

THE CATALYST

THE
INDEPENDENT STUDENT NEWSPAPER OF
COLORADO COLLEGE

NEWS 2

OPINION 8

SPORTS 11

LIFE 17

FRIDAY
BLOCK 4
WEEK 1
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Illustration by Rachel Fischman



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Photo courtesy of CC Athletics



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Photo courtesy of Instagram

10 QUESTIONS

Madelyn Santa sits down with Jarl the Uber Driver to discuss his Thanksgiving, his old Chevy Malibu, and his dream ride with Nathan Fillion.

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Colorado Springs residents contributed their input on the Imagine Downtown Master Plan Update, the second phase of a downtown revitalization project.

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INSIDE:

The Keller family announced that they will give a \$4 million endowment to the Keller Family Venture Grant Program to ensure CC students can continue independent student research projects.

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A WEEK OF HEALING

Students find solace in one another amidst tragedies on campus, nationally, and internationally.

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Photo by Arden Feldman

'Stonewall' movie screening creates tension across campus

ANNIE ENGEN
Staff Writer

"There's a great quote by Larry Kramer, one of the premier LGBT activists, that says 'We are not a people without a history,'" said Colorado College alumnus and "Stonewall" producer Adam Press, when asked about his reason for making the movie.

After serving on the board of Freedom to Marry, a national organization that supports same-sex marriage ini-

tiatives, Press said he realized that many people, including members of the queer community, don't know their history. Though LGBTQ+ history is recent, people still need to be reminded of where the movement began.

"I wanted to provide that context and show the social conditions that lead to the Stonewall riots," said Press.

Despite his informative intentions,

members of Colorado College's LGBTQ+ community boycotted an October screening of the film. Curious to understand their reasoning, the October screening was postponed, and Press invited these members to attend a separate, exclusive screening of the film, followed by a discussion. His proposal was turned down.

On Thursday, Nov. 5, at the Corner-

STONEWALL: Page 7

Budding young adults: Marijuana use among CC student-athletes

DAVID ANDREWS
Sports Editor

The United States is growing greener with each passing day. Colorado College, nestled in the foothills of the Rocky Mountains and in one of the conservative hubs of Colorado, has witnessed to a momentous change in marijuana law over the past four years. The passing of Amendment 64

in 2014 placed Colorado alongside Washington as a state that allows the medical and recreational use of marijuana. These four states make up a collection of 23 in the United States that allow at least medical use of cannabis. As marijuana gains a foothold across the nation as a legal recreational drug, college campuses have had this rather sticky issue thrust

into their laps. On President Jill Tiefert's CC webpage, Colorado College's particular stance on marijuana is made crystal clear:

"Colorado College is dedicated to providing the finest liberal arts education in the country, and to achieve this mission, we seek to foster a healthy learning environment. We

MARIJUANA USE: Page 11

CC receives \$4 million for student research grants

HELEN GRIFFITHS
Staff Writer

On Thursday, Nov. 5 at the Keller Family Venture Grant Forum, Jeff and David Keller announced an annual multi-million dollar commitment to the Keller Family Venture Grant Program for individual student research.

The \$4 million commitment includes \$3 million to permanently endow the program, which celebrates its 10th anniversary this year.

The additional funding available as a result of the Keller's \$3 million endowment gift will not only ensure that the program continues, it also will support an additional 20 grants annually. Many student projects require funding beyond the grant's current \$1,000 per-project award; the gift allows the college to award additional funds up to \$500 for as many 72 Venture Grant projects annually.

"The Kellers' steadfast commitment to the Venture Grant Program has benefited more than 1,000 students throughout the past decade," said Tiefenthaler. "Their impact on Colorado College is already immeasurable. Their most recent

gift—and the possibilities it holds for our students—is extraordinary."

"We have seen firsthand how students with Venture Grants are able to create and pursue their own research projects," Jeff and David Keller said. "And, in the process, they enrich their educational experience while building self-reliance and self-confidence."

By providing funding for Venture Grant experiences, the Kellers strive to support the College's effort to provide research opportunities for students to explore a topic in depth outside of the classroom environment.

Since founding the program, the Kellers have been rewarded with positive student feedback.

"Interacting with students who receive these grants has been incredibly rewarding for our family," said Keller. "We are excited to see where students go and what they accomplish over the next decade."

Keller Venture Grants allow students to imagine, articulate, and bring to life their own original research project. The Keller Venture Grant program funded \$98,379 and \$121,750 to 109 and 134 CC students in the 2013-2014 and 2014-

2015 academic years, respectively, for individual research projects on campus, across the United States, and around the world.

During 2014-15, Keller Family Venture Grants took Colorado College students to five continents and 13 countries. Some of these destinations included Japan, Ireland, Costa Rica, the Ozarks, Arizona, California, the Dominican Republic, Ethiopia, China, Colorado, Canada, Peru, Massachusetts, Scotland, Germany, Bolivia and Thailand.

While celebrating its 10th anniversary this year during an annual forum, several students delivered presentations on their experiences.

Junior Anna Cain, an English major studied James Joyce's "Ulysses" and its ongoing impact on Ireland. She used funds from her Venture Grant to travel to Dublin to research the commercialism that has developed from the book.

"It began as just seeing how Ireland was honoring its legacy; then I was finding lots of industries whose entire business models were based on their connection to 'Ulysses,'" she said.

During the forum, senior Soren Fryholm presented "Going the Distance:

The Effects of Travel on Team" about a film he made of the men's soccer team's trip to Europe.

Junior Nina Friedman, took off a semester to intern at a startup called EyeWire. EyeWire is part of the citizen science movement where anyone can collect data for research. EyeWire gamified the process of brain mapping, and now gamers help gather neuronal projection data.

As proven by these student accounts, this commitment by the Kellers will ensure that unprecedented research by students can continue well into the future.

"During the past 10 years, Venture Grants have become a defining characteristic of a Colorado College education, and this generous commitment by the Kellers will ensure that the college continues to grow, support and fund these highly valuable student experiences," said Tiefenthaler.

Jeff Keller, who graduated in 1991, serves on the college's Board of Trustees. His brother, David Keller, is a 1995 alumnus. They were joined at the forum by their brother, Temp Keller, and their parents Connie and Dennis Keller.

Yik Yak controversy on campus reflects nationwide issues about race

CANDELARIA ALCAT
News Editor

Monday, Nov. 16
Campus-wide discussion

Monday Nov. 16 began like any other first Monday at Colorado College until the clock read 9:15 a.m. Students were herded out of their classrooms by their professors to Reid Arena. Unbeknownst to them, a group of students worked with Colorado College president Jill Tiefenthaler over the weekend to set up a student-led discussion to address recent racism on campus.

As Colorado College staff, students, and faculty filed into Reid Arena on Monday morning for a mandatory discussion, the projection screen at the front of the venue quickly became the focal point of the audience as it projected a Yak that read: "Back to the cotton fields." Just a week prior, an anonymous person posted this comment on the social media app Yik Yak, which allows users within a certain mile radius to anonymously post messages that circulate into a feed for nearby users.

On the night of Monday, Nov. 9, CC was hit by a storm of racist messages on the feed. The messages targeted people of color as well as women of color specifically.

Although the messages cycled through the feed and were down-voted soon after they were posted, a number of students managed to take screenshots of the Yaks. Screenshots circulated on a number of CC-related Facebook pages and email chains. Within 24 hours, alumni and faculty got a hold of the pictures—what fol-

lowed was outrage.

Immediately, CC's Black Student Union organized a number of emergency meetings. The three main events held that Tuesday included a discussion workshop focused on self-care and healing, a constructive discussion about the previous night's events, and a meeting to develop an action plan. The invite was passed around a number of Butler Center groups' listserv.

Two days later, Tiefenthaler sent out a campus-wide email to address the incident. It read: "Over this Block, we have had some difficult discussions about important topics. These are the kinds of conversations that

make CC a better place and are the foundation of our learning community. We must all have the courage to continue to dialogue with each other."

She continued: "However, hate speech under the veil of anonymity is the work of cowards and bigots, who have no interest in community. Still, these words are hurtful and I ask that you support one another and take care of yourselves. Members of the college's counseling staff and the chaplains are available if you need professional support. I want to remind our students that the faculty, staff, and administration of the college are here for you."

Tiefenthaler's remarks were followed by an email on Wednesday from the Chaplain's Office that said: "We recognize students' feelings of anger, hurt, and disappointment. We share your anger and are also hurt and disappointed. We pledge to stand with you and take concrete steps to make this campus a safe and inclusive place. We are here, we are

listening, and we see you. Please know that you can come to any of us."

Staff and faculty were invited to sign their name on the email as supporters during an impromptu gathering set up by Race, Ethnicity, and Migration Studies as well as Feminist and Gender Studies.

For the next few days, campus commotion began to wind down.

The case of Mizzou

The events at Colorado College were only a small corner in the greater picture of race issues at colleges and universities across the U.S. While things were just getting started at CC, the University of Missouri was amidst a race war. The following timeline recaps race issues and the events leading up to the resignation of University of Missouri system President Tim Wolfe.

2010 – Two white students disperse cotton balls in front of Mizzou's Black Culture Center.

AUG. 9, 2014 – Unarmed Michael Brown is fatally shot by police Officer Darren Wilson in Ferguson, Missouri. Mizzou fails to respond.

SEP. 12, 2015 – Payton Head, President of Mizzou's Student Association, posts about being called the n-word the previous night by a group of students driving by in a pickup truck. Students protest the school's lack of response through walkouts, sit-ins, and other protests.

SEP. 16 – Chancellor R. Bowen Loftin issues a statement sympathizing with students who have spoken up about bias and discrimination on campus, calling it "unacceptable." Calls for students to stand up against hate.

SEP. 24 – Students organize a "Racism Lives Here" protest saying that the

university had done nothing to address concerns or to take care of their students. According to the *Missourian*, no university representatives were present.

OCT. 1 – Students hold a second "Racism Lives Here" rally.

OCT. 5 – A drunk, white student interrupts the Legion of Black Collegiate's play rehearsal by a man yelling the n-word. Chancellor Loftin posts a video message condemning the incident and tweets his response.

OCT. 6 – Faculty and students host a sit-in against racism and the administration's lack of action.

OCT. 8 – Loftin announced that mandatory online diversity and sensitivity training would start in January for all students, staff, and faculty.

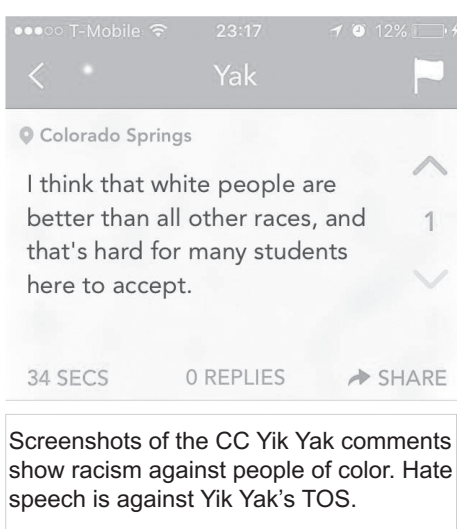
OCT. 10 – A group of student protesters with Concerned Student 1950 (the name referring to the first year black students were admitted to Mizzou) block Tim Wolfe's car during Mizzou's homecoming parade to voice their concerns in light of recent events. Some students say that police used excessive force to clear out the streets.

OCT. 11 – Students hold a third "Racism Lives Here" rally. University police cuts the event short.

OCT. 20 – Mizzou's Concerned Student 1950 announces a list of eight demands that include Tim Wolfe's apology and resignation.

OCT. 24 – Someone draws a swastika using feces in a dorm bathroom; this was the second reported anti-Semitic accident in a residence hall at Mizzou that year.

OCT. 27 – Wolfe meets with members



FROM THE EDITOR-IN-CHIEF

Paris awoke the world, but shouldn't we have already been awake?

LIZ FORSTER
Editor-in-Chief

"Guys, my mom just called and told me there are 40 people and counting dead in Paris. What the hell is going on?"

My friend asked my car this as we sat outside the Breckenridge City Market, then read out loud the CNN updates about the body count, the bombs, the hostages, and what little information officials and media sources could scramble together about the attacks.

The scene reminded me of when I watched from my phone the progress reports during the Sandy Hook Elementary School shooting in Dec. 2012. At the time, officials had no information on who the shooter was, his motivations, or his connection to Sandy Hook Elementary.

As someone from the Connecticut suburbs of New York City, my community was drastically affected by 9/11, but I was only in 1st grade, so my memory of it isn't great.

Sandy Hook, however, occurred not only when I was older—a senior in high school—but also much closer geographically, only 20 miles away.

It is easy to think, 'Oh, it will never happen to me or in my town,' especially when you are from a town as safe as mine. But at the time, the reality of such a tragedy hit my classmates and me hard. All we could ask ourselves was, 'What if the shooter decided to stop 20 minutes earlier at the elementary school in my town or my high school? What if I had a younger sibling in that classroom, pinned against the wall and left to either die or face emotional scarring for the rest of their lives?'

When I watched CNN update the death tally last Friday, the comfort of Breckenridge highlighted to the reality that the terrorism in Paris could have happened in Colorado Springs, a city with plenty of valuable military targets, or New York City.

Just like that day in Dec. 2012 during my senior year of high school, all I could ask was, 'What if they had chosen Colo-

rado Springs? I could be dead. What if they had chosen New York City? My dad would have been there.'

They are morbid thoughts, yes, I know, but they are ones I believe are essential when we think about international relations.

Without this train of thought, our ability to empathize with those in Paris, Beirut, Syria, and around the world is nearly impossible.

Until we have these thoughts, we continually suppress the idea of terrorism in our backyard, and thus have a less intimate desire to help the afflicted people on a personal and political level.

I'm not saying you should constantly live in fear of a tragedy, since the likelihood of one is low.

I'm saying that as a human being, we need to live in solidarity with others, not just after a tragedy, but all the time. In doing so, we can foster a larger global network connected by our need for love and compassion, albeit out of fear of losing the people who can provide us with it.

Even a group as threatening as ISIS cannot rupture a network with a strong, worldwide foundation.

NEWS BRIEFS

► ► Two dead after small airplane crash at Colorado Springs Airport.

On Monday, Nov. 9 at approximately 10:53 a.m., two people died after a small airplane departing from the Colorado Springs Airport crashed just moments after taking off, reported the Denver Post.

The plane crashed down near Platte Avenue, just east of Power Boulevard, on the west side of the airport. The plane was a Cirrus SR22 that had only two passengers, both of which died during the crash. The two victims were Paula and Mike Fritzel, 63-year-old Texans.

Upon crashing, the plane lit a small grass fire. Firefighters responded immediately. The cause of the crash remains unknown. The Colorado Springs Fire Department, Federal Aviation Administration, and the National Transportation Safety Board will be leading the investigation.

► ► Governor announces Colorado will accept Syrian refugees.

On Tuesday, Nov. 17, Colorado Governor John Hickenlooper announced that the state would continue to accept Syrian refugees. The Gazette reports that this move was in response to several Republican governors declaring that their states would no longer participate in the Syrian refugee relocation program.

Hickenlooper puts an emphasis on protecting the state's security while still providing a place to allow these people, who are in vulnerable situations, to try rebuilding their lives. To do so, he says that he wants to join forces with Homeland Security and the federal government; such action will mean that national verification processes will be "as stringent as possible."

If a refugee is admitted into the U.S., then there is no law that prevents them from moving to another state. Currently, it is not clear as to how many refugees Colorado would take during this program. Details of the program have not been made public.

► ► Local inmate sends odd letters to his murder trial judge.

On Nov. 9, the Denver Post reported that 25-year-old Marcus Smith, an incarcerated man under investigation for murder and attempted murder, had been sending odd and offensive letters to an El Paso County judge as he awaited his trial. Reports say that Smith sent over a dozen letters to the judge, covering a span of almost three years.

Although many details of the letters have not been released, the Gazette reported that Smith wrote to the judge and, in one letter, accused the court of calling him "black" when he insists that he is "brown." Other letters claimed his innocence.

Smith was originally incarcerated after being connected to 87-year-old Kathryn Grazioli's death in 2011. Most recently, he was accused of trying to murder an El Paso County jail guard during an attack. Although the case has been open for years, there has been no verdict. Smith has allegedly had almost 60 hearings since his last arrest.

Colorado Springs crime, in brief

SHOPLIFTING LOVEBIRDS

On Monday, Nov. 10, 23-year-old Nicole Cheyenne Nielsen and 31-year-old Sean Daniel Reardon were arrested after stealing 33 big ticket items from the Venetucci Boulevard location of Sam's Club in Fountain, reports the Gazette.

