

THE CATALYST

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Madelyn Santa sits down with Skylor Morton, Residential Life Coordinator of the Western Ridge Apartments, to discuss bow ties, his a capella career, and living at CC with his wife.

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CC's Sexual Misconduct Climate Survey results are in, showing that students feel respected by staff but unsafe at off-campus parties.

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The follow up: What's the next step in building an on-campus music venue? Eboni Statham takes a look at balancing student desires with logistical concerns.

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BEYOND BOARDING

Snowboarder and activist Tamo Campos illuminated issues of environmental justice in North America to an eager audience on Tuesday.

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Photo by Emilia Whitmer

Colorado Springs citizens protest proposed "Sit-Lie" ordinance

MONTANA BASS
Staff Writer

In a crowded city auditorium on Thursday, Sept. 3, impassioned citizens of Colorado Springs stood up to voice their opinions on the proposed "Sit-Lie" Ordinance.

Councilmen Tom Strand led this public meeting to discuss the ordinance, which would make it illegal for

people to sit or lie in the sidewalks or streets of the downtown area during daytime hours. He was met with a list of over 30 speakers, most of whom objected to the ordinance, largely on the basis that it targets the homeless.

To open the meeting, Strand explained that the ordinance addresses the public right of way and citizens' freedom to walk anywhere they de-

sire. People loitering on sidewalks, he feels, threatens the safety of pedestrians and inhibits downtown business.

Strand foresaw public objection to the stiff penalties printed in the draft of the ordinance.

"Can we change this fine from \$2500 to \$500? Yes," said Strand.

SIT-LIE: Page 4

U.S. Ambassador to Mozambique visits Colorado College

HELEN GRIFFITHS
Staff Writer

This Monday, a group of around 30 Colorado College students gathered in the political science seminar room for a talk with the current U.S. Ambassador to Mozambique, Douglas Griffiths. Ambassador Griffiths has served in Quebec City, Canada, Lisbon, Portugal, Geneva, Switzerland, Rabat, Morocco, Guayaquil, Ecuador, and most recently in Maputo, Mozambique.

In Washington, Ambassador Griffiths worked on the South Africa desk during the country's transition to democracy. His talk was followed by a question and answer session as CC students examined American foreign policy, democracy promotion, and diplomacy.

"Ambassador Griffiths' life lessons from a long career in the Foreign Service helped shed light on the ups, downs, challenges, and rewards of

work in international diplomacy," said senior Chris Bull.

"I was impressed by the life Ambassador Griffiths has led, from being in South Africa at the end of Apartheid to working in Mozambique while overseeing the expansion of PEPFAR, which in my mind ranks among the most consequential social spending programs ever enacted," said Steven

MOZAMBIQUE: Page 6

Testing the Climate: A follow-up on CC's sexual misconduct survey

CANDELARIA ALCAT
News Editor

Just a few months after Colorado College closed its survey on sexual misconduct, the results are in—and so far, the data is looking even better than some expected.

During second semester of the 2014-2015 academic year, CC, along with the rest of the nation, received instructions from the White House to host a sexual misconduct climate survey. The college had not done a climate survey in years.

The data results describe the survey as: “a campus-wide survey to determine the extent of sexual misconduct on campus as well as student impressions about reporting and their satisfaction with college policies and processes for

complaint.”

After launching the anonymous online survey, faculty, and staff, including CC's Title IX Coordinator Gail Murphy-Geiss, established incentives to encourage students to take the survey in hopes of reaching a 50 percent response rate.

Earlier this Block, when the data went public, the numbers showed that 934 people completed most of all of the survey. Despite the fact that more women responded than men, and that CC didn't hit that magic 50 percent response rate that makes for a truly representative sample, the college believes that this pool was large and varied enough to be considered representative.

“Even though there's more women than men who answered this, if you look at it, more than one third of the respon-

dents were men, which is fabulous for a topic that's been more of an interest to women,” said Murphy-Geiss.

The breakdown of participants was 287 males (32.7 percent), 582 females (66.3 percent), and nine gender-queer students (1.0 percent).

Other factors that were included in the demographics section of the survey included race and ethnicity, financial aid status, year in college, sexual orientation, major division, and region in which the student lived.

Although some students were alarmed by some of these questions, the motive behind inquiring these demographics was simple: the college wanted a representative sample in a number of ways.

“We don't care what majors people actually are but I was more interested in

the divisions of the college,” said Murphy-Geiss. “For example, in the sciences sometimes you're staying late at lab or in theater if you have to practice, you can't access Campus Safety all of the time.”

Questions of this nature were intended to see if students felt safe walking back to their college residence late at night. Other questions sought to determine how easy it would be for students to return home at any given time.

“I know that students were concerned that we were asking what state they were from and that we would then be able to identify them, but that was not the point,” said Murphy-Geiss. “The point was to see how far you were from home, to see if you could drive home if you were ever really stressed or in trouble.”

HIGHLIGHTS OF SIGNIFICANT DATA

Safety and Respect

► When asked about feelings of respect and safety both on and off campus on a scale from one to four, students gave the highest scores for feeling respected by professors (average M = 3.78), feeling safe on campus during the day (M = 3.90), and feeling safe in class (M = 3.93).

Off-campus parties (M = 3.22) and being on campus at night (M = 3.32) were where students felt the least safe.

► When respect and safety were bro-

ken down by gender (male, female, or queer), data shows that males felt more respected by students (M = 3.55) than did females (M = 3.38) and queer students (M = 3.00).

Males also felt safer both on and off campus as well as online.

► When respect and safety were broken down by race, students of color reported feeling safer at night (M = 3.48) than did white students (M = 3.29).

	n	All	s.d.
Respected by professors	932	3.78	0.45
Respected by staff/admin	931	3.49	0.65
Respected by other students	929	3.44	0.61
Faculty/Staff are concern about my welfare	927	3.58	0.57
Safe on campus (day)	930	3.90	0.31
Safe on campus (night)	930	3.32	0.75
Safe in class	928	3.93	0.28
Safe at campus events	928	3.77	0.48
Safe at off campus parties	920	3.22	0.76
Safe in online communities	918	3.48	0.71

Table 2a: Means and Differences of Means by Gender re: Feelings of Respect and Safety On/Off Campus on a Scale of 1 to 4

Opinions about the climate around sexual misconduct at CC

► When asked to rank their opinions on a scale from one to four, students felt most strongly about CC taking sexual misconduct seriously (M = 3.47). CC supporting reporters (M = 3.46), intervening (M = 3.05), CC acting against offenders (M = 3.27), CC prohibiting retaliation (M = 3.14), and students supporting reporters (M = 3.15) were also

all topics CC students felt strongly about.

► Students gave the lowest mean scores when asked about: feeling like there is nothing they can do (M = 1.73), there being a stalking problem at CC (M = 1.84), students stigmatizing reporters (M = 2.17), and being involved (M = 2.18).

	n	All	Male	Female	Queer	t/F
Sexual violence problem	880	2.41	2.28	2.48	2.44	4.606**
Dating violence problem	870	1.99	1.87	2.04	1.89	4.227*
Stalking problem	869	1.84	-	-	-	n.s.
Nothing I can do	877	1.73	-	-	-	n.s.
I can intervene	879	3.05	3.14	3.00	-	2.450*
I am involved	877	2.18	-	-	-	n.s.
CC takes seriously	881	3.47	3.57	3.43	3.22	4.352*
CC supports reporters	881	3.46	3.54	3.43	-	2.293*
CC acts against offenders	877	3.27	3.40	3.21	3.00	6.700***
CC prohibits retaliation	873	3.14	3.24	3.09	3.25	3.487*
Students support reporters	879	3.15	3.41	3.02	3.11	24.088***
Students stigmatize reporters	877	2.17	2.07	2.22	1.89	3.432*

Note: *p ≤ .05 **p ≤ .01 ***p ≤ .001

Table 7: Means and Differences of Means by Gender re: Opinions about the Climate around Sexual Misconduct at CC on a Scale of 1 to 4

Familiarity with school policy, procedures, and resources

► When asked about their familiarity with CC's management of sexual misconduct on a scale from one to four, students said that they were most familiar with the active consent policy (M = 3.53) and counseling services offered for victims (M = 3.32).

The lowest means were given for counseling services offered for perpetrators (M = 2.42) and for knowing the formal CC complaint process (M = 2.66).

► Variation in awareness of the sexual misconduct policy was statistically significant when broken down by financial aid status. The highest awareness among stu-

dents corresponded with those who were on full aid (M = 3.14) and the lowest with those who had no aid (M = 2.87). Those with partial aid fell in between the two means (M = 2.93).

► When asked an open-ended question about if students know one confidential resource, 86.2 percent of students provided an answer that was considered correct.

Students answers included, but were not limited to: a friend, the director of the Wellness Center, a family member, the counseling center, the SARC, or Tara Misra, the former SARC, by name (n = 326).

Demographics Reported by All Participants (N=934)

	n	%
GENDER		
Male	287	32.7
Female	582	66.3
Gender-Queer	9	1.0
TOTAL	878	
RACE/ETHNICITY		
White	688	81.4
Black/African American	35	4.1
Asian/Asian American	94	11.1
Native American	12	1.4
Other/Mixed Non-White/Three or More	16	1.9
Hispanic/Latino/a (in all racial groups)	77	8.8
TOTAL	873	
FINANCIAL AID		
None	514	58.7
Some but less than half	101	11.5
Most but not all	181	20.7
Full	79	9.0
TOTAL	875	
YEAR		
First Year	251	28.8
Sophomore	209	23.9
Junior	222	25.4
Senior	191	21.9
TOTAL	873	
SEXUAL ORIENTATION		
Heterosexual	716	81.9
Lesbian/Gay	25	2.9
Bisexual	65	7.4
Queer	59	6.8
Asexual	9	1.0
TOTAL	874	
DIVISION		
Humanities	127	14.8
Natural Sciences	313	36.4
Social Sciences	209	24.3
ID and Double Majors across Divisions	126	14.6
Undeclared	86	10.0
TOTAL	861	
REGION		
Colorado	181	21.0
Pacific West	171	20.0
Rocky Mountain West	22	2.6
Southwest	47	5.5
Midwest	109	12.7
Northeast	222	25.8
Southeast	55	6.4
International	52	6.0
TOTAL	860	
FIRST GENERATION		
Yes	77	8.8

To read the full report of the climate survey results, please visit <http://2cc.co/sarpsurvey2015>.

From the Editor-in-Chief:

Why the sit-lie ordinance will do nothing to address issues of homelessness in the city



LIZ FORSTER
Editor-in-Chief

As someone who has lived in Colorado Springs for almost three years, attended countless City Council meetings, and walked around the downtown and Monument Creek areas, it is clear this city has a homelessness problem.

The problem has persisted, and the city government has done almost nothing close to groundbreaking to solve it despite the average \$57,760 it costs taxpayers annually per homeless person.

Most recently, City Council proposed the 'sit-lie' ordinance, which would prohibit anyone from sitting or lying down in areas not designated for sitting in Colorado Springs' two commercial districts between 7 a.m. and 10 p.m. on weekdays and 7 a.m. to 3 a.m. on weekends.

The city designed the ordinance primarily to promote safety and economic

prosperity according to a video the city produced to inform citizens on the ordinance. Whether the intention of the drafters of the ordinance or not, 'sit and lie' would unjustly fine and jail the sub-community of the 1,200 El Paso County homeless people residing in Colorado Springs.

I will not comment on whether I agree or disagree with the city's reasoning behind the ordinance because that is a can of worms into which I'm not willing to throw myself. I will, though, express my frustration with the city on not only their inability to properly address homelessness but their seemingly enthusiastic attitude towards adding yet another layer of failure to addressing it.

In January 2014, former Mayor Steve Bach announced a \$5 million federal-funded program to provide emergency shelter beds in the winter, fund more affordable housing options, and expand outreach programs. It was the first and only substantial measure Bach took to address homelessness despite his promises in late 2012.

Later that year, the Gazette published an article titled "Search for homelessness solutions in Colorado Springs con-

tinues, even after some thought they had answers." Clearly that \$5 million accomplished a lot.

When Mayor Gary Suthers announced his plan to address homelessness, it involved everything that Bach did but once again no initiatives to pull people in this sub-community out of homelessness and into a job.

Here's an idea, Mayor Suthers: Remember at the mayoral debates last year when you said that CC students could better involve themselves in the community by "picking up trash on the highway?"

How about funding job creation for the homeless to do that? Another solution would be to hire homeless to refurbish the parks that so desperately need maintenance to keep attracting tourists?

I'm not a politician, nor am I brave enough to ever become one. But the way in which Colorado Springs addresses the homeless problem is part of the reason the city's economy has not rebounded as hoped.

The 'sit-lie' ordinance will not help the economy directly, but it will displace people deserving of a job that could contribute to the city's economic rebound.

NEWS BRIEFS

► ► Pueblo fleas test positive for the plague.

