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THE CATALYST

FRIDAY

Week 2, Block 7

April 5, 2013

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Video Dance Party under administrative scrutiny, but will remain

CAMPUS LIFE

Eliza Carter
Staff Writer

The Video Dance Party, a longtime hallmark of CC's New Student Orientation, was eliminated from this year's Winter Start Orientation schedule and its continuation as a campus event has been called into question.

It has not been permanently omitted from the New Student Orientation experience, however, college officials said.

The decision to discard the Video Dance Party from this year's Winter Start Orientation schedule was due to a concerted effort to focus on the new El Pomar fitness center and the climbing wall.

As scheduling was being tweaked to accommodate these priorities, VDP was identified as a logical event to be removed.

"This year, we had the climbing wall that actually came open at the same

time as Winter Start Orientation, so we did something new and did the climbing wall instead of Video Dance Party," Mike Edmonds, Dean of Students, said. "We tried to incorporate some of the excitement that was going on around El Pomar."

The Video Dance Party, affectionately nicknamed VDP, typically consists of lots of enthusiastic students in various states of inebriation, mostly dressed in outlandish attire, dancing to popular songs

against the backdrop of those songs' music videos.

Despite the fact that it has not been decidedly abolished, VDP has raised some concerns among campus students and staff. Bethany Grubbs, Student Life Specialist, has noted some aspects of the party that have been perceived by some to be questionable.

"New students may feel pressured to

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Students watch a performance at the end of Llamapalooza 2012. Photo by Stanley Sigalov.



All dressed up: The 2013 fashion show featured a variety of vibrant lines from students. See more on page 15.

FUNDING STILL UNCERTAIN FOR LLAMAPALOOZA

LLAMA

Jack Sweeney
News Editor

Last year, the Colorado College Student Government Association awarded the Llamapalooza Committee \$33,000 to fund their signature CC event. According to the CCSGA meeting minutes from Feb. 26, this year's Llamapalooza was initially only granted \$3,700.

The Llama Committee will now have to solicit other administrative offices and groups in order to fund the music festival.

"The quality of Llamapalooza this year will suffer as a result of funding. It's been stripped down just to keep it within the budget," Jitu Virasi, co-chair of this year's Llama Committee, said.

Under the leadership of last year's Finance Committee VP, Logan Dahl, who graduated last spring, CCSGA depleted most of the reserve accounts. Over-

spending caused discrepancies in this year's club and event funding, calling for administrative funding assistance.

Since CCSGA spent nearly \$180,000 last year on special events, this year the student government was feeling the pressure of a special event budget downsized to roughly \$40,000.

Despite the setback of budget difficulties at the beginning of this year due to last year's student-run administration, CCSGA was able to support Llamapalooza by requesting more funds from Dean of Students Mike Edmonds.

"No, I do not feel that CCSGA gave us enough money, but it wasn't really in their hands," Virasi said. "I think a lot of people had mismanaged expectations. A lot of people assumed the money was going to come from somewhere at the end of the day."

CCSGA officials see it differently. "The CCSGA has certainly encountered

budgetary woes this year, and as a result we have been unable to give the Llama Committee everything they asked for," Pat Knecht, executive vice president, said. "This was made very clear early in the year. The Llama Committee completely disregarded this issue, and made little effort to seek alternative funding. In doing so, they are deferring their responsibility to fund the event. They simply assumed that the money would fall into place eventually."

By disregarding the budgeting problems, the committee strained administrative offices that become responsible for Llama funding, Knecht said.

"Llama implicitly supports the drug culture on campus," Knecht said. "Is this something we are ok with as an institution? Do we want the President's Office and the Dean of Student's office to be as-

Continued: News page 2

QUONY: The hearts behind the tournament

CC SPORTS

Katy Stetson
Sports Editor

It's a story that encompasses the Colorado College spirit – a circle of tragedy, giving, comfort, and community. For recent graduates, it is a way to stay connected with the school, and to celebrate two classmates who died too young.

Four years ago, friends, teammates, family, and a zealous freshmen class gathered on Armstrong Quad for a 6v6 soccer tournament to commemorate the life of Chris Quon '09. Last year, the event became tribute to both Quon and his dear friend and lacrosse teammate, Evan Spirito '10.

There are few students walking campus who had the privilege of knowing Quon or Spirito. Quon graduated the

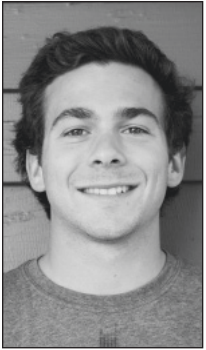
Continued: Sports page 9

Connect: News about the greater CC community is available all day on Twitter. Tweet @catalystnews to join the stream now.

FROM THE EDITOR

A reporting error

COMMENTARY
Jesse Paul
Editor-In-Chief



We regretfully violated our own anonymous sourcing policy and unfairly portrayed a community group in an article in the news section last week.

It was a mistake that I take full responsibility for and can be attributed to the improper communication of our standards.

The story, titled "CC Inn continues to experience damage problems," called out the CC Hockey Team as being some of the main perpetrators of damages and a sometimes difficult community to live with.

Members of the team expressed their disappointment and frustration with the article, and with good reason. What we did was wrong.

One anonymous resident was quoted as saying, "God forbid the hockey players win a game, you cannot sleep. It's the nature of sports teams and the excitement that comes with winning - they don't show concern for other people who live there."

Members of the team, along with other residents of the Inn, vehemently challenged this statement as false.

One team member explained that parties at the Inn often impede on the rest players need before games and during training.

Our policy states: "Anonymous sources are only to be used in the most extenuating of circumstances, including when a subject might be fearful for their safety, job status, and/or other retribution."

Furthermore, if we do use an anonymous source, we must explain to our readers why and for what reason they wish to stay anonymous. And, most importantly, all anonymous sources should be accepted and evaluated by the senior editors of the paper.

It is our policy to never print the victim of a crime or circumstance without their expressed permission, and in that case it would have to be a decision that is carefully weighed by myself as Editor-in-Chief.

We also did not provide the hockey players who live in the Inn a chance to comment on this accusation. Thus, the article was underreported and unfair.

Finally, without multi-source confirmation, we should not be printing any statement.

It is the unfortunate reality of the media enterprise that we will occasionally make regretful reporting errors and hurt the people we aim to inform and assist.

Our policies on anonymous sourcing and confirmation have been relayed and reaffirmed to all section editors and senior editors. Despite the many rigorous evaluations each article undergoes, this error was missed.

On behalf of all of us at The Catalyst, I would like to formally apologize to the groups we offended, and retract the brief, incendiary paragraphs in the aforementioned article.

If you would ever like to comment on the accuracy of any article in The Catalyst, please contact me at Jesse.Paul@coloradocollege.edu or by calling at (302) 528-7118. I am always available.

'Big Idea' enters final round, \$50,000 up for grabs

CAMPUS POLICY

Megan Masuret
Staff Writer

Recently, competitive liberal arts schools across the nation have been

developing entrepreneurial opportunities for students with promising business proposals.

While most colleges allot \$6,000 to \$10,000 dollars for proposals, CC's "The Big Idea" event amassed \$50,000 to divide among five teams. The Big Idea is new to Colorado College this year, and has given 28 teams the chance to turn their ideas into reality.

Steve Kaczmarek, Coordinator of Innovation and Incubation, collaborated with President Jill Tiefenthaler and Dean of Students Mike Edmonds to develop this event.

"The idea came up after the entrepreneur class Block 2 this past fall," Kaczmarek said. "I sat down with President Jill and Dean Edmonds and a few others and they asked me if I wanted to do it. The major concern was to make sure that education happens - that the students are learning throughout the process."

Teams span from just one individual to groups of five or six. The 28 proposals, listed on The Big Idea webpage, are from a variety of disciplines and fields.

Although some groups have an interest in business or economics, neither is vital prior to submissions. Kaczmarek hosted workshops every Thursday for the first three weeks of each block to assist groups in understanding the proposal process.

The workshops pulled topics from the second block curriculum to address areas such as how to write a business plan or how to write a pitch, and even incorporated guest speakers.

Kaczmarek and the workshops encouraged students without an economic background to pursue their ideas by providing the necessary tools and information.

The first round of pitches took place last week, and on Friday, March 29, the top five teams were determined, yet remain unannounced.

Thus, all twenty-eight groups will arrive for the final round of pitches on Thursday April 4, but only the five winning teams will pitch their ideas to the panel.

Kaczmarek chose the five judges who evaluated the first round of pitches, and the five judges for the final round were selected by President Tiefenthaler and Dean Edmonds.

"The final round will be conducted 'American Idol' style," Kaczmarek said. "The judges sit with their backs towards the audience, facing the presenting team."

After each of the five groups has presented, the judges will determine their order from first to fifth place. They will additionally determine how to divvy up the \$50,000 among the five winners, and each team will receive a check for that sum of money.

The judges are from various backgrounds and none of the first round judges were affiliated with CC.

They included: Macheala Laune, the previous CIO for Honeywell Information Systems and Program Manager supporting Missile Defense Agency initiatives at Schriever AFB; Dr. Ric Denton, member of the High Altitude Investors; Laura McGuire, sales lead management expert at Saligent; Dr. Alan Davis, co-founder and CEO of both Offtoa Inc. and Omni-Vista Inc., and Chris Blees, President and CEO of BiggsKofford Certified Public Account-

tants and BiggsKofford Capital Investment.

All five have extensive experience in transitioning ideas to businesses.

The finalist judges, also listed on The Big Idea's webpage, are Melanie Auguste, Matthew Burkley, Hattie Hill, Eric Murdoch, and David van Diest Skilling.

The dominant factors that the judges score are: financial sustainability, effect on quality of life, implementation feasibility, and overall presentation.

"The most important thing in my mind is the original problem and the solution. How do you make it scalable? How do you make it sustainable? How can you take your idea and roll that out to the next step?" Kaczmarek said.

One proposal, The Mobile Munchie Machine, has been operating since the end of November and is a high-quality food service provider that specializes in a variety of hot sandwiches. It is convenient in that it serves congregations of CC students on campus for affordable prices.

The idea manifested itself during Block 2, but seniors Halsey Landon, Hanna Berglund, Stanley Sigalov, and Zach Atchinson in addition to juniors Alex Byers and Leslie Muzzy have transformed it into a proposal for The Big Idea.

"I learned that starting a business is an extensive process and that it takes a serious mentality of refusing not to give up or let someone say no," Berglund said. "We had plenty of people tell us the MMM would not work, that we could not serve on campus, etc., but by talking and finding ways to compromise we stuck it out. Now we are anxiously waiting to see if we can make it to the finals on Thursday."

Looking to the future, Kaczmarek is optimistic that The Big Idea can become an annual event.

Colorado Springs crime, in brief

MAN STABBED NEAR CAMPUS

Early Wednesday morning, a man was stabbed in the back several blocks from campus, near the Uintah Street and I-25 underpass. The stabbing occurred after a fight between four males.

Colorado Springs police identified Herbert Howard, 41, as the man who stabbed another unidentified man with a four-inch kitchen knife. The victim, whose injuries were not life threatening, was taken to a hospital. Police say Howard was arrested and may be charged with second-degree assault.

SHOOTER RELEASED ON BOND

Early Sunday morning, a Colorado Springs man was non-fatally shot by 18-year-old Raul Barros, police said.

The shooting, at Tejon St. and Nevada Ave., about 1.2 miles south of campus, occurred after an altercation between the two men and other members of the group they were with, according to court documents obtained by The Gazette. The court documents also reported that Barros and several friends followed the victim around in cars after the fight, before the shooting.

The victim was taken to the hospital, where he is expected to make a full recovery, police said. Barros was arrested and has been released on bond.

FAMILY HOME BROKEN INTO, ROBBED

On Monday afternoon, a man kicked down the door to a family's home, pulled out a gun, and stole several valuable items, police said.

The family—a couple and three children—knew the perpetrator, whose identity is known to police but has not been publically revealed, pending investigation. The entry and robbery occurred at the 300 block of Gahart Dr., six miles southeast of campus.

Though the family was home during the incident, police said that no one was harmed.

MAN DESTROYS PROPERTY

An unnamed man was charged with destruction of property at the Fillmore Crossing Hotel after police received reports of him running through the halls screaming early on Monday morning.

Colorado Springs police said that the man destroyed a number of objects in his hotel room before going into the hall and spraying the fire extinguisher. Police also said that they received reports of people seeing smoke in the building before the man began to scream, though this has not been verified by witnesses.

The man has been charged with destroying the property of the hotel, which is located at 3125 Sinton Rd., north of campus.

HOUSE PARTY TURNS INTO MUGGING

Police arrived at a large house party early Saturday morning, responding to reports that a group of men had arrived uninvited and robbed another, unnamed man.

The victim's injuries were not severe enough to warrant taking him to a hospital, police said. Neighbors, who live on the 1700 block of Flintshire St., southeast of campus, reported hearing a gunshot. Police have not identified any suspects.

MAN ROBBED AT AIRPORT HOTEL

An unidentified man was assaulted and robbed by three men wielding at least one gun and one knife Monday night at the Ramada Inn, a hotel near the airport, police said.

