

THE CATALYST

THE
INDEPENDENT STUDENT NEWSPAPER OF
COLORADO COLLEGE

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OPINION 7

SPORTS 9

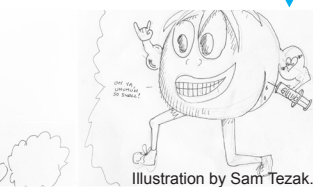
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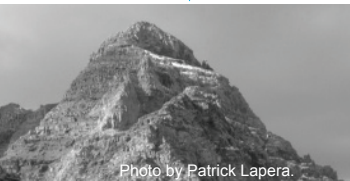
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10 QUESTIONS

First-year Nico Calabria sits down with Jack Burger to talk about the challenges of playing soccer in the Amputee World Cup, placing third in his state wrestling competition, and his love of CC.

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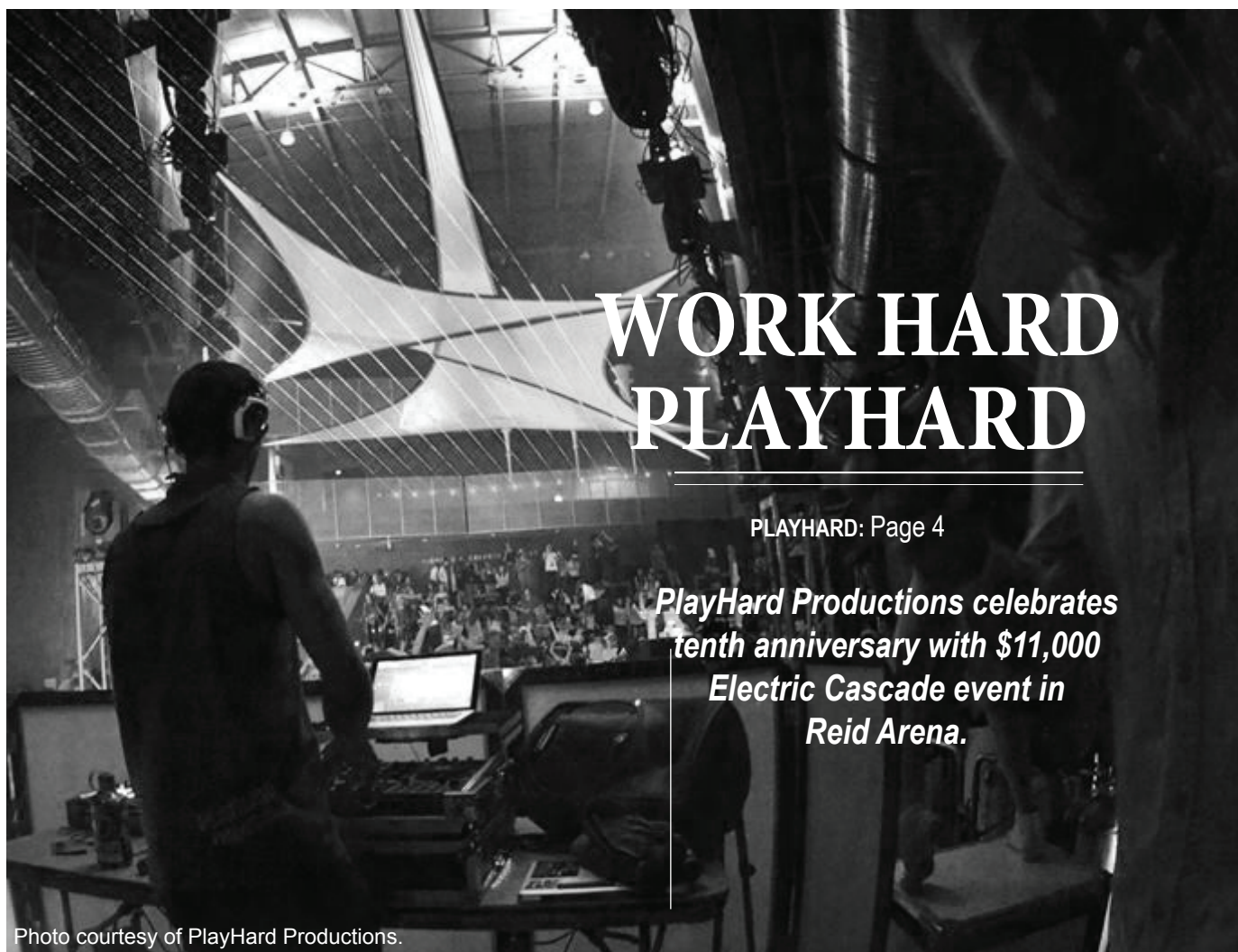
Food Coalition looks for students to apply for new leadership team, which will draft a proposal for the Big Idea Competition to fund a replacement for the Community Kitchen.

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WAITING FOR GODOT:

Director and visionary Kyle Kallman details upcoming performance of Samuel Beckett's magnum opus *Waiting for Godot* and the supermoon that sent him to realization.

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WORK HARD PLAYHARD

PLAYHARD: Page 4

PlayHard Productions celebrates tenth anniversary with \$11,000 Electric Cascade event in Reid Arena.

CC awarded for leadership in campus mental health initiatives

LIZ FORSTER
News Editor

Despite the sensitivity and difficulty surrounding the issue of mental health, Colorado College has developed into a leader in college mental health discussions due to the multitude of student and faculty-run mental health programs on campus.

Mental Health America of Colorado (MHAC) announced early this week that it will recognize CC for such efforts at a tribute held in Denver on

Saturday, Nov. 22.

"It's an amazing honor, and I'm really pleased to be a part of it," said director of CC's Wellness Center, Heather Horton. "It's a beautiful opportunity for us to bring attention to the work we are doing on campus."

MHAC called CC "a model institution of higher learning in promoting and investing in the mental wellness of its community" in its announcement, and acknowledged student

groups like GROW, CC's sponsorship of "Community Conversation—National Dialogue on Mental Health" in March, and the implementation of the Mental Health First Aid class.

"I think that the primary thing that really caught their attention was the Mental Health First Aid courses that we started offering on campus two years ago," said Horton. "It separated us from other campuses who may

MENTAL HEALTH: Page 6

CC recognized for campus-wide bipartisanship during this election year

SAM TEZAK
Life Editor

Between the bongos, dreads, and Birkenstocks ever present at the widely considered liberal bastion that is Colorado College, CC Democrats and Republicans both showed up on Election Day.

Often noted as contributors to CC's Purple Paper, the two campus political groups came together twice in the past three weeks to promote bipartisanship and mutually held values

of practicing one's right to vote and honoring the veteran members of the United States military.

In the first case, the campus received recognition as a "rare case of bipartisanship" during election week two weeks ago from Community Digital News as student representatives for both political parties tabled in Worner Center, encouraging students to vote.

Although Colorado College stu-

dents hail from all over the United States and the rest of the globe, students dove into the Colorado election process this year, receiving ballots in their Worner boxes and supporting their new place of residency.

This campus-wide enthusiasm can be accredited to the members of the CC Democrat and Republican groups on campus. At these lunchtime table events, representatives informed

ELECTIONS: Page 6



New Food Coalition Leadership Team seeks to rebound from loss of Community Kitchen

CHARLIE SIMON
Staff Writer

With the closure of the Community Kitchen and the opportunity to win \$20,000 for a Community Kitchen-like project, Leadership Development Coordinator of the Collaborative for Student Engagement, Adison Quin Petti, decided to reach out to students to guide his effort with the creation of a Food Coalition Leadership Team.

The new Food Coalition Leadership Team will be set up to centralize leadership for Food Coalition groups. Petti is looking to consolidate the leadership for the Food Coalition into a small group of three to six students.

The Food Coalition is composed of a few local groups on campus that are concerned with food justice and the local economy, including the CC Farm, the college's greenhouse, the Community Kitchen, and the Good Food Club.

Petti feels that for the Leadership Team, having a small group is necessary to help set a vision and clarify goals for the Food

Coalition.

"Members of the leadership team will be able to help with peer-to-peer education on the issues as well as skills training," said Petti.

Petti describes the new leadership team for the Food Coalition as a model and precedent for other groups to come on campus.

"This is part of a pretty long-term strategic plan for the way that we'd like to develop student leadership," Petti said.

The immediate function of the new leadership will be to bring together like-minded groups that are interested in the same kinds of issues and content. In the long term, the college hopes to bring similar leadership teams to more groups, supervised by the Collaborative for Community Engagement.

Although the Food Coalition leadership team is already being set up, other groups lag behind, principally because of how new the concept is to Colorado College. Petti says the whole idea of student leadership teams is new within the

past 18 months, and he hopes that the other leadership teams will quickly and smoothly follow the Food Coalition's initiative.

"My long-term goal for the Food Coalition leadership team and hopefully future leadership teams is to be the place where we also anchor the interests of students, faculty, staff, and community partners," said Petti.

Members of the new Food Coalition leadership team will have the opportunity to learn valuable real-world skills, including how to organize and implement fundraising cycles and the principles of volunteer recruitment and retention.

Applicants do not need prior experience—they just need to know what they want to contribute to the program—but prior community organizing experience is appreciated.

Applications are already up and will be open until noon on Friday, Nov. 21. Petti is already hopeful about the prospects for the new leadership team.

"I'm really excited about it and I think

it's the right direction to go in," said Petti. "I'm even more excited too for the other four coalitions to take similar steps as the Food Coalition."

** Adison Quin Petti identifies as transgender. We have honored his request to be referred to as he in the third person.*



The Food Coalition Leadership Team aims to develop student leadership after the closure of the Community Kitchen. Photo by Richard Forbes.

The Cipher Magazine recognized on a national stage

ANNA SMITH
Staff Writer

After publishing articles addressing controversial topics including the validity of Roberto Garcia's retirement from campus, which has sparked debate and conversation throughout the Colorado College community, Cipher Magazine now has a national finalist award to its name.

The block eight Beginnings and Endings issue of the Cipher, the independent, alternative news magazine published by CC students and owned by Cutler Publications, was selected as a finalist for the Pacemaker award by the Associated Collegiate Press.

"We heard back about the award on Nov. 1," said one of the block eight issue editors Cameron Johnson. "Han Sayles and myself then travelled to Philadelphia for the ACP National College Media Convention to accept a finalist award."

The award is considered the highest honor in collegiate journalism. Contestants must choose to enter the contest and are judged upon writing, editing, design, content, concept, photography, art, and graphics.

All Associated Collegiate Press Member schools are eligible to submit one issue of their choice in a certain category (magazine, newspaper, literary, etc.) at the end of each academic year. Schools receive results of the finalists at the end of September.

This year, ten magazine publications were ranked as finalists, including the Cipher. Among the other finalists this year were publications from Princeton University, Northwestern University, California State University, and the University of Oregon.

"We're for the most part com-

peting against much larger schools with bigger publication budgets and more resources," said Johnson.

Although the Cipher was not one of the five publications to win the final award, Johnson is still "incredibly proud to be a finalist."

The Cipher staff chose the block eight issue, Beginnings and Endings, because of the quality with which it addressed many impor-

tant, relevant issues, including race and racism at CC, the death of former CC English Professor Laura Padilla, and a student's experience with anorexia.

"I don't have one favorite part, really," said Johnson. "I think our magazine's strengths come from voices and talents in our own community."

Johnson acknowledged the importance of such a recognition for both

the Cipher and Cutler Publications.

"I think it's a helpful reminder that we're doing important work with the Cipher, even though we can always critique ourselves and improve our publication," said Johnson.

Despite the enormity of such recognition, Johnson explained that the Cipher hopes to keep its focus on the college community and keep national contests secondary.

"Being a Finalist or winning the award in the future would be a secondary bonus to publishing pieces of student journalism and art that showcase our brilliantly intelligent and insightful student body," Johnson said. "We hope to continue engaging and challenging our community in the future."

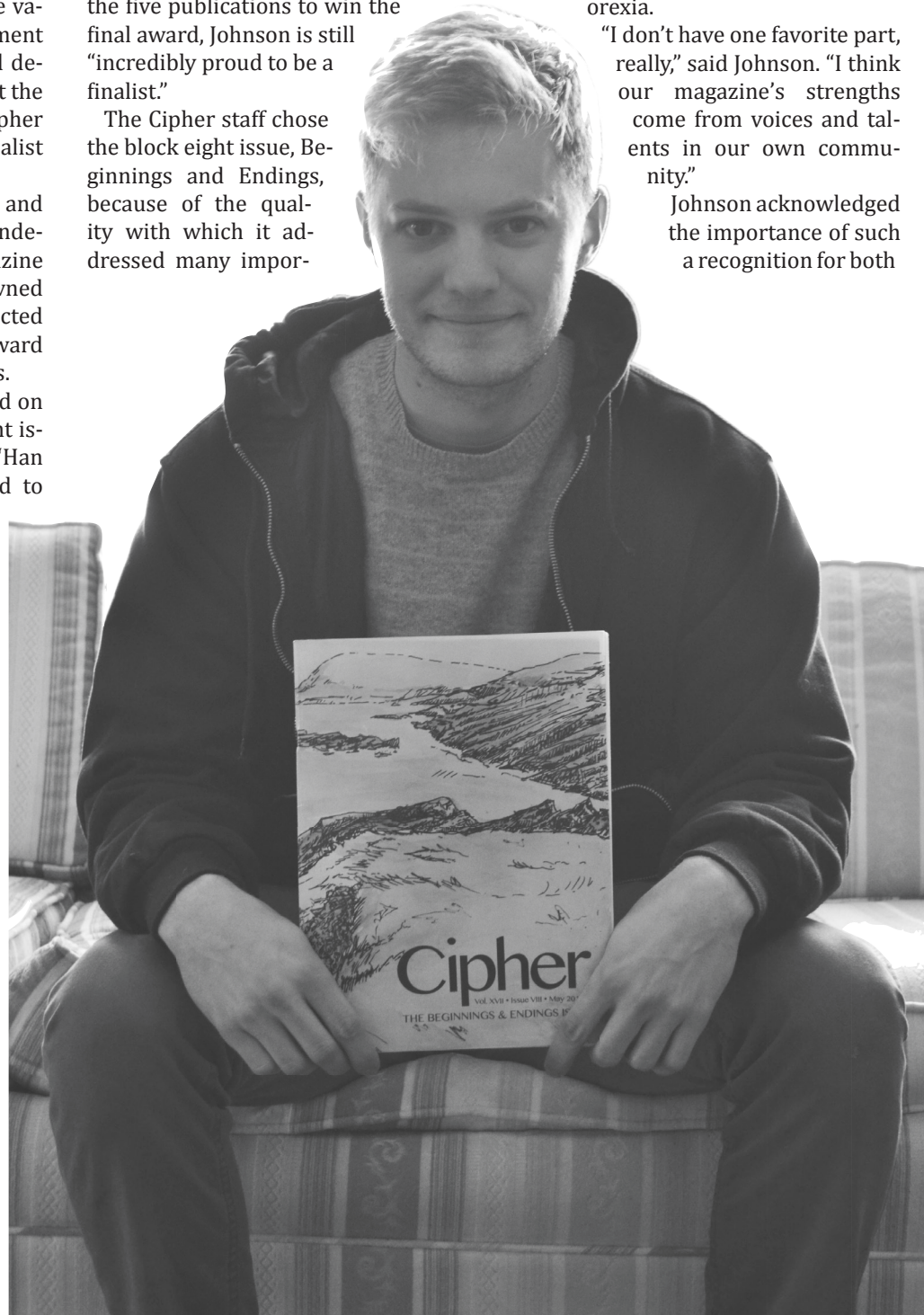
Past Cipher themes:

SPRING SEMESTER 2014

- 5 ▶ The Insider/Outsider Issue
- 6 ▶ The Green Issue
- 7 ▶ The How-To Issue
- 8 ▶ The Beginnings and Endings Issue

FALL SEMESTER 2014

- 1 ▶ The Intimacy Issue
- 2 ▶ The (Un)censored Issue
- 3 ▶ The Food Issue



Left: Senior Cameron Johnson was one of the editors for last year's block eight issue of Cipher Magazine, the Beginnings and Endings Issue. Photo by Ben Dohrmann.