According to the Gazette, a Pueblo County resident died of the plague last August, the first reported case of the disease since 2004. Just a few miles away, a teenager in Larimer County fell to the disease this June as well.

Earlier this week, the Pueblo City County Health Department found plague-positive fleas in the western part of the county. The fleas were originally captured during an investigation of a reported prairie dog die-off near Beulah Highway and Water Barrel Road.

Health officials advise the public to beware of plague symptoms, which begin appearing two to six days after coming into contact with the virus. Symptoms include weakness, chills, high fevers, and painful lymph nodes. Citizens are advised to avoid excessive contact with animals and to treat all of their hiking gear for unwanted fleas.

► ► Colorado Springs suffers from spike in egg prices.

Just a week after McDonald's announced that they would serve breakfast all day starting Oct. 6, Colorado Springs joined the rest of the nation in suffering from a sudden increase in egg prices. Southern Colorado has been hit especially hard.

Some restaurants are responding to the crisis by upping their charges on eggs and all food items with eggs in them in order to account for the high prices and demand on the low supply of eggs in the country. Commercial egg prices, originally between \$1 to \$1.50 per dozen, have skyrocketed to be anywhere from \$3 to \$7.

Experts worry that the new McDonald's breakfast itinerary could cause prices to rise even more, the Gazette reports. Despite the high prices, customers everywhere still want eggs.

► ► Methadone clinic sues city.

This week the Monument Treatment Center, an opioid addiction treatment center, announced that they were suing Pueblo County. The attorneys of the Colonial Management Group helped the clinic file the lawsuit in El Paso County District Court.

The lawsuit came in response to the treatment center getting their business license approval revoked and "imposing a moratorium on companies providing drugs or drug dependency treatment." After the general public expressed strong opposition to the clinic, Monument's Board of Adjustment ruled that the center could no longer have a business license on Aug. 10.

Because of the lawsuit, the clinic expects to be losing over \$800,000 in net profit as well as remodeling and other expenses. The lawsuit also suggests that the town discriminates against people with disabilities, due to the fact that it has not prohibited any other medical facilities from operating.

Colorado Springs crime, in brief

ORANGE CHICKEN FRAUD

At 7:20 p.m. on Aug. 5, an unidentified man broke into a car parked in a lot located on the East side of the Rawlings Library. Earlier this week, the stolen car was tracked at a number of local businesses.

The man purchased \$392.49 of merchandise at a Walmart in Pueblo, \$293.11 worth of take-out from Panda Express, and \$158.22 worth of gas from a Western Convenience Store. Fox 21 reports surveillance cameras showed that the suspect was a Hispanic man, approximately 40 years old, with a mustache and goatee as well as tattoos on both arms.

Police are looking for this man in what is described as a white Ford Ranger. The case remains open and under investigation.

CARS AND KILOS

At 9:18 p.m. on Saturday, Sept. 5, the Colorado Springs Police Department arrested 36 year old Manuel Ramirez-Franco and booked him on counts of suspi-

cion of unlawful distribution of Schedule I and Schedule II narcotics and suspicion of driving under the influence, according to the Gazette.

Originally, Ramirez-Franco was stopped on the 200 block of Sandburg Lane to inspect what officers believed to be fake license plates. Upon pulling him over, CSPD found over \$2,000 worth of cocaine and heroin inside his car as well as \$1,237 in cash. The total sum of net worth for the drugs totaled out to \$2,910.

A trial date has not been released and no further information about the case has been given.

SPORTS COMPLEX NAPPER

At approximately 7:00 a.m. on Sunday, Sept. 6, Colorado Springs Police Department received a call about a mysterious man who sat in an idle truck for over 90 minutes in a parking lot at the Richard Goose Gossage Youth Sports Complex, according to the Gazette.

After arriving on the scene, police found that the man, later identified as Derek Spearman, had fallen asleep with a loaded shotgun on his side and a can of beer between his legs. They tried to speak to

him over a public address system after blaring their sirens in efforts to wake up Spearman. After they failed, officers approached the car with shields to cover them before knocking on the car.

Spearman was arrested on suspicion of driving under the influence as well as prohibited use of a weapon.

CASE OF THE GOODIE BAG

At approximately 9:30 p.m. on Thursday, Sept. 3, two people were arrested at a house in west Colorado Springs on suspicion of illegal trespassing, reported the Gazette. The two are reported to be Brittany Walker, 29, and Jared Snyder, 26.

Snyder was caught with a bag that contained a number of items that he had stolen on other crime sprees. In addition to being arrested that night, Snyder was arrested back in May after being suspected of breaking into a car and stealing an urn, wedding rings, and debit cards. Although some items were recovered, the victim's mother's ashes in the urn remain missing.

Investigators also connected Snyder to another criminal trespass that was reported just a week before.

The Catalyst

The Catalyst is a weekly newspaper produced and managed exclusively by students of The Colorado College. Published for the benefit of the college community and the surrounding local area, the Catalyst aims to bring general interest and academic-oriented news, ideas, and opinions into greater collective view—to act as a catalyst for informed debate. The newspaper is published under the auspices of Cutler Publications, a 501(c)(3) not-for-profit independent of The Colorado College.

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Snowboarding and activism: Environmental justice from a new perspective

ABE LAHR
Guest Writer

Tamo Campos visited campus on Tuesday to present “It’s Not Radical to Oppose Stupidity,” with a keynote lecture and presentation of the documentary “Northern Grease.”

Campos is a professional snowboarder and a founder of Beyond Boarding, “a group of snowboarders, surfers, artists, and friends that strive to stand up against environmental and social injustices.”

Beyond Boarding is based out of British Columbia, with a focus on how mineral extraction (notably fracking), tar sands development, and oil pipelines affect the land and the indigenous people who inhabit it.

The presentation included a screening of the documentary Northern Grease. It follows Campos and other members of Beyond Boarding as they travel in a vegetable oil fueled bus throughout British Columbia and Alberta, discovering that indigenous land rights are often violated by large energy companies. Additionally, the accidents and spills that inevitably occur receive little news coverage, leaving the indigenous people and other inhabitants of the land to deal with these issues without external help.

One issue Campos has encountered as an activist is the social effect of mineral extraction, notably in growing instances of substance abuse.

In many towns, a large extraction operation creates an economic boom, similar to mining towns of the past. That boom brings an enormous amount of workers who provide a market for drug dealers. These drug distribution operations grow and eventually spill over into the community.

Growing high school dropout rates are also problematic. Working in extraction pays so well that dropouts can instantly make more money than their teachers. The problem is, once the oil and minerals run out, so do the jobs.

Campos also addressed the problems with modern activism. To him, it’s more than just “light bulbs and water bottles.” And it’s also a problem when “the end-game of civil disobedience is getting publicity and getting arrested rather

than succeeding in your goals.”

One group Campos had high praise for was Canada’s First Nations, the indigenous tribes of Canada. They are currently fighting large oil and gas corporations who have received government permits to mine the land. Normally there would be little the indigenous people could do, but in western Canada, especially Alberta and British Columbia, much of the land is unceded, meaning the indigenous people never signed a treaty giving their land over to the Canadian government.

The corporations, however, won’t give up. Campos showed a clip of representatives from one such corporation in a standoff with the Unist’ot’en people. The representatives, with cameras on their chests, kept asking permission to mine the land, and kept getting denied.

Campos explained that this was an attempt to bait the Unist’ot’en into saying something threatening so that the oil company could get a court injunction requiring police to aid in the mining efforts. At the end of the conversation, one representative makes an “offering” of two cases of plastic water bottles and some tobacco to the tribal representatives.

This episode gives some insight into the difficulties indigenous people can have dealing with government authorities.

Campos recounted an event from one blockade he took part in where the indigenous people had been asking for a police dispatch for ten years, but never received one. The oil company they were blockading received one in a matter of days.

Campos also spoke of instances of racism he experienced as an activist. He and a group of protesters were arrested following a protest on Burnaby Mountain. Campos and his friends were released for court the next day.

The indigenous people who were arrested with them were not, and were also denied blankets and medication while in their cells. When he told this story to the press, they left it out of their publications.

Lack of attention and negative attention from the media and the public is not uncommon. While protesting a dinner of oil company executives, activists taped

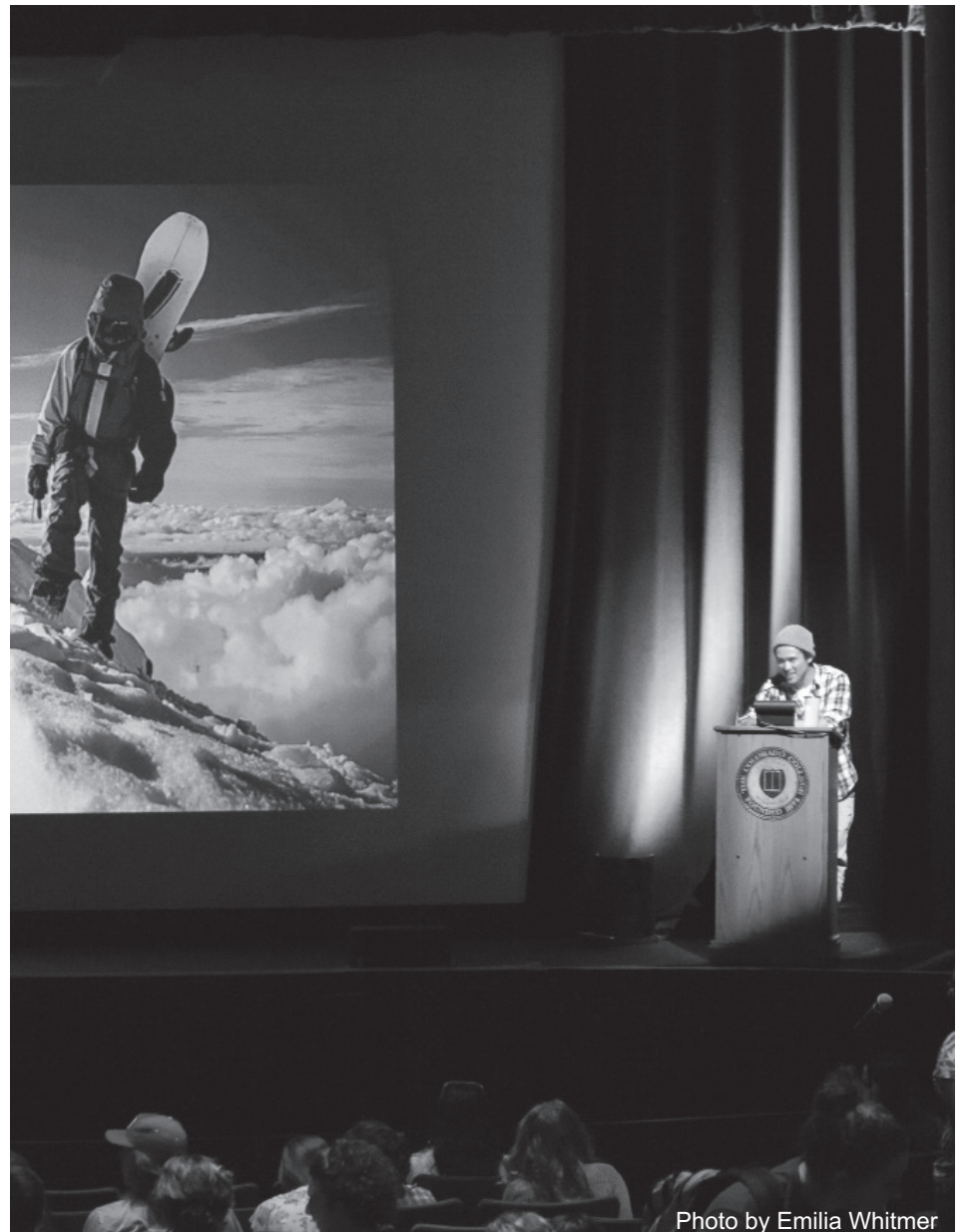


Photo by Emilia Whitmer

pieces of paper over their mouths with the words “climate justice” written on them. One person confronted them and said, “you should have ISIS or terrorist written on your face.”

Campos stressed two forces that drive his and others’ fight against oil and mineral extraction. First was a love of nature and the outdoors. For him, that appreciation came through snowboarding.

2013 CC graduate Maia Wikler, who organized the event, explained, “When you truly love something and depend on it, you will do anything to protect it.” For the people of the First Nations, that love comes almost naturally. “Their entire sustenance is in their land reservation.

That is their economy, their livelihood, their culture. They have ancestral tradition laced in that land. It’s their identity. When these environmental threats come up like the [Keystone] Pipeline and fracking, it’s directly threatening their entire existence, and that is an understatement,” says Wikler.

The other force is the idea of responsibility. The indigenous people of Canada do not agree with the concept of “rights.” There is no word for rights in their language. Instead, they say “responsibilities.” There’s a responsibility to take only what you need and to protect the land. To Campos, “this idea of responsibility empowers us to take direct action.”

