said Reynolds.

LiveSounds co-chair Tinsley admits folks need to get to worksites faster than walking speed, but thinks bicycles would do just fine.

"I have seen a Dutch woman in a dress with four saddle bags full of groceries and two kids riding a bike in freezing rain," said Tinsley.

"Obviously, there are cheaper ways to go about doing the same thing," added an irked Josh Higgason, a junior from Greeley, CO. He pointed out that at least one other college department - Audio/Visual Services - has come up with a cheaper alternative. They use a large, industrial strength tricycle to cart gear around campus.

A quick internet search will yield a whole host of electronic scooters that cost less than \$500. Some decent mopeds - known for their gas efficiency - can also be had for under \$1000.

But whatever the cost arguments, Gary Reynolds insists

Segways recalled Low batteries potential danger to riders

April Russo

On Friday

September 26

the Consumer

roduct Safety Commission recalled all segway scooters. Three eople had been injured on the Segway scooters. When batterie et low on the scooters, people can fall off and get injured.

STAFF WRITER

Segway will put new software in the scooters that warns the ser when the batteries are low and automatically shuts down he scooters. So far, 6,000 scooters have been sold. The scooter ravel up to 12 miles per hour and cost approximately \$4,950.

"Under certain operating conditions, particularly when the atteries are near the end of charge, some Segway HTs may not leliver enough power, allowing the rider to fall," the Consumer Product Safety Commission stated. Dean Kamen invented the egway scooter and it in use now by much of the New Yorl olice force and many postal workers.

President Bush fell off a Segway scooter in June but as not seriously injured. The most serious injury involved getting stitches on the head. For more information visit http: ww.cbsnews.com/stories/2003/09/26/tech/main575347.shtml

CC English professor one of eighty nationallyrenowned writers invited to Washington D.C.

N 2VVG

CHRISSIE LONG

STAFF WRITER

This weekend marks the third annual National Book Festival in Washington D.C.. The event, sponsored by the Library of Congress and hosted by Laura Bush, is expected to draw a crowd of 60,000 people. Colorado College English professor David Mason is one of eighty authors, illustrators, story-tellers and poets selected to speak.

Mason will attend a black-tie dinner at the Library of Congress on Friday night. On Saturday, following breakfast at the White House, Mason will head to the National Mall, site of the book festival. Here, along with thirteen other poets, he is scheduled to read from his poetry and participate in a book signing.

"I've never been to Washington D.C. before, let alone the White House," said Mason. "So I decided that I'd accept the invitation and take this chance to see for myself what it's like."

Mason has won such honors as the Nicholas Roerich Poetry Prize and the Poetry Society of America's Alice Fay Di Castagnola for his two collections of poetry, The Buried Houses and The Country I Remember.' He has been a Fulbright Writer-in-Residence in Greece, he has co-edited an anthology entitled Rebel Angels: 25 Poets of the New

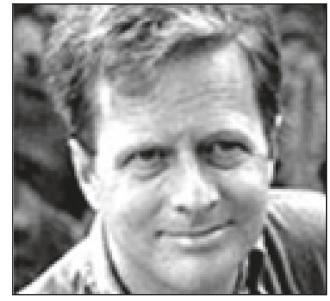
Formalism, and published a collection of his essays in The Poetry of life and the Life of Poetry. In addition to teaching at CC, Mason is a regular contributor to a handful of magazines and newspapers.

When asked about his reaction to the invitation to the National Book Festival, Mason replied modestly, "It's always a bad idea to take honors too seriously. It doesn't mean I'm any better a poet or worse a poet." According to him, "It's just a nice piece of good fortune."

The authors, poets, storytellers, and illustrators will be stationed in pavilions. Story book characters, including favorites from PBS, will appear on stage and stroll the festival grounds. NBA and WNBA stars will be featured readers in the "Teens and Children Pavilion" as part of the National Basketball Association's "Read to Achieve" program. Literary events, reading programs, and book festivals from across the country will be represented.

"The National Book Festival is a wonderful opportunity for book lovers from across the nation to celebrate the joys of reading and storytelling," said Mrs. Bush. "Whether you're a lifelong reader or a beginning reader, I hope that everyone will mark their calendars for October 4th as the date to discover new books and inspiring authors."

Dana Gioia, who has taught as a visiting writer at CC and is currently the chair of the National Endowment for the



Oct. 3

Arts, is participating in the event. Also scheduled to speak are Pete Fairchild, a previous professor at CC, and Marilyn Nelson, who has read here at the college.

Get more for your books! New CC website designed for student's benefit

April Russo

STAFE WRITER

Two of the founders of the Extreme Reading club have now started a website where CC students can buy and sell books. Sophomores Benjamin Thomas and Omer Bar-or's new website http://whitetiger.thescruffypirate.org depends upon how many people use it. "If only ten people have books on, nobody will be able to find the books they want," said Bar-or.

Students can sell any type of book on this website. The site was created because, "the bookstore was really expensive and I wanted to be able to save money," as sophomore Benjamin Thomas stated. The website will allow students to sell their books for more money than they would be able to at the bookstore, while allowing other students to buy books for less money than they would have to pay to buy them at the bookstore.

"It's completely non-profit," said Thomas. Neither Thomas or Bar-or will gain any money from their website. Students can post their books by going to the website and putting them up for a certain price.