The Inn is located at 520 N. Murray Blvd., five miles east of campus. Police said they have made no arrests and it is unclear what was taken. The extent of the man's injury is also unknown, though police did not verify if he was taken to the hospital.

STORE BURGLARIZED

The Rent-A-Center at 1809 S. Nevada was broken into early Tuesday morning.

The store, south of campus, suffered a broken window. Police have not named any leads in the investigation and it is unclear what, if anything, was stolen.

County releases public health findings

COLO. HEALTH

Ansel Carpenter
Staff Writer

Colorado is known for a number of things, including its scenery and natural resources. The Centennial State is also regarded as one of the healthiest in the nation.

Last week, El Paso County Public Health, the county's health authority agency, published its Annual Report on the region's public health.

Much of what Public Health does is meant to work in accordance with "Colorado's 10 Winnable Battles," a state initiative.

The areas the County targets are "key public health and environmental issues in the county where progress can be made in the next five years," said Danielle Oller, Public Health's Communications Specialist.

One of the Winnable Battles, designated by the state Department of Public Health and Environment (DPHE), is obesity.

Gallup data from the past year shows that Colorado, with an average below 20 percent, has the lowest obesity rate in the country. The national average is 26.2 percent.

El Paso County—the most populous county in the state—is in line with that

figure. The Report shows that two out of every ten adults are obese. Additionally, four out of ten are overweight.

Weight gain, and related problems such as diabetes and high cholesterol, is one of Public Health's prime focuses.

In the past year, the County hosted its first "Weight of the Nation/Weight of El Paso County" event, which showcased discussions and expositions.

The titular "Weight of the Nation" film, a joint venture between HBO, the Centers for Disease Control and Prevention, and the National Institutes of Health was screened.

Another public health-related Winnable Battle is infectious disease prevention. In El Paso County, this took the form of initiatives against influenza and whooping cough.

The County reported more cases of flu from October to February than it had in the prior year. Only three percent of the cases were H1N1, or swine flu.

Other areas that the state has targeted after determining that real progress can be made include mental health and substance abuse, oral health, and unintended pregnancy.

Public Health's water testing laboratory was certified by DPHE to test private well water for a number of contaminants. It is the only facility in the Pikes

Peak region, the County said, with that certification.

Although Jill Law, Public Health Director, said in a statement that they have made progress in the past year, the agency acknowledged it has challenges ahead.

One such challenge is access to health care. The County reported that almost 13 percent of residents are uninsured and do not receive insurance through a governmental program. Thirty-five percent of residents did not have dental insurance.

The County also believes its unwanted teen pregnancy rate (70 percent of teenage pregnancies are unwanted in the County) is too high, as are rates of chlamydia and gonorrhea, both of which, though undisclosed, are higher than the state average.

El Paso County also suffers from many of the same issues faced by the state and nation as a whole, including food safety (decrease in food-borne illness only happened with one bacteria, salmonella) and water quality, an issue currently being duked out between the state and localities.

According to the County's annual report however, the Pikes Peak region is above average when it comes to being healthy.

UCCS posts questionable rape-prevention tips

UCCS NEWS

Sara Horton
UCCS Scribe

Amid heated debate over gun rights, the University of Colorado Colorado Springs' Public Safety website has made headlines for its tips on how to deter an attacker, suggesting women vomit, urinate, fake a disease or claim to be menstruating.

The 10 tips, which have since been removed from the UCCS website, have spread from social media to local, state, national and international news outlets.

On Feb. 18, while researching campus safety policies for an editorial, Jesse Byrnes, managing editor for The Scribe, sent two tweets with a link to the tips, "What To Do If You Are Attacked."

Byrnes' second tweet referenced the sixth tip, "Tell your attacker that you have a disease or are menstruating."

UCCS Emergency Management tweeted back, "Can't imagine any of those things would make for an 'attractive' victim...Thanks for sharing the information."

Conservative local blogger and nationally syndicated columnist Michelle Malkin then retweeted the link to her nearly half a million followers, citing the advice as what women are being told to do to defend themselves without a concealed weapon.

According to Tom Hutton, university spokesperson, he began to see many tweets the next day relating the tips to Rep. Joe Salazar, D-Thornton.

While the Colorado House debated House Bill 1226, legislation seeking to ban concealed carry on college campuses, Salazar had said call boxes, safe zones and whistles could prevent sexual assault on campus.

"Rightly or wrongly, people were making that connection," Hutton said.

In response to backlash, Public Safety made an addendum to the website and said the tips were used "in a context supplemented with additional information during the in-class training covered in the Rape Aggression Defense (RAD) class."

The website was updated at 6:30 p.m. on Feb. 18, hours after HB 1226 passed by a 34-31 vote, spurring reports linking the tips to the legislation.

Hutton released a statement, explaining the tips had been taken out of context. He said they were published in 2006 for the RAD course, not in response to the Colorado General Assembly.

Similar information was also included in an email sent to students and faculty from Jim Spice, UCCS chief of police and director of Public Safety.

"This site was intended as a reminder for graduates of the RAD program, an intensive self-defense program, and part of a larger discussion of last-resort tactics," the statement read.

While the tips were removed Feb. 19, they have received attention from local, state and national news outlets, including Fox News, CNN and MailOnline, among others.

The incident has also prompted a response from the Student Government Association. Steve Collier, SGA student body president, and April Coffin, vice president, sent a letter to Vice Chancellor Susan Szyrka expressing concerns.

"As a woman, I know the real and present danger of sexual assault," Coffin wrote. "I know that college campuses are not inherently safe, and I know of one reliable defense that I can use to keep myself safe: that is access to a concealed firearm."

She referenced HB 1226 and the tips, explaining both were out of line with UCCS' general respect for student rights.

The letter requested an explanation on why the university "believed this was the best approach for students to defend themselves from an attack" instead of a concealed weapon for students 21 and older.

During a Feb. 20 board meeting at Berger Hall, the Board of Regents voted 6-2 to indefinitely postpone a discussion about concealed carry.

Regent Stephen Ludwig made the initial motion, which was seconded by Regent Irene Griego. Regent Michael Carrigan abstained.

Regents James Geddes and Sue Sharkey opposed and said they disagreed with not taking action. Neither Ludwig nor Griego provided a public explanation.

"I don't understand why we wouldn't take a vote on something like this," Geddes said afterward.

NEWS BRIEFS

>>> A "driving while high" law received a go-ahead in the Colorado House this week, setting standards for how stoned you can be behind the wheel of a car.

The bill, which states that it is illegal to drive with more than 4 nanograms of THC per milliliter of blood, still has to survive another reading and be passed by the Senate, The Gazette reported.

>>> **Senior Siri Undlin**, a creative writing major and anthropology minor, received a Thomas J. Watson Fellowship for her project, titled "The Music in Our Stories."

Undlin will travel to Ireland, Iceland, Norway, the United Kingdom and Faroe Islands on the fellowship. She plans to explore how people use music as a storytelling device in spite of politics, geography, and socioeconomic issues.

Of the 700 people from all over the world who applied for the Watson Fellowship, only 40 actually received the coveted recognition.

>>> **CC professor-authors**, all 107 of them, were honored at an on-campus reception last week, celebrating a variety of published works, from novels to sheet music.

The reception marked the largest group of published faculty and staff ever at CC. The event had been an annual event in the past and was reinstated this year by Jessy Randall, curator and archivist for the Colorado College Special Collections. The next author reception will be held in 2015.

>>> Two seniors were honored last week for their contributions to mental health in the community, according to the college.

Kathleen Carroll and **Brian Wray**, seniors, were named Volunteers of the Year by the Colorado Springs chapter of the National Alliance on Mental Illness. Carroll and Wray managed the group's website, trained advocates, and interned at local offices.

Colorado College was also selected by NAMI as Community Partner of the Year.

>>> The **El Paso County Fair Queen** will be crowned this Saturday at the county fairgrounds north of downtown Colorado Springs.

The contest was postponed twice due to inclement weather. Women between the ages of 18 and 22 compete for the crown and to represent the fair throughout the year.

Contestants will compete in horsemanship, application, public speaking, and personal interview.

THE CATALYST

The Catalyst is a weekly newspaper produced and managed exclusively by students of The Colorado College. Published for the benefit of the college community and the surrounding local area, the Catalyst aims to bring general interest and academic-oriented news, ideas, and opinions into greater collective view—to act as a catalyst for informed debate. The newspaper is published under the auspices of Cutler Publications, a 501(c)(3) not-for-profit independent of The Colorado College.

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CCSGA debate ushers in election

CAMPUS POLITICS

Audrey Wheeler
Staff Writer

This Tuesday, twelve students campaigned at "The Great Debate" for five CCSGA positions next year. Moderated by Ari Glantz, the debate covered issues ranging from transparency and representation, to mascots and costumes.

"It continues to confuse me why it is called a debate when there is no debating actually happening. However, I feel that it is a wonderful way for students to get to know the candidates and see their ability to speak publicly," said Matt Nadel '15, who spoke in the place of presidential candidate David Wright '15.

Each candidate had time for an opening statement, then answered a few questions and scenarios posed by Glantz. Afterwards, the audience was able to raise questions.

Communication between the CCSGA and students was one of the main issues discussed. Participation at CCSGA events has been a constant challenge for CCSGA. This year, food and alcohol were provided to draw students to the debate.

"I want to see CCSGA be a resource for students and student groups. I want CCSGA to be more than just a venue for student groups get funding, because I know that CCSGA has a lot to offer the student body," Allie Romo '14, presidential candidate, said.

When asked how they would truly represent their constituents and communicate across campus, there were several

creative responses.

"Communication between every single student and the president would be done in a survey, with six possible initiatives that students would rank. The website is available to all the people who need it, but it's not student friendly, we need something very, very easy that says 'this is what we're working on,'" presidential candidate Isaac Green said.

"David [Wright] is more than willing to give out his personal information to every student on campus so they are truly represented," Nadel said, responding to the same question.

In regards to gender, last year there was only one woman in the CCSGA council, so there was a focus on drawing female candidates for positions. Five candidates were women this year.

"They went to different sororities and FemCo and recruited, they also recently hosted a 'Women in Government' panel with Brandy Williams, who is running for City Council. [These efforts] encouraged me to run," Ashley Johnson, candidate for VP of Student Outreach, said.

Regarding the questions asked, the candidates agreed that most issues were addressed.

"I would have really liked to see some more factual and 'gotcha' type questions. This would have helped people realize which candidates had done their research and actually want the job. [The debate was] light and fun, but sometimes there need to be some tough questions," Nadel said.

No clear timeline for FAA 'Harlem Shake' investigation

INVESTIGATION

Jesse Paul
Editor-In-Chief

The Federal Aviation Administration still has not cleared a group of Colorado College students and Frontier Airlines of any wrongdoing for filming their in-flight "Harlem Shake" video two months ago.

"The investigation is still open," Elizabeth Cory, a spokeswoman for the FAA, told The Catalyst on Tuesday.

The CC ultimate team performed the popular internet meme during a Feb. 15 flight from Colorado Springs to San Diego on a Frontier Airlines Airbus A320. Flight attendants were aware of and encouraged the students' plans to dance, allowing them to use the aircraft's public address system.

The story of their dance and the ensuing investigation became national news last block when dozens of newspapers, television networks, and radio stations took interest in the story. By the end of sixth block, the students who organized

the dance had faced probing questions from The Today Show's Matt Lauer and were quoted in the Los Angeles Times.

Multiple aviation experts told The Catalyst that the dancing could not endanger the structural integrity of the aircraft and Frontier denied any wrongdoing.

While the FAA says it has not launched a formal investigation, they are still looking into the circumstances of the flight.

"It takes as long as it needs to," Cory said of the length of the investigation. "I am sorry to say I do not have a timeline."

The FAA did not comment on the number of investigators looking into the flight.

Two months later, sporadic media inquiries have continued to surface regarding the event.

"Obviously I hope that this whole situation is solved with the FAA...," said Matt Zelin, the sophomore CC Frisbee team member who filmed the dance. "I don't see...any reason why this should cause any trouble. We asked the staff and they said it was safe."

"Chas" says...

Please use your cell phone in the Chas coffee area or step outside the library.



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CCSGA ELECTION RESULTS

Student Body President

David Wright, Isaac Green (runoff)

Vice President for Outreach

Alli Weibel

Vice President for Student Concerns

Emily Spiegel

Vice President for Finance

Alejandro Salazar, Henry Sackman (runoff)

Vice President for Internal Affairs

Jacob Walden (uncontested)

COLORADO SPRINGS ELECTION RESULTS

Registered Voters: 208,259

Ballots Cast: 82,240

Turnout: 39.49 percent

Council District 1

Don Knight

Council District 4

Helen Collins

Council District 2

Joel Miller

Council District 5

Jill Gaebler

Council District 3

Keith King

Council District 6

Andres G. Pico

QUESTION 1: RAISING TAXES AND TO PROVIDE FUNDING FLEXIBILITY, SHALL THE EXISTING INITIATED 0.10% (ONE TENTH OF A CENT) CITY SALES AND USE TAX FOR TRAILS, OPEN SPACE, AND PARKS (TOPS) ORDINANCE **PASSED**

QUESTION 2: ALL PERSONS HOLDING THE OFFICE OF COUNCILMEMBER SHALL RECEIVE AN ANNUAL SALARY EQUAL TO FIFTY PERCENT (50%) OF THE MAYOR'S SALARY **DID NOT PASS**

Editor's Note: CCSGA Happenings provides our readers with access to information they need to become involved in campus issues. Events and news here are provided by CCSGA and compiled/edited by our staff.