SIT-LIE: Concerns over policy provoke conflicting opinions

CONTINUED FROM FRONT PAGE

“Can we change this 189 days in prison to 10 days or no time? Yes. There will also be a thirty-day grace period before anyone is cited. We want [citizens] to feel like [they’re] part of this.”

Albert Gonzalez worried about the financial impact of the ordinance and received applause when he asked about the cost that this would impose on the taxpayer.

“Will the downtown area need to be patrolled more?” Gonzalez asked. “I don’t want my taxes spent on keeping someone incarcerated because he was lying on the sidewalk.”

Dianne Webb, a merchant downtown, condemned the council for lacking compassion.

“The real problem is that all of the homeless centers are located downtown,” said Webb. “What is truly needed is a center with these services away

from the downtown area with housing as the first priority. How can we expect [the homeless population] to hang out anywhere else?”

Some, however, defended the ordinance. Lane Williams, owner of Lane Mitchell Jewelry Store next to 7-Eleven, says that the ordinance deals not with the homeless, but a “respect problem.” Williams, who grew up homeless himself and built his business from nothing, reports losses of clientele due to the large groups of boisterous people outside his shop.

“I’ve been dealing with this crap for years,” said Williams. “I have four female employees, one of them carries a handgun now. As soon as they come out of the store they are harassed. People who don’t like this ordinance haven’t come and spent a day down at my store.”

Colorado College students also have conflicting opinions about the ordinance.

“I feel like people need to recognize the right or wrong argument,” said Padah Vang, a first-year. “I don’t think ‘Sit-Lie’ is solving anything. Instead of that, provide more spaces for the homeless people.”

Joann Bandalas had the opposite reaction. “Personally, when I walk downtown and I see all those people, I feel intimi-

dated,” she said. “I understand they need a place but it makes sense that business owners are affected. For me as a customer, I also don’t want to go in when there’s a crowd out front.”

Another meeting will take place Sept. 17 at the Westside Community Center and a vote is scheduled for Sept. 22.



Photo by Taylor Steine

While it’s unclear how the sit-lie policy could affect demonstrations like the Ferguson/Michael Brown sit-in held last year protesting systemic racism and violence, many believe the Sit Lie policy stigmatizes the homeless population while offering no real solution to homelessness.

New Western Ridge RLC Skylor Morton talks about his job, what he likes so far about CC, and his sense of fashion.

10

QUESTIONS
...with **Madelyn Santa**

STAFF
WRITER

Where are you originally from?

I'm from Greene County, Va., located in the foothills of the majestic Blue Ridge Mountains.

What does your job entail?

I basically work with students outside of class to ensure that they have a holistic collegiate experience. I do everything from supervising RAs to planning programs to breaking bread with my residents.

I know you haven't been here that long, but what is the hardest thing you have dealt with so far?

NSO was a lot of fun, but it's always challenging. We just have to be always on 24/7 for about a week so it can be draining.

What are you looking forward to most about working at CC?

The students have been awesome! I love the energy that you can feel from a full campus, so I'm excited for big events like homecoming and the like.

What are the RLC living spaces like?

I love my apartment! They're all really very different. It's nice for my wife Alexis and me, though, because we live in a house separate from the residence halls, so we get a little more feeling of a home that way.

What is it about college kids that makes you want to work with them?

They're in a transition period, so I like being able to help guide them along to their own experiences and discoveries. It's nice to see them grow into a different person.

If you weren't an RLC what would you probably be doing right now?

I would be doing something else with student affairs. I love this field!

Do you have a secret talent?

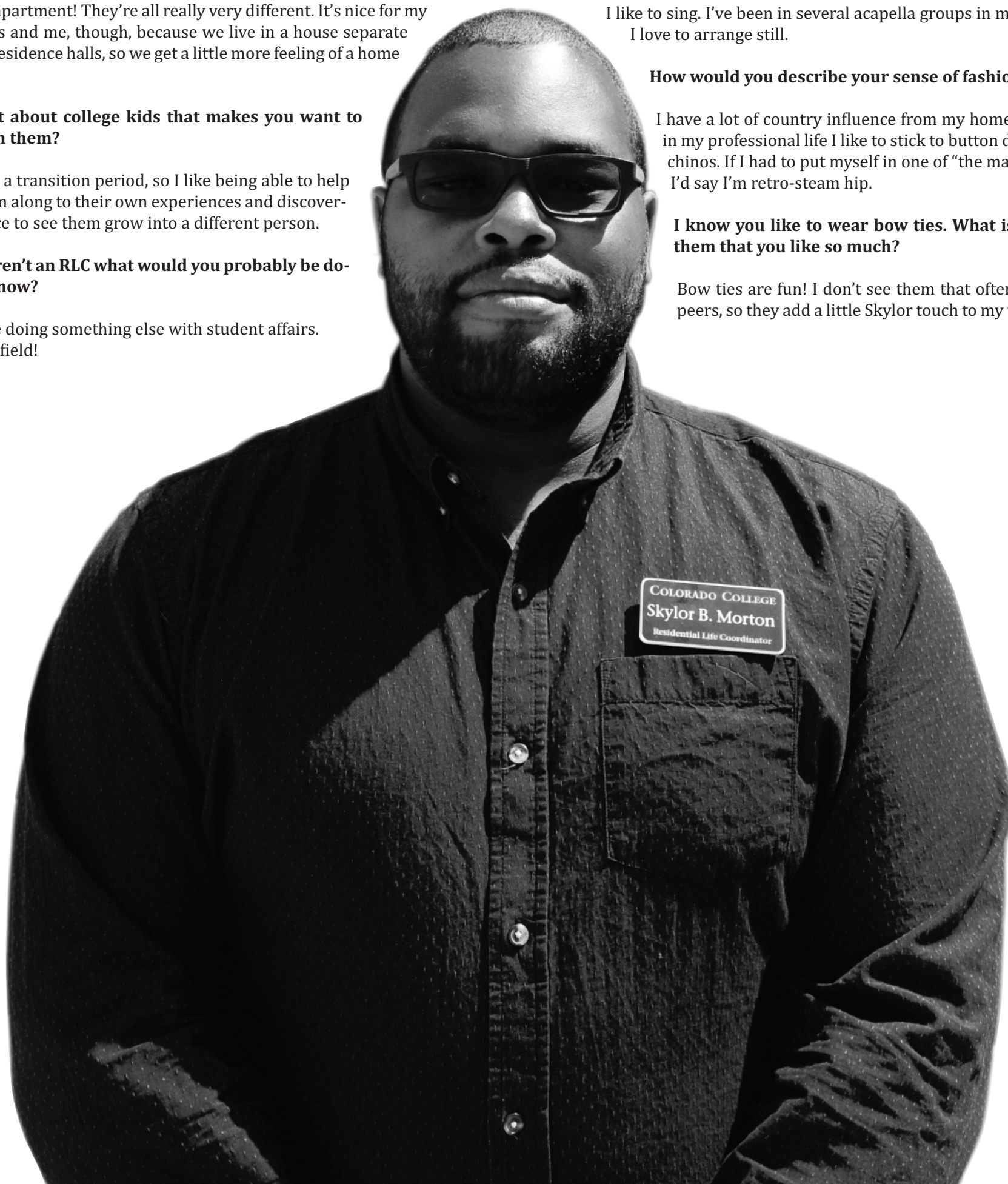
I like to sing. I've been in several acapella groups in my day, and I love to arrange still.

How would you describe your sense of fashion?

I have a lot of country influence from my hometown, but in my professional life I like to stick to button downs and chinos. If I had to put myself in one of "the man's" boxes I'd say I'm retro-steam hip.

I know you like to wear bow ties. What is it about them that you like so much?

Bow ties are fun! I don't see them that often from my peers, so they add a little Skylor touch to my wardrobe.



CC works towards sustainability through architecture

JACKSON PAINE
Staff Writer

Last Thursday, former Colorado College Professor of Art Carl Reed led a talk for an assorted group of students and faculty that focused on architecture and the collaborative process, specifically how these concepts applied to Packard Hall and its courtyard.

While Edward Barnes designed the building itself, the courtyard was created by Reed, several students at CC, and a small amount of outside help.

"In our work, I think that term [collaboration] is often misunderstood," said Reed. "It's not a free-for-all where everyone has equal ideas and we sort of just throw it all together."

Reed was the authority in the project, ultimately responsible for its success and failures, but he valued and sought out the input of a variety of people and professions. While Reed is an experienced artist and designer, he wanted to incorporate as much expertise around campus that he could muster.

He brought in several students study-

ing in the Art Department, an architect from Colorado Springs, and his own son, who had recently graduated with a degree in landscaping architecture.

"[Collaboration] all comes down to the people," said Reed. "If you have the right people you're living a charmed life."

The courtyard in front of Packard went through quite the transformative process. Originally it was just a lawn of sod, barren of trees, rocks, or any other landmarks. This design proved to be unfeasible for two reasons.

For one, the courtyard was too barren. It was originally designed in the '80s to be used by students to collaborate and play music together, but it was not used as much as the designers had hoped.

"In my experience with studying public spaces, if you have a tree, a stone, a bench in a public space, people start going out there," said Reed. "They're not so isolated."

The second problem was that a third of the courtyard is actually above the roof of a mechanical building.

During the spring and summer, the water given to the grass would leak into

the building, and during the winter the building would produce a great deal of heat, cooking the grass. Eventually the grass was replaced with crushed gravel and river rock, but that left the courtyard looking like a gritty parking lot.

Reed and his team developed the courtyard into a very aesthetically pleasing, well-used space. Cement and native grasses more resilient to heat cover the area above the roof, and a semi-circular amphitheater adorns the other side of the courtyard.

A student-designed oblong water feature with a recirculating pump bubbles quietly at the entrance. Several stone pillars reminiscent of trail cairns line the wall leading to the courtyard and front door of Packard. Students often come out to take calls or play music in the courtyard.

Aesthetics and functionality aside, Reed likes this courtyard for what it represents.

"This is going to sound very far-fetched but from the start I was thinking of this as an exercise in physically, visually, realizing the liberal arts process," said Reed.

"That was on my mind from the beginning."

The courtyard was realized through a collaborative process of several different disciplines, from art to architecture and landscaping. The convergence of several masteries created a space that likely would have been much less dynamic if created individually. Part of this is as simple as the location of the door.

Many have a hard time finding the door to Packard, as it is not visible from the street. This comes from the international influence at work in the courtyard.

"[The design] is directly imposed by Japanese architecture and aesthetics," said Reed. "You may have a pathway going toward the front door and then a big rock or a tree you have to walk around and then you find the front door."

Just like navigating the liberal arts process—to find your destination—the Japanese-style entrance forces visitors to engage and wonder, before finding their way eventually.

"I think anybody can find the front door," said Reed. "They just think about it a little bit."

MOZAMBIQUE: Ambassador Griffiths shares stories about his career

CONTINUED FROM FRONT PAGE

Ortega. "Any one of his foreign postings would have been enough for the entire talk, but altogether they paint an honestly inspiring picture of what can be ac-

complished in government."

For some students, the experience changed their perceptions on the role of a diplomat.

"I think we all have this idea that being a diplomat or an ambassador is a

glamorous job, where you travel around a lot, but it's so much more than that," said sophomore Dorsa Djalilzadeh. "You have to actually confront some undesirable realities about the institutions you are both representing and attempting to improve."

Ambassador Griffiths reflected on his time as a diplomat.

"What I most value about this career is the constantly evolving intellectual stimulation," he said. "Without having to spend time on Monster.com, I change jobs and often continents every three to four years. I work with intelligent, committed people who inspire me every day."

"Having Ambassador Griffiths come and speak to us was really an experience," said junior Isaac Becker. "His insightful, and occasionally hilarious stories recounting experiences working with a wide variety of people from a

diversity of cultures were deeply interesting. His talk carried good life lessons every person ought to hear."

Students felt this experience was representative of how unique CC is.

"Only at CC can a group of students get the rare opportunity to meet and converse with a sitting U.S. Ambassador in such an informal environment and in such an intimate setting," said Bull. "The opportunity to speak candidly with Ambassador Griffiths was a true and rare privilege that I am proud to have had."

For those interested in a career in diplomacy, Ambassador Griffiths has several recommendations.

"A broad liberal arts education is excellent preparation for a career in diplomacy," he said. "The Foreign Service exam is free and offered every year. Not to give a plug to a competing newspaper, but reading the Economist cover to cover will give you a leg up."

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CAMPUS SAFETY BLOTTER

TUESDAY 9/1

An alarm activation was reported at 2:20 a.m. in an unknown location. The case has been closed.

THURSDAY 9/3

Harrasment was reported in Loomis Hall as having occurred between 9:15 p.m. and 10:15 p.m. on Sept. 1. The case is pending investigation.

FRIDAY 9/4

A noise complaint was issued on Wahsatch/Cache La Poudre at 11:30 p.m. The case is pending investigation.

SATURDAY 9/5

An alcohol violation was issued 12:43 a.m. in Mathias Hall. The

case has been closed and referred.

