



# FIJI SUSPENDED

## Frat Suspended for 2 Years After Multiple Campus Policy Violations

ADAM CAHAN: Staff Writer

Over the summer, the Phi Delta Gamma (FIJI) fraternity, one of three fraternities on campus, was declared suspended until September 2008.

An annual eighth block FIJI party, known as "FIJI Island," violated FIJI's probation and became the final straw in the ongoing saga between the fraternity and the administration.

FIJI was placed on social probation after serving alcohol at a party during the last weekend of second block of the '05-'06 school year. All three fraternities were supposed to remain dry during the first two blocks of school, in order to prevent the underage drinking thought to be typical of pledge week, according to Chris Vernam, President of the Inter Fraternity Council.

In reference to the second block party, which was identified in an email to guests as a "FIJI party," Jeff Cathey, Associate Dean of Students, said, "The college learned a student had gone to the hospital."

Cathey further elaborated, saying, "A lot of the safety measures that should be in place were not."

After the party, FIJI members went before an administrative panel and the fraternity was placed on social probation. The conditions of their probation restricted FIJI from holding any more events for the remainder of the year.

In addition to social probation, the members of the fraternity were required to complete an alcohol education program and develop a rigid leadership plan for responsible party hosting and general leadership development by the end of sixth block.

FIJI upperclassmen wanted an opportunity "to demonstrate responsible hosting with one party in the spring," according to Associate Dean of Students Ginger Morgan. The Student Conduct Committee approved their request.

However, "[FIJI members] hosted two unregistered parties, at the same [off-campus] house. They paid for private security with FIJI funds. No guidelines were followed and no discernable changes were made."

Furthermore, "the leadership plan for responsible party hosting and leadership development was due by sixth block and was never submitted," Morgan said.

Morgan notified the president of FIJI about the suspension on July 13, and the message was relayed to the rest of the fraternity.

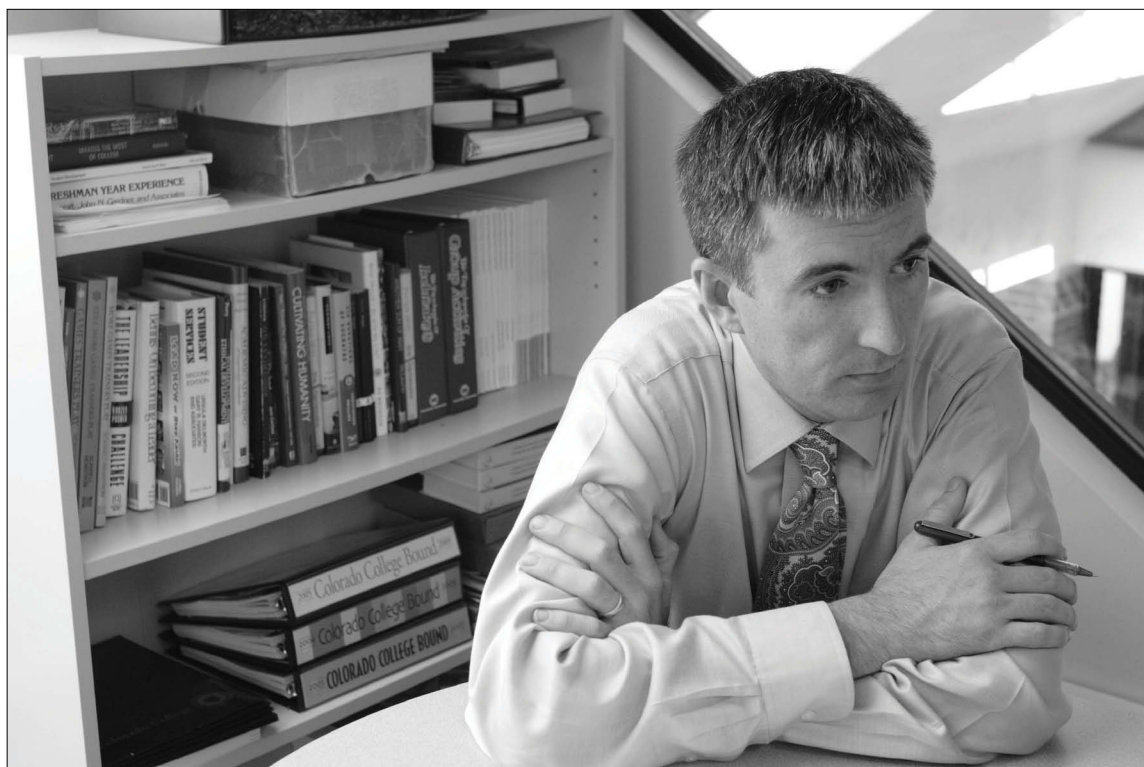
"The college was harsher [than] it needed to be. [The administrators] could have worked with us more," one FIJI member said.

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CATALYST/Jackson Solway

Sophomore Andy Craig diligently studies his Calculus 3 materials in the former FIJI house, which has been remodeled and scrubbed clean. Now general housing, the change in atmosphere at the new residence stands in stark contrast to the wild partying which took place regularly in this location last year.



CATALYST/Alex Blumenfeld

Associate Dean of Students, Jeff Cathey, reflects upon the issues surrounding FIJI's suspension. He optimistically awaits FIJI's re-assimilation into Colorado College Greek life in two years.

## Hot Air Balloon Lands on Uintah St.

TAY WILES: Staff Writer

At 9:00 on Monday morning a 70-foot-long hot air balloon named Sunny Side Up made a surprise landing just north of Tutt Library on Uintah Street. As students and

Colorado Springs residents gazed at the massive balloon, the pilot, Dave Providence, tossed down a line, which landed on a car below. The chase crew, a support group that follows the balloon and stabilizes landings, used it to drag the balloon onto the nearby field in front of Tutt

Science Center.

The annual three-day Colorado Balloon Classic festival finally took off after two days of cloudy weather that prohibited ballooning. Sunny was headed back to Memorial Park when the wind blew it off course, forcing the balloon to land. It had been flying

for an hour and a half that morning at up to 2,500 feet above the ground.

Observers from the ground expressed relief that the bright yellow balloon had not collided with the nearby power lines along the road.