Senior Ariana Glantz discusses working at the Worner Desk, the Passover Seder, #CCToptweets, and running the school.

10 QUESTIONS

So what's your actual last name; Gold, Glantz, Safariana, or Zed?

No comment. Obviously, Safariana.

How was moderating the debate?

Super fun. It was really interesting to hear each candidate's position and responses to the questions posed. It was also great to see such a turnout, especially from Councilpeople Snider and Williams.

How many boxes of matzah did you eat over Passover?

Probably only one. I led a very gluten-free life over Passover, besides beer.

Why didn't you get gluten-free beer?

It's expensive and usually doesn't come out of a keg, so I had to break my covenant with Yahweh for my roommate's birthday. Sorry.

Do you love working at the Worner Desk?

OBVI. Everyone who works at the Worner Desk is a tight family. Lynnette and Diane are like my moms away from home, and it's nice to get first dibs at tickets. I also love to control the music in Worner, seeing people groove to my jams is the greatest.

What do you think about the competition for most #CCTOPTWEETS between @djarisafari and @brooksbooks45?

There may be some bias towards Catalyst writers being quoted in their own publication. Plus, who is this brooksbooks kid. Two first names? Idiot.

Editor's note: There is no bias towards Catalyst writers being quoted in their own publication.

What are you doing after graduation?

I got a job with Teach for America in Memphis, Tenn. I will be teaching high school history or economics. I am pumped to have a job in general, but also to be living in a new part of the country, and to hopefully help close the achievement gap.

Do you own any blue suede shoes?

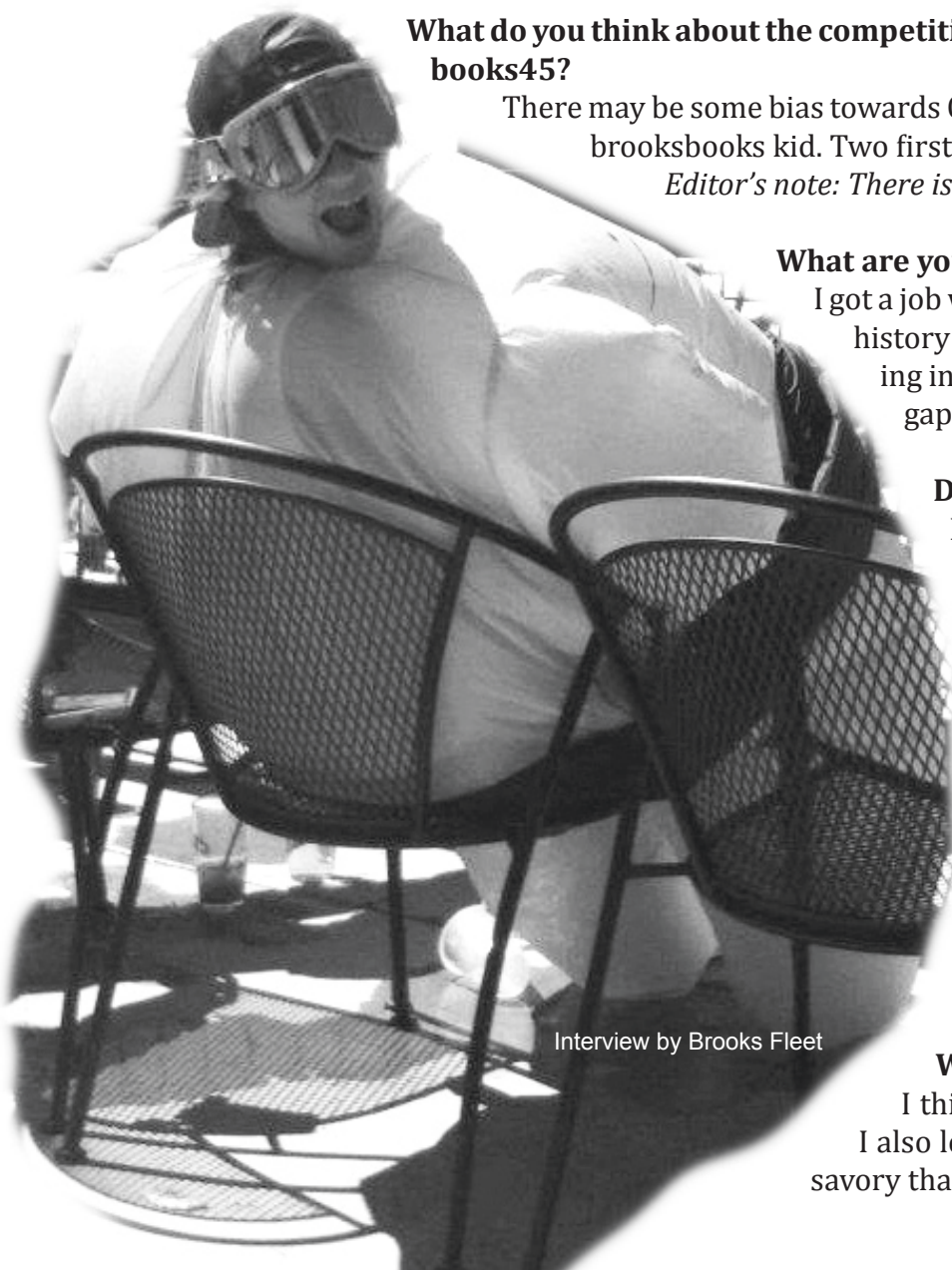
I did! They were in my friend's apartment, and they were doing some spring cleaning, thought they were some biddy's, and threw them out. Cough cough, Paul, Hunter, Brendan, and Elliot.

What's your favorite CC memory?

There are so many that it's hard to choose, especially compared to this interview with you, Brooks. But I do really love CC traditions, like senior champagne on the quad on the final Wednesday – I always cry at that. But my favorite memory is from sophomore year Llamapalooza, going down to ring the bell at Stewart Field at sunrise Sunday morning [was a] perfect ending to Llama and that year. I apologize to the juniors in the apartments for when I do that again this year.

What is your spirit animal?

I think it's an elephant, 'cause I never forget and have funky looking feet. I also love to bathe with others. And my spirit fruit is an avocado; I am more savory than sweet, and creamy delicious.



Interview by Brooks Fleet

#cc top tweets

@Apuuli90 "@ColoradoCollege: CC Receives a Record 5,775 Applications for Class of 2017 <http://www.coloradocollege.edu/newsevents/newsroom/cc-receives-a-record-5-775-applications-for-class-of-2017> ..." woo glad I got in when I did! -- Yesterday

@deertickmusic Frisbee on the quad, anyone? #coloradocollege -- Yesterday

@problmykemia "Have you seem my mermaid" overheard in worner #coloradocollege -- Yesterday

@PPCSolar April 6th Pikes Peak Earth Day partners kick off at The Big Cool Science Festival #Coloradosprings #coloradocollege http://www.pikespeakearthday.org/?page_id=764 -- 7 days ago

@kirawr16 There's nothing I hate more than being at @catalystnews without @JesseAPaul. #littlestconductor #miss you #cctoptweets -Yesterday

@Jwilliamson5795 Something about being a poli sci and history student makes me convinced that I should be named Supreme Ruler. #HiddenCCagenda -- Yesterday

@emamet Advice for new RA's: Do not take Wednesday duty. @mbirdski @vonnielass @BDavis137 @bsmitty101 @tjgreen_3 @sergi0wned @cwhitnah #cctoptweets -- 10 days ago

@LeonColleen At CC, the Birk- accessory of choice is a pair of Birkenstocks, not the storied and famed bag named after Jane Birkin. -- 5 days ago

CAMPUS SAFETY BLOTTER

TUESDAY 3/30

A case of theft was reported at the Synergy House around 2:14 p.m. Items were reportedly taken from a purse at a party, and the case remains open.

WEDNESDAY 3/31

Windows were reported broken at the CC Inn around 1:14 a.m. Campus Safety responded, and the vandalism resulted in an arrest.

An underage student was reported as intoxicated at Mathias Hall around 1:35 a.m. The case was closed and referred.

SUNDAY 3/28

A trespassing warning was issued at the CC Inn around 3:23 p.m. The case was classified as harassment, and was closed and referred.

A case of disorderly conduct was reported at Mathias Hall around 1:05 a.m. Campus Safety responded to reports of persons being loud and turning over a trashcan. The case remains open.

Video Dance Party under scrutiny, but will remain

Continued from page 1

...engage in dangerous behaviors when they see their upperclassmen peers heavily intoxicated and having so much fun," Grubbs said. "We also know that students love VDP, and that many enjoy it responsibly. Many tell us that they feel more connected to the college after VDP night."

Other concerns include the possibility that VDP sets the tone for a drinking and drug culture on campus and that it may not encourage healthy choices.

"Some students, and others, have voiced concerns about Video Dance Party and the way it introduces people to college life and CC culture," Edmonds said. "The last few years, it has [become] a sort of...event that brings out some behavior that may not be the best way to introduce college students to campus life."

However, the Campus Activities department aims to be realistic about the contributing factors and the role school-

sanctioned events play in campus nightlife.

"We understand that canceling an event like VDP likely would not help us to avoid heavy drinking behavior in the first few weeks for some of our new students," Grubbs said. "We have to consider that when students are engaging in risky behavior it can be better for them to do it on our watch."

Some students, such as senior Hana Sayeed, think the party is typically a positive experience for returning upperclassmen, but that its reputation as an opportunity for older students to get together serves to the detriment of its purpose as a way for new students to adjust to life at CC.

"I love VDP, I think it's a lot of fun, I think it's a great reunion for people who are coming back to CC...your senior year, you really look forward to it," Sayeed said. "But I think it's kind of more of an event for seniors. I think we should keep VDP, but I think there should be an alternative that's just for freshmen."

Other students, including senior Reed Snyderman contend that VDP is actually an event that reinforces a sense of community that transcends grade levels.

"I saw it as an incredible opportunity for both underclassmen and upperclassmen to come together in a...dance, video collaboration of ideas and intermingling between classes, to say, 'We are CC' as part of freshman identity," Snyderman said.

P.J. Higgins, a junior, even sees the event as an opportunity for retrospective contemplation.

"Really, I feel like it's a referendum on your growth as a student at CC, every year you go and you see how you've changed," he said. "Freshman year, you're in one place, sophomore year you go back and you've got an entirely new perspective, it was really a good way to keep track of your growth as a person."

Edmonds emphasized that VDP is not being targeted as a singular event, but is part of a multifaceted campus activities schedule that is constantly being scrutinized and reevaluated.

"I'm sure that Video Dance Party, just like a whole bunch of other new student orientation activities, is always getting reviewed, changed, altered, some go away and some don't," Edmonds said. "New Student Orientation has been an event for the past many years, so it ebbs and flows, and some years we try something different."

Perhaps the sole consensus that can be drawn from the CC community is that VDP allows some truly eccentric modes of artistic expression to emerge.

"It makes me forget how bad of a dancer I am," Higgins said.

Funding still uncertain for Llampalooza

Continued from page 1

...sociated with this event, given that it is arguably unhealthy and runs counter to several of the schools core values?"

According to Varanasi, the Llamapalooza Committee planned this year's event based on last year's funding. When the funding didn't come, the committee had to seek other ways to raise money.

"The original amount was low because CCSGA was on the verge of running out of money and decided that the Llamapalooza Committee should look for other sources of funding before CCSGA gave them a larger sum," Vice President for finance, senior Stanley Sigalov, said.

Edmonds has provided \$15,000 of additional funds to add to the CCSGA's originally allocated \$3,700, thus raising the Llamapalooza's budget to \$18,700.

"The \$15,000 was given to the Llamapalooza Committee after Mike Edmonds turned the money from the contingency account (\$30,000) from the Student Activities Fee budget allocation over to the CCSGA," Sigalov said.

Despite the budget concerns, the Llama Committee is still confident this year's event will live up to student expectations.

"At the end of the day, I still think it's going to be a great festival," Varanasi said.

In addition to the \$18,700 allocated to Llamapalooza by CCSGA, there is additional funding that comes from t-shirt and alcohol sales.

"I think CCSGA just assumed that the money would eventually come from somewhere," Varanasi said. "I know they're trying to make the campus more fun with more events, but I think they spent too much too fast."

After all is said and done, the budget should be reconciled to what it was in years past.

"The budget for Llama in the past three years has totaled approximately \$85,000. As of now, the total budget for this year is uncertain, but since the majority of costs are fixed, it should not fluctuate by much from years past," Sigalov said.

"Essentially, the administration had to bail us out. But at the end of the day, the CCSGA were the ones rallying to do something about it," Varanasi said.

The process for funding Llama has always been complicated and also raised problems in the past.

"Llama is planned in an illogical and backwards manner," said Pat Knecht, Executive VP. "The event is planned without regards to a budget. Once the Llama Committee has planned the event, they figure how much it will cost, and then seek out the money. We are currently trying to figure out a way to reverse this trend, and give the committee a budget first, so they can plan the event with regards to the budget."