For the past two months, the couple has been targeting the Sam's Club location. The two would enter separately and secretly pass off the items to one another. Once they got to the door, they presented the employee with a counterfeit receipt that accounted for the item. They were only caught after one employee commented to the store manager that he could not believe that they had sold one of their \$1,500 HD TVs.

The manager looked into the store records and found that the TV was stolen and that 29 other TVs and four other items were also missing. The store had more than eight videos of the couple stealing TVs. The two are facing charges

of felony theft, providing false information to a pawnshop, and conspiracy.

STRANGER DANGER

KKTU 11 News reported that on Wednesday, Nov. 11, at approximately 7:45 a.m., a stranger chased a St. Therese Catholic School student after approaching him, cursing at him, and then trying to lure him over. The suspect chased the boy for several blocks while shouting at the kid, saying that he was going to use his gun.

The student did not report seeing a weapon, although the suspect reached for his waistband as if he had one during their encounters. The kid arrived safely back at school, where he informed faculty and staff about what had occurred. The school principal called 911 immediately and the school was put on lockdown.

Students were detained at the school

and parents received an automated voice message from the principal explaining the incident. The lockdown ended by late morning, although students were escorted around campus for the remainder of the day.

WEST SIDE CANNABIS CRIMINALS

On the morning of Monday, Nov. 10, two thieves stole a truck and then backed into the wall of a marijuana dispensary located in Pueblo West known as "The Spot." After forcefully entering, the two tried to rob the store of its goods.

Although they only stole a few marijuana-infused drinks, they caused over \$20,000 worth of damage to the dispensary. No descriptions of the crooks or further information have been released. Deputies are investigating the case and encourage anyone with pertinent information to call their Crime Stoppers hotline immediately.

The Catalyst

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Economics Professor Kristina Lybecker awarded prestigious fellowship

MONTANA BASS
Staff Writer

Earlier this month, Colorado College's Kristina Lybecker, Associate Professor of Economics and Business, received news that she had been awarded the Thomas Edison Innovation Fellowship.

This fellowship is run by the Center for the Protection of Intellectual Property at the George Mason University School of Law. It is an integral component of the CPIP's effort to promote discussion about intellectual property rights. Through their research, the fellows will examine the moral and economic value of patented information.

Lybecker has been studying patent and data exclusivity for over twenty years. Though she has yet to pick a specific topic of research, she states that it will probably fall within the realm of the bio-

pharmaceutical industry.

Lybecker may choose to focus on biologics, which are pharmaceuticals made from living organisms.

"They are the cutting edge of medicine right now," said Lybecker. "It's difficult to do research on them so intellectual property protection is especially important. People will stop doing research if they don't have the patents they need to bring the drug to market and thus make a little money from it."

Unlike most other fellowship applicants, Lybecker did not have to apply for it. "They sought me out," she said. "They just contacted me one day and told me I'd been awarded the fellowship."

The first of four meetings for the fellows will take place in March and focuses on research methodologies and the development of research ideas. Lybecker is very excited to have the oppor-

tunity to collaborate with other scholars in the field, whom she may not have met in another context.

"I hope to get some research inspiration at the first meeting," said Lybecker. The second meeting will allow fellows to present their proposals and receive feedback.

At the last meetings, fellows will draft and finalize research papers to be published in law or other peer reviewed journals. Lybecker has already published research evaluating Canada's intellectual property protection for pharmaceuticals, an examination of al-

ternatives to the patent system, and the balance between patent protection and access to medicine.

After this experience, Lybecker will share her new knowledge and findings with her students.

"I have two classes I can see it fitting into," she said. "One is a class on economics and global health. The other is called Industrial Organization. It deals with with firm strategies, basically how business do what they do. I think my research could end up being a great case study."

Students interested in these topics should look out for Lybecker's classes in the next year.



Photograph courtesy of CC

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FINANCE UPDATES

- CC Quest Scholars Network received \$208 for the Snow Ball
- PlayHard Productions requested \$13,675 for Hanging Gardens
- GlobeMed received \$2,506 for the GlobeMed Benefit Dinner
- ASU (collaborating with SOMOS) received \$372 for Karaoke Night
- Sophomore Class Committee requested \$850 for Movie Night
- The Ponderosa Project requested \$250 for Theater for the Oppressed
- SOSS requested \$1410 for Classy Christmas
- Amnesty International requested \$200 for the Amnesty Write-a-Thon

CAMPUS SAFETY BLOTTER

SUNDAY 11/8

A welfare check was made in the Edith Gaylord Apartments at 4:50 p.m. The case was referred to counseling.

MONDAY 11/9

Disorderly conduct was reported in Loomis Hall at 1:45 a.m. The case has been closed and referred to conduct.

TUESDAY 11/10

Vandalism occurred at Tutt Library between 10:38 and 10:40 p.m. The case is pending investigation.

WEDNESDAY 11/11

A drug incident occurred at the CC Inn at 11:55 p.m. The case has been closed and referred to conduct.

A fire alarm was mistakenly activated in McGregor Hall at 1:36 p.m.

THURSDAY 11/12

An arrest/citation was issued at the Williams Central Heating Plant at 8:45 a.m. for arson.

A welfare check in Facilities Services at 12:39 p.m. led to an arrest and/or citation issued.

SUNDAY 11/15

An arrest for trespassing was made at the Honnen Ice Arena at 2:28 a.m. The case has been referred.

MONDAY 11/16

A burglary occurred in the Worner Center between 11/15 at 3:00 p.m. and 11/16 at 3:07 a.m. The case is pending investigation.

An injury was reported has having occurred between 5:10 and 5:25 p.m. in Mathias Hall. The case is pending investigation.

A burglary occurred between 10:12 and 10:50 p.m. in Cornerstone Arts Center. The case is pending investigation.

A theft occurred in El Pomar Sports Center between 9:00 and 10:15 p.m. The case is pending investigation.

WEDNESDAY 11/18

An injury was reported in Central Services at 7:46 a.m. The case has been closed.

An injury was reported in Olin Hall at 1:38 p.m. The case has been closed.

Jarl the Uber Driver shares his Thanksgiving plans, the ultimate driving essential, and the car of his dreams.



Photograph by Emilia Whitmer

10

QUESTIONS
...with *Madelyn Santa*

STAFF
WRITER

How long have you been driving Uber, and why did you decide to become an Uber driver?

I have been driving Uber for about a month now, and I have been driving for a living since I was 21.

How often do you drive CCstudents?

You know, maybe a couple times a week.

What is your impression of a CC student?

They are generally tech savvy, fairly well-educated, nice. Nobody has puked in the car yet, so you have that nice thing down.

What is your craziest Uber story?

I guess the craziest story I have is just a drunk soldier who tried not to puke in the back of the car the whole time.

What are you doing for Thanksgiving?

I am spending it with my family: grandchildren, girlfriend, ex-wife, and her mother.

What street in Colorado Springs is most memorable to you?

You know, I like the end of Lake Avenue, up there by the Broadmoor. I like the Broadmoor. I don't know why, but I do.

What was your first car, and what is your dream car?

My first car was a Chevy Malibu station wagon. 1967 Chevy Malibu station wagon. And my dream car, I would like to own an '80-series Rolls-Royce. You know, the one with the maroon interior and brown exterior. The funny looking ones... that would be awesome.

If you could Uber ride with anyone, dead or alive, who would it be?

Nathan Fillion. I would love to ride with Nathan Fillion. That would just be so cool. Dressed as Captain Mal. He is an actor on "Castle," but he was in a show I used to love called "Firefly."

Do you take Uber?

Oh yeah, I take it.

What is the most essential car amenity?

Nowadays, it has to be this aux charge cord. I use it, and the passengers use it. You know, you can't live without that thing.

Campus Sustainability Council strategically plans for next semester

ANNA KELLY
Staff Writer

On Wednesday, Nov. 18, the Colorado College Campus Sustainability Council discussed goals for the spring semester and years to come. These goals are part of a strategic plan for the Council requested by President Jill Tiefenthaler's office.

This strategic plan is part of a larger effort to continue cooperation and collaboration between the Campus Sustainability Council and the President's Office.

The Campus Sustainability Council is broken into several smaller subcommittees based on committee members' interests. Goals were presented for each subcommittee.

The Operations subcommittee's goals were focused on buildings, waste diversion, and sustainable transportation. The goals were geared particularly towards encouraging Colorado College to invest in a carbon neutral-plan for the

library and for the future East Campus development.

The Operations committee is also interested in assessing, standardizing, and expanding the waste diversion strategies that are currently being tested in Worner Center. Eventually, the committee wishes to bring this technique for sustainable waste diversion to the rest of campus.

The Academics subcommittee has been working for the past several months on deciding which courses would qualify for the sustainability designation.

"I think that our next step is making it easier for professors to designate their courses as sustainable and communicating with professors about how to list their courses as sustainability designated," said Meredith Allen, the senior co-chair of the Academics subcommittee and the Care and Share intern for the Office of Sustainability.

The Investment subcommittee has been focused on developing ways for students to become more involved in the

way Colorado College invests.

"I think it's really important for us to push forward with proxy voting," said Kendall Kultgen, co-chair of the Investment sub-committee and STARS intern for the Office of Sustainability. Proxy voting would allow students to vote in place of board members to potentially decide

to invest more sustainably.

The Investment committee is also collaborating with the Student Divestment Committee to expand a sustainable investment fund that would allow alumni to donate to the school under the condition that the money is invested sustainably.



Sustainability efforts on campus include Bon Appetit's composting program and the Cornerstone Arts Center. Photograph courtesy of the CC Office of Sustainability

City of Colorado Springs seeks citizen input on proposed downtown revitalization plans

LIZ FORSTER
Editor-in-Chief

On Tuesday night, Colorado Springs residents from across the city gathered to hear about and provide input on the Imagine Downtown Master Plan Update project. This is the second of two phases of the project, which the Downtown Development Authority of Colorado Springs initially adopted in 2009 in partnership with the City of Colorado Springs.

The night began with an hour-long presentation put on by the project's designers MIG and P.U.M.A., during which the firms described the proposed infrastructure changes for downtown and the surrounding areas. Audience members were then allowed to ask questions and propose both changes and additions to MIG and P.U.M.A.'s design.

The plan tackles the city's problematic infrastructure, specifically vacant lots and alleyways, wide streets that are challenging for pedestrians to get across, and lack of accessibility to bikers, according to Chris Beynon, Principal at MIG and the main presenter.

The vacant spaces, which comprised 55 percent of the project's total study area, significantly contribute to the disjointedness of downtown Colorado Springs. This forces visitors downtown to either unnecessarily drive several blocks between attractions or walk through unattractive or traffic-heavy areas.

As currently proposed, the Imagine Downtown Master Plan Update project would narrow many two-lane streets, including Bijou and Kiowa, into one lane,

move the transit center and replace it with storefronts and restaurants, increase the number and size of bike lanes, and connect downtown attractions like the forthcoming national Olympic museum, America the Beautiful Park, and Tejon Street.

In addition, MIG and P.U.M.A. are working with Colorado College's campus master plan and President Jill Tiefertaler to bridge the gap between the proposed downtown and campus renovations like Tutt library, the new ice arena, and new natatorium. In doing so, MIG and P.U.M.A. hope to attract CC students to downtown Colorado Springs after graduation.

"We're shooting for nothing less than the best mid-sized downtown in the country," Beynon said. "Now, we can just wish for it but rather have to strategically and tactically get there."

To do so, MIG and P.U.M.A. will utilize a market-based approach to look at the national and local dynamics of downtown areas.

"We are seeing a convergence of trends that are favorable to the revitalization of downtown areas," Erica Heller, Vice President of P.U.M.A., said. "We want to capture that energy by prioritizing investments that will make that happen."

Heller continued to explain that the age groups that most favor vibrant downtowns are millennials and baby boomers. With about 26 percent and 37 percent of Colorado Springs residents included in the baby boomer and millennial generation respectively, the necessity for an attractive downtown area is crucial. This demand is further bol-

stered by the city's attempts to increase tourism and the related revenue.

The root of the problem stems from Colorado Springs' relatively low population density. With only 2,368 people per square mile—a population density less than half that of Denver—the focal point for people should be the downtown.

For Colorado Springs, though, the combination of an unstructured down-

town and other major city centers like the Briargate shopping center, detracts from the downtown's ability to across the board attract both city residents and tourists.

"We need to fix these parts of Colorado Springs for both our residents and our visitors," Beynon said. "This is our opportunity to create a city and downtown worthy of the scenery around us."



Downtown Colorado Springs has pockets of restaurants, attractions, and art. The Imagine Downtown Master Plan Update project seeks to connect and add to these pockets through infrastructure changes to the downtown and surrounding area. Top and far left photograph by of Emily Kim. Above photograph by Richard Forbes

STONEWALL: Complaints over screening put CC in spotlight

CONTINUED FROM FRONT PAGE

stone Theater for the rescheduled screening of "Stonewall", only about a quarter of the seats were filled, and many in attendance were faculty. Opponents of the "Stonewall" screening provided an alternative movie option.

The film's on-campus critics declined to be interviewed for this story, but as Press understands it, the controversy began about two months ago when someone (not a CC student) watched the 2:23-minute "Stonewall" trailer and posted on social media that the movie whitewashes the history of the LGBTQ+ community.

The primary complaint: the movie's central character is a gay white male, who is shown throwing the first brick of the riot, while history credits the Stonewall Riots to black transgender women. However, Press says the controversial brick-throwing scene is misrepresented in the trailer.

"There's a context to it in the film," said Press. "The black transgender woman takes a brick out of her purse, gives a speech, then hands the brick to the main character Jeremy, who throws the brick."

The trailer, influenced by Hollywood, only shows the white male throwing the brick and leaves out the content that leads up to the throwing of the brick.

The claim spread on social media, and when CC's Film and Media Studies Department screened "Stonewall" in Oc-

tober, LGBTQ+ students petitioned for a boycott of the film, saying that it is, among other things, "discursively violent," and that it reinforces a "hierarchy of oppression."

The petition read: "In a world where cisgender, white gay people have finally achieved 'marriage equality' and many see the struggle as being over, it is reinforcing a hierarchy of oppression to invent someone who never existed and place them in a historically-based film with the express purpose of silencing more marginalized groups."

Press says the movie has been played for Stonewall veterans, and their reception to the movie has been overwhelmingly positive. In fact, he remembers that the veterans felt it was quite authentic to the riot, which leads him to his main objection to the situation at CC: he is confused at how students can protest the movie without having seen it. He believes they are speaking out against the film based on social media posts and a trailer.

The controversy has brought national attention to the CC campus, as the "Stonewall" boycott was highlighted in The Daily Beast last week, in a story titled "College Kids Try to Ban a Pro-Gay Film."

Some students claim that the controversy is creating a divide within CC's LGBTQ+ community, as people don't feel free to speak their minds. First-year Johnathon Williams says that he prob-

ably wouldn't have attended the screening of the movie unless he had gone with his friend. He wouldn't have felt comfortable going alone.

"It's a privilege to be able to have a discussion," said Williams. "I know discussions are uncomfortable, but we have to be uncomfortable and go through uncomfortable conversations before we can go through change."

Press says several students asked him if they could enter the screening theatre through a back door.

"When I asked why, they told me that they wanted to see the film so they could make up their own minds, but they feared the social repercussions of simply going to watch it," said Press.

Press says he is disappointed that he couldn't discuss the movie with its detractors.

"I would have enjoyed engaging with these students in a conversation on this subject they clearly are so passionate about, but their unwillingness to examine the two hours and four minutes we would be discussing makes it impossible to have any sort of conversation about it," said Press.

Even so, he believes the students who are boycotting are filled with a "passionate energy" that can be used to fight social injustices faced by the LGBTQ+ community.

"We all share the common goal of overcoming the last legal vestige of oppression which makes us face the reality that we can get married on Sunday, but on Monday, we can be fired, thrown out of where we live, or denied public accommodation, solely because of who we love," said Press.



Left: Adam F. Press, producer of "Stonewall," attempted to bring conversation about the controversial movie to CC's LGBTQ+ community. Photograph courtesy of the CC Economics and Business Department

YIK YAK: Mixed response to assembly leaves campus conversation open

CONTINUED FROM FRONT PAGE

of Concerned Student 1950, ends with no resolution.

NOV. 2 – Jonathan Butler, a graduate student at Mizzou, announces his hunger strike, vows not to eat until Wolfe resigns or until he dies.

NOV. 3 – Wolfe issues a statement expressing his concern for Butler and offers to discuss alternative ways to cause change.

NOV. 4 – Mizzou's English Department draws a 26-0 vote, showing no confidence in Chancellor Loftin.