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## Administration Suspends FIJI

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Other members were also concerned that when the suspension ends in two years, the fraternity will have a difficult time starting up again. There were only ten new pledges the previous year. These members will be seniors in 2008, and will have had no experience with the administrative and organizational elements of a fraternity.

All administrative officials who were interviewed expressed their dedication to supporting the Greek community on campus. Cathey said, "I hope to see a FIJI presence on campus after the suspension ends. If for some reason FIJI left, CC would bring in another fraternity."

# Bijou House Closed After 26 Years

LAURA DUDNICK : Editor in Chief

The Bijou House, a local C. Springs halfway house at 411 Bijou st., where many CC students have volunteered and worked, closed on August 1 after over 25 years of service, due to a lack of turnover staff to replace retiring volunteers. In place of a refuge for residents of C. Springs unable to live on their own due to trouble with addiction and abuse, the building now operates as a boarding house for single men.

According to Louise Sanseau ('06), who worked at the Bijou House for three years through CC's work study program, the decision to close the halfway house had been considered since May. By mid-July, the decision was finalized and the Bijou House scheduled to close

down in early August. The house was forced to close down when the eight main volunteers, all of whom have been part of the organization since its creation in 1980 and are now in

time, with staff members available twenty-four hours a day, seven days a week. Members of the C. Springs community could enter the house without a penny to their name and

better accommodate them.

The Bijou House received funds from donations and even those among its residents who could afford to pay rent. Residents with a consistent

income were asked, though not required, to contribute at least \$8 a day.

In part because of its uncertain income, the house operated on a very simple level. When a clothes dryer was offered to the house through a donation, the residents and volunteers chose not to accept the gift, preferring to hang their clothes on a rack and save money on the electrical bill. Through efforts such as this, the house remained environmentally and financially efficient.

Many in the area lamented the loss of the Bijou House as a hub of service and recovery. "It's a great loss to the C. Springs community. [The Bijou House] was the only place where people with problems, who have trouble finding houses or money, could go [to get back on their feet]," Handen said.

For more information about the Bijou House or the boarding house at 411 Bijou Street, contact the Center for Service and Learning.



CATALYST/ Zach Grosen

## Blackout Sweeps the Campus

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Despite efforts to contact everyone, not all were reassured with information.

At Tutt Library, the Internet and some lights went out, but many students stayed to work anyway. Later, when all of the lights went out, there was an alarm in the building forcing the students to abandon their studies. Circulation Supervisor Deborah Hoke expressed frustration at the lack of communication. Regarding the 30 minute blackout, "We weren't notified by security that the power was going completely out—the library is the

heart of campus, and was probably the most populated building, and no one communicated anything to us." Hoke and her colleagues ushered students down the stairs and outside using flash-lights. By 10 p.m., the whole campus had regained power, and the Internet had been restored.

Updates to the Colorado College power grid are currently underway to prevent another campus-wide outage. Improvements include moving overhead wires along Cache La Poudre underground, which will "significantly increase the reliability of the system," Reynolds explained.

their seventies were unable to find a younger turnover staff to take over their altruistic lifestyle.

"You have a community of people working for a cause for over 20 years, who couldn't find people to replace them and live their way of life," Sanseau said. "[The volunteers] were spending all their energy just keeping the house open. They couldn't make it grow.

About a dozen people were housed in the Bijou House at any

receive help from the volunteers stationed there.

The goal of the Bijou House was to bring its residents "back to their lives," according to Sanseau. Volunteers would help the members of the community in dire straights find jobs, open personal bank accounts and gain the skills necessary to survive on their own. C. Springs residents who had specific needs beyond the Bijou House's capacities were recommended to other service centers that could

## Headed to Memorial Park, Balloon Makes Accidental Detour to CC Campus

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"Power lines are not our friends," said Providence's wife, Cheryl, who is also the chase crew chief.

"But at least in this part of the city, the streets are fairly straight," an observer and veteran balloon chaser remarked.

An hour earlier, Colorado Springs residents Cash and Mandy Stewart had seen another balloon land near their home on Vicar and Union. After spotting Sunny Side Up, they

began to follow it in their car. When the balloon dropped into traffic on Uintah, Cash jumped out to help.

Jeff Kalas, another local resident, was one of two lucky passengers aboard the Sunny Side Up when it landed by the Colorado College campus. Kalas explained that the ballooning experience was much more enjoyable than skydiving, because "you actually get to see what you are doing." As first-time ballooners, they

anticipated a frightening ride, but on Monday they learned that ballooning could be better construed as the "ferris wheel of the sky" rather than the "roller coaster of the sky."

Shortly after Sunny's last blast of fire escaped into thin air, the colossal balloon folded down onto one of CC's favorite frisbee playing locations. Providence led about 12 people—several of whom were unaffiliated observers—to systematically roll

and scrunch the balloon into a giant pouch. Six people sat on it to pack it tight.

Parker Nathane was one of two CC students who stopped by to learn about Sunny's flight. "It's pretty cool, man," Nathane said of the scene. "Balloon chasing—I could become a professional at this when I grow up. [It's] way better than Convocation."



COURTESY: Tay Wiles

After being dragged before the Tutt Science center, the downed balloon draws curious spectators