Colorado College Campus Safety relocates headquarters to Tejon

CANDELARIA ALCAT
Staff Writer

Since the start of the school year, Colorado College students tired of eating at Rastall and in search of a Wooglin's sandwich no longer pass pillars of neon sneakers sold by the Colorado Running Company on their way to Wooglin's.

Soon, the ultra-light running jackets and water bottle fanny packs that were previously displayed in the front window will be replaced by the desks, computers, and files of the CC Campus Safety department.

"We [Colorado College] own a majority of the property that surrounds campus, especially around streets like Tejon, Cache la Poudre, and so on, with a few exceptions, of course," said John Lauer, Senior Associate Dean of Students and Director of Residential Life.

Despite the fact that the Colorado Running Company had its storefront at 833 North Tejon St., it was actually just a tenant to the Tejon complex where Wooglin's and Ashley's Attic are.

During their time as tenants, they also had another location with which they are now consolidating, located in the Briar-gate Mall.

"There, they can expand their business both in terms of marketing as well as location. They also have a running club that meets there every week, so their name and brand is expanding," said Lauer.

The Running Company moved out this past July after a few months of careful planning.

"With this new area available to the college, Campus Safety plans to move their headquarters to the vacant space," said Lauer. "By doing this, we're consolidating all of our offices, meeting spaces, and vehicles into one place where we can run at a more smooth and efficient pace."

Campus Safety is currently operating out of the parking office, Edith Gaylord, and the Morreale house.

By opening up these spaces scattered throughout campus, the current location of Campus Safety in Edith Gaylord will be transformed into a two-student apart-

ment. This remodeling and renovation will be completed by the fall of 2015.

The budget for this change in location includes both remodeling the old office into a space with the proper atmosphere for an apartment as well as redesigning the old retail space on Tejon, creating an adequate place for Campus Safety to function and dispatch out of.

Among these necessities include transforming the space to accommodate a more open floor plan and upgrading to concrete floors. Additionally, this office will be open at all hours of the day.

Campus Safety hopes to have a Communications Plan in the very near future in order to officially announce and promote the transfer, hopefully by block five.

"The only downside that I can see from this would be the newness of the facility and getting everyone used to having it there—us included," said Lauer. "In the end, though, having this central space for Campus Safety will be very beneficial."

The new Colorado College Safety Office is scheduled to open by block six.

NEWS BRIEFS

► ► Proponents and opponents of the City for Champions project battle at City Council meeting on Monday.

Those in favor of the City for Champions project testified in front of City Council, advocating against a proposal that would leave approval of a city-funded sports and events center in the hands of the voters.

The session was very heated, with one audience member yelling at council member Joel Miller as he spoke about his city proposal encouraging voters to change the city's charter. This change would require a vote on any publically funded sports and events center.

After much debate, City Council president Keith King pushed for a compromise that would change the charter to require votes for any use of sales tax revenues for such a center. The City Council ultimately voted to postpone the ballot issue until December.

► ► Nonprofit legal organization, Alliance Defending Freedom, filed a federal civil rights lawsuit against Colorado Springs high school for limiting students' Constitutional rights.

Pine Creek High School senior Chase Windebank was recently told by school officials that he and other students could not pray and discuss religion during the school's designated free time known as "seminar." The lawsuit argues against the ban, using the First and Fourteenth Amendments to the U.S. Constitution as their support. The two amendments protect student religious speech and guarantee rights of citizens.

Pine Creek High School administration and Academy School District 20 officials argue that "the separation of church and state" mandates a ban on religious speech during seminar.

The suit was filed in the U.S. District Court in Denver on Friday, Nov. 7.

► ► A branch of Joe's Crab Shack in Colorado Springs fired an employee for putting alcohol into young children's drinks last week.

In a statement from the restaurant, an internal investigation revealed that the employee was not following procedure while serving a family with children ages two to eight years old.

The restaurant also said that it is working with Colorado liquor enforcement officials to ensure that the incident is not repeated. In addition, a senior management team was sent to the location to retrain the company's Colorado Springs employees.

► ► Fort Carson prescribed burn delayed on Monday due to wind.

The burn, which was scheduled to begin on Monday, was canceled due to gusty winds from a front pushing south through Colorado. Fort Carson has burned standing bush on firing ranges used by the base to prevent future fires. According to the Gazette, army training practices like the use of flares and tracer rounds frequently causes fires on training ranges at the post.

The U.S. Forest Service also announced Monday that the prescribed burn scheduled for Tuesday through Thursday at Limestone Ridge has been postponed for next spring.



FINANCE UPDATES

- SASA was awarded \$585.00 for Diwali
- PlayHard Productions was awarded \$11,000 for Electric Cascade
- MOSAIC was awarded \$3,000 for Taste of the World
- SIAM was awarded \$300.00 for the NREL visit
- QCC was awarded \$59.00 for a Candlelight Vigil

Editor's Note: CCSGA Happenings provides our readers with access to information they need to become involved in campus issues. Events and news here are provided by CCSGA and compiled/edited by our staff.

Colorado Springs crime, in brief

MAN ARRESTED FOR FELONY MENACING

On Monday night, Colorado Springs Police officers were dispatched to a location in southeast Colorado Springs in response to a disturbance involving several people.

Upon arrival at 11:12 p.m. at the 2900 block of Tumblewood Grove, police investigations revealed that 21-year-old John O'Hara engaged in a verbal altercation with a 24-year-old male after leaving a house party.

Both the subjects had consumed alcoholic beverages at the party before getting into the altercation outside the residence.

O'Hara left the area briefly and returned with a handgun, which he later pointed at the 24-year-old.

The 24-year-old was able to disarm O'Hara before police arrived.

O'Hara was arrested and charged with Felony Menacing and Prohibited Use of Weapons.

BANK ROBBERY REPORTED

On Monday morning, police received a call regarding an unidentified male committing bank robbery east of downtown.

The male entered the Wells Fargo Bank at 5710 Constitution Ave. and presented a note to the victim and bank teller demanding money. The victim gave the suspect an undisclosed amount of money, whereupon the suspect ran out of the bank on foot, headed southbound.

Witnesses described the suspect as a black male, five-foot-nine to six-foot-one, between his late 20s and mid 30s, with no hair and a thin build. He was wearing a gray jacket over a white shirt with dark pants.

TRAFFIC ACCIDENT ARREST

On Monday morning, police were dispatched to a location north of downtown in regards to a traffic accident.

Police began the investigation at the 2100 block of S. Corona Ave. at 10:54 a.m. and discovered that a '90s Ford Expedi-

tion was driving northbound on S. Corona Ave. when the driver lost control of the vehicle. The vehicle first struck an unoccupied, parked car and moments later the side of an occupied residence. Nobody inside the home was hurt. The driver of the car sustained a minor back injury and was transported to an area medical facility for precautionary purposes.

The driver, identified as Yaramis Sosa, 30, will serve time for careless driving.

GAS STATION ROBBED

On Saturday morning, police received a call regarding a robbery at a Diamond Shamrock gas station in northern Colorado Springs.

Upon arrival at 12:54 a.m. at 8105 N. Academy Blvd., police made contact with the store clerk who said the suspect had already fled with an undisclosed amount of money on foot. The clerk described the suspect as a white male in his early 20s, wearing a black cap, black jacket, and dark-colored pants. No injuries were reported.

The Catalyst

The Catalyst is a weekly newspaper produced and managed exclusively by students of The Colorado College. Published for the benefit of the college community and the surrounding local area, the Catalyst aims to bring general interest and academic-oriented news, ideas, and opinions into greater collective view—to act as a catalyst for informed debate. The newspaper is published under the auspices of Cutler Publications, a 501(c)(3) not-for-profit independent of The Colorado College.

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New initiative aims to help professors prosper at CC

ERIC CAMPBELL
Staff Writer

Colorado College's Human Resources department recently revamped some of its onboarding programs, with the new initiative entitled: "Thrive@CC."

The program, which is a result of President Tiefenthaler's Strategic Plan, is comprised primarily of two parts, "CC New" and "CC Connect." The two parts of the program hold regular meetings with the broad aim being to help new employees quickly settle into their new workplace and generally helping Colorado College employees excel.

"Thrive@CC was revamped largely because we started to ask one broad question: How do we recruit the best of the best, and how do we retain the best of the best?" said Lisa Brommer, Senior Associ-

ate Director of Human Resources.

CC New is all about the vital process of onboarding. Onboarding is the process by which new employees gain the necessary skills and knowledge to thrive in their positions for new employees, although long-term staff is welcome as well.

"With these programs, we want to improve how we get information to staff that will help them be successful in their career at CC," said Brommer. "It's really about providing information that people need to be successful."

Meetings occur monthly and cover a wide array of processes and procedures important to staff members at CC, including campus safety, payroll management, employee benefits, professional development opportunities, and workplace issues like sexual harassment and a drug-free environment.

CC Connect, on the other hand, is focused on helping new and existing employees in developing relationships and generally becoming more connected with the people with whom they work and environment in which they work.

Sessions are held every several months and feature a wide variety of speakers that many staff will generally have minimal interaction with, such as students, campus resources like the Sexual Assault Resource Coordinator (SARC) Tara Misra, admissions officers, and campus leaders such as President Jill Tiefenthaler to discuss the school's broader plans and goals.

"CC Connect is about how we help people begin to develop relationships that will help them be successful at CC," said Brommer.

Students are asked to be involved in this part of the program, as a couple stu-

dents are invited to each meeting to discuss their experience at CC and why they initially chose the school.

Thrive@CC also includes a fledgling ambassador program accompanied with an onboarding toolkit provided by the HR department. The ambassador program provides new employees with a mentor of sorts to smooth their transition into the school. The onboarding toolkit is more of a guideline meant to help supervisors guide their new employees through this transition as well.

The revamping of programs related to onboarding is a gradual product of increased deliberation regarding the topic in formulating President Tiefenthaler's strategic plan. The two programs will continue to meet throughout the year. For more information, contact Lisa Brommer at lisa.brommer@coloradocollege.edu.

Colorado College alumni present work on climate change issues

ANNA KELLY
Staff Writer

With the Board of Trustees in town this past weekend and the growing number of Colorado College alumni involved in the climate sector, the Office of Sustainability thought what better way to engage a dialogue between students, alumni, and other members of the CC community than a discussion on climate?

On Thursday, Nov. 6, CC alumni presented their research and work in the climate sector to Colorado College students and faculty. The alumni presented in the context of three panels: Climate Science, Climate Policy, and Climate Action, and spoke about everything from ice core analysis to the developing carbon market in California.

"This was designed to be an opportunity for students to network and get advice from CC alums that are in the climate sec-

tor," said Gabriella Palko, a student volunteer and Office of Sustainability Greenhouse Gas Intern who helped to organize the event. "Mark Smith [economics professor at Colorado College] wanted an opportunity for students to actually see what alums are doing within the field."

Many of the alumni present at the event cited CC as the initial inspiration for their careers.

"I was so happy with my experience at CC," said Natalie Kehrwald, a 1999 graduate of CC and geologist at the University of Venice in Italy. "The Block Plan and the ability to study geology from a field perspective were remarkable."

Kehrwald currently performs research on ice cores found in lakes, mostly in the Alps.

"The Block Plan gave me the opportunity to be one thing for three and a half weeks," said Chris Treese, a representative of the Colorado River District.

The alums were just as excited to be back on campus as the students were to hear about their experiences in the climate sector.

"It's thrilling to be back here," said James Bradbury, a Senior Policy Advisor for the U.S. Department of Energy.

"It feels like I'm coming back from a long Block Break," said Kyle Hemmes, a 2011 graduate working for the American Carbon Registry at the beginning of his presentation.

Hemmes works on a variety of projects in California geared towards boosting the carbon market through sustainably managed forests that sequester carbon, wetland restoration, and compost additions to grazed grassland.

The alums also shared their advice for Colorado College students interested in the climate sector.

"I have been really impressed by how much room there is for a variety of skill

sets in this field," said Bradbury. "You don't necessarily have to be on a science track to contribute. There is such a need for lawyers and people in communications to get out the right message."

"I still have an email mailbox called 'post-grad abyss,'" said Hemmes. "My advice is to look for the themes and questions that spark your interest, and follow those."

Cathy Whitlock, a 1975 graduate, was the only female in the Geology department while she was at CC. She is now a professor at the University of Montana.

"You have to be a big thinker and cross disciplinary boundaries," she said. "Take every chance to expand your toolkit."

The event was organized by Mark Smith and sponsored by several campus departments and organizations, including the President's Fund, the Environmental Science department, and the Economics and Business department.

PlayHard Productions granted \$11,000 from CCSGA for "Electric Cascade"

LIZ FORSTER
News Editor

Almost exactly one year ago, CCSGA's approval of a \$12,322 budget for PlayHard Production's winter event, Ice Age, sparked debate across campus concerning the justification behind spending such a large sum of money on a single student event. For weeks, student opponents and proponents fought with each other, forcing CCSGA to completely redesign the process by which they approval special events funding requests over \$5,000.