Buyers can then contact sellers and negotiate prices. The site will be advertised through, flyers around campus and a table set up in Worner.

The Colorado College bookstore's purpose is to, "provide students and faculty textbooks necessary for their academic pursuits," according to their website at http://www.coloradocollegebo oks.com. The CC bookstore also offers the ability to buy books online, but the prices online are not necessarily cheaper than those at the store itself. "Our intent is not to undermine the bookstore but to help CC students," said Thomas.



CCCA election falls to Beer and Progress

(continued from front page)

"If we don't have the proper support for the Greek system on the Budget Committee, we won't have as much money to do charity events," said Sigma Chi Social Chair and losing Budget Committee candidate George Gleason. He points out that a recent funding request for Psychedelic Bowling, which benefits the Children's Miracle Network, came back a few hundred dollars less than requested. "Had there been more Greeks on the Budget Committee, that would have happened differently."

But the victorious Beer and Progress party seems to have little sympathy for the Greeks.

"I have lots of good Greek friends, but I don't think it's good that any interest is disproporrepresented tionately

on CCCA," said Executive Vice-President

Progress official. Political parties are nothing new, but they've generally been absent from CC student government. Most of those involved agree that parties are a double-edged sword. While they might sweep up otherwise uninvolved students, they can also hurt more maverick candidates who don't fall into the group's mold.

beer and progress have widespread appeal, especially at colleges.

"When I was [on the Budget Committee] last year, I was the most diehard supporter of functions with beer," said George Gleason. "Every meeting I pushed for beer."

Others worry that parties simply don't have much to offer.

"From my past experience, I've not seen parties representing substantive issues, and because of that I'm not sure they're really warranted at CC," said Assistant

Dean and CCCA advisor Jeff Cathey. At his old job at the University of Tennessee, Cathey worked with a student government dominated by parties that even made their candidates ante up money for advertising.

Whatever the philosophical arguments, Dan Adams, the highest ranking Beer and Beer and Progress is looking at entrenching itself by putting party affiliation on ballots, according to newly elected Budget Committee member Greg Piesco-Putnam. That would make the party name more important and de-emphasize the name of the candidate. But in the end, party officials insist, issues will matter more than brand names. "Beer and Progress will win every election here on out until another party emerges that will build as wide a coalition of interests as we have done," said Dan Adams.

Some also wonder if parties are really necessary since student government is usually much more bipartisan than other elected bodies like Congress. After all, say critics,

Students need to take responsibility to recycle

"Beer and Progress will win every

-Dan Adams

election here on out until another party

emerges that will build as wide a coali-

tion of interests as we have done."

(continued from page 3)

the "right" and "wrong" thing to do. We must decide for ourselves if the way we wish to live includes awareness for the environment that we so often take for granted. No one can force feed a value system that incorporates conservation, you must adopt it for yourself. We must learn to incorporate these values into our everyday life, despite the few added minutes it might take away from our day.

This program will allow people to see and realize the amount of trash that they consume and the surprising percentage of it that can be recycled. It will allow people to slightly change their habits to consume less and reuse more. And it will prepare us for the future, going into a world where the environment and recycling is not a first priority, in which the nearest recycling center may be several towns away.

Oct. 3

CAMPUS PROFILE

Name: Brett Daily

Sorority Chapter: Delta Gamma

Hometown: Denver, Colorado

High School: East High School

Major: Biology

Graduating Class: 2005

photo courtesy of Lauri Thomas

Favorite Movie: Dumb and Dumber

Activities: Intramural soccer, club

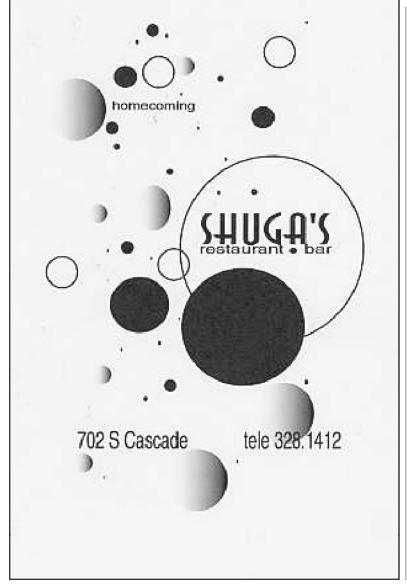
Favorite Movie Quote: "So you're telling me there's a chance." -Lloyd from Dumb and Dumber

soccer, Club Med, Amnesty International

"Greek life enables people to experience individuality yet be strong together."

Delta Gamma is a national sorority with a chapter on the Colorado College campus. Delta Gamma's national foundation is Service for Sight and Sight Conservation and Awareness. The CC chapter hosts a basketball tournament (AnchorSlam) every year in order to raise money for Service for Sight. Members also volunteer at the School for the Deaf and Blind, host a blind Girl Scout troop, and make tactile toys and books for blind children. The Delta Gamma Alumnae chapter funded the Tactile Gallery at the Fine Arts Center in Colorado Springs.

-Starting next week, Campus Profile will expand to feature any student in any student organization deserving of recognition. If you would like to make a suggestion, email d davis with the name of the student and details about his or her outstanding achievements.



TibetanPhotoProject reveals lives in exile

Joe Mickey's contact with the Tibetan monks began on the Mendocino stop of their 1999 American cultural tour. He had the privilege of a photo-op and an interview with a Lama.