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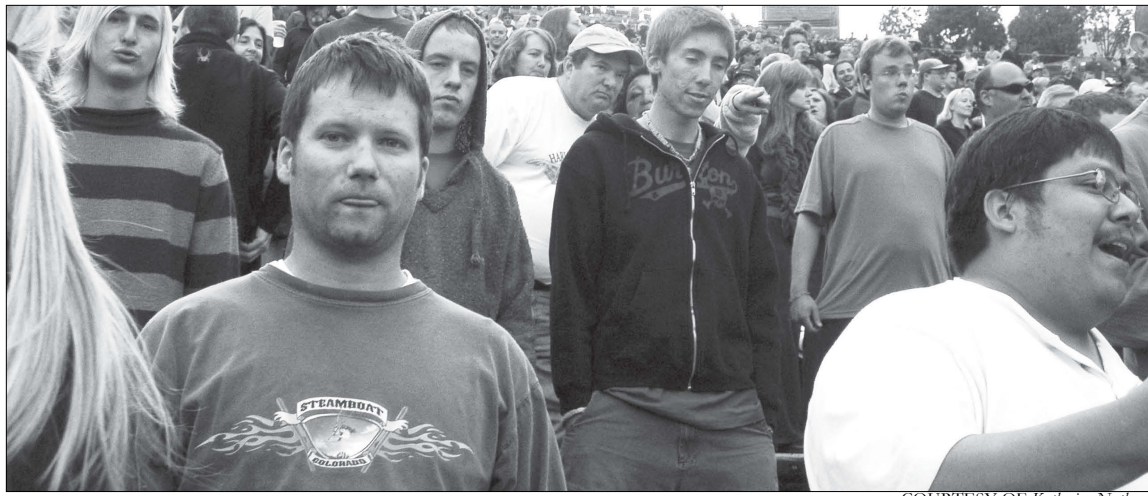


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COURTESY OF Katherine Nathane

Allman Brothers Band fans gathered at Red Rocks Amphitheater on Sept. 1. The rain continued to fall, but when the band took the stage, the crowd jumped to their feet in anticipation of the rock legends before them.



## Allman Brothers Rock Through the Rain

MATTHIAS BARKER : Staff Writer

I was sincerely concerned about the topless woman with red and blue stars painted over her nipples. Although the opportunity to see the Allman Brothers Band live at Red Rocks Amphitheater seemed ample cause for patriotic celebration, the temperature was approaching 45 degrees and a frigid rain was beginning to fall. I vicariously felt the shudder that sent frosty droplets flying from her exposed skin. Turning to a circle of friends putting on their extra layers, I grinned—the weather was not cooperating, but we were at Red Rocks, and that was worth it. The rain continued to fall as we wound our way into the amphitheater, shuffling past the awe-inspiring rock formations brimming with excitement.

In 1971, Rolling Stone's George Kimball described the Allman Brothers as "the best damn rock and roll band this country has produced." Highly influenced by the delta blues, the Allman Brothers rose to fame riding on the tight, fiery compositions of brothers Duane and Gregg, along with covers like Blind Willie McTell's "Statesboro Blues." They adeptly incorporated and electrified classic blues music in their sound, quickly becoming one of the most important rock bands of the 70s,

and were the last band to play at the legendary Fillmore East. They have been around for decades, with Gregg

continuing to lead the ever-morphing Allman Brothers through fresh renditions of old tunes. Vinyl, CD, and mp3 are great—nothing would compare to seeing them live.

Shivering in his shorts and flip-flops as the opener rocked to a close, Colorado College sophomore Andy Craig managed to chatter out, "Yonder rocked...I'm cold." What a way to introduce the Allman Brothers. Yonder Mountain String Band, the string quartet from Nederland, had just finished bringing the house down—with only small pauses to dry the water from their dripping instruments. They played a variety of songs showcasing their bluegrass-rock style. Yonder's instrumental talent is amplified by the fact that all the members contribute to the band's vocals. Porter Friedman, another CC attendee, was particularly impressed with mandolin player Jeff Austin, who amazingly picked up the instrument in 1996—just two years before forming the band.

The final chords of a stellar opener performance reverberated off the rock around us, encircling the applauding audience in a musical embrace. Unfortunately, this embrace failed to warm the masses, who quickly took

refuge inside as the headlining group began to set up.

Though the cold rain was still falling as the Allman Brothers band took the stage, the crowd came to their feet to cheer the rock legends on. The plastic room protecting Gregg Allman from the inclement weather gave me an eerie impression of his age. Was this guy scared of catching the cold that might confine him to a bed for the rest of his life? As if in answer, Allman's voice thundered out of his plastic room. He had the entire amphitheater singing along with him as he belted out such classics as "Midnight Rider" and Robbie Robertson's "The Weight."

Dwight Schnaitter is practically an Allman Brothers fanatic—he has attended a live Allman Brothers Band concert in every decade since the 70s. He remarked that although "the players have changed over the years . . . the current talent and performance is quite amazing. The 9-1-06 Red Rocks performance was in the top two concerts I have attended. Gregg's raspy vocals, Warren's lead guitar and Derek Truck's funky soaring slide guitar ride high above a superlative rhythm section and solid base playing. They were tight throughout the night. I felt like I was back in the early 70s. The Allman Brothers are the kings of blues-rock."

## Little Miss Sunshine Sparkles

JOANNA BRADLEY : Staff Writer

If you've got a dead-end career, a love life in ruins, and are considered by society at large to be a freak, it doesn't matter a whit so long as you have a loving family to support you. This is what we learn from Valerie Faris and Jonathan Dayton's new movie, *Little Miss Sunshine*.

Written by Michael Arndt, the black comedy tells the story of a family making a pilgrimage from Albuquerque, New Mexico to the promised land of California to enter their seven-year-old daughter in a beauty pageant. Each member of the family is a little quirky, a little dysfunctional, and none of them quite belong in the harsh, unfeeling world outside their unusual collective, but there is no love lacking in this crazy, kooky, mixed-up gang.

*Sunshine* drops us and lifts us with the gentle touch of a nursemaid, following every painful moment of the characters' defeat with a glorious moment of triumph—but not a normal triumph. Each of the small, oddball triumphs matches the small, oddball dreams of this less-than perfect family. In case we missed the point of the movie—that despite their oddities, they love each other—Arndt has peppered the screenplay with a series of hugs, tears and sappy speeches to cement the sentimentality.

Toni Colette bears the brunt of this task as Sheryl, the mother who is trying to hold everything together but who

is, like the rest of her family, not quite normal. Given the circumstances, Colette does a very good job of keeping her performance light and amusing while taking on the mother hen role. Greg Kinnear is also effective as Sheryl's husband, Richard, whom we alternately hate and feel sorry for throughout the movie.

The two standouts of the performance are Steve Carell as Sheryl's depressed brother, Frank, and Alan Arkin as the heroin-snorting grandfather. Arndt has written Grandpa in to shake things up, so he says "f\*\*k" a lot and teaches everyone to grab life by the horns—he has Little Miss Sunshine herself practicing a fierce lioness growl the night before the pageant. But despite the character's predictability, Arkin is terrific at fulfilling and maximizing his potential in his off-the-wall role.