Tigers Stand for CC



Time to Stand for Tigers Tigers for Tigers Symposium

Tuesday, April 30th
3pm-6pm in Gaylord Hall
Speakers, Free Food & Silent Auction



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7-10 AM Daily

**Breakfast Sandwiches, Burritos,
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COMMENT AND DEBATE

Utah passes gas to commemorate Earth Day

FOSSIL FUELS
Phoenix McLaughlin
Staff Writer

The fossil fuel industry has got balls, I'll give them that.

After the industry's history of doing things like skirting fines for lethal chemical spills in the Amazon, pushing for more offshore drilling while dead birds were still washing up on the Gulf Coast, and making more money than anyone else in the history of humanity by changing the very climate of the Earth, you wouldn't expect their cojones to be news.

But at least in Utah, they've made it very clear: they have no shame. The Utah Division of Oil, Gas & Mining, along with the Society of Petroleum Engineers, Salt Lake Petroleum Section, is sponsoring an Earth Day poster contest for high

school kids. This year's theme, "Where Would WE Be Without Oil, Gas, and Mining?," is stunning.

The entries, they say, should focus on "where we would be without the materials that come from the earth: oil, gas, & mined minerals."

They offer excellent thought-provoking points such as, "coal, oil, and natural gas provide most of the energy we use," and "we use mined materials and petroleum products every day."

Our dependence on those goods is only because we are endlessly enamored with the stand-up companies, such as Chevron, DeBeers, and Massey, that bless our society with these materials and seek to keep them in place as the pillars of our society.

It couldn't possibly be because those companies maintain a stranglehold on the global economy through the manipulation of the political and economic spheres and rampant destruction of the environment in pursuit of incomprehensible profit levels from rent-seeking activity.

Way to blow it, Utah.

Earth Day is the only day we have dedicated to the environment that is at least somewhat popular, and you wasted your chance to draw attention to climate change. I suppose if it were to come from any state, it isn't the biggest surprise that it was Utah.

The state's representative, Chris Stewart, is the new chair of the House Subcommittee on the Environment, and happens to be skeptical of anthropogenic climate change.

The Utah state legislature also passed a resolution in 2010 that challenged the science behind climate change and urged the federal government to stop trying to address it.

The poster contest itself won't exactly have a far-reaching impact - last year's prompt for the contest "How Do YOU Use Oil, Gas and Mining?" received 79 entries statewide - but this year's arrogant prompt still provides a handy opportunity for reflection. The easy answer to "where would we be without oil and gas" is "better off." There still seems to be a general impression nowadays that renewable energy can't meet the needs of the U.S., but there is little evidence to support that claim.

Some U.S. states already get a large portion of their energy from renewables. States such as Idaho, Oregon, and Maine get at least half of their energy from renewable sources, and Canada already gets 63 percent of its energy from clean energy, according to the Energy Information Administration.

But lest we believe that only less-populated places can get their energy from renewable sources, a recent Stanford study laid out a plan for New York State to be entirely powered by renewable sources by 2030.

The National Research Council also recently released a report stating that we could halve the amount of oil used by cars and trucks by 2030 by using more alternative energy powered cars.

In case this all sounds expensive, it isn't. The price of energy from renewable sources is already becoming more

competitive with fossil fuel prices, and that is while subsidies for fossil fuels still dwarf those for the clean energy industry.

When health costs are factored in, switching from fossil fuels begins to seem like a no-brainer - the Stanford study estimated that New York could save \$33 billion in fossil fuel-related health costs each year by going entirely renewable.

When the potential costs of climate change are factored in, getting rid of fossil fuels begins to seem irresistibly cheap.

Maybe the sponsors of the poster competition were looking for a more historical take on what their industry has contributed to the world, and less about how necessary they are for our future.

In that case, I would grant them that the past couple hundred years of growth and development was mostly fueled by fossil fuel and mineral extraction.

However, I believe that it could have been done without the abuse of workers, the exploitation of war, or devastation of the environment.

At the very least, it is reasonable to expect Chevron to pay the fines for poisoning huge areas of the Amazon, or for DeBeers to be held accountable for trading conflict diamonds, or for any major player in the industry to not only admit that climate change is happening, but to take concrete steps to address the issue.

But instead, on Earth Day, the Utah Division of Oil, Gas, & Mining will have a nice 11-by-17 poster from a kid in Utah to distribute amongst friends.



Illustration by Isabel Parkinson

We can't move on from gun control yet

GUN CONTROL
Sam Smith
Staff Writer

Two weeks ago, the New York Daily News received international attention for their provocative front-page article entitled "SHAME ON U.S."

The article came after Congress struck down a nationwide ban on assault weapons.

The cover included pictures of all 20 children killed in the Newtown, Conn. massacre, and was a source of discussion for several news and TV pundit programs, talk radio stations, and many politicians in the days after. It received the heaviest airtime on MSNBC and CNN.

The failure to ban assault weapons shows that Congress has not acted in response to the death of first graders.

Moreover, the lack of conversation surrounding handguns is equally troubling, considering that, according to the National Crime Victimization Survey, handguns account for 95 percent of gun homicides in the United States.

President Obama spoke last Thursday, stating, "Shame on us if we've forgotten about Newtown," adding, "This happened less than 100 days ago," and, "I haven't forgotten about those children."

President Obama and The Daily News are on point.

Their sentiments are echoed by a multi-million dollar campaign by Mayor Bloomberg in support of stricter background checks nationwide.

Background checks, supported heavily by the President, are also popular for the vast majority of Americans (88 percent), according to Gallup.

It's time the United States joins the rest of the developed world and implements strict gun control.

According to the Brady Campaign to Prevent Gun Violence, our death total from firearm violence is three times greater than that of any other developed country.

Both pre- and post-Newtown, the NRA and other pro-firearm lobbyist groups argue endlessly that guns keep people safe.

However, the numbers don't lie. As I've stated in my previous article on gun violence, where I framed gun control as a matter of national security, I brought up numbers from many sources, including the CDC and academic studies in Philadelphia and Chicago.

American gun owners are anywhere from 5 to 46 times more likely to unintentionally kill or injure themselves or someone else than they are to protect themselves against a home intruder if they have a gun in their home.

According to Slate, a whopping 3,300 Americans have died from gun violence in America since the shooting in Newtown in January.

These killings include children in Chicago, teens in Oklahoma, churchgoers in Ohio, and cops in Colorado, California, and Texas. Each day of federal inaction on gun control marks another day of needless death in cities and rural communities nationwide.

Kicking off the Major League Baseball season this week, every team not only had moments of silence in remembrance for the Sandy Hook victims, but every member of every squad wore "Town of



Illustration by Isabel Parkinson

Newtown" patches on their jerseys to commemorate the tragedy.

The event and the policies that it may or may not inspire are still in the mind of Americans. While there is a large spectrum of opinions on the issue and little consensus, there are several policies, like background checks and assault weapon bans that should be implemented as soon as possible, and most Americans agree.

Although handguns remain the main issue, one would have hoped that hot topic news items and popular policies like banning assault weapons and demanding stricter background checks would have inspired more action.

Elsewhere in the world, gun control

measures have been implemented very recently. For instance, in Brazil, a steep dip in homicide has been measured since the passage of a law restricting gun ownership. States like New York, Connecticut, and Colorado have implemented policies like these, which not only poll well, but will save lives. Federal action should be paving the way for even stricter and more effective measures.

Sadly, Congress appears to have moved on from the gun control issue, and while the President and Vice President have claimed they are not going to do the same, it seems inevitable. Newtown has proven to be no different than other mass-shooting tragedies: the government is hardly doing anything.

Walking the walk: Comprehensive sexual health education

SEXUAL HEALTH

Jessica Meyer
Guest Writer

As a fellow with Planned Parenthood Global, the international arm of the Planned Parenthood Federation of America, I have spent the past year advocating for sexual and reproductive rights. In particular, I have been fighting to increase young people's access to comprehensive sexual education. To me, progressive sexual education is a no brainer. While the need is clear, actually providing effective programs for all individuals in a community, a nation, or around the world is a completely different ball game. In my opinion, when it comes to sex education, the debate is not about what should or should not be said, but what must be said. The only tricky part about sexual education is how to teach it. First, we need a definition of comprehensive sexual education. Planned Parenthood states that sex education "teaches about abstinence as the best method for avoiding STDs and unintended pregnancy, but also teaches about condoms and contraception to reduce the risk of unintended pregnancy and of infection with STDs, including HIV. [Sex education] also teaches interpersonal and communication skills and helps young people explore their own values, goals, and options."

So how do we ensure that young people have access to this progressive form of sexual education? I have considered this question both by doing academic research and, this spring, by volunteering with a hands-on organization in Costa Rica.

In my research, I recently found an inspiring resource. In January 2012, the *Journal of School Health* published "The National Sexuality Education Standards: Core Content and Skills, K-12".

The publication is a result of collaboration between four major organizations—American Association of Health Education, the American School Health Association, the National Education Association Health Information Network, and the Society of State Leaders of Health and Physical Education—in addition to 40 major stakeholders in the field.

It provides clear, straightforward guidelines for the core content of comprehensive sexual education and deems the following topics essential:

Anatomy and Physiology, Puberty and Adolescent Development, Identity, Pregnancy and Reproduction, Sexually Transmitted Diseases and HIV, Healthy Relationships, and Personal Safety. In my volunteer work, I wondered if the programs I was working with could actually implement the content guidelines. La Asociación Demográfica Costarricense (ADC), the Costa Rican branch of International Planned Parenthood Federation (IPPF), has a standardized video that they show in every 'charlar', or chat, they have with a group.

The video has no words, while the story follows the different situations faced by a teenage couple as they try to decide whether or not they should have sex.

It brings up a variety of different topics including ways parents may go about discussing sex with their kids, different resources for birth control and STD prevention, and what factors a couple may consider when deciding if they want a baby.

The ADC shows this video in every community they work with, from the private schools in the cities to illiterate children who work and are unable to attend school. Where the conversation goes after the video is how the ADC works to tackle the differences that each community has, and make an effective curriculum. Lindsend, the ADC employee I worked with, expressed that the key to success was to hear people's questions and evaluate how to cover necessary topics from there. She could only prepare so much beforehand; from there on, it's based on reacting to every new situation and discussion. "There are no recipes for success," she said. At first this seemed to be a very practical solution, but I found it difficult to apply to my own experiences. I attended public primary school, and hadn't grown up comparing my sex education experiences to others at the age of 12, so comparing my past experiences to sexual education practices in Costa Rica is tough.

But now, I seem to have every sexual education opportunity at my fingertips, thanks to my college campus and the services it provides. Sex education and discussions during college became a topic I could use to compare and contrast my experiences and those of my peers. I began another research project, asking peers around the country at other small liberal arts colleges about their sexual education curriculum.



Illustration by Kelsey Skordal

Their stories seemed very much the same. "Skiddy LOVES sex," said one friend, in reference to Skidmore College and then explained a rather similar experience to my own.

Bates College in Lewiston, Maine, held a 'Party with Consent' dance, which had the same surplus of condoms I was used to at Colorado College. Even friends at larger schools seemed to express similar experiences.

University of Michigan's Sexperteam taped condoms to their doors for students to take. Many felt that their colleges assumed that high schools had taken care of sex education, and that their institution focused on providing services such as condoms and STD testing. Though providing these services is a start, it raises the question: does this "one size fits all" mentality work in college, when we have not quite reached the level of rationality in our primary educational system?

Sexual education needs to start at a younger age, from Costa Rica to the United States.

If we are going to treat all students' sex knowledge equally once they arrive in college, we need to make sure they really have been created equal.

The need and right for access to comprehensive sex education extends infinitely, and hopefully soon will no longer be something we have to fight for.

As a youth advocate at the UN Commission for Population and Development in 2012, I am proud to say the outcome document from that gathering included support for young people's right to comprehensive sexuality education, and access to sexual and reproductive health services.

But this document and many others are just the beginning.

As Commission Chairperson Ambassador Hasan Kleib of Indonesia said in the closing statements, as nations "we now have to walk the walk."

The phrase "Islamic Terrorism" should be used with caution

CURRENT EVENTS

Tim Bruns
Staff Writer

What do you know about Islam? If the extent of your knowledge on the world's second largest religion is informed mostly by the American media then, I will argue, you have been largely misinformed.

According to the Pew Research Center, in 2010, 23 percent of the world's population, 1.6 billion people, identified as Muslim. However, the number of Muslims associated with acts of terror constitutes a tremendously small minority. The American media would have you believe differently.

The problem arises when the words "Islam" and "terrorism" are associated with one another. It is dangerous and unfair to affiliate Islam with terrorism when the vast majority of the world's Muslims have nothing to do with com-

mitting acts of terror! This may seem obvious to you, an educated Colorado College student, but the American media makes the association between Islam and terrorism often and with impunity.