At that time, he was beginning a great deal of research on the Tibetan accusations of abuse at the hands of the Chinese government. In Tears of Blood — A Cry for Tibel by Mary Craig and In Exile From the Land of Snows by John Avedon, he had read accounts of terrible atrocities suffered at the hands of the Chinese government forces told by Tibetans who had escaped to India.

The follow-up research consisted of reviewing news from major media sources in print, broadcast and on the Web. Mickey wanted to sort out any Tibetan propaganda from the facts. He has developed a hard copy file that numbers about 2,500 articles. They cover all aspects of recent developments in China.

With regards to the Tibetans, the file confirms the claims of horrific methods regularly employed by the Chinese government. China officially labels torture as "Reeducation." Beijing labels accounts of torture "the propaganda of splittists" and "internal matters" and of no concern for the international community.

During Mickey's meeting with the Tibetans, he was introduced to a sponsorship program for Tibetan monks living in one of the Buddhist monasteries they have recreated in India. He from the inside.

sends a small monthly amount and enjoys a slow but rewarding correspondence with Jam Yang Norbu.

There is no instant messenger or email. This is all handled by regular mail. When Mickey's letters arrive in India, they wait at the monastery for available translators. Norbu responds in an original Tibetan script that he gives the translators, and it is eventually typed up on a manual typewriter and sent to me. The process of a single communication cycle can easily take six to ten weeks.

Mickey has been a photographer for over 30 years and he immediately began to package up point-and-shoot cameras, and added the basics rules of good photography to his letters. From Jam Yang Norbu, Mickey learned that the camera was a new concept for Tibetans dedicated to rebuilding and preserving their culture.

The first roll of photos was processed in India and Mickey received a set of prints. From the start, Jam Yang Norbu and his friends paid great attention to the basic lessons in photography and produced a series of well-lit but posed images.

On the receiving end, this was still nothing less than a magic view into another world. More importantly, the view was not being provided by an outsider looking in through a lens and preconceived notions. Mickey was being given the vantage point

He immediately sent a small flood of cameras and film and in correspondence we discussed how he could use photography as a tool in efforts to preserve Tibetan culture if he could record his friends living that culture on film. Again, the monks have paid very good attention and he has been given the gift of rare glimpses into the lives of some of the 2,500 monks of the Drepung Monastery.

What has been revealed in the photos and the letters is a dedicated group of men living and struggling and very often laughing through lives that have very few needs or desires. They work with complete dedication to preserve the best of Tibetan culture.

Parade magazine called the photos by the Tibetan monks "Rewarding." The project has been reviewed by Asian art expert Bobbie Leigh for Art & Antiques Magazine who said, "Their work precisely captures with insight and enthusiasm the life of exiled Tibetans" and San Francisco Art Critic Kenneth Baker said, "The photos Mickey got in return document a way of life threatened with disappearance."

Mickey is also preparing a collection of cusom-made prints for gallery showings.

Information on this project and a link to the Drepung monks is on the web at www.tibetanphot oproject.com.

Mickey Email at mickspics@hotmail.com.

Security programs provided to CC

Block II, 2003

"Rumor Buster" program, Security Education Coordinator Laura Bennett (x6618 or 6298) and CCCA VP for Student Concerns Katie Welle (x6676)

Distribution of pamphlet on "Acquaintance Rape" from the American external review (esp. sexual misconduct procedures, policy, & guidelines) (e.g., student groups CCCA, RA's, Heads of State, Student Athletes Council, VAT, Honor Council, Greeks, Student Conduct Committee; campus groups Student Life staff, Women's Concerns Committee, **BEGIN SIGN UPS ASAP** others?)



College Health Association, to all students

Tuesday, October 7 6:00 PM Gaylord

Hall

Open Forum "Sexual responsibility: communication and caring. And what to do if...." A panel of Dr. Judith Reynolds + therapist Mary Friedrichs plus possibly a SANE nurse & CSPD officer

Wednesday, October 15 6:00 PM Gaylord_

Hall

"Taking Charge of Your Own Safety" Colorado Springs Police Dep't program

To Faculty: TLC presentation by VAT and student life; VAT introduction at faculty meeting

To Coaches: presentation by VAT Focus groups on Student Conduct System—recommendations from

to begin discussions October 6–22.

Block III

Monday, October 27 "Sex, Drugs and Gambling" for all athletes, FBI regional representative

Monday, Oct. 27 Campus discussion of results of vetting of recommendations for student conduct system, facilitated by **Brett Sokolow**

Wed., Oct. 29, 6:00 PM

Gaylord Hall

"Date-Rape Drugs" Gené Henderson & Dr. Mike Wildurn

Alcohol Awareness Week

October

<u>27--31</u>

Oct. 10 And Sement

7-11 serves good, explosive food

SHON COOK

SEVERE HEARTBURN

Though my self appointed wisdom seems to be never ending in these times of self appointed wisdom, I'm afraid I

was "taken to school" this last weekend on an outing I went on. Now, I may be "Iron Stomach" Cook until the day I die of a stomach ulcer, but the miracle of convenience stores like the one I saw last weekend never, ever ceases to amaze me. Every few weeks I'll manage to work my way into one of these stores of "convenience," and I'm always amazed by the miracles of preservatives and sugar that lie within, and even more preservatives and sugar within that. If you, too, have ever suffered the pleasantries of your local convenience store, beware. The following commentary may cause some of you to relive horrendous pleasantries long since forgotten.

