



## **10** QUESTIONS

Madelyn Santa sits down with CC's own Cisco the Nomad, also known as Clay Edwards, to discuss slam poetry, his upcoming rap career, and Sketchfam.

MORE: Page 5

## INSIDE:

Grits Collective launches magazine as part of its efforts to integrate the CC community and Colorado Springs while passionately providing services to the homeless.

MORE: Page 2

## DANCE WORKSHOP: STILL STILL STANDING

Dance Workshop premieres this Friday. Take a sneak peek behing the stage. PHOTOSPREAD: Page 10 & 11

## Shooting down 'The Hunting Ground'

ANNIE ENGEN Staff Writer

Last Thursday night, Colorado College screened "The Hunting Ground," a film that explores sexual assault on campus, for the student body. Some attendees came of their own accord, while other student groups and teams nition of and justice for the crime. It also examines how colleges and universities handle sexual assault on an individual, campus-by-campus basis. Many CC students thought that the

movie was eye-opening. "I didn't know that schools ignore rape victims just to uphold their reputations," said first-year Risa Seu. Other students added that they were emotionally intrigued by the statistics and interviews and will think more about their own actions, and the actions of their friends and partners, in the future. The documentary is currently screened at only 20 percent of colleges within the U.S., but many agreed that the movie should be screened at all colleges.

Other students, however, took offense to the screening. The CC Confessions Facebook page

## LIFE:

REI will close their doors for Black Friday and give their employees the day off. Will other companies follow suit?

MORE: Page 18



were required to attend.

The film tells stories of college students who have been raped and then face retaliation as they fight for recog-

HUNTING GROUND: Page 6

Photo by Emily Kir

## Shooting east of downtown demanded response from Campus Safety

## LIZ FORSTER

Editor-in-Chief

On Saturday morning, a man, later identified as Noah Harpham, 33, shot and killed three people before opening fire at police officers at the 200 block of Prospect Street just east of downtown. Police shot back at Narpham and killed him.

Due to the proximity of the shoot-

ing, some students expressed concern that the CC campus was not notified earlier, for the notification email was not sent to students until 8:07 p.m. that night.

"By the time the first call came over [regarding the shooting] and we could sort out some of the details, the whole thing was over," Associate Director of Campus Safety Maggie Santos said. "We decided that, because the police killed the shooter, it was not an immediate and eminent threat to campus."

During and after the shooting, CC's Campus Resource Officer Jason Newton monitored the progress through the CSPD radio. Newton, Santos, and Assistant Director of Campus Safety

SHOOTING: Page 7

## Grits Collective: A way to connect with the Colorado Springs community

## **ANNA SMITH**

Staff Writer

Wilbert was a cook in Vail; Catherine was marked as deceased by the city of Baltimore; Tyrone describes his shelter and food situation as a "Queue River." The homeless and hungry of Colorado Springs have stories to tell, and Grits Collective is determined to share their narratives with the world.

Grits Collective was proposed by Colorado College students during the Colorado College Soup Project, a competition during the 2014-2015 school year to rethink the community soup kitchen after it closed. Three current seniors-Ben Criswell, Caitlin Canty, and Paige Clark came up with the idea as an alternative to connect the community.

"We were really passionate about providing services to the homeless," said Criswell. "We had an 'ah-hah' moment about publication."

The students pitched their idea in March and were able to start working by May. With the help of the CC Innovation Institute and Collaborative for Community Engagement, Grits Collective was awarded seed funding.

"The idea for publication transformed into this media collective. It publishes folks and also also provides meals at workshops and job skills in terms of editing and publication," said Criswell.

The mission of Grits is to provide empowering programming for vulnerable members of the community, challenge the status quo attitude toward these populations, deepen the relationship beColorado Springs, and archive its publications as primary sources for sociological research.

"We chose the name 'Grits' because we liked the food association with it," said Canty. "It can refer to the nutritiousness of grits, the meal, or it can refer to the grittiness of street life."

Grits is partnered with Catholic Charities Marian House, Urban Peak, Colorado Springs Food Rescue, and KRCC for support, workshopping space, and rescued food.

Criswell describes the work that Grits does as rewarding and fulfilling for both those sharing the stories and those helping to publish them.

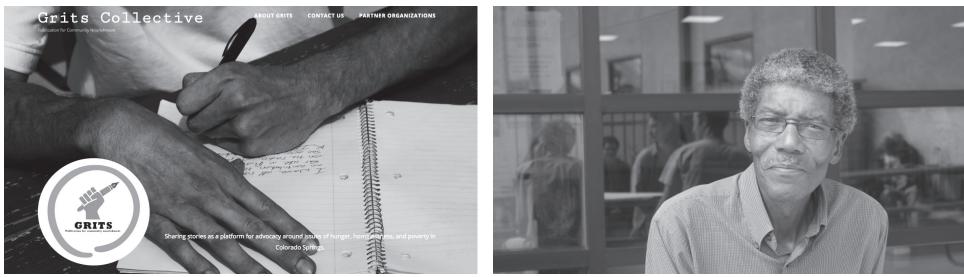
"One of our contributors came to our launch party and he was grinning ear-

tween Colorado College and the rest of to-ear," said Criswell. "He told us how he was taking clippings and sending them to his family across the country. It's really cool to be able to bring about that kind of reaction in somebody."

> Grits recently launched their website, gritsco.org, and published their first print copy in the Colorado Springs Independent. The website will be updated often with new posts, and print publications will come out quarterly. Contributions will be archived at Colorado College Tutt Library so that students and faculty have access.

> "We still need photographers, interviewers, all sorts of things," said Canty. "We are now finally ready to add people to the project."

> Students interested can get involved by emailing info@gritsco.org.



Grits Collective focuses on bringing together members of the CC community with the homeless population of Colorado Springs. Photo courtesy of Grits Collective

## Colorado College screens campus sexual assault documentary

WILLIAM KIM **Opinion Editor** 

Last week, Colorado College screened "The Hunting Ground," a well-received documentary that tackles the issue of sexual assault on college campuses.

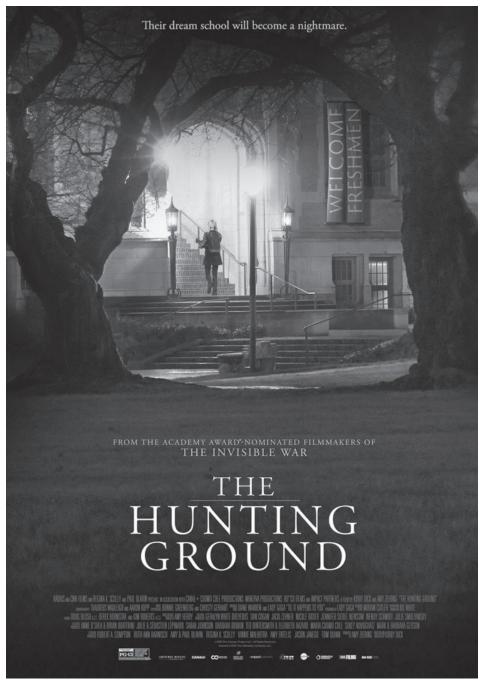
"The Hunting Ground" is a powerful indictment of college administrations, arguing that they consistently fail to address rape allegations. The film points out that administrators have a perverse incentive to keep sexual assault statistics low: they do not want to sully their image.

No college wants to admit to prospective and incoming students that their chance of being sexually assaulted could be as high as 20 percent. Thus, colleges make it extremely difficult for survivors to report their assault or ignore their reports altogether. The film starts out on a surprisingly optimistic tone. The introduction shows funny clips of people's reactions to their college acceptance letters that had the whole room laughing. This lighthearted beginning is likely meant to remind the audience that college is supposed to be a wonderful time, not a hunting ground. From then on, the film takes on a far more ominous tone. Numerous survivors are interviewed, including several male survivors. Of particular focus are Andrea Pino and Annie Clark, two survivors-turned-activists from the University of North Carolina at Chapel Hill. "The Hunting Ground" includes graphic and detailed descriptions of sexual assault. Due to the traumatic content, chaplains and counselors stood outside the doors and private discussion spaces were available for students who needed them.

While administrations were the main target of the film, sports teams and fraternities were also held in the spotlight. CC made it mandatory for student athletes to view the film. All sports teams were in attendance, except for two that were unavailable who would view it later.

"I'm glad the movie came to campus," said Jesus Loayza, the president of Colorado College's Phi Gamma Delta chapter. "Although I firmly believe that male Greek Life is in no way a contributor to sexual unsafety on this campus, I do see there is always room for improvement. It was a moment for self-reflection for the entire chapter."

Although the subject matter of the movie is depressing, the film ends on a surprisingly hopeful note as it documents efforts to fight back (such as The Mattress Performance) and calls on the audience to take action.



After the film, there was a panel discussion with President Jill Tiefenthaler, Senior Associate Dean of Students Rochelle Mason, and co-chair of SOSS Spencer Spotts. Questions could be submitted anonymously.

The screening was held in Armstrong Theater. By 6:50 p.m., 10 minutes before the start of the film, the first floor was full, and more people were entering. Over 400 people RSVP'd on Facebook and even more actually attended. Response to the film has been generally positive.

"I felt as though 'The Hunting Ground' was a very necessary film to watch for many groups on campus," said one student who wished to remain anonymous. "It seems like too often people are unaware of how prevalent sexual assault is and the implications of reporting it."

'The Hunting Ground' was screened to a full auditorium last Thursday. Photo courtesy of **CC** Communications

# Colorado Springs crime, in brief

## MIDNIGHT BREAKFAST STABBING

On Thursday, Oct. 29, on the 200 block of North Chestnut Street at approximately 11:30 p.m., the Colorado Springs Police Department received a call regarding a man being stabbed at the downtown Colorado Springs location of Denny's.

The crime occurred near the Bijou Street intersection where the victim was found with two stab wounds on his back. By the time police arrived, both victim and stabber had left the scene. Since the accident, the victim has been hospitalized and released.

Currently, the case remains open and an investigation is being held. Although the suspect has not been identified, police assure citizens that there is no threat to the public.

## DRUG DEALER DRAMA

On Monday, Nov. 2, on the 2000 block of Capulin Drive at approximately 6 p.m., local police arrested 20-year-old local Terrence Davis, who was wanted on a felony warrant, according to Fox 21 News. After pulling Davis over, cops quickly arrested him on charges of possession of two schedule II narcotics, along with the unrelated felony warrant. Although he was originally arrested for his warrant, police also found 18.8 grams of meth as well as a mass of prescription medication in Davis' car. All of the drugs appeared packaged for distribution.

Currently, no trial dates have been set, and there have not been reports of bail being posted for Davis.

## DRUG DEALER DRAMA PT. II

Recently, an Air Force Academy cadet was accused of dealing a number of illegal drugs and prescription drugs to his fellow students. He is scheduled to face a court-martial this upcoming Tuesday, reports The Gazette.

The cadet was caught after three cadets, who were granted immunity in the case, testified during an August court hearing that the suspect, Nathaniel Penalosa, sold them Modafinil, which they used to help them stay awake and study, and LSD. In addition, Penalosa is accused of selling a methamphetamine derivative known on the streets as "molly."

Penalosa is a former airman who re-

cently received the Air Force Achievement Medal. Previous reports say that he had a "sterling" reputation at AFA until a random dorm room inspection last fall uncovered possible drug paraphernalia and drug residue, leading to an investigation. Penalosa allegedly purchased his goods online using the anonymous online-exclusive currency known as the bitcoin. His purchases were then delivered to the Academy.

## SPOOKY WAFFLE ROBBERY

On Saturday, Oct. 31, at approximately 6:15 p.m., a number of Colorado Springs Police Department officers were dispatched to the 1039 Space Center Drive location of Waffle House in order to investigate a robbery.

According to Fox 21 News, a man entered the joint armed with a large knife and began demanding money from all of the employees; he later fled the scene on foot. The suspect is described as a short male with an average stocky build wearing green camouflage pants, a colored shirt, and a black ski mask.

No injuries were reported at the scene of the crime. The suspect has not yet been located.



## FINANCE UPDATES

- SOCC (Sounds of Colorado College) was granted \$1,282 for GayHard Productions
- PlayHard Productions requested \$12,000 for Ice Age
- Students for Sensible Drug Policy requested \$125 for their first meeting
- Black Student Union requested \$4.900 for BSU Poetry Jam
- Men's lacrosse requested \$800 for Trivia for Tessa
- EnAct requested \$1,549 for Festifall (Enact Fall Fest Fundrasier)
- Sacred Grounds requested \$1,263.74 for Sacred Grounds Grand Opening

## CAMPUS SAFETY BLOTTER

## THURSDAY 10/1

An attempted burglary was reported at 916 N. Weber between 5:00 p.m. the previous day and 8:55 a.m. The disposition of the case is unfounded.

## **FRIDAY 10/2**

A noise complaint was reported at an unknown time on the East side of campus. The case was referred to conduct. p.m. and 8:45 p.m. The case was referred to conduct.

## SATURDAY 10/3

A fire alarm was falsely activated at Haskell House around 11:01 a.m.

Theft was reported on the East side of campus between 10:37 p.m. and 11:59 p.m. The investigation remains pending.

There was an attempted theft at Mc-Gregor between 3:43 a.m. and 3:58 a.m. The investigation is pending.

#### **MONDAY 10/5**

Theft was reported at the Russell T. Tutt Science Center between 2:00 a.m. and 1:43 p.m. The investigation is pending.

## TUESDAY 10/6

Theft was reported in Bemis Hall between 8:00 p.m. and 8:45 p.m. The investigation is pending.

## NEWS BRIEFS

## ► ► Beloved Cheyenne Mountain Zoo bird returns home.

Last Thursday, the Cheyenne Mountain Zoo staff and family were happy to announce that a missing cattle egret is safe and sound once again with the rest of his flock, according to The Gazette. The bird returned about a day and a half after he flew the coop during a windstorm that occurred earlier last week.

After they found him missing, the zoo appealed to the public to join forces with them and try to find the bird. As a result of the collective effort, the bird escapee was located in a tree at the golf course of the nearby Cheyenne Mountain Resort.

Zoo staff quickly arrived at the scene, after receiving the call around 9:00 a.m. They brought some of his favorite snacks, critters, and even some of his closest friends, who were escorted safely in a crate, to lure him out of his hiding spot. After an intense eye-contact showdown at the resort that lasted a few hours, the bird decided to come down to the ground to once again to be united with his true loves.

## ► City of Colorado Springs plans to dismiss charges on panhandling cases.

Earlier this week, the City of Colorado Springs announced that it is going to be dismissing charges, nixing outstanding fines and sentencing requirements, and even voiding warrants in 375 of their active panhandling-related cases.

According to The Gazette, City Attorney Wynette Massey wrote the letter to the American Civil Liberties Union of Colorado announcing that the city made further changes to policing and planned to recommend the repeal of two city ordinances.