This movie has everything, from depressing 70s décor to a slow-clap that builds into nothing, to remind us that these people are not winners. But given their love for each other and their near-impossible dreams, they're not exactly losers either. This is not to say that *Little Miss Sunshine* doesn't have some wonderful moments and very funny lines—but for an intentionally dark comedy, it smells suspiciously feel-good.



COURTESY OF www.century.com

Everyone's a little off. And the kid shrieks. She also walks funny.

# WRITE FOR *The Catalyst*

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# Men's Soccer Team Confident of Season's Start

BEALE TEJADA : Guest Writer

Bethel College, Simpson College and Linfield College—all worthy opponents, but all notches on the Colorado College men's soccer team's belt. The Tigers faced a trial by fire of three tough matches in succession, and the team performed spectacularly in every game, bringing home a hat trick victory as the beautiful kick-off to a hopefully successful season.

The men's soccer team added eight new faces to their roster this year, but despite their initial unfamiliarity the players bonded quickly during their vigorous twice-a-day training sessions. Two and a half weeks of preseason training showed in the results of their first games, especially in the performance of the untried players. Freshman defender Chris Ellis, an aggressive presence in the back of the Tigers' formation, was a key component in this weekend's successes.

The season commenced last Friday when the Tigers had their first test against Bethel College. Under senior captain Brian Tafel's leadership, the Tigers came out full of vigor and vitality. Only 10 minutes into the game, sophomore Jimmer Comerford floated a beautiful ball over the Bethel defense and junior Matt Samson scored the season's first goal with a powerful volley. Sophomore Chris Quon later added another goal with his bending free kick from just outside the box to give the Tigers a 2-0 lead they would

not relinquish.

On Saturday, the momentum from the Bethel game carried over into the CC's match against Simpson College. The boys came out fast and furious as Tafel ripped a shot past Simpson's keeper for the first goal of the game. Samson soon added another goal, his volley to the lower right corner giving the Tigers a 2-0 lead. This time, Simpson answered back after being awarded a very controversial penalty kick, and another goal off a Tigers turnover evened the score at 2-2.

At the end of regulation, the score was still tied and the match headed into Golden Goal overtime.

The Tigers were very confident according to freshman striker Trevor Cobb, who said, "We dominated most of the game, and I knew we had it in us to pull out the win." After a series of close calls in the first overtime, sophomore Wesley Rikkers finally snapped a Comerford cross into the net, beating the Simpson keeper for the game-winning goal. The entire team piled on Rikkers in celebration—a vicious punishment for excellent play.

On September 4, the first day of school, CC faced off against Linfield College for the championship of the 8th Annual Bill Boddington Memorial Tournament. The loud and raucous Tiger crowd was quickly quieted when Linfield scored in the first minute of the game. However, junior Pat Fagan answered right back with a rocket free kick redirected into the net, tying the



True fans display their "raucous" behavior at a soccer game.

COURTESY OF Beale Tejada

game at 1-1. The Tigers dominated the rest of the game, but the score remained tied despite a slew of near misses by CC's offense. Finally, Samson, now the team's leading scorer, drove another Quon cross to give the Tigers their game-winning goal and a 2-1 victory.

After this 3-0 start, the men's soccer team has even higher hopes for the season, with many considering the NCAA tournament as a possible highlight. Samson sums it up well. "We definitely have [some] tough games ahead of us, but we are all confident

that we can come out of next weekend undefeated." The Tigers will play Pacific Lutheran at 3 p.m. this Friday and Buena Vista University at 1 p.m. on Sunday.



CATALYST/ Alex Blumenfeld



## Veteran-Heavy Football Team Expects Good Season; Lachmann Honored

MICKY SHAKED : Guest Writer

Inspirational, consistent, a great teammate, an even better coach—these are just a few of the praises that Colorado College head football coach Bob Bodor uses to describe senior defensive back

Jeremy Lachmann. Named by Don Hansen's Football Gazette to the pre-season All-American third team, Lachmann is ready to lead his Tigers into the coming season, and they have reasons for their high expectations. Lachmann led all Division III defensive players last year in tackles

per game, a testament to his talent, work ethic, and the amount of time CC spends on defense.

"[Lachmann] started every game as a freshman, sophomore, and junior, and I fully expect him to start every game for us this year," Bodor said.

"We put him out there as a freshman, a little undersized. He has now filled out physically, but also has three years of starting experience under his belt. He is a great help to the younger guys. They see what he has done in his career, and can take that as inspira-

tion."

All this success is part of a plan Bodor instituted the minute he arrived at Colorado College. He gave his underclassmen all the experience they could handle, so that by the time they became juniors and seniors, they were

ready for themselves—something I can appreciate and hope translates to the rest of my players."

"It begins with us," Bodor reiterated as his team listened, circled around him at the end of practice. "It starts right here. We can't just roll out of bed

on Saturday and expect to win."

He stressed this to his coaches and alike in preparation for their first game of the season against Pomona-Pitzer Colleges, a team to whom they have lost in close contests the last two years.

"I expect to win every game,

and that is not just bravado. But we do have work to do. I expect success and to win games, period," Bodor said seriously. "It's not just Jeremy, but guys like [quarterback] Chris Neal, Roy Krebs, Vernon Smith and Jason Alexander who are really going to help us achieve this year."

The Tigers open their season away against Pomona-Pitzer on Saturday, September 9. Their first home game at Washburn Field will be against Lewis & Clark College at 1 p.m. on September 23.

*"We put [Lachmann] out there as a freshman, a little undersized. He has now filled out physically, but also has three years of starting experience under his belt. He is a great help to the younger guys. They see what he has done in his career, and can take that as inspiration."*

Top Left: The football team executes a drill on the field during practice. Bottom Left: Senior Jeremy Lachmann stretches to hone his defensive skills.

# Women's Volleyball Starts Strong Despite Loss of Six Players

TURNER RESOR : Staff Writer

While most CC students spent last weekend moving into their respective living areas and reacquainting themselves with old friends, the women's volleyball team celebrated an impressive victory in their first tournament

and defeating the Tigers three games to one. "We didn't execute as well," Swan said in reflection. "Our passing was poor."