The first item I'm always drawn to in convenience stores is the Vacuum Packed and Dried Beef-Mobile, or as most people call it, beef jerky. As we all know, Colorado College is not high on the red meat at affordable prices plan, so I have to make up for my meat intake somehow. Not often can I afford such a highly priced item, since it seems that jerky is made by taking an entire

cow, drying said cow until it is roughly 5 ounces in weight, then flavoring dry-cow with liquid gold mixed with uranium. Such prices on jerky make me yearn for jerky even more, like Al Franken wanting an interview with Rush Limbaugh. Like a baited trap, however, there seems to be that one bag of affordable "jerky" that has a little too much mystery for my taste and health. I'm going to accept the fact that most beef jerky contains parts of animals I usually don't even like looking at, but those mystery bags of ingredients are just a bit too much. The key to finding a bag of jerky that won't make you a little green around the gullet lies in the ingredients. Be sure to double and triple check the ingredients. Search for the word "beef" in the list, look away, then search again. Replace "beef" with whatever meat Pounds and pounds of (mostly) good meat can be found in those calorie-packin' beef sticks, such as Slim Jims or Dynamite Sticks. Now, if you are one who is adverse to consuming "mechanically separated chicken,"

shy away from these distilled Mountain Dews, but every great once in a while I manage to down one or seven. Drinking energy drinks is a lot like eating rusty nails. Most

of the time, they go down rough and taste pretty bad, but every once in a while you'll get one that doesn't taste like a nuclear explosion of limes. Also, much like rusty nails, they poke and prod your stomach with many happy holes, which medical professionals like to call "ulcers."

I'm always puzzled over the names of these energy drinks. Of course there is the infamous Rockstar, which tastes about like rockstar sweat. MONSTER, which I can only assume tastes like a monster of some sort, and then Red Bull and Blue Ox. I don't know who, and I'm not going to point fingers, but someone better get sued over those two. If you combine the two, you might get Purple Bullox, which sounds like a pretty good British themed energy drink.

As long as we're over at 7-"Oh What The?!"-Eleven, why not pick up a few thousand Taquitos? Taquitos are a lot like a portable gut bomb, that happens to be tastier than most gas station gut bombs. The disturbing part

about them is that they "cook" by rolling around in their own oil for a few days, then

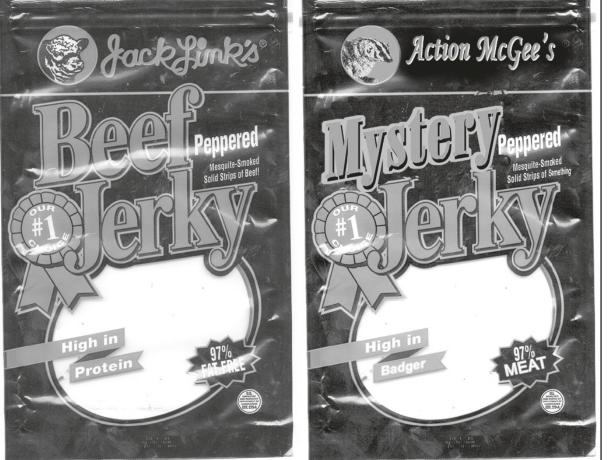
> sit and ferment for a while, along with the hotdogs. Who would want such a filthy item? Me. I just can't resist those crusty little things. I really like the Jalepeno and Cream Cheese flavor, even though the jalepeno part is less significant

you actually desire, or "tofu" for tojerky. "beef lips," or "pig heart," you may wish to stray away from this particular form of meat. Don't let those names fool you either. The Dynamite Stick may deto-

nate in your stomach, but rest assured that it won't detonate in your mouth. Doesn't that make you feel better? Also, contrary to the advertisements, Slim Jims won't rip a hole in your stomach once you eat them. They may, if you decide to eat 20 Slim

Jims along with a pile of rusty nails, but let's hope you don't have some sort





Jerky on left: good jerky. Jerky on right: bad jerky. Can you spot the differences?

I'm not sure if they even make tofu jerky, but they seem to make just about every other thing out of tofu. Some key words to avoid on the ingredients list may include: badger, leprechaun, "bad stuff," mystery meat, raccoon, "various birds," or "whatever was in barrel #F7045A." Then, when you're eating the jerky, just think happy thoughts, like "Surely this jerky is simply dried filet mignon" or "Surely sodium has never harmed anvone."

Don't think the meat stops at bags of dried beef. Don't think that for a second.



Things to Know and Things to Throw

 \sim Plaid is great and all, but I think the human race should step it up a bit and make some sort of super-plaid. We could call it Suplaid. I don't know how it will be better, but it will.

 \sim Someone should make a musical instrument called a fish. That way, when people ask you what you play, you can proudly say "I PLAY THE FISH!"

 \sim The Skittles "Taste the Rainbow" slogan puzzles me. All a rainbow is is light refracting off water. So, I guess it would taste like water.

The word "foose" from fooseball is a lot like "smurf" in its usage. You can make it mean anything. "Hey good foose," "You almost foosed me," or "Oh geeze, stop foosing all over the place."