This change done by the city is a response to the demands given by the ACLU back in September, which asked the city to review its enforcement of panhandling-related ordinances, vacate convictions and sentences of alleged defendants, and dismiss those prosecutions that remain pending for people charged with passive solicitation. Currently, there is no gauge on how many people are or will be affected by the city's latest decision.

#### ► ► NAACP bomber pleads guilty.

Earlier this year on Jan. 6, a small explosion occurred outside of the NAACP Colorado Springs chapter headquarters. A small homemade bomb was placed in between the NAACP and a nearby barbershop in attempts to target one man's accountant.

According to KRDO 13 News, the man behind the bomb was 44-year-old local Thaddeus Murphy. Murphy planted the bomb in the area because he was looking to get revenge on his old accountant; however, Murphy was oblivious to the fact that the accountant had died the previous year in June and no longer held an office in the building.

Two counts of disorderly conduct were reported in Slocum Hall at an unknown hour. The investigation remains pending.

An alcohol incident was reported at Honnen Ice Arena between 8:00

#### **SUNDAY 10/4**

Disorderly conduct was reported at Loomis Hall at an unknown hour. The case was referred to conduct.

A bicycle was stolen from the Antero Apartments between 3:43 a.m. and 3:58 a.m. The investigation is pending.

### WEDNESDAY 10/7

Theft was reported at the Colorado College Inn at approximately midnight. The investigation is pending.

Tuesday's court hearing sentenced Murphy to five years in a federal prison after he confessed to his crimes during trial.

## The Catalyst

The Catalyst is a weekly newspaper produced and managed exclusively by students of The Colorado College. Published for the benefit of the college community and the surrounding local area, the Catalyst aims to bring general interest and academic-oriented news, ideas, and opinions into greater collective view—to act as a catalyst for informed debate. The newspaper is published under the auspices of Cutler Publications, a 501(c)(3) not-for-profit independent of The Colorado College.

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## Innovator-in-Residence Series: CC welcomes Michael Hannigan

#### HELEN GRIFFITHS Staff Writer

Any students who haven't already visited Michael Hannigan, Innovator-in-Residence at the Innovation Institute, should be sure to do so before he leaves Colorado College at the end of the semester.

Hannigan is the founder of the Pikes Peak Community Foundation, as well as a Colorado College alum and a former geology professor. As Innovator-in-Res-



idence, he is a valuable resource and an inspiration for any students interested in social entrepreneurship, nonprofit work, and start-up businesses. He will continue to hold workshops and open office hours for the rest of the semester.

Hannigan, class of '75, was one of the first students to spend all four years on the Block Plan. After graduation, he stayed on campus and taught in the Geology Department, filling in for a permanent professor. Following that teaching gig, "I traveled all over the place and did all sorts of interesting things," said Hannigan.

However, his ties to CC are very strong, and he worked in the Advancement Office for three years. Eventually, he founded the Pikes Peak Community Foundation "from nothing, with a pen and paper in my kitchen," he said. Since its founding in 1998, the PPCF has funded over \$150 million dollars worth of philanthropic business.

Now, Hannigan is back on campus again as the Innovator-in-Residence, and having a blast.

"I work with students to help them find a niche in the social entrepreneurship and nonprofit world," said Hannigan. "I work with the Big Idea teams, looking at their business structure and helping them adapt to challenges on the fly. I help them rethink what they intended to do versus what they can do."

Hannigan will hold three more workshops at the Innovation Institute, Nov. 16, Nov. 30, and Dec. 4 at 4 p.m. These workshops are entitled "Real Life in the Nonprofit Sector" and are designed to teach students how to create a nonprofit from scratch. He'll also join Patrick Bultema, Executive Director of the Innovation Institute, in teaching his dynamic Half Block course.

The Innovation Institution is an opportunity Hannigan feels truly must be taken advantage of.

"It's one of the more exciting things that happening at CC right now. It's a think tank that actually gets stuff done," said Hannigan. "Check it out. If you have an idea that you want to try to make happen, this is the place. We have an event almost every Thursday."

His enthusiasm for the program is electric and it is clear why students flock to the Innovation Institution every afternoon. Hannigan is helpful, positive, and, of course, innovative. His dedication to helping students manifest their ideas makes him a resource the campus community is lucky to have.

"The work that I'm doing at CC is really fun. I'll keep being the Innovator-in-Residence as long as they let me," he said.

## CC launches eco-friendly certifications for dorms

#### ANNA KELLY Staff Writer

The Office of Sustainability has initiated a green room certification system in the Colorado College dormitories. Students that qualify for the certification will earn a plaque on their door and enter a raffle for a gift card to an outdoor recreation store. If enough students in a hall qualify, the whole hall could win a Chipotle party or a gift certificate.

"I think that it is really important to be able to hold people accountable and really quantify how sustainably they are

living," said Lily Biggar, Office of Sustainability Residential Life intern. "There are a lot of people that say they are interested in sustainability, but this is a way to really measure actions."

designed Biggar the certification this summer and will start certifying rooms this week. She also has been training the Eco-RAs to conduct the certifications. The certification system was developed based on several other schools systems, with some modifications. "I wanted to make sure that the certification involved things that students could really be held accountable for," said Biggar. The certification includes a wide range of sustainable living habits, from reusable dishware to involvement in sustainability issues on campus. The certification also involves understanding what can and cannot be recycled.

"My goal was to receive 20 applications by the end of the semester, and I already have received 30 applications," said Biggar. Within the first hour of posting the certification, she had received three responses.

The certification is geared towards creating awareness around sustainability, helping Colorado College achieve its carbon neutrality goal by 2020. The actions listed also help students save money as well.

The categories of the certification are energy, waste, water, involvement, and technology. Under each category, students can earn points for specific actions. Some of these actions include using a shower timer, reusable cups, dishware and utensils, coffee mugs, and shopping bags.

Each of these actions is worth two to three points. Students who earn 35 points receive level one certification and students who earn 60 points earn level two certification. Some of the actions are activities, such as liking the Colorado College Office of Sustainability page or taking a selfie at the CC farm. Every person that receives the green room certification will be entered into a Green Room Raffle for a chance to win \$50 to a sustainability-related store of choice, such as Patagonia, REI, Gearonimo Sports, or Old Town Bike Shop.

# Green Room Certification Program

## Colorado College Office of Sustainability Residential Life



When half or more of the students in any hall earn the certification, the entire hall will receive a catered Chipotle dinner.

The certification is only open to students in a traditional house, language house, or small house.

The certification point system and instructions for specific ways to be more sustainable can be found on the CC Office of Sustainability website under the Eco-RA section.

Photo courtesy of the CC Office of Sustainability

# *Cisco the Nomad, Clay Edwards, explains his relationship with rap, his dream venue at which to perform, and why he feels he is everyone's favorite sandwich.*

## I know you are involved in a couple different performing groups on campus; do you have a favorite?

No, I kinda need all of them. As far as performing groups, I'm most involved in Twit and SketchFam. SketchFam is my own group with a lot of other people. It focuses around the music that we make, and it's completely independent from Colorado College. The style of the performances in both groups are is pretty different. But I need Twit, definitely, and I need SketchFam and they both manifest in doing shows. It's more about process.

## What do you like most about performing?

The fact that it's just a bunch of people in a room and everyone is focused on keeping the same ball in the air. The audience gives back to the performer, and the performer gives to the audience.

## Do you have an ideal performing venue?

I'd love to perform music at the Ogden Theatre in Denver and I'd love to act in a play at the Curious Theatre in Denver. Those are two places I'd love to perform. I can't really imagine anywhere else because I haven't spent much time look-

ing around. Steppenwolf in Chicago would be incredible to perform at. Or you know, The Fox in Los Angeles.

## I know you have performed slam poetry and rap. Is there a difference when you are writing one or the other?

Yeah, I mean rap is like—in a container. You have to follow a certain rhythmic pattern, and so that limits the amount of syllables you can keep in a line in order for it to be co-herent. And you can manipulate what that pattern is to make it sound good.

For slam poetry, you can use those same tools and techniques, but the form is way less limited because you don't have an actual beat behind you. So you can go on a big long rant, or just list a bunch of stuff, and it doesn't necessarily have to rhyme. You could even place rhymes much farther apart, where as in a rap, it is much more structured.

## What kind of artist would you describe yourself as using only foods?

I'm kind of a well-made sandwich. A good sandwich with a decent spread. And it's the sandwich that you like. You know, with ham, cheese, mayonnaise on wonder bread. It could be something much more fancy than that, you could have a serious ciabatta roll with airy bread on the inside, high quality pastrami, some mortadella, and you know, sprouts and vinegar, a weird chipotle aioli, toothpicks made out of cedar. You know, it could be that sandwich or whatever is good in your mind. That is the sandwich I want to be.





STAFF WRITER

## What artists have influenced you the most?

Kendrick Lamar, pretty much the whole TD camp, Mac Miller, Chance the Rapper, Das Racist, Lil Wayne. Lots of dudes. And as I got older a bunch of other people.

What kind of character do you like to be when you are not being yourself?

I don't know how to answer that... I am always a character.

## Where you before you came to CC?

I was a kid who acted in every single play he could get his hands on. I did improv and wrote plays in Denver. I wrote a lot of poetry. And I smoked a bunch of hookah with a really close group of friends of mine over the course of several years and freestyle rapped with them all the time, and that was my entire social identity. No one else got along with me except the kids I met up with late at night and made rap music with.

## What is the story behind Cisco the Nomad?

This summer, I was out in L.A. producing music and working a really, really shitty job. Just to keep my mind active, I was sitting at a desk pulling staples and scotch taping things—like that was my whole job eight hours a day-so I would listen to books on tape, and then go home and write music at night. And I was re-listening to One Hundred Years of Solitude, and there is this character, Francisco, the man who travels around and he keeps coming back to this mythical town. He brings music and news for like 100 years, and he dies eventually and his music stops. There is still music, but no one's music is ever quite as good as Francisco the Man's, and so I wanted to do something like that. I had also felt like I had outgrown Thing Two, which was what I was called before Cisco the Nomad. It was a name from freshmen year of high school that I had just never moved on from. Eventually you've gotta grow up.

## How did you discover your love/ affinity for rap?

I discovered it and I liked it because I couldn't have it as a kid. My mom didn't want me listening to it very much. I played Madden 2004 when I was like nine at the computer, and I listened to the soundtrack over and over again. I'd start the game over to listen to certain songs, and I would buy albums from stores and stuff like that.

Photograph by Phillip Engh

## CC hosts Aaron Derwingson to discuss water conservation

#### JACKSON PAINE Staff Writer

On Thursday evening, students and Colorado Springs community members crowded Gates Common Room in Palmer Hall to hear Aaron Derwingson, Agricultural Coordinator for The Nature Conservancy's Colorado River Program, talk about water conservation in the Colorado Basin.

During the talk, Derwingson outlined the problems facing water conservation in the region and potential solutions, some of which have already been utilized in the area.

In his job at The Nature Conservatory, Derwingson works to find solutions for the massive demand on water in the state.

Balancing the needs of the 35 million people who use the river for municipal and industrial use with the ecological and recreational uses that require the river to be flowing is not easy. As the population grows and the Earth's climate changes, it grows increasingly difficult.

Derwingson began the talk by asking a very basic question: what do all water users want?

"Water security," said Derwingson. "Everyone from municipalities to fish [want] to know with as much certainty as possible that you will have [water] when you need it."

The issue with this problem is that the water levels of the Colorado River are highly variable.

When droughts hit or the snowpack fails to deliver enough water, the users

have to compete with one another for enough water to sustain their livelihoods.

At a certain point the system creates a zero sum game, where somebody has to lose. Derwingson is trying to create relationships between water users that doesn't require anyone to lose, only to be smart about their water usage. This essentially comes down to two factors: tools and partnerships.

The tools are the simpler of the two issues. With the proper application and preparation, new agricultural methods are helping farmers save water while also increasing the efficiency of their harvesting. This is achieved through a variety of technologies.

One of the bigger technologies touched upon was the building of sensors in the soil

to measure water content. If crops are watered more than they need, the unneeded water trickles into the dirt and is eventually reabsorbed into the ground. By measuring the water content, farmers can water their crops only when necessary, preventing this waste and saving time.

Derwingson has also helped farmers adopt new methods of irrigation to water their fields.

The old method of flood irrigation just pumps water into a field through a pipe or ditch, and the water then flows through the crops. This method loses a lot of the water in the process, and is



Filoto courtesy of CC Communicatio

only 35 to 50 percent efficient.

The new method of drip irrigation, on the other hand, gradually releases water directly into the soil through a vast system of tubes. This method in conjunction with the aforementioned sensors makes the process 80 to 90 percent more efficient, almost double that of flood irrigation.

Not only this, but Derwingson is pushing to remove other methods of irrigation that hurt nearby ecosystems. One pecan farmer he spoke of had an irrigation ditch that relied on an old water gate for regulation. Because it had to be adjusted manually, the busy farmer often couldn't reach the gate everyday to make adjustments.

Derwingson's program added a solar powered regulator that would keep the flow in the ditch to a specific CFS. That way if there was a large rainfall, the irrigation ditch's gate could adjust to send less water to the farmer's fields, letting the rest of the water flow into the river itself.

While these tools are effective at conserving water, it's not enough to spread the water to every person who needs it. To ensure water security for everyone, Derwingson believes that partnerships need to be formed between water users.

"[This program] has to be based on the idea that all water users are at risk," said Derwingson.

Derwingson believes that the route to solving this problem is to create a system that compensates users for using less water.

If water users can be paid to use less water when the climate is drier, then ecosystems and other areas that need the water can survive times that would usually kill them.

Ultimately, the partnerships are what will actually conserve water. Cooperation ensures that while water users might struggle through a drought, no one will end up going under because of it. The tools will help to make sure water users can make do with less, but unless someone implements the plan, it will just sit on the shelf gathering dust and helping nobody.

"We continue to treat the issue of water as a technical problem, when it's really a social one," said Derwingson.

# MORE THAN YOUR TYPICAL INTERNSHIP...



# **HUNTING GROUND:** Mixed reception from attendees causes controversy

## CONTINUED FROM FRONT PAGE

was buzzing with controversial comments, mainly because the documentary's content rubbed off as stereotypical to many.

In addition, it was required that male and female sports team members attend the screening. Sororities and fraternities were also advised to attend, but makful towards women because of the poor decisions of a few," said firstyear teammate Conner Walden.

While Walden agrees that the issue of rape should be resolved, he hopes that it doesn't shine a negative light on athletes. Athletes, he assures, are just as concerned about the issue of rape as anyone else on campus.

When it comes down to it, the

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Applications due January 28!

ing attendance mandatory was up to the discretion of the sorority or fraternity's president. Members of these groups felt targeted based on a stereotype.