SUNDAY 9/6

A drug violation was issued at 5:58 p.m. on the 1000 block of N. Nevada. The case has been closed and referred.

A theft violation was issued in Mathias Hall at 7:46 p.m. The case is pending investigation.

An alcohol incident was reported in the CC Inn at 11:39 p.m. The case has been closed and referred.

MONDAY 9/7

A noise complaint was reported in an unknown location at an unknown time. The case has been closed and referred.

From CC Communications: Two students were hit this past week by motorists while crossing traffic. Please exercise caution every time you cross the street.

Bernie Sanders at CC: All hype or some substance?

ABE LAHR

Guest Writer

Anyone following the 2016 presidential race is familiar with the name Bernie Sanders. An independent senator from Vermont, he was originally written off by pundits as a fringe candidate, yet heads are turning as he receives attention all over the country. His grassroots campaign has received popular support throughout the nation, including here at Colorado College, and most notably on social media.

The "Colorado College for Bernie Sanders" Facebook group has close to 100 followers. Its founder, Zoë Frolik, is currently interning at the Sanders campaign but was unavailable for interview. According to active member and junior Sarah Breyfogle, Colorado College for Bernie Sanders has three main goals.

In the short term, the goal is to facilitate communication between Sanders supporters at CC and in the Colorado Springs community.

"There are lots of people who are involved in the CC community but aren't connected outside," she said. "And there are lots of Colorado Springs people who are really invested in the Bernie Sanders

movement. Getting those people talking would be really exciting." The organization is also focused on the upcoming debates. The first Democratic debate is scheduled for Oct. 13. However, in states like New York, the deadline to register for the Democratic primary can be as early as Oct. 9 (in Colorado, it's Jan. 1). This doesn't leave much time for Sanders to publicize his name before voters miss the primary registration deadline.

"That's a big goal for us, to get people to know about Bernie, because people who know about Bernie and what he stands for tend to like him." Breyfogle hopes to achieve this goal with letter-writing and other campaigns to pressure the Democratic National Committee.

However, "the biggest challenge is getting people involved in a meaningful way," said Breyfogle. She recalls hosting an event on campus where she expected around 15 people to show up, and 175 ended up attending. And while she believes attendance like that is helpful, the organization's main goal for such attendees is "getting them canvassing; getting them to write letters to the editor and getting them involved in the digital communities so that that kind of atten-

dance can transform into real meaningful numbers at the polls."

When asked why people should dedicate their efforts to the movement, Breyfogle listed some of the main points of Sanders' platform, including "universal healthcare, free and affordable college (to be paid for with a Wall Street speculation fee of 0.5 percent stock trades), renewable energy, raising the minimum wage, ending the war on drugs, rebuilding infrastructure, raising taxes on the wealthiest members of society, curbing military spending, expanding social security, and ending police brutality." When asked how tuition reforms would affect private colleges like CC, she pointed to the increased level of competition she believes it would cause at public universities. Theoretically, this would "hold all institutions to a higher standard and offer students a quality education without charging them ridiculous amounts."

There seems to be significant momentum for the Sanders campaign around campus. First year Nick Head said of Sanders, "It's refreshing to see an authentic liberal shake up the corporate-centered ideologies of both parties [...] Bernie's decades of consistency on Wall

Street regulation, civil liberties, and the chronic crisis of student debt is simply unparalleled by any of the suits in Washington." First year Jesse Metzger also agrees with Sanders' proposals, notably cutting military spending and using the funds on other lacking areas of society, but adds that regarding many economic issues "I just feel without more background knowledge I can't comment on it yet," an issue that CC for Bernie Sanders is trying to alleviate.

However, this support of the Sanders campaign is not a universally shared sentiment. While sophomore Raine Kennedy agrees with Sanders' stance on many of the issues mentioned above, she doesn't "see most of them as viable options in our country." To her, "it seems like [Sanders] is pandering to angry liberals and making a lot of promises he won't be able to follow up on," an opinion shared by much of the country. While Sanders' ideas sound appealing to many involved with his campaign, Kennedy refers to the difficulty President Obama had passing and now in protecting the Affordable Care Act, "and Sanders wants to offer universal healthcare? There's just no way that's going to happen."

Love in the 21st century: Swiped right into my heart

ASHLEY MADISON

Guest Writer

Online dating has made leaps and bounds in the modern era. Our world has moved from the stigma of dating sites like eHarmony and Match.com that cater to older men and women looking for their last chance at love to smart phones making dating sites more accessible to the younger generation. In the past few years, apps like Tinder have altered modern dating forever.

I downloaded Tinder after two of my girlfriends met several guys from the app, went on dates, and claimed to enjoy the new sense of excitement in their relationships—still, I didn't know what to expect at first. In all honesty, I thought that only creeps and perverts used these kinds of easy dating apps.

From what it seems, it appears as though young males have fabricated this stigma around girls on Tinder: all of them are looking for sex. But, when I downloaded Tinder, I was looking for someone to talk to and share experiences with, whether that meant finding a friend or finding a relationship.

After two months of swiping left and right through Tinder, I only found one guy that appeared to be worth my time. Considering that most users claim that it takes around one hundred swipes to find one keeper, this seemed to fit the trend. After talking on Tinder, the guy and I ex-

changed phone numbers and Snapchat accounts and began to use other forms of social media to converse and get to know each other.

After Snapchatting and texting for a month, I figured that this Tinder boy was worthwhile to meet in person. He was a firefighter in the Air Force, stationed here in the Springs.

On our first date, after I picked him up from the Air Force base, we walked around the outdoor mall at Chapel Hills and drove to the movie theater. Tinder boy took me to Annabelle, a scary movie sequel to *The Conjuring*.

To my surprise, the date was very similar to any first date I had experienced. Even though we vaguely knew each other's personalities thanks to social media, awkwardness somehow worked its way in to the movie theater seats. We were a bit uncomfortable being in each other's real presence.

When using social media, we portray ourselves as our best version, hiding our flaws and insecurities and, instead, we release the information we want, what we think is worthy sharing about ourselves and leave out all negative aspects. In order to attract people, we represent ourselves as the most superficial versions we can. Because of this phenomenon, Tinder boy was shorter than I expected but just as attractive as he was in his pictures. He was quirky, cute, strong, and had a fantastic sense of humor.

Tinder is at first awkward, but I know many girls who have met their boyfriends on the popular app.

Tinder boy and I saw each other several times following our first date; I would drive to the Air Force base or he would make his way to campus. After getting to know him in person a little better, I had a family gathering and I brought Tinder boy along.

I was surprised that he carried on a conversation with my father for a good 30 minutes.

My grandmother asked me how I met the guy and in response I laughed in embarrassment. Tinder boy and I decided that we should come up with a fake story as to how we met so as to avoid the awkward truth. After discussing a tale of him rescuing me from a burning building, the only rational reasoning we could come up with was meeting at a party—it seemed pretty convincing at the time. However, I eventually showed my grandma the Tinder app and her attitude toward the situation was indifferent.

Recently, I came across an offshoot Tinder app called JSwipe. JSwipe is similar to Tinder but is specific to Jews in your vicinity. When the first four guys I saw on JSwipe were guys from CC, I thought my chances would be limited in finding an interesting guy that I wouldn't have normally met at school or in my normal social activities.

I really downloaded the app for fun

and to see what I was missing out on, but I ended up finding a really nice and funny guy who I get along with and enjoy spending time with.

Like living in a perfect world, the app lets you know you like the guy and you know that he likes you, even if the attraction is only based merely on appearance.

Friendsy is another app similar to Tinder but specific to a certain college campus. I use Friendsy more as a joke than Tinder. It seems more awkward to match with somebody when you know you'll most likely see them in the coming weeks on a small campus of 2,000 students.

If the picture is with another girl, either the guy is a player or he's dating the girl in the photo. If the first picture is multiple guys, and one of them is attractive, after looking through the other pictures, the boy on Tinder usually ends up being the unattractive guy in the first photo. Girls look for guys who have exciting personalities and a person who they may have legitimately met in real life.

Tinder serves as a sure-fire method to rid yourself of annoying situations involving guys who try to pick you up at a party or a bar. The popularity of the app makes a single person a little bit less embarrassed about the whole situation, easing the stigma that surrounds most dating websites.

Why isn't America doing more about the migrant crisis?

JOHNATHAN WILLIAMS

Staff Writer

On the base of the Statue of Liberty, a poem is engraved that harkens to the elaborate principles of America. The same poem, "The New Colossus" by Emma Lazarus, sounded out across both the Atlantic and the Pacific; beckoning shivering and sea-swamped immigrants to Ellis Island that the east and Angel Island to the west. These people were some of the first to seek refuge in the modern United States, and despite apparently shining morals and open declarations of compassion, some of the last. These migrants were accepted into the United States only to be taken under the wing of titans like Boss Tweed in New York, who squeezed thousands of humans into small tenants and rung out gallons of cheap labor like sweat from a slave's brow. Perhaps the West Coast was more stunning with miraculous completion of the Transcontinental Railroad, a work of modern ingenuity that was glued together with the lives of Chinese and Irish immigrants alike.

The exploitation of naïve men and women looking for a better future is still a tradition in the States. Just

see if you can count the masses of Mexican migrants that come to the United States to buoy our agricultural system with cheap labor. A tradition we may well see the end of as Donald Trump begins to lay brick after brick in Washington, calling for a wall that would permanently seal Lazarus's "Golden Door" in

the Southwest.

Despite the assertions of the media that the United States is sweeping droves of immigrants into the country, the Golden Door of the West has been all but shut since the Second World War, when the United States peered through the peep hole as droves of Jewish refugees pleaded for asylum. Convenient how fast a door shuts when the person knocking is in need of help and not exploitation. With such a strong tradition of selective compassion, a tradition that couldn't make an exception for droves of Jews fleeing the Holocaust, it is no



Photo courtesy of Irish Defense Forces

wonder that today the Statue of Liberty stands with not a torch but her middle finger raised towards Europe.

After four years of civil war in Syria and terrorist groups committing genocide and wreaking havoc across the Middle East and Africa, Europe is experiencing a refugee crisis. People fearing their

lives are trying to run, and there are limited places they can go. Much of the Middle East is throwing money at the problem but maintains a "Trumpesque" attitude towards allowing refugees to seek asylum, claiming national security concerns as well as the "not my circus not my monkeys" defense. Up until very recently, European countries have held the same posture, leaving people to seek refuge in Turkey where cultural differences and inhuman conditions in overcrowded camps have taken their toll. In the last couple weeks, however, Europe has opened their doors, with Germany

are looking out the peephole, just as we did during World War II. The fact is that these people need help not exploitation, something we do not specialize in. Senators called for the United States to accept 65,000 Syrian refugees, the UN wants to send 15,000, but the White House currently maintains that it will accept only 10,000. A lofty goal considering we have currently only accepted 1,500; ten times less than what the United Nations asks for to take the burden off of countries that can hardly stand the economic or cultural strain. Countries like Lebanon (which is smaller than Connecticut yet hosts 1.2 million refugees) and Jordan (about the size of Maine) are stretched to their limits trying to save millions from an entire section of the world that seems to be on fire. While it is impressive that these countries have managed to cram so many people into such a small space, some people might think it's pretty messed up that the United States has volunteered to help so little.

The images of Syrian children drowned on the shores of Turkey seem to mean little to the United States and our unshaken devotion to turning away those in need. Instead of thinking about helping though, we are determined to shut out even those we can exploit, closing down the Ellis Island of the 21st century by building a wall on the southwest border. Lazarus writes of the silent lips of the Statue of Liberty, our "Mother of Exiles." So silent are her lips that she can't call for help as a frenzy of fear, xenophobia, and nationalism scour away at the famous poem.

Once the bronze plate at the base of the statue of the liberty is wiped clean, the words "STAY OUT" are etched in and the golden door is slammed shut. The brick walls are built, the statue of liberty stands proudly with her middle finger shining out across the Atlantic, and the United States goes back to staring out of a small golden peep hole.

leading the charge, reportedly preparing to accept 800,000 of the total 4 million asylum seekers.

This number may seem small, but where is the mighty United States in the crisis, with her call to the "teeming shores" pleading for "Your huddled masses yearning to breathe free"? We

HAVE AN OPINION TO SHARE?

Send your comments to William Kim at william.kim@coloradocollege.edu

The end of the Arab-Israeli Conflict

WILLIAM KIM

Opinion Editor

The Arab-Israeli conflict is one of the world's longest running conflicts. Ever since the State of Israel was created, it has had tense relations with its Arab neighbors, to say the least. Indeed, war broke out between Israel and the Arab World a mere day after the Jewish State was declared independent. This was the start of a decades-long series of conflicts that included the Six-Day War and the Yom Kippur War.