On Tuesday night, CCSGA approved a grant of \$11,000 for PlayHard Production's 10th anniversary event, "Electric Cascade" which will be held in Reid Arena on Dec. 6. Unlike Cornerstone, which only held a maximum of 500 students, Reid Arena can hold 800-1,000 people according to CCSGA VP for Finance Erik Laitos.

"This will be the largest event we've ever thrown and cannot be more excited to have the privilege of throwing the first large event in the new gym," said co-chair of PlayHard Productions Alex Gilbert. "Student and professional designers are going to decorate Reid Arena to resemble a cascading waterfall and lush environment."

"PlayHard has a tendency to like to throw big, exciting, and flashy events, and they have a lot of success with those," Laitos said. "We understand that they need a lot of money for an excellent atmosphere."

According to Laitos, PlayHard originally requested \$19,375. After reviews by the Finance Committee, the Executive Committee, a Full Council meeting open to all students, and a final review by the Finance Committee, the final budget was cut to \$11,000.

"The decision was undertaken at a number of different levels of CCSGA," said Laitos. "We wanted to be as open and transparent as possible, allowing anyone from CC to come and ask questions and raise concerns. There were no closed-door sessions."

One of the justifications CCSGA and PlayHard Productions gave for spending over \$12,000 was that some of the money would go towards resources they could use for future productions. Laitos and Finance Committee member Allie Verchota acknowledged this but continued on to explain why the cost for this year's production was just as high despite this previous disclaimer.

"The extra cost goes hand-in-hand with trying out a new space," said Laitos.

"[Reid Arena] is a larger venue than Cornerstone with a larger capacity. PlayHard needs new equipment to get themselves set up in that new area and incorporate new elements alongside with pre-purchased elements."

"We hold on to as many of the decorations as possible from every event, but most of the lighting, sound, and larger decorations are rented from professionals," said Gilbert. "For Electric Cascade, we will be reusing much of our fabric, staging equipment, and smaller lighting that CCSGA owns."

Gilbert continued to say that they would not purchase any equipment other than smaller decorations unlike last year for Ice Age.

Laitos, Gilbert, and Verchota all recognized that one of the main complaints stemming from last year's Ice Age event concerned the capacity of Cornerstone.

"Ice Age took place when it was freezing cold, and it was difficult for people to cross from Worner to Cornerstone. It was a nightmare in terms of logistics," said Laitos. "With Electric Cascade, a lot of that problem will be alleviated since Reid Arena has a larger capacity and, if people need to wait, they can wait inside El Pomar."

"Reid Arena has [the capacity to hold]

more than double the amount of Cornerstone, meaning Electric Cascade has the capacity to be as large as a typical Llamapalooza," said Gilbert.

Despite the minimal, if not non-existent, opposition during every review session of the budget, Laitos and Gilbert recognize that students may still raise concerns and are both very willing to talk with and answer questions from students.

"We're always happy to answer questions about our event, planning process, or budget, and know that more students will attend this event than any PlayHard event before it," said Gilbert. "We've developed excellent relationships with the administration, CCSGA, and professional contractors so that we can bring epic events to the school that would typically cost students significantly more off campus."

"CCSGA is happy to work with people if they have any questions or concerns on the subject or concerning funding for other club special events," said Laitos. "We just want to be as transparent and public as possible."

For questions, contact the CCSGA Finance Committee at ccsgafincom@coloradocollege.edu and Alex Gilbert at Alexander.gilbert@coloradocollege.edu.

First-year Nico Calabria talks about his experience as a soccer player, a feature in a Powerade commercial, and confronting challenges.

10

QUESTIONS

...with **Jack Burger**
STAFF WRITER

Where are you from?

I live in Concord, Mass., a small suburb outside Boston and the place where the first shots of the Revolutionary War were fired.

Can you give a brief background of your disability?

I was born without my right leg and hip. I have no idea why it happened, and I'm not really worried about it. I wore a prosthetic from ages three until five and then switched permanently to forearm crutches.

When did you start playing soccer?

I started playing soccer as soon as I could chase a ball. I played peewee soccer all the way up through varsity at my high school. While it was challenging to make up for my lack of speed, I developed other skills on the pitch that were equally beneficial.

How did you get involved in the Powerade commercial?

I came to be involved with Powerade after a video of a bicycle kick I scored on my varsity team went viral on Youtube. About a year later, I was contacted by Powerade when they were shooting a commercial campaign on challenged athletes, and my story fit right in. I shot the commercial in two days, and later was lucky enough to be flown to Barcelona to meet the featured professional athlete, Andres Iniesta. Later, I was flown to Rio de Janeiro to watch a quarterfinal match of the World Cup. Basically the whole thing was awesome and humbling. I had the time to do these things because I was taking a gap year.

Why did you choose to come to Colorado College?

A full explanation of why I came to CC could take hours. The short version: I was part of a pilot program at my High School called Rivers and Revolution that focused on interdisciplinary, experiential, and immersion learning. I was incredibly motivated to work hard in the program because no one had expectations of me (i.e. grades), but rather they encouraged you to set high expectations of yourself. The learning style clicked with me, and my teacher told me to check out CC. After being denied my first time around, I applied again over my gap year and got in, thank goodness. I love it here and think about how at home I feel with the people.

I heard that you competed in the Amputee World Cup. How was that experience?

I have not yet competed in the Amputee World Cup. I actually leave in 10 days and will be missing block four. The tournament is in Mexico, and I am ridiculously pumped up.

What is your proudest accomplishment?

My proudest accomplishment isn't really an accomplishment. I live my life to the fullest, and I think many people take a lesson away from that: that we all have our issues and what really matters is how we approach them. I am proud to be confident in myself despite my apparent challenges, and I am honored that people have something to learn from that.

Do you ski? What other sports do you enjoy?

I ski. I'm not the biggest skier and missed out on getting an early Epic Pass this year, but hopefully I'll get to go at least once this year. In high school I placed third in the state of Massachusetts in wrestling. I am a gymnast/free-runner, and also coached gymnastics to 5-16 year olds at a local gym in Concord. There are really only a couple of sports that I have never tried (hockey, football), but apart from that, I do it all, and generally find that I can at least keep up.

Who is your biggest role model?

I don't know if I have a biggest role model. I admire certain qualities in so many people. In general, I admire those who are brave enough to face challenges head on, those who are willing to voice their opinions in the face of overwhelming opposition, and those who are willing to pursue their goals no matter the consequences.

Anything you would like to add?

I really consider myself to be "normal" and honestly the challenges of having one leg are not so much physical, but social. The people who know me best understand that my disability isn't debilitating; it is simply a challenge. I hope that the CC community continues to be incredibly accepting and welcoming. We are all cut from the same cloth, but my wrapping might look a little different.



Cornerstone Arts Idea Space Assistant Curator recruited by collaborative art studio

MALCOLM ST. JOHN
Staff Editor

This winter, Assistant Curator to the I.D.E.A. Space at Colorado College, Briget Heidmous, will display the work a collaborative art studio called The Machine Shop hoped she could produce when they selected her as artist in residence.

The Machine Shop aims to attract like-minded, creative people.

Heidmous has been working in preparation for an exhibit that opens in early December since their decision to have her be an artist in residence with them in September.

In her work for the Machine Shop, Heidmous is focusing on additive, caustic-styled sculpture, which is made out of beeswax and colored with pigmentation. The exhibit is called "Intergalactic Micro Ecosystems" and will examine the intergalactic spaces humans are currently unable to explore but have information

about.

The ambiguity of the "unknown-known" has captured her interest, and although humans cannot explore these places firsthand, Heidmous explained that she is attempting to explore the idea



Briget Heidmous. Photo by Richard Forbes.

through art.

Heidmous' interest in this subject was spurred by her curiosity of how certain combinations of nature, wind, heat, and air can dictate what kind of ecosystems exist.

She is also interested in how the combination of these elements can range from building massive ecosystems that only exist in the far corners of the galaxy, to creating microscopic ecosystems that exist in drops of dew.

Heidmous has been investing around 25 hours a week into her work at the Machine Shop on top of the time she spends at her job at CC.

Her hard work culminates for two days on Dec. 5 and 6, when the doors to her exhibit will open at 6 p.m.

For her other projects, Heidmous is working on series of pieces called "Space Junk."

Space Junk aims to raise awareness of and explore the ever-increasing ring of debris and other waste (most of which includes discontinued satellites) that orbits the earth.

"We look like Saturn more and more every day," said Heidmous, making a comparison between Saturn's rings of ice and Earth's ring of debris, which is growing larger every day.

Heidmous is also working on a series of small drawings called pseudo geometrics, and a series of large scale works that center around color blocking.

She anticipates those works to be large, around four by six feet, and drawn with acrylic paint.

Color blocking is a form of geometric drawing that focuses on the contrast between colors encapsulated by geometric forms (most commonly squares and rectangles).

Heidmous's exhibit will be displayed at The Machine Shop, located at 4 S. Wahsatch Ave., on Dec. 5 and 6 at 6 p.m.

ELECTIONS: Bipartisanship extends to Wounded Warrior project

CONTINUED FROM FRONT PAGE

students about candidates' positions on issues and delivered ballots to the clerk's and recorder's office.

According to new voting laws in Colorado, individuals may turn in 10 ballots at any given time to the clerk and recorder's office. On tabling day, the groups brought in a total of 50 ballots. In addition to persuading citizens to exercise their right to

vote, the two groups left knowing they had encouraged students to be responsible and do their research on everyone from Udall and Gardner to specific El Paso County candidates.

Outside of election season, CC Democrats and Republicans actively engage in bipartisan dialogue on campus through the Purple Paper, which can be found plastered on many-a-bathroom wall for leisurely relief reading.

Beyond stalling students in the stall, the political representatives came together again this past Tuesday to support the veterans as they tabled outside of Rastall Cafeteria for the Wounded Warriors Project.

With stacks of parchment on hand, these campus leaders collected 60 something letters from students to veterans.

"We chose to work with the Wounded Warrior Project because we wanted to

show our gratitude to the individuals who have paid a significant price for defending our nation," said Davis Tutt on behalf of the Purple Paper. "Supporting our troops, both retired and active, is a cause that has no political boundaries."

The group is still in the process of developing their next bipartisan-themed event, but students can expect to hear about the block four Pizza and Politics during first week next block.

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Info sessions Dec. 4, 4 p.m.; Dec. 10, 12:15 p.m.; Jan. 22, 12:15 p.m.
(all in WES room)

Applications due January 28!

MENTAL HEALTH: Striving to improve awareness

CONTINUED FROM FRONT PAGE

have trouble getting mental health first aid going on their campus."

Horton went on to explain how the program piloted for a year using external resources, then transitioned to an internal program as CC staff were trained to teach the course.

"We wanted the courses to be more flexible for students, staff, and faculty," said Horton. "That being said, a lot of staff and students are also taking shorter, skill-based workshops to get their toes wet in terms of understanding how to respond to mental health issues."

Horton also recognized this award as an opportunity for the campus to continue to develop and expand upon increasing awareness about mental health on campus.

"As with any prevention work, we generally never entirely get there and are always trying to move towards something," said Horton. "I feel as students, staff, and faculty, we are working on these issues and identifying them as important for our campus community."

"We are continually highlighting the things that we still need to do, continuing to decrease the stigma around mental health, and increasing comfort for people seeking assistance," Horton continued.

To do so, Horton explained that the Wellness Center is beginning to utilize more data in order to deconstruct issues concerning mental health.

"We are really using data in order to identify where are the places that we need to focus our attention," said Horton.

"For instance, last spring, we did a survey of students about various aspects of mental health and will continue to do those kinds of things to help correct misperceptions about things to engage in honest and accurate conversations on campus."

The MHAC's tribute gala will be held at the Sheraton in Downtown Denver at 1550 Court place on Nov. 22. Marguerite Salazar, Colorado Insurance Commissioner and former regional director for the Department of Health and Human Services, will also be recognized at the event.

Agriculture: The unaddressed cause of climate change

REBECCA GLAZER
Staff Writer

Having recently seen *Cowspiracy*, a film exploring the environmental impacts of the meat and dairy industries, I was excited to learn about the release of the United Nations Intergovernmental Panel on Climate Change (IPCC) Fifth Assessment Synthesis Report earlier this month.

The report details the physical science behind climate change, its impacts, and potential mitigation strategies for the present and the future.

Every day, cows produce 150 billion gallons of methane; according to NASA, this has a warming power 86 times greater than CO₂.

As of 2006, livestock produced 65 percent of all nitrous oxide emissions, a greenhouse gas (GHG) 296 times more destructive than CO₂, according to the Food and Agriculture Organization of the United Nations (FAO).

This makes livestock one of the largest contributors to global atmospheric warming.

Aside from warming, livestock also have a major impact on other issues associated with climate change, such as drought and desertification. Animal agriculture is responsible for around 55% of water consumption in the U.S., requiring more than 500 times the amount of water used in fracking for natural gas. The majority of the water consumed in livestock production goes to growing corn and other feed crops. In total, producing one pound of beef requires 2,500 gallons of water; if the average American eats 200 pounds of meat per year (a conservative estimate), they indirectly consume half a million gallons of water.

The Environmental Protection Agency (EPA) and FAO both cite animal agriculture as the leading cause of species

extinction, ocean dead zones, water pollution, and habitat destruction worldwide. It is responsible for 91 percent of deforestation in the Amazon, which may increase its climate impact even further by destroying one of the world’s largest carbon sinks at a rate of one acre per second and releasing stored carbon back into the atmosphere.

The number one Millennium Development Goal listed on the UN’s website is to “eradicate extreme poverty and hunger,” yet the amount of grain produced annually worldwide could feed 12 billion people—almost twice the world’s population—if it were feeding people instead of livestock. In total, cows eat more than six times the food eaten by humans every day (135 billion pounds versus 21 billion).

Given these facts, I assumed the IPCC report would address agriculture as a major issue in the fight against climate change. Even ignoring the other environmental impacts of animal agriculture, the GHG emissions alone should have been enough to earn it some time in the spotlight.

As it had to, the report acknowledged that in 2010, 24 percent of all greenhouse gas (GHG) emissions were released by AFOLU (agriculture, forestry and other land use), beating out industry (21 percent) and transportation (14 percent). The only sector with a greater impact than agriculture was energy (35 percent). It is unclear whether the emissions are measured in volume alone or if they take into account the warming power of the various emitted gases.