"I don't think it was unfair," said sophomore CC basketball player Andrew Maddock. "But, I do think it gave us a bad look." Maddock also pointed out that being a DI athlete at Colorado College is very different than being a DI athlete at a large state university.

"Those kids are treated like celebrities and they act like it," said Maddock. "They basically run the school. We're nothing like the athletes who mistreat women, and the last thing we want is people thinking that."

"The one thing I had concerns with was that the movie generalized male athletes as disrespectquestion that most athletes and Greek Life participants continue to pose is: why weren't all students required to attend?

"It was helpful for both guys and girls to see the film to understand that this type of thing actually exists and things need to be done to fix it," said first-year athlete Reed Nakakihara.

This is not just the responsibility of athletes and Greek Life members.

Rape is an issue that deserves attention across the whole campus and in society.

The consensus is that all students could have learned something from the movie—whether it was learning how to keep ourselves safe, our friends safe, or our community safe—and everyone should have been treated the same way in terms attendance.

## Student filmmakers accepted into 2015 Rocky Mountain Women's Film Festival

HELEN GRIFFITHS Staff Writer

Films by two student filmmakers, Francesca Mastrianni '18, a Film and Media Studies major, and Jillian Banner, a visiting student from Carleton College, have been accepted into the 2015 Rocky Mountain Women's Film Festival, held in Colorado Springs.

The Rocky Mountain Women's Film Festival is the longest-run women's film festival in North America. Its aim is to celebrate the drive, spirit, and diversity of women through film.

Mastrianni's film, "Labor of Love," chronicles the experiences of two very different Arkansas Valley farmers.

"'Labor of Love' focuses on two local Colorado farmers. Doug Wiley is the owner of Larga Vista Ranch and a fourth generation farmer. Sadly, Doug is struggling to keep his farm financially afloat," said Mastrianni.

"The second farmer Joseph Camire is the owner of Ahavah Farm," said Mastrianni. "He is an engineer who has only been farming for eight months. Although both farmers have different backgrounds, they both are farming out of love for their children. They believe that being raised on a farm is vital for their childrens' development and childhood."

Banner's film, "Life by the Horns," explores the world of professional rodeo clowns.

Both films were created in Colorado College's two-block intensive summer course, the Colorado Documentary Project, taught by Assistant Professors of Film and New Media Clay Haskell and Dylan Nelson.

The Colorado Documentary Project is dedicated to gripping storytelling, original research, and community-building through the production and distribution of documentary films about the region.

During the course, students learn to make their own films while examining the history, codes, and conventions of the documentary form.

"The Colorado Documentary Project was both the greatest eight weeks of my life and also the most stressful," said Mastrianni. "After this summer, I really understand the hard work that is required to make a film and I appreciate anyone who takes on the challenge. Dylan Nelson and Clay Haskell, along with the paraprofessional Robert Mahaffie, were so supportive and dedicated to all the students in class; they pushed us to our highest potential and were always will to help us when it was needed."

"During this summer is when I decided to become a Film and Media major," said Mastrianni. "Truthfully when I applied to Colorado College, I thought I wanted to major in Biology and continue on to become a nurse for the military. I never imagined that I would be a Film and Media major, nor did my parents. I think that is the beauty of this college, there are so many amazing opportunities for the students."

During the course, Mastrianni worked with the Arkansas Valley Grower's Association and the local Venetucci Farms, and Banner worked with the ProRodeo Hall of Fame to help find their history and content for their stories.

"Working with the Arkansas Valley Grower's Association was definitely a new experience," said Mastrianni. "I learned a great amount about how the community tries to support farmers and how they share work. Please support local farms and produce, they need us and we need them."

The festival takes place at Colorado College and the nearby Fine Arts Center Nov. 13-15.

## SHOOTING: No immediate threat posed to CC community

## **CONTINUED FROM FRONT PAGE**

Nick Calkins explained they had little time to decide whether to notify CC students, faculty, and staff due to the rapid progression of events.

Had the shooting posed an immediate threat to campus, Campus Safety would have sent out text, phone call, and email alerts using the RAVE system. Campus Safety tries to use the system only when absolutely necessary since they do not want students, faculty, and staff to grow desensitized to the alerts.

"It would've been nice to communicate the events faster, but after debriefing as a team, I think we had the best response possible in that situation," said Calkins.

Although the shooting and the shooter were not on campus nor affiliated in any way to the college, the event as well as a shooting a block away from campus and shootings on other campuses have amplified Campus Safety's initiatives for active shooter preparation on campus.

Since Newton became CC's CRO, Campus Safety has offered active shooter training for the CC community. The program was designed by Newtown in conjunction with University of Wisconsin Madison's Police Department and teaches participants how to protect themselves during an active shooter



situation, how to get out of it, and other related strategies. The bulk of the training, Newton explained, focus on mental health.

"When we look at shooters, we've seen a pattern indicating that all the shooters were in some type of crisis. We're not saying that everyone in crisis will become an active shooter, but most active shooters are in crisis," said Newton, who will host another training first week of Block 4. "On the other side of mental health, you as the victim might have to fight for your life. You need the mental practice to fight."

As an organization, Campus Safety constantly reevaluates how they assess the impact of such events on students after the fact.

"One major situation could be of much lower impact at one institution than another," said Calkins. "There's no specific protocol for us to follow, so we have to figure out how to distribute information based on the situation but more importantly, give the CC community the resources they need to recover from an event."

A study conducted by the Virginia Youth Violence Project in 2007 found that college campuses are the safest place for 18-24 year olds despite the media's portrayal of college campus shootings. Furthermore, it found that the leading causes of death in this demographic are car accidents and suicides. Based on this information, Newton has established goals to prevent the latter, particularly through the mental health focus of the active shooter training and extension of resources. This year, Campus Safety has also conducted 'crime prevention through environmental design,' or CPTED, evaluations around campuses. This involves officers evaluating buildings, office spaces, classrooms, and other areas in CC buildings to gauge how adequately they keep the occupants safe. Afterwards, the officers provide a report detailing the suggested improvements. "CC has a great basis and network to admit that situations like this will have an effect and needs to be dealt with." said Calkins. "Between the active shooter trainings, the CPTEDs, and the other resources we offer, we can look back after every situation at CC and other institutions to see how we could have handled it better. We are never resting at 'It's good enough.""



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Have an opinion to share? Email Editor William Kim at william.kim@coloradocollege.edu

# Meat: Innocuous or insidious?

#### RUBY SAMUELS Staff Writer

The media has been buzzing with news that the World Health Organization just classified red meat, especially the processed kind, as a carcinogen.

One theory as to why this is the case points to the iron in meat, which interacts with nitrites (added as preservatives) in a way that creates carcinogens in your body during digestion. This explains why processed meat is carcinogenic but still does not explain why unprocessed meat, with no added nitrates, can increase risk for cancer and other diseases.

However, the study was comprehensive enough that consumers should be taking inventory on the amount of meat they are eating on a weekly basis. The 22 scientists who came up with these concerning results about the correlation between meat consumption and cancer drew evidence from two major studies: the Health Professionals Follow-up Study and the Nurses' Health Study.

These studies observed more than 100,000 subjects who voluntarily completed questionnaires about the frequency and quantity of their meat consumption compared to other food groups. These volunteers were surveyed for decades to follow their health trajectories throughout their lifetimes, and found that the more meat a subject ate, the more likely they were to contract cancer or another disease that might lead to premature death.

Michael Pollen discusses both of these studies in his bestselling book, "In Defense of Food," where he famously wrote, "Eat food. Not Too Much. Mostly Plants." This is a sentiment that many, if not all of the scientists involved in this new carcinogen classification have expressed.

"Limiting [red meat] consumption to two to three times per week would be wise," said Marji McCullough, Strategic Director for Nutritional Epidemiology at the American Cancer Society.

Completely eliminating meat from your diet is not recommended by the study in any way. In fact, The Lancet, where the official paper was published, states that red meat contains "high biological-value proteins and important micronutrients such as B vitamins, iron, and zinc... ARC's panel was given the basic task of looking at hazards that meat could pose at some level, under circumstance, but was not asked to consider any off-setting benefits, like the nutrition that meat delivers or the implications of drastically reducing or removing meat from the diet altogether."

There is much critique of this study because the World Health Organization included so many potentially carcinogenic foods in its risk assessment list, including aloe vera and coffee. This made the risk of meat consumption seems almost inconsequential.

However, the risk that meat poses is significant in these studies and should be considered by the public at large despite the fact that popular media may have created unheeded hype about this new classification.

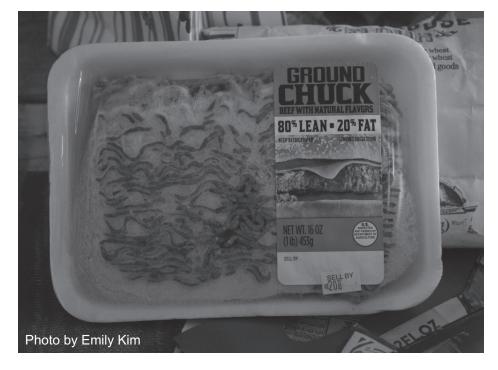
The W.H.O has found 800 peer-reviewed studies that show associations between meat consumption and cancer risk. A report published in 2011 by the World Cancer Research Fund found a 16 percent increased risk of colorectal cancer with each daily dose of 3.5 ounces of red or processed meat. 3.5 ounces is about the size of a deck of cards, a fraction of the realistic serving on most American plates. ment and should be a controlled substance for that reason alone. "By no means am I a staunch defender of red

This year, the IARC (International Agency for Research on Cancer) says that approximately 1.8 ounces of processed meat eaten on a daily basis increases the risk of colon cancer by nearly 18 percent.

Anahad O'Connor, a writer for the New York Times, shares some doubt about the validity of a correlation between meat consumption and cancer. He writes, "Of the more than 900 potential carcinogens the W.H.O. has evaluated since 1971, it has determined that only one—a nylon-manufacturing chemical found in drinkingwater supplies—is 'probably not' carcinogenic."

However, O'Connor also notes that even if a moderate amount of meat does not cause cancer, it is harmful to environment and should be a controlled substance for that reason alone. "By no means am I a staunch defender of red meat," said O'Connor. "It has a greater impact on the environment than any other food in our diet: an estimated 20 percent of all greenhouse gases are attributable to raising animals for food."

If you choose to uphold the absolutist values of compassion and sustainability that vegan or vegetarianism encompass, you will do the environment and farm animals a favor by compensating for the dramatic overconsumption of the average American meat-eater. However, according to the scientists behind these studies, no one has to completely cut meat out of their diet to achieve optimal health.



# HAVE AN OPINION TO SHARE?

## Send your comments to William Kim at william.kim@coloradocollege.edu

# Look for The Catalyst Newspaper on YouTube!

# Why Yik Yak is detrimental to campus discourse

### WES MILLER

Guest Writer

As a school we seem to be remarkably proud of our "yak game," which is pretty much like being proud of the scrawl on a bathroom wall except Yik Yak smells less like shit. While Yik Yak may provide some laughs to some, it is a festering example of anonymity gone wrong and offers only an illusion of actual debate. Posting on Yik Yak is the definition of a low-effort, low-reward action, and if you're putting serious effort into your Yik Yak's hopefully someone somewhere is praying for you.

The biggest and most intrinsic flaw of Yik Yak is the anonymity it grants its users. It's almost a fundamental law of the Internet age that if you give anyone anonymity and then also give them an audience, they will not act in a way that serves to better everyone around them, but rather act in a way that would provoke the biggest reaction from their audience. Nine times out of 10 an anonymous poster with an audience will act like a gigantic asshat, as that is usually the easiest way to incite a reaction from their audience. In Yik Yak, this dynamic can be easily examined in the wild by opening the app and finding any post that deals with a topic that could be considered troll bait. A good example of a post that was low-hanging fruit was a fairly innocuous post asking about job prospects for Feminist and Gender Studies majors that was quickly overrun with quips about how "bitching and moaning" and "pleasing the superior gender" were suitable avenues for employment. This is honestly an example that, bear with my here, is not even contending for the crown of "vilest shit anyone has said to another human being on Yik Yak," which seems hard to believe, but when clearly depressed people post about how they have no friends and people suggest they walk out in front of traffic, quips about the Fem-Gen major begin to seem almost insignificant (they're not).

Yik Yak is a product of the people who post on it, and most people are comprised of better moral fiber than those who post depraved suggestions to the down and out. Yik Yak gives those individuals both the audience and the ano-



nymity they need to act out their more malicious notions. Anonymity on Yik Yak doesn't transform all or even the majority of its content into the seriously offensive or dangerous, but if Yik Yak's content peaks at hilarious once a week, often falls far short of that mark most of the time, and almost certainly contains a form of hate speech at all times, is it really a positive contributor to campus life?

Yik Yak is certainly not a serious medium for any sort of substantial interaction that would be peachy if it was funny more times than it invokes an existential dread about the doomed future of the human race. That's the other problem: oftentimes Yik Yak doesn't merely fall flat, it makes you question which sort of neutrons have to misfire in someone's head to conceive an idea like that.

Yik Yak is like the stable where you take your overused joke and use it to beat the poor horse even deader than it was before. Look, we get it, the squirrels on campus are super unique, cuddly, obese, and fun all at once, but they definitely do not warrant the amount of time and energy people spend on them on Yik Yak. Nobody needs to hear about squirrels 365 days a year at a place that is theoretically an institution of higher learning. The same thing goes for block crushes; post-Rastall poops (that's a thing), DU jokes, and talking about how strong our "yak game" is. The most depressing of all would be the late night anonymous booty calls that you know never ever came to fruition because no one ever has the balls to actually comment where to go for the booty, because if anyone takes two seconds to think about it, logic overpowers even the mightiest thirst. The best case scenario is meeting up with someone who had to post on Yik Yak to find a hook up and the worst case is too terrifying to even consider writing down.

Sometimes events on campus incite dialogue on Yik Yak that masquerades as constructive or even educational. However, Yik Yak has a voting system that encourages one side of a debate to appear and not the other. If both sides appear, one will appear heavily marginalized like Illustration by Rachel Fischman

there is a clear majority who disagrees whereas it is mostly a result of whoever down votes their opponents quicker. You can make differing opinions cease to exist with relative ease and a decent reaction time as banishing a comment or post to the shadow realm takes a measly five down votes. So, while it would seem that Yik Yak is providing the medium for conversations in the aftermath of events such as The Hunting Grounds it really is a poor substitute for a conversation on any medium suited for such.

At the end of the day Yik Yak just doesn't offer anything substantial to anyone's life, and its meaninglessness belies the amount of time people spend wandering through its halls of mediocre jokes and half clever trolls. Opening Yik Yak is more a compulsion than anything else. Rarely if ever has opening Yik Yak up paid off by enlightening someone's existence or even brightening his or her day. Every instance when a finger connects with that silly little yak face, someone just lost a little bit of their life they're never getting back.