 \sim Speaking of beats, I'd hate to go to a school where the mascot was a beat. All those taunts of "Beat the Beats" would really get to me. Plus a beet isn't vicious until after you eat it. Then again Bears, Lions, Tigers and Broncos are all carnivores. Except Broncos, but I don't think horses like beets.

 \sim Aren't you proud of me for not making Schwarzamangler Snortzenbagler Showsemsomething Arnold jokes? Here's my only one: whenever I hear him giving a speech, I can't stop imagining the Terminator music playing in the background. It's pretty funny.

 \sim In general, you can't go wrong with an example. You just can't beat a good example to show who's what.

Oct. 3



COURTNEY SHANNON STAFF WRITER

T.S.O.L. (The Sounds of Liberty) is the kind of punk band that has kept its Orange County punk rock edge. It has done so by still rocking after more than twenty years, despite all the usual pitfalls - drugs, alcohol, and the death of the band members - and by not inviting people like Kelly Osbourne to make cameos in its music videos. While the band members may be old enough to hang out with most modern rockers' parents, Divided We Stand still carries as much rage and spit as Jack Grisham's closing remarks of "President Reagan can shove it!" did on 1980's "Superficial Love."

It has been over twenty years since the underground classic "Code Blue" and this album shows it. Instead of singing about

(well as a matter of taste I will not tell vou about the lyrical content of "Code Blue"), the band's

the

latest effort is a far more serious attempt. The album sounds like a mix of Bad Religion, Pennywise, old Offspring, and some mid-nineties alternative anthems. In the spirit of many of the punk-lite bands that T.S.O.L. inspired, the album is full of catchy guitar riffs and punchy drumming.

It makes one nostalgic for a time when most punk bands were not trying to appeal

to the Hot Topic crowd.

Perhaps the band has reached a state of stability.

Jack

that

has

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Nitro

label

Even

band

two

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Grisham

stayed on

is shocked that

the

the same record

for

albums in a row

(which has never

happened before

Yet despite the

the CD has the

attention span of

a punk rocker.

"longevity"

T.S.O.L.).

Records,



The longest song on Divided We Stand, "Loaded", barely makes it past the threeand-a-half minute mark. T.S.O.L. has been in this game long enough to know what it's doing and it does not need four minutes to get its point across.

The album opens with "Sedatives," a typical anti-establishment punk anthem. It is followed by the first single, "Serious," another anthem that expresses frustration with the American government. The most outspoken song on the album is "American". The chorus is, "You live in a box and afraid, you take what you feel, what you lie and you steal. You're American, oh so American." "Loaded" is the gem on the album. The mellow introduction echoes Stone Temple Pilots' "Sour Girl." The drums are surprisingly relaxed, and the guitars slip into an acoustic state during the verses which wrap nicely around Grisham's tender vocals. Even the piano and violin parts work into the song nicely. Shortly after, T.S.O.L. slips back into more punk-like songs with "Being in Love" and "Happy." The album ends with the somewhat positive sounding "Shine." "Shine" opens with Pumpkinesque guitars. The closing song does not strive for lyrical depth, but musically it has enough experimentation to make it sound complete and satisfying to the listener.

And hey, if you agree with T.S.O.L.'s political messages and you are a registered voter in California, you can elect Jack Grisham in the upcoming gubernatorial recall election!



Got Books? Want to Help the Community?

As a part of the celebrations for the National Gandhi Day of Service, SASA (South Asian Student Alliance) is sponsoring a bookdrive. All the books collected will be donated to the Soup Kitchen, which hopes to start a reading corner. You can donate books to the boxes in the dorms and at the Worner Desk. All donations are welcome and would really be appreciated.

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Visiting Writers Series: Poet Don Schofield leaves Armstrong audience wanting more

Shari Gerstenberger STAFF WRITER

8

What is it like to live as an expatriate? A room full of anticipating listeners- students, professors, and community members filled the chairs and lined the walls in hopes of hearing the answer to that query.

On September 29, Colorado College welcomed the second author in its Visiting Writers series, the noted poet Don Schofield. Schofield is well known for his poems and articles, which are frequently based on his own experiences as an American living in the foreign and exotic country of Greece. What was intended to be a short visit to the country after graduate school instead became his life, three months became twenty-three years, and Schofield absorbed the Greek culture as his own. His poetry speaks of exile and entrainment, the beauty of the landscape and the isolation of living in a nation where even the alphabet is foreign. He has compiled two books of poetry, Of Dust and Approximately Paradise, and

edited an anthology of poetry by authors who have resided in, or are currently residing in, Greece and have been touched by the land as well.

Invoking the poetry of the Mediterranean, Schofield first recited works from his anthology, delivering vivid verse and posing questions like "What does poetry have to do with reason, or the sun?" Schofield then read from his first book of poetry, interspersing the lyrics with personal anecdotes about his first job as an English teacher in a Greek high school, his summers spent traveling the Greek isles and living in shacks without electricity or running water. His poems ranged in title and topic from "The Physics of Parting" to "Dead Shepard's Hut," creating nearly tangible images of inaccessible places. Greece came alive as the timbre of his voice rose and fell like the waves which he depicts so lucidly.