In 2001, political pundit and columnist Ann Coulter said; "Not all Muslims may be terrorists, but all terrorists are Muslims." As it turns out, Coulter's statement was terrifically uninformed. According to a report published by the Federal Bureau of Investigation in 2005, groups that identified as Islamic conducted only six percent of terrorist attacks that occurred on U.S. soil between 1980 and 2005. The study revealed that attacks by Islamists were exceeded both by extreme left wing groups like the Earth Liberation Front and Jewish extremist groups like The Jewish Defense League.

Ann Coulter's statement is indicative of a trend that pervades the American media. Next time you are watching the

news, see if you notice the anchors or pundits using the phrase "Islamic terrorism" to refer to acts of terror conducted by individuals who claim to be Muslim. The frequent usage of the phrase is alarming.

A man who was purportedly Christian was responsible for the Sikh temple shooting in August of last year. However, the media coverage did not refer to the incident as "Christian terrorism." Additionally, the conflict in Northern Ireland during the second half of the twentieth century was waged between Protestant unionist and Catholic nationalist communities. The acts of terrorism committed by groups like the Irish Republican Army were not generally referred to as acts of "Christian terrorism," though the perpetrators were Christian.

Labels like "Christian terrorists" for the IRA or "Jewish terrorism" for the Jewish Defense League unfairly portrays

the vast majority of the followers of those two religious traditions.

The phrase "Islamic terrorism" is especially dangerous in the U.S. where the vast majority of Americans have little knowledge of Islam. When used in the media, the phrase causes viewers to draw parallels between an otherwise peaceful religion and violence. Often, this is not the fault of the average American. Recent blockbusters like *Zero Dark Thirty* and *Argo* featured bearded, gun-toting Islamists as the enemy. In the parlance of political psychology, the American media "primes" its audience to view Muslims in a negative light.

Pay attention the next time you watch major network coverage of terrorism committed by groups that are purportedly Muslim. Ask yourself if you think the reporting is fair to the majority of the world's 1.6 billion Muslims who live peacefully.

Quony: The hearts behind the tournament

cont. from pg. 1

...spring before the matriculation of the current senior class, and died of a heart condition that September. Spirito graduated in December of 2010, and died the following November after a valiant three-year struggle with lung cancer. Both men were varsity athletes; Spirito was rostered on the men's lacrosse team, and Quon was rostered on both the men's lacrosse and soccer teams.

It's hard to be a young person and have two people you went to college with die at such a young age. "It's just not what's supposed to happen," Spirito's father, Dr. Anthony Spirito said. "It's not a typical way you think of graduating - to be exposed to that right away."

But on the other hand, the Quony Cup is an opportunity for their families, friends, teammates, and the community of Colorado College - the place they loved most - to have a blast together, celebrate the lives of these two young men, and raise money for a good cause: the American Cancer Society.

The 6v6 soccer tournament took shape as the Quony Cup after Quon's death, but the tournament is actually a brainchild of Quon himself.

During Quon's junior year he had an idea to hold a soccer tournament to raise money for cancer. Both of his grandfathers had battled the illness and the gregarious young athlete wanted to get a group of friends together to play soccer, drink beer, listen to music, and raise money for a good cause. And, so was born the "Answer to Cancer."

"The Answer to Cancer to me is like Chris in a nutshell. It wasn't supposed to be or turn into the Quony cup obviously, but basically Chris wanted to raise money for the American Cancer Society but at the same time it's noteworthy that deep down he wanted to get people together to have a good time," Toby Cohen '10, Quon's best friend, and driving force

behind Quony Cup.

"I remember him running around like crazy, which was a great experience for him because he didn't know how much red tape you have to go through to put on a fundraiser," Quon's mother, Diane Quon, said.

All proceeds from the event were donated to the American Cancer Society.

"It was not as big of a turn out as now, but he was really happy with it and everyone had a blast." Cohen said.

Year one.

Spirito was diagnosed with lung cancer over Christmas break of his junior year, and took that spring semester off to undergo treatment.

"From the very beginning, Evan's goal was to only miss that one semester. Once treatment stabilized, he was able to do that. It goes to show how important it was for him to be back at CC and to be with his teammates and friends." Dr. Spirito said.

The news of Spirito's diagnosis made Answer to Cancer even more significant for Quon. All of the proceeds from the second year of Quon's tournament went to a fund at Penrose Hospital for young people living with cancer who had trouble paying for food and rent after hospital bills.

Year two.

Quon's unabated drive to do - that is to be active, on and off the field; to be involved and to get others involved - was exemplary and honorable.

"He was the hardest worker, the best friend, and was always looking to give back without undo thought of gain. There was never anything in it for him; it was just part of who he is - giving back to CC, back to a good cause, and at the same time gathering people he loves, chilling out, playing soccer, and drinking beer." Cohen said. "And it wasn't that he scratched the surface with those things, he was the best in each."

"I think Evan and Chris shared some of the same qualities. They were kind,

gentle spirits, and loyal, caring friends. Evan supported Chris' event before he was diagnosed with cancer and Chris supported Evan in many ways, including the cup, after Evan was diagnosed with cancer." Dr. Spirito said.

Quon's sudden death was devastating to the community, and put an end to Answer to Cancer. However, his friends, family, teammates, and coaches quickly came together to ensure that his legacy would continue to be a model for others to follow. The result is the Christopher Quon Foundation, and our beloved Quony Cup.

"His teammates wanted to do it. It showed us the bond they all had, as well as the positive influence Chris had had. The coaches - even with turnover in lacrosse - have been phenomenal." Mrs. Quon said.

Soccer coach Horst Richardson has been at Colorado College for 47 years, and though lacrosse coach Jeff Woods is only in his second year, he knew Spirito from a young age, and acknowledged the perpetual relevance of what the tournament stands for.

"I see it touching a lot of people and extending the reach beyond who just knew Evan and Chris. It's really important to keep talking about it, to promote the event, and to know what it's for. It's well beyond just a soccer tournament," Woods said. "I think it's important for our guys to know who Evan and Chris were, even if they didn't know them personally."

Logistically, putting the event together is demanding and exhaustive. The Student Athletic Advisory Committee (SAAC), is responsible for organizing the event, and the commitment is year-round.

"We met a week after the event last year to have a conference call to see what we did right, what we could do better, and to look toward scheduling for this year," SAAC member Marika Viragh said. "We had to make sure a lot of logistics were solidified before Christmas break in terms of reserving fields, audio equip,

getting word out to alumni, and asking for donations."

It speaks to the spirit of both men that enthusiasm for the event has not wavered.

"The deaths of Evan and Chris may have resonated more with the athletic community than the general community, but I think any chance for everyone to get together and collaborate is special here." Viragh said.

"To me, this year is so important because this is the first year that no one knows Chris, and the fact that it is still on campus and going on is what Chris would have wanted and why we've put so much effort into it." Cohen said.

Next year, however, is a whole other ball game, as there won't be any students that knew either athlete personally. But Coach Woods' words resonate, as it is well beyond just a soccer tournament.

"The day we found out about Chris' passing was after we lost to Trinity in overtime. I remember [coach] Horst came up, he was already in tears, and said, 'What I'm about to tell you is way bigger than what happened on this soccer field.' I hadn't even heard the name before he told us, but seeing how emotional [senior teammates] Chris Ellis, Trevor Cobb, David VanSicklen were. I just knew instantly how much Chris meant to all of them. I was stoked on the idea that there was going to be a soccer tournament, and a way to get everyone involved and aware that capitalized community at CC." said Daniel Wright, SAAC member and senior soccer player.

The anticipation for Quony Cup is at its height as the Quon and Spirito families, along with alumni and students alike, travel from all over the country to celebrate this weekend. People return to campus to play in the cup, to party, to remember Quon and Spirito's love for life, and to raise money for cancer research. It's an admirable way to deal with such devastating loss.

cont. on www.catalystnewspaper.com



Clockwise from top left: Chris Quon and Toby Cohen and friends on Washburn Field after a win. Quon dribbling down Stewart Field. Evan Spirito and his housemates on graduation day. Spirito shredding down Washburn Field. Spirito and girlfriend Anne Fallon '10. Photos courtesy of Colorado College Athletic Department and Toby Cohen.



Women's soccer: Leaders rise and individuals shine

W. SOCCER

Thomas Crandall
Staff Writer

With six seniors, including key players Brittney Lyman (forward) and Hanna Berglund (goalkeeper) graduating, the Tigers see the spring season as a transition time to adjust to current personnel. While playing without the seniors the team has an opportunity to reform and experiment before the heat of competition next fall.

"The spring season is a time to work on things, and especially coming off a really successful fall season, it sets a really high standard," said sophomore forward Rachel Herron.

After placing first in their conference and qualifying for the NCAA tournament, the Tigers historically accomplished one of their best seasons. With only five games in the spring season, they hope to improve upon their 0-1-1 record while grooming players for leadership in the fall.

"We've been experimenting with a few [formations] this spring because of the personnel who are graduating; we have some big shoes to fill in certain spots," junior defender Kecia Morway said. "It's a time we can experiment and hopefully we'll find what works best for the fall."

The Tigers fell to the Air Force in the first spring season game, and set out to

readjust their formations. In their second game against CU Boulder, they started by playing a 4-3-3, with four backs. After going down a goal, the Tigers decided instead to try a 3-5-2 to push up the field in attack. The strategy worked as senior defender Katie Uyenishi scored the equalizer, and due to the successful pressure, CC looks to continue training in that formation.

"It's supposed to help with numbers," Uyenishi said. "One of the issues we've had is not getting enough people into the box when we have service, so with two forwards and five midfielders, we should have at least four people in the box at all times."

Losing the dominating senior center midfielder Hannah Peterson leaves the team in need of more presence around the midfield, and in transition offense. A formation with five players in the middle leaves only three defenders, compared to the Tiger's usual four, so the formation shift does have potential limitations and challenges on defense, particularly in transition.

The seasoned back line of Morway, Uyenishi, and Junior Sarah Haizlit (left to right) feels confident in the change.

"Geoff still wants Sarah and me to join the attack, but that just leaves us very vulnerable in the back. [If] someone loses it, we're running back, but if we can

keep the ball and get forward, that's not an issue," Morway said.

"If we're spread out, we're supposed to drop in. Maybe we'll be exposed wide, but Sarah Haslett and Kecia Morway are good one v. one defenders, so if we can prevent service then I don't think it will be an issue," Uyenishi said.

Communication and coordination become especially important with any new formation. Midfielders will need to track runners back, and there will need to be constant, direct communication with the goalkeepers. Keepers will also need to play more aggressive, technical sweeping.

"We have to take on a different role where we play a lot higher on the field, so we are using our feet a lot more, cutting out a lot of the through balls instead of staying back on our line," freshman goalkeeper Kate Scheele said "We're going to be able to connect better with the back field. Before we worked in blocks, so now it's more of a unit."

Trust between the back line and goalkeepers will be crucial.

Beyond team development and bonding, the spring season also offers opportunity for players to develop individually. The team has more lifting sessions and coaches have more practice time to hone in on technical work.

"In the spring, coaches have more time

to help individuals develop as players. We get the chance to work out the kinks," sophomore Mary Bowman said.

"Spring season is definitely a lot more physically taxing because we work on a lot of fitness. I just want to become really technically strong and work on myself," Seeley said.

The team will welcome three new freshmen for next year's fall season: a midfielder, defender, and forward.

"I want them to come in and if they earn a spot, they earn a spot. There's no separation between classes if you're good enough to be on the field. Hopefully they can come in with that confidence," Morway said.

Going into a new season and a new CUSA Conference, welcoming new teams and splitting into a West and East Divisions, the Tigers look to continue towards the conference and NCAA championship. Although the spring season is not as formal or competitive as the fall season, the team enjoys the low-pressure format as a way to gain playing experience and transition to individual training over the summer.

"I've been enjoying the sessions every day. It's intense; it's so competitive. It's just been fun getting in, getting stuck in. We've been kicking each other for weeks, and it's going to be fun to play together," Uyenishi said.

Adam F. Press Center Group fitness and yoga classes

FITNESS CENTER

Marika Viragh
Staff Writer

The new Adam F. Press Fitness Center is buzzing with the many members of the student body. The 15,000-square-foot active space has drawn in groups of students since opening at the beginning of seventh block. One space in particular will continue to draw a niche of students and satisfy the demands of the athletic diversity characteristic of CC students: the multipurpose room.

The multipurpose space will be host to both group fitness and yoga classes. Intramural director Chris Starr noted that an idea for a space like this one has been in the works for a very long time.

"For the past 15 to 20 years, every time we did a survey for the student population regarding their wants for spaces on campus, the three most popular responses were fitness center, an informal gathering space, and a workout studio," Starr said.

This space is the culmination of results of student surveys, the overwhelming demand for yoga spaces on campus, and the growing popularity for student-run fitness programs.

As plans for the fitness center began to develop, Starr, Athletic Director Ken Ralph, and Senior Associate Director of Athletics Greg Capell teamed up with the architect to share information about the demands and needs of the student body, athletic department, and their vision for the space.

One key result was the 1,100-square-foot multipurpose room, complete with a 180-degree view of Pikes Peak, yoga mats, bolsters, and various new props. With the new space complete, it will be home to a number of classes every day, including yoga, hard-core abs, core conditioning, employee-only yoga, and slackline yoga.