Since it accounted for nearly a quarter of all GHG emissions and represented the second leading cause of emissions, I expected agriculture to feature prominently in the IPCC’s proposed mitigation strategies; however, a quick search of the document revealed that the word “agri-

culture” appeared only eight times in the body of the entire 116-page report, and almost always in conjunction with forestry and other land use. In comparison, the word “energy” was found 134 times, while “transport” appeared 10 times, and “livestock” did not appear even once. Yes, fossil fuel consumption is the leading cause of GHG emissions worldwide, but does it really make sense to focus almost exclusively on a single sector for our climate change solutions?

The report dealt with mitigation strategies for agriculture in one short paragraph, in which they suggested “cropland management, grazing land management, and restoration of organic soils.” These mitigation techniques address only the production processes in agriculture, not whether those processes are even necessary at their current scale.

In three places, the report suggests “dietary changes” which would “have a significant, but uncertain, potential to reduce GHG emissions from food production,” yet neglects to suggest what those changes might be. The summary report for policymakers similarly states that “emissions can be substantially lowered through changes in consumption patterns, adoption of energy savings measures, dietary change, and reduction in food wastes.”

So the real question is, if agriculture contributes nearly a quarter of our GHG emissions, with most of those gases having a heat-trapping power 86 to 296 times that of CO₂, why does the IPCC not recommend more immediate action to reduce those emissions?

Some would like to believe it’s all a conspiracy by the meat industry, supported by the silence of the EPA and the testimony of former insiders. It’s not a bad theory, at least, in the United States where lobbyists like the American

Meat Institute have so much influence. It would certainly provide an explanation for why the EPA’s “Simple Steps to Save Water” does not once mention eating less meat, even though only five percent of water in the U.S. is used by private homes, compared to the 55 percent by the livestock industry.

A less radical explanation, and one more plausible on an international scale, is that the IPCC simply doesn’t know how to influence how people live. Their summarized report is explicitly targeted to policymakers, not individuals. It’s easier to come up with political and economic schemes, like carbon taxes, or to recommend funding of technological developments in sustainable energy production than it is to tell people to stop eating food they enjoy.

But the truth is, there’s no silver-bullet solution to climate change, and we need to stop looking to renewable energy as one.

While burning fossil fuels is indisputably the largest contributor to climate change and must be reduced, it makes no sense to ignore agriculture as a primary factor. To agonize over unplugging appliances and taking shorter showers is laughable when skipping a single hamburger would save 660 gallons of water.

Yes, meat is tasty, but ultimately there are not enough resources on this planet for both humans and livestock. If we want to feed our population, we are going to have to start reallocating some of the resources currently being consumed by cattle.

Reducing our demand for animal products requires no new technology, no new innovations, and no new infrastructure. It is by far the most straightforward, most cost-effective, and most rapid way to reduce GHG emissions, conserve water, and protect other habitats.

War on ISIS is a blow to American democracy

NATE MONGA
Guest Writer

On Aug. 8, President Barack Obama announced that the United States would engage in a military intervention against the Islamic State of Iraq and the Levant, commonly known as ISIS, in coordination with a coalition of countries that contributed a varying amount of resources to the effort. These countries, including both regional and global powers, cited a combination of concerns regarding the actions of ISIS in order to justify their intervention. These reasons included repeated reports of human rights abuses and acts of brutality, as well as a general upward trend in the power and territorial gains of the terrorist state.

While both democratic and international groups have spoken in favor of this action against an internationally condemned terrorist state, concerns have been raised by prominent figures in American politics regarding the lack of Congressional approval for this campaign. The most vocal opposition to this “unchecked government power” is U.S. Senator Rand Paul, a Republican who recently published an op-ed in the Daily

Beast arguing that the war on ISIS is unconstitutional. Paul’s central argument revolves around the fact that under the United States Constitution, it is Congress that has the authority to declare war, not the President.

While this separation of powers has been true since the ratification of the Constitution in 1788, the nature of warfare has changed in the 21st century. On Sept. 11, 2001, the United States was attacked by group of terrorists called Al-Qaeda.

Immediately following this attack, Congress authorized the use of military force to act in defense against this organization and others connected to it through the Authorization for Use of Military Force Against Terrorists. Congress reinforced this action in 2002 when it passed the Iraq Resolution, which authorized the use of military action against Iraq and justified the subsequent invasion of Iraq in 2003.

A key attribute of each of these congressional actions is the lack of an end date, meaning that both resolutions can be applicable until amended or repealed by Congress.

Over the past 13 years, government officials have cited these two resolutions

in order to justify American military action both in Iraq and around the world. Some have used it to defend Obama’s actions against ISIS, including John Yoo, a former member of the Bush administration and a staunch defender of the right of the executive branch to act proactively in defense of the United States, with or without the approval of Congress. It is because of these congressional reactions in the early 2000s as a direct consequence of the 9/11 attacks one can argue that Obama’s recent actions in Iraq are justified legally.

By 2002, Congress had implemented two laws that created an imbalance of power in the United States by granting the President the right to declare war without the approval of Congress with the only condition that the military action could either be tied to the War on Terror or take place in and/or against Iraq.

The American political system is a system of checks and balances. Imbedded in our Constitution is the principal that no one branch of government should have too much power. In this way, the idea follows that the government will self regulate, protecting the people it is meant to represent from those who may

seek to abuse the power granted them by the electorate. This is the idea that defines American democracy, the idea that sets our government apart from the rest, and the idea that our nation was founded upon.

Whether the cause is a just one or not, we as stakeholders in America must not compromise the core values of our political history. The system of checks and balances is what holds our country together.

While at times it may feel less efficient, this is a proven system of maintaining integrity in politics and protecting against the dangers that often accompany a strong central government.

When we make compromises and allow politicians to shape the Constitution to fit their own ambitions, we run the risk of exposing ourselves to these potential threats from our own government.

It is because of this that we must demand that the system of checks and balances put in place by our founders be consistently maintained, regardless of circumstance, so that if a situation arises in which we require checks against government power, that system remains intact and uncorrupted.

The Case for GMOs

WILLIAM KIM
Opinion Editor

Last week, Colorado voted 'no' on Proposition 105, which would have required food products made with genetically modified organisms (GMOs) to be labeled as such. Aside from complicating the labeling process, Prop 105 would have added to the irrational fear of GMOs.

The scientific consensus on GMOs is clear: they are no more harmful than conventional crops, if not less so. A team of researchers led by Alessandro Nicolia, an applied biologist at the University of Perugia, reviewed 1,783 scientific studies about the safety and environmental impact of GMOs and concluded "the scientific research conducted so far has not detected any significant hazards directly connected with the use of genetically engineered crops." This is an overwhelming consensus, similar to the scientific consensus on anthropogenic climate change.

Out of these studies, 770 examined the health impact of GMOs on humans and animals. The researchers found no evidence that GMOs were dangerous. Approved GMOs do not introduce any unique allergens or toxins into the food chain. Theoretically, it's possible that a new gene could have adverse health effects. However, genetically modified crops go through extensive toxicity and allergy testing prior to commercialization. If they fail the tests or if biotech companies refuse to conduct the tests in the first place, they are blocked by regulatory agencies.

Nicolia and his colleagues also addressed the concern that genetically modified DNA could be absorbed in the gastrointestinal tract and "contaminate" human cells. They found no evidence to back up these concerns. Food processing degrades DNA and whatever DNA is left is then destroyed by the digestive system. None of it is absorbed at the cellular level. Sixty-eight percent of the studies examined by Nicolia's team focused on the environmental impact of GMOs. Again, they found "little to no evidence" that GMOs harm the surrounding environment or species diversity. In fact, the researchers found that non-GM crops reduce biodiversity more than GMOs do.

One concern that was addressed by the review was gene flow, the possibility of GMO genes "contaminating" non-GM crops in nearby fields. While this is a legitimate concern, the risk can be significantly reduced by simply staggering planting schedules so that pollination occurs at different times (most farmers with adjacent GM and organic fields already do this). As for wild plants, natural selection dictates that a gene won't survive for long unless it helps the plant survive and reproduce. Finally, Nicolia and his colleagues noted that gene flow is in no way unique to GMOs and is commonly seen in wild plants and conventional crops.

Another environmental concern is the

rise of "super-pests" and "super-weeds," which in turn require stronger and more environmentally damaging chemicals to kill them. Again, this is not a problem unique to GMOs. Bruce Tabashnik, a University of Arizona entomologist, points out that resistance is inevitable when farmers rely too much on one type of herbicide or pesticide. It's simply evolution at work, analogous to the emergence of antibiotic resistant bacteria. The solution is not to ban GMOs but to implement integrated pest management strategies like crop rotation.

The anti-GMO crowd will point to the "overuse" of pesticides and herbicides. One genetic modification allows plants to produce a protein from bacillus thuringiensis bacteria (Bt), which is harmful to certain insects. However, it

Monsanto's.)

Another myth is that GMOs are too new for studies to provide accurate results about the potential health risks. This is also blatantly false. GMOs are decades old. The first GMO was created in a lab in 1974 while the first GMO patent was issued in 1980. GMOs became commercially available in 1994. Scientists have been studying

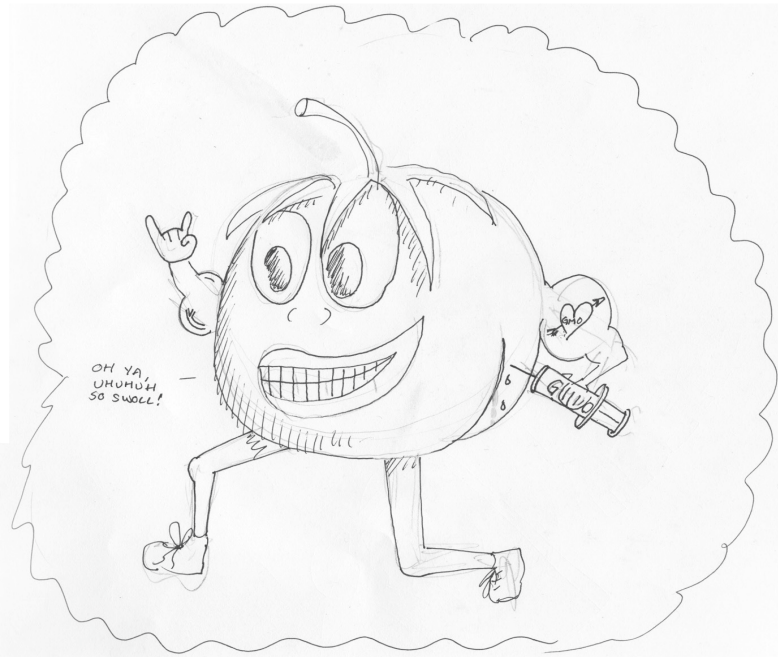
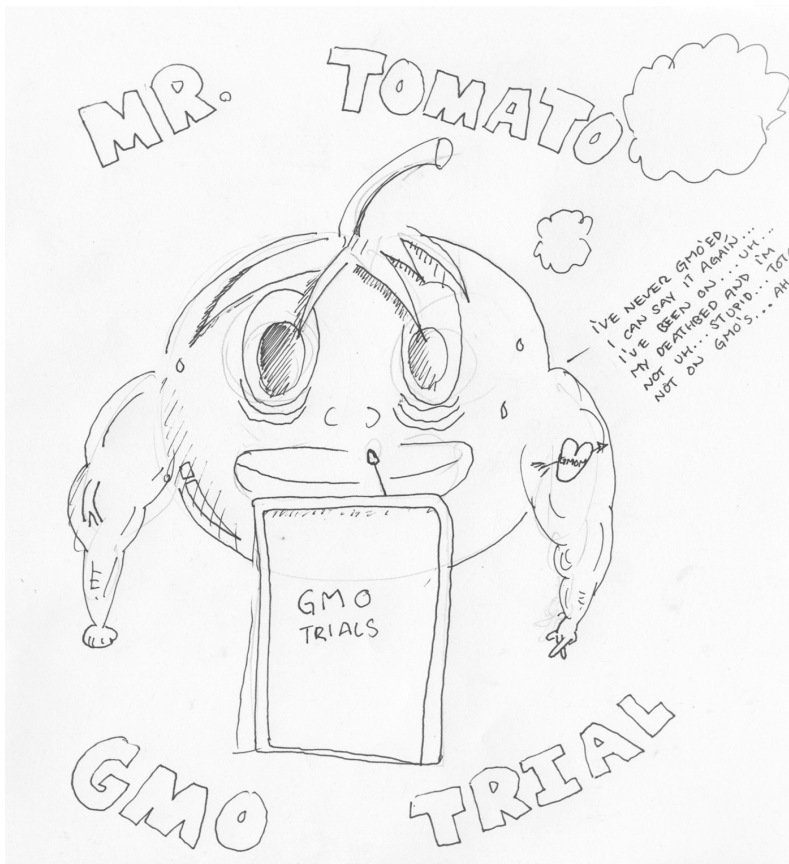


Illustration by Sam Tezak

should be pointed out that Bt is also the active ingredient in the pesticide used by organic farmers. Another genetic modification allows plants to resist the herbicide glyphosate, allowing farmers to more liberally use glyphosate. However, glyphosate is actually 25 times less toxic than caffeine. More importantly, the use of glyphosate and Bt has dramatically reduced the reliance on more toxic pesticides and herbicides, such as atrazine. Thus, while GMOs may have increased the overall use of pesticides and herbicides, they have decreased the use of harmful ones.

In addition to Nicolia's review, many independent and distinguished scientific organizations affirm the scientific consensus that GMOs are not harmful. This list includes the American Association of the Advancement of Science, the National Academy of Science, the WHO, and the British Royal Society.

It is ironic that many environmentalists point to the scientific consensus on climate change but ignore the scientific consensus on GMOs. This is at best ignorant and at worse hypocritical.

The anti-GMO crowd would argue that Big Ag has funded and manipulated the research done on GMOs. This is ludicrous. No special interest is powerful enough to manufacture an overwhelming scientific consensus. If Big Oil couldn't buy science on climate change, certainly Big Ag cannot buy science on GMOs, especially when Big Ag is tiny compared to Big Oil. (Exxon Mobil's net profits are 20-30 times higher than

ing GMOs for about as long as climate change has received extensive research.

One could argue that GMOs are as old as agriculture itself. Human beings have been genetically modifying plants and animals for thousands of years through selective breeding. Wild carrots are not orange, wild bananas are full of seeds, and wild corn does not have rows of kernels. As Neil de Grasse Tyson points out, there is no such thing as wild cows or wild silkworms. If it came from a farm, it has been genetically modified. Why does doing it in a lab make everything scarier?