NOV. 5 – Staff, faculty, and students organize a walkout to support Butler's hunger strike.

NOV. 6 – Wolfe issues a late apology to Concerned Student 1950 for his response to the Homecoming Parade incident.

NOV. 7 – Football players of color go on strike, refusing to play in any games until President Wolfe resigns.

NOV. 8 – The entire football team joins the strike. Wolfe releases a statement insisting that he refuses to resign. Missouri State Senator Clair McCaskill issues a statement that calls for action from the university. Two Republican Missouri lawmakers issue statements calling for Wolfe's resignation.

NOV. 9 – The Missouri Students Association's executive cabinet says that the administration has failed them. A few hours late, Wolfe resigns.

NOV. 10 – Mizzou's Yik Yak feed is perturbed by anonymous threats to kill all black people on campus. Payton Head, Student Body President, claims seeing the KKK on campus; he later apologizes for the false claims.

NOV. 11 – Mizzou issues a timely safety warning to the campus at 8:30 a.m. Hunter Park and Connor Cottlemire are arrested for posting the threats on Yik Yak; neither attend the university. Black students set up a safe space in the Black Culture Center for their safety and begin walking to class in large groups. Concerned Student 1950 divides protesters into black and white groups saying that students needed a "black-only healing space."

Colorado College moving forward

In the case of both Mizzou and CC, it is clear that the fight is far from over.

Monday's events left students with a lot to reflect. Perhaps the most compelling part of the event was when students shared their narratives, comments, and concerns, speaking into the microphones passed around the audience.

Students told many stories of microaggressions that they felt on campus as well as the difficulties they experience as a person of color on a predominantly white campus. Currently, the school has not provided guidance for any steps moving forward; this has caused a mixed response from attendees.

"I didn't think it was efficient, and it

took the school too long to react," said junior Serena Dunbar. "This problem has existed since I was a freshman and this is the first time something has been done."

Junior Jennifer Murray also has her doubts on the efficiency of the event.

"The event was a step in the right direction because it's so important for POC to share their stories on campus," said Murray. "However, I don't think there was a clear follow-up plan so it will be interesting to see what comes from this."

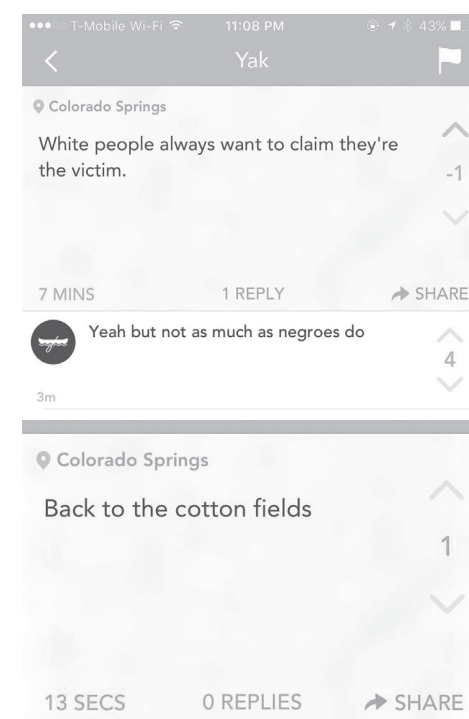
On the other hand, some attendees including Residential Life and Programs Coordinator Zachary Kroger felt that the response was timely and left attendees with a lot to ruminate.

"I think having the assembly was really powerful," said Kroger. "At least from my perspective, it was quite moving to see the passion from so many students who were impacted by the comments. The worst thing a school could do is just to sweep it under the rug, so I think the timeliness and seriousness in which the response happened was very good."

Although the next steps remain unclear, many people remain hopeful. The fact that the event occurred at all is a telling sign of concern from administration as well as the potential to make a change.

Associate Professor and Associate Chair & Title IX Coordinator, Gail Murphy-Geiss, suggests that perhaps the reason why now is the time for this kind of action to take place is because the college is finally "ready."

"I love that we're actually talking about



these issues, but I also realize that for many, this is not fun – it is personal and even frightening," said Murphy-Geiss. "As a sociologist, I'd also say that I'm not surprised. That is, it's time. I think one of the main reasons we are having these discussions now is that we now have enough students and faculty of color to create a "stir" (for lack of a better word).

She continued: "Some scholars of social movements say that when an organization has only a few minorities, they are treated as tokens and they act accordingly...But once the organization hits the 20-30% mark, the voices begin to combine and the volume gets turned up and let's just say things get messy. I'd say that's where we are now, and I'm happy about that. I'm excited to see what is on the other side, but this is the path that we have to travel to get there, and I welcome it. It's time."

ISIS is losing the war

WILLIAM KIM
Opinion Editor

Last week, President Obama stated that ISIS is “contained.” Not long after, 129 people were killed in a series of coordinated terrorist attacks in Paris, which not surprisingly have been attributed to ISIS. These comments have come under intense scrutiny; even Democrats like Dianne Feinstein have criticized them.

Yet is Obama’s assertion that ISIS is contained really that inaccurate? A close examination of the situation on the ground in Iraq and Syria show that, at least geographically, ISIS is not only contained; it’s diminishing.

According to Will McCants of the Brookings Institution’s Project on U.S. relations with the Islamic World, ISIS has lost around 25 percent of the territory it had at its peak last summer. In the first six months of 2015, ISIS lost 9.4 percent of the remaining territory it held at the beginning of the year, according to IHS Jane’s 360. In April, Iraqi Security Forces retook the city of Tikrit, the hometown of Saddam Hussein. By the end of June, Kurdish forces in northern Syria had seized the strategic town of Tal Afar and come within 35 miles of Raqqa, ISIS’s de facto capital.

Since then, things have gotten even worse for the self-proclaimed caliphate. ISIS has lost the Baiji district in Iraq, almost all of the area near the Kurdish city of Kirkuk, the outskirts of Ramadi, and parts of Syria near Aleppo. Shortly before the Paris attacks, Kurdish peshmerga captured the strategically important town of Sinjar, cutting off a key ISIS supply route between Iraq and Syria. Almost simultaneously, airstrikes killed the infamous “Jihadi John” and ISIS’s leader in Libya. Slowly but surely, ISIS is being pushed back.

The reason ISIS is losing is the same reason Hitler and Napoleon eventually lost: It is fighting too many enemies at once. ISIS is currently engaged with the combined might of the Iraqi government, the Assad regime, most of the Syrian opposition, Iran, Russia and the American-led coalition. There is simply no way a mini-state can defeat that many opponents.

ISIS’s territory has few resources, a relatively small population and little industrial capacity. Its military, while



illustration by Rachel Fischman

large for a terrorist organization and very capable, is dwarfed by the armies of its opponents. Sheer numbers reveal why ISIS is doomed in a war of attrition. The highest estimate of ISIS’s troop numbers is 200,00. This number includes a large number of support and logistics personnel as well as internal security forces that do not fight on the frontlines. Furthermore, many of these fighters are conscripts drafted from ISIS-controlled territory rather than the well-motivated radicals who were responsible for ISIS’s early blitz across Iraq. In contrast, the Iraqi Army has 271,500 active frontline personnel and 528,500 active reserve personnel. The Kurdish Peshmerga have an additional 190,000 troops. That’s nearly one million anti-ISIS soldiers in Iraq alone. And those are just two of the forces facing ISIS. That number does not include the forces of Assad, the Syrian rebels, Iran or the Shiite militias in Iraq, not to mention the American-led air campaign. Since the war has turned into one of attrition, with neither side likely to give up, numbers really will count in the long run. As the old saying goes, providence is on the side of the big battalions.

If ISIS had taken on its various opponents one at a time perhaps they would have had a greater chance of success. Yet ISIS has chosen to fight all of them at once. To make matters worse, it is fighting them on two fronts. Like Nazi Germany fighting the Soviet Union on the Eastern Front while simultaneously battling the United States and Britain in the West, ISIS has chosen to fight in

both Iraq and Syria at the same time. In World War II the Wehrmacht simply couldn’t concentrate its forces while being hemmed in from two sides and found itself stretched to the limits. Likewise, ISIS faces the Iraqi security forces, Iranian-backed Shiite militias and Kurdish Peshmerga in Iraq as well as the Assad regime and most of the Syrian rebels in Syria. ISIS cannot shift the bulk of its forces to one front without risking the other front collapsing.

If ISIS is losing territory, what about the spread of its ideology? ISIS’s narrative is heavily reliant on battlefield victories. Indeed, its stunning blitz across Iraq was what put it on the map in the first place and gave its ideology global appeal. Nothing succeeds like success and everyone loves a winner. However, as ISIS loses ground, the ISIS’s victory narrative will be harder to sustain. If ISIS loses all of its territory, it will no longer be able to proclaim itself as a caliphate since a caliphate needs territory to remain legitimate.

Without ISIS central, ISIS’s terrorist cells in the West will have no one to whom they can provide material support. More importantly, ISIS central represents the focus point around which the cause revolves. Without ISIS central, the ideology loses much of its appeal and direction. The Soviet Union played a similar role for numerous Marxist terrorist organizations like the Red Army Faction. When the Soviet Union collapsed, there was a significant decrease in communist terrorism. Many groups were severely weakened

while others dissolved altogether.

If ISIS is losing, what explains the Paris attacks? It is very likely that Paris is a sign that ISIS is not growing stronger but instead is growing desperate. As organizations decline they often lash out in their final moments. As Nazi Germany was pushed back Hitler launched a last-ditch offensive in the Ardennes, leading to the largest and bloodiest battle for American forces of the entire war.

ISIS is heavily reliant on propaganda victories to sustain itself. In the absence of battlefield victories, ISIS is turning to overseas terrorist attacks in order to stay relevant. While this makes ISIS more dangerous in the short-term, it is a sign of weakness in the long-term.

None of this is to say that defeating ISIS will be easy. ISIS is a very formidable adversary: Its army is well funded, motivated, led, and it is battle-hardened. Yet a formidable adversary is not an invincible adversary. Napoleonic France, Nazi Germany and the Confederate States of America were all formidable adversaries yet they all lost in the end. It might take five years—it may take 10—but ISIS will be defeated eventually.

In late 1942, after the British Army’s decisive victory over Rommel’s Afrika Korps in the sands of El Alamein, Winston Churchill said, “This is not the end. It is not even the beginning of the end. But it is, perhaps, the end of the beginning.” In many ways, the same can be said about the current situation with ISIS. This war is far from over, but we have already seen the end of the beginning.

HAVE AN OPINION TO SHARE?

Send your comments to William Kim at william.kim@coloradocollege.edu

America at the World's Fair: A lesson in hypocrisy

REBECCA GLAZER

Staff Writer

To begin, yes, the World's Fair still happens, and yes, I'm talking about the same kind of World's Fair that happened in Paris in 1889 and Chicago in 1933. It happens every few years, although the U.S.'s role has been very limited in the past few decades, which is why our generation imagines the World's Fair as a relic of centuries past. But the event, known as Expo Milano 2015, took place this year in Milan, Italy where for six months, 147 different countries from around the world shared their interpretations of Expo's theme: "Feeding the planet, energy for life." In other words, what was each country doing to ensure food security and the sustainability of the global food system?

It was because of this theme that I decided to take three months off school to work for the USA Pavilion (USAP), from August through October the second half of Expo's duration. My role, along with 50-some other young Americans, was to be a "student ambassador"—the "face" of the American pavilion—ideally sharing my own personal connection to food and the food system while proving that not all Americans are obese, McDonalds-addicted carnivores.

The themes of the USAP were promising; we called ourselves "American Food 2.0" and promised that we were all "1 in 9 billion." In essence, we attempted to redefine the stereotype of American food (hamburgers) while invoking the language of technology and innovation ("2.0") and committing our responsibility to a social contract. We emphasized every person doing his or her part to feed 9 billion people by 2050.

I suppose my expectations for Expo were nothing short of naïve. I hoped that USAP would reveal a government ready to turn over a new leaf on American agriculture, complete with policy promises that would provide concrete support for small, local, organic farmers, instead of the corporate industrial monocultures to which they currently give nearly all subsidies. I was sadly mistaken.

At least I can say that USAP focused

on the themes of the Expo, while most other pavilions played their role as little more than a tourism boost for their relatively unknown country.

But although USAP did dedicate its space to the issue of food security and ways to feed a growing population, the pavilion's content was woefully blind both to the realities of the food system in America and to the solutions that would help, rather than harm, the issue. There was no mention of monoculture, or of food waste, or even of the water crisis in California. Worse, though, were the intentional falsehoods.

Anyone who has watched a documentary on American nutrition (Fed Up, Forks over Knives) could tell you that our country's nutrition education system is inadequate. It not only overemphasize the importance of animal protein and dairy in our diets, but also teach kids through the national school lunch guidelines that milk should have sugar in it and that pizza is a vegetable. Jamie Oliver's Food Revolution became famous for a clip in which a group of young students misidentified tomatoes as potatoes, beets as celery, and eggplant as egg salad. Yet the section of USAP devoted to nutrition acknowledged none of these failures, and instead held up a handful of successful school programs as if they were the national standard.

Looking back, I shouldn't have expected the "educational" content of the pavilion to be anything but PR. The biggest disappointment for me, therefore, was my favorite part of the pavilion, the vertical farm. Covering an entire wall of the pavilion, the vertical farm was composed of a series of rotating panels with 42 varieties of American crops growing horizontally out of narrow "ZipGrow" towers. Hailing it as the future of urban farming, we enthusiastically explained to visitors how vertical farms lining the sides of offices and apartments in big cities would help bring fresh produce to food deserts and other areas with little access to farmers' markets.

Curious to learn more about the vertical farming system, I organized a trip to the farm outside of Milan where the ZipGrow towers were assembled, where we were shown how the process worked and told how the technology would nev-

er be viable in the way we imagined. Our own plants were only surviving because they were meticulously tended by a farm staff with access to a cherry picker, after having been transplanted into the towers already fully-grown. In short, vertical farms were only viable in controlled greenhouse environments, and we were feeding our visitors lies.

Perhaps it is too harsh to blame the USAP administration for not investigating too closely the claims they instructed us to make about the potential of their vertical farm technology. Perhaps they really believed in the forward momentum of certain school nutrition programs. But let's take a moment to investigate where exactly USAP got its funding and see how that changes things.

In 1994, a law was passed that prohibited the U.S. from using federal money to fund an international exposition, which meant that the USAP at Expo was 100 percent privately funded. You can see where this is going now, can't you? That's right, some of USAP's biggest sponsors included PepsiCo, DuPont, and Dow Chemical. How's that for supporting a sustainable food system?

Now, maybe you could make a moral argument for accepting corporate money if the corporations wanted nothing in return, but unfortunately, the world doesn't work that way. In exchange for their generous donations, these corporations had the opportunity to edit the content of the pavilion in their favor. The effect of this editing was perhaps more ironic than dangerous with a company like PepsiCo, who made sure our pavilion was fully stocked with Pepsi and Lays at all times, and even installed computer monitors to educate visitors on their greenwashing campaign.

More harmful was DuPont's input, which not only spun GMO crops like Bt corn as positive developments, but actually restricted the perspectives the student ambassadors were able to share with the public.

We could not offer our own opinions on GMOs, even if our opinions were based on intensive research, lest we damage DuPont's reputation and diminish the return on their investment in the USAP. Instead, we had to smile through our teeth and explain that the only way we

could feed nine billion people by 2050 was to produce more, more, more. Forget the fact that when I attended the Slow Food Youth Network conference happening in reaction to Expo, Carlo Petrini, founder of Slow Food, explained how that very production mentality fueled all the systems currently stripping the planet of its ability to sustain us. Forget the fact that the UN's own pavilion admitted that the world already produces enough food to feed 12 billion people, with the main problems facing us being waste and distribution, not underproduction. Any of the indigenous farmers currently at Slow Food's Indigenous Terra Madre conference could tell you from experience how damaging the Green Revolution has been to the identities and livelihoods of subsistence communities. Yet despite the fact that the USAP was designed to be a "forum for dialogue and discussion," the corporate money interests kept most of the important and controversial topics off the table.

USAP's only saving grace may have been the student ambassadors, handpicked to be the face of America: intelligent, ambitious, knowledgeable, and truly a wonderful group of people with which to work. Unfortunately, the majority of visitors to Expo just didn't care enough about the event's theme to engage us in discussion; they came for a Disneyland experience. A few had the opportunity to listen in on the USAP's Terrace Talk series, where we hosted experts for an hour-long discussion of a pertinent topic a few times a week. But rarely did these experts touch on any of the truly salient issues: GMOs, farm subsidies and farmers' rights, monocultures and industrial agriculture, nutrition education, the water crisis. Too often they represented the corporate interests themselves, like the man who invented the Arctic Apple. Only once, during World Food Week, were the student ambassadors given center stage to talk about our own experiences and commitments to the manifold issues of food security. And despite my frustration with a USAP so entrenched in the present corporate systems, listening to my colleagues' stories filled me with hope for a generation passionate about making a difference in whatever way they knew best.