Later that day, CC faced off against the Oles for a second time. They started out strong, winning the first game of the match 30-27, but lost the

performance. Rybka had 20 kills, 15 blocks and hit a .514; she was named the tournament MVP. "She did a great job," Swan said. Clithero had 17 kills and 9 digs. Both of those players, along with Meryn Grant, were named to the All-Tournament Team.

This weekend's win is even more impressive considering that the women's team has no senior players this year. The Tigers lost six players to graduation last year, including three of their starters and one All-American.

Swan explained that despite the lack of seniors, all of the players have "had a lot of playing time." Due to injuries last season, younger players who otherwise might not have gotten as much experience became an important component to the team, ending their season 21-9.

The team may even be able to use this age factor to their advantage. "Teams will look at the roster and see we don't have any seniors," Swan said. "[But this team] can beat anybody they face."

Although the players are content with last weekend's results, they are both modest and mature about their upcoming games. "We have a lot of things we need to work on, and we know it will get harder," said Clithero.

They will be facing some difficult opponents in the coming weeks. "Two of [the other teams] are nationally ranked," explained sophomore Laura McQuaid. Nonetheless, the players are confident in their abilities, and their season is off to a great start. Expect a spectacular season from our top-notch team.

The Colorado College Invitational will take place this weekend here at CC. The women's team plays Friday at 2 p.m. and 6 p.m., and Saturday at 12 p.m. and 6 p.m.

subsequent two games. In the fourth game, St. Olaf was leading and within sight of winning the match when CC stepped up their play, coming back to win the game 30-28.

In the end, the Tigers were able to regain their composure and confidence, beating St. Olaf College in a close five-game match (3-2) that gave CC the tournament victory.

Standout performances from junior middle blocker Michelle Rybka and sophomore outside hitter Anna Clithero lit up the Tigers' tournament

of the season.

The Molten Pikes Peak Challenge, hosted by Colorado College, featured three other teams in addition to the Tigers. CC's own came out strong Friday, sweeping both Endicott and Gustavus Adolphus Colleges. These first two wins were not surprising for volleyball Head Coach Rick Swan, who said that the team "played really [well]" and deserved their victories.

Their third match on Saturday featured a change of pace, with the St. Olaf "Oles" slowing CC's momentum

*This weekend's win is even more impressive considering that the women's team has no senior players this year. The Tigers lost six players to graduation last year, including three of their starters and one All-American.*

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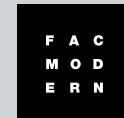


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# Recognizing, Preventing The Unintentional Rape

CHRIS BENZ : Sports Editor

I once heard the story of a date rape from a college orientation speaker. The woman in the story was a willing sexual participant, but was also blackout drunk. The kind, popular, smart boy who had taken her home, even have known she'd lost her virginity if he hadn't left a note on her pillow with his phone number.

After three years of heavy drinking, occasional hookups, and listening to rape women, I realized the real lesson of that story was that I am capable of rape.

We all are. Just because we mean no harm and don't slip into drinks does not mean we might not rape. The guy in this story may not have realized the sex was not consensual, but nonetheless he did commit rape.

If rapists are not sick men in the bushes but us—regular men, trained to see sex as a commodity with intention to “get some,” part of a society in which our status is partially determined by keeping “score,”—there is hope that rape can decrease as an international epidemic.

It is impossible to break into every bedroom in the world and ask people if they both agreed to their current activity. Women can't wear burqas, refuse to be alone with friends, and suspect every man they know. But men can make progress by being suspicious of themselves.

If each man puts himself to bed when he suspects himself of a one-track mind, we can reduce rape. If each man checks during sex and asks, “Are you ok? Are you comfortable?” we can reduce rape. If men learn to play the third wheel when a friend is intoxicated, to see

that a woman who is too drunk gets home safely, we can reduce rape.

What makes the issue yet more complex is that 84

percent of rapists in a 1988 study said what occurred was *definitely* not rape. Psychologist David Lizak, who has studied rape through interviews with college men, also found that many rapists didn't realize that they had committed rape. “The way [the guy] sees it, he's telling his sexual exploits. He's embedded in a culture that normalizes it,” Lizak said.

Women can also fail to recognize rape because their assailants are friends they trust or guys they are dating, which may lead women to blame themselves for their rapes. CC's Sexual Assault Response Coordinator Dr. Heather Horton said, “It's easy for a survivor to ask, ‘If I hadn't been drinking, if I hadn't been wearing this dress, what would have happened?’”

She's just had to talk about the most painful night of her life to three strangers, and a detective will be by soon. If she decides to cooperate with prosecutors, she may have to tell it again to a DA and testify in court. By now, she really wants that shower.

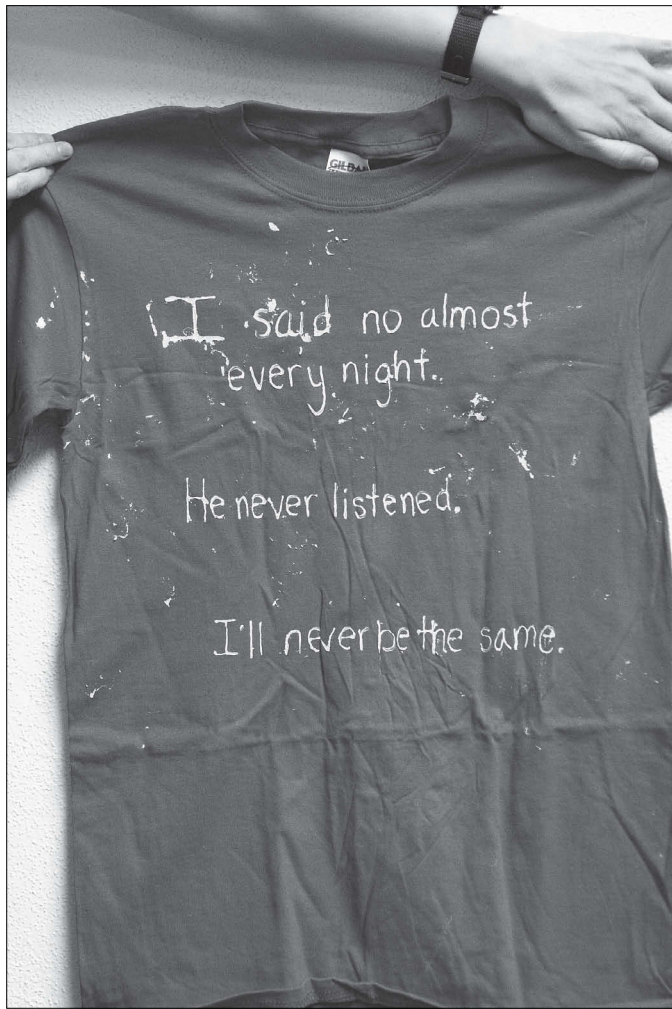
Unfortunately, not every rape victim chooses the path of immediate help. According to Midyett, about 50 percent of survivors she sees can't bear to confront the rape this early, and many show up as “cold cases” as much as six months after the incident.