A final concern with GMOs has to do with the practices of the corporations that make GMOs, such as Monsanto. Many worry that Monsanto will sue farmers who are misfortune enough to have GM seeds or pollen accidentally blow onto their fields. This is an exaggerated concern to say the least. Recently, a group of organic farmers sued Monsanto claiming that GMOs could contaminate their crops and result in patent-infringement lawsuits.

However, the farmers could not cite a single instance where this actually happened and the case was dismissed. In every case where Monsanto sued farmers, they had such high levels of GM crops that there was no way it could have been a case of stray pollen or scattered seeds. In fact, Monsanto will actually pay for the removal of any of its GMOs from fields where they were not purposefully planted. Another anti-Monsanto argument is that they put "terminator genes" in their plants that make their seeds sterile. According to the argument, this ensures Monsanto's monopoly of the business since farmers need to constantly buy more. However, "terminator genes" never made it out of the patent office in the 1990s. More importantly, Kent Bradford of the University of California, Davis, points out that large-scale commercial growers usually don't save

seeds anyway.

Furthermore, anti-Monsanto arguments are not reasons to discount GMOs. Just because the corporations that make GMOs engage in unethical business practices does not mean that GMOs themselves are bad. No one would argue that smart phones are bad simply because Apple engages in poor labor and tax practices.

Not only are GMOs harmless, they have huge benefits. GMOs allow farmers

to grow more food (311.8 million tons more food in the last 15 years), which is extremely important as rising populations and climate change threaten the world's food supply. GMOs require fewer field operations, reducing greenhouse gas emissions (in 2011, this was equivalent to removing 10.2 million cars from the road). Researchers at the University of Alberta have created a genetically modified cow that produces only 25 percent methane, a major greenhouse gas. Genetically engineered Golden Rice can be used to fight Vitamin A deficiency, which kills 670,000 children annually. The drug ZMapp, which has been used to treat Ebola, is manufactured from genetically modified tobacco. Genetically modified goats are being used to create spider silk from their milk ("milking" actual spiders is too inefficient), which in turn can make better bulletproof vests, car airbags and parachutes. Genetically modified fish that grow bigger and faster can be used in aquaculture, removing pressure from the world's depleted fisheries.

Overall, the fear of GMOs is due to the simple fact that people aren't used to them. Everything that the public perceives as new and mysterious faces resistance, especially when it's put in one's body. In the 1940s, the government began to fluoridate water in an effort to improve dental health. Immediately there were fears that water fluoridation was a communist conspiracy. In recent times, many have been fooled into thinking that vaccines cause autism. All these scares turned out to be completely unfounded. GMOs are just the latest target of irrational fear mongering.

Forty years after the creation of the first genetically engineered organism, the verdict on GMOs is out: they will not kill you. If environmentalists expect people to respect the scientific consensus on climate change, they must accept the consensus on GMOs. Few emerging technologies have been as extensively studied as GMOs and the studies are almost unanimous in their dispelling of the irrational fear of GMOs. Genetic engineering is a very beneficial technology that can help us solve many serious problems like world hunger. Only when the public ditches its unwarranted fear can this technology reach its full potential.

Tiger hockey falls to Miami of Ohio but is ready for DU

VIVIAN ENGEN
Staff Writer

After dropping two games last weekend at No. 7 Miami of Ohio, the Colorado College hockey team will look to get on track Friday with a road tilt against archrival Denver University.

Junior Cody Bradley said the team is eager to hold onto the Gold Pan, the trophy that goes to the winner of the season series between CC and Denver, which the Tigers won last year. "It's a special trophy to CC, and something you never want to give up," he said.

Senior defensive captain Peter Stoykewych noted that the Tigers "always play well up in Denver" and believes the stage is set for a win over the 11th-ranked Pioneers. "We expect nothing less than to come home with a win Friday night."

Despite a season record of 2-6, the Tigers remain positive. Five of the six losses have come to teams ranked top 10 in the country.

"The teams that we have been playing are some of the most highly ranked in the country, and we feel like we've been evenly matched with many of them," said Stoykewych. "Even though we lost twice last weekend, there are definitely positives to take away from both games."

Freshman goaltender Chase Perry was one of those positives, walking away from last weekend with 38 saves on Friday night and 21 more on Saturday. Bradley described Perry's performance as "awesome," while Stoykewych said that he gave the team a chance to win on both nights. "We need to be better in front of [Perry]."

According to Stoykewych, the Tigers put together their most complete game of the season on Friday in a 3-0 loss to

the RedHawks. Early in the game, CC appeared to take a 1-0 lead with a goal from Bradley, but the goal was waved off after a video review found goaltender interference.

Perry had 20 saves in the second period alone, and the game went into the third scoreless, but that was not enough. The RedHawks tallied two goals in a 3:19 stretch of the period, and added an empty-netter to seal the victory.

On Saturday, CC fell 5-1 in another hard-fought battle. The Tigers let in two quick first-period goals, then held the RedHawks scoreless for 28 minutes before allowing two goals near the end of the second period.

The Tigers came out strong to start the final period, drawing a penalty and scoring an apparent power-play goal that was, again, disallowed due to goalie interference.

The RedHawks scored another goal in

the third period to finish out the game.

Stoykewych said the Tigers have been beating themselves with poorly timed mistakes. "We have been shooting ourselves in the foot with all of the penalties we have been taking that have changed the momentum of many of our games," he said. "We have actually been beating teams at even strength."

Bradley agreed that the team needs to minimize penalties and added, "We need to clean up our second period play and stay structured for a full 60 minutes."

With a handful of difficult matchups under their belt, the Tigers feel confident and prepared for what's to come. The first test comes Friday at University of Denver.

DU and CC will meet again in February at World Arena.

"If we continue to build on what we have done so far this season," said Stoykewych, "we will be just fine."

CC takes on DU for first of four-game Gold Pan Series

CHARLEY BEMIS
Staff Writer

It's that time of year again, hockey fans! Snow is on the ground, the temperature is in the single digits, and it's time to break out your snow boots, shovel your sidewalks, and forget that the hockey team is on a six game losing streak. This weekend, hockey is more than just a game. It is an opportunity to once again prove our superiority over our neighbors to the North.

This Friday the CC hockey team will travel along the I-25 corridor to face the 11th ranked Pioneers at the University of Denver. The team that wins the season-long four game series will lay claim to the historic Gold Pan trophy, a magical instrument that is rumored to make light beer taste like the nectar of Gods.

This contest will be the 295th all-time meeting between the schools in what some call the most heated rivalry in college hockey. While Denver owns an overall record of 161-116-17, CC has claimed the Gold Pan twelve out of twenty-one times. It's safe to say the boys are fired up for this one.

DU is coming off of a weekend split with unranked Western Michigan. Goaltender Evan Cowley saw just 18 minutes of ice time before being yanked having

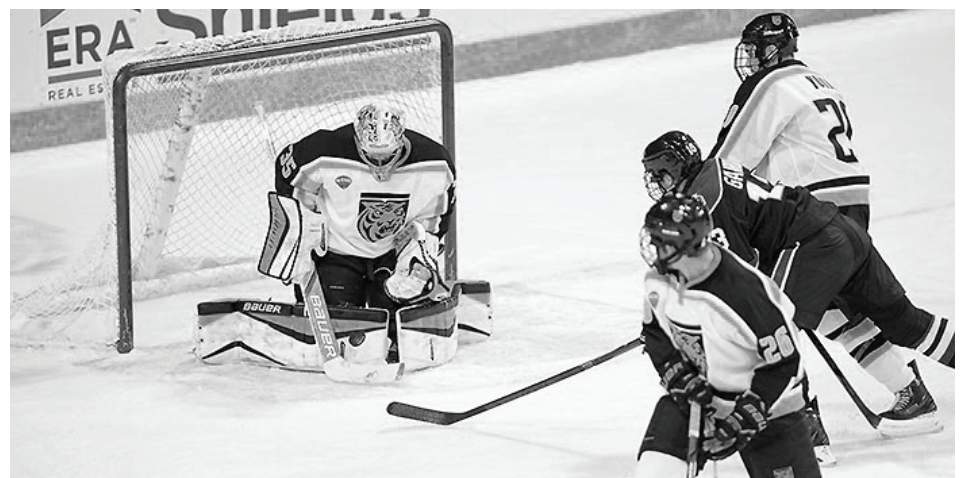
given up four goals on just nine shots. There's a technical term that describes his mindset going into this weekend: rattled.

On the other end of the ice, DU will likely look at youngsters Trevor Moore and Danton Heinen to put up numbers on the scoreboard. Moore, a sophomore, has nine points in eight games while Heinen, a fresh-faced freshman, has averaged a point a game.

Unfortunately these young guns will likely underperform on the biggest stage of their fledgling careers when CC applies insurmountable pressure inside Magness Arena.

In order to retain the Gold Pan, CC needs to forget about last week's losses to Miami and focus on the only game they will play this weekend. All week long the team has been berated with the history and tradition of the Denver rivalry, and there is a tangible feeling of anticipation among the squad. I won't go so far as to single out individuals this week because winning the Gold Pan is a complete team effort.

The Gold Pan rivalry is about school pride, history, tradition, and excellence in athletics. Today, don't be DUmb, and cheer on the Tigers as the gold rush begins.



The battle of I-25 is on, and the Tigers want gold. Photos courtesy of CC Communications.

UPCOMING CC SPORTING EVENTS

Men's Hockey (Overall: 2-6, Conference 0-4)

Friday

- 7:37 p.m. vs. #11 University of Denver

Game Note: Radio: KRDO 105.5 FM/1240 AM

#19 Volleyball (Overall: 29-8, Conference: 11-3)

Friday

- 12:30 p.m. PT vs. Pacific Lutheran University (UNLV) in Thousand Oaks, CA

Saturday

- TBD, Regional Semifinal

Sunday

- TBD, Regional Final

Men's Basketball (0-0)

Saturday

- 3 p.m. vs. Blackburn College

Sunday

- 2 p.m. Championship Game in Reid Arena

Women's Basketball (0-0)

Saturday

- 7 p.m. vs. Hardin-Simmons University

Sunday

- 6 p.m. vs. St. Lawrence University

Men's and Women's Swimming and Diving teams

Friday

- 1 p.m. vs. Adams State University

Men's and Women's Cross-Country (SCAC Champions)

Saturday

- 10 a.m. vs. NCAA Division III West Regionals in Salem, Ore.

With all kinds of home games and meets to choose from, make sure to get out there this weekend and support our Tigers!

Volleyball comes up short on SCAC title, looks forward to NCAA tournament

HANNAH WESTERMAN

Staff Writer

Tiger volleyball started off strong in the 2014 SCAC Championship last weekend. On Friday, CC swept Austin College 3-0. Sophomore outside hitter Abbe Holtze led the offense with 15 kills. Junior defensive specialist Sophie Merrifield led the defense with 18 digs. The Tigers then advanced to the semifinal match against Southwestern University. Unfortunately, for the second year in a row, Southwestern defeated CC.

The Tigers fought through five sets, but Southwestern ultimately won the match 3-2. After winning the first set, the Tigers lost narrowly in the next two sets. But in the fourth set, the Tigers came back to tie it up, sending the teams into the fifth set. At first, things looked good for CC. They held a 7-3 lead. But after a CC service error, Southwestern went on an 11-2 run and won the match.

"Southwestern is a very defensive team; they block well and they dig well. Our team is predominately an offensive team; we have big hitters and a quick offense," said senior middle/outside hitter Kristen Liberty. "Frequently what happens when we play Southwestern is they dig our hitters and send an aggressive

ball back and get us out of system."

Liberty continued, "Eventually, Southwestern wears us down by continuing to give the ball back to us, and we end up making mistakes. This last match was much closer because we distributed our offense better, making it more difficult for them to defend us. The match really came down to the fifth set in which we gave up two huge runs of points because we made offensive and serve receive passing mistakes".

Despite the loss, CC players earned several impressive accomplishments during the Southwestern game. Merrifield set the school record for most digs in a single match—42 digs. With that number, Merrifield advanced to second place in school history for most digs in a single season with 659 digs. She has the potential to beat her first place holding record from last season, 726 digs.

"It is difficult to say whether or not I will break my previous record because it completely depends on how far we make it in the NCAA tournament," said Merrifield. "Although I would be pleased to break the record, I also never focus on that. If we play well as a team and I play well individually, then all I can hope for is that the digs come naturally".

Holtze earned 17 kills and moved up to third in school history for most kills in a single season with 476 kills. Holtze also received the incredible honor of SCAC Player of the Year.

The next day, CC competed against University of Dallas for third place in the tournament. CC absolutely dominated Dallas in the first set, winning 25-8. Dallas turned it around in the second set to defeat CC 25-14. Late in the third set, Dallas held the lead 21-17 but Liberty made a kill that then set off an 8-1 run for the Tigers.

After winning the third set, CC held Dallas to just a 0.050 attack percentage in the fourth set and won 25-18. Junior outside/right side hitter Courtney Birkett was named to the SCAC all-tournament team.

"I was proud of our ability to come together and finish on a high note, said Liberty. "I feel this team has totally been plagued by injury and it has left us lower in confidence than necessary. This weekend everyone who was expected to be better by the end of the season was able to play and I really felt the team rise up in support of those players trying to get their rhythm back".

After their third-place finish in the

tournament, the Tigers are 29-8 this season. This weekend, the Tigers head to California for the NCAA Division III Championship. This will be the 17th year in a row that CC has made regionals, and because of the way bids for the tournament are decided, it almost didn't happen.

The NCAA organizes the tournament based on the best teams in each region. Because CC didn't win SCAC, they don't receive an automatic bid. CC had an amazing season, beating the number-one teams in the New York and Mid-Atlantic regions, but they have faced some tough losses against teams within their own region like Southwestern University.

CC has a low regional ranking even though they have one of the best records in the West region. However, even though the rankings meant that the national committee had to consider eight West Region teams before even discussing CC, the committee clearly realized that the Tigers deserved a spot and the team received an at-large bid.

Today, CC will play their first match of the NCAA Championship against Pacific Lutheran University, who also received an at-large bid.



The Tigers enter the NCAA tournament hoping to end the year with a late season run. Photos by Charlie Lengal. Photos courtesy of CC Athletics.



Photo by Sam Zarky.

Tigers swim and dive achieve team goals and maintain positive outlook in loss

DAVID ANDREWS

Staff Writer

There were two scores that came out of the Colorado College swimming and diving dual meet against Colorado School of Mines on Saturday, Nov. 8. The official score was displayed prominently in fluorescent red lights on the scoreboard at Schlessman Natatorium. This scoreboard showed clear losses: 190-77 for the men and 168-118 for the women.