The end of a Chinese era

PRANIT GARG

Staff Writer

The Chinese Communist Party (CCP) ending the One-Child Policy this month has brought upon the end of an era.

The One-Child Policy was first initiated in 1979 as a measure to control the population growth rate of the country, which was at 1.9% at the time. Although this growth rate does not sound significant, consider this: a growth of 3 percent will result in a doubling of the population in less than 24 years. Now when you consider that the Chinese population was comprised of approximately 970 million in 1979, this 1.9 percent growth rate suddenly becomes a lot more significant. The Chinese government understood the implications of this growth rate and realized that to reduce it, they would have to do something truly radi-

cal. The radical action they implemented was the One-Child Policy.

As the name suggests, the One-Child Policy limited each Chinese household to one child. Obviously, people were furious. But, given the circumstances, the government's actions are understandable. Over the years, the government has also added exceptions to this policy in order to help make it more equitable. Perhaps unexpectedly, the One-Child Policy was hugely successful; the population's growth rate dropped to about 0.7 percent, which it sits at today. And overall, this population growth rate has been much more controllable; the government has met its end.

However, now another issue has risen. As a natural consequence of the policy, the population of people born after the implementation of the policy is less than that of those born before it; the falling birth rate has led to an increase in elder-

ly people. Eventually this will result in a larger portion of the population being outside of the working age, meaning that there will be a fewer number of people in the working age that will have to support the growing number of elderly dependents. In the long-run, this problem can have hugely adverse implications for the currently booming Chinese economy. Understanding these implications, the Chinese government has decided to officially end the One-Child Policy.

The end of the One-Child Policy may be just as revolutionary as the initial establishment of the policy. This policy has had huge implications for the entire Chinese population. In fact, we can see the implications of this policy in our interactions with the significant population of Chinese students across CC. Even though the change in this policy may not directly affect us instantly, it is definitely worth knowing about it because of the huge

implications it may have on our peers. In the long run, the increased growth rate in China will definitely increase the amount of resources needed to sustain the population. This could mean an increase in the amount of coal, China's primary source of energy, consumed by the Chinese. This will most definitely result in an increase in the rate at which our atmosphere heats up. When considering this, it is abundantly clear that this policy will impact all of us in the long run.

After the abolishment of the One-Child Policy, the government has established a new policy which allows for married couples to have two children (it still does not give them complete freedom over the number of children they want to have). Whether or not the government will call this new policy the "Two-Child Policy" remains shrouded in mystery. However, I believe that it's definitely not as catchy the glorious "One-Child Policy!"

The sterilization of speech and its potential to sting

WES MILLER
Guest Writer

Freedom of speech has become an increasingly contested right on college campuses, and for good reason. Unrestrained freedom of speech can be a potent tool for education, enlightenment, social progress, and giving otherwise silenced or disenfranchised voices a way to be heard. Unchained speech, however, is just as easily a weapon in the hands of bigots, oppressors, racists, and other assorted gems of society.

Across the country, and here at home, colleges have revised their policies regarding expression in such a way to try and regulate speech so that campuses can benefit from all the pros without any of the cons. Colorado College's policy specifically is that, "Uncensored speech – which does not include a right to harass, injure, or silence others – is essential in an academic community and will be vigorously defended" which sounds peachy on a first reading.

The word that is concerning in this sentence is "injure" as its not really defined in the policy what it means to injure someone with speech. Sticks and stones may break bones, but it's accepted in this era that words can cause potent emotional trauma or damage in the right context, but if "injure" isn't defined

that's a damn slippery slope. The danger here is in the interpretation of what sort of speech has the power to "injure" and how quickly that interpretation could get out of hand.

Generally, there is a lot of momentum gathering behind a countrywide movement that's seeking to purge campuses everywhere of speech or ideas that could be perceived as uncomfortable or offensive. Quite frankly, it's starting to get real ridiculous a lot quicker than everyone hoped it would. A quick Google search could find you some examples that range from eyebrow raising to stomach churning but I have a few favorites.

All the way back in 2008, Indiana University—Purdue University at Indianapolis decided that a white student who was reading "Notre Dame vs. the Klan," a book about a KKK march and a student movement to combat bigotry, was guilty of racial harassment for possessing said book. On campus, a portion of our own student body moved to get the movie "Stonewall" silenced and not shown on campus because of its many shortcomings in adequately portraying the realities of the events it depicted. While those opposed had very good reasons to criticize the movie this is a perfect example of an educational opportunity almost being discarded because we would rather silence speech than contest and debate the quality of its ideas.

More disturbingly, last fall, Omar Mah-

mood published a satirical piece in a University of Michigan student publication that poked fun at the idea of micro-aggressions. His piece was interpreted as offensive and as a result his dorm room door was vandalized with pleasant messages such as "Everyone hates you, you violent prick." This instance is indicative of how college students are starting to take the regulation of speech into their own hands and producing disgusting results. It would seem that many agree that satire doesn't have much of a place in this new era of political correctness and regulated speech and that's a shame. Where would we be if the discourse of minds such as Mark Twain, Voltaire, Kurt Vonnegut, Anna Tambour, or other satirists never made it into the public sphere of ideas because they were silenced for being offensive?

The idea that speech can injure and maim is valid, but if someone being hurt is enough to silence speech that is an extremely concerning development. We might very well end up a society with very thin skins and very narrow minds if the momentum behind this continues to build. At the end of the day, being offended is subjective, and allowing speech to be curtailed on a subjective basis is way too close to picking and choosing to hear the ideas you like and don't like.

Bigotry, harassment, and verbal or written abuse have no place on a college campus, but these things should be

combated with speech that educates, enlightens, and seeks to find solutions and common ground with your fellow members of the human race.

It is facile to chain free speech in the name of protecting student's feelings as what is offensive is a rapidly expanding concept. Soon we might find that much of what we once considered critical to the education of a capable mind locked behind the gates of political correctness. A liberal arts education is unique in that it places an emphasis on students becoming adept in multiple disciplines and learning how to think critically from multiple perspectives and views and once alternate perspectives begin to be labeled offensive we will lose much of the intellectual strength that comes from having ideas tested in a multitude of perspectives. If we begin banning speech that "injures," it will stifle debates tremendously, as all one has to do is claim they're so offended that they are injured and victimized, and nobody could contest that point without being slammed for victim blaming.

Bigotry on campus, and in general, can be defeated with open discourse and appealing to the humanity and empathy of your classmates. While the goals and intent of restricting speech on campus are laudable, they are a slippery slope that could easily lead us to a place where we silence those we disagree with instead of engaging them in educational discourse.

Starbucks is quitting Christmas?

RUBY SAMUELS
Staff Writer

Christmas is coming. So are Kwanzaa, Hanukkah, Bodhi Day, Yalda, Yule, and more. However, the holiday-themed coffee cups that Christmas junkies await every year from Starbucks are lacking apparent flair, and Christian caffeine addicts are angry.

There is a social media war to "Keep Christ in Christmas," fought by Christian evangelists revolting against the simple red and green design of this year's Starbucks cups. Despite a long history of snowflakes and tree ornaments on their cups, Starbucks has never had a holiday cup that explicitly refers to Jesus Christ or Christianity.

The response that Starbucks has made to this social media conflict explained that their intention is to be "inclusive" and provide a blank slate for people to tell their own stories on a minimally designed cup. The cup, Starbucks claims, is meant to "welcome customers from all backgrounds and religions."

In response to the war waged on social media by a particularly angry group within modern American Christianity, Ellen De-

Generes said, "The old cups had snowflakes and Santa's sleigh and elves. You know, all the things from the Bible."

But even if Starbucks had carried J.C.'s face in the past and chose this year to drop the religious label, what does it mean when a culture prioritizes secular coffee cups as an injustice to rail against before other problems that Christian values might hope to mend, like war and torture, and economic downfall?

Many people, both religious and secular, are concerned with the future of religious faith and morality that this absurd reaction to coffee cups may predict. Rev. Emily C. Heath of the Huffington Post is appalled that many Christians have attached their faith to consumer culture, and that they are misdirecting their energy towards Christmas themed coffee cups before Thanksgiving has even arrived.

Heath believes that this controversy on social media may be a red flag for the fragility of Christian faith in a culture that confuses religious values with consumerism.

"I think this is a little ridiculous," Heath stated. "Because, Christians, I promise you that Starbucks red cups are not going to destroy the Christian faith.

Seriously, the Roman Empire couldn't do it, and they could kill you with lions."

This is the kind of obsessive consumerism that leaves Black Friday shoppers trampled in Wal-Mart. Whether you are Christian, Jewish, Muslim, or Atheist, it is not a huge leap to suggest that consumerism is a fairly ubiquitous modern day religion—except that community and compassion is eerily absent from our touch screen bibles.

So, perhaps we should focus instead on the inclusiveness that such a recognizable company as Starbucks is trying to express with simply designed coffee cups.

The recent tragedies in Paris, Beirut, and Baghdad have shown that the expression and exploitation of religious fundamentalism can terrorize the world. Rather than loudly complaining on social media about the absence of Christian iconography on cups that are held in many non-Christian hands, be thankful for the privilege to walk down a snowy sidewalk carrying a warm red and green coffee cup this winter during such a tumultuous time in human history.



Shannon Galpin

2013 National Geographic Adventurer of the Year, Artist, Activist, Humanitarian, Author, Mountain Biker

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COLORADO COLLEGE

Innocuous or immobilizing? Marijuana culture among student-athletes

DAVID ANDREWS
Sports Editor

CONTINUED FROM PAGE 1

seek to foster a healthy learning environment. We believe marijuana use conflicts with this mission. The college has a long-standing policy against drug use on campus and within the college community, and that policy does not change with Colorado's adoption of Amendment 64."

Amendment 64 and college policy aside, college campuses have historically been a space where students have experimented with both alcohol and recreational drugs such as marijuana. The eyes of the nation are trained on Colorado and its higher-ed institutions to see how they deal with a perceived ease of access to marijuana, a federally illegal substance. Contained within this discussion is, of course, the student populations at these institutions. How will students use marijuana and in turn create a campus culture around these substances?

The issue of marijuana use among student-athletes at Colorado College is a timely and complex issue to explore. The issue draws in and involves athletic personnel from the upper echelons of the NCAA and resonates all the way down to the team culture that student-athletes foster.

The Catalyst talked with staff members in the CC Athletic Department, CC coaches, current athletes, and Tiger alumni to attempt to paint an accurate picture of marijuana use among student-athletes at CC. And in turn, determine what significance this use holds for CC's future in an increasingly hazy, and at times dank, United States.

I. The Big Picture: NCAA and Federal Law

All Colorado College sports compete under the umbrella of the NCAA. The

drug-testing protocol that the NCAA uses varies between the Division I and Division III levels. Ken Ralph, Athletic Director at Colorado College since 2007, spoke to this difference. "For the Division I sports there are year-round unannounced drug tests," he said. "In fact we even have to provide their locations in the summer. Typically, they have less than 24-hour notice for testing." While Division I athletes compete with the knowledge that unannounced drug tests are possible at any time, Division III athletes are not held to this standard.

Division III athletes will only be tested at conference and national championship events. "Six or seven years ago there was a pilot in Division III to do a more extensive drug-testing program and [Colorado College] participated. But Division III ultimately thought it was much too expensive," said Ralph. Division I athletes are held to a more rigorous standard, but the punishment for a violation is the same for athletes of both divisions.

A positive test for any sort of blood doping or performance enhancing drug results in the athlete being slapped with a year-long ban from competition. However, a positive test for "street drugs" such as marijuana, heroin, and synthetic THC holds a lesser punishment - a ban from 50% of a team's games in a given season.

In addition to drug-testing, the NCAA collects data on the rates that student-athletes are using substances. A 2014 report found that Division III athletes self-reported the highest rates of use of social drugs (tobacco, alcohol, marijuana) in all of the NCAA. In the current NCAA landscape, the decision by a Division III athlete to use a social drug holds less serious consequences. With no random drug-testing imposed by the NCAA or Colorado College on DIII athletes, there is simply less chance that they will

face a penalty for recreational use of a substance like marijuana.

At a meeting of the Division III Management Council April 13-14, 2014 there was discussion among DIII schools to altogether eliminate testing for street drugs such as marijuana at championship events. The measure ultimately stalled. Lori Runksmeier, the chair of the DIII Management Council stood by the decision, "The Management Council feels the best thing for the health and safety of our student-athletes would be to have some sort of marijuana testing. If the NCAA doesn't do marijuana testing, it's harder to justify it on our campuses when we think it could work there."

The fact that marijuana was a part of this conversation could

For Halle, smoking marijuana was something that he did "every day my senior year and still had the best season of my career."



Photo by Xan Marshland

bode well for its eventual elimination from the NCAA drug-testing regimen. However, for the time being, Colorado College athletes are making their decisions with the knowledge that NCAA drug-testing could occur at any time for DI athletes, and will occur at DIII championship events.

II. Marijuana at the moment: Current use among CC athletes

The data that the Catalyst Sports team was able to collect indicated that CC student athletes use marijuana at a slightly higher rate than the national average for American college students. According to a 2014 report from the University of Michigan, 36 percent of college students reported using marijuana in some form in the previous year. Of the 62 responses collected from athletes across all sports at CC, 43.55 percent of athletes reported using marijuana at least once a week in the off-season of their sport.

Substance use among athletes can be closely linked to the time of year that a student-athlete finds themselves in. The number of athletes that reported using marijuana at least once a week during the season of their sport dropped to just under 25 percent. This precipitous spike is due in large part to a team culture that is developed among teams at Colorado College. Leading up to championships of Division III sports most teams institute what is known as "dry season" and players cease all use of recreational drugs in preparation for a crucial part of the season.

Ian Carey, a sophomore member of the men's swim and dive team spoke to the concept of a "dry season." "That's enforced by the captains," he said. "So

no drinking, no smoking, no anything. There are people that choose not to partake, but it's sort of a socially enforced thing."

The men's lacrosse team

In Halle's experience at CC the men's lacrosse team had a culture that was more accepting of marijuana use. "Honestly, on the lax team a higher percentage of guys are regular users."

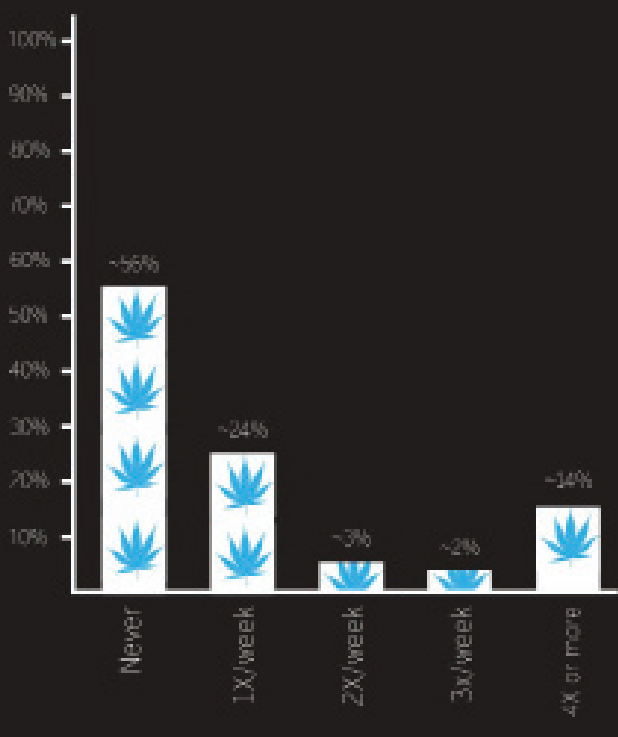
employs a similar model according to 2014 alum and former honorable-mention All-American Henri Halle. Halle acknowledged that the men's lacrosse team has been stereotyped in the past as some of the heaviest marijuana users on campus, but also said that there is some truth to this perception. For most of the season the team was not worried about being drug-tested. But come time for the NCAA tournament, "absolutely, the captains made it very clear that there was no use in the month leading up to the tournament. Yeah, some kids break that rule, but the captains dealt with that."