"The fact that we finally have a space

that is ours for yoga and other classes is really exciting," said Sarah Hutcherson, student yoga instructor and leader in the planning process. "We had a number of troubles in the past few years establishing a consistent space to practice. Now we have a clean, warm, and beautiful environment."

"The involvement of yoga and these types of fitness classes is something we have not been able to fulfill until now because we did not have the space for it. This space allows for informal programming at full capacity," Starr said. "There was a strong contingency of people already doing yoga on campus. I met with a few of them to plan how we could formalize this and offer a program to the student body."

While there are a number of classes currently offered by students in the multi-use space, the potential for the variety of programs to expand is great. Students and faculty have expressed interest in Zumba, circuit training, cardio kickboxing, tai chi, and other types of core conditioning classes.

These classes are student-run and taught.

"In addition to the great aesthetics, the new space has eliminated previous scheduling challenges, and has created the potential for yoga workshops and increased participation at many of the classes," yoga instructor Meridith Antonicucci said.

The space also has the potential to serve as a space where teams can gather after home night games and host social hours. It is adjacent to the terrace where students and fans can spend time watching a game or on a beautiful Colorado afternoon.

Starr is open to new program ideas and ways in which the space can be used. Questions and concerns should be directed to Chris Starr at CStarr@ColoradoCollege.edu.



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S Summiting volcanoes: Spring break

CLIMBING

Kayla Fratt
Staff Writer

Colorado College students are not known for stereotypical Spring Break shenanigans, and two weeks ago, a group of five students exemplified the outdoorsy spirit of CC by spending ten days evaluating avalanche conditions, skiing sixteen miles up a road decked out in full mountaineering gear, and summiting a volcano before skiing down untracked powder.

With 26 major glaciers, Mount Rainier, located near Seattle, Wash., is the most heavily glaciated mountain in the lower 48 states. Making it to the top of the mountain, which is actually a tall, layered type of volcano called a stratovolcano, was the main goal of Spring Break for sophomores Zach Keskinen, Dan Butler, Nick Bernstein, Edward Crawford, and Chris Van Dusen.

Keskinen, Butler, and Bernstein applied for a Ritt Kellogg Grant as a group to summit Mount Denali in Alaska this coming summer and hoped that attempting a summit of Mount Rainier would provide them with good practice. Although Keskinen is an ice climbing guide in his native Alaska, and Butler only began ice climbing this year, both students have not had much experience in mountaineering.

The group of boys spent their first week in Seattle waiting as it rained and rained, in true Northwestern style. As they hoped

for a window of good weather, they passed time doing day trips to backcountry ski in the North Cascades and Snoqualmie. Snow fell in the mountains after days of rain, creating very unstable avalanche conditions.

About 0.02 percent of climbers who attempt a summit bid of Mount Rainier die each year during their ascent or descent. As far as mountaineering goes, that makes Mount Rainier a relatively safe mountain to practice on; roughly four percent of climbers die on Mount Everest, and 1.7 percent die on Mount Denali, the mountain that Keskinen, Butler, and Bernstein hoped to climb this summer.

"The low point was a roundtrip 16 miles of skinning on a road in an attempt to get to a trailhead in the North Cascades only to wake up in the morning and decide the avalanche danger was too high," Bernstein, a neuroscience major, said. "We decided to not do Mount Rainier because we never got the weather window we wanted, and seeing as how none of us knew the terrain even with topos and being able to shoot a bearing we didn't want to get whited out."

The decision to turn around after skinning – using sticky bases on alpine skis to ski uphill – for 16 miles and looking forward to reaching the top of this mountain for months was a difficult one. However, because none of the group had been on the mountain and they only had topographic maps, a whiteout was a risk they

weren't willing to take.

Mount Rainier takes two to three days to summit for an average group, and a brief window of good weather on the last Friday and Saturday of the trip probably wouldn't have been sufficient, especially if the weather changed quickly and trapped them on the mountain for the beginning of seventh block.

A few days after their thwarted attempt on Mount Rainier, the group woke at 2:15 a.m. and drove three hours to the base of Mount Saint Helens, a smaller sister of Mount Rainier. After breakfast, the group started skiing up, reaching the top around 1 p.m. and turning around to see its one-mile-wide caldera smoking through all the snowpack before getting the privilege of skiing down 5,800 feet of untracked powder.

Keskinen, a geology-chemistry double major, said, "We had pretty good route-finding until we traversed over too far and hit very hard wind slab for around a quarter mile or so. We had one section of 70-80 degree windslabbed snow, but that was the most extreme [route] we encountered."

Although the group did not complete their original goal of summiting Mount Rainier, Butler pointed out that the really high-energy and positive group was a lot of fun regardless, and his first time on the big terrain of Mount Saint Helens was a great experience as well.



A group of five CC sophomores spent their spring break in the snowy northwest where they attempted a summit bid of Mount Rainier. However, due to dangerous conditions, the group spent most of their time doing day trips of backcountry skiing. Their final weekend was spent getting to the top of nearby Mount Saint Helens, an inactive volcano in Washington. Photos courtesy of Zach Keskinen



teered for the remainder of the day. Other CC students who raced included freshmen Austin Eide, Max Conlon, and Rhys Louis.

"I learned that bike races require a ton of planning and they are extremely expensive. Before this I had only competed in races, and now I know that there are months of behind-the-scenes planning to get races like this to happen," Beutel said.

"AJ Grosenbaugh, [junior] Adam Miller, and I have been planning this race since December," said junior Emily Guffin, who helped coordinate the event. "It takes a lot of work – you need to get a special events permit from the city council, find a barrier company to close off the roads, hire policemen to watch the race/tow cars that haven't moved by race morning, talk to USA Cycling to get all the necessary forms, timing equipment, and officials, get volunteers...[It's] a lot!"

Guffin has road raced for about four years and also mountain bikes. Volunteers enjoyed the sunshine as they watched the racers fly past. Their primary duty was to keep cars and pedestrians out of the race course for the safety of the bikers.

"I did not know anything about cycling before that morning, but I left with a better understanding of how the races are organized, and a few of the variations of racing," said Megan Masuret, a sophomore volunteer.

"The bikes would come in wide for the turn and then whip around the turn, leaning almost 45 degrees. As a pack, the cyclists make a unique noise – its almost a hum, made of the whir and click of pedals, the huff of hard breathing, and the scratch of gravel under thin wheels," said Betsie Hopper, another sophomore volunteer.

"The sound was like this awesome whirr as they'd go by and my stomach would kind of jump up into my throat as they got super, super close to the curb and got low as they came around," said Sawyer Connelly, a junior volunteer.

"At one point in one of the men's races, one of the racers flipped over his handle bars, falling to the pavement and causing the racer behind him to also fall," said Masuret. "Both racers were fine and actually rejoined the race on the subsequent lap, but there was definitely a moment of shock that took over people standing nearby."

There were no big accidents to report and the rest of the races ran smoothly.

"We seriously could not have done it without all our volunteers. This was my first time planning something as big as this, but we're definitely planning on doing it again next year and possibly even hosting a cross-country mountain bike race weekend in the fall," Guffin said.

Hopefully the 70-degree sunshine returns next year as well.

Ice of the Tiger

HOCKEY

Alex Woolford
Staff Writer

It's that time of year again – ice is melting, grass is growing, flowers are blooming, and birds are chirping. In other words, hockey season is coming to an end and it's time we shift our focus from the ice to the fields.

Only eight colleges are left rooting for Men's Division I winter sports: the Final Four and the Frozen Four.

My guess is that most of you filled out a bracket, and can name every team remaining in the Final Four because you guessed they'd be there – Louisville, Syracuse, Michigan, and Wichita State.

The Frozen Four is a completely different story. When we think of the Frozen Four, we think of Michigan, who has made it 24 times; we think of BC, 23 times; BU, 21; Minnesota, 20; and maybe even our own Colorado College Tigers who have made it 10 times.

This year, however, three of the four teams remaining are making their Frozen Four debut – Quinnipiac, U Mass – Lowell, and St. Cloud State. And the fourth team? Yale. They've made it to the Frozen Four only once before...in 1952! Talk about a bunch of bracket busters.

(Yankees fans I hope you get the reference).

Both the Men's and Women's lacrosse teams were on the road over the weekend, but I was able to log some time in the bleachers at SOMETHING (I'll get the name for you) Field.

For those of you who don't know what that is, it is where our club baseball team plays. And for those of you who didn't know we had a club baseball team – you do now. A makeshift group of individuals make up the Colorado College Tigers baseball team. This team is student run, but boasts a plethora of leadership. Coach, captain, starting pitcher, and stud shortstop senior Will Allenbach has an abundance of responsibility creating a schedule, putting a team together, and assigning positions. Not to mention his role in the field.

Over the weekend, Allenbach stood tall on the mound for a grand total of 13 innings. Over the span of about 20 hours, Allenbach threw 233 pitches, which would have shattered Tom Cheney's record for most pitches in a similar time period, were CC's club team in the Major League. Cheney set that record in 1962.

Clearly, the Tigers have taken the exact opposite approach to the Washington Nationals, and as Allenbach put it, "Stephen Strasburg ain't got nothin' on me." Unfortunately for Mr. Allenbach, the National's team trainer recently reported that Tommy John surgery is imminent.

The Tigers lost the first two games of the series in embarrassing fashion, but showed the fans a sense of urgency and resilience by taking the third and final game 7-2.

More to come, baseball fans.

Classic brings crowds to Cascade

CYCLING

Emma Longcope
Staff Writer

Under cloudless skies last Sunday, March 31, collegiate and professional racers in sleek uniforms, CC students clad in flair, race volunteers, and children dressed as bumblebees or wearing neon costumes gathered for the annual Colorado College Cycling Classic bike races.

The race was a criterium, meaning racers completed laps around a short circuit for a certain amount of time (the amount of time and amount of laps depended on the category of their race). The collegiate races were in the morning, while the afternoon races were open to the public. The cyclists followed a course south down Cascade Avenue, northwest down Monument, up Cache la Poudre Street past the Worner Center, and north on Cascade again. All cyclists within a race finished on the same lap, making for exciting all-out sprints to the finish line.

"The short circuit and short race time means that racers will be averaging in upward of 25 mph for anywhere from 30 minutes (for lower category races) to 90 minutes (pro races)," explained freshman Alex Beutel.

Beutel, a member of the CC Cycling Club, volunteered to set up the races early in the morning, even though he also raced in the Men's Collegiate B category, then volun-

COLORADO COLLEGE

Environmental Education Certification Program SUMMER SESSION 2013

What is the Colorado College Environmental Education Certification Program?

- EECP allows participants to achieve the competencies required by the Colorado Association for Environmental Education (CAEE), and an opportunity to earn a certificate in environmental education
- EECP is an intensive summer study program that takes advantage of our Colorado summer outdoor environment of the Rocky Mountains
- EECP is three and a half college summer courses, taken together, that provide a balanced perspective of social and natural sciences blended with research and pedagogy
- EECP is a collaborative, interdisciplinary adventure for those interested in educating our youth about environmental issues
- EECP is the next step for the environmentally minded students to beginning a fulfilling career after college

CREDIT: Three and a half Colorado College courses (3.5 units) or 14 semester credit hours

SCHEDULE: Students enroll at Colorado College for nine weeks, or, if final certification is not desired, students may enroll in one or two courses individually (three weeks each)

COST: Tuition for one block in the summer at CC is \$3,125. Each course has an additional small program fee attached for the extra field trip costs

HOW TO APPLY: CC students can sign up for one, two, or all courses by filling out summer ADD slips at the registrar and paying course deposits with student accounts

COURSES:

EV120: Ecological Restoration, Ecology, Philosophy, and Society
1 CC unit • Program Fee: \$240, field trips include local day trips and overnight to CC's Baca Campus in the San Luis Valley Ecological restoration aims to assist the recovery of damaged and degraded ecosystems. The practice of ecological restoration integrates science with social, political, economic, and ethical considerations. This course examines ecological restoration from an interdisciplinary perspective, providing an introduction to key concepts in restoration ecology, philosophy, and social science. We will also explore the practice of ecological restoration in Colorado, visiting restoration sites, and participating in restoration projects as a class.

BY100: Grasslands to Glaciers – Ecology and Climate in Colorado
1 CC unit • Program Fee: \$450, covers overnight field trips to the Western Slope. Students will learn to characterize climate and biodiversity in various environments throughout Colorado and gain a regional understanding of how climate affects plants and animals.

ED203: Environmental Education (with two-week summer camp for kids)*
1 CC unit • Program Fee: \$150 covers daily field trips to Catamount Institute and other locales. Environmental education is the process of understanding human interdependence with ecological systems. This course focuses on the purpose of environmental education, the development and evaluation of curriculum that informs ecological literacy, and teaching methods specific to this educational field. Critical examination of the scope, sequence and techniques of environmental education including trends such as multicultural and urban environmental education are explored.

EV 491: Environmental Science Practicum

.5 CC units • Students develop a portfolio that addresses five major themes: Environmental Literacy, Foundation of Environmental Education, Professional Responsibilities of the Environmental Educator, Planning and Implementing Environmental Education, Assessment and Evaluation. Students will meet with their advisor in assisting the development of the portfolio for submission to the Colorado Alliance of Environmental Educators. Course must be taken P/NC.

Questions about the Colorado College Summer Session?