Luckily for the Tigers, they were competing for a different scoreboard. In the week leading up to the dual meet, Head Coach Anne Goodman James devised a unique scoring system to focus not on the overall score, but on her team's development of crucial skills.

"We had broken down the meet into a variety of technical aspects that we had been working on and assigned points to those. I think it really created a very good mindset in general. We saw much more attention to detail and improvements on things we've been working on in practice," said Goodman James.

Freshman butterfly swimmer Ellen Silk said, "I think having the scoring system in our heads allowed us to be really motivated on the day of the meet. Even though they weren't going to the actual meet, it was something just internally that I think really motivated us."

Colorado School of Mines was a tough Division II opponent for the Tigers. "They had a lot of good swimmers," Silk explains. "They were faster than us and beat us point-wise. But I think the meet showed that we are a strong team and even after a tough week of practice we can really push through and come out with some good times."

In the grand scheme of things, the dual meet will have little bearing on the rest of the Tigers' season. When asked what the consequences were of dropping this meet, Goodman James responded, "Honestly, there aren't any."

Thus, the meet acted as less of a competition for the Tigers and more as a time to set expectations for the season. Silk said, "The meet was a really good marker of where we are in this season."

Going into the meet, the men's squad was without seniors Matt Nadel and Brian Kopec along with top sophomore sprinter Crane Sarris. While the odds were largely stacked against the Tigers in terms of snagging an overall victory, a bevy of individuals turned in strong performances.

A bright spot for the men's team came in the form of senior sprinter Sam Zuke. Crane Sarris, usually one of the Tigers' top sprinting threats, was sidelined due to illness. With Sarris out, Zuke stepped into the spotlight.

Zuke took third in the 50-yard freestyle and fifth in the 100-yard freestyle. Perhaps Zuke's best performance of the day came during the 200-yard freestyle relay.

Silk said, "The coaches told us that if Sam [Zuke] went below 21 [seconds] in his 50-free split, we would get ten points, so everyone was behind the blocks cheering for him. We really wanted him to do that for the team." Zuke's sub-21 second performance in the 200-yard freestyle relay was the fastest split of the year so far for the Tigers. This performance sets up Zuke "as an integral part of our sprint relays," said Goodman

James.

Goodman James had high praise for Zuke. "Sam is way ahead of where he was at this time last season. He has a great attitude, his work ethic has really taken a step up, and his competitiveness really showed this weekend. He set some high expectations for himself and achieved them."

Austin Howlett, the 2013-2014 SCAC Diver of the Year as well as a returning All-American, had a strong meet. Howlett earned NCAA qualifying scores in both the 1-meter and 3-meter diving events.

Freshman Ben Hicks and junior Alex Garner are the two other divers that will play into the equation for the men's squad this season. Goodman James said, "[Hicks] and [Garner] are both in the learning process, but they both already have full lists." Divers are required to perform 'lists' composed of six dives from different categories of dives, such as back dives and inverted dives.

Garner can normally be found in the pool for the Tigers as a breaststroke specialist and integral member of the men's relay teams. However, this season he opted to try out diving in addition to swimming.

Goodman James said, "Alex doesn't really have a third event where he could score real high at the high conference meet, and he came to me and said, 'I think I can help the team more if I make diving my third event.' That's a pretty bold thing to do when you're a junior in college and you've never done diving before. But he's doing it for the team. I think it takes a lot of guts to do that."

Similar to the men's team, the women's squad posted strong individual performances. A positive takeaway for the women's team was the prowess that freshmen Ellen Silk and Emily Harrison along with junior Megan Gillespie showed in the 100- and 200-yard butterfly. Goodman James said, "After this meet, we hold the top three spots in those events in the conference." Particularly exciting for the Tigers was Silk's first-place finish in the 100-yard butterfly with a time of 1:00.26.

Other standout performances for the Tigers included freshman sprinter Justina Zuckerman who finished third in both the 50- and 100-yard freestyle.

Freshman Mary Rose Donahue recorded an NCAA qualifying score in 1-meter diving. "She's got some big dives and a very high degree of difficulty," said Goodman James. Historically, the SCAC is dominated by Trinity University divers, but Goodman James said, "I think [Donahue] will really be something to deal with at the conference tournament and will really break into the Trinity contingency."

Next up on the slate for the swimming and diving team is another dual meet on Saturday, Nov. 15 in the familiar waters of Schlessman Natatorium against Adams State University. The Grizzlies will most likely be an easier matchup for the Tigers, as they are a Division III program.

The men's team will be back closer to full strength. Goodman James said that Brian Kopec and Crane Sarris will compete but said that Nadel is the most "iffy" heading into the matchup Tiger's second dual meet of the season.

TIGERS MAKING HEADLINES

Women's Soccer

-Senior midfielder **Jessie Ayers** (tied for fifth all-time at CC in points) and junior midfielder **Sarah Schweiss** earned first Team All-Mountain West Honors. In addition, senior forward **Rachel Herron** and senior midfielder **Kaeli Vandersluis** earned second Team All-Mountain West Honors during CC's first year in the conference.



Photos courtesy of CC Athletics.

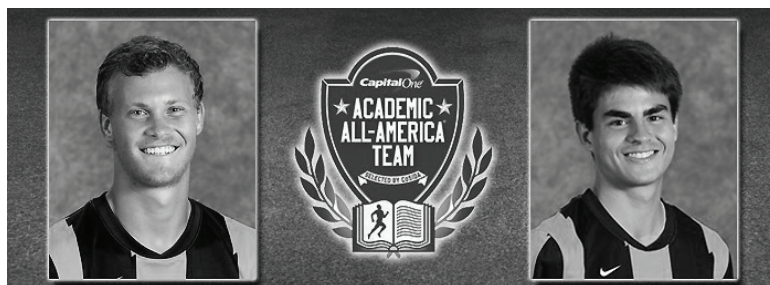
Volleyball

-Sophomore outside hitter **Abby Holtze** and sophomore middle hitter **Keli Sherwood** were named to American Volleyball Coaches Association All-West team, helping lead the tigers to their 17th consecutive NCAA tournament bid.



Men's Soccer

-Senior forward **Brandon Ogilvie** and junior midfielder **Max Grossenbacher** earned spots on the CoSIDA Capitol One Academic All-District team and now qualify for Academic All-American consideration



Swimming and Diving

-Senior diver **Austin Howlett** (pictured below), reigning SCAC Diver of the Year, earned SCAC men's diver of the week after posting NCAA qualifying marks in both of his diving events.




Cross Country

-By a vote amongst his fellow SCAC coaches, **Coach Ted Castaneda** (pictured below) earned SCAC Coach of the Year for both men's and women's cross country after leading both groups of Tigers to SCAC championships.




Photo by Charlie Lengal, courtesy of CC Athletics.



Cross-Country Skis
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Top five most dangerous fourteeners in Colorado

PATRICK LAPERA

Guest Writer

If you climbed your first 14er (or peak with an elevation of over 14 thousand feet) on a foot trip. Chances are it was a fairly easy hike along a well-maintained trail. Those who are strong enough can even bike up a couple of 14ers. On Pikes Peak and Mount Evans, you can just drive your car. However, not all of Colorado's 54 highest peaks are so accessible or easily climbed. For the climber who wants more challenge with their summits, here are five peaks to consider.

5. Wetterhorn Peak- 14,015 ft.

Wetterhorn Peak is an excellent introduction to more technical 14er climbing. Due to its close proximity to Uncompahgre Peak, the two mountains are often climbed in conjunction. Wetterhorn is a fairly standard hike until the last five hundred feet or so when it becomes an exciting Class-3 rock scramble. While there is some exposure, the rock is excellent and it never gets too scary. Also, it's not a very long hike compared to many 14ers. Your reward for summiting? One of the best views in Colorado—you're perfectly positioned to see almost the entirety of the San Juans. Bring a high clearance vehicle if you want to make it to the upper trailhead.

4. South Maroon Peak- 14,156 ft.

The view from the top of Maroon Peak is considered the best in Colorado by Backpacker magazine, and the Maroon Bells are probably the most iconic mountains in Colorado. However, they are also the deadliest. They earned their nickname "The Deadly Bells" after eight people died on the mountains. Two people have died on the Bells this year alone. While only a Class 3 climb, the rock is the worst in the state, and rock-fall is a serious danger. Wear a climbing helmet at all times and bring an ice axe



The number three most dangerous fourteener, Pyramid Peak. Photo by Patrick Lapera.

if there is any chance of snow. Exposure and route finding are also serious dangers. The truly adventurous can do the Bells Traverse, a route that crosses the insanely exposed ridge between North and South Maroon Peak.

3. Pyramid Peak- 14,018 ft.

Pyramid Peak, the little brother of the Bells, may objectively be the worst hike I have ever done. Subjectively, it is possibly the most rewarding. The 8.25-mile hike gains 4,500 feet in elevation. Everything leading up to the technical sections of Pyramid is miserable—slow hiking with poor grip and difficult route-

finding. Once you reach the technical parts, the rock is just as bad as the Maroon Bells. Of note is the cliff traverse, a short section where the trail drops to six inches wide. Next to the trail? A 50-foot drop. On top of that, to even access the cliff traverse you have to make a very large, awkward step over pretty serious exposure. Route finding is essential, as a missed cairn can send you over the edge of a drop of hundreds of feet. The final sections of the climb are Class 4. Wear a helmet and hike in the fall if conditions permit for mind-blowing views of the aspens.

2. Crestone Needle- 14,197 ft.

Crestone Needle's Ellingwood Ledges route is included in the seminal book *Fifty Classic Climbs of North America*. This is not the standard route, which is Class 3 with optional Class 4 variations. Either way, your reward is a view of the entire San Luis valley and a big chunk of the Sangre De Cristo range, as well as the knowledge that you conquered one of the most difficult 14ers in Colorado. Allocate two days to climb this one, as you have a pretty substantial hike in and you'll want to make high camp at the South Colony Lakes. While the rock is significantly better than the Bells and Pyramid, still bring a helmet. If you're climbing the Ellingwood Ledges, be aware that this is a technical, multi-pitch rope climb.

1. Capitol Peak- 14,130 ft. in White River National Forest

Capitol Peak is considered by many to be the most difficult 14er in Colorado, or at least the scariest to climb. It is famous (or infamous) for its Knife Edge feature, a 500-foot exposed ridge with thousand-foot drops on either side. Don't attempt Capitol Peak if you're not comfortable with exposure. Allocate two days to climb Capitol, as there is a substantial hike in.

With the exception of Wetterhorn Peak (which is almost never skiable from the summit due to snow conditions), skiing any of these mountains is a far more serious undertaking than simply climbing them.

Most of the standard ski descents of these mountains require serious commitment. Once you drop in, there's pretty much no turning back, and falling means near-certain death on many routes. There are also avalanches to worry about.

For any of these mountains, start early, know the route (and your group), bring adequate food and water, watch for weather, and know when to turn around.

Trail review: Hartenstein Lake

KAYLA FRATT

Staff Writer

Starting at the Denny Creek Trail just west of Buena Vista, hikers have three options: summit Mt. Yale, hike to Brown's Pass, or head to Hartenstein Lake. Mt. Yale is a fairly tough hike, and if weather is questionable or the group gets a late start, Hartenstein Lake is a great Plan B. After just over a mile of hiking on a wide, well-maintained trail, the paths split: one to the summit, another for the lake or pass.

The trail is rated as 'moderate,' but felt easy to a group of hardy college students. A few short sections had loose rocks, but compared to the hike to Yale, the trail was a piece of cake. After 3.5 miles and about 1,700 feet

of elevation gain, the trail ends at Hartenstein Lake, a pretty lake that supposedly has great fishing. However, marshy conditions around the majority of the lake make it difficult to approach and allowed for little time at the top before heading back down; there was nowhere to sit and enjoy the view of the lake.

Given the choice, I would rather hike the Ptarmigan Lake Trail, which is a similar length with a trailhead just a few miles further up the road. The hike is a bit more difficult, and the trail isn't as well travelled, but the lake is absolutely stunning and is a great lunch spot. However, if your group is forced to make the call and not summit Mt. Yale, or is looking for fishing, Hartenstein Lake is a great option.

Gear review: Polar Pure Crystal Iodine

ELIZA STEIN

Guest Writer

It's been about five years since I took up the backpacking lifestyle, and in that time, I've made my way through about five different brands of water purification. The filters yield the freshest tasting water, but they're expensive. The chlorine tastes okay, but it takes hours. The iodine is fast and affordable, but the awful taste is hard to bear. Finally, this past year, I found the water purification that would save me.

Polar Pure crystal iodine uses the same chemical process as iodine droplets, but the method is slightly different. It comes in a glass bottle, and inside the bottle are several dozen iodine "crystals." These silver little beads consist of highly concentrated amounts of crystal iodine so that when water is added to the bottle, small amounts of iodine dissolve into the water. This water is then used to treat drinking water. Simply look on the side of the bottle for an indicator that tells you how many capfuls of

water-iodine solution to add to your bottle.

The water needs to sit in the Polar Pure bottle for an hour before being added to drinking water; it then needs 20 more minutes before it is ready to drink. However, I've discovered a way to make this process extra-efficient, especially if you need to treat a lot of water at a time. Every hour, I pour the water from the Polar Pure bottles (a tiny bit of water with a very high concentration of dissolved iodine) into a small empty water bottle. I then refill the Polar Pure bottles and, an hour later, I add that treated water to my small water bottle as well. This way, if I need to fill three, six, or even 20 water bottles after a few hours, I have a store of liquid iodine set aside.

If you're not quite satisfied with your current water treatment method, I highly suggest Polar Pure. It costs next to nothing at about \$20 for a bottle that will last you years (and I mean years—the summer camp I work at has been using the same ones for over five years). You won't be disappointed!

Are chickens a crime? Synergy House's poultry potentiate pandemonium



Photo Courtesy of Synergy House

CONNOR SAMPLE
Staff Writer

The issue of pets or personal animals on the Colorado College campus is a topic of constant debate. Recently, this debate became manifest at the Synergy House on Yampa field, where the 12 residents purchased several chickens.

After owning them for about a month, CC Residential Life and Housing discovered the chickens and called in some of the students involved in order to ask them to remove the chickens from campus. During this meeting, the administration cited the school's pet and animal policy in order to reinforce the decision to expel the chickens from campus. According to junior Mike Raab, a resident at the Synergy House, the adminis-

tration stated that the synergy house "doesn't have the facilities to have chickens and is lacking a proper coop" among a variety of other reasons. The chickens were living in a converted tool shed that was sound in infrastructure and well insulated. The chickens are currently living at the house of several students off campus.