# Ramayana: The epic Epic

## PRANIT GARG

Staff Writer

Gather round children, its story time! Today I will tell you the tale of a festival celebrated by over a billion people around the world: Diwali, the festival of lights.

Once upon a time, there was a Prince named Ram. Ram was more than your average prince; he was the reincarnation of Vishnu, the God responsible for the preservation of our world. Like Vishnu Ram was absolutely virtuous.

Ram's wife, Sita, too was just as virtuous as Ram. Together, they were destined to rule over their Kingdom from its capital Ayodhya, an ancient Indian city. However, they did not anticipate the evil brewing in the distance.

The ten-headed demon king, Ravan, had deviously plotted to kidnap Sita and make her his own bride. And so, one fine morning, Ravan stealthily abducted Sita and took her to his land, Lanka. Sita, being as clever as she was virtuous, dropped a trail of jewelry that could be traced back to her.

Ram noticed this, trail of jewelry and decided to follow it. As he followed this path, he realized that it led to an island in the distance. This island was Lanka, Ravan's Kingdom. And there was no way to reach it. This is when Ram met Hanuman, the mighty monkey warrior. Ram explained his plight to Hanuman, who decided to whole-heartedly help Ram in his search for Sita. And so, Hanuman gathered all the animals in the region to help Ram build a bridge to Lanka.

After a long period of relentless hardwork, the bridge to Lanka was finally completed. And here, Ram found Ravan and Sita. Getting Sita would not be easy though: Ram would have to kill Ravan. And so began the legendary battle between Ram and Ravan. After a gruesome battle, Ram emerged victorious. He had defeated the demon king with a magical arrow and rescued his wife. When Ram returned home to Ayodhya, everyone lit up their houses with diyas, oil lamps made of clay, to celebrate his victory.

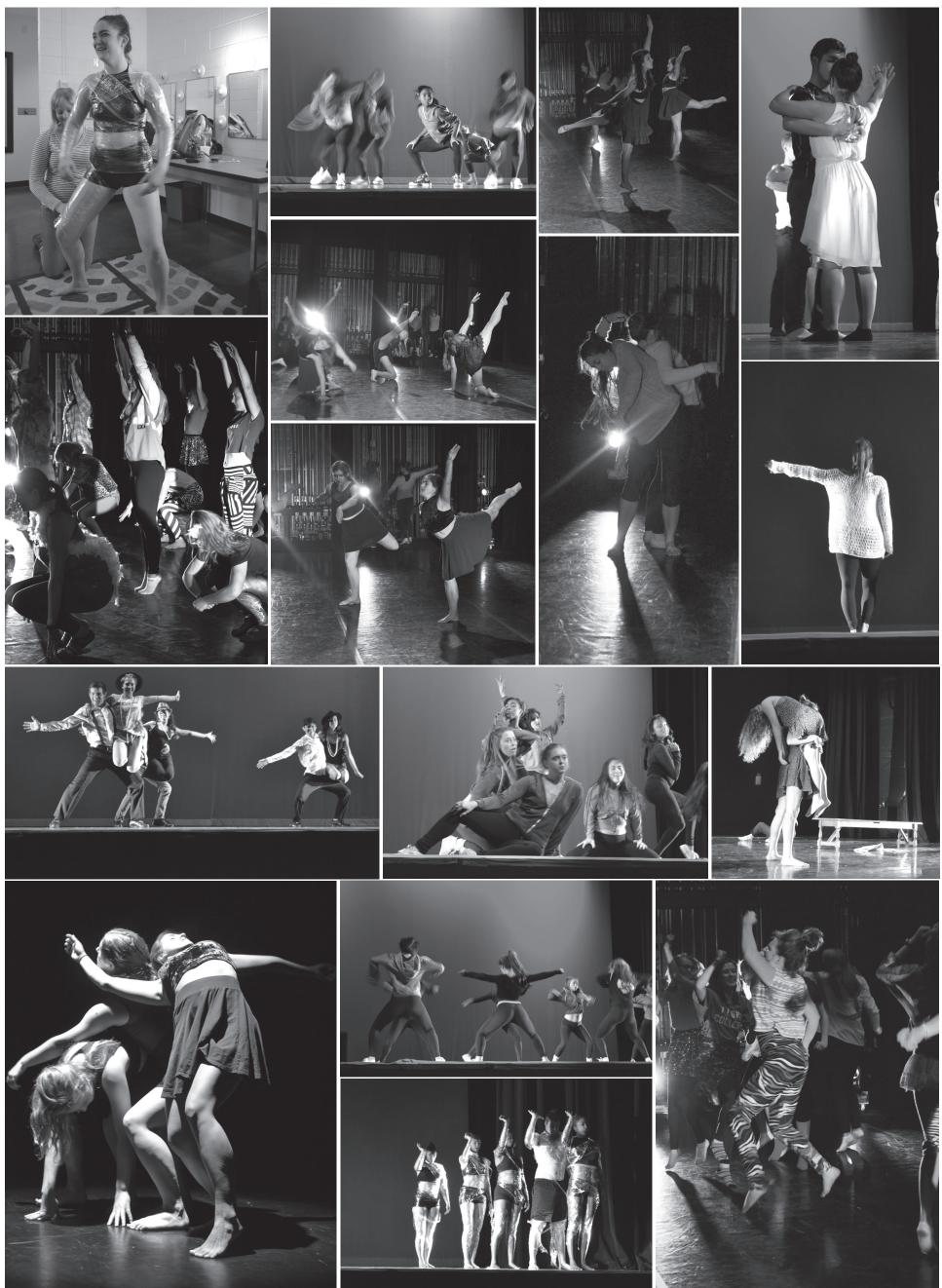
Today, Diwali is celebrated as a reminder of Ram's victory over Ravan, but more importantly it remind us that eventually good always triumphs over evil. People light diyas, burst firecrackers, hand out gifts and eat good food as they celebrate Diwali in the Indian subcontinent. This year, the South Asian Student Association (SASA) is hosting Diwali in Bemis hall. The event will be this Saturday (Nov. 7) and will include Indian food, Bollywood dancing, a candlelight ceremony, and much more. The event will be completely free, so pick up your tickets from the Worner Desk, and come celebrate Diwali, the festival of lights, with us!

## NOVEMBER 6, 2015

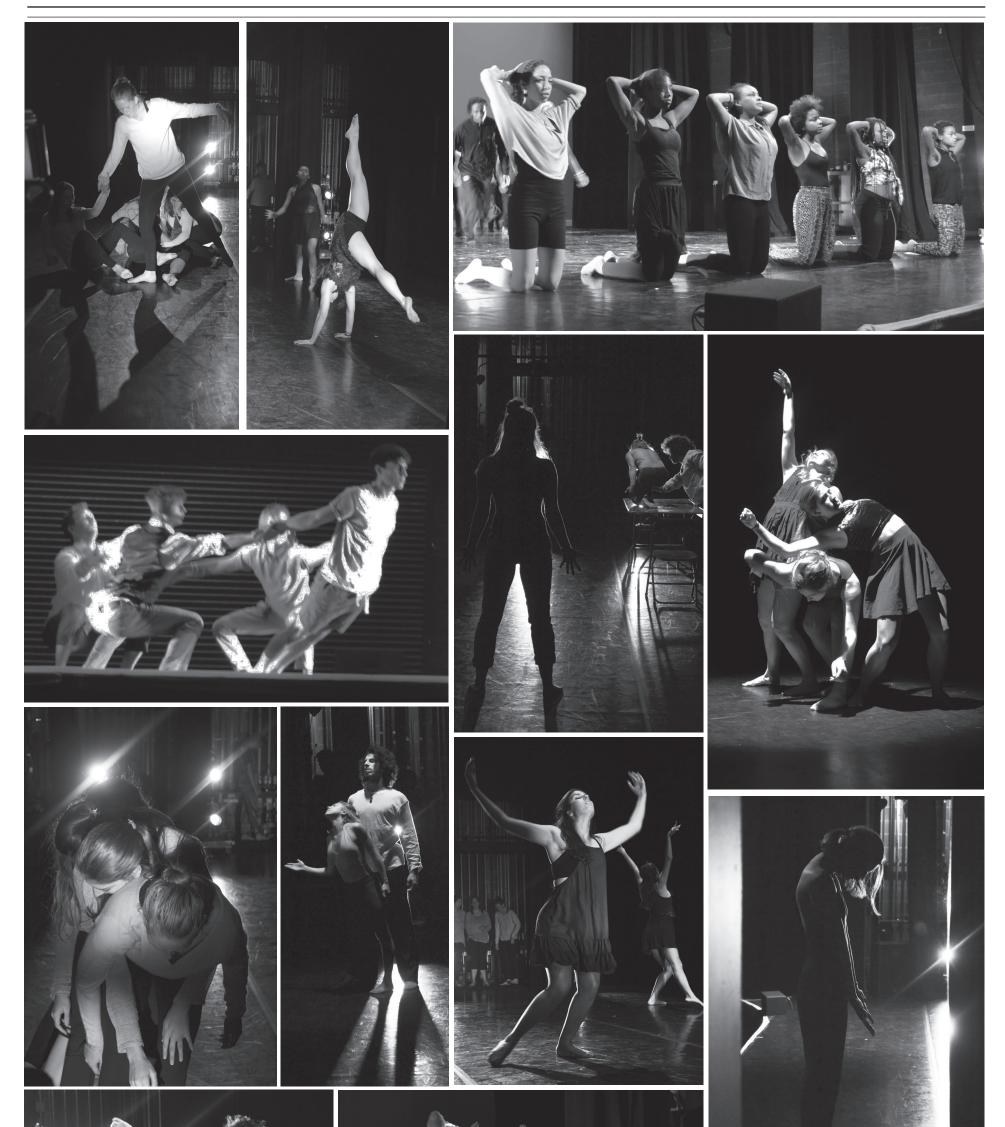
## **DANCE WORKSHOP: STILL STANDING**

LAYOUT AND PHOTOS **BY TAYLOR STEINE** 

Dance Workshop is a student-run, student-choreographed, and student-performed dance show that takes place at Colorado College every semester. The theme for this semester's Dance Workshop is "Still Standing," chosen because of the resilience of the CC student community. This year, Dance Workshop will be occuring on Friday, Nov. 6 at 7 p.m. and Saturday, Nov. 7 at 2:30 p.m. and 9 p.m. in Armstrong Theater.





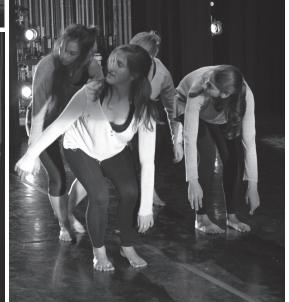














Show your Tiger pride and support Men's Hockey on Saturday night as they vie for the Goldpan against DU. Puck drops at 7:07 p.m. Tiger Eyes Dance Team performs during first period.

## Implosion at Stamford Bridge: A lesson for the sports world

DAVID ANDREWS Sports Editor Column

I don't consider myself a soccer fan. Every four years I'll watch the World Cup and don a U.S. jersey, but so will a majority of the human population. So, I'm no serious soccer fan. I'm certainly not enough of a soccer fan to have taken notice of Chelsea's struggles this season in the Barclays Premier League. However, when I was cruising through my twitter feed the other day, an article on Jose Mourinho and his club caught my attention.

When I clicked on the hashtag #MourinhoOut, a cascade of articles appeared in which writers were proclaiming with glee that Jose Mourinho, Chelsea's manager since 2013, was going to be sacked by the club. The vitriol that has come to the surface in the wake of Chelsea's dismal start to their season is hardly surprising. One Youtube search with Mourinho's name turns up troves of clips of Mourinho haughtily dismissing reporters and generally being a pompous ass. It's not hard to see why people don't like the guy. But, the real lesson to be learned in all the Chelsea-hating the world is seeing these days is that people love to see the top dogs spiral into me-

## diocrity.

One year ago, Chelsea stormed to a Premier League victory and once again sat at the top of the most competitive international league in the world. Mourinho also took home Premier League titles in 2005 and 2006 with Chelsea. He is clearly a sharp football mind and adept manager, but he has the same distinctive qualities of so many of our hated sports figures. Similar to Mourinho, Chelsea as a football club exudes a certain pretentiousness and holier-than-thou attitude. In one of Mourinho's first interviews when he came to Chelsea in 2004, he dubbed himself "The Special One." In order to bring the world of British football into the sensibility of an American sports fan, I had a friend once tell me that Chelsea is essentially the Yankees of the Premier League. There are loads of Chelsea fans out there, but you can be sure that you probably don't like any of them too much.

The widespread glee around Chelsea's misery is interesting, of course, but what is happening to the team on the pitch is almost inexplicable. There have been very few roster changes for the Blues since last season. The fact of the matter is that Chelsea's stars are not producing at the same clip as they were one year ago. Eden Hazard, the 24-year-old Belgian wunderkind, has not played up to the level that won him Player of the Year honors last year. Through 11 Premier League games this season, Hazard is still without a goal. The leading scorer for Chelsea is a tie between Diego Costa and Willian with a mere two goals a piece.

Chelsea's implosion was on full display this past Saturday against Liverpool. Liverpool has been lackluster this season as well. The Reds are sitting at 8th in the league table, 7 spots above Chelsea. The game marked Jurgen Klopp's first at the helm of the Reds, and over the course of 90 minutes they exposed some of the reasons why Chelsea has been struggling in 2015. Chelsea opted for a zonal 4-4-1-1 look against Liverpool. The two final groups of four in front of goal lacked structure and huge holes opened up for the likes of Coutinho and Firmino to exploit.

Tactical analysis aside, the story of Chelsea's struggles this season demonstrate a larger theme within the world of sports. In every league across the world, there is a team or organization that is the subject of a seemingly unexplainable amount of hatred. Franchises that come to mind in the discussion include the New England Patriots, New York Yankees, Los Angeles Lakers, and Boston Bruins. For some teams, there is a more legitimate reason for hatred than for others (looking at you, deflated balls and Spygate). For most, however, sports fans can't really explain why they love to watch these behemoths lose. At some level, sports fans are reveling in the display of mortality. Teams such as the Patriots and Chelsea are always winning and when they lose we are reminded that even the historically great franchises are subject to the same ills that so often befall the bottom-feeders of the league.

Prior to this season, Jose Mourinho had lost five games in his previous 59 as manager of Chelsea. After 11 Premier League games, Mourinho has lost six of his last 11. It is clear to see that a little bit of glee is necessary at a moment like this. The achievements of last year and every year before that are irrelevant for the Chelsea. This is the beauty of professional sports. The only game that matters is the next one. This is a great time to acknowledge the Washington Redskins, who will be heading into Foxborough on Sunday to face an undefeated Patriots team. If the decline of Chelsea across the pond can teach us anything, it's that the foregone conclusions of sports are never as sure as they seem. So, it's possible that Mourinho will turn around the Blues' season in the coming weeks, but we may witness the downturn of another seemingly impeccable franchise this Sunday at 11 a.m.