In spite of this bitterness the conflict between Israel and the Arab states has been winding down. The start of this cool down was the 1973 Yom Kippur War, where the Israelis were able to inflict a decisive defeat against the Arabic armies in spite of the Arabs having the element of surprise and advanced Soviet weaponry. Although the war started with Arab armies throwing the Israeli defenders into disarray, it ended with Is-

raeli troops marching on Damascus and Cairo. This helped convince many Arab leaders that Israel could not be defeated through military force. It also convinced the Israelis that they were not invincible, since the Arabs proved to be stronger than the Israelis gave them credit for following the Six-Day War. Not long after the end of the Yom Kippur War, Israel and Egypt signed a historic peace treaty and Egypt became the first Arab country to recognize the State of Israel.

Mere treaties are rarely enough to prevent conflicts. However, a new factor has ensured that war between Israel and its neighbors is unlikely. After the fall of the Soviet Union, the United States became the main arms supplier in the Middle East. During the Cold War the United States supplied Israel while the Soviet Union supported the Arab states. When the Soviet Union collapsed the United States became the sole arms dealer in town and ended up supplying both sides of the conflict. Many nations like Jordan, Egypt, and Saudi Arabia now rely

on American military aid to supply their militaries. If one of those countries were to attack Israel then the United States would simply stop sending them F-16s and Abrams tanks, making war very unlikely.

Recent events now promise to give the Arab-Israeli conflict a coup-de-grace. There is one factor in human history that has reliably caused people to put their differences aside: the presence of a common enemy. Indeed, the old proverb "the enemy of my enemy is my friend" is Arabic in origin. A common enemy has been presented in the form of Iran.

Iran has recently grown in power and influence, a trend that has alarmed Israelis and Arabs alike. Saddam Hussein previously balanced out Iran but after the United States invaded Iraq and established a pro-Iranian regime, Iran has been unobstructed by its old enemy. The Arab states view Iran with just as much suspicion as Israel does since Iran is a Shiite nation while most Arab states are Sunni. Iran has also become increas-

ingly expansionist, supporting proxies throughout the region such as the Houthi rebels in Yemen, the Assad regime in Syria and Hezbollah in Lebanon.

The greatest threat from Iran is its nuclear program. An enemy with nuclear weapons is the most dangerous kind of enemy, and such a prospect terrifies the Arabs and Israelis alike. While the nuclear deal with Iran will probably prevent Iran from gaining nuclear weapons, it is perceived as a win for Iran by many Middle Eastern nations, including Saudi Arabia and Israel. An unintended benefit from the nuclear deal might be an improvement in Arab-Israeli relations, even if such cooperation remains covert.

This is not to say that peace can be declared in the Middle East. For one thing, the Israeli-Palestinian conflict will continue for some time, at least until a sustainable two-state solution occurs and maybe not even then. Nonetheless, perhaps the Arab states and Israel will find common ground, at least for the time being.

Fantasy Football: Corroding the soul of America's NFL fans

DAVID ANDREWS

Sports Editor Column

According to a 2015 report by Forbes Magazine, 33 million people are signed up to play fantasy football this season. This astronomical number marks an all-time high for the fantasy industry. While leagues exist for other major sports such as basketball and baseball, fantasy football has become the fantasy behemoth, towering over all other fantasy sports. To put the 33 million users into perspective, that outnumbers the total populations of the 18 least populated states in America. Combine the populations of Kansas, Utah, Nevada, New Mexico, West Virginia, Nebraska, Idaho, Hawaii, Maine, New Hampshire, Rhode Island, Montana, Delaware, South Dakota, Alaska, North Dakota, Vermont, Wyoming, and Washington, DC, and you still have not reached the total number of fantasy football competitors in our country. It's worth examining the myriad effects that this relatively recent phenomenon is having on what it means to be a fan in today's fantasy-driven NFL landscape.

Fantasy football most obviously changes fandom by tearing you from any team allegiances you may have previously held. No longer is it important which

jersey players wear; all that matters is if they rack up points for you and score touchdowns on a regular basis. As a devout Redskins fan, I am embarrassed to admit that in the midst of blowouts last season, I was rooting for my fantasy players to further embarrass the Redskins and help me out in my fantasy league. If you become invested enough in fantasy, you no longer have a favorite team and simply root for your fantasy players and become a fickle and capricious sports fan.

Football used to be all about passing down love for a team through generations. My grandma, even at 84 years old, sits down in front of the television on Sunday afternoon and cheers on the Redskins. I worry that this allegiance to individual teams may begin to sputter and die as fantasy becomes more and more pervasive. You are beholden to an assortment of players throughout the season that are on your roster, but that roster will change next season, undoubtedly. There is no true emotion involved, simply a rotating door of faceless statistics. Instead of living and dying with your team, you are constantly jumping ship and investing your stock in a new player, who will hopefully lead you to

victory over your opponent.

Fantasy football is eroding the soul of the American sports fan, but also, on a more personal level, I've found it to be an elusive and maddening endeavor. It seems that I can spend countless hours in July and August researching fantasy strategy and still somehow finish deep in the cellar of my league. Now, there is obviously some personal sadness here, but I've come to believe that a lot of the fantasy advice out there on the Internet is bogus. Does Matthew Berry really know if Duke Johnson is going to be this year's breakout star? No. Is it legitimate that when I search "fantasy football experts" I am met with an endless list of full-grown men that list this as their job title? Also, no.

This brings me to the crux of my complaints with fantasy football: Gambling on NFL games is illegal in the United States. Granted, you can get past that rather easily by sending money to Las Vegas and betting through a proxy in Nevada, where it is legal. However, in all 49 other states, it is illegal. Fantasy football has gained amnesty from this law because it is not classified as a game of luck, but rather a game of "skill." Fantasy football certainly has elements of skill,

and I will admit that making trades and your first three draft picks are all important strategic moves. Past that, however, you are dealing with a game of chance. Weird, unexplainable things happen in the NFL and I would argue that the reason that "that guy" in your league who spends the most time on research finishes last is because it's too damn hard to know what is going to happen in the NFL.

Perhaps there is something poignant to be learned in the world of fantasy football. It's possible that we play fantasy every year because it represents some of the qualities of life. It's possible to pretend like you know what tomorrow—or next Sunday—holds, but in reality, everyone is equally in the dark. It's a tantalizing and frustrating game, but one that holds some serious rewards, such as eternal bragging rights over your closest friends. I'm not sure it's quite worthy of being a \$11 billion industry, as reported by AdWeek in 2014, but obviously it has some carnal attraction to the masses. My hope is that we can enjoy fantasy as NFL fans but also transcend the game at times so that the tradition of supporting one single franchise does not become a relic of the past.

UPCOMING SPORTING EVENTS

Men's Soccer (1-1-1)

Friday, Sept. 11 vs. University of Dallas, 3 p.m.*
Sunday, Sept. 13 vs. Wartburg College, 1:30 p.m.
Friday, Sept. 18 vs. Schreiner University, 7 p.m.
Sunday, Sept. 20 vs. Trinity University, 11 a.m.

Women's Soccer (1-4)

Friday, Sept. 11 @ Weber State University, 3 p.m.
Sunday, Sept. 13 vs. University of Kansas, 11 a.m.
Friday, Sept. 18 vs. Cal State Bakersfield, 4 p.m.
Sunday, Sept. 20 vs. Baylor University, 1:30 p.m.

Volleyball

Friday, Sept. 11 vs. Chapman University, 3 p.m.
Friday, Sept. 11 vs. University of Wisconsin-Whitewater, 7 p.m.
Saturday, Sept. 12 vs. University of Mary Hardin-Baylor, Noon
Saturday, Sept. 12 vs. Bluffton University, 6 p.m.

Men's & Women's Cross Country

Saturday, Sept. 19 @ Colorado College Invitational

Men's Tennis

Friday, Sept. 11 @ Colorado State University-Pueblo, 5 p.m.
Saturday, Sept. 12 vs. University of Texas-Permian Basin, 8 a.m.

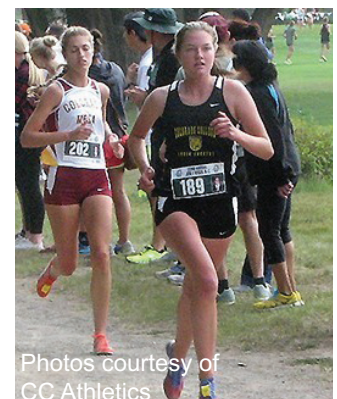
Women's Tennis

Friday, Sept. 11 vs. Central Oklahoma in Pueblo, CO, 5 p.m.
Saturday, Sept. 12 vs. University of Texas-Permian Basin, 8 a.m.

*Tiger Eyes Dance Team performance at halftime



TIGERS MAKING HEADLINES



Photos courtesy of CC Athletics

Courtney Birkett, Senior, Outside Hitter/Right Side Hitter

Courtney Birkett had a stand-out performance in the Tiger's season opener against Johnson and Wales on Tuesday, September 1. Turns out, Birkett was just getting started. The senior added to her season-opening 20 assist performance with a sensational showing in the Colorado College Invitational. Over the course of the weekend against the University of Dubuque, University of Texas at Tyler, and Franklin College Birkett was a force to be reckoned with. Birkett averaged a triple-double on the weekend, averaging 19.3 assists, 10.8 digs, and 10 kills per match. Birkett ended the round-robin tournament with a particularly strong performance against University of Texas at Tyler with 25 assists, nine kills, and nine digs. Birkett was honored by the SCAC as the Offensive Player of the Week for the week of September 1st through September 6th. Birkett will be in action on Friday night at 7 p.m. in Reid Arena as the Tigers take on 17th ranked University of Wisconsin-Whitewater.

Alyssa Warling, First Year, Cross Country

In the first meet of her college career Alyssa Warling, a Colorado native from Loveland, Colo., raised some eyebrows at the Joe I. Vigil Invitational. The meet, held at Adams State University in Alamosa, Colo. was attended by mostly DII schools. The stiff competition makes Warling's seventh place overall finish all the more impressive. Warling finished the 5K in 18:36. Warling was named the SCAC Women's Cross Country Runner of the Week for her season-opening performance. Warling was the fastest CC woman at the meet and became the first women's runner in over a decade to lead the team in the first meet of the season as a freshman. Warling will look to follow up on her stellar debut at the Colorado College Invitational over block break on Sept. 19.

Alex Nichols: Compassionate coach, elite ultra-marathoner, and Tiger alum

SAMANTHA GILBERT

Staff Writer

Have you ever experienced the mental exhaustion, the physical pain, and the triumph of relief that comes after running up The Incline twice at full speed? Well, Assistant Cross-Country Coach Alex Nichols has, many times. It's just one of the more challenging workouts he puts himself through when he's training for an ultra-marathon.

This past summer, Nichols ran professionally for Inov8, a company from England that makes trail shoes. During his time there, Nichols made sure to focus specifically on elevation gains during his runs.

"One really hard workout I've done is doing the incline first, coming back to Manitou Springs, and then going up Cameron's Cone (which is the mountain just to the left of it when you're looking at Pikes Peak)," Nichols said.

Cameron's Cone goes up to 10,500 feet, and even though it's only a 13-mile workout, it has 7,000 feet of uphill in total. "It's a lot," Nichols said.

But when asked why he puts himself through the pain of this intense training, Nichols simply laughed humbly and said it shouldn't really be painful if you're training right.

"It's tiring, and sometimes you have to think about the race [to motivate you] when you don't want to go out the door in the morning," Nichols said, "but when you're in a full training block and everything is going

well, it's also really fun. That's why I keep running—it's also just something I like to do."

Nichols started running in 7th grade because his older brother ran cross-country in high school. From there, Nichols stuck with it and ran cross-country and track for Colorado College from 2004-2008. While at CC, Nichols was named an All-American, which was a really big moment for him, because Nationals that year were held on the same course as his State Championship race in high school.

"I got to go back and redeem myself because I didn't do very well in high school," Nichols said. "That was a good day."

Additionally, Nichols ran the Pikes Peak Ascent several times while he was at CC. He ended up placing in the top ten, even managing to beat out national team racers. Nichols then made it his goal after graduating to make a team that would give him a free trip to Europe. Although it took a few years for that goal to become reality, once it happened, it brought many new opportunities with it.

Another huge accomplishment for Nichols was making the U.S. Mountain Running team in 2013. "I made the last spot and I ended up passing a guy with about 50 meters left to make my first World Championship team," said Nichols.

This was another very big moment in his life. A year later, Nichols began running professionally. He plans on running professionally again this upcoming summer and hopes to get into bigger races and receive

more support from sponsors.

But for now, Nichols spends his time coaching the cross-country team and will coach the distance women in track in the Spring. "I like helping people get better, that's the biggest thing," Nichols said. "I think a lot of people we have at CC are a lot better than they think they are."



Photos courtesy of CC Athletics

"THEY SAID IT"

THOUGHTS ON COACH NICHOLS FROM THE MOUTHS OF THE RUNNERS



JACOB ROTHMAN
SENIOR

"The inspiration Alex brings to this team through his athletic prowess is surpassed only by the respect and admiration each one of us has for his character. He is a mentor and a friend; he is the super skinny Hagrid to our Hogwarts of running."