Halle was a standout player over his career for the Tigers and in his senior year, after recording 33 goals on the season, was invited to the prestigious USILA All-Star game in Baltimore, Maryland. For Halle, smoking marijuana was something that he did "every day my senior year and still had the best season of my career." Halle came into CC his freshmen year having never smoked marijuana in season during his high school career, "but gradually throughout the years I smoked more and more in the season and felt OK about it."

The lack of mandatory drug-testing at the DIII level provided Halle with a higher degree of "social freedom." In Halle's experience at CC the men's lacrosse team had a culture that was more accepting of marijuana use. "Honestly, on the lax team, a higher percentage of guys are regular users." Halle saw a distinct difference between his men's lacrosse teammates and the women's soccer team, who as Division I athletes "could never fathom why we were smoking weed."

The NCAA has found in their analysis of substance use in DIII athletics that men's lacrosse uses marijuana at a higher rate than all other sports demographics. So Halle's experience does not fall outside the bounds of statistical evidence, but what Halle communicated was that substance use was unacceptable when it hurt the team and the goals that the team had set for its season. Last season, Halle and his fellow captains enforced a no-drug policy in the month leading up to the Tigers postseason berth and eventual loss to No. 9 Endicott College in the

How often do you use marijuana during the off-season of your sport?



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first round of the NCAA tournament.

For Division III athletes at CC, the risk of using marijuana in the off-season or even the early part of the season is relatively low. However, for Division I athletes there is a much different set of rules and level of risk. Halle said, "Immediately, you can separate DI and DIII athletes in the discussion about marijuana." While the consequences are certainly higher for DI athletes, the culture around marijuana on the men's hockey team, according to 2014 graduate and former backup goalie Courtney Lockwood, was rather "cavalier" during his time with the team from 2011 to 2013.

"No one was like a pothead," said Lockwood. "I know there are some guys on the team now that really consistently smoke. When I was playing there was about 50% of the team that had tried it at least once during the season. But who knows what they would do during the offseason." Also, from Lockwood's viewpoint the NCAA drug tests that the players were subjected to did not punish players that had been using marijuana recreationally, as the tests focused main-

ly on performance-enhancing drugs, or PEDs.

Lockwood has been away from the team since the end of the 2013 season. In the time that Lockwood was on the team he felt that recreational drug use was not being cracked down upon by either the NCAA or former coach Tim Owens. Lockwood said, "There were guys on the team that would consistently smoke or definitely use painkillers for fun and when they were tested, they would pass with flying colors."

Lockwood's opinion on marijuana stands in stark contrast with the experience of Halle and a culture

of marijuana use on the men's lacrosse team. For Lockwood, a lack of discipline and structure around substance use on the men's hockey team had led to a slow crumbling of the team's foundation.

Lockwood had this to say in regards to the policies around drug use under former coach Tim Owens. "I do think it needs to be strict," he said. "At CC, you're having too many kids that are coming in and there's no discipline, no one's held accountable. I grew up going to CC hockey games and I watched a program that was a national contender turn into the worst team in the f***ing league and the worst team in the country. I'm not going

to say that it's because of marijuana but it's because these kids are allowed to get away with s**t like that that leads to this general malaise attitude. Like, 'Whatever, it's not going to affect me.'"

A mixture of team culture, NCAA policies, and personal prerogative plays into each athlete's individual decision to use or not use marijuana. On an institutional level, Ken Ralph and the Athletic Department are working to create an environment in which young adults can learn to make responsible decisions and seek support if experimentation turns into debilitating abuse.

III. A supportive approach: CC Athletics

Since arriving in 2007 from Rensselaer Polytechnic Institute, Athletic Director Ken Ralph has worked hard to create a culture of "understanding and education" between CC's student athletes and the Athletic Department. In regards to dealing with marijuana use among student athletes, Ralph said, "We try to remember that first and foremost they are students and they are part of a larger peer group and that they're young adults and they'll have to learn to make responsible decisions that are best for them."

After piloting a drug-testing program in 2009, the Athletic Department decided that it would be much more cost effective and beneficial to players to forego

conducting drug tests for DIII athletes. For Ralph, the driving force behind drug testing policy at CC is creating a system of support, rather than push drug use into a dangerous underground situation.

Ralph said, "I don't want to be intrusive in the lives of our students. I don't think it's fair to them, and I think it inhibits the trust that we try to build. When you build a good relationship with your students they tend to offer some things up."

Head lacrosse coach Sean Woods, similar to Ralph, stands in opposition to any sort of drug-testing on the part of the CC Athletic Department. "It dummies my job, said Woods. "It dummies the leadership. Our mission at this college is to educate and my job as a coach is that these young men are leaving better people four years from now. I think it would take away from my mission if we did drug test."

While Woods did not support drug-testing from the college he emphasized the special type of athlete that even chooses to go to CC in the first place. Woods had high praise for CC athletes. "[Colorado College athletes] are ambitious," he said. "In order to get into this school you need to be a great young mind. You have to care about your future. You have to be responsible."

At the end of the day, it is clear that

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UPCOMING SPORTING EVENTS

Men's Hockey (0-10-0, 0-4-0 NCHC)

Friday, Nov. 20 vs. Minnesota Duluth, 7:37 p.m.
Saturday, Nov. 21 vs. Minnesota Duluth, 7:07 p.m.
Friday, Nov. 27 @ Air Force Academy, 7:05 p.m.
Saturday, Nov. 28 vs. Air Force Academy, 7:07 p.m.

Women's Cross Country

Saturday, Nov. 21 @ NCAA Division III Championship in Oshkosh, WI, 10 a.m. CT

Women's Basketball (0-1)

Friday, Nov. 20 vs. Alverno College, 6 p.m.
Saturday, Nov. 21 vs. Benedectine University, 6 p.m.
Wednesday, Nov. 25 vs. Augsburg College, 4 p.m.
Friday, Nov. 27 vs. Lewis & Clark College, 3 p.m.
Saturday, Nov. 28 vs. North Central College, 3 p.m.

Men's Basketball (0-0)

Sunday, Nov. 22 @ Grinnell College, Noon CT
Tuesday, Nov. 24 vs. Regis University, 7 p.m.
Friday, Nov. 27 vs. Howard Payne University, 7 p.m.
Saturday, Nov. 28 vs. Whitworth University, 7 p.m.

Men's and Women's Swim and Dive

Saturday, Nov. 21 @ University of Chicago Phoenix Fall Classic, 10 a.m./6 p.m. CT
Sunday, Nov. 22 @ University of Chicago Phoenix Fall Classic, 10 a.m./6 p.m. CT

*All times MST unless otherwise indicated



TIGERS MAKING HEADLINES

Mary Rose Donahue Sophomore Diver



Photos courtesy of
CC Athletics

Mary Rose Donahue started her sophomore season this past weekend on a dominant note. Rose Donahue took home first place in both meets that the Tigers competed in on their Texas road trip. Donahue, who as an all-conference diver last season, started off the trip by placing first on both boards at Southwestern University. Donahue put up NCAA qualifying scores of 293.75 in the 1-meter and 315.5 in the 3-meter. Following that performance, Donahue posted scores of 267 and 304.10 against Austin College and St. Gregory's. After her standout road trip over block break, Donahue was named the SCAC Women's Diver of the Week. Donahue will be back in action over Fall Break at the University of Chicago Phoenix Fall Classic Nov. 21-22.

Justina Zuckerman Sophomore Swimmer



Sophomore swimmer Justina Zuckerman had an impressive weekend in a road trip to Texas with the women's swim and dive team. Zuckerman was a member of the Tiger's SCAC title 200 freestyle relay last season and has started out this season in strong form. Zuckerman's standout moment in a stellar weekend came against Southwestern University on Friday, Nov. 13. Zuckerman crushed her previous best in the 100 free with a blistering time of 55.81. Zuckerman's time was more than two seconds faster than her PR from the 2014 season. Zuckerman also played a role on the Tiger's two 1st place relay teams on the weekend. For her standout performance, Zuckerman was honored as the SCAC Women's Swimmer of the Week.

CONTINUED FROM PAGE 12

championship and continue CC's rise in the world of DIII lacrosse. A national championship is the goal of Woods' entire squad and from Woods' point of view, marijuana is a distraction on the team's road to success. "If they are doing something that is preventing them from accomplishing their goals, then I don't think that's such a good thing to be doing," said Woods.

In addition to providing support for athletes, the CC Athletic Department provides athletes with information on nutrition and the effects that marijuana can have on the bodies of young athletes. Most recently, Woods and the lacrosse team hosted a nutritionist who talked to the players about the marijuana use. "It was really effective, I think our guys learned quite a bit and it's something we always need to talk about."

In an online poll of student-athletes, just over 50 percent of respondents had never had a CC coach or athletic department member address their team about marijuana use. In light of this statistic, Woods' approach with the men's lacrosse team stands out but is obviously a conscious effort by Woods to create an atmosphere of healthy growth.

Wood's five-year tenure with the Tigers has not been without its share of violations from players. Woods spoke to a collection of incidents of varying severity. "Yes, we've had guys that have got caught that I have had to come down on," he said. "We've had to remove kids from the team that repeatedly broke the rules. We've had a guy step away from the team for a little while and hopefully see what he's missing. It's a privilege, not a right to play lacrosse at [Colorado College]."

For Coach Woods, the bottom line is rather cut and dry. "It's not going to help you practice better, it's not going to help you compete better, it's not going to help you with studying," he said. "Neither will alcohol and neither will any altering substance."

In dealing with young adults Ralph and

the rest of the CC Athletics staff have worked to create a culture of accountability, but have also balanced that with a non-accusatory and supportive basis of trust. Ralph said, "I want to be respectful of the decisions our students make and give them resources in case those choices get out of hand."

IV. Propries and pot: Marijuana's effect on recruitment

As Colorado College gains prominence as a nationally-respected liberal arts school admission rates have dropped and applications have increased. Since 2009, the percentage of each class that is made up of athletes has hovered around 14 percent. It is constant work for coaches and administrators to attract athletes to CC that are academically motivated and have the talent to bring home championship banners to Reid Arena.

Marijuana has played an impact on recruiting in the eyes of Ralph. "We know it has a negative impact on recruitment, especially if prospective students are in dorms and they are overwhelmed by the smell of marijuana smoke in the dorms. We've heard that on many occasions."

On his visit to CC as a prospective student, Carey was hosted by a heavy marijuana smoker. "The person that I stayed with was one of the heaviest smokers on the team so I was immediately kind of like, whoa this is a lot." Carey later learned that his host didn't represent a norm for the team and was able to make his decision based on this knowledge. From Ralph's perspective, other prospective students that have experiences with marijuana on visits may choose not

"I don't want to be intrusive in the lives of our students. I don't think it's fair to them, and I think it inhibits the trust that we try to build."



Photo by Xan Marshland

to attend the college because of the marijuana use on campus.

While marijuana may play a role in the recruiting visits of DIII student-athletes, Lockwood thinks that substance use and campus culture play into prospective hockey recruit's decision-making process much less. "For blue-chip recruits, I think the only thing that they are focused on is the team's record and how they are going to get to the next level. It's a much narrower scope. They don't really think in terms of scope or flexibility or being able to explore themselves or any of that crap," said Lockwood.

As a national trend, applications to colleges in Colorado have spiked since the legalization of recreational marijuana in 2012. No statistics are available for athletes specifically, but applications at CU-Boulder for example have risen 25 percent since 2012 according to USA Today. Of course, marijuana is not legal for those under 21, but medicinal and recreational marijuana create an ease of access for college students under the age of 21. For some prospective athletes, the opportunity to experiment with marijuana may draw them to the school. Overall, Ralph sees marijuana use among athletes and perceived use as a drawback to CC's ability to recruit top talent from around the nation.

V. Moving forward in a legal marijuana landscape

Colorado College and its student-athletes will continue to grapple with is-

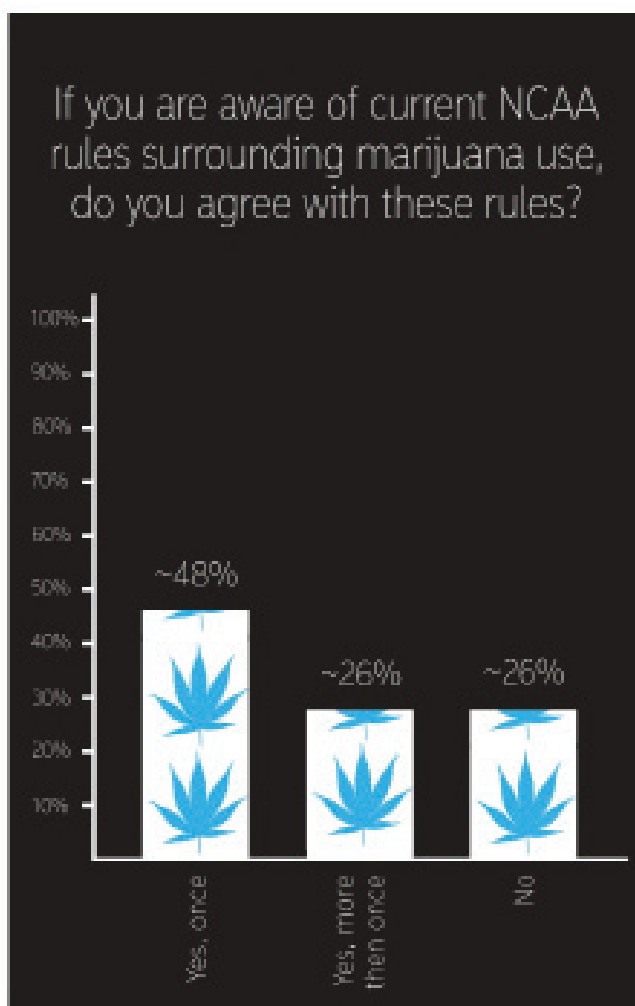
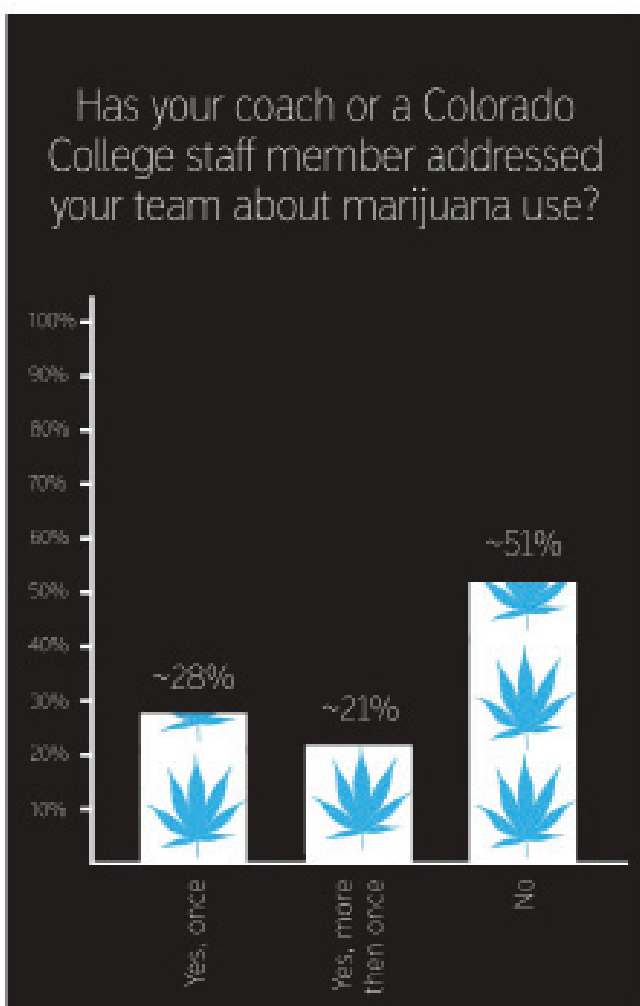
sues around marijuana moving forward. However, student-athletes and Colorado College may see the landscape of the NCAA change in the years to come.

At the most recent summit of DIII athletic institutions a new model of drug prevention for DIII athletes was proposed. The proposal moved the focus away from traditional drug-testing and put more emphasis on educational programs on college campuses. The move was catalyzed by the fact that, according to NCAA.org, "Student-athlete drug use survey data indicate drug testing at championships hasn't deterred recreational drug use." According to the NCAA, rates of marijuana use among student-athletes have remained steady for the past 30 years. Furthermore, the policy may change in the coming years due to data that has shown that athletes who are suspended for marijuana use end up dropping out of school at a much higher rate than the national average.

Ken Ralph does not see marijuana becoming a serious issue for the NCAA moving forward. "I'm not sure it's going to get a tremendous amount of attention in Division III," he said. "I think it's going to be treated much more like alcohol, which nobody sees as a performance enhancer."