## U P C O M I N G S P O R T I N G E V E N T S

Men's Soccer (13-2-3, 11-1-2 SCAC) Saturday, Nov. 7 vs. Winner #3 Dallas vs. #6 Schreiner, 1:30 p.m. Sunday, Nov. 8 vs. SCAC Tournament Championship, 1:00 p.m.

**Women's Soccer (9-11-1, 6-5-0 Mountain West)** Saturday, Nov. 7 vs. Mountain West Tournament Championship, TBA

**Volleyball (33-2, 14-0)** Friday, Nov. 6 @ SCAC Tournament Semifinal, 3:30 p.m. CT Saturday, Nov. 7 @ SCAC Tournament Championship, 4:30 p.m. CT

Men's Hockey (0-7, 0-2 NCHC) Friday, Nov. 6 @ University of Denver, 7:36 p.m. Saturday, Nov. 6 vs. University of Denver, 7:07 p.m.

**Men's and Women's Cross Country** Saturday, Nov. 14 @ NCAA DIII West Regional, 10 a.m. PT

## Men's and Women's Swimming and Diving Tuesday, Nov. 10 vs. Hour of Power Relay, 5 p.m. Friday, Nov. 13 @ Southwestern University, 2 p.m. CT Saturday, Nov. 14 @ Austin College, 1 p.m. CT

Women's Basketball (0-0, 0-0 SCAC) Monday, Nov. 16 @ Johnson & Wales University, 7 p.m.













## Coach Rick Swan SCAC Coach of the Year

Coach Rick Swan was the obvious choice this season for SCAC Coach of the Year. Swan led the Tigers to a 33-2 overall record and an impeccable 14-0 SCAC record. The Tigers were the first team since Southwestern in 2009 to go undefeated in conference play. In 2010 and 2012, Swan was also recognized as the SCAC Coach of the Year. Swan is the winnningest volleyball coach in CC's history.

Senior Courtney Birkett SCAC Player of the Year

Courtney Birkett was a force to be reckoned with all season as right-side hitter/setter for the Tigers. Birkett led the Tigers in assists, service aces, hitting percentage, and block assists. Birkett's 598 assists ranked fifth in the nation for DIII teams. During the 2015 season, Birkett was named as the Offensive Player of the Week three different times. Birkett's Player of the Year recognition comes on the heels of Abbe Holtze's distinction as the league's best player a season ago.

Senior Sophie Merrifield Backrow Player of the Year

Sophie Merrifield anchored the Tigers defensively this season. Bolstered by Merrifield the Tigers held opponents to a leaguelow 0.090 hitting percentage. Merrifield is the all-time leader at CC in digs with 2,440. Also, Merrifield is second all-time digs in SCAC history. The senior was honored three times this season as Defensive Player of the Week.

Freshman Myca Steffey-Bean Freshman of the Year

Freshman Myca Steffey-Bean filled the role of middle hitter for the Tigers and did so exceptionally well. Steffey-Bean led a talented freshmen class in points, kills, service aces, and digs. Steffey-Bean is the fourth consecutive Tiger to be named SCAC freshman of the year. Steffey-Bean was second on the team with 71 block assists and 15 solo blocks. Steffey-Bean will be a key part of the Tigers 2016 campaign.

## Title 69 takes home second straight IM soccer championship

## JOHN BORAH

Staff Writer

The fate of the 2015 Intramural Soccer League has been decided, and for the second time in as many years, the Title 69ers reign supreme. The calmheadedness and finesse of the 69ers proved too much for their opponents all season, which concluded this Wednesday in true 69er fashion-a shutout against a team that hadn't previously conceded a goal.

The 69ers have a knack for making the sport look easy, including an 8-0 thrashing semifinal game against the Papi-Chulos. Despite this, the league by

no means served these much-coveted IM championship shirts on a silver platter. While speaking to student supervisor sophomore Justin Nguyen before the match, he seemed to think that the win could end up in either teams' hands. Nguyen went as far as to describe Calm out the Back as a powerhouse team.

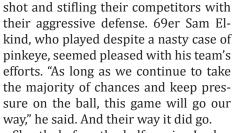
Calm out the Back definitely looked tough, particularly in a dominant semifinal game brimming with cold shoulders and chippy attitudes. Though the outcome was only 1-0, the reality was that Calm out the Back governed the game from the opening whistle, keeping the ball in the Lake Titicaca Thunder's half for almost the entire game.

The championship game, which took

place on a brisk, overcast afternoon, was surrounded by a tremendous amount of hype. Chris Starr, the director of campus recreation, admitted that these were the two finest teams in IM sports. Senior and former 69er Parker Moss "PMo" of Calm out the Back declared that it would be the most beautiful game that any player of either team has and will ever take part in. Junior teammate James Raj was also optimistic and particularly motivated by his team's defeat in the Indoor Futsal championship game last winter, which he aimed not to repeat.

The game started and chances were evenly distributed between the competitors and the experience of the goalies, both former goalies for the CC men's soccer team, was on full display. Will Hollo of Calm out the Back ripped an early shot that would have counted were it not for opposing goalie Tom Crosby's best friend: the post.

Ultimately it was the 69ers who drew first blood when senior Collin Hartland lasered a shot past senior Ian Horne for the lead. From there, the 69ers conducted the pace of the game, taking shot after



Shortly before the half, senior Jordan Keny-Guyer extended the lead by another goal. And though Calm out the Back still looked competitive, they were unable to settle down with ball and played a game whose tempo was dictated by the 69ers.

The game was effectively decided midway through the second half by Hartland's second goal. Though Calm out the Black fought until the last whistle, they fell to the 69ers by 3-0.

Hartland, who was described by his teammates as the MVP, was elated. "There is no better feeling than being a champion. The fact that we did it twice does not take away the feeling," he said. Hartland didn't fail to mention his opponent's "Definitely the most fun game I had all season. It was a hard fought battle. Anyone who is betting money on next year's early favorites would be ludicrous to not bet on Calm Out The Back."

When asked how he would be celebrating the victory, Elkind responded, "I plan to celebrate by beginning training for the futsal tournament in which we also have a title to defend."

It would appear that the 69ers have an insatiable appetite for winning. Hide your shirts, folks.

## Balls Deep dismantles Derek Bell Memorial Squad for first-ever flag football title

#### **DAVID ANDREWS** Spots Editor

Legendary American swimmer Matt Biondi was once quoted as saying, "Persistence can change failure into extraordinary achievement." The battlehardened members of team Balls Deep showed the truth behind this iconic quote in capturing their first-ever IM flag football championship on Wednesday, Nov. 4th. Led by senior and team captain Harrison Rosenfeld and a potent offensive attack, team Balls Deep triumphed over the Derek Bell Memorial Squad 34-26. "We were able to do what we had to do and the title will be coming home to where it belongs: 1204 N. Weber, Trump Tower," said Rosenfeld.

Photos by Arden Feldman

The game was played on a crisp fall evening, but in the first half it was a heated affair. For most of the first half both teams traded touchdowns back and forth. Junior Connor Haney and his squad looked up to the challenge of toppling a senior-heavy Balls Deep team. But with one minute left before halftime Rosenfeld drove his team down the field for a much-needed six points. The hurry-up drive, which began with less than 1:30 left in the half, resulted in a 14-12 lead for Balls Deep heading into halftime. The first half was razor close, but the second half bust open into a Balls Deep romp on Washburn Field. One key factor that allowed Balls Deep to pull ahead was a full roster of 15 players. While Haney and the Derek Bell Memorial Squad played both sides of the ball, Balls Deep was able to deploy fresh legs for each offensive and defensive possession.

progressed. Haney succeeded in picking apart the Balls Deep zone-read defense in the first half but began to see some pressure in the second half. Senior Alan Hurbi led a relentless Balls Deep pass rush that finished with three sacks in the contest. Haney found junior Jack McCormick, a two-way DIII soccer and lacrosse talent for the Tigers, late in the second half for a long bomb, but it proved too little too late.

The play that sealed the game for Balls Deep came from one of the youngest members of the team, sophomore Sam Block. Block played soccer for the Tigers last year and made an appearance in three games. Block has moved on from the soccer team at CC, but he left his mark on the IM Flag Football Championship midway through the second half with a momentum-swinging interception. Senior Parker Moss said, "Our sophomore stud, Sam Block, came up with a huge play, a pick six. He really read the ball well and read the route and had the ability and agility to make it down the sideline and make it into the end zone." Following Block's touchdown Balls Deep had the title in the bag with a three touchdown lead and five minutes and change left in the game. Team Balls Deep will leave this season in a blaze of glory, but their season up until Wednesday night had contained its share of trying times. The team started 0-2 and according to Rosenfeld, "a lot of people wrote us off." A late-season push secured Balls Deep some momentum heading into the offseason. When asked what professional team, fictional or otherwise, Balls Deep most represents Moss and Rosenfeld agreed on the 2014 New England Patriots. "We started off poorly and then came together in all facets of the game," said Moss.

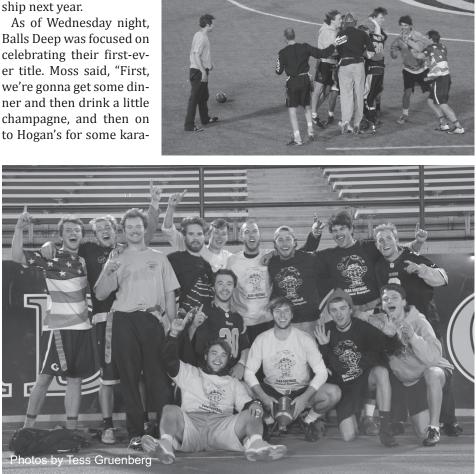
If Balls Deep were the New England Patriots the team agreed that Rosenfeld would absolutely be Brady. Rosenfeld's deceptive quickness led to one crucial second-half touchdown for the Tigers.

Last season, Balls Deep was denied at the doorstep of a championship by 2015 alum Will Schube's team Scooter Maneuver. This season, the narrative was reversed. Balls Deep played the part of the senior gatekeepers and Derek Bell Memorial Squad filled the role of the junior upstarts. Moss and Rosenfeld both expressed with enthusiasm that the Derek Bell Memorial Squad are favorites to take home the champion-

ship next year.

oke."

Balls Deep has clawed their way to the pinnacle of the IM flag football world, but their ambitions do not end there. The squad will look to add to their IM dodgeball and flag football hardware with a title in broomball. In the spring, Balls Deep will be at Schlessman Natatorium vying for an innertube water polo title. Keep an eye out for Balls Deep in the coming IM seasons. As they've showed this fall, adversity will not thwart Balls Deep from claiming semiattractive shirts and gaining immortality on the walls of El Pomar.



Fresh legs began paying off in a big way for Balls Deep as the second half

## Women's soccer exceeding expectations at Mountain West

#### HANNAH WESTERMAN Staff Writer

Colorado College finally faced off against Wyoming in a Mountain West Conference quarterfinal match on Wednesday morning, after the original Tuesday evening game was canceled due to a lightning storm. The game was definitely worth the wait as the Tigers came away with a victory. No. 5 ranked CC took down No. 4 ranked Wyoming with a final score of 1-0.

The Tigers took the lead early. Senior midfielder Sarah Schweiss was taking the ball down the field when she was swarmed by two Wyoming defenders. Schweiss sent a pass to freshman midfielder Clara Richter. At the 15:29 mark, Richter scored from 14 yards out, shooting the ball past Wyoming's goalie into

the right side of the net. "I got a perfect ball from Sarah," Richter said. "I just hit it on a first touch, and it went in. It was great."

The goal was the freshman's first game-winning goal of her career. The goal was Richter's fourth of the season and it was Schweiss' third assist of the season. Schweiss has also been named the Mountain West Offensive Player of the Year.

The rest of the first period was neckand-neck, but neither team was able to score. The Tigers had a couple opportunities to increase their lead. First, at the 19:41 mark, freshman midfielder Madison Tominello had a shot on goal that was blocked. Next, with less than 10 minutes remaining in the first period, Richter took a shot from the middle of the box, but Wyoming's goalie managed to deflect the shot with her legs.

Soon after, CC's goalie, sophomore Louisa Mackenzie made two saves, preserving the Tiger's fifth shut-out of the season. "Our players followed the tactical plan brilliantly," head coach Geoff Bennett said. "They get all the credit. At halftime, we said bend, don't break, and do the little things right."

The second half remained scoreless although the Tigers outshot Wyoming 5-2. However, in total, both teams only had four shots on goal for the entire game. The Tiger's last shot on goal happened with only minutes remaining in the game. Wyoming saved the shot made by freshman midfielder Lauren Milliet. Mackenzie finished with two more saves, one off of a header shot at the 62:45 mark and the other, the final shot of the game, at the 88:16 mark.

The victory improved the Tiger's record to 9-11-1 and sent the Tigers into the semifinal round of the Mountain West conference. On Thursday, the Tigers battled it out against San Diego State, the tournament host and No. 1 seed. This is the second year in a row that the Tigers have taken on San Diego in the semifinals. Last year, the matchup ended in a 1-1 tie, which was maintained through two scoreless overtimes. San Diego was ultimately sent on to the finals after defeating the Tigers in a penalty-kicks shootout. The final score of Thursday night's game was unavailable at the time of publication. However, search @Catalyst\_Sports on Twitter for updates on the action.



# Max Grossenbacher: A soccer life

#### SAMANTHA GILBERT Staff Writer

Senior Max Grossenbacher has been a linchpin for Coach Scott Palguta's squad thus far this season. From a central midfield position, Grossenbacher has amassed 9 goals and led the Tigers to a No. 2 seed in the SCAC Tournament, which will be played this weekend on Stewart Field.

### Q: How did playing soccer shape your adolescence?

A: I was born in L.A., but I grew up in Austin, Tex. and basically, from as long

ago as I can remember, I was always playing sports-baseball, basketball, but a lot of soccer. I just loved playing with my friends, but eventually, I had to choose one sport to focus on. That was hard, but it definitely shaped who I was because all my friends in middle school and high school were soccer players. We would hang out all day and practice wouldn't end until 10:30 at night... but it was definitely worth it.

## Q: Do you have any great early soccer memories?

A: I remember in 7th grade, it was the State Championship for South Texas. It was my first year on this team, and they were the highest team in the club.

We were losing 2-0 to the defending champions from the year before, and I scored a goal around the 60th minute off a corner kick. We won 3-2 and then ended up winning the state championship that year, so that a great memory from soccer.

be committed to. I played high school soccer and on the club team. It was basically my life; I was playing every day of every year.