LIANA HUDSON
JUNIOR

"Alex is a fantastic mentor and coach. His confidence in you, passion for the sport, and humor makes practice (and any interaction with him) positive. He is the definition of an athlete, coach, teammate, and role model."



NICK DYE
SENIOR

"Alex has been overly generous with the time and care he has spent with the team and has made the experience that much more worthwhile because of it."



TUCKER HAMPSON
SENIOR

"Alex isn't a dime a dozen, he's a nichol."



ALEX PEEBLES-CAPIN
SOPHOMORE

"Alex is a world class athlete but he's so nice that he still pretends to care about DIII athletics."



WHIT HENDERSON
SENIOR

"Although you probably won't hear him say it, Alex is one of the greatest ultra-marathoners on the planet. That being said, not long ago he was a CC student and cross-country runner much like those of us on the team now. So not only is Alex a fantastic mentor and an awesome guy, but he is also one of us."



STEFANI MESSICK
JUNIOR

"In a sport that can get so tense, Alex is always the calm, collected figure at races and practices that restores athletes' confidence in themselves. In Alex we trust."



KATIE SANDFORT
JUNIOR

"Coach Alex is not only an amazing coach for cross country, but for every aspect of my life. I do not make any decisions without first consulting him because I know that only through his divine guidance will I achieve peace, happiness, and fulfillment."



COLE THOMPSON
SOPHOMORE

"Alex can shotgun a beer in 2.8 seconds."



ALLIE CRIMMINS
JUNIOR

"Coach Alex is my best friend."

Men's soccer emerges from grueling Cali road trip with tie, loss

JARED BELL

Guest Writer

This past weekend your Colorado College Tigers Men's Soccer Team traveled to sunny California for a two-day shoot-out against Pomona-Pitzer Colleges and University of Redlands.

The first match, against Pomona-Pitzer was "a gritty, physical game of momentum," as described by sophomore forward Connor Rademacher. "We ended the half a little disheartened and lackadaisical," said Rademacher.

CC was down 2-0 at the half, conceding a lame penalty kick at the fault of poor refereeing 20 minutes into the game. Five minutes later, Pomona crashed a corner kick and scored another goal.

"I won't say we were worried, but we definitely knew we needed to change the way we played," said Brian Rubin.

The next half saw a revitalized and motivated Tigers squad. Senior Captain Max Grossenbacher scored his first goal

of the season, nearly 15 minutes after the second half whistle on a Penalty Kick drawn by Rademacher.

"We came out hot and we wanted to win," recalled Rademacher, "I got popped in the face in the box and Max finished the penalty. We then settled down and got comfortable. We put hard pressure and Max had another one a couple minutes later. A tied up game really calms the nerves; you get comfy again."

A stalemate led the two teams to a heated extra time period.

"It was hot," recalled Rubin, "and I'm talking temperature. I mean, I was on the bench and it felt like a hundred degrees. I couldn't imagine having to be out there sweating."

CC kept putting on pressure, missing a couple of chances off the post, but controlling the pace of the game. The game ended in a 2-2 extra-time tie.

"We showed determination and grit against a good team. I guess it's better

than an L, but I don't think anyone here is satisfied with the result," said junior center defender Jack McCormick. The next day the Tigers took on a solid University of Redlands team on their home field.

"The fans were out, the sun was out, and our energy was low. It was a rough start, no doubt," said Rademacher. That seems to be a theme for the Tigers thus far into the season: slow starts and solid comebacks.

University of Redlands came out hard, dominating the first half, playing off of the Tigers' fatigue. They then scored five minutes into the second half. The Tigers returned fire with a Jack McCormick goal, this time off of a corner kick to equalize the match. The Tigers, for the third time in a row, went into an extra-time period. Redlands took advantage of a tired, worn-down CC team and finished a trash goal to win the game in the second overtime period. "

We weren't outplayed, just a little gassed. It was a rough game all the way around," said Rademacher.

"Something about the way we play, we just don't get fired up until we get provoked. If we want to dominate and get a good playoff bid, we have to start turning up earlier in the game," continued Rademacher.

The Tigers left California with a tie and a loss, making their record 1-1-1. They take on the University of Dallas to kick off SCAC conference play this coming Friday at 3 p.m. and then play out-of-conference Wartburg College on Sunday at 1:30 p.m..

"This weekend is going to set the tone for our conference play," said Rademacher. "We need to come out hard and establish ourselves as a hard-hitting, high-volume team in the SCAC. We want to send a message to the SCAC that we are going to dominate the conference and get the playoff bid."

Boulder offers stranded students hope for block break

EMMA WILSON

Staff Writer

If you're anything like me, the upcoming block break has come as a huge surprise. As your friends embark on various adventures into the wilderness, you're left wondering what the heck to do with yourself and the rest of the stragglers left on campus.

Whether you're on campus for work, lack of funds, or simply poor planning (my biggest fault), you can still come out of the block break with enviable stories to counter everyone else's.

Royal Arch, located in Chautauqua Park in Boulder, Colo., provides a great day trip for those unable to leave campus for the entirety of the block break or even for a fun weekend excursion. A little more than an hour and a half away from campus, the park is located on the edge of Boulder at the foot of the Flatirons.

A very popular spot, I would recommend making the trip on a weekday to avoid crowds, or do your best to start the trek earlier on in the day.

The 3.5-mile trail leads the unwary to believe the hike is a quick out-and-back;

however, the 1,400-foot elevation gain will suggest otherwise. Starting at the Chautauqua Park Trailhead, you'll make your way out of the sprawling meadow, winding your way into the park. Not far in, you'll find yourself at a junction for the Bluebell Mesa Trail, leading to Bluebell Canyon and the Royal Arch Trail.

On our excursion, we managed to convince ourselves that we had taken the wrong turn at some point, leading us to explore the smaller trails that snake their way up into the Flatirons. We entertained ourselves by scaling the huge boulders piled one on top of the other, taking in amazing views over the park and of Boulder itself. Of course, after considerable backtracking and pestering fellow hikers, we found our way and continued on.

The trail dips down into the Bluebell Canyon, where, after crossing a stream, you'll be met with an endless staircase to lead you to the Arch itself. Though it's nothing nearly as excruciating as the Incline, you'll still find yourself in need of a few breaks as your quads start to burn.

The creek that runs alongside the trail will quickly fall away as you make the ascent towards the Arch. Trees line the edges of the trail, and will provide you with quick glimpses over the city. Don't be fooled when you reach the "top" of the stairs and steep trail; after descending for a bit, you'll be met with another set of grueling steps.

As you make your way, you'll find yourself climbing up piles of rocks lined with foliage and water trickling down, and finally be in sight of the long-awaited Arch. However difficult the last bit is, that first sight will get you to power through the rest of the hike.



You'll finally find yourself at the bottom of one last set of stone stairs with the Arch stretching out above you. Personally, I like to take the sighting of the end goal as an excuse to run the last bit and truly push myself, but at this point that last set of stairs was a bit too much.

Nevertheless, once finally completing the climb, you'll find the incredible stone archway spanning above your head along with breathtaking views. At this point you can sit and relax on the stones underneath the arch, take in the views, let your feet dangle over the edge of the cliff, and obviously snap a few pictures to document your feat.

Making your way down will be significantly easier on your lungs, but not necessarily the knees as you navigate the same staircases. You'll be able to choose between various trails to get you back to the trailhead.

Once returning to the meadow at the trailhead, take some time to explore Boulder and reward yourself with a root beer float before making your way back to campus, because even though it was worth it, that was pretty damn hard.

Men's and women's XC hold own at DII Joe I. Vigil Open

HANNAH WESTERMAN

Staff Writer

The 2014 season was a big one for Colorado College's cross-country teams. The men and women's teams each persevered to win their very first SCAC Championships. Furthermore, Nick Hall and Leah Wessler took home individual SCAC titles for Coach Ted Castaneda's squad. The women's team went on to place 4th in the NCAA Division III Regionals, while the men's team placed 12th in their respective division. Now it's time to see how the teams plan to follow such an impressive season.

This year, the team has been training vigorously, both running and lifting, and balancing their busy block schedules with cross-country workouts. Many of the women's team do 60 to 65 miles per week, while many of the men do over 80. All this preparation came to a head last Saturday. The 2015 CC cross-country season opened Saturday, Sept. 5, at the 22nd annual Joe I. Vigil Open Meet.

The event was hosted by Adams State in Alamosa, Colorado.

The meet is held in honor of Coach Joe Vigil who led the Adams State cross-country program to 19 national team titles and 10 individual titles. He also coached at the Olympic level. He has received countless honors and recognitions. For example, this June, Vigil was honored by USA Track & Field as a "Legend Coach." He is only the second to receive such an honor.

It is fitting that the Tigers were there to participate in the event since Vigil received one of his two master's degrees from Colorado College. The Vigil Meet was a challenge of an opening meet for the reigning SCAC champions. Colorado College was the only DIII team competing.

"I think we had some great competition at the invitational," said freshman runner Allysa Warling. "We were the only DIII team there, so we had a great opportunity to really push ourselves and compete against a lot of more com-

petitive DII teams. I think we really held our own, and it was a great first meet of the season."

CC competed against five other schools: Adams State, Colorado Mesa, Fort Lewis, Regis, and Western New Mexico. The women's team placed fourth and the men's team narrowly placed last behind Western New Mexico. This was the third consecutive year that Adams State won both the individual and team titles.

Despite the stiff competition, there were still some highlights for Colorado College. It was a time for the newcomers to the team to shine. On the 5K course, Warling led the CC women's team. She finished seventh overall with a time of 18 minutes and 38 seconds. Warling was the only non-Adams State runner to finish in the top eight. The first-place time, by junior Jenna Thurman of Adams State, was 17:46.

"The coaches want us to do well in meets, but they also care about how we're doing in other areas of our lives as well," said Warling. "I really like the team

so far. They've been very welcoming and have really made all of us freshmen feel like we belong here."

CC's next female finisher was last year's SCAC individual champion and junior Leah Wessler, who finished in 15th place with a time of 19:28.86. Freshman David Eik led the men's team on the 8K course with a 32nd-place finish. Sophomore Jackson Sayler of Adams State won the men's competition with a time of 25:09. Eik finished in 28:40.

"I love [cross country] because it lets me unleash my competitive side," said Eik. "But I think what has really kept me running all these years is the people. Running fosters such a great, tight-knit community of people who are genuine, fun-loving, and weird all at the same time."

Senior Jacob Rothman was close behind Eik, finishing 35th with a time of 28:53.

The Tigers will next compete at North Monument Valley Park while hosting the CC Invitational on Saturday, Sept. 19.

Rock School will rock on in Block 2: Aspiring climbers rejoice

SARA FLEMING

Guest Writer

Have you noticed all of the Colorado College students stoked on rock climbing and wondered what it's all about? Starting in Block 2, the Outdoor Recreation Committee (ORC) will be offering a new course: Rock School 101. The course, aimed at teaching new climbers or gym climbers the necessary skills to sport climb outside, will last for the entire Block, with meetings once or twice each week.

The course is part of a new program that is the brainchild of several ORC employees and student climbing instructors and will be led by Jamie Smith '18 and Michael Kauzmann '16. CC already offers plenty of opportunities for climbers to develop their guiding capabilities through Ahlberg Leadership Institute courses or refine their skills through clinics, but there was no formal program for teaching gym climbers to safely transition to climbing outside.

This is a common problem in the climbing world. As more and more gyms crop up on college campuses and city centers, more people become interested in climbing; however, many gym climbers lack the knowledge necessary to safely transition outside, which is a significantly riskier endeavor than indoor climbing.

This course is intended to fill that void. Participants will have sessions once or twice per week to learn how to tie important knots and hitches, build and clean anchors for sport climbs, rappel, and practice lead climbing.

"Climbing is a highly mentor based sport, where a new climber can find

a more experienced one and learn directly from them through climbing itself," Smith said. "That is how all of the instructors got into climbing, and we want to give back to new climbers. Rock School allows this mentor relationship to bloom in a highly controlled and educational setting but promotes future trips involving instructors, participants, and other climbers outside of the structured classroom setting."

The course will culminate in two outdoor field trips to Red Rocks and Shelf Road, over second and third weekends, respectively.

The Rock School 101 course will be followed by a Rock School 202 course in the spring, which will focus on traditional or "trad" climbing (a form of climbing where climbers place their own protection as they climb, as opposed to sport climbing, where bolts are permanently affixed to the rock) and multi-pitch climbing.

Enrollment has been extremely successful thus far; Rock School 101 filled up within the first day of being on Summit and has a wait list of 14 people. "This is kind of a test trial to see how successful it is and to work out the kinks," said Smith. "If there is positive feedback, we are planning on offering Rock School 101 and 202 next semester, tentatively Block 7.

The program is meant to empower climbers to take their climbing skills to a new level and get outside."

The ORC hopes for similar interest second semester, as well as further collaboration between Climbers' Association of Colorado College (CACC) and ORC to strengthen the climbing community and cater to more students.