Coach Woods had a split opinion on the issue. "I don't really feel very strongly either way," he said, "If it's not a performance-enhancer I don't see the need to test, I guess. At the same time I understand that it's an illegal drug so I can't say I'm against testing for something that is illegal." Marijuana remains a Schedule 1 substance at the federal level and Woods, along with his fellow CC coaches will continue to lead their teams with this reality in mind. In order to receive federal funding, CC and the Athletic Department must abide by federal law, which currently classifies marijuana as illegal.

The fact remains for the CC Athletics that they are dealing with a group of young people that are functioning within a larger peer group, as discussed by Ralph. At CC, this peer group contains students that choose to experiment with marijuana in their lives. Some athletes choose to partake in this same experimentation. For athletes such as Henri Halle, a balance could be struck between marijuana use and on-field success. Current athletes and athletes for years to come at CC will be faced with the task of forming their own relationship with substances and marijuana. The good news for these athletes is that they will have a supportive and education-minded Athletics Department behind them every step of the way.



All data was collected from an anonymous online survey. 62 athletes from 15 varsity sports responded to the survey.

Women's XC only team in country to send three individuals to Nationals

SAMANTHA GILBERT

Staff Writer

This past weekend, men's and women's cross-country competed at DIII West Regionals at Pomona-Pitzer in California. While the men's team raced well, the women came in fourth, just five points behind the third place team. The top three finishers, Willamette, Claremont McKenna, and Whitworth, are all nationally ranked teams.

"It's super heartbreaking that they didn't get to go as a team to Nationals," said Assistant Coach Alex Nichols. "But since everyone is going to come back, they are going to be a really good team [next year]."

Though the women's team isn't headed to Nationals as a whole, three individuals made it to Nationals, which is extremely rare. "No other team in the country is sending three individually instead of just sending the entire team," said Coach Nichols.

The three girls headed to Nationals are freshman Allysa Warling and juniors Katie Sandfort and Leah Wessler, who all broke their personal records by nearly a minute at the regional meet.

While Wessler and Sandfort tend to start out slower and then pick up speed

halfway through a race, Warling comes out fast and keeps her pace.

"Alyssa didn't get to run quite the race she wanted to at the conference championships and ended up being a little more tactical," said Coach Nichols. "So at Regionals, she just stuck to the way that she usually runs and it worked really well for her."

The Tigers were bolstered by stellar individual performances, but the team's success this year has been a group effort.

As sophomore Patty Atkinson said, "People think cross country is a really individual sport. But when it comes to placing, it is such a team sport." Atkinson emphasizes the importance of training and running as a pack. "In a race when you see your teammate up ahead and know you can catch them and run together, it's really encouraging," said Atkinson. Atkinson claims that she and teammates will work together to pass people and keep each other motivated to do their best.

Junior Conor Terhune agrees that cross-country is more team-oriented than individualistic. "Unlike other team sports where an individual has the ability to 'carry the team on their back,' cross country requires all teammates

to run well in order to win meets," said Terhune. Terhune is disappointed that no member of the men's team qualified for Nationals, but he is happy that the seniors that attended ran well.

Specifically, senior Jake Rothman had a standout performance. Rothman placed higher this year than in the past by nearly 50 spots. "I just missed All-Region and didn't get that one last PR..." said Rothman. "What matters most, though, is that I've been given the opportunity to grow stronger in the sport I love and

to have made such profound and lasting friendships. I have learned so much about meaning, and joy, and life; this sport has made me incredibly happy and I will always be deeply grateful."

There is much hope and excitement for the upcoming track season because both teams are young, motivated, and hungry to win. For now, the team celebrates Warling, Wessler, and Sandfort heading to Nationals, a feat that speaks highly of the strong team that the Tigers have assembled this year.



Photos courtesy of CC Athletics
Photos by Charlie Lengal



In a historic effort, women's cross country qualified three runners for the NCAA national competition.

Historic season for volleyball comes to abrupt close at DIII regionals

COLE THOMPSON

Staff Writer

On Friday, Nov. 13, the No. 3 Colorado College volleyball team (34-4, No. 8 NCAA Div. III) suffered a heartbreaking three set loss to No. 6 California Lutheran (26-5) in the 2015 NCAA Division III Thousand Oaks Regional, ending the Tigers' season.

"We had an awesome season," said Head Coach Rick Swan. "Unfortunately, we had a tough match in the opening round of the NCAA Tournament playing California Lutheran on their home court, and we fell up short losing in three sets. It was a disappointing loss, but I was very proud of our players and what they accomplished this season."

The matchup was an even fight from start to finish. California Lutheran used accurate hitting with an incredible team average of .303 on their home court to win the first set 25-17. During the second set, the Tigers fought hard, exchanging a lead with Cal Lutheran four times. Despite the Tigers' efforts, the Regals carried their momentum to win the second set 25-21 in front a packed student section. In the third set, the Tigers pulled ahead 11-10 with a kill from freshman Aria Dudley. However, the Tigers had no answer for California Lutheran's deadly offense and lost the final set 25-21.

Despite the loss, SCAC Player of the

Year senior Courtney Birkett made Colorado College volleyball history Friday night as she became the first player to record more than 1,000 career kills, 1,000 career assists, and 1,000 career digs in her final match as a Tiger.

"I couldn't have asked for a better final season," said Birkett. "I feel incredibly honored to have earned it but I would not have won it without every single one of my teammates. They pushed me to work hard and without them doing their best on the court, I would not have been able to play well either."

Birkett was not the only player to receive SCAC honors. Senior Sophie Merrifield who finished her career with a school record 2,498 digs was awarded SCAC Backrow Player of the Year.

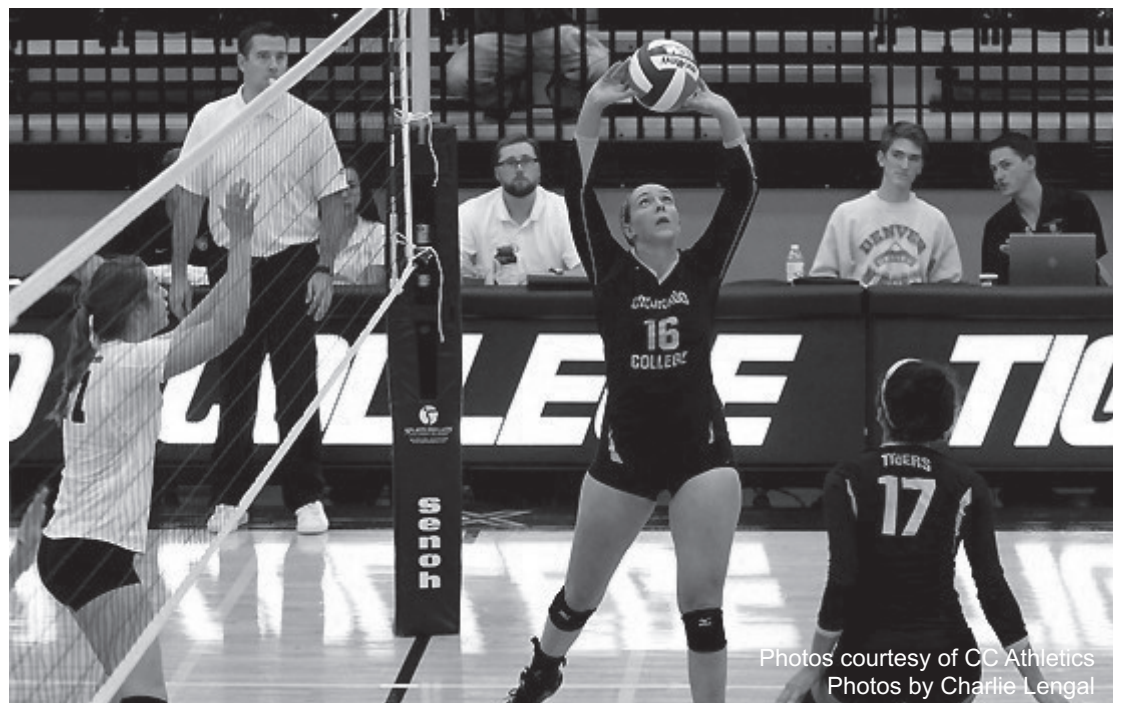
"I truly could not have achieved the award without the help of my teammates," said Merrifield. "By setting up the blocking at the net and terminating plays, my teammates allowed me to position myself around them defensively and get a significant number of digs. The cohesion and passion that the

team presented this year was incredible and I feel lucky to have been part of such a memorable year."

Freshman Myca Steffey-Bean, who led the team with nine kills Friday night, also received SCAC honors and was named SCAC freshman of the year. "It was a pretty disappointing end to the season, but I am super proud of what we did as a team this year," said Steffey-Bean. "I couldn't have done it without

the team constantly pushing me to get better. I owe it all to them."

Beyond SCAC honors, senior Birkett and junior Abbe Holtze were named DIII First-Team All-American and Merrifield was honored with All-American Honorable Mention. The Tigers ended the season 34-4 in their 18th consecutive appearance in the NCAA tournament with a record setting winning percentage of .894.



Photos courtesy of CC Athletics
Photos by Charlie Lengal

Swim and dive kicks off 2015-16 campaign with Texas road trip

HANNAH WESTERMAN
Staff Writer

Over the Block Break, Colorado College swimming and diving teams headed to Texas for back-to-back meets. First, CC took on Southwestern University. The results presented a mixed bag for the teams; the women won every single event, while the men, unfortunately, didn't fare as well. Freshman Ethan Schick came away with the only victory, the 100-yard butterfly race.

The women set the tone early. During the opening event, the 400-yard medley relay, seniors Olivia Dilorati and Megan Gillespie and sophomores Ellen Silk and Justina Zuckerman defeated Southwestern by over six seconds. Gillespie went

on to win three individual events, the 100 and 200-yard breaststroke and the 400-yard individual medley.

"The 400 IM is definitely my favorite," said Gillespie. "It was really close. The event takes like five minutes, and I only touched the girl out by like half a second. So it was really exciting."

In the 200-yard freestyle relay, Dilorati, Zuckerman, and senior Becca Adams set up the race for the anchor, senior Erin Holmes, who snagged the win by just 36-hundredths of a second.

"We were kind of ahead as I dove in," said Holmes. "In [a 50-yard race] you don't really breathe very often, so I couldn't really see anyone next to me but I took one breath and I saw the girl and I said, 'It's time to go Erin,' and I just put everything I had left in it."

The next day, CC participated in a double-dual meet, taking on Austin College and St. Gregory's University. Once again, the women came out on top, defeating St. Gregory's in every event and giving up only one event to Austin.

"Our women dominated all three teams," said Head Coach Anne Goodman James. "Justina Zuckerman had some real breakthrough swims on Friday, showing big time drops from the first meet and winning all of her individual events. In addition to taking first in six events over the weekend, after winning the 100 fly Olivia Dilorati thought she could go faster, so she swam the first 100 of her 500 free as butterfly. She posted a time of 58.67, which ranks her first in the SCAC and 16th nationally."

"Freshman Kate Guynn, swimming in her first collegiate meet, proved that she will be a force in the conference in both breaststroke events," added Goodman James. "[She] will be a great addition to our medley relays."

CC opened the meet strong, claiming the two top spots in the 200-yard medley relay.

Gillespie, Adams, Silk, and freshman Chaney Skilling beat their teammates

(Holmes, Zuckerman, sophomore Emily Harrison, and freshman Hannah Varner) by less than a second.

"Our coach wanted both of those relays to be a pretty even speed with each leg so that we could race each other," said Holmes. "I think it really helps our team bonding even though we're competing against each other."

Sophomore Mary Rose Donahue maintained her perfect season by sweeping all the diving events. Donahue has also already secured her spot in the NCAA regionals diving meet.

"I actually ended up having a perfect season last year going into SCACs, so I would love to continue that this year," said Donahue. "The possibility of that, of course, is always up in the air especially with a sport as volatile as diving can be. Scores can go up, scores can go down. One false step can ruin all of that. But I'm feeling good about the season so far and I'm looking forward to what's to come."

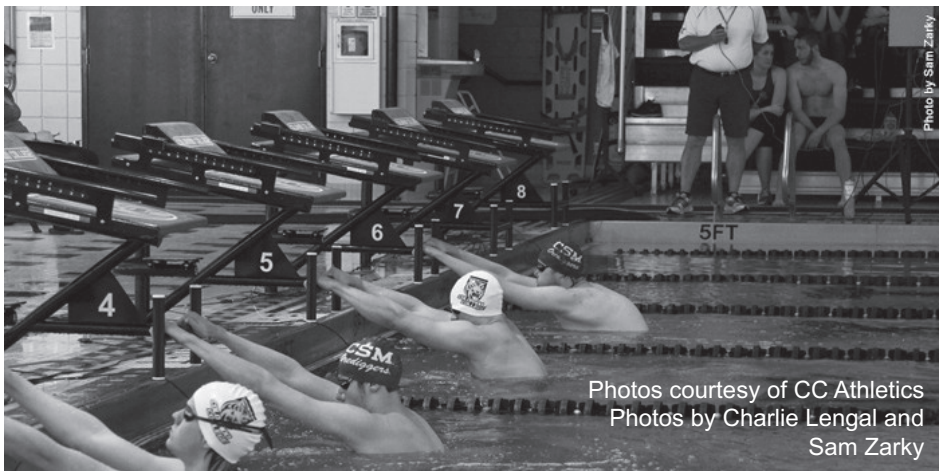
The men's team faced another couple of tough losses. However, Schick did win the 100-yard butterfly for the second day in a row. In a narrow victory, Schick touched the wall just .14 seconds ahead of second-place. "As a freshman, I expected to become a better swimmer under Anne's leadership, but I didn't really expect to be winning races against swimmers much older and more experienced than I," said Schick. "So it felt really great to be at the top of the 100 butterfly for the past few meets."

Sophomore Trey Watmore also earned a victory for the men's team, winning the 500-yard freestyle race by nearly five seconds.

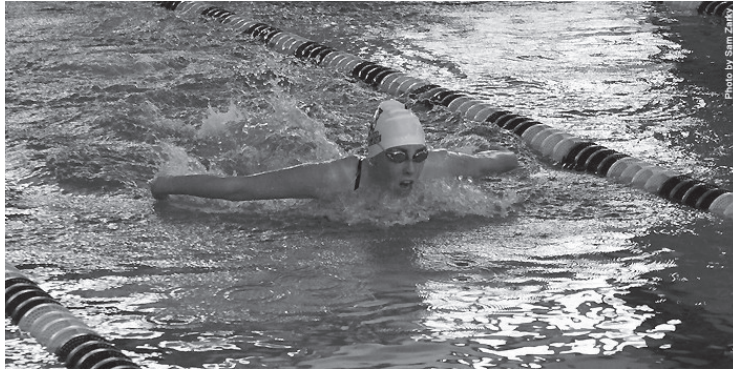
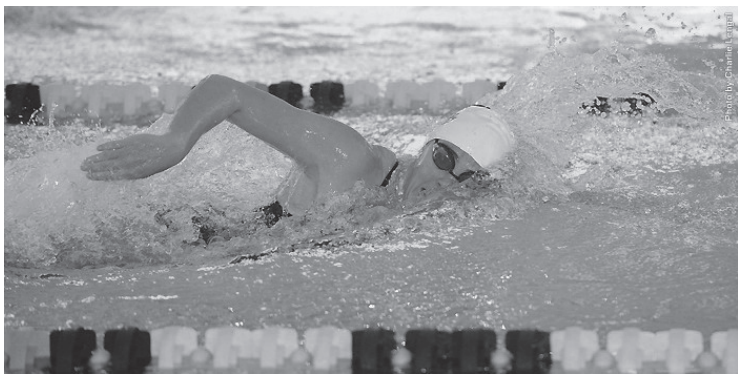
"The 500 freestyle is not an event I regularly swim," said Watmore. "I was not ahead the whole time, but caught up to the Austin College swimmer with about a 150 to 200 to go. I didn't realize I was gaining on him until I passed him—my goggles had fogged up—which is when I just went all out until the end of the race."

"Our men stepped up to the challenge of being there without the full team due to injuries and study abroad," said Goodman James. "We had to be creative in our line-up."

This weekend, the teams travel to the University of Chicago for the Phoenix Fall Classic, a 10-team invitational.



Photos courtesy of CC Athletics
Photos by Charlie Lengal and Sam Zarky



Title 69 favorites to take home pre-holiday futsal hardware

JOHN BORAH
Staff Writer

The weather has turned, the first snow has fallen, and the intramural soccer players have all been herded into El Pomar to trade their soccer balls for futsal balls. Yes, the futsal season is upon us, and it has been kicked off by the pre-holiday tournament, which began this past Monday.