Q: What's your favorite pre-game pump up song?

A: "Wolf Like Me" by TV on the Radio. Q: How does playing soccer tie into your general happiness?

A: In high school and especially in college, my best friends have been soccer players. Also, beyond that soccer is a great way to release frustration. No matter what's going on in a day, I can forget about everything when I get to practice and just play with my best friends here at school. That's a great way to live I think- to have something that's always there for you.

Q: What has soccer done for you emotionally, physically, and spiritually?

A: Well, I'm in shape. I'm not the most motivated person to just go lift weights or run around the track for no reason. My ideal way to get exercise is by playing soccer with my friends. As far as emotionally, it's created a web of support. All of my friends and mentors come from soccer and those are people I look up to and go to if I ever need help. And spiritually... that's a tough question.

Q: Who are your favorite soccer players?

A: My favorite U.S. soccer player is probably Michael Bradley. My favorite national player is Mesut Ozil, and my favorite female player is Alex Morgan.

Q: Do you see soccer in your future?



Q: When did you know you were serious about soccer?

A: When I got to high school, I knew it was something I was really going to

#### Q: when are you the happiest?

A: Soccer is definitely one of the things that makes me happiest. I also play a lot of music. I've been taking piano lessons since I was four years old, so it makes me really happy to play music with my friends. Those two things make me the most happy. If I need something to pick me up, I'll go to one of those.

A: Yeah, it will always be a part of me. If I ever have kids, I can see myself wanting to teach them how to play soccer and coach their teams. I'll always watch soccer on TV and talk to my friends about the greatest new goal scored. It's something that can tie people together, especially because it's the world's game.

## THEY SAID IT: GROSSENBACHER'S TEAMMATES SOUND OFF

#### "SHY, TALENTED, INTELLIGENT."

Trevor Houghton, senior

"HUMBLE, DRIVEN, FEARLESS."

Jake Battock, sophomore

"SMART, DEDICATED, AND QUIET."

Soren Frykholm, senior

Caden MacKenzie, junior

PLAYFUL."

Theo Hooker, Sophomore "PASSIONATE, WILD,

FACETED, HUMBLE."

SOMETHING ELSE."

"STOIC, TALENTED, AND

"ENIGMATIC, MULTITALENTED, CATLIKE (QUICK)."

Ryan Huettel, senior

**"RETICENT, MULTI-**

Christian Wulff, junior

## The best outdoor websites for the adventurous procrastinator

#### SARA FLEMING

Staff Writer

One of the most common predicaments facing the adventurous CC student is that of not being able to get outside. Whatever the reason—crappy weather, lack of transportation, or copious amounts of classwork— this situation can easily turn into an extremely aggravating cycle of trying to read, looking out the window at Pikes, thinking of the vast expanse of mountains in Colorado, and yet not being able to satisfy the itch to get out there.

In that case, there's only one way to turn: to the vast world of outdoor media. It may not equate to the thing itself, but reading, listening to, or watching stories about the outdoors will leave you inspired, stoked and reminded of why you love the outdoors (though, be warned: this may be detrimental to your academic life). Here are some of the best websites, blogs, and video series to look out for:

#### Adventure-journal.com

This online magazine is the jackpot of all things adventure, complete with what is in my opinion one of the best taglines/ mottos imaginable: "The deeper you get, the deeper you get." AJ was founded in 2008 by Steve Casmiro, and includes pieces on everything from climbing to backpacking to skiing to mountain biking to outdoor lifestyle, and beyond.

It features humorous essays, personal narratives, polls, and in-depth journalism on environmental issues and outdoor controversies. Think of AJ as an Outside Magazine without the macho culture and excessive gym/ fitness tips—plus it's free and available whenever you like.

Semi-rad.com

Broke Block Break

### ANNA GRIGSBY

Guest Writer

For those finding themselves extremely broke to the point of living off water and toast and maybe the occasional bowl of cereal, here is some advice for the upcoming block break. If you're dreaming of Netflix (and chill?) or laying on the quad reading a relaxing book, those both sound like do-able plans, especially if you are lacking in the financial department. But depending on the weather, have a rent-a-tent or some sort of lean-to ready for the quad.

If you feel like doing something nearby, relatively easy, and most importantly free, Red Rock Canyon Open Space is a beautiful park of 789 acres that contain ridges, canyons, and various rock formations. Think of it as the Gods' Alternate Garden. It is open from dawn to dusk and has a series of trails (trail map can be found at http://redrockcanyonopenspace.org/recreation/trails/) and at least eighty technical climbing routes, however climbers must be registered through the Garden of the Gods visitor

f

#### center.

None of the trails are strenuous, but the park is an easy 14 minute drive from campus, accessible, and simply a nice area if you wish to escape the CC bubble for an afternoon. Hopefully the warm weather continues over Block Break. I think a fall tan (or burn) is in order.

Another option if you're looking forward to cooler weather is "Skate at the Park." It takes place at Acacia Park, in downtown Colorado Springs. If you want to hone your skills and dominate your next intramural ice hockey match, stop by the outdoor rink, times are listed at http://www.downtowncs.com/experience-downtown/skate-at-the-park. html).

I hope everyone enjoys this upcoming block break and puts their time to good use, whether that means relaxing in your cozy bed, flying down the slopes of Breckenridge, hiking the trails at Red Rock Canyon Open Space, or perfecting your ice skating skills to win the IM ice hockey championship. This is the blog of one my favorite outdoor writers, Brendan Leonard. According to the about section, "Semi-Rad is enthusiasm for things regular folks can do, adventures for the everyman and woman. It's a web site for those of us crushing it, kind of."

The web site, true to its creed, is not another glossy feature on the latest trend or the biggest names in the outdoor world: it's about real issues for the average person who loves the outdoors, and Leonard's writing is the perfect blend of humor, vision and sentimentality, adding up to something you can actually relate to. Must-read pieces include: "11 Ways to Make that Chairlift Ride Awkward," "The Dawn Wall and the Idea of Wasting Time," and "Pooping in the Outdoors: A Flowchart."

## Eveningsends.com

This mecca of "inspired climbing sto-

ries" is an excellent source for stoke about the climbing world (they even have a column called "The Daily Stoke"). In addition to articles about relevant climbing issues (i.e., "Why the Dawn Wall Broke the Internet"), one of this website's best features is "The Day I Sent," a collection of vivid narratives of specific climbs written by everyone from the Average Joe to Chris Sharma.

If you don't climb, this is the website will make you want to learn, and if you already climb, it will make you want to pack up your gear and drive to the nearest crag no matter time of day or season. **Dirtbagdiaries.com** 

## A production of Duct Tape Then Beer,

The Dirtbag Diaries are a collection of podcasts about the life of adventure, from the people that live it. Perfect to listen to while exercising or driving, these stories will both inform and inspire.

## First day of the season: Early turns at A-Bay

SONYA PADDEN Guest Writer

As someone who has never skied outside of their home resort, I was a little bit unsure of the entire Epic Pass and the experiences it would bring. Yet my apprehension



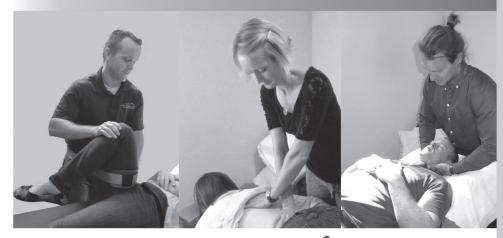
quickly diminished as we drove out early Saturday with a playlist of classic rock and a stoke level that was probably slightly un-proportionate to the one short run that was waiting for us on the other side of Loveland pass.

Once we arrived and parked, it was time to deal with some of the struggles that come along with the first day of the season. These include the awkward adjustment to walking in ski boots again, finding multiple cliff bar wrappers and empty chapsticks in your ski jacket, impatiently waiting in line to get your pass (which can be avoided by getting it sent to you), and dealing with the irrational fear that once you get off the ski lift your body won't remember how to ski.

These small struggles pay off. The lift line, although a little long, is a fun environment and offers a nice break after the first thighburning run. The laps are quick but rewarding and you realize with relief that maybe you haven't lost all of last season's skills. There were mild mogul lines down the middle, and even a set of rails on the side if you are into that sort of thing. The overall snow conditions exceeded expectation, providing a comfortable coverage that didn't inflict severe damage to your skis, like I have come to expect from early season. There were lots of people, but with that I was reminded of the large skiing culture I have always loved and that which I had missed during the summer season. It was so exciting to be back in the mountains and to experience the beautiful Arapahoe Basin area. Although the dreams of endless face shots and gnarly vertical are not a possibility yet, they are definitely in sight (both literally and figuratively).

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What is manual therapy?



Peak Performance Physical Therapy

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**CC Happenings** p. 20

# American Falls: Art of the fallen

ABE LAHR Staff Writer

Phil Solomon's installation "American Falls" is currently showing in the IDEA Space at the Cornerstone Arts Center. Solomon, a professor of film studies at the University of Colorado Boulder, worked on American Falls for 12 years, receiving the commission from a Washington D.C. museum in 2000 and finishing in 2012.

Solomon's installation projects a succession of images and sounds, but not in the traditional narrative form. Solomon says he doesn't have a clear message he's trying to communicate, otherwise, "I'd probably just say it." He uses film because the metaphors it presents "act in ways where words fail. There's no way for me to describe the images in this work with words." Instead of a message, he says, "There are some inferences I'm making that have to do with the quality of the image, and also the juxtaposition of the image."

American Falls "is about the fallen," said Solomon. "It's a memorial to the dead." Which is fitting, as the piece was commissioned by a museum in Wash-

ington, D.C., a city with an abundance of memorials to the fallen. The piece also raises questions about some of the foundations of American society, such as democracy and capitalism, and how they relate to the fallen.

Solomon uses a unique style to communicate his meaning. Most noticeable in the installation is a triptych. A triptych has three screens, which allows for the juxtaposition of images he believes can make meaning together. These images and short videos probably don't look like anything you've seen in real life; that's because he treats them with a solution he invented that distorts the image. It is profound and difficult to describe, and in itself warrants a look at the film.

"At one point I juxtapose a hand holding a old fashion pistol," said Solomon, "and you just see the hand on the ground, and you see a ten dollar bill [on a different screen], with Alexander Hamilton's picture on it. And so there's a reference to capitalism and the treasury and Alexander Hamilton." This relates back to the inferences mentioned above because, "my piece is called American Falls. It's about the fallen. It's basically a memorial to the dead. If you go further into your research you would see, 'Ah!

Alexander Hamilton is an American who lin Delano Roosevelt. "We have come to fell.' You might know he's an American who fell in a duel with Aaron Burr. It's not maybe immediately apparent, but on the third viewing it might be apparent." At another point in the installation, Solomon juxtaposes the image of George Washington with that of a slave. "We're all used to thinking of George Washington as not even a human being. And the image melts. And then I show you an African American slave. Now that's a simplistic juxtaposition. But my God is that profound. You tell me how that's possible by our contemporary morals and understanding of slavery. It seems impossible to imagine, but it was."

Solomon distorts both the images and accompanying sounds to question our illusion of clarity. "I express my own doubt in the iconography [of American history]," he said. "For example, I show John Kennedy. What do I know about John Kennedy? I only know the images I was given by the news, by the press. I don't know John Kennedy. But I know the media image of John Kennedy." The distortion makes the subject of the image ambiguous, which, to Solomon, demonstrates the ambiguity of American history, and consequently the ambivalence he feels towards the fallen, such as Franklearn that even someone like FDR, who's a hero to me, was a complex man," said Solomon. "There are historians who say FDR knew about Pearl Harbor and let it happen. And as much as I love what I know about FDR, he also didn't let the Jews in the country when they wanted to come in. Again, every single figure in the film has ambiguities and ambivalences, which I have complex feelings about."

American Falls depicts images from every period in American history. It is unlikely someone will understand every reference the installation makes, which Solomon hopes will lead them to researching whatever depiction was unclear and realizing its complexity.

Instead of presenting a message, Solomon asserts he is asking a question: "Whither America? Where is America going?" The ambiguity and the juxtapositions of the portrayals in the installation force one to question the prevailing conceptions of American society, which raises the question: Is the United States going in the direction we think it is?

American Falls will be on campus through Dec. 1, with a lunch and lecture with Solomon on Dec. 2. It will play on a loop from 1 to 6 p.m. Monday through Saturday in the IDEA Space.



# **NICK'S PICKS: AS PER REQUEST**

NICK DYE Staff Writer ibly high pitch. Newsom's sound is defi- ists like Misterwives, Clean Bandit, and nitely old-fashioned, with folksy sounds of the '60s and '70s as well as medieval and classical tones. The selections on Divers are long and shape shifting, as the sound you start with may change by the end of the song. Divers maybe one of the sleepiest and most relaxing albums of the year. The album lulls you with its pleasant harps and soothing vocals. Newsom reflects on the power of love and how her marriage to Samberg makes her think of fate and true love.

Years & Years have made.

On his debut album, Dopamine, BØRNS proves himself to be an interesting voice in the genre of pop with equal use of synths and guitars. Similar to Newsom, BØRNS voice is extremely high. The music certainly is fun, but the songwriting is lacking. "The oceans of waters," is an actual lyric that makes you question the singer's intellect. Overall, Dopamine is a fun pop record, but not a great one. It's good to hear an overwhelmingly positive album in the genre after the onslaught of the Weeknd's brooding, but the complete package fails to excite.

Theophilus London's "Big Spender," and RiFF RAFF's "Dolce & Gabana."

While it is good to be an iconoclast in a burgeoning genre, Carnage's music ends up feeling like a gimmick. Papi Gordo or "fat daddy," is a lackluster package. There are a few gems specifically with Altantan trap stars like "Bricks" with Migos and "I Like Tuh" with ILoveMakonnen that are fun turn-up songs. But much of the album feels either messy or generic. "The Mud," with rapper OG Maco is enough of a disaster of noise and sound layering to cause a headache. "WDYW" sounds like a ripoff of A\$AP Ferg's "Work," which is even stranger because Ferg himself is on it. The majority of the rapperless songs sound like every basic EDM song ever made. There becomes a point on Gordo where it seems that the same song has played five times in a row. Carnage has the appeal to make better hip-hop focused EDM, which would actually be interesting. Unfortunately, he spends the majority of the album fitting in with the rest of the genre. Whoever recommended this album, sorry, but this album is one of the year's weakest.

Sometimes, it's hard for this critic to figure out what to review. 2015 has seemingly hit a lull. In the past few weeks, no albums have gotten much traction. So, you, CC students, chose the week's albums. On the anonymous social media app Yik Yak, a few of you chose to help The Catalyst out with your recommendations. Here are a few recent albums:

### Joanna Newsom – Divers (8.2/10)

Joanna Newsom is a harpist and indiefolk singer. For people who have not heard of her, she is most notably the wife of comedian Andy Samberg. She also narrated the Paul Thomas Andersonfilm "Inherent Vice." Divers is her fourth album after three critically-acclaimed ones.