New era in the life and mind

CALEIGH SMITH

Active Life Editor

I never understood what all the hype was about. Climbing always just seemed like a good way to get your arms tired and your hands raw. Sure, I would occasionally take a jaunt to the climbing gym because climbing two or three V.0s would count as my workout for the day, right?

I wanted to 'get it,' I wanted to understand the obsession, and I wanted to be privy to the culture. My high school had a nationally recognized climbing team and a few of my best friends were on it, leading me to the gym every weekend to watch comps. It was never terribly enticing to try it after watching my friend climb a V.8, and I could sometimes barely heave myself up a V.1.

Thanks to a good friend today, I expanded my horizons, as they say. We drove out to Garden of the Gods directly after class and trekked out to Kindergarten Rock.

"You're sure I can do it?"

"Yeah, I'm sure," he chuckled, helping me make sense of my borrowed harness.

"What happens if I can't?"

"You can."

"But what if I can't?" I asked as he helped adjust my helmet.

This conversation déjà vu-ed its way to the base of the climb when he demonstrated the necessary maneuvers on my part—the knots, the bits and pieces, the techniques.

I was secretly so worried I wouldn't be able to complete the climb. I envi-

sioned my legs trembling the entire time and my fingers clinging to a small hold halfway up, never truly trusting the rope enough to sit back and regroup. How embarrassing.

And yet, you have to start. You can't say you never tried. Or at least, that's how I convinced myself to climb those first few feet.

My fingers were tired and my arms were throbbing but my legs were surprisingly, comfortably steady. And it was in this slow, painstaking way that I made it to the summit of Kindergarten Rock via New Era.

You look around at the top, and somehow you seem to intrinsically 'get it.' The culture, the hype, the stereotypes, and the stoke all fall away when you peer over the edge, down the face you just clambered up. You feel that supposedly-fictional swelling of pride in your chest, your trembling fingers seem like they're dancing in celebration, and your arms don't seem to realize they're finished climbing.

The view strikes at a place in the heart you didn't realize was reachable without getting into the backcountry and the brain is set to constant overdrive.

Glorious. Incredulous. Astonishing. Lest it be unclear: I'm hooked.

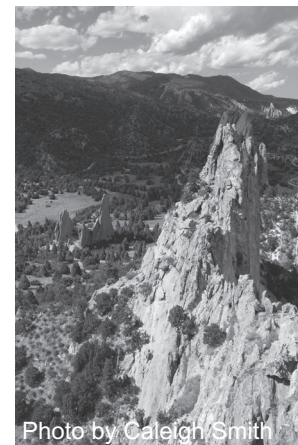


Photo by Caleigh Smith

Volleyball slays at CC Classic, looks to continue undefeated season

HOLLIS SCHMIDT

Staff Writer

The Colorado College women's volleyball team is a powerful force on this campus that cannot be stopped. The team began the 2015 season with a 3-0 win against Johnson and Wales University on Tuesday, Sept. 2. The team has a roster of 19 players, and Coach Rick Swan was able to rotate the lineup and have younger players step out onto the court to experience the fast-paced manner of collegiate play. Twelve of the 19 players on the team's roster are underclassman, bringing a new perspective and intensity that cannot be matched.

"The game was a boost of confidence and a great way to start the season as we prepare for tougher competition," said junior outside hitter Abbe Holtze.

For this game, there was a young team on the court with only three returners starting on the floor, but those returners were able to help the new players get into the swing of things and keep the confidence up on the court.

The Reid Arena hosted the CC Classic Tournament this past Saturday, and the CC team took away the title after beating University of Dubuque and The University of Texas at Tyler. Senior and libero Sophie Merrifield and sophomore Glenna Yancey were both named All-Tournament players with important defensive plays that helped capitalize on their wins.

Holtze, who notched a team-high 15 kills and 15 digs, said, "This year on the team we have so much depth that we

are able to change the lineup, and it is advantageous for us to utilize the fresh legs and fresh arms, especially during weekend tournaments."

Reagan Folaron, a sophomore transfer, is going to be a force to watch in this program, after earning a double-double against UTT with 14 kills and 11 digs.

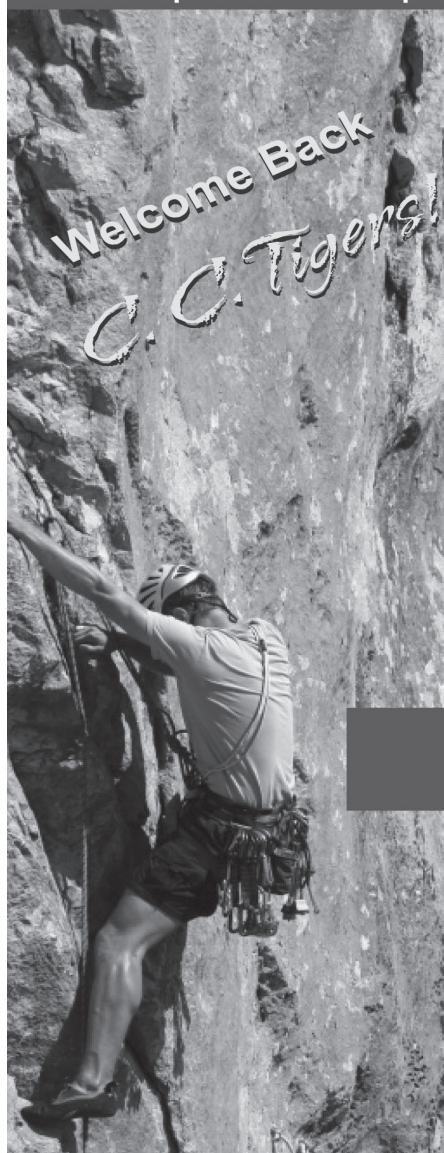
It is an advantage to play at home, especially for the first few games because the team is familiar with the arena and the CC fans amp up the atmosphere. "Our team is very supportive of one another," said sophomore Susannah Phillips. "We try not to bring any negative vibes onto the court with us."

Merrifield stands out on the court in the eyes of her teammates. She is a true competitor and acts as the calming presence to keep the fast-paced game of volleyball at ease. What makes her the standout leader is her amount of energy that she brings to the court helping keep everyone calm and motivated.

Senior captain and right-side hitter Courtney Birkett was named the MVP of the Colorado College Classic as well as SCAC Offensive Player of the Week. Birkett capitalized on both her offensive skill set as well as defense and is an all-around essential player on the court. This first week of games, Birkett has had 97 assists, 45 kills, and five service aces. Defensively she dominated the court with 46 digs and 12 blocks.

If you're looking for a way to start your weekend festivities off right, come pack the house this Friday at 7 p.m. to watch the 13th ranked CC play against the 17th-ranked University of Wisconsin - Whitewater.

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LIFE

The follow-up: Continuing the dialogue about on-campus venues

EBONI STATHAM
Staff Writer

Last school year, the Catalyst covered music spaces on campus with a survey that asked Colorado College students and student musicians about their preferred music performance space in regard to appearance, sound quality, capacity, and aesthetics. The response was largely positive, even from President Jill Tiefenthaler, who inquired about what an ideal music space would look like for CC students.

In March, the SOCC (Sounds of Colorado College), student musicians and other community members held an open forum where people could come and voice their opinions about music on campus, the music culture, and what their specific wants and needs were. Students came up with:

- A set space with a capacity for about 150-200 attendees
- Accommodations for a range of groups - from large, five to six piece bands to smaller singer-songwriter acts
- Intimate and lively with both seating and space to dance
- Designated space exclusively for student bands, performers and spoken word artists
- Permanent stage setup with the ability for artists to reserve the space for live performances
- Potential for student employment with coordinators and desk managers that would be able to staff the venue, check out gear, and work the front desk
- Cater to programming with speakers, workshops, and lunch seminars

- Open "jam hours" for musicians
- Practice room space
- Recording studio space
- Opportunities for students to learn about band management, sound production, and running live events

The ideas listed above are just a few of the concerns and needs that students listed at the meeting. Most evident was the lack of an established music hub on campus for collaboration or performances. This is quite astonishing, considering that CC has quite a presence of talented musicians on campus. How does a new student form a band without contacts? What if someone is interested in trying an instrument, but does not have the financial capabilities to invest in one and take lessons? How can students learn how to run sound for a live event if they have never had this experience or formal training? These are just a few of the questions that have yet to be addressed.

Although there seems to be a plethora of obstacles, it is useful to look at the models in place at other colleges. Oberlin College has found a way to balance formal music education with their conservatory college as well as informal music organizations. They have The Oberlin 'Sco, which is an on-campus bar and music venue located in the ground level of the student union. Their website states, "This subterranean nightclub attracts a variety of alternative bands, along with many top-notch musical combos formed by Oberlin students . . . Although primarily a music and dance club, the 'Sco, has welcomed the occasional musical or theatrical production, especially during winter term." They have managed to

book acts such as Lower Dens, Deerhoof, Mac Demarco, Parquet Courts, and Danny Brown (to name a few) at either a severely discounted price or even for free.

Carleton College has "The Cave," which is a student-run music and entertainment venue housed on the lowest level of one of their dormitories. This venue is open Tuesday through Saturday with regular coffee nights and live music each weekend.

This private venue, which is only open to Carleton students and hosted guests, has been a space for local and touring acts as well as student bands and DJs. This space, unlike the bar setup in Oberlin, is a BYOB space that follows state and college alcohol procedures and laws. This space has been used to host student band showcases, open mic nights, battle of the bands, karaoke parties, poetry slams, trivia nights, dances and beer tastings.

Both spaces are predominately student-run and serve as a permanent hub which consistently stages events; these venues could serve as potential models for Colorado College. At present, the main issue is gaining momentum. After a meeting earlier in the block with faculty and staff members about music on campus, regarding venue spaces in particular, there seemed to be some hesitation in the present availability of venues such as Gaylord, Cossitt Amphitheatre, and Cornerstone. Alternatively is the need for additional practice space (the only space available to non-music major

and minor students is the Mathias practice space, which can be competitive in terms of booking and scheduling).

In order to get the ball moving the next step would be an in-depth proposal demonstrating the need of a new space. A few locations on campus have been considered, but it remains difficult to determine sustainability in terms of financial security for a space over an extended period of time as well as sanctioning the use of the venue.

Although there are spaces that can and have been used to hold musical events on campus, these spaces do not represent a viable musical hub. Instead, these spaces are multipurpose and used for a plethora of events, which leaves student bands and music

"In order to get the ball moving, the next step would be an in-depth proposal demonstrating the need of a new space."

event planners to compete with other organizations on campus to plan an event. Also, these venues do not exhibit the factor of predictability; there is nowhere on campus where a student can go to hear live music every Friday night.

Further dialogue must take place to ensure that any action taken reflects the needs and wants of those who seek to benefit from the creation of new space, or remodeling of an existing space. Regardless of whichever is deemed most important, it is evident that student musicians, bands, and those interested in music education that might not be found in the music department are in need of more support from the college in general since they contribute greatly to the campus community.

Finding ways to balance wellness on the Block Plan

RUBY SAMUELS
Staff Writer

Mental health professionals and parents alike are asking with more urgency than ever what has gone wrong with millennials' ability to handle stress. According to the 2013 National College Health Assessment (which covers 125,000 students from over 150 colleges and universities), approximately one-third of college students in the United States struggled to function in the past year due to depression. Nearly 50 percent reported overwhelming anxiety, and more than 30 percent of students who sought counseling admitted to suicidal ideation and at least one serious attempt. Clearly, there is a problem.

On the flip side of the coin, there is a movement towards the upercased lifestyle genre of wellness. In a world filled with gluten-free labels on olive oil, yoga mats, and indoor cycling classes that claim to give your "soul" a workout too, wellness is a hot topic, but so is college-age depression. So what is

"wellness," and why does it not appear to be working for the very demographic that kale shakes are marketed towards?

"Wellness is about the whole person [and would] encompass many domains of life," said Heather Horton, director of the Wellness Resource Center at Colora-

do College, "including intellectual, emotional, physical, spiritual, socio-cultural, environmental, financial, and career. Each of those domains is complex within itself."

If there are several domains of wellness that a student has to balance on top of the block plan, some may get more attention than others. However, "it's important to try to pay attention to all as-



Photo by Madelene Travis

pects of ourselves," said Horton, because by focusing all of your energy on just one aspect of wellness, your goals will actually suffer without the support of a holistic system.

For example, if you neglect your emotional well-being in an attempt to im-

prove physical fitness, over-exercise may result, with injury as another possibility. Similarly, if you focus on homework without nourishing your physical well-being, you may not have the energy or brainpower to fully support your studies.

Alternatively, by caring for yourself in one area of your life, you support another. This phenomenon can easily be seen at Colorado College, where many students utilize the stress-relieving and self-motivating benefits of physical activity to perform well academically and as social and environmental activists.