Residential Life also cited block breaks as a major issue in the care for the chickens. They were concerned that no one would be around to look after the chickens during block breaks and other times that students would be off campus. The residents of the Synergy House did not see this as an issue as they would be willing to sacrifice time and block breaks in order to maintain the healthy living conditions of the chickens.

However, this is not the end of chick-

ens on campus. At the beginning of the conversation with Associate Director of Residential Life and Housing Justin Weis, there was no leeway; Raab and Claire Vernon were told that chickens would never be allowed in residential housing on the Colorado College campus. As the conversation evolved, dialogue began to flow between the two parties and Raab and Vernon were able to convey their thoughts on the chickens in Synergy.

The residents of Synergy believe that owning and raising chickens fits in very neatly with the nature and philosophy of sustainable development that is the foundation of the house. Owning these chickens allowed them to be fully aware of where their food was coming from—literally right from their backyard. This idea of local foods is one of the building blocks of the Synergy community, and

the group believes that owning these chickens is an excellent way to foster and encourage students to eat locally sourced goods.

This group plans to continue to work with the administration and is currently in the process of writing a proposal that would alter the pet and animal policy in certain areas of residential housing. The school is very open to discuss this issue and continued communication between these two parties could lead to a change in school policy in the near future.

With the exception of service animals and emotional support animals, the official policy of Colorado College regarding pets in residence halls allows residents to have only "fish/crustaceans that live under water at all times" and these animals must be kept in the student's room or apartment at all times.

Two men with a vision and their four actors: Waiting for supermoons, Waiting for Godot

NELSON KIES
Staff Writer

I waited in Wooglins with a cup of coffee, intensely eyeing all those who walked past me. I was waiting for Kyle Kallman, the director of a new Colorado College production of "Waiting for Godot." I was unsure if he was going to arrive; I thought maybe he was one of the people already waiting in the red leather booths of Wooglins and that we were both waiting for each other.

To my relief, I saw a cyclist slide in on the frozen roads and enter Wooglins fully cloaked to combat the cold; it

was Kallman. We introduced ourselves, grabbed some coffee, and settled in to discuss "Waiting for Godot," the supermoon, and how it all relates to the CC student.

In his new production, scheduled to show next month in Taylor Theater, Kallman hopes to bring the highbrow American classic to the CC student. The first thing I admitted to Kallman is that I have no idea what this play is about. Even with the assistance of the internet, I was still lost as to the meaning and even the merit of this play.

"It's a story of two men waiting for Godot under a tree," Kallman explained, smiling. "Godot, however, never shows up, and the waiting men are always promised that he will arrive the next day."

Put all too simply, the whole play consists of two men talking and occasionally another actor walks through. I mentioned that it all seems pretty risky, that the audience might get bored, a concern which Kallman understands..

"Initially, I was worried that no one would want to see it, but I realized that CC is an incredibly intelligent community," said Kallman. "Because of this, I didn't pull any punches and said 'Okay, this is a

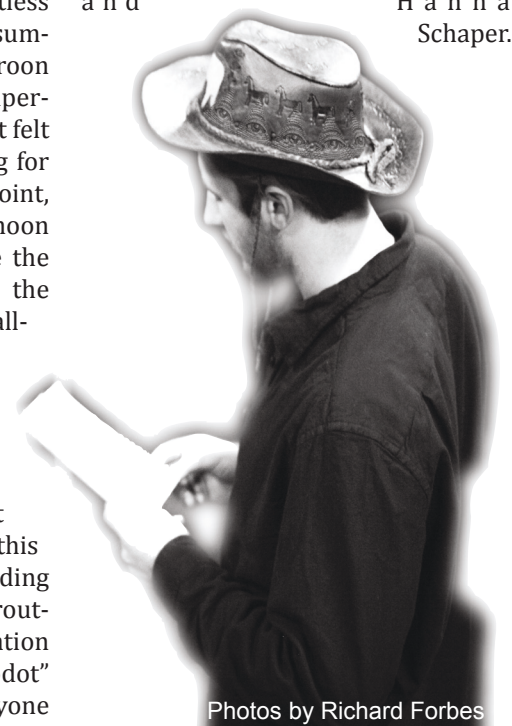
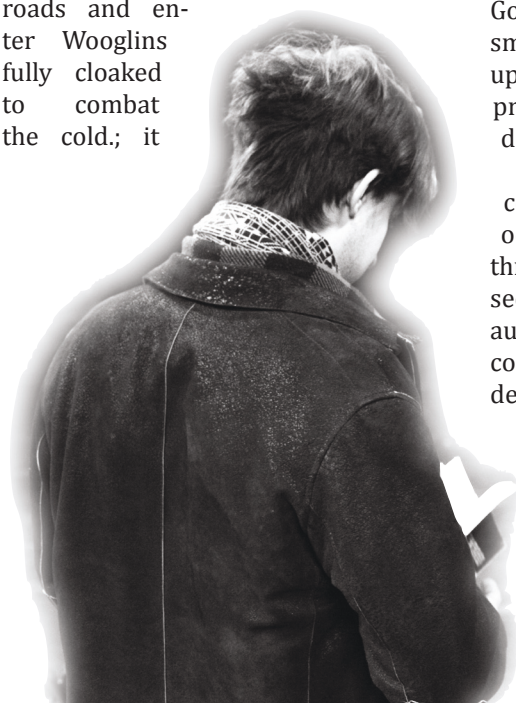
play for a highbrow audience, and anyone here can go see it and enjoy it."

The secret power of the performance, then, is that any student who chooses to be engaged in the performance will find it engaging and even profound. Kallman did, however, add that anyone who wants to take the most out of this performance should have a familiarity with the text.

As an English major, Kallman has a unique perspective on this play and a close connection to its meaning. As one might imagine, he has read the play countless times and has found limitless applications to his life. This past summer, he was camping in the Maroon Bells and was waiting for the supermoon to rise above the mountains. It felt as though he had been waiting for so long, too long; at one point, he was no longer sure the moon would even make it above the ridgeline. In a subtle way, the wait and the worry left Kallman with a permanent connection to the play he now loves so dearly; if they could wait, so could he.

Kallman is certain that CC students will relate to this play. It houses an astounding depth of meaning, all sprouting from a single conversation under a tree. "Waiting for Godot" is simplicity done well. Everyone

waits and no one asks, 'Why do we wait? What are we waiting for?' I have yet to see the play, but I'm happy to wait for it, just as I briefly waited in Wooglins and just as Kallman waited for the supermoon. Waiting is as commonplace as breathing, and, like breathing, it's never discussed; Kallman hopes to change that. In the mean time we eagerly await Beckett's magnum opus directed by senior Kyle Kallman, assistant director and stage manager Sam Tezak, first-year Alex Musicant, sophomore Dylan Pearl and juniors Chloe Sharples and Hannah Schaper.



Photos by Richard Forbes

The king of phở: Phở Brothers brings Vietnam to C Springs



JACK BENHAM & ZOE HOLLAND
Food Gurus

On a snowy Monday, we set out to try some of Colorado Springs' more innovative cuisine. Unfortunately, Veterans Day closings thwarted those plans, but we found some great food nonetheless. We checked out Pho Brothers, one of the newest Vietnamese restaurants to open in Colorado Springs.

Z: Pho Brothers inhabits a slightly grimy-looking strip mall. It's non-descript, no bullshit, and immediately seemed like the kind of place whose food would exceed the ambience. When we walked in from the snowy night, we were their only customers.

J: Even covered in snow, the parking lot and mall that Pho Brothers sits in were bland and depressing. They are not trying to fool anybody with a faux fancy setting or decor. The dull setting suggested an honesty of the restaurant's intentions and beckoned us inside from the ice and wind.

Z: The menu provided English translations and pictures of the dishes available for those who weren't as well versed in Vietnamese cuisine. Despite the accommodation, the actual menu items were mostly authentic and far from "Americanized." We decided to explore beyond pho and started with egg rolls. I also ordered Bun pac deit, a noodle bowl piled with a variety of meats and toppings.

J: Also, for ease of ordering, the menu assigned a letter and number for each dish. I ordered a "C2", which stands for their "Com Bo Nuong" or (in English) the "steamed rice with grilled beef, vegetables, and house sauceering."

Along with Thai iced tea, they offered about ten bubble, or boba, teas. Bubble tea is an iced tea served with large tapioca balls that rest at the bottom of the glass. The drinker uses a wide straw to suck up the tapioca balls. Again, a non-authentic option as bubble tea originates from Taiwan, but has gained popularity throughout the United States as a fun novelty drink.

While waiting for our entrees, we sipped on tea from a kettle, which might have been a jasmine tea or some sort variation of an oolong. Regardless of the type, the tea warmed me; I felt as though I was mocking the windy 20-degree weather outside.

Z: Yes, the tea was one of the highlights of the meal, mainly because of the weather. Our spring rolls were flavorful,

crispy, and not nearly as greasy as any I have had in the past, though I am still not quite sure what type of meat was inside of them.

J: I don't think there was meat in them; maybe, maybe not? I tasted heavier vegetables like saut mainly because of the weather.

Z: All I knew was that they were flavorful and had a rich meaty flavor that complemented the crisp and fresh lettuce we wrapped the rolls in. The combination of textures was spot on, and seemingly sophisticated for such a modest place.

J: Also, the presentation was unexpectedly sophisticated. The rolls were stacked on a bed of lettuce leaves garnished with sliced jicama and carrots. The waiter told us to wrap the rolls in the lettuce leaves and garnish them with the jicama, carrots, and a house peanut sauce. Zoe seemed skeptical of the ceremony of composing the egg roll wrap, which I understood because the egg rolls' balance of crunch and smooth flavor did not need embellishment.

Z: I was honestly expecting to abandon the lettuce one bite in, but it was a great complement, and now I'm converted. However, my bun pac diet lacked the same flavor contrast and complexity that the egg rolls had.

The noodles that sat below the array of meats were dry and flavorless. I generously poured the oily sweet chili sauce we were given on the side into my bowl, which made the noodles easier to eat but didn't provide that much flavor. The meat was the real star; every bite was flavorful, a rich sweet and salty combination. In this context the noodles clearly served as more of a textural complement than one for flavor.

I couldn't tell you that I really needed the four different types of meat, as they mostly tasted the same, but I got sucked into the beautiful photo on the menu and the novelty of such an amalgam of ingredients.

J: Your dish looked like a typical Asian combo platter. It had everything but the kitchen sink thrown in. After ten minutes, I noticed you had unearthed two shrimp from the abyss of noodles and lettuce, or maybe they materialized out

of the ether? Who knows?

Z: Yeah! They were such a bonus.

J: There were no seafood bonuses hidden within my beef and rice plate; it was simple and to the point. A neat pile of steamed white rice sat in the center of the plate, surrounded by thinly sliced cuts of beef. They served the beef around room temperature and served the rice steaming hot. The temperature difference added a dimension of complexity to this very basic dish.

Z: Your dish resembled Mediterranean food. In many ways it was very similar to my noodle bowl in terms of the flavor profile. The plating was definitely deceiving, and I would love to go back to uncover whether there was actually some more depth to the menu than our choices reflected.

J: The beef in both our dishes was the same, although yours might have been served at a warmer temperature. Once you pointed out my food's resemblance to Mediterranean cuisine, I could not shake my mind of the idea that I was missing a side of pita bread to make my own gyros.

Nonetheless, the dish maintained its Vietnamese character from the beef seasoning and their 'mystery' house sauce that I doused my dish in. It was all that a beef and rice dish needed to be: simple, yet comforting.

My Thai Iced tea came after the waiter cleared our plates. I was expecting tapioca balls in the

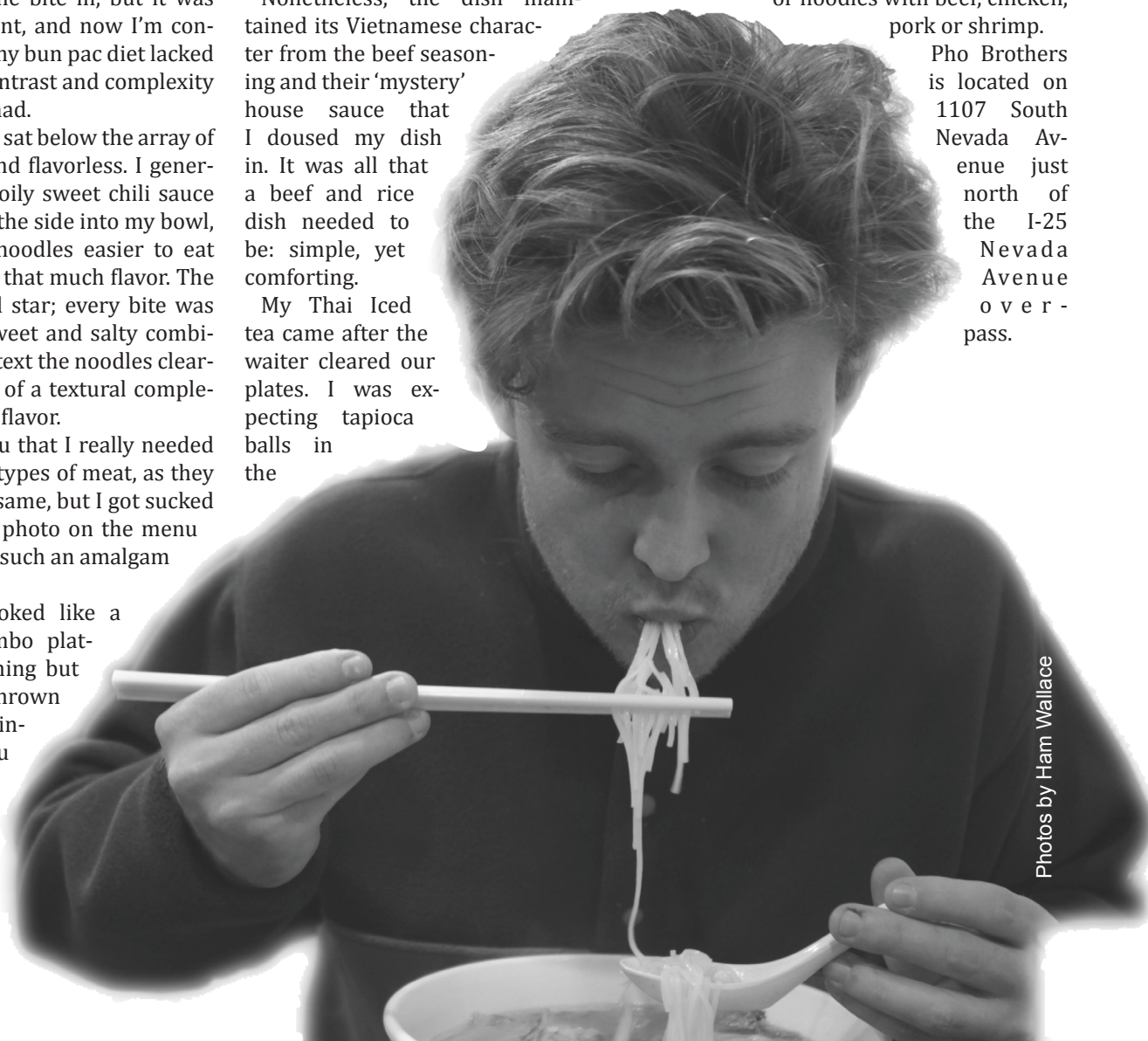
tea but, to my disappointment, they were not there. The large poster of their selection of Bubble teas duped me with its inclusion of a picture of a Thai iced tea with the tapioca balls. I managed without them though.