The first thing I noticed about Divers is Newsom's voice. She sings at an incred-

Thank you to "Acorn" for this lovely recommendation. If anyone is sleeping on this album, it's probably because this album has actually lulled you to dream land.

## **BØRNS – Dopamine (6.5/10)**

BØRNS is the stage name of Garret Borns, who is an American despite using the Scandinavian slashed O. It seems that he is trying to appear European from his sound and style. His style is a very similar electro-funk-pop that art-

#### Carnage – Papi Gordo (3.7/10)

Carnage is an American EDM/Trap producer. He is a black-hispanic DJ in a predominately white genre and making appearances at the major festivals like Ultra and Electric Daisy Carnival. Notably, his music has an appeal to rappers where the majority of EDM songs invite pop and R&B singers. He produced A\$AP Rocky &

# **ASK ANDY: TINDER TO BONFIRE**

Welcome to Ask Andy, The Catalyst's advice column. Every week, Catalyst readers send Andy their questions about their problems in love, and Andy responds with wit, wisdom, and the occasional hint of sass. If you have some problems of your own you need to sort out, feel free to send Andy an email at askandyquestions@gmail.com.

## Dear Andy,

I'm a freshman girl at CC, and I'm still feeling new to the hook-up scene here on campus. I can't find a good guy at drunken house parties, and my classes have no cuties, so I'm looking to turn to online dating apps. So, I got to ask: Tinder or Bumble at CC - which would you recommend?

Love, Single & ready to mingle Dear single & ready to mingle,

Undoubtedly, getting your hands on some delicious man candy can be troublesome. In fact, sorting through fukkboiz alone can be a grand task. So, now comes the question: Do you want to approach or do you want to be approached? Bumble, sometimes called the "classy Tinder," works by only letting girls approach guys. Tinder, "trash Bumble," lets either person approach one another. So basically, if you have the ovaries to approach guys on these apps, I say go with Bumble. Even though less people are on it, the men you find are A1.

Always, Andy

## Hi Andy,

I'm a sophomore male at CC. I made a joke tinder account under the guise of a 75-year-old woman living in the springs. My fake name is Betty. My purported interests include cats, chamomile tea and bondage (oxford comma excluded because the two go together). I'm a bit of a prankster. The thing is, I matched with a kindly 70-year-old man named Joseph. I started talking to Joseph, mostly just being flirty because—you know—why not? But Joseph started opening up to me. He recently had to put his cockerspaniel, Matisse, in a home. He's a recovered alcoholic who still plays an active part in the Springs' AA community.

His passions are numerous and deep: He loves to paint, among other creative pursuits. He sends me pictures of his paintings. No joke, they're f\*cking masterpieces. Mostly impressionist stuff. Paintings of children playing in yellowed Colorado aspens. Paintings of his house, which is a light blue and peeling at the corners. A self portrait that brought me to tears. My point is...I'm in love. What's worse, I've concocted an intricate life story for myself. I mean, for Betty. You see? I'm getting lost in the fantasy.

Betty worked as a Nurse back in 'Nam. Her husband ran a pharmacy for thirty years, but he died from a stroke last year. Betty's been traveling the world since he passed. She went back to Vietnam late last year to study Buddhism under thich nhat hanh, a legendary monk. She just returned to Colorado Springs in August in order to help out the community that raised her. I digress, perhaps. Anyway, we're going to bingo next Friday at 5:00 PM. I can't wait. It takes me an hour to fall asleep every night because I can't get his profile picture out of my head.

Well, Andy. What do I do?

Sincerely, "Chris"

## Dear "Chris,"

Oh man, this one is a doozy. Well, first off, I think that you should take down your Tinder page immediately—for the sake of Betty's relationship and to cover your own ass. Next, get ready for the big reveal. If you feel like you really have a connection with this guy, maybe he can see past your 'hip' ways and rejuvenated skin and really accept you.

Start by maybe telling him that you have some shocking news or a surprise or something and tell him that your love for him is genuine, even though you haven't been. Email him, call him, send him smoke signals—but make sure you have some way to tell him. The big unveiling will be hard, but I think that there's a craze-amazing chance that you two could work this out.

From what I read, it sounds like you two have a good connection, even though it all started as some flirty entertainment. My guess is that you two could spend many romantic nights dreaming of the aspens in each other's embrace. Enjoy the years you may have left with him and live it up—who knows, he very well could be Grandpa Right.

Always, Andy

## **WEEKLY WELLNESS: PRACTICING GRATITUDE**

KELSEY ZEIKEL Staff Writer Likewise, everything you experience comes down to a series of choices you have inherently made based on per-

will actually illicit greater, more joyful experiences.

You might realize when focusing

Once you are able to allow your mind to try to replace some of the negative thoughts in that setting, you can then work to replace the patterns and scripts that may have been in place for years. This is most definitely a journey and not something with a clear finish line. Attracting abundance

As humans, we are constantly faced with the feeling of wanting more and never having enough. Inviting feelings of happiness and abundance are ways that lead

us to living more gracious, happy lives. The ultimate projection of this positive energy both inward and outward has the ability to create desired outcomes.

Sometimes when

it seems hard to feel grateful, whether in the middle of a hectic day or receiving terrible news, it is important to tell yourself you are in control of your thoughts. You direct where your focus goes, how you see reality and ultimately how you respond emotionally. ceived circumstances and constructed thoughts. Therefore, we all must take accountability and believe we are responsible for how we feel even though it may seem hard.

After we begin to recognize our powerful role in our lives and emotions, it is logical to suggest we can work on attracting more wanted outcomes and overall enjoyment of daily life. Isn't that what everyone wants?

joyment of daily

After we begin

role

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in our lives and

emotions, it is

logical to suggest

we can work on

attracting more

wanted outcomes

and overall en-

powerful

life. Isn't that what everyone wants? An easy, very meaningful exercise to

practice gratitude is really something as simple as making a list. Sitting down and filling a sheet of paper with everything you are grateful for, in the moment or over time. Focusing on what you believe is good in your life, your attention on the good things, the negative thoughts may dissipate. You may find you don't have room to sulk and wish for a different life. The process of making these lists, in your head or on paper, often

gets easier and

easier to the point

where you are able

to go back to simi-

lar thoughts. For

note of your cur-

rent health state,

the fact that you

are able to sleep in

simply happening.

ily/friends in your life.

taking

a bed at night or the wonderful fam-

At the core of this exercise is really

helping you slip into a mindset where you see your life for what it is—good

and whole. Everything thing in your

life is neither bad nor unending; it's

example,

You might realize when focusing your attention on the good things, the negative thoughts may dissipate. You may find you don't have room to sulk and wish for a different life. into your life is about intention and practice.

Lastly, without this conscious effort to direct the way our mind works, we are left with our minds running wild and believing we have

little to no control over our lives. It's "someone" that wants us to suffer and experience hardship. But, that's not it at all. Just keep looking and you will stumble upon good... it might just be right in front of you. Trust and believe in your ability to change your perspective.



"Sicario" brings the viewer very in-

timately into a world we know little

about, and explores the drug war in

a way that questions modern terms

of engagement and the government's

role in modern warfare.

#### THOMAS CRANDALL Staff Writer

Guerrilla warfare in film demands a well-crafted sense of uneasiness, and the newest "guerrilla war" movie "Sicario" does just that. Directed by Canadian filmmaker Denis Villeneuve, the movie portrays the messiness of drug warfare at the U.S.-Canadian border by following one FBI agent's enlistment (Emily Blunt) in a government task force. Villeneuve (known for "Incendies" (2010), "Prisoners" (2013), and "Enemy" (2013)) uses brown and beige colors well to depict the Mexican landscape, showing a drug underworld without clear order. "Sicario" seems messy, but its ambiguity is its strength; rather than define the drug cartel world from the inside, Villeneuve accentuates the U.S. forces' struggle to find order, and use of chaos instead.

A struggle to define the rules of engagement becomes apparent by how violence is seen by the characters. Blunt's character (Kate Macer) initially engages in the drug war as an FBI agent, acting on official protocol. She is very close to the action, seeing her aggressors eve to eve as soldiers. Yet as she goes deeper into the war, her role becomes more ambiguous. She gets wrapped up in a larger group of "advisors," a government task force separate from the FBI. Legality soon becomes, as you may imagine, complicated. Shootouts occur based on suspicions or glimpses of guns in the backseat of a car

stopped at the border. Cars, windows, and dust obstruct clear images of an aggressor, effectively communicating the messiness of the drug war; the cartel may have a

boss, but determining the "soldiers" is incredibly difficult. Macer even notices a cartel member in their car's side mirror, making it seem as if a threat can come from anywhere.

In addition to using barriers to obstruct clear delineations of "sides," Macer and her fellow agents also view drug violence from a distance. Following an intense, intimate gunfight that day, one of the task force agents invites Macer to climb on a roof overlooking the city of Juarez, Mexico, where most of the drug violence occurs. They see explosions, hear the peppering of gunfire, yet, unlike before, this violence has no face. Like the agents, the movie suggests we can't understand the true nature of drug warfare, just that it happens. The film takes this distance to an extreme as their mission progresses, watching some scenes through a heli-

> copter's thermal camera as it separates the soldiers in white contrast to a dark, black landscape. Seeing violence both intimately and from afar creates a great sense of unpredictability,

and "Sicario" does well to create incredible suspense in anticipation of violence, versus the violence itself.

There is gore in this world, but it is viewed briefly often without explanation. As Macer first enters Juarez, the city most well known for notorious drug violence, she sees its atrocities from their car, moving quickly past them. Mutilated bodies hang under a bridge, posters of missing children are taped onto cement buildings; like Macer, we don't get any explanation for why these atrocities happen. Tortures also occur, but we only see the aftermath, or in one instance hear it as the camera looks down a drain in the middle of the room. Villeneuve brings distinct attention to violence, but then quickly moves on, as if life around the border accepts the drug war as inevitable. Soccer games go on, families cope, and people adapt. The sounds of the movie model this sense of life going on, often using mostly background sounds to convey the film's most tense moments. Lack of music, or just hearing crickets, become terrifying as we wait for the inevitable violence to unfold.

"Sicario" brings the viewer very intimately into a world we know little about, and explores the drug war in a way that questions modern terms of engagement and the government's role in modern warfare. Sides are ambiguous, and the "enemy" isn't always clear. Villeneuve effectively brings attention to atrocity without defining it, instead asking the honest question, "what are the implications of addressing something we can't explain?"

"Sicario" is playing at various times daily at Tinseltown, with student prices on Tuesday. Check back next week for the new, highly anticipated installment of the Bond series, "Spectre."

## President of Hobby Lobby under fire for importing illicit Iraqi artifacts for 'Bible Museum' opening in 2017

### NIYAT OGBAZGHI Staff Writer

Steve Green, the president of Hobby Lobby, one of the largest arts and crafts stores in the country, has set his plan into motion to open a colossal Bible museum in Washington, D.C. by 2017. As stated in Newser, the museum will cover over 400,000 square feet and will contain over 40,000 artifacts, objects, and biblical texts. The problem? Many of the artifacts that will be placed on display in the museum are illicit Iraqi artifacts that had been illegally importone looking to bring in artifacts that should have never left their country of origin may have purposefully undervalued the antiquities so they could be smuggled in to the U.S."

An anonymous source confided to the Daily Beast that many of these artifacts were marked as "hand clay tablets" on their FedEx forms and were estimated to cost around \$300 each. As a result of utilizing these tagged prices, the museum is completely undervaluing the artifacts' correct worth and concealing their identification as the cultural in-

## REI decides to #OPTOUTSIDE on Black Friday

## MAYLIN CARDOSO FUENTES Staff Writer

With the start of the holiday season and Thanksgiving rapidly approaching, so are the impending Black Friday sales. As one of the most profitable days of business year, Black Friday forces many stores to stay open and sometimes even commence shopping before the break of dawn. However, REI, popular outdoor equipment and fitness retailer, is opposing this profitable business tradition by deciding to close all of its 143 stores across the country on Nov. 27. This action was motivated by its surfacing trend called "#OptOutside," which encourages its active members to spend the day after Thanksgiving outside, exploring the natural world around them instead of spending great amounts of money after appreciating all the things and people they are grateful for. This means that all REI retailers, including the online shopping site at www.REI.com, will be closed and employees will get a paid day off. While this move might be a humanly ethical play on REI's part, it does not mean the same for its profits. "Black Friday historically is the most important retail day of the year," said Ron

Friedman, the head of the consumer goods group at Marcum LLP. "It's like a national holiday." For most retailers, the sales provided on Black Friday usually turn the day into one of the top ten sales days of the year, as 86.9 million people indulge in the "holiday," according to the National Retail Federation. This makes REI's decision to close on Black Friday one of the boldest moves in the business world. However, REI justifies this by upholding its set of values of enforcing a healthy, outdoor life over profit.

While many customers agree with and even demanded for this decision. whether this tradition will disseminate is uncertain as REI is in a great economic situation to pursue this option. Other companies and retailers, however, are not, and greatly rely on Black Friday sales to stay afloat and grow. This causes a conflict for businesses that have to choose to stick by their values or to gain more money. This decision does not only affect businesses but also customers. Many people, especially those in not-preferable economic situations. rely on the booming Black Friday sales to shop for the holidays. REI's move of "opting outdoors" is definitely the ethically preferable choice, but will this new attempt at redefining American traditions spread or remain at a standstill?

ed from the Middle East and shipped to Green's home base in Oklahoma in 2011.

According to USA Today, "clay tablets, thousands of years old and inscribed in ancient cuneiform" that were sent to Green's residence in 2011 will decorate the D.C. gallery in 2017, along with tens of thousands of other ancient artifacts. Carly Summers, the head of the D.C. museum, told reporters that the only issue concerning the Iraqi tablets that were brought into the museum was that there was "incomplete paperwork" attached to them. However, other sources such as the Daily Beast were quick to point out that a minor logistical problem such as incomplete paperwork would not have drawn on for this long and turned the problem surrounding the Iraqi artifacts into the controversial issue that it is today.