Though these experiences are the main inspiration for his poetry, Schofield

Visiting Writers Series

Emily Grosholz, October 2nd at 7:00 p.m. in Jerome P. McHughs Common David Whyte, October 14th at 7:00 p.m. in Packard Hall Auditorium Roger Mitchell, October 16th at 7:00 p.m. at Jerome P. McHughs Common Chris Bachelder, November 6th at 7:00 p.m. in Jerome P. McHughs Common Dead Writers Night! November 10th at 2:30 and 7:00 p.m. in Max Kade Theatre David Keplinger, December 4th at 7 p.m. in Jerome P. McHughs Common Poet Shlomo Avayou and composer Ofer Ben-Amots, January 27th at 7:00 p.m. in Packard Hall Auditorium

Toni Morrison, Feburary 4th at 8:00 p.m. in Armstrong Theatre

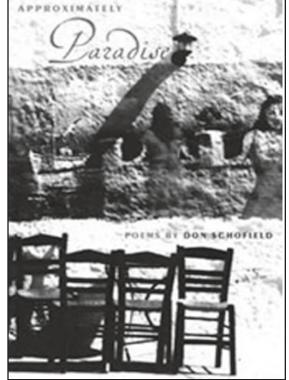
George Szirtes, March 29th at 7p.m. in Jerome P. McHughs Common Charles Martin, April 5th at 7:00 p.m. in Jerome P. McHughs Common

Anne Carson, April 28th at 3:00 and 7:00 p.m. in Jerome P. McHughs Common

Thomas King, May 3rd at 7:00 p.m. in Packard Hall Auditorium

also calls on the art of others and his own diverse background. The poem "Angel," with its metaphors of bullet-ridden corpses and fallen angels, is based on a journalist's photograph and Schofield's encounters in Beirut during its Civil War. Another of his most moving poems, "Divorce," likens Schofield's separation from his wife to the desertion of his wheelchair-bound foster father, who by his own grief and obscenity shows Schofield "how far not to go."

The final impression left by Don Schofield's reading is best summed up in a statement by the critic William Allegrezza, the work of Don Schofield "leaves us wanting more, even though we are glad to have experienced what we have."



Oct. 3

Don Schofield addressed many topics Monday night, including his book Approximately Paradise.

A new twist on Classicism: Saint-Gaudens visits Fine Arts Center and Money Museum

LYDIA ANN CAYTON-HOLLAND SCENE EDITOR

Augustus Saint-Gaudens has been referred to as the "American Michelangelo." Born in Ireland but raised in the United States, Saint-Gaudens was well on his way to becoming one of the most respected sculptors in America by the time he was 19. His works have been displayed in numerous cities including Washington D.C., Chicago, Boston, New York City and Dublin. Colorado Springs is the most recent addition to this list. The artist's sculptures have arrived at the Colorado Springs Fine Arts Center and the American Numismatic Association Money Museum as part of their first big traveling exhibit.

Augustus Saint-Gaudens spent much of his lifetime working with a wide variety of art forms, including cameos, portrait reliefs and decorative objects. While he is most famous for his sculptures and monuments (which include a bust of President Abraham Lincoln and other Civil War related sculptures as well as a famous memorial to Colonel Robert Gould Shaw in Boston Common), equally important are the mul- is located at 30 W. Dale Street. Admission tiple coin faces which he designed, two of is \$5 for the general public on weekdays which were commissioned by President and free on Saturdays. Theodore Roosevelt.

Saint-Gaudens is credited with instigating a movement of art which combined American Classicism with emotion and honesty. The Colorado Spring Fine Arts Center and American Numismatic Association Money Museum have received the honor of displaying 75 of these works, most of which are held at the Money Museum. The exhibit includes a collection of reductions of outdoor commissions (including a bronze "Diana") as well as many full sized works, and coins.

The traveling Saint-Gaudens exhibition is organized by the Trust for Museum Exhibitions in Washington D.C. and by Henry J. Duffy who is the curator for the Saint-Gaudens National Historic Site in Cornish New Hampshire, the site of Saint-Gaudens home.

While the tour will last until November 2005, ending in Raleigh, North Carolina, the exhibit will only remain in Colorado Springs until October 26th. The Money Museum is located at 818 N. Cascade Ave. and admission is free. The Fine Arts Center



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FOR LONDON WEEKEND TELEVISION



Cycling Club kicks off with the Aspen Bike Trip

n (o)

TONY KRUPICKA STAFF WRITER

Luckily, here at Colorado College, the first block break almost always coincides perfectly with the autumnal burgeoning of stunning golden aspen groves throughout the

state. This offers students the perfect opportunity for making their way into such a beautiful environment.

Oct. 3

What better way to experience this scenery than by traveling to possibly the most appropriate destination (by virtue of name, at least)-Aspen CO! It is this notion, coupled with a strange love for spending several hours sitting on a small wedge of plastic and leather, that the participants of the Aspen Bike Trip use as motivation for traveling, under their own power, to one of the best locations in the state for witnessing the unique beauty of aspen trees in full color.

As one might expect, the beautiful scenery along Highways 24 and 82 on the way to Aspen does little to diminish the challenge of this trip. Indeed, the Aspen Bike Trip journeys

158 miles from 6,000 feet in Colorado Springs to nearly 8,000 feet in Aspen. However, the climbing on this trip is much more than the aggregate 2,000 feet. The trip ascends four mountain passes----Ute Pass (9,165 feet), Wilkerson Pass (9, 400 feet), Trout Creek Pass (9,500 feet), and Independence Pass (12, 095 feet). For some extended stretches, the road over Independence Pass climbs at a quad-crushing 12% grade! For sure, this is no easy task to tackle on a bicycle. west of Lake George, CO, at the foot of Wilkerson Pass.