Contact: Laura Foster • (719) 389-6655 • laura.foster@coloradocollege.edu

Questions about the Colorado College Education Department?

Contact: Gerri Anne Reed • (719) 389-6330 • gerrianne.reed@coloradocollege.edu

Questions about Environmental Education and Certification?

Contact: Professor Mike Taber • (719) 389-6026 • mike.taber@coloradocollege.edu

“The Environmental Education Certification Program is a great way to figure out who you are, and to learn about your own personal limits, about how you perceive the world around you.”



Eating Disorder Awareness Day: True tales of battling for control

MENTAL HEALTH
Anonymous
Guest Writer

It is a simple blueberry muffin: fresh, warm from the oven, crowned with a perfectly browned top and covered in sugary crumbles. It looks and smells delicious. Any normal person would enjoy this delectable bakery item as a breakfast treat or midnight snack. Not me. Muffins in general, and this muffin in particular, terrify me. In fact, I am afraid of anything that contains significant amounts of fat or sugar. I sit defiantly in my chair; arms crossed, mouth tight, looking straight ahead, and make sure my gaze avoids that buttery monstrosity. I refuse to let even one crumb of the blueberry goodness slither down my throat. There are rules that I follow, and breaking a rule was not an option today. The blueberry muffin was off limits.

"I really can't do this," I say to Tina, the ditzy psychologist-in-training. She gives her impeccable blond head a shake and sighs, "Yes. Yes, you can. One bite at a time."

I stare down at the muffin, my anxiety heightens, and my head starts spinning with questions. Was it my imagination or had the muffin grown bigger? How much butter had the bakers used? Were those real blueberries? How many calories from fat were in this muffin? I feel frantic and desperate as the tears begin

to well in my eyes.

"Please. I can't," I begin to cry. Tina starts to pat my back, as if that is supposed to suddenly make me feel better. It is a rather ridiculous sight: underweight girl swallowed by sweatpants and a hoodie while the ignorant intern attempts to reassure her that the bakery item is harmless.

I know there is no choice. Eventually, I am going to eat the damn muffin. The alternative, which involves a nurse shoving a feeding tube up my nose and down my throat while a machine pumps god-knows-what into my system, is a fate so painful I would not wish it on anyone. Defeated, I sniffle, blow my nose into a napkin, tear off a chunk of muffin and put it in my mouth. The moment that blueberry goodness touches my tongue, another voice enters the conversation.

"Fatass. You can't control what you eat, can you? You think these people are trying to help you? They're just going to make you fat. You were doing fine before. Since you've been 'in recovery,' you have just gained weight. You haven't gotten healthier. If you keep eating like this and losing control of food, you will lose control of your entire life. If you eat this muffin, you will--"

The relentless voice goes on and on: insulting, harassing, degrading, and persuading. It can convince me that an apple will make me gain 10 pounds, or

that if I don't exercise every day that I will surely turn into a blob of useless gut. It also makes sure I know that I am a terrible student if I do not get an "A" in every class. I must be the perfect daughter, who always answers to her parents' beck and call. The voice demands perfection in all aspects of my life.

I continue to tear off and eat pieces of muffin, and the voice continues its tirade: "You are disgusting: a failure, a fat, ugly piece of--"

I finish the muffin, walk out of the cafeteria, and down the hall, where I curl up into a tiny ball and proceed to cry and curse the muffin and Tina for making me eat it. It's easy for Tina to cheer me on as I battle my way through the hellish snack because she has never lived with an eating disorder. She has never spent months in a hospital, gone through the physically painful process of "refeeding," and been forced to give up the one comfortable, familiar, and controlled aspect of her life. To me, my eating disorder was my life, my identity, and I was in the process of losing it.

While my rendition of the muffin fiasco is actually a lighter rendition of the reality of the experience, I do not want to minimize the devastating quality of eating disorders. People with eating disorders are not shallow, close-minded, and wrapped up in physical appearance in the way one without the disease might

Eating Disorder Awareness Day

APRIL 12TH 2013

WORNER QUAD!
"EVERYBODY KNOWS SOMEBODY"

Illustration courtesy of Maggie Ruble.

The author has asked to remain anonymous due to the sensitive nature of the personal information shared.

To read more stories visit catalystnewspaper.com

think. What is really hiding underneath the obsession with food, weight, and size is much deeper and more complex than simple vanity. Beneath the façade is dissatisfaction and discomfort with existing in this world, and the despair that, no matter what, one's efforts will never
Continued: life page 16

Senior art thesis preview: New openings for third week



Conway utilizes found natural objects in his work. Photo courtesy of Dylan Conway

Dylan Conway will exhibit *The Unknown Craftsman* in the lobby of Cornerstone. Intrigued by how items in contemporary cultures are orphaned from their makers, he examines this disconnect by creating a number of sculptural pieces. Using a variety of natural materials found in everyday objects, Conway asks, "How do these materials want to be treated?" and explores the different dynamics that transpire when arranging them in various ways. Conway explains that his work is mysterious in that his pieces don't serve obvious functions nor do they speak loudly to whom the craftsman is. Influenced by Japanese aesthetics, his work is subtle yet intriguing.

- Erin O'Neill



Photo courtesy of Teddy Benson

PLACEBO! by Teddy Benson will be shown in the Johnson Building next to the 3D shop across Cache La Poudre Street from Slocum Hall. He started printmaking only this year and has combined zinc and steel etching with photographic processes. Starting with photographs, he transmits his images to photopolymer plates and manipulates them. His initial images are candid, bluntly confronting the sitter in the photograph. Through different intentional and unintentional layering and printing processes, Teddy has transformed what were once portraits into illusionistic abstractions. In the same way he challenges the sitter, Teddy also challenges the viewer to comprehend the layers, the personalities, and the realities within his work. - Grace Gahagan

Senior Hallie Kopald's show, *A Space Reflected*, will be displayed in the Arts and Crafts hallway in Worner. In Kopald's work, which consists of sculptural pieces and photography, she investigates how the reflections in mirrors can fold space upon itself and distort what we know to be reality. Curious about how people respond to the unexpected, Kopald plays with mirrors in a way that presents viewers with a reflection of space in new and perplexing ways.

- Erin O'Neill



Photo courtesy of Hallie Kopald

Denali Gillaspie has explored the interactions of shapes in her show, *Relationshapes*. As the viewer would expect from the title, the show revolves around shapes and how they relate to each other. She works intricately with paper and wood, deconstructing figures and events in her life. Each piece tells a tale or progression. It is up to the viewer to explore, imagine, and understand the "relationshapes." Her work is interactive, so unleash your curious fingers. Accordions unfold out of containers and shapes endure collisions, combinations, and transformations. Denali's show will be exhibited in Packard Hall.

- Grace Gahagan

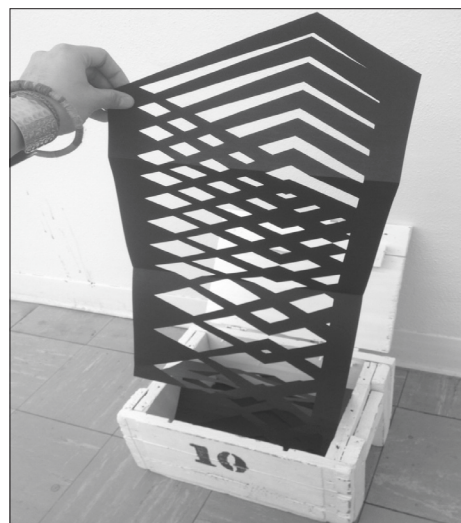


Photo courtesy of Denali Gillaspie

Hollis Moore has created multifaceted works of art that require the viewer to delve into their layers. She began with quick, careful, observational sketches outdoors, aiming to catch the colors of the fleeting moments. From these snapshots, she transferred the observed textures and color pairings into woodcut prints. Working from three fundamental woodcut blocks, she layered, masked, and veiled previous colors, only to discover new ones. In juxtaposition, some colors screech in a chaotic frenzy, others speak quietly and sing harmoniously. Hollis has created a language of emotion through color; her show will be hung in Cossit Hall on Monday. - Grace Gahagan



Moore works in a variety of colors and textures. Photo courtesy of Hollis Moore

The Senior Art Thesis Previews in last week's issue (printed March 29, 2013) contained an error. Artist Lacey Carter's name was mistakenly printed as Lacy. We apologize for this oversight.

Local Natives' sophomore album gains international recognition



Kelcey Ayer, center, performs songs from the band's new album, *Hummingbird*, with two other band members, on tour in France in March. Photos courtesy of Anna Forster-Smith.

EVENTS

Anna Forster-Smith
Guest Writer

After listening to Local Natives' sophomore album *Hummingbird* for roughly the 157th time, I was obviously in love, but it felt distinctly different than the sentiments I had for their debut album, *Gorilla Manor*. There is a significant shift in tone on *Hummingbird* and a definite seriousness that was absent in their debut tracks. Songs such as "Columbia" and "Three Months" are packed with wailing voice rolling over rhythmic synths and pulsing chords. These songs emanate strong notes of sadness and anger, which comes as no surprise after Ayer's mother passed away last summer. The result is a progressive second album, but there are still the classic marks of Local Natives: dramatic crescendos, scream-y breakdowns—it's all there with a bit of a somber twist.

Currently studying in France, when I saw that Local Natives were playing in Paris on March 5, I knew I had to be there.

From their very first song, "You and I," I knew I was in for a seriously amazing

show. Local Natives had no problem getting the energy in the room moving right away. I could tell that they really enjoy what they do, each member has his/her own aura and it's easy to feed off their energy. Kelcey Ayer's voice could easily overpower Beyoncé; he really sings with expression and heart, something that has been hard to find recently in all the popular, whispery indie bands that are so *au courant*.

Ryan Hahn, guitarist and back-up vocalist, played the closest to where I stood. Then there was guitarist/vocalist Taylor Rice who made intense dance/jerk motions throughout the show. He seemed so in-tune with his relationship with the music and he let the intensity flow through him onto the stage. Not to mention, his enormous porn star-style mustache and skinny pants were obviously appealing to all the females in the crowd.

Hearing "Columbia" live was a highlight for me. The song was written after Ayer's mother passed away, and the raw emotion he conveyed with this song was so tangible. The song finished in a very angry, dissonant swell and Ayer had to take a pause before they began the next song. The emotions shared between the

audience and the band is so crucial to understanding the intention behind a song; moments like that aren't achievable while just listening to the album. Local Native's passionate songwriting was evident even in a crowded room of Frenchies. Some of their layered harmonies come across like psych folk lullabies, creating perfect listening for long train trips across Europe. Each member definitely had their unique persona, but their sound was extremely cohesive; almost every song was built into an enormous instrumental breakdown, which proved to be overwhelming at times, in the live venue.

Local Natives played some of their most popular tracks from their first album. "Wide Eyes" opening guitar strums garnered more than a few screams from the audience, and when they finally played "Who Knows, Who Cares," a personal favorite, I practically melted with joy. It was a strange feeling, hearing a song that has always been familiar to the realms of my car on long road trips through the American West, performed live and in France. It made me a little homesick, hearing lines like, "So we took a van down to Colorado / Where we ran into the dead / I took you by the hand."

However, it also made me ecstatic to know that this amazing band is sharing their sound in tucked-away towns in France, and all over the world. It's exciting how popular these guys have become; yet they still seem extremely down to earth.

After the show my friend and I got to talk a bit with Ryan the guitarist at their merchandise table. He was genuinely excited we had made the effort to get to their show and wished us a safe trip home. His charming California good looks may have added to my speechlessness, but I think I was also still shaking from how powerful their set had been. Every note in every song felt like falling over a precipice, in the best, most adrenaline-fueled way possible. If you are ever able to see this band live, cross oceans to do it.



Photo courtesy of Anna Forster-Smith

BrewHaha: Black IPAs prove best of both worlds

BEER

Nate Childs
Staff Writer

If you're like me, it's easy to get stuck trying to find new beers. Part of you wants that delicious blend of sweet, creamy, roasted malts you find in heavy beers like stouts or porters, but the other half wants the clean, aromatic kick you get out of a great IPA. It's a tough decision. Lucky for us, brewers across the globe have concocted a type of beer that allows you to have both: the Black IPA. These beers tend to fly under the radar for most folks, but they also provide some of the best and most complex drinking experiences available.

Just like any other beer, Black IPAs have a few hallmarks that are consistent throughout the genre. Their colors range from a deep mahogany to a completely opaque jet-black. Their grain profiles range between sweet and lightly toasted to a deep roast with touches of coffee and vanilla.

In addition, these beers always sport a hearty hopping, typically of the American variety. The mouthfeel is usually quite dry; consistent with most IPAs. They are truly a magical experience, presenting a full-bodied malt; a distinct,

flowery aroma; and kick of a good, old-fashioned hopping. Now that you have a brief introduction, let's get down to business.

First up for my more focused study is the Grainstorm from Boulevard Brewing in Kansas City, Miss. A member of their legendary Smokestack Series, the Grainstorm is an exceptional brew and a perfect example of what a Black IPA should be. It pours jet black, so dark I couldn't see anything when I held my glass up to the sun. A stormy, caramel cloud of bubbles quickly rises to form a robust and persistent head.