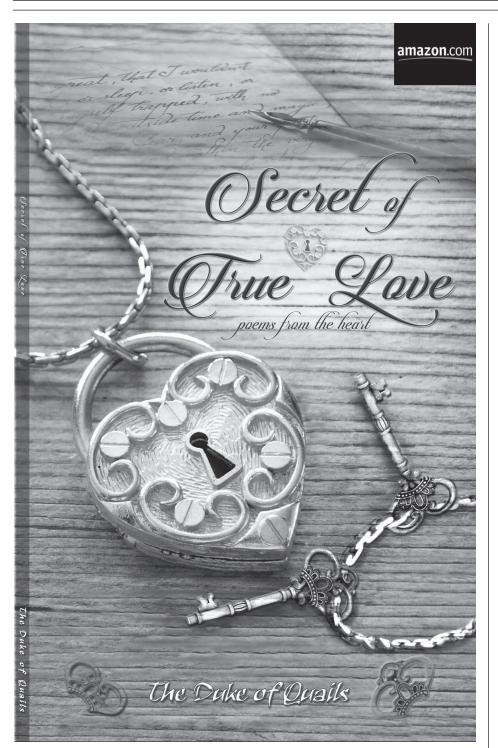
"Instead," quoted USA Today, "some-

d heritance of Iraq.

"It's just morally wrong," said Samrawit Fesshaie, a first-year student at Colorado College. "It's not right."

As stated on the Newser website, Steve Green has spent millions of dollars on ancient manuscripts, including a partially complete book of the Psalms written on Papyrus paper. When asked about the Iraqi artifacts, Green claimed that while many of artifacts may have been illicitly imported from the Middle East, he did not know it at the time that they were imported to his home base. An investigation is currently taking place on Hobby Lobby and the illegally imported artifacts.

"I think they should be giving the artifacts back to where they belong," says Cristina Garcia, another student at CC. "If it's only for monetary purpose, I would say that it's offensive. They are using cultural appropriation." Stumped? Confused? Need advice? Ask our new columnist, Andy! Submit your toughest life questions to askandyquestions@gmail.com



## The Catalyst is looking for a layout editor. To apply, email taylor.steine@colorado.college.edu

## **BRUNETTES ON BOOKS:** 'Missoula' by Jon Krakauer

#### KRISTI MURRAY & BECCA GASPERONI Staff Writers

Jon Krakauer's adventurous, morally driven, and action-packed non-fiction has captivated many Colorado College students since "Into the Wild" first inspired them in high school. Some students go so far as to say that the book changed their lives, inspiring them to live simply and in pursuit of adventure. The cult-like following that Krakauer has accumulated during his career is attributed to his simple, Hemingway-esque, action-driven prose. After releasing "Under the Banner of Heaven,"

Krakauer seemed to take a departure from his earlier work, using his journalistic strength to uncover truths about one of America's darkest crimes. His recent book, "Missoula: Rape and the Justice System in a College Town," was another departure from his usual tales of outdoor adventure

and has been received somewhat contro-

The book is an exploration of college rape at the University of Montana between 2010 and 2012, including an investigation of 80 sexual assault cases in Missoula during this time period. Krakauer explores the attitude of "boys will be boys" after he interviews several detectives and police officers about their opinions on these issues. Krakauer cites that the police chief sent out an article to female students following an alleged rape, claiming that research has shown that 45 percent of rape accusations are false. Krakauer debunks this claim through interviews with scholars, demonstrating that this number is closer to eight percent.

Krakauer interacts with a few specific cases of alleged rape in the town, includ-

ing the rape of Cecilia Johnson, a controversial case because her alleged offender is a member of the college's football team. With rape and sexual assault on campuses gaining attention in the national media and here at CC, Krakauer's book is an interesting look into a truly controversial topic. As a reader, you find yourself hoping that he will come to a shocking discovery in an interview with one of these women and hopefully gain justice for the many women who have been the victims of these crimes.

Much of the book, however, is told through the lens of court transcripts and recordings of interviews rather than in-

The book is an exploration of college rape at the University of Montana between 2010 and 2012, including an investigation of 80 sexual assault cases in Missoula during this

in Missoula during this time period.

terviews with the women or alleged offenders themselves. Krakauer does not paint a picture of what it is like to be a student at the University of Montana or the social factors that undoubtedly contribute to these crimes and allegations. For this reason, Krakauer's book and opinions feel rather forced.

He seems to gather his own views from cold legal proceedings rather than interactions he has experienced with students or victims themselves. With college rape becoming so prominent in the national media, a book that sheds light on the victims stories as told from those involved would have provided a more moving and empowering lens into this issue.

With that being said, Krakauer's book is still successful at bringing to light an issue that is sweeping national headlines. From the perspective of college students, the book is an important view into the status of sexual assault on a campus other than their own. While the book is a far leap from the emotional character portrait of Christopher McCandless, it is an interesting piece of journalism that is an intriguing commentary on contemporary issues facing our generation.

# Go home: Admissions made a mistake

ALYSSA MAVOR Staff Writer they're not good enough or that they don't belong. According to Forbes, even Nobel Laureate Maya Angelou once said, "I have written 11 books, but each one who knows the truth. The next symptom is attributing success to luck or other external reasons. This category includes people who refer to their Set the bar at a realistic goal for your-

all of the success you've achieved along the way, said Margie Warrell of Forbes. Set the bar at a realistic goal for yourself. Next, own your success. Give yourself credit for the things you've worked really hard for. Being proud of your successes does not make you automatically hubristic. Additionally, try reducing the time you spend on social media. While social sharing has its perks, overuse of sites like Facebook, Instagram, and Tumblr lend themselves to the evil of comparison. "Comparisons are always subjective, often biased, and rarely helpful," Warrell said. We tend to diminish our own accomplishments when we compare them to others', and that is counterproductive to our own happiness.

Do you ever get the feeling that some day people are going to find out that you're not as intelligent or thoughtful or adventurous as you've led them to believe? Does it ever cross your mind that someone might discover that you're a fraud who shouldn't be gracing the halls of this fine campus? You're not alone; in fact, it is believed that up to 70 percent of students have felt this way at some point, according to Forbes. It's called imposter syndrome.

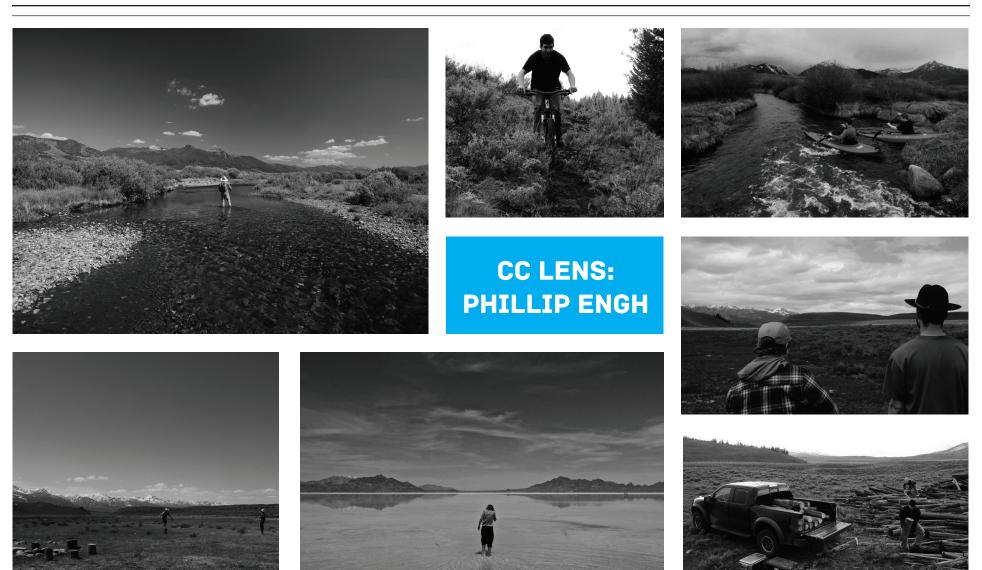
Imposter syndrome was first coined in 1987 by clinical psychologists Pauline Clance and Suzanne Imes. It refers to the idea that people are unable to accept their own accomplishments even if they are very talented, according to Mollie Goodfellow in The Independent. These feelings can occur even when all evidence points to the contrary. Many famous movie stars like Emma Watson and Kate Winslet have admitted to feeling fraudulent on set and thinking that time I think, 'Uh oh, they're going to find me out.'"

Feeling fraudulent for a period of time is incredibly common, especially in the transitional phases of our lives including starting college, going to graduate school, and beginning our first professional jobs. It's the thought that an observer of your life knows the truth about how you don't belong and has the power to reveal it, just as Toto reveals the man behind the curtain in The Wizard of Oz, said professor of psychology Tomi-Ann Roberts, College kids might think they were accepted into their university by mistake and that someone is soon going to inform them they've been found out.

The syndrome manifests itself in three ways, according to the counseling department at Caltech. First is the feeling of being a phony undeserving of success. This comes with the fear of being discovered or "unmasked" by someachievements as "just getting lucky." The third category is discounting success entirely. These people might attribute their good grade to an "easy class" or just shrug it off. Likely, most people will fit into one or all of the categories or will know someone who does.

Why do we feel this way? Perhaps it's because we've developed a persona, or a side of ourselves we show to the world, and we feel lonely thinking we're the only one who isn't pulling our persona off very well. "What we forget is that everyone is feeling the same way," said Roberts. Additionally, our society today places so much emphasis on developing our self-esteem that it can be crippling. Many times, noted Roberts, we refuse to try new things because we are so afraid we will fail.

Fortunately, there are many ways to combat these self-depreciating feelings. Firstly, it is important to release goals of perfection. You don't have to be Above all, said Roberts, employ selfcompassion. It takes practice. It takes courage. Loving yourself and being kind to yourself allow you to recognize that you've made it this far based on your personal accomplishments, whether or not anyone knows about them. If you want to belong here, you do.



## **CC HAPPENINGS**

## **Friday**

## 12 - 4 p.m. **Native American Student** Union Fair (Worner Quad)

6th

## 12 - 1:30 p.m. Stratton Series: Do What You Love:

The Career Center hosts Mark Levy, the Head of Employee Experience at Airbnb. Levy will speak about the importance of working for a mission driven company and being passionate about what you do and the company you want to work for. (McHugh Commons)

## 2:30 p.m.

**Fearless Friday Seminar** The Department of Mathematics and Computer Science presents: "The Central Limit Theorem: More of the Story" with Steven Janke, Colorado

## 6 p.m.

**Crepe Night** Enjoy French crepes with a variety of sweet and savory toppings. (French House)

#### 7:30 p.m. **Opera Scenes**

Vocal students bring scenes from the operatic stage to life, under the direction of Ann Brink and Dan Brink. (Packard Hall)

### 8 p.m. Home – Bella Egizi, Senior Thesis

An adaptation of the concept album by Gavin Castleton, exploring the art of adaptation in order to better understand how the essence of a story translates across performance mediums. (Celeste Theatre)

## **Saturday**

2:30 p.m. Dance Workshop: Still Standing

(Armstrong Hall)

## 5:30 - 8 p.m. SASA Diwali - Celebration of LIghts

Celebrate one of the biggest festivals of India and Nepal. Free Indian food, Bollywood dancing, a candle light ceremony, henna, and much more. Free tickets are available at the Worner Desk. (Bemis Great Hall)

## 7:30 p.m. **Opera Scenes**

Vocal students bring scenes from the operatic stage to life, under the direction of Ann Brink and Dan Brink. (Packard Hall)

## 8 p.m. Home - Bella Egizi, Senior Thesis (Celeste Theatre)

## **Monday**

6 p.m. **Zen Meditation** (Shove Side Chapel)

### 7 p.m. Visiting Writers Series: Jonathan Wells

**9**th

10<sup>th</sup>

Jonathan Wells, poet and editor, will present as part of the Visiting Writers Series. His books include "Train Dance," "The Man with Many Pens," and "Third Rail: The Poetry of Rock and Roll."

(Gaylord Hall)

## **Tuesday**

## 5:30 p.m. Qi Gong

energy (chi).

Learn the meditative movements, sound and visualization used to gently cultivate healing

5 – 7 p.m.

(Shove Side Chapel)

Walk in U.S., Talk on Japan Ken Shimanouchi, the former Japanese Ambassador to Spain and Brazil will be speaking. Under the auspices of the Cabinet Office of Japan, he is on tour with four others to talk about Japan in the present day. Please RSVP for this dinner event: eventsintern1@coloradocollege.edu or (719) 389-6935. (Gates)

## **Saturday**

## 8:00 a.m. **Rocky Mountain Women's Film Festival**

14<sup>th</sup>

The Rocky Mountain Women's Film Festival is the longest running women's film festival in North America. It showcases documentary, narrative shorts and animated films that are thought-provoking and enriching. Tickets are available at the Worner Desk, first 40 student passes are free. (Fine Arts Center)

7 p.m.

## Film: Double Feature: "Sherpa" and "Duke Riley Goes to China" Join the Rocky Mountain Women's Film Festival for an exclusive screening of "SHERPA." Renan Ozturk '02, who discovered his passion for climbing while at CC, is a globally recognized expedition climber, landscape artist and filmmaker, and the high altitude cinematographer and director

College. (TSC 229)

## 3:30 p.m. "Psychoanalysis and the **Treatment of Severely Disor**ganized Souls"

CC graduate Heather Churchill '07 will describe her journey to working in the most famous psychiatric hospital in America. (Gaylord Hall)

## 4:30, 5:30 p.m. **Dedication of the Mohrman** Theatre

Reception followed by dedication of the Mohrman Theatre, celebrating the first female college president, Kathryn Mohrman. (Armstrong Hall)

8 p.m. Dance Workshop: Still Standing

Student-run and -choreographed performance event. (Armstrong Hall)

## 9 p.m. The SOCC's 10th Block: Ursa/ Cisco/Xander

The SOCC hosts a night of music at Wooglin's. There will be a limited kitchen with chips, salsa, and sandwiches. Beer, wine, and non-alcoholic drinks for sale during the event. A limited number of tickets are available at the Worner Desk. (Wooglin's Deli)

9 p.m. Dance Workshop: Still Standing (Armstrong Hall)

11 p.m. Almost Midnight Breakfast (Rastall)

Sunday

8 p.m. Home - Bella Egizi, Senior Thesis (Celeste Theatre)

## 9 p.m.

Story Slam: Lost and Found Listen to peers tell funny, sad, heavy, and light stories on the theme of Lost and Found. (Taylor Theatre)

### 7:30 p.m.

The Complete Sonatas for Piano and Violin by Beethoven CC violin instructor Jerilyn Jorgensen joins with pianist Cullan Bryant to present the complete collection of Beethoven sonatas for violin and piano, concert I. (Packard Hall)

of "SHERPA." Tickets are available at the Worner Desk, first 40 student passes are free. (Main Space, Cornerstone Arts Center)

#### Sunset

**Colorado Springs Lantern Fest** Tickets available for purchase at http://www.thelanternfest.com. (Pikes Peak International Raceway)

#### 7 p.m.

## "Native Women Writers: a Craft Talk"

Janice Gould reviews the craft and practice of several Native women writers: Joy Harjo, Linda Hogan, Luci Tapahonso, and Ofelia Zepeda. (Mountain Fold Books, 121 E Costilla St.)

## 8<sup>th</sup>