Z: Overall, if you are looking for some simple, flavorful eats, this place seems like a great addition to the repertoire. It may not be the best Vietnamese in the Springs, nor may it be the best ambience, but the choices are solid and the prices are low.

J: Pho is their specialty (after all the dish is featured in the name of the place). Pho is eaten as a breakfast dish in Vietnam and Pho Brothers opens at 10 am offering the adventurous a chance to try an authentic Vietnamese breakfast. But pho is not limited to the mornings and it might have been a good idea to get an order of one of their phos on that freezing night.

Also, I encourage ordering a few dishes to share because the portions were generous. Besides the pho, they offer a variety of rice and noodle plates, which are simple combinations of steamed rice or noodles with beef, chicken, pork or shrimp.

Pho Brothers is located on 1107 South Nevada Avenue just north of the I-25 Nevada Avenue overpass.



Winter tunes: The perfect auditory pairings for newly fallen snow

EVYN PAPWORTH
Guest Writer

Winter came abruptly to Colorado this week. The colors of fall and sunshine of summer vanished within mere hours. With this seasonal change, our pace of life changes too. The music of our lives drops in tempo and becomes more contemplative.

New snow calls for new playlists, and hopefully for slightly more variety than Christmas music. While there's nothing like new music to go with that deep grey violet sky, there are also plenty of well-loved albums that capture the cold and the coziness just as well. If you're looking to revive some of your older indie favorites, here is a list of albums and songs to get you started:

Everything All The Time – Band of Horses (2006)	A classic indie rock album with upbeat songs that balance out fuller melancholy, as in "The Funeral."
For Emma, Forever Ago – Bon Iver (2007)	This is a given. Justin Vernon's work of quiet loneliness conjures imagery of desolation within a snow covered forest.
Illinoise – Sufjan Stevens (2005)	Full of quirky titles and instrumentals, "Chicago" reminds you of winter.
Transatlanticism – Death Cab For Cutie (2003)	

Arguably one of Death Cab's best albums, *Transatlanticism* is beautifully put together, each song a work in itself.

This Empty Northern Hemisphere – Gregory Alan Isakov (2009)

If you're looking for something sweet and acoustic, this is it.

The Sea & The Rhythm EP – Iron & Wine (2003)

Iron & Wine have countless EPs and albums, but this soft contribution remains a solid winter staple.

Hot Fuss – The Killers (2004)

Maybe it's just the album cover, but this has always been a personal favorite winter album; it captures The Killers at their edgy beginning.

Give Up – The Postal Service (2003)

With Ben Gibbard, the lead singer of Death Cab for Cutie, this album puts an electronic spin on his thoughtful lyricism. The only downside is that they haven't released another album.

Eyes Open – Snow Patrol (2006)

Yes, there are other great songs besides "Chasing Cars."

Fountains of Wayne – "Valley Winter Song"

Contrary to popular belief, Fountains of Wayne wrote more than just "Stacy's Mom." This gem conjures the feeling of looking out the window as snowflakes drift down to earth.

R. Kelly – "Christmas I'll Be Steppin'"

Now, not all winter songs have to be Christmas songs, but R. Kelly's holiday reworking of his song "Happy People" will have you grooving this winter.

Trent Reznor & Atticus Ross – "Hand Cover's Bruise"

This song from *The Social Network* score brings in the loneliness of walking from building to building on cold winter nights as young Mark Zuckerberg did during the opening credits.

Norah Jones – "Don't Know Why"

The beautiful piano accompaniment and softness in Jones' voice make you want to cuddle around a fire to escape from the icy chill outside.

Modest Mouse – "Gravity Rides Everything"

One's eyes easily drift to the falling snowflakes as it comes down. You know what's responsible for that falling? Gravity. This song is fitting for getting lost in your own thoughts while watching the snow cover the ground. (Also, it's on an album called *The Moon and Antarctica*.)

Fun. – "Sight of The Sun"

This great song from the *Girls* soundtrack is filled with beautiful lyrics about turning to a new page as we do in the winter. It acknowledges the people we thank for sticking with us through the winter.

Coldplay – "Don't Panic"

It might have been cleverer to have chosen "Shiver;" however, "Don't Panic" feels more suitable. As you might have woken to see snow out your window the other morning and be filled with dread, you shouldn't panic. This song is soothing and to the point. (Also, Coldplay, get it?)

Real Estate – "Green Aisles"

With block break quickly approaching, "Green Aisles" invokes the imagery of driving past snow-covered pines under gray winter skies.

Promiscuous Sisters' dynamic debut

EBONI STATHAM
Staff Writer

"Keep the booties movin'": That's what the Promiscuous Stepsisters responded to me when I asked what their goals were for upcoming school year. Last Wednesday, the sophomore class put together a wonderful benefit concert for the Colorado Springs Food Rescue in Bemis featuring student bands such as the Most Bodacious, Drunk Uncle, and the Promiscuous Stepsisters.

With already over 100 likes on their Facebook page, which includes quality photos from the event, primary members Sam Schonfeld (drums), Benjamin Pitta (bass, vocals), and Callum Neeson (guitar, sax, vocals) came together with other sophomore musicians to create a mind-blowing first performance that really turned some heads.

With a sound they describe as "mutant Motown with a splash of funkadelic jazz/yazz," the Promiscuous Stepsisters produce music full of wonderful rhythms that have the power to force you to dance endlessly throughout the night, and, as they stated, the power to keep the booties movin'.

Since I had never heard of them before that night and easily get excited whenever I hear of any new student group, I was wondering how they got the gig. They responded by saying, "Our friend, the luminous, handsome, well known guitar player Jake Sabetta asked us to play." This shows students transcending class

boundaries and helping others gain the opportunity to create music and prosper in this environment, which is something so beautiful. It seems to me that these connections, created through common interests, make performing at Colorado College a unique opportunity, especially since we are a small school and we happen to really love our music.

As a group which started off with just friends who jammed together very informally, one can see that if you really want to start something magical, you just have to take a chance. The Promiscuous Stepsisters took a chance and it worked, just as last year Funkdozer took a chance by coming together and performing for the first time live in McHugh Commons. It is through these chances that synthesis, popularity, enchantment, and, in this case, jazz is created.

As the first freshman band that I have seen perform so far, I am excited to see what the future will hold and if other new bands will rise to the occasion. One thing that I am particularly impressed by is that they were asked to play four days before the gig and got serious enough to practice and write some quality pieces.

So what's next? It seems as though these funky stepsisters have a plan and stated, "As of right now, we are practicing and writing so that we can be prepared to play as soon as an opportunity presents itself." Naturally so, there will be many more opportunities ahead, and I can guarantee this will not be the last time we see some Promiscuous Stepsisters.

Nolan's *Interstellar*: Visually stuns for hours

NICK DYE
Music Editor

Last week, director Christopher Nolan gave us his latest epic, *Interstellar*. The sci-fi film is the auteur's first film since concluding the *Dark Knight* trilogy in 2012. The movie has been in high demand since a teaser trailer debuted about a year ago. It became one of the most highly anticipated films of the year. The wait begs the question: Is *Interstellar* worth the hype?

The answer is, ultimately, yes.

Interstellar is a tour-de-force. It is an awesome sci-fi epic that pulls its audience in by sheer scale and emotion. The massive scope of this film is a tribute to the overwhelming nature of our universe.

The hero of the film is Cooper, a former NASA pilot turned farmer, played by Matthew McConaughey. The human race is facing extinction in the wake of a blight killing of all our food sources. Cooper and a crew of NASA scientists are sent on a mission to find a new planet for the human race. The team must travel through wormholes in order to find new worlds.

Cooper is determined to return from this mission in order to see his daughter Murphy again. When and if the crew will return is indeterminable, and they must constantly decide between their personal goals and the mission itself. Plenty of twists and obstacles challenge the team along the way.

The plot is too rich to divulge more information without spoiling major plot points. So much happens and so much has been hidden from the public in *Interstellar*; that there is even a major A-List actor that viewers did not know was in the film.

Visually, the film is stunning. Even the cinematography on Earth is beautiful, perfectly delivering the imagery

of a modern dust bowl. The scenes in space breathtakingly capture our truly miniscule size compared to the scale of the universe. Nolan shot the movie on 35mm film to capture the same feeling as Stanley Kubrick's 2001: *A Space Odyssey*.

Kubrick's sci-fi masterpiece is *Interstellar*'s biggest influence. There are plenty of tributes to the film throughout. The biggest similarity may be the faceless robots featured in both movies.

The storytelling in the movie is pretty well done, although it is lacking in some parts. The movie starts off fairly slowly, dragging on before eventually getting to space. However, the most emotionally heavy scenes may be as Cooper drives away from his family to venture into the unknown.

The major flaw of the storytelling is that it is very implicit. The script will openly tell the viewers exactly what's going on rather than let their own wisdom or imagination fill in the gaps. It isn't necessarily a bad thing, but it detracts from the magic.

Nolan worked with theoretical physicist Kip Thorne to make sure the film was scientifically sound (Thorne also served as one of the film's producers), but if you want a scientific review of this film, go ask a physics professor.

The acting by McConaughey is good, but not as great as in *Dallas Buyers Club* or *True Detective*. He does manage to give some of his fantastic monologues. The acting by Jessica Chastain is fairly poor, but Anne Hathaway holds her own against McConaughey.

The overall flaw is that *Interstellar* is long. The duration of the film is two and a half hours, a commitment. It feels like years have passed by the time you leave the theater.

By and large, *Interstellar* is a great film, undeniably one of the best of the year. It's definitely worth a watch.

Keep fizzing: Kickstarter mini keg

NOAH STEWART
Staff Writer

As many of you probably already know, Kickstarter is a popular crowd funding website. Internet-savvy entrepreneurs use the site to post business and product ideas along with a pitch and funding goal in hope that the kind people of the Internet will fund the project and, in turn, 'kickstart' the company. In exchange for a donation, backers (donors) receive rewards from the project they funded. Rewards can range anywhere from a thank-you for a small donation up to wholesale amounts of the item you have funded. Along with your reward you also receive a sense of pride that you helped get the company off the ground.

A few days ago, I funded my first campaign after a multi-hour browsing session deep into the depths of Kickstarter. I looked at hundreds of different pages, repeatedly resisting the temptation to fund things I could never possibly need. That said, I did find a plethora of impressive and useful products I could see myself using in everyday life. That's why I have decided to start a new column highlighting certain Kickstarter projects that I think our campus and community needs to know about for one reason or another. This week I'm going to kick it off with a product I'm very excited about, the uKeg.

Have you ever gotten a growler of beer from your favorite craft brewery in Colorado, taken it home, drunken only a fraction of it, put it in the refrigerator, and come back later to find it has become flat, much to your disappointment. Or

maybe you've shattered a glass growler of beer or two while off on your wild mountain CC adventures. Regardless, you are not pleased with the current receptacle for acquiring your favorite draft beer. Enter the uKeg.

In February of last year, four craft beer lovers from Portland, Oregon came together to start a company called GrowlerWerks with the mission of creating the uKeg, an insulated stainless-steel growler with a self-contained carbonation system. The uKeg uses 8- or 16-gram food-grade CO2 cartridges contained in the cap of the growler to keep your beer perfectly carbonated for up to four weeks. It even has a draft handle coming off the side of the growler to allow you pour the beer draft style. uKeg comes in a 64 oz. size and a 128 oz. size to suit your size preference. The beer growler has been forever reinvented.

The project has been a wild success on Kickstarter. This past summer, the team built a prototype and tweaked it to their liking. Then, on Oct. 15, they launched a Kickstarter campaign asking for \$75,000 in funding by Dec. 7. The project was funded in less than one day. At this point, with 24 days left in the campaign, the company has received \$620,493 of funding from 4,483 backers. Although the company has received the minimum amount they asked for, the campaign remains open until Dec. 7, and if you would like to back this project, you will be one of the first people to receive a uKeg. The first production run of uKegs will go to those who funded the Kickstarter campaign.

Fossil brewing is no dinosaur

LIZ FORSTER
News Editor

Colorado Springs is blossoming with breweries. The new kid on the block, Fossil Brewing Co., opened its doors Oct. 24th this year after previously pouring its first brews for Colorado Springs' Craft Week last spring.

The brewery, located right next to Rudy's BBQ at 2845 Ore Mill Road #1, is in its infant stages and so far offers five different beers on tap, including the Megalodon Blonde, the Evolution Ale, the Mammoth India Pale Ale, the Stone Age Stout, and the Kunda Baltic Porter.

"I'd have to say the beer I'm most proud of would be our Kunda Baltic Porter, because all five of our founders worked together in researching the beer style, creating the recipe, and brewing the beer," said The President and Head Brewer, Josh Bye, in an interview with The Catalyst last year.

Each have won awards in effervescent competitions across the state. Other specialty brews have also won awards,

including first place at both the El Paso County Fair and Denver County Fair for their Blackberry Stout in 2013.

Bye has worked in the craft beer industry since 2002, when he worked at a brewpub in Florida. He began brewing at home when he moved to Colorado in 2009.

"The brewmaster was a passionate, friendly guy who really cares about the integrity of the beer and creating a quality product," said senior Cullen Millikin. "The beers are limited in variety but solid. They have a good IPA, porter, and ale."

No food is currently served except classic bar pretzels. The brewery's atmosphere is also in the beginning stages.

"The colors are not fully realized. The walls are white with no art besides some big fossils," said Millikin. "The décor isn't really there yet, and it's within a safe ride right next to Rudy's, which is kind of a weird location."

Fossil Brewery does well, though, at what they set out to do: brew quality craft beers. Check them out at 2845 Ore Mill Road #1.



Photo by Ben Dohr

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