After a chilly night under the stars, the cyclists' day started off with a short but painful climb of Wilkerson Pass. This was followed by a beautiful morning of riding through South Park, across the San Luis Valley, a short



Aspen Riders take a break from riding at the Maroon Bells wilderness area.

Fortunately, these challenges were well spread throughout the trip. On Wednesday afternoon, the 28 cyclists enjoyed a wonderful tailwind up Ute Pass to Woodland Park, and then finished up the day's allotted 45 miles at Round Mountain Campground just climb up Trout Creek Pass, and finally a thrilling 15 miles of downhill into Buena Vista where they enjoyed a lunch break in a city park.

Although many were loath to leave the lounging in the sun and relaxation of Buena Vista, the thought of a bed and shower at the Nordic Inn in Twin Lakes was motivation enough to cover the final, gradually uphill, twenty-five miles of the day.

The Nordic Inn was everything the riders expected. Nestled at the base of towering Mt. Elbert in the Sawatch Mountain Range, Twin Lakes

is a picturesque mountain village consisting of little more than the Nordic Inn, a liquor store, and twenty-four permanent residents. However, such quaintness seemed appropriate amidst the stunning scenery of 14,000 foot mountains and shimmering aspen groves.

While staying at the Inn, this year's group bumped into a 1986 CC alum who fondly remembered participating in the Aspen Bike Trip himself, some 20 years ago. With his bid of "good luck," the cyclists all retired early in anticipation of the grueling climb that lay ahead in the morning.

Friday morning provided a ride that tempered the trip's most grueling climb with the worthy reward of the trip's most breathtaking scenery and exhilarating downhill into Aspen. After two days of taking in the sights and pleasures of Aspen, the cyclists returned to school rejuvenated for the

block ahead.

Olympic fencing comes to Colorado College

PATRICK DUFFY

Olympic fencing at Colorado College? Maybe it's not just a dream anymore. A start-up club in this year's activities fair met with an unprecedented response to the callto-arms and will attempt to get a training program off the ground.

GUEST WRITER

The thought of swordplay brings to most students mind's images from movies about knights, pirates, or cunning swordsmen like Zorro. Olympic fencing is similar to these images in some ways; however, in many more it is vastly different. that have been in every modern summer Olympics since 1896. Olympians compete in one of three events, and each event uses a different weapon, the foil, epee, or saber. The foil is the modern version of the dueling rapier. It is a light and flexible thrusting sword and only scores touches when the tip hits an opponent's torso. The epee is a descendent of the dueling sword, somewhat similar to the swords often used in The Three Musketeer's movies. This weapon is stiffer than the foil. A fencer can score in Civil War movies like Glory. Even in today's tournaments, saber technique remains relatively unchanged from the Civil War era.

Modern fencing matches are scored electronically yet maintain many ancient traditions of sword duels. Participants fence on an electrically grounded strip so that contact with the ground will not score a touch on the machines. Both fencers' swords are connected to a scoring machine and are appropriately set up with sensors to determine on-target and off-target touches. The fencing match begins with a salute and a mediating referee signals the start. Between touches, the match stops, and

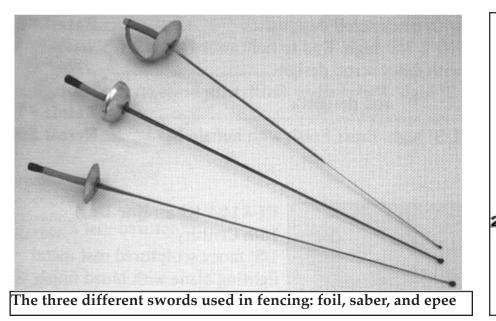
fencers return to their starting locations. The judge or referee can issue colored cards as fouls, similar to soccer, and the judge also determines "right of way" an intricate system designed to determine which fencer will score a touch in the event of a simultaneous score by both fencers.

Sam Golding and Patrick Duffy are the club founders. They have high expectations for the team and hope it will give Colorado College students an opportunity to experience a traditional yet less widely

Fencing is one of only four sports

points with the epee by hitting an opponent anywhere on his or her body. The third weapon is the saber, which comes from the line of cavalry swords. Sabers are prevalent

known sport.





VALID BETWEEN 2PM – 6PM THROUGH OCTOBER 31, 2003 - MUST BRING COUPON -

Taekwondo Club: fitness, self defense, and philosophy

Kristen Smith

GUEST WRITER American Tae Kwon Do Association.

This week, Tae Kwon Do debuted as a club sport at Colorado College in Cossit North Dance Studio. A class of uniformed students moved in unison, punching and kicking. Sarah Bererson, the instructor, moved confidently among the class, correcting form and briefly demonstrating proper technique when necessary.

Sarah is not only the club's head instructor, she is also its founder, and the club is a culmination of many years of dedication to Tae Kwon Do. She is currently a senior and began practicing Tae Kwon Do when she was ten years old. Her younger brother wanted to try it, and she decided to join him. To her surprise, she found that she enjoyed the sport and began to quickly attain higher belts. As she increased in experience, she started teaching the younger students. "I taught it at home for six years," she said. "But I taught mostly kids, so I wanted to do a club for college students." Sara is now a third degree black belt.