The social complications createresidualissues. Friends' allegiance may be redirected as anger towards the victim. Pledged, a 2004 book that followed four sorority girls, describes the complicated situation a survivor can face after making an accusation of rape. “Caitlin bumped into a friend who happened to be a Kappa Tau Chi, the fraternity of the boy who had raped her. He asked if he could buy her a drink . . . One of the brothers approached them. ‘She's a slut. You can't buy her a drink,’ he said loudly. “The brothers pulled Caitlin's friend away from her clothes and the bar. As they left, she could hear what they hissed to him.

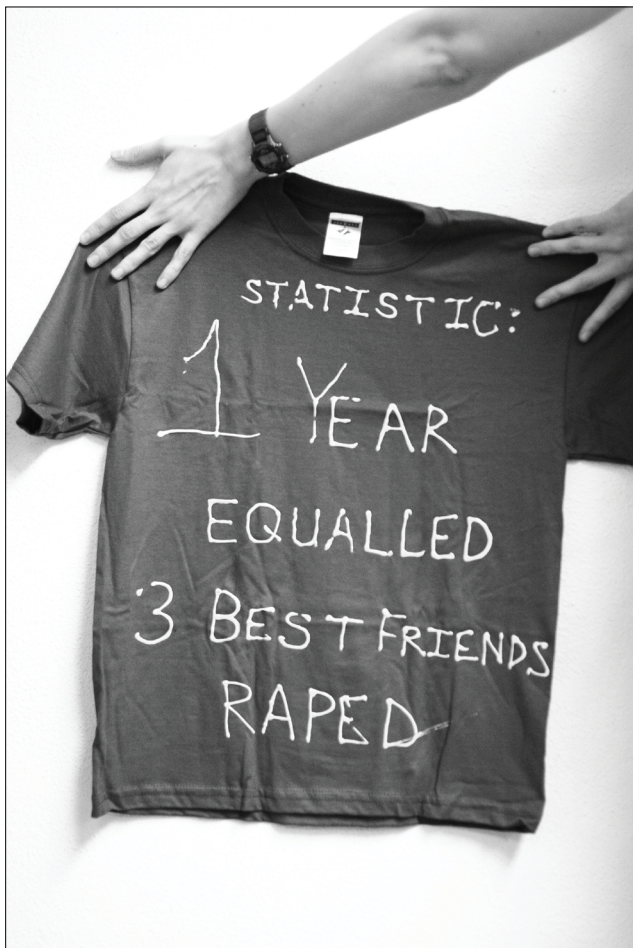
“There's so much shame whom she needs to trust. If you've been raped, you have three days to agree to a rape kit to collect DNA evidence. These procedures only further the survivor's humiliation.

Helen Benedict, the author of *Recovery: How to Survive Sexual Assault* to cleanse themselves of a deeply embarrassing experience “The body of the victim is the scene of the crime,” said Barb Midyett, who works for the CSPD sex crimes unit.

Immediately following a rape, a woman may not want to contact anyone, much less medically trained strangers



Anonymously created last year during the Take Back the Night series of events, these three T-shirts are but a small sample of those made. Members of the CC community affected by sexual misconduct, either personally or indirectly, used cotton and fabric paint to express the lingering injury of attacks.



A victim's best chance, both to help the authorities and to help themselves, is to go into the hospital and appearing freshly violated. The law requires the hospital to call the police. The woman can then choose not to talk to the police or she can relive the rape again to a patrol officer. Later, she will repeat the experience to a detective who specializes in rape.

She then has to retell her night to a Sexual Assault Nurse Examiner, who will take Caitlin's friend away from her clothes and the bar. As they left, she give her a paper hospital gown.

“She fucked over the fraternity,” one said.

“She screwed over one of my best friends,” said another. “She changed her mind after they had sex.”

We must realize that alcohol is not a tool for seduction. Sex needs to be shared tenderness, or shared fun, not an act meant to heighten status among male friends. We can reduce rape by recognizing dangerous situations and interrupting them. We can walk women home. We can buy them dinner and expect nothing in return but their company. We can

make it clear to our friends and ourselves that women matter, and not for their bodies.

# Airline Restrictions Have Grown Out of Hand

EMMA CALABRESE: Staff Writer

I have never been a fan of airports. I get annoyed at having to take my shoes off, it takes too long waiting in line to check my bags, and it seems like the airlines are pretty reliable about losing the one I need most. Maybe this makes me whiny and impatient; but in the past few weeks, for once, I don't think I am at all out of line when it comes to being fed up with airlines and airport security.

Since the foiled terror plot in England, airport security has been absurd. The solution to terrorist threats does not lie in banning basic essentials like water from the cabin. It rests on technological innovations that make it easier to scan for potential threats.

It is hypocritical to ban most liquids, gels, and lotions when a select few, such as baby formula, breast milk, and low blood sugar treatment are still allowed. If one item is allowed, isn't it just as dangerous as allowing them all?

The current restrictions require a massive rearrangement of the system. Checking bags should be made easier, toiletries and water should be offered at gates to make up for the inconvenience of not being allowed

to carry them on board, and airports should come up with a foolproof method to keep from losing luggage.