Most teams competing in the double elimination tournament should sound familiar to any knowledgeable IM soccer fan: Multiple Scoregasms, The Halestorms, The Papi Chulos, the Dance Floor Finger Blasters (DFFB), and, of course, the back-to-back IM outdoor soccer champs and last year's pre-holiday tournament victors, Title 69.

Long time 69er Alicia Terry was very confident when asked if her team was capable of winning their second shirt in two blocks. Many have described

Title 69 as a team that "cleverly combines groundbreaking legislation for gender equality with a fun activity that promotes another type of equality," according to Terry. Director of Intramural Sports Chris Starr is among those who have tabbed the 69ers as favorites in the league.

Justin Nguyen, student supervisor for both the pre-holiday tournament and 2016 futsal league, also believes Title 69 to be one of the best teams. The competition will be stiff for the 69ers, seeing as almost every team is eager to conclude the 69ers' long and dominant reign. In particular, the Halestorms and Ya Beauty pose the most viable threats.

The Halestorms, named in memory of Sam Hale, is composed almost entirely of players from last year's Odds Are, winners of the 2015 futsal league. Team captain Gavin Cobb acknowledged that

while many key players have opted out of the tournament in order to "study abroad," they have acquired new weapons like Phil Engh and Eli Bresler, and the team has held on to veterans, including Benjamin Tweedy. Luckily for the Halestorms, the tournament is double elimination, and the squad will have to compete in the loser's bracket after losing a heartbreaking match to Multiple Scoregasms.

Ya Beauty, led by James Rajasingh, boasts some great talent, including, but not limited to, Connor Haney and Oliver Skelly. Haney, a quick, smart, and handsome men's lacrosse player who has won several IM shirts in his storied career (including with Odds Are and Title 69), is described by his teammates as a "savvy." Meanwhile, Skelly is described by Starr as one of the finest and most exciting futsal players. These two play-

ers are supported by former Calm Out the Back players, like Rajasingh and Will Hollo, who recently opposed Title 69 in the outdoor league championship game. Maddie Pillari has also joined the ranks of Ya Beauty, and Captain Rajasingh describes her as an indispensable component of the team.

Other teams that will pose a serious challenge to Title 69 include Multiple Scoregasms, Omar Comin', captained by former 69er, Nick Roman, Lake Titicaca Thunder—who lasted until the semis in the outdoor league—and Dyslexia Untied, led by the Catalyst's own David Andrews.

The 69ers' Terry is not particularly worried about her team's competition, though she did acknowledge the fickle nature of the tournament. "The tourney is kind of a free-for-all, though," she said. "There's no room for mistakes."

Four world-class footpaths you can hike in a summer

JESSE METZGER
Guest Writer

The John Muir Trail

This famously scenic, 211-mile footpath through California's Sierra Nevada Range connects Yosemite Valley to Mt. Whitney, the highest summit in the continental United States. Much of the path runs in conjunction with the Pacific Crest Trail and brings hikers through rugged yet pleasant terrain.

Hikers of the "JMT" enjoy an abundance of beautiful alpine lakes, three national parks, and views of countless towering peaks. While hikers benefit from a relatively mild and sunny climate, the trail ascends many mountain passes that can hold snow well into August, six of which are above 11,000 feet. After leaving Yosemite Valley, the trail is never lower than 7,000 feet.

The majority of thru-hikers travel southbound, from Yosemite to Mt. Whitney, and take roughly two to three weeks to complete the trail. The Pacific Crest Trail Association recommends waiting until at least the first week of July to begin a thru-hike, due to seasonal snow conditions. Annoying bugs become fewer in this region as the summer progresses.

The Colorado Trail

Stretching from Denver to Durango, this nearby, mountainous footpath climbs almost 90,000 vertical feet as it travels across eight of Colorado's most scenic mountain ranges. The trail is just shy of 500 miles long and keeps hikers

at least 10,000 feet above sea level for the majority of its duration, topping out at 13,271 feet as it passes through the San Juan Range.

Seasonal wildflowers, abundant wildlife, passage through historic mining towns, and many miles of above-tree line hiking also contribute to the route's high reputation among backpacking enthusiasts.

For most, thru-hiking is limited to the summer months due to snow, although unpredictable, violent weather remains a threat at any time of year. Most hikers take four to six weeks to complete the trail and choose to travel east to west, as this allows them to begin with milder terrain and to take advantage of regional snowmelt patterns.

The Vermont Long Trail

The grandfather of all American long-distance trails, the Long Trail has allowed backpackers to traverse the main ridge of Vermont's Green Mountains since its completion in 1930. Despite its low elevation, the trail climbs approximately 67,500 vertical feet over the course of its 273-mile passage between Vermont's southern border with Massachusetts and its northern border with Canada.

As is typical of trails in New England, the treadway of this path is often

far steeper than its western counterparts and is notorious for being choked with rocks, roots, and mud. Hikers are rewarded, however, with scenes of the idyllic Vermont countryside, beautiful hardwood forests, abundant water sources, nearly 70 primitive on-trail shelters, and the opportunity to summit the majority of the Green Mountain's major peaks.

Blazingly fast travelers can finish the trail in under two weeks, but most give themselves up to a month to finish. It is recommended to complete the trail as late in the summer as possible, and many view early- to mid-fall as the best time to be on the trail. Black fly season makes most of June an undesirable time to hike.

El Camino de Santiago

Travelers from around the world flock to Spain to complete this developed but unique "trail." Once solely the path of religious pilgrims who began their trek

wherever they lived, the Camino technically encompasses many different routes, all of which end at the Cathedral of Santiago de Compostela in Galicia, Spain.

The most commonly traveled and well-known route today begins at Saint Jean Pied de Port, France and is known as the Camino Francés. Designated as a World Heritage Site, the route is best suited for walkers interested in a cultural experience rather than to those seeking a solitary hike through rugged wilderness.

Completion does have its challenges, including the added expense of traveling internationally, but the frequent access to towns drastically changes the nature of the hiking experience. Indeed, hikers need not worry about access to food, water, and shelter as they would on other footpaths; frequent opportunities to stop at inns, hostels, bars, restaurants, and other amenities make for a style of travel that would seem incredibly lavish to most thru-hikers.



The view of the Green Mountains from the Vermont Long Trail.
Photo by Jesse Metzger

Pre-holiday IM basketball tournament primed for enticing competition

JOHN BORAH
Staff Writer

The El Pomar basketball gym is packed with a gaggle of penny-clad, squeaky sneaker-wearing basketball players practicing their three-pointers and vying for the subsequent rebounds.

It is Monday, and the amateur athletes are taking part in the intramural basketball pre-holiday tournament's first matchup: the Tigernets versus Flint Michigan MegaBowls.

The Tigernets, who featured a deeper bench and taller bodies, prevailed. After the game, junior John Dugas was proud of his team's victory. "Well, we started off down by a lot, but we were passing well, just missing open shots," he said. "I thought the team stuck with what was working, and we trusted that shots would fall if we kept playing hard. Total team effort."

The double elimination tournament is divided into two groups: the Co-Ed and Open brackets. The Tigernets, led by captain En Seok 'Scott' Choi, will be a tough opponent for anyone in the Open bracket. They describe themselves as "legit" and a hardworking team unafraid to grind out a win. And while they were a non-factor in 2014's tournament, deep-threat Nick Erly insists that this year's team is more talented and committed.

The Tigernets will be a formidable challenge to Like Mike 3: The College Years. Like Mike is composed of the core players from last year's tournament winners, The Jed Ballers. These core members include the speedy, well-rounded and charming Connor Hainey, the scrappy, titular Jed Ball and their leader, Isaac Salay.

Despite retaining these central players, uncontrollable forces, like "graduation" did leave Like Mike without some major contributors, namely Karl Oman. However, Ball believes that this lost production will be made up between Reed Young and the towering big man, Ben Justman.

On the Co-Ed side of the bracket, play will likely be dominated by Shift Show, the reigning champions. Shift Show consists of many CC volleyball players, including Sophie Merrifield, and All-Americans Courtney Birkett and Abbe Holtze. Including tall women, Shift Show also has the additional benefit of an un-

changed roster.

Team captain Karina Guerrero claims that last year's success was the result of "awesome team chemistry and the just enough moments of us playing like shift and us playing like the pros." Guerrero predicted that if her team can maintain this balance and hit the three ball, Shift Show will be christened with fresh IM championship shirts.

Guerrero also concedes that there are throngs of good teams signed up for the tournament, all of which will provide some stiff competition. One of these teams is Five Finger Death Slam, captained by Mercedes Whitman.

Five Finger is new to the tournament, and according to Whitman, the team is still developing. The team hasn't yet grown accustomed playing together and the roster remains a work-in-progress.

However, Whitman believes there is raw talent on her squad and that they stand a good chance of winning the contest. Whitman, for her part, seems to be an ambitious and determined captain, going so far as to conduct layup drills during halftime.

Both brackets should be very spirited, very exciting competitions, and for the interested public, free seating is available in the rafters of El Pomar.

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Seeds: The power of food and the power of people

TARA LABOVICH
Staff Writer

Tucked away behind Josh and John's on Pikes Peak Avenue, Seeds Community Café is about bridging gaps, communication, and establishing connections.

Since its opening in 2013, Seeds has already won multiple awards.

"To tell Seeds' history, you probably have to talk a little bit about my history," founder Lyn Harwell said.

Harwell was raised in a close-knit farming community in Ohio: "We took care of each other," said Harwell. "We shared successes, and when we had issues, we embraced each other. And we did this over meals."

"All the stuff that we call organic food today we just called food when I grew up," Harwell said. "But since the introduction of premade meals and TV dinners, have lost this shared sense of community and we have lost our connection with our food."

"Food is vital to our existence; it's medicine," said Harwell. "Every great book has stories around food. Powerful decisions are made around food, and there is power in economics."

Only 7 percent of the food in Colorado Springs grocery stores is local to Colorado. That means that if Colorado

stops importing food, Colorado will only have a three-day supply of food in our grocery stores. This practice pulls money out of our communities. In response to this problem, Seeds takes pride in being locally sourced; last year, almost 80 percent of their food came from Colorado.

One of Harwell's greatest frustrations is the lack of healthy food and the lack of education around it. This, along with the ideals he learned from his childhood home, is what spurred the founding of Seeds.

After reading an article about the first "pay-what-you-can" community café in Salt Lake City, Harwell contacted the creator, Denise Cerreta, and brought her out to Colorado Springs to help jump-start the planning process of Seeds.

What makes Seeds so unique is that there are no set prices. There is a suggested donation, but what people actually pay varies. And if they can't pay, Seeds asks that they donate an hour of service. However, there are plenty of volunteers that offer their time to Seeds simply because they believe in what Seeds does.

"It's a great leveler," Harwell explained. "You could have the richest person in Colorado Springs here, and you could have the poorest, and they

could be at the same table."

Because no one knows what anyone else pays, it removes a lot of the socioeconomic status and allows for communication to arise that wouldn't necessarily be possible at a normal restaurant. "Someone could overhear a conversation that changes their lives," said Harwell.

"We have bruised people and bruised food in America, and we waste both of them," said Harwell. "We need to bring them together to change that... We can help empower [these people] to own their lives again." By establishing a system that reuses and recycles food, we can eliminate waste while creating jobs and adding economy to local communities.

Seeds has partnered with Pikes Peak Community College to do just that. Together, they teach culinary arts and source jobs to those considered "high-risk" employment. The program trains its participants in what Lyn calls the hard skills of culinary arts as well as the soft skills, like effective communication and how to "work the head and the heart" to secure a stable job.

"When they come to the café, there is a sense of security and peacefulness," explained Harwell. "They can start to discover who they are and what things might have caused them to lose jobs in

the past." In Seeds' first full year, these programs put 16 people back to work with living wage jobs and added a half a million dollars into our local economy.

These aren't hand-outs, but hand-ups. By teaching people real-life job skills and how to sustainably cook for themselves, they use their own power to lift themselves up. From there, it's a domino effect.

In terms of future plans, Harwell is dreaming big. One of his ideas includes a collaborative of multiple non-profits housed in one large building. "Imagine a kitchen where we bring rescued food, take people off the food stamp line, and put them on a food production line and give them jobs," said Harwell. The rescued food will be turned back into healthy food products and meals, which can then be sold at a discounted price to programs such as Meals on Wheels or schools.

But what else can we do? "Talk to people," Harwell said. Join a food rescue, teach people how to cook sustainably and healthily, donate money and food, and simply raise awareness. If you're interested in working with these and similar issues through Colorado College, you can get involved with Mobile Meals and the Ponderosa Project.



Graphic courtesy of Seeds Community Cafe

NICK'S PICKS: BREAKTHROUGHS AND COMEBACKS

NICK DYE
Staff Writer

After what feels like a lengthy drought of new music, a downpour of albums has showered down this November. The usual end-of-year push has come in full force with debut albums from upstarts like GoldLink and Ty Dolla \$ign as well as new servings from established acts such as Justin Bieber, Puff Daddy (or whatever name he prefers at the moment), and Grimes.

Justin Bieber - Purpose [5.7/10]

Expectations were high for Bieber's comeback album, Purpose. Singles and collaborations "What Do You Mean," "Sorry," and "Where Are U Now" with Jack U were strong showings for the one-man boy band. Unfortunately, like a trailer for a bad movie, the best parts were in the previews. Purpose, while a more adult showing for Bieber, is weak and a bit corny. The redemption of Bieber is somewhat skeptical, and his songs

feel half-hearted. Bieber is definitely changing for the better, but it's not necessarily fully thought-out.

Ty Dolla \$ign - Free TC [7/10]

Ty Dolla \$ign is a singer with one of the smoothest voices in R&B/Hip-Hop and some of the dirtiest lyrics in both genres. He's worked with Kanye, Chris Brown, and Wiz Khalifa and has become a rising star in the community for doing so. His debut album Free TC comes on the heels of great singles like "Blasé" with Future and Rae Sremmurd and "Saved" with E-40. As a whole, the album is mixed. Surprisingly, TC is fairly religious, and many songs are about hope growing up in Compton. It works but not as well as the bedroom and club music. Free TC is a decent first serving for this rising star, but he wasted a few opportunities.

Puff Daddy - MMM (Money Makin' Mitch) [7.1/10]

Who better exemplifies extravagance like Sean Combs? The mogul

teeters between number one and number three on the annual Forbes list of richest hip-hop artists. Puff Daddy, a name he hasn't used in quite some time, isn't exactly as good at rapping as he is at making money, but if you're making the most money in the game, then you're probably "stunting" harder than anyone else possibly can. MMM is nothing but extravagant. The production is the gold studded watch of this album, and guests like Big Sean, Pusha T, Future, and Wiz Khalifa are the enormous mink coat. A lot of rappers talk about all the money they make—and some of them actually have rap talent—but sometimes extravagance trumps real talent.

GoldLink - And After That, We Didn't Talk [7.8/10]

Breakup albums in rap are rare. The most prominent example may be Kanye's 808s and Heartbreak, but after that, not much comes to mind. DC newcomer GoldLink delivers a debut album in this uncommon territory. The rapper flows melodically over funk

and house production. The legendary Rick Rubin executively produced the album for exceptional sound quality. While the album is about a breakup, it also touches on race issues with songs like "New Black" and "Dark Skin Woman." And After That is one of best debut albums of the year for rap.

Grimes - Art Angels [8/10]

Grimes has been anything but conventional. She recorded her 2012 breakout album Visions entirely on GarageBand. Pitchfork awarded her "Song of the Year" for "Oblivion" that same year. Art Angels, the long-awaited follow-up, comes after Grimes scrapped an entire album last year after fan dissatisfaction with the single "Go." Refreshing the palette paid off, Art Angels is a successful mix of electronic and pop. It is a bold shift from Visions, which made itself more ambient, Angels plays off mainstream pop influences. Angels strangely takes a lot of generic pop sounds from mainstream giants and retools them in a more artistic fashion.

REEL TALK: SPECTRE



THOMAS CRANDALL
Staff Writer

Daniel Craig's return as the infamous British superspy 007 is, unfortunately, exactly what you'd expect from the latest Bond installment. Headed by British director Sam Mendes ("American Beauty" (1999), "Road to Perdition" (2002), and "Skyfall" (2012)), "Spectre," despite new helicopter crashes, car chases, and ever-more-stunning Bond women, suffers from narrative lapses and uncharacteristically flat jokes. Each new stunt or moving-vehicle kill shot, instead of increasing awe in spectacle, feels more and more desperate. Neither Craig, Léa Seydoux (Dr. Madeleine Swann), nor brilliant super-villain Christoph Waltz (Blofeld) distinguishes "Spectre" from feeling—like any 24th installment might feel—as if Bond has run out of tricks.