Tae Kwon Do is the world's most widely practiced martial art, but the term Tae Kwon Do also includes a wide variety of similar martial arts. Sara will teach Songham Tae Kwon Do, the official style used by the Grand Master H.U. Lee formalized the Songham System from disparate styles of Tae Kwon Do in 1983. He felt that students did not properly progress through basic techniques. White belts were expected to know front and side kicks but front kicks were not

tested until a student became a yellow belt. Lee developed а standardized curriculum where а student progresses through a series of forms called the "Songham Star." As students graduate to new belts, they learn new and increasingly difficult forms. Each form consists of a series of one-step sparring segments. When

a student completes the entire sequence of eighteen forms at once, he or she travels in a star shaped pattern, hence the name "Songham Star."



The Songham curriculum allows students to progress smoothly through skills. The system was designed so even students who begin Tae Kwon Do struggling to execute simple blocks can learn sparring techniques step by step. After several years in the program, dedicated students are often able to do 360degree jumping kicks.

Oct. 3

Songham Tae Kwon Do also focuses on personal development of the mind and body. It is not merely selfdefense, but a set of valuable ideas and philosophies.

The club will also include classes specifically geared to personal self-defense. Sarah has studied self-defense techniques for women and believes that these techniques can add depth to a Tae Kwon Do class. "It's important to give females different options," she says.

The Tae Kwon Do Club meets Tuesdays and Thursdays from 8:00-9:15 in the Cossitt North Dance Studio.

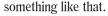
Editor's Notes: On *Playmakers* and the endless abyss of despair

Sam Blasiak

This week, I decided, as sports editor of the Catalyst, to include a column of my own personal raving. The decision came to

SPORTS EDITOR

me sitting in Rastall the other day, watching ESPN. *Playmakers'* was on, or maybe it was just a commercial for Playmakers. *Playmakers'* (for the reader who has missed ESPN's bombardment of publicity) is a drama about professional football, or



Anyhow, I caught another glimpse of the show at Rastall a few days later, then on the TV outside Rastall, then on the TV at Benji's (or whatever it's called now), then on some other random public TV on campus. . you get the picture.

Playmakers has taught me two important things about professional football. First, professional football players spend nearly all of their free time cruising around in their Mercedes smoking marijuana and nearly getting caught by the police. Second, after every game or practice, a fight breaks out between two rivals in a nearly-empty locker room. The fighters are required to make loud clanging sounds off-screen by knocking over heavy metallic furnishings, and the fight can only end when at least 25% of the surface area of one of the combatants' faces is covered with blood.

Actually, I'm glad that someone's finally come out with a football drama. Football by itself has always been just a little too dull for me. After all, it's just a bunch of guys trying to get a ball to one end of the field or the other. Plavmakers makes the game watchable. Now, instead of sitting in front of the TV watching a ball being tossed around a field, I get to see people with names like Olcyzk and Buffalo get violent, use drugs, and swear in my living room. That's what I call real entertainment. But seriously, dramatization has gotten out of hand. I mean, professional wrestling was enough, now professional acting has become a sport. Sports, for me, has always been about pushing limits, real limits. When I watch sports, I want to see agony. I want to feel the struggle as it plays out, experience the pain. I don't even care who wins or loses. In reality, I don't even watch sports, but if I did, that's what I would want to see. Sports are about the experience, the thing that goes beyond the sport itself, the



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That's why I run. And, it's true, I don't care if I win or lose (maybe that's because I win so infrequently). In running, I've found, (and I say this rather frequently) even if you win, there's always a point where you give up. You always lose against yourself eventually, but aside from personal quirks, I think most people can appreciate glory in the face of impossible odds.

It seems I may have drifted away from my original rant against Playmakers, but football and other spectator sports have drifted away from the real experience. And they've separated enough so that ESPN can make a reasonably successful drama out of it. On the other hand, if a sports drama is as real to you as the game, then go ahead and watch.



Oct. 3

Event Timeline

Sunday, Oct. 5

• The Music Department will be having the Artist Concert from 3:00 p.m. to 5:00 p.m. in Packard Hall.

Monday, Oct. 6

• The Romance Language Film Series will be presenting "3 Hommes et un Couffin" by Coline Serreau from 7:00 p.m. to 9:00 p.m. in the WES Room.

Tuesday, Oct. 7

• The German Language Film Series will be presenting "Die englische Heirat" from 7:00 p.m. to 9:00 p.m. in the Max Kade Theater.

• The Economics and Business Department will present an H. Chase Stone lecture by Paul M. Romer titled "Debt, Democracy, and Demographics: the New Macroeconomic Threats of the 21st Century." This lecture is free and open to the public.

Thursday, Oct. 8

• The Opportunities Fair will be fro 10:30 a.m. to 1:00 p.m. in the Perkins Lounge.

• The Political Science Department will present a Lunch and Lecture with Dr. Don Linger from 12:00 p.m. to 2:00 p.m. in the McHugh Commons titled "The Hunt for Weapons of Mass Destruction: an Insider's Perspective."

Late Night Catalyst Quote:

Look at how many bananas I ate!

---Sam, discussing how many bananas he ate.

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