There are many things that should be changed and enforced about the way our airports search for threats, but because the newest restrictions were brought on so abruptly, most changes are taking place slowly and haphazardly. Some hotels are offering free toiletries, but to be truly effective these items should be dependably offered at all hotels. American Airlines is reportedly carrying two to four extra liters of water on each flight to make up for the inconvenience—but is that enough, when in the past passengers were allowed to bring their own water onboard?

It is hard to approve of the restrictions when it is so unclear exactly how water, of all things, could be more of a threat to our safety than those few accessories that we are allowed to carry. I take no comfort in the fact that the flight attendants can bring us water. Based on past experience, I don't have a lot of faith in the little button that rings for assistance. It's hard to stay hydrated when your only source of water comes in a tiny plastic cup once every few hours.

The terrorist threat in England

was a scary reality check, and it showed everyone just how at risk we still are. But the immediate and rash restrictions in airports seem like a desperate scramble to take some kind of action against a threat that we don't really know how to deal with.

It was disheartening for me to find out that the Transportation Security Administration has recently stopped installing a new device that is designed to scan for explosives. According to Representative John L. Mica, a Republican from Florida, these so-called "puffers" "[do] little but search for metal or guns."

We should be investing more time and money in this type of innovation, instead of stopping mid-project. Projects like this are the key to making air travel safer. Long-term investments in new technology, rather than unwarranted restrictions, are the best method to secure our safety. I see no logic or efficiency in banning basic essentials on flights when we should be channeling energy into finding new methods of scanning for bombs and bomb-making materials.

When it gets to the point where water—*water!*—is a threat to our safety, I know it's time to look elsewhere for solutions.

As I pulled my hand out of the bag of chips, I noticed for the first time seven large off-white letters boldly placed on the front: NATURAL. They were fixed in front of a brown background of rolling hills, bountiful plants, and an exuberant sun. The image was nothing short of a utopia—a land Thoreau would happily inhabit. Without even recognizing the picture of the chips, I was enticed by the clever marketing, a sign that I would soon devour half the bag. A few minutes later I was surprised to look lower and find that the company that made them was Tostitos. Organic blue-corn tortilla chips made by Tostitos.

In our age of relentless sensationalism and brevity, it is hard to get an accurate picture of the world. For one reason or another, the information we receive makes us believe that we are either about to die from a rare strain of West Nile Virus or that we are going to be a victim of identity theft and lose the will to live. That is only the beginning. We are barraged with 30-second news clips reporting murders, robberies, and car accidents that killed people we do not know.

We work 350 more hours a year on average than our European counterparts. Because of our inflated work week, we have little time to eat and are nearly forced to drive through fast food restaurants. Our lack of healthy food choices has caused a serious obesity pandemic. Last but not least, many of us are stuck in traffic for hours each day with no relief in sight. This lifestyle has succumbed to idea of the "beauty of speed," and boldly touts its advantages.

On a superficial level, all of these factors leave us with a dim and exhausted view of the world. But luckily, contrary to FOX news, CNN, and The 700 Club with Pat Robertson, our world is not entering into an irreversible apocalypse. Good things are happening. The reason I included such a seemingly insignificant event as my introduction is because optimism starts with the smallest ideas and actions.

If I were to tell an avid organic consumer in 2000 that Tostitos would be making organic chips in a couple of years, they would have laughed. It is a small sign, but one that implicates an important hopeful trend. This is an introduction to a different side of the world—one where optimism reigns, but not unrealistically.

Ironically, these movements and ideas are a couple of the things that we do not want to slow down. I begin with the simple idea of local and organic farming.

The food revolution has begun. Organic farming has been around for nearly a century, but has only recently skyrocketed in popularity. Organic food has been growing by nearly 20 percent each year for the past 10 years, making it the fastest growing area in the food sector. Sales of organic food is projected to top \$32 billion by 2009.

The benefits of organic farming, to just name a few, are an increase in nutrients compared to conventional farming, safer environments for those who work on farms, little to no destruction of vital ecosystems and species, and general decrease in the overall exposure of people to toxic and persistent pesticides.

Although we should be skeptical of huge companies like Tostitos offering organic products, the beauty of capitalism is its adaptability. When the bottom line becomes the end, as it is nearly all the time, companies care little about how they make profit, as long as they do. Organic farming is

not covered in the news, but will continue to increase in popularity and become a mainstay in the diet of those around the world.

The rise of sustainable agriculture and organic food has heavily influenced the local food scene around

*Although we should be skeptical of huge companies like Tostitos offering organic products, the beauty of capitalism is its adaptability.*

the United States. In just 10 years, the number of farmers' markets has doubled from a little below 2,000 in 1994 to nearly 4,000 in 2004. In the wake of our increasingly globalized economy, the food we eat travels farther than most of us do in a year. It has become ever more suspect and alien to us, separating us from the earth we once knew so well.

There are many reasons why eating local is an unbelievably hopeful trend: it stops huge amounts of CO<sub>2</sub> emissions from entering the atmosphere, recycles money into the local economy, combats sprawl, and is an excellent way to meet people in the community. By buying from farmers' markets and local farmers, you reduce the need for foreign imports and support your local economy.

This movement began with one man and an idea, but as the hundredth anniversary of Gandhi's nonviolent message approaches on September 11, it is clear that his teachings are needed more than ever. In the past century, there have been a number of so-called "peacekeeping" forces employed around the world. The most frequent are those of the United Nations. The forces are equipped with guns and other weapons, but can do little more than defend themselves. A revolutionary idea, one that was successfully implemented by Ghandi and his Muslim counterpart, Badshah Khan, is that of a truly non-violent peacekeeping force. Unbelievably, Khan created an army out of 100,000 men from the revengeful Pashtun tribe in Afghanistan. They were a significant force in helping to oust the British from their colonial outposts.

Little known to anyone but those deeply-entrenched in the peacekeeping world, a resurgence of nonviolent armies has appeared around the world. Shanti Sena—sanskrit for "Peace Army"—is the product of local peacekeeping groups in Sri Lanka. It plans to intervene rapidly in violent conflicts in India and do so without any weapons. The Shanti Sena is supported by the Nonviolent Peaceforce—a consortium of 93 member organizations from around the world—that uses Gandhi's idea of satyagraha, meaning soul force, as the foundation for their actions.