The off-white head lasted for the entire tasting, leaving me with a deliciously thick, beverage-induced mustache. I noticed new flavors in almost every sip. Grainstorm's velvety, roasted flavor complements a soft, grainy taste that results from its bottle-conditioned nature. The nose had hints of citrus and reminded me of an open field of flowers—perfect for springtime sippin'. The Grainstorm doesn't disappoint, a balanced onslaught of complex flavor worthy of anyone's palate.

Next up is the Wookey Jack from Firestone Walker out of southern California. Like the bottle-conditioned Grainstorm,

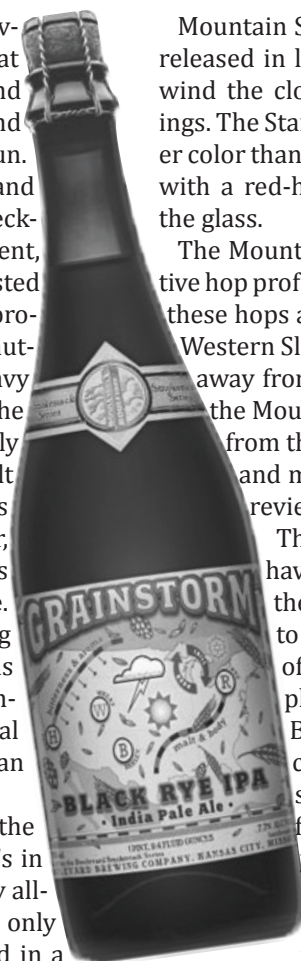
the Wookey is unfiltered, leaving just a tad of sediment at the bottom of each bottle and retaining all the texture and flavor accrued in the mash-tun. The Wookey is equally dark and foreboding – a beer to be reckoned with. Again, a persistent, caramel-colored head lasted throughout the drinking process. This beer had a slight nuttiness in addition to the heavy roast and vanilla flavors. The flavor of the hops steadily crescendoed until the malt flavors were gone and I was left with that slightly bitter, dry-mouth feel that leaves you wanting another taste. While gnarly and intimidating on the outside, this brew is refined and inviting on the inside – and won the gold medal at the 2012 Great American Beer Festival.

Finally, a Colorado native: the Mountain Standard by Odell's in Fort Collins. This is one of my all-time favorite beers and the only one of these three to be sold in a four-pack.

Mountain Standard is a seasonal beer, released in late fall of each year, as we wind the clocks back for daylight savings. The Standard pours a slightly lighter color than the Wookey or Grainstorm, with a red-hue towards the bottom of the glass.

The Mountain Standard's more assertive hop profile underscores the fact that these hops are picked each year on the Western Slope – just a few hours drive away from CC. The flavor balance of the Mountain Standard sets it apart from the Wookey and Grainstorm, and makes it my favorite for this review.

The Wookey and Grainstorm have a touch of hops towards the end, but this beer is closer to half and half – a true split of the stout and IPA that plays to the strengths of the Black IPAs. Odell's has concocted a perfect blend of stouts and IPAs that satisfies lovers of both types. If you haven't already, get out there and try a Black IPA for yourself – you may just find the solution to that age-old dilemma.



Last-minute planning results in big success for CC Fashion Show



Students model in the CC Fashion Show in the Gaylord Cornerstone Performing Arts Center, a change from last year's venue at Shove. Photos by Sam Zarky and Esther Chan

EVENTS
Betsy Stratton
Guest Writer

As rain trickled down over Colorado Springs this past Tuesday, CC students, parents, and staff crammed into Gaylord Cornerstone Performing Arts Center. Despite appearances, they weren't seeking shelter from the rain but rather, were rushing to find seats for this year's CC Student Fashion Show.

If you've attended CC fashion shows in the past, you would expect this year's show to be no different, filled with innovative—and often fabulously eccentric—designs and imaginative performances. And that's exactly what the rowdy, enthusiastic crowd got Tuesday night.

"It was amazing! All the lines were so different and crazy and awesome. Everyone was having so much fun," said junior Ellery Miller. "I was super impressed."

Some highlights include John Keenan's "Mourning Wud" line, in which Thayer Maclay modeled a wooden barrel garment; Monica Mueller's animal-inspired show in which Mueller donned elk-like antlers and pranced across the stage like a woodland creature; Elle Nakamura's "Trash Me Pretty" collection, made predominantly of trash found on campus; and the closing act featuring GlobeMed's

Condom Couture, a line materialized out of condoms to promote HIV/AIDS awareness.

To Shealagh Coughlin, intermission was the highlight of the night. "My favorite part was definitely the intermission performance," she said. "They were all great dancers and the crowd got really into it."

But to think this eagerly anticipated annual CC tradition almost didn't happen.

The day before the event, co-chairs and participant designers Kate Rafter, Mari Gades, and Leah Kellogg were rushing to put the final touches on Cornerstone's interior.

As Rafter hung whimsical, winged hangers from the elevated walkways, Gades and Kellogg hurried to set up chairs along the runway. And Julian Katz, aka DJ LolKatz, was doing a final sound check.

Months before, they weren't even sure if the fashion show was going to happen.

Rafter, a senior and designer in the CC Fashion Show, said she and her fellow co-chairs only volunteered because no one else would. "We stepped in and said we'd do it because we wanted it to happen, not because we knew how to make it happen, or particularly wanted to, or were even capable of it at the time" she

said.

"Everyone's expecting the fashion show, but no one stepped up to actually organize it," said Gades. "I kept getting questions like, 'Hey are you guys doing the fashion show this year?' And I was like 'I guess I am.'"

A lot of this uncertainty was a result of the lack of a Sewing Club this year.

"It's a huge mess," said Rafter. "There is no sewing club because it completely died last year. We've had quite a hellish time trying to piece together what we thought running the whole thing would look like."

Senior Leah Kellogg is currently applying to medical school and never planned to co-organize the show.

"Someone was being groomed for the job last year, but they went abroad," she said. "We all signed up because we are used to getting things done."

"I had already started my designs, so I wasn't going to not make [the fashion show] happen," added Gades.

The biggest difference from last year's show is the venue. Last year, the fashion show was held at Shove Chapel, which seated about 800 people. This year, Cornerstone held the event, allowing less than half as many people to attend. This change in venues produced a large amount of mixed reviews.

"Shove is very beautiful and it's more of an enclosed space; you, as the audience, can focus more on where your eyes go," Rafter said. "Cornerstone is a more imposing, more masculine and hard place to work with. I mean it's really cool, if you know how to work with it."

Coughlin was happy with the venue change.

"I think Cornerstone is a really cool space, so I liked that the fashion show was in there this year," she said. "I got to sit close to the runway and see the details of the clothes, whereas last year I got stuck on the shove balcony."

Others were not so impressed with the change.

Leeds Lily Mallinckrodt-Reese, junior, did not like the limitations that came with hosting the event at Cornerstone. "It didn't have as much room as Shove, and a lot of people who wanted to see it couldn't get tickets. It's a really unique event at CC and I think more people wanted to attend than the tickets, and venue, allowed," she said.

Because Rafter, Gades, and Kellogg stepped up and took on the responsibility, the fashion show did go on, and was a large success at that.

They hope to better prepare the next co-chairs for the upcoming year and are looking for interested people.





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True tales: 'What we value, what makes our lives meaningful'

Continued from page 13

be good enough. When I realized that I had no control over circumstances outside myself, I turned my focus inward. By molding my outer appearance to fit an imaginary ideal, I could ignore the fact that I felt inadequate in all other aspects of my life. I convinced myself that as long as I remained a certain size, I was happy and in complete control.

I also want to clear up a few other misconceptions surrounding eating disorders. During my time in treatment, I came into contact with all kinds of people from all over the country. What I learned is that eating disorders are not just the disease of young, white, upper-class women. Out of the estimated 8,000,000 people in the United States suffering from eating disorders, 10 percent of the cases are men. Sadly, this number is probably skewed; many men who do suffer from anorexia (refusal to eat), bulimia (throwing up, purging, or fasting after eating), binge eating, or EDNOS (eating disorder not otherwise specified) are too embarrassed to ask for help because "men can't have eating disorders."

Doctors also often overlook older women because of the misconception that eating disorders affect only the younger population. From my own experience, I can say that many of the patients in my particular treatment center were over the age of 40 and have families. On the other end of the spectrum, some children are showing symptoms of an eating disorder as early as five years old. Eating disorders affect all populations: men, women, and children, no matter their age, race, or financial back-

ground.

I asked three fellow patients, none of whom fit the typical stereotype of a white, middle-class, young female, to share their stories. The first person I talked to was a 19-year-old man named Will* who has suffered from bulimia for nine years. We sat on the concrete stairs that led to the building's entrance, enjoying the afternoon sun, and relishing in one of our brief 15-minute breaks between groups and meals.

"So," I asked, "what is it like being a guy with an eating disorder?" Will sighed, picked a few blades of grass, and began to tear them into tiny pieces.

"There was always a lot of pressure to conform to what society accepts as 'the attractive male,'" he explained. "You know, the tall, muscular, athletic guy. Because I didn't fit this profile, I often felt inferior. The other piece is emotion. If men show their emotions or any kind of affection, it is either perceived as 'gay,' or that they are manipulating others in order to get something that they want. A lot of times, I get put into the 'little buddy' role and am not seen as an equal. People don't take me seriously and I become somewhat like the 'gay guy friend.'"

"Is it just because you're smaller?," I asked him.

"Yeah, plus once you recognize that you have [an eating] problem, the shame grows tenfold. There's so much more shame in a man asking for help with an eating disorder than [there is for] a woman," he said. "People are always taken aback when I tell them that I have an eating disorder. Thanks to society, women are 'expected' to watch what they eat. It comes as a surprise to many people

when they hear that a man [also] wants to restrict his food intake in order to lose weight."

I can't argue with Will on this one. It is much more socially acceptable for a woman to have an eating disorder than it is for a man to have one. In past years, Will has been forced to repeat treatment at the same centers over and over because only a few facilities in the United States actually allow men into their programs. It's a stigma that even the so-called experts on eating disorders have not completely come to terms with yet.

The next day, I spoke with Lisa*, a 46-year-old woman with an animated personality and strong convictions. I found her curled up in one of the private rooms trying to catch some shut-eye before dinner. I asked Lisa to describe how her eating disorder developed and how it correlated with her coming out as a lesbian to her friends and family.

"I started bulimia when I was 28 years old. This was the same time I ended a 10-year relationship with my best friend," she said. "I came out to everyone, including my mother. It was really empowering...I think being closeted was really damaging and my eating disorder was related to that. My mom pushed me towards men, having me date a 25-year-old when I was 16. My mom wanted me to be her little feminine 'girly-girl.' I was always on a diet. She was always telling me to lose weight."

Lisa paused for a moment, looked at me, and continued, "I remember this one time, when I was in third or fourth grade, I was sitting in my mom's kitchen and I started to eat a bunch of cookies. After I was finished, I decided that I would

simply just cut the fat off of my stomach with a kitchen knife. I put the knife up to my skin, but realized that, of course, that wouldn't work."

I tried to imagine little, third-grade Lisa holding a knife up to her stomach, but it was too sad and horrifying to picture. I was in third grade when my own issues with food began, but at least I had a mother who never pushed me to be a certain size at such a young age.

"What has it been like for you since being in treatment?" I asked her.

"I've been feeling so much loss, especially being around young people. I feel like I've wasted my life, always thinking about being fat, trying not to get fat, engaging in behaviors [to prevent getting fat]. I feel old and I'm worried. What if I've done permanent damage that I am going to have for the rest of my life as a reminder?" she said.

I thanked Lisa and left her to the rest.

I sat on my bed for a while thinking about Lisa's and Will's stories. They are three completely different people, from different States and backgrounds, and they espouse different values. Yet, I recognized their related feelings of inadequacy and inability to be my own person. All of us were lacking something, so we controlled our diets to fill that void. Now that we are all separating from the disease and working toward recovery, that void becomes even more apparent. We have no choice but to discover who we really are without the disorder. After all this time, each of us has been given the chance to finally find out what we are truly passionate about, what we value, and what makes our lives meaningful.

April 8th & 9th, 2013

The 2013 State of the Rockies Conference

"Conservation in the Rockies: Issues of Citizen Science, Water Friendly Futures and Winter Recreation"

Celebrating The Rockies Project's Tenth Year!

All events will be held in the Celeste Theater of the Cornerstone Arts Building

Monday, April 8th at 7:30pm:

Citizen Science in the Rockies: Outdoor Adventure Strengthening Knowledge of Nature
-Speakers from: **Adventurers and Scientists for Conservation**, the **Down the Colorado Expedition**, and **Stanford University's Carnegie Institution for Science**

Tuesday, April 9th at 7:30pm:

Outdoor Recreation and the Winter Olympics: Companion or Threat to the Rockies?

-Former **Governor of Colorado Richard Lamm**, the *2013 Champion of the Rockies*

-*"Early Colorado Environmental Movement and the 1976 Winter Olympics Controversy"*

-**Ceil Folz, President and CEO, Vail Valley Foundation**

-*"Major Events ... Bringing the World to Colorado and Colorado to the World: Vail Resorts Hosting of February 2015 World Cup Ski Championships"*



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