Despite narrative trouble, Mendes wastes no time boasting stunning visuals. The film opens on an extravagant Day of the Dead celebration in Mexico City, following Bond in a seemingly continuous shot through a crowd of skeletons and elaborately costumed citizens. The camera work

is dazzling, moving us through the parade effortlessly; but, with the first, wry joke, the spectacle feels too nonchalant. Chunks of blasted concrete look more like cardboard, and Bond slides down buildings as if they were a kiddie slide on the playground. Craig does best when he acknowledges the ridiculousness of his character, but his composure in certain stunts seems overplayed. Absurd action sequences don't help either. Close-ups of a fight inside a spinning helicopter look a little too green-screened, and having the helicopter roll and even stall with Bond inside pushes reality way too far. Action movies don't need to be real, and shouldn't be, but these tricks seem like useless add-ons (SPOILER ALERT IN NEXT PARAGRAPH).

Soon, elaborate stunts snowballed into narrative missteps, taking away from Waltz's performance as the creepy Blofeld. Visually, Mendes does an incredible job conveying Blofeld's power. For about half the film, we get only hints at his identity, seeing glimpses of his glasses or his shadow silhouetted at the SPECTRE meeting. Waltz's performance adds incredible credibility to Blofeld's status, using slight tilting of his head and neck to

prompt others into action.

Yet for such a powerful super-villain, Blofeld has so many misfires. It's as if the writers didn't know how Bond could outsmart Blofeld, so they decided to just let Bond beat him. Once, two armed men capture Bond, hands zip-tied, only for him to escape and break the ziptie in two. Dr. Swann doesn't play a very active role in helping Bond escape either, at times even seeming complicit as she just watches him get tortured. She even asks Blofeld, "What are you doing?" as if that might help. The ineptitude of Blofeld and his agents is shocking, making him look like an amateur criminal versus the elite warlord he should be. Waltz's attempt to monologue Bond before his death lags felt childish with no palpable super-weapon to add credibility.

I've always loved Bond for its wry sense of humor, but here so many jokes miss the mark. Craig really isn't at fault; the writing gives him funny one-liners, but they're skimmed over as the larger jokes fall flat. Ben Whishaw (Q) adds some geekiness to the cast, but even his performance seems too twitchy as he constantly shifts his mouth or eyes awkwardly to show his oddity. The cast tries so

hard, but ultimately the writing gives them little to work with. Craig is at his best when the jokes are self-reflexive, making fun of the womanizing Bond character, such as when he first meets Dr. Swann to note wryly that his physical and mental examination should be "pretty straightforward." The romance similarly feels forced and cheesy, happening with little build-up and making it hard to legitimize any chance of a long-term relationship with Bond anyway.

"Spectre" uses incredible visuals to build up the final meeting with Blofeld and his secret society, yet unconvincing moments in the narrative take away from Craig and others' efforts. Flashy stunts, while a mark of any Bond film, seem to substitute for story lapses, revealing flaws instead of smoothing over them. "Spectre" promises stunning camera work and new action stunts, yet these efforts seem empty with larger questions of a working, believable story.

Catch Daniel Craig in "Spectre" over Thanksgiving at Tinseltown at various times daily. Check back after Fall Break for Saoirse Ronan in the Irish immigrant drama "Brooklyn."

SOCC takes over Wooglins

EBONI STATHAM
Staff Writer

Wooglins Café, a popular space for students to enjoy a quick meal and coffee, was recently converted into a concert venue for a night of music. According to Wooglins Manager Kelvin Thorne, the venue hosted live shows about five years ago, but had to shut them down due to concerns over rowdy spectators. However, Thorne is excited to do live shows again, especially since the program will be managed by Sounds of Colorado College (SOCC).

Once SOCC was presented with this idea, they immediately sought out bands and musicians that would be a good fit for an opening show while considering ways in which each group's genre and music would complement each other. They came up with an ideal lineup and reached out to these artists immediately.

Xander, Cisco the Nomad, and Ursa Minor performed the sold-out show on Friday, Nov. 6—and they certainly did not disappoint. Although the stage was smaller than average, the artists performed spectacularly in the space that was covered in art, vines, and other plants. What made this event

even more captivating was the fact that it allowed for an off-campus feel, yet was not far away from students' reach. And, concert-goers still got to enjoy many of the usual Wooglins perks. In fact, the kitchen was prepared to make sandwiches at any moment, in addition to a fine selection of beer, wine, and other drinks to cater to upperclassmen in attendance.

Overall, SOCC's 10th Block event, a name that was created on a whim in response to the infamous 9th Block events that happened a few years ago in La'au's, was a success in multiple ways. For one, 10th Block showcases stronger connections being created with the community. The event displayed a commitment to providing student artists with more spaces and opportunities to perform. 10th Block is an example of the administration recognizing the importance of student performance spaces. Hopefully opportunities like this continue to arise and more people continue to fully understand the importance of allowing for more and better spaces for musicians on campus. Until then, we can hope that this event will only be the first of many more.

"Social Media Is Not Real Life": Australian model deletes her famous social media accounts

NIYAT OGBAZGHI
Staff Writer

Essena O'Neil, a white, 19-year old female model from Australia was a wildly popular figure on social media. She garnered over half a million followers on Instagram, two hundred thousand followers on Tumblr and YouTube, and sixty thousand followers on Snapchat. Last year, she took her followers by surprise when she deleted three of her four accounts and renamed her remaining Instagram account "Social Media is Not Real Life."

According to Seventeen Magazine, O'Neil deleted 2,000 pictures and "changed the captions on existing photos with truthful anecdotes about posts she was paid for, how many tries it took to get the shot, and the pressures she felt to look perfect."

In the article, O'Neil claimed that she spent most of her time as a teen addicted to social media, minding what others thought about her, and caring about her physical appearance to an unhealthy extent. She would post a wide range of selfies, bikini shots, and fitspiration pictures on her Instagram account and quickly became a very prominent figure on the social site. She was celebrated by hundreds of thousands of people for her delicate facial features and thin body.

However, now, after deactivating most of her social media accounts, the young adult admitted to tan-

ning, restricting her calories, skipping meals, and spending hours practicing her poses to achieve those perfect pictures.

"Social media is contrived images and edited clips ranked against each other," she was quoted in the article. "It's a system based on social approval, likes, validation, in views, success in followers. It's perfectly orchestrated self-absorbed judgment."

After leaving social media, O'Neil created a Vimeo account and to make videos that enlighten others on health and positivity and says that she feels more liberated than ever before.

"I can't tell you how free I feel without social media," O'Neil told Seventeen Magazine. "Never again will I let a number define me. It SUFFOCATED me."

The young model's decision to deactivate her accounts poses two very important questions: Is social media detrimental to our mental health? And should we follow Essena's lead and remove ourselves from the web?

"No," said CC first-year Alex Rivas. "As a cis, white, upper-class female, it's easy for her to say we should leave social media. Social media can bring awareness to important social issues."

"It can be helpful for long distance communication," claims another student. "I think that social media is an issue only if you think it's an accurate representation of other people's lives."

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BRUNETTES ON BOOKS: THE INTERESTINGS

BECCA GASPERONI
KRISTI MURRAY
Staff Writers

"The Interestings" by Meg Wolitzer was recommended to me by a professor as a great example of writing about friendships and group dynamics. The book is about five friends who meet at a performing arts camp; they manage to keep their friendships alive through adulthood but not without many obstacles and hardships. Wolitzer writes with a sharp, funny voice that is common in popular fiction today. The book takes on the perspectives of all the friends but focuses mostly on the main female character, Jules Jacobsen. Jules is accepted into the friend group last and maintains a certain awe and reverence for the group as a whole, even as she transitions into adulthood.

The group has a sort of mystical feel at the beginning, as the reader encounters them in early adolescence. They all meet and attend Spirit-In-The-Woods camp, which is a camp for talented and creative children. One night, when cementing their friendship, they dub themselves "The Interestings" over vodka and Tang cocktails. They explore their passions, whether it be theater or dance or music, in various degrees as they grow older. Jules becomes close with a waif-like, soft-

spoken girl, Ash Wolf. Ash is a twin, her brother being Goodman Wolf, and they serve as a window into a wealthy and beautiful life that Jules had never seen before. Jules maintains her role as the girl on the outside looking in, as her friends leave Spirit-In-the-Woods and become successful in their own rights.

One of the more homely characters, Ethan Figman, becomes a widely successful animator and develops his own TV show. His trajectory in life affects Jules in the way that she views a 'good life' and the habits she thinks she must adopt. "The Interestings" reveals the way we constantly compare ourselves to our friends, even if the friendships are strong and genuine. Wolitzer brings competition and insecurity into sharp perspective through warm and witty language. As a senior, this book was particularly poignant, as it explores the uncertainty of identity and how it is often defined by the people you surround yourself with. However, "The Interestings" could appeal to anyone who has ever been part of a great and precious friend group and felt the anxiety that accompanies such a perceived relationship. As college students, we can take comfort in Wolitzer's characters, who fumble and fall and lean on each other, as all friends do.

WHAT'S THE DEAL WITH... BLACK FRIDAY?

ALLIE VERCHOTA
Staff Writer

Have you heard the news? Thanksgiving is coming up, and you know what that means. No, not turkey, not even the Macy's Thanksgiving Day Parade. It means Black Friday. For me, Black Friday is a nightmare, and frankly, a health hazard. I do not care to wait in line all night just to be trampled the following morning to get some material thing I certainly do not need.

For some people, Black Friday has become a tradition. They wake up early after a filling Thanksgiving meal and hit the mall to start and finish their gift list in one day. For some families, the deals are unbeatable. However, it seems like companies target impulse buyers, looking for the customer who is willing to buy just because. Did you really need that second jumbo TV just because it was a 'good deal'?

Don't even get me started about Cyber Monday. Really, why? Why do we need to purchase more online because we can? Isn't that the beauty of the Internet? We can find what we need the moment we need it and, if you do your research right, for as cheap as possible. Our

generation has, perhaps, the most savvy Internet explorers (pun intended), yet we still have days like Cyber Monday. I just don't get it.

Although I am a self-proclaimed shopaholic, I have not, and will not, partake in Black Friday. I don't see the need or necessity. Neither does REI it seems. The major outdoor retailer will be closed on Black Friday. Good for them. But could that spell trouble for their fourth quarter? Perhaps they have found their clientele to purchase just as much during the regular holiday season. Entry into all Minnesota State Parks will be free of charge on Black Friday. How wonderful is that? Instead of starting off the Holiday season with material possessions, you can hike with your family free of charge! Just what the holidays are all about—quality family time.

With this lovely extended break for Thanksgiving, you will not find me in any big box store combing the shelves for a "deal." Instead, I will be pulling out the holiday decorations, listening to Mariah Carey's Christmas album, while visions of sugarplums dance in my head. And if you do choose to partake in Black Friday, may the odds be ever in your favor.

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Info sessions Dec. 3, 12:15 p.m.; Dec. 9, 4 p.m.; Jan. 21, 12:15 p.m.
(all in WES room)

Applications due January 27

Subway goes antibiotic free

ABE LAHR
Staff Writer

On Oct. 20, Subway, the world's largest fast food chain, announced a plan to reduce and eventually eliminate the use of antibiotics in its meat products. The restaurant's pledge follows a number of other fast food chains, including McDonald's, that have made statements promising to lower or eliminate their suppliers' use of antibiotics.

Subway's pledge will reach its franchises' assembly lines in March of 2016, when all available chicken products will have been raised without antibiotics. Turkey raised without antibiotics will also be introduced in 2016, however the transition is not expected to be complete for another two to three years. Lastly, pork and beef products raised without antibiotics will be sold by 2025, according to Subway's estimates.

Many have long awaited Subway's transition. According to Time Magazine, Subway ranks at an F when it comes to antibiotics policies and sourcing practices. Its competition, restaurants like Chipotle and Panera, received As, and Chick-fil-A received a B.

The change comes on the heels of multiple advocacy groups preparing to deliver a petition demanding a timeline for Subway's restaurants to stop serving meat that has been treated with antibiotics, according to Reuters.

Antibiotics are used in livestock to

kill bacteria, which makes the animals grow faster. The problem arises from the fact that meat producers only administer "low, subtherapeutic" doses of antibiotics. This kills a majority of the unwanted bacteria. However, after natural selection runs its course, you're left with highly resistant strains of that bacteria.

The danger to humans arises from the fact that the antibiotics used to treat animals are similar to those used to treat humans, which increases the risk of humans getting infected with resistant strains that our antibiotics cannot treat, according to Consumerist.

According to a Princeton study, antibiotics also pose a threat to the environment. Livestock waste contains "significant amounts of undigested antibiotics and antibiotic-resistant bacteria." These byproducts can "contaminate surface and groundwater, harm natural ecosystems, and eventually make their way back to humans."

Although antibiotics can extend an animal's lifespan and promote physical growth, these potential benefits do not translate to a better quality of life. According to the same Princeton study, antibiotics are administered to compensate for the unsanitary living conditions on factory farms, substituting exercise and adequate living space for temporary relief that simply serves to extend the animal's suffering in order to maximize growth.



CC LENS: PHILLIP ENGH



CC HAPPENINGS

Friday

20th

12 – 1:30 p.m.

Lecture: Tyrants, Terrorists, and Tropes in Islamic History

Dr. Heather Keaney, Associate Professor of History at Westmont College will be giving a Lunch and Talk/Discussion on, Worner Center titled **Tyrants, Terrorists, and Tropes in Islamic History** (*WES Room*)

1 – 6 p.m.

Exhibit: "American Falls" by Phil Solomon

"American Falls" is an immersive, large-scale film triptych that presents an impressionistic journey through American history, using Niagara Falls as both a metaphorical and visual backdrop. Combining chemically degraded film images with computer graphics, filmmaker Phil Solomon traces the nation's history by combing through archival footage of historical

benchmarks, such as the fall of presidents, the Great Depression, Amelia Earhart's flight, the Civil Rights struggle, with clips from American cinema. Cinematic references include scenes from films featuring Buster Keaton, Charlie Chaplin, and Busby Berkeley dance numbers, and Daniel Day-Lewis in "There Will Be Blood." (*IDEA Space*)

5 – 8 p.m.

Shop Manitou Friday

With more than 40 shops participating, enjoy sales, live entertainment, and refreshments while kicking off the annual Salvation Army Community Thanksgiving Dinner food drive. (*Downtown Manitou Springs*)

7:30 p.m.

CC Choir and Chamber Chorus Concert

The Colorado College Choir and Chamber Chorus, both under the direction of Deborah Teske, join in concert to officially ring

in the holiday season. The concert, titled "A Harvest of Song", begins with pieces by Monteverdi, Carissimi and Bach along with some traditional international pieces, and concludes with Haydn's *Missa Cellensis* mass. (*Shove Chapel*)

7:30 p.m.

Colorado College Hockey vs. Minnesota Duluth

Student tickets available at the Worner Desk. (*Broadmoor World Arena*)

Saturday

21st

4 – 6:30 p.m.

Navras: Indian Dance and Live Music

(*Armstrong Theatre*)

5 – 6:15 p.m.

Trees of Life

A community tree-lighting ceremony presented by Pikes Peak Hospice & Palliative Care. Free and open to the public.

(*Colorado Springs Pioneers Museum*)

7 p.m.

Colorado College Hockey vs. Minnesota Duluth

Student tickets available at the Worner. (*Broadmoor World Arena*)

Sunday

22nd

7 p.m.

CNN Broadcast of "Hunting Ground"

(*TV, Internet*)

Monday

23rd

5:30 – 6:30 p.m.

Yoga and Brews

An hour-long, multi-level, vinyasa yoga session in a private setting and a beer of your choice afterwards. \$15 (*Gold Camp Brewing Company*)

6 p.m.

Zen Meditation

(*Shove Chapel*)

Saturday

28th

7 p.m.

Colorado College Hockey vs. Air Force

Student tickets available at the Worner Desk. (*Broadmoor World Arena*)

Volunteer opportunities:

Habitat for Humanity's ReStore Seeks volunteers to work at the store in receiving, sorting, pricing, helping customers, ringing in purchases and more. Find information online or at the store. (*Pikes Peak International Raceway*)

7 p.m.

"Native Women Writers: a Craft Talk"

Janice Gould reviews the craft and practice of several Native women writers: Joy Harjo, Linda Hogan, Luci Tapahonso, and Ofelia Zepeda. (*Mountain Fold Books, 121 E Costilla St.*)