Each of these movements were born from a single idea, but they are changing the way millions of people around the world live. Many would object that this article, just like the evening news, gives an unrealistic picture of the world. For the most part, that is correct. It is not balanced, and it was not intended to be. But we need good-natured information to counter the negativity that is thrown at us every day. Good things are happening in the world—you may just have to look a little harder to find them.



CATALYST/Jackson Solway

Current frustrations over airline regulations.

## AN OPEN LETTER TO FIRST-YEAR INTRAMURAL PARTICIPANTS

Dear FYIP,

Intramurals are an integral part of the CC experience. Something like 85 percent of students participate every year, and we hold those who triumph in the highest esteem when we see them walking around campus sporting their IM Champion T-shirts. With the deadline approaching to turn in rosters for our fall season, I'm sure many of you are chomping at the bit to get out there and show what you've got. So on behalf of the senior class, I welcome you to the field.

But also on behalf of those who have been here since back when the acceptance rate was 50 percent, I beseech you to check your overwhelming enthusiasm. We've been around the block a few times. We've won and we've lost. We've played in rain and snow, sleet and hail. We've showered in the glory of victory and drowned in the agony of defeat. And we're tired. You, on the other hand, are young, fresh, vibrant, and quick, a constant reminder of the people we once were

but are no more

So I ask you, as friends in sport: please don't exhaust us. Don't run post patterns when you know we can't keep up. Don't make throw-ins we have to chase after. Just relax. In fact, if you have a lot of homework to do and a game in the afternoon, don't feel obligated to come. After all, you are students first and rambunctious specimens of athletic vigor second. You may forfeit the game, but a forfeit is a small price to pay for the 70 pages of *War and Peace* you will be able to cover in that time.

Besides, you will probably only be forfeiting to a team of seniors who didn't have the energy to play anyway. Think about how many parties you will attend this year thrown by that same group of students. Do you really want to show such extreme ingratitude as to thump them in a silly little intramural game? Remember the game of life, and the lessons that you can learn beyond the athletic fields—lessons like the importance of honor, dignity, and respect.

Together, these principles form the cornerstone of the CC community. And what dignity, what honor, are you displaying when you dribble in circles around a group of bewildered seniors? What respect do you show by reminding us of our newly acquired frailties? Just whom are you trying to impress?

I don't wish to sound overly dramatic, nor do I expect you to understand where we seniors are coming from. You are in the prime of life. You hit the ground and bounce back up. You run meaningless circles around the track for fun. But know that we were once like you. And one day, you will be like us. So when the day comes for us to meet in head-to-head competition, just remember that the frail bodies you see before you are mere shadows of their former selves. Shadows you too will soon become. That is, of course, if you can make it.

Best Regards,  
Tom Barry '07

# MEAL OF THE WEEK

## VEGETABLE:

### Acorn Squash with Cranberry Filling

*Makes 8 servings*

- 4 acorn squash
- 1 cup coarsely chopped cranberries
- ¾ cup chopped pecans
- ½ cup brown sugar
- ½ cup butter, melted
- ½ cup orange marmalade
- ½ teaspoon ground cinnamon

Cut the squash in half lengthwise. Remove the seeds. Place the squash, cut sides down, on a buttered baking sheet. Bake for 30 minutes at 375°. Combine the cranberries, pecans, brown sugar, butter, orange marmalade and cinnamon. Turn the squash cut sides up on the baking sheet. Fill each squash with the cranberry mixture. Cover with aluminum foil. Bake for 45 minutes at 350° or until squash is tender.



COURTESY OF [www.madeinnapavalley.com](http://www.madeinnapavalley.com)

## MEAT:

### Pork Chops with Simmered Cranberries

*Makes 4 servings*

- 4 center cut pork loin chops
- 1 cup diced celery
- ¼ teaspoon salt
- 3 tablespoons vegetable oil
- ½ cup all-purpose flour
- 1 freshly grated rind of one orange
- ½ cup sugar
- 2 cups fresh or frozen cranberries, coarsely chopped
- 2 tablespoons medium or dry Sherry (optional)
- 1 orange, thinly sliced

In a large skillet, frying pan or sauté pan, sauté the celery in 1 tablespoon oil for 5 minutes or until soft. Mix in the salt. Remove the celery from the pan. Lightly coat each pork chop in flour. Sauté the pork chops in the remaining oil on medium heat 4-5 minutes per side or until lightly brown. Reduce heat to low. Return the celery to the pan along with the pork chops. Mix the cranberries with the sugar. Add them to the pan. Sprinkle on the orange rind. Cover and simmer for 10 minutes. Turn the pork chops over, stir the cranberries and simmer for another 10 minutes. Add Sherry. Return to a simmer.

Serve each pork chop with the cranberry and celery mixture, topped with a slice of orange.



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## DESSERT:

### Cranberry-Apple Crisp

*Makes 10 servings*

- 6 Granny Smith apples
- 3 cups (12-ounce bag) fresh cranberries
- Juice of 1 lemon (about 3 tablespoons)
- 1 cup white sugar
- 1 cup white flour
- 1 cup rolled oats
- 1 cup packed dark or light brown sugar
- 1 teaspoon ground cinnamon
- ¼ cup butter

Preheat oven to 350°.

Lightly grease a baking dish or casserole dish approximately 9" x 13". Core, peel and thinly slice the apples. Rinse the cranberries under cold water, discarding any bad ones. Drain well. In a bowl, mix apples, cranberries, lemon juice, white sugar and ½ cup of flour. Gently toss until fruit is slightly coated. In a separate bowl combine oats, brown sugar, remaining ½ cup flour and cinnamon. Cut in the butter until the mixture is crumbly. Place fruit into the baking dish. Press the oat mixture topping evenly over the fruit. Cover with foil and bake for 30 minutes. Uncover and continue to bake for another 30 minutes or until the apples are tender, cranberries are bubbly and the topping has lightly browned. Serve with vanilla ice cream, vanilla frozen yogurt or fresh whipped cream.