Zoe Holland, a junior, describes how CC students often combine physical and mental wellness by socializing in an active environment. "I think what's interesting about CC is that a lot of the popular fitness or wellness activities are pretty social, like rock climbing, skiing, or hiking, which makes balancing things less intense," said Holland. "In my experience, the Block Plan kind of makes you rotate your priorities throughout the year depending on the time of year and the intensity of the class."

The nature of the block plan, as Holland points out, often necessitates a rotating focus on certain domains of wellness over others. However, various school programs are increasingly making efforts to support the aspects of wellness that most often get left behind. The counseling service, for example, of-

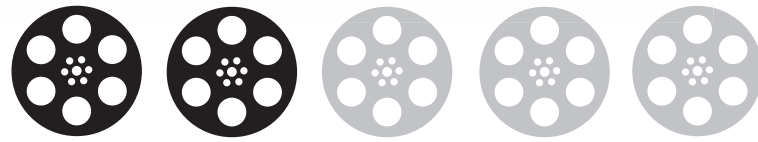
fers six free sessions per year to each student, and 30 percent of the student body utilizes this service every year.

The fitness center also provides services to customize nutrition and fitness plans for students and faculty. Tiana Perry, Assistant Director of the Fitness Center, says that this individualized training "includes basic nutritional guidelines and an individualized workout program. The CC student, faculty, or staff member can then choose to meet on a monthly basis to get an updated program and have one on one discussions regarding his/her progress."

In addition to this are student-led groups, such as GROW, which advocates for mental health awareness and offers support for sufferers of mental illness. Several ORC trips last year were also geared towards promoting mental and emotional wellness. The Wellness Resource center strives to find new ways to help students every year. One such initiative is the Rock the Block program, which is a series of events that help students learn how to balance physical, emotional, and social wellbeing with academic stress.

If you or a friend is struggling to balance all of the various domains of wellness, these services are available for you to use at any time. Your mental and emotional health is as critical to whatever kind of success you hope to achieve in life as physical fitness and academic prowess. There is no wealth without your health, so take inventory on your life, and take care.

Reel Talk: Southpaw



THOMAS CRANDALL
Staff Writer

Despite flashy visuals and Eminem-injected-adrenaline, "Southpaw" doesn't pack much punch for the violent rage it promises. Directed by Antoine Fuqua, known for "Training Day" (2001), "Shooter" (2007) and "Olympus Has Fallen" (2013), "Southpaw" stars Jake Gyllenhaal as Billy Hope, a professional boxer trying to avenge the death of his wife, Maureen (Rachel McAdams), and regain his championship title. While Gyllenhaal displays incredible commitment to portraying the enraged boxer, his and McAdams' acting can't save "Southpaw" from its dull, slow story and uninspired dialogue.

Running at about two hours, "Southpaw" could have been told in 90 minutes and achieved the same half-baked, melodramatic effect. Like other boxing films, notably "Rocky" or "Raging Bull," the film introduces Hope as a boxer with an anger problem, threatening his relationship with his wife and daughter, Leila. "Southpaw" adds a slight spin to the convention (Hope fights for his daughter, not a girlfriend), but beyond that, the movie barely distinguishes itself.

Hope is not the brightest (he has trouble spelling "incarcerated" in a speech for a charity event), and the film seems to overemphasize his rawness in order to compensate for the narrative's lack of a middle.

Hope crashes cars and breaks furniture; it's as if the producers assume that Gyllenhaal's ridiculous stunts will make up for the movie's clumsy form. Their family has glimpses of tenderness, but the film pays more attention to McAdams in her form-fitting dress than to building her role as a mother. Both actors' performances become desperate attempts to compensate for bad writing.

Because of no solid foundation, "Southpaw" drags. A lot. Maureen's death scene even pushes the limits of the actors' abilities, and the story lingers in Hope's depression without actively moving the story back to boxing. Moments like Hope's realization that he may need to sell his house is suffocated in boring dialogue; Hope's manager (50 Cent) takes several, expository minutes

just to tell Hope, "You have no money."

Anger turns into angst as each stunt and curse word loses power, until finally, like most sports movies, the famous athlete humbly returns to the rugged, ghetto gym to train. Everything about "Southpaw" tries too hard, particularly its constant use of clichés to show Hope's training. Boys from a tough neighborhood, run-down equipment, mentorship between Hope and the kids -- nothing feels new, and even these attempts at redeeming the

"Running at about two hours, "Southpaw" could have been told in 90 minutes and achieved the same half-baked, melodramatic effect."

characters fall flat.

Showy editing and visuals becomes the film's obvious crutch. The camera shakes during the fight, moves in and out of focus constantly, blurs the audience after Hope is hit in the eye; visually, the movie takes every opportunity to show off some new visual effect to replace actual emotion, as if just showing Hope's bleeding eye in graphic close-up isn't enough to show he's been hit.

Tasteless tricks become useless, such as showing Maureen text their daughter, "Daddy won," or Leila later sitting in bed

texting her mom when dad will be back. It's as if Fuqua thinks the audience won't understand that Leila misses Hope, and needs to spell it on screen for the viewer instead. Even the music in "Southpaw" defers to sappy melodrama, infecting every potentially emotional moment with a predictable, slow-moving piano or strings accent. In all aspects, the movie refuses to rely on its actors or script to convey emotion but feels the need to add some new element, successfully watering down any genuine moment.

Despite Gyllenhaal's scary-at-times commitment to the role and some intriguing camera techniques, like seeing Hope with a gun on his bed or screaming into the camera, the film destroys any merit with oversentimental drama and a poorly constructed narrative. Like someone who desperately wants you to think he/she is interesting, "Southpaw" demands attention without having anything meaningful to add to the conversation.

Catch (or choose to miss) "Southpaw" at Cinemark Tinseltown off Cheyenne Mountain Boulevard at noon and 7:10 p.m. throughout the week, and tune in for a review of the lighter, NYC comedy "Mistress America" first week of Block 2.

BREWHAHA: Copper Kettle Brewing Company

NOAH STEWART
Staff Writer

In 2011, Dr. Jeremy Gobien decided to leave North Carolina for the state of Colorado to start a brewery. Gobien has a Ph.D. in material sciences engineering—and had been an avid home brewer for years—so he took a leap to combine his passions into one and brew wonderful beer.

The result of his career transformation is Copper Kettle Brewing Company, located at 1338 S. Valentia Street in Denver, Colorado. In the brewery's short four-year stint in Denver's ruthlessly competitive craft beer scene, Copper Kettle has done quite well, winning praise from USA Today, Denver's Westword Magazine and a medal at the Great American Beer Festival.

To get an idea of Copper Kettle's brewing prowess, I sampled a bomber of Charlie's Golden Strong. Charlie's is a Belgian-style Golden Strong Ale with an alcohol content of 8 percent ABV. As a big fan of Belgian-style ales, I have tried my fair share. I will honestly admit that this is one of my favorites, right up there with Pikes Peak Brewing's Gold Rush Belgian Golden Ale.

Unlike other strong Belgian beers, this one does not have an unpleasant sweet

finish. The beer is well balanced in every sense. It has the right combination of subtle-sweetness and earthy elements and has a good amount of carbonation, something that can be a problem with Belgian-style ales. Currently the beer is only offered in 22-oz. bombers but hopefully will soon be included into Cooper Kettle's growing line of canned beers.

Along with Charlie's Golden Strong, Copper Kettle offers bombers of the Naja Imperial Red IPA and Mexican Chocolate Stout. Their first offering in a can is Bavarian Helles, a German-style Pale Lager. At the brewery they have some unique offerings, including A Bourbon Barrel Aged Berlinerweiss, a Basil Cherry Blonde Ale, and a beer called Sobremesa, an English strong Ale aged in tequila barrels with lime zest and agave nectar. I would recommend visiting the brewery because it has been for its local feel. The beer also does not distribute outside of Colorado, so enjoy it while you're here.

In short, I would recommend Copper Kettle to really anyone who likes beer. They're a genuine Colorado operation that makes classic beers well and brings new options to the table. Don't miss out on Copper Kettle; they don't disappoint.

NICK'S PICKS: Critic's Notebook on Justin Bieber

NICK DYE
Staff Writer

There is a cruel and undeniable fact that every college student must come to terms with: Justin Bieber is either your age or older, and he's more successful than the vast majority of us ever will be. It was easy to predict a mere half decade ago that the Canadian pop star would crash as soon as he stopped sounding and looking like a chipmunk. About a year ago, many thought he would be done after some legal and drug troubles. However, that has not been the case.

Bieber's second or third or even 20th phase of his career has just begun with Jack Ü's "Where Are Ü Now?" and the new chart topper, "What Do You Mean?" A fourth Bieber album is upon us in the coming months, and he is determined to become a universal pop star for an older audience. Due to a slow period in a rather successful year, this critic has decided to investigate the Bieber of yesteryear before willfully accepting the new and improved Bieber.

"Baby" (2010) - My World 2.0 (2.3/5)

This could easily be a completely different artist from the current Bieber. The voice is completely different from the contemporary version, much more childish, like a young Michael Jackson. If you listen beyond the constant "Baby's," you notice a kind of cool synth part that feels very 2010. Ludacris's verse is seemingly out of place, yet impressive to be so fluid and clean from a man with "hoes in different area codes." Also, Drake appeared multiple times in this video and somehow his street cred has only gone up since then.

"Beauty and a Beat" (featuring Nicki Minaj) [2012] - Believer (1.6/5)

This one is probably the most pain-

ful. Everything is poorly written. The beat felt like one that producer Zedd had left over lying around. The Nicki Minaj verse, like Usher's, felt like a swing through. I felt bad for Minaj; not only did it seem beneath her to be on this track, but then she had to get dry humped by Bieber. Intended to be found footage from a Bieber party, the video simply makes it seem like, well, a terrible party. Everyone went to a water park that Bieber rented out and instead of drinking and having a good time, they had to perform a choreographed dance for him.

"Confident" (featuring Chance The Rapper) [2013] - Journals (3.6/5)

Yes, that Chance The Rapper. Bieber finding a rapper like Chance at a hungry point at his career in late 2013 was fruitful. Chance delivers a great verse over a pretty decent beat. Bieber begins to prove himself as Usher's successor as a singer. The video is very creepy. Essentially, Bieber stalks a girl and uses a cheesy line about Takis throughout the whole thing.

Jack Ü - "Where Are Ü Now?" (featuring Justin Bieber) - Skrillex & Diplo Present Jack Ü (4.2/5)

How about a full career turnaround? Jack Ü's single is one of the best of the year. Unlike the generic copy cutter beats we've heard throughout Bieber's career, "Where" is crafted by two master producers, Skrillex and Diplo. The sound that makes up the wordless chorus is actually Bieber's voice filtered to abandon. The lyrics are actually memorable.

What Do You Mean? - TBA (4.0/5)

There isn't anything particularly inventive about this song. If 2010 was the sound on his earlier songs, then 2015 might be the sound of this song. The beat is an obvious Kygo rip off as a tropical house song. Lyrically, it's not complex either, but Bieber sings well over the beat. Like others, the video is questionable. Bieber sets up a kidnapping of his girlfriend to present her with a skateboarding party.



Photo by Emilia Whitmer

Pumpkin Spice and basic culture

TARA LABOVITCH
Guest Writer

Brace yourselves: The season of pumpkin spice everything is here.

Everyone is familiar with this fall favorite, the excited (and growing) lines at Starbucks, and the accompanying onslaught of Instagram pictures. But here's the history: Starbucks began developing the flavor in early 2003. With their other seasonal drinks doing so well, Starbucks began searching for something new to add to the sugary collection.

Starbucks rolled out 10 new drinks to test. The chocolate and caramel flavors were the most popular, and pumpkin spice actually fell around the middle of the spectrum. But with no other competing pumpkin drinks or foods on the market, Starbucks chose to further develop pumpkin spice. After testing multiple combinations of pumpkin and spice, the official Pumpkin Spice Latte was pre-

sented in 2003. Surprisingly though, the drink hasn't contained any pumpkin in past years. This year however, there has been talk about adding pumpkin to the iconic recipe.

Since its introduction to the market, Starbucks claims to have sold about 200 million Pumpkin Spice Lattes. Pumpkin spice has permeated our entire food and drink culture. Dunkin Donuts now serves pumpkin flavors, M&M has pumpkin flavored candies, there are shampoos and soaps and candles, and now various chocolate brands sell the popular flavor. There are even pumpkin spice Pringles.

But what about the cultural obsession with Pumpkin Spice Lattes – or PSL as the Internet has so lovingly dubbed it? The PSL is the essential drink in "basic" culture. As many of you probably know, basic culture is just normative culture. In May of this year, Dictionary.com updated their definition of basic to include "a person, especially a female, who is bor-

ingly predictable and unoriginal."

The current trends linked with basic culture today have negative connotations and are predominantly wrapped around Ugg boots, Instagram selfies, novel-worthy hashtags, Starbucks, and leggings: the epitome of the "basic white girl."

Someone who is basic is almost always a she. New York Magazine writes, "The woman who calls another woman basic ends up implicitly endorsing two things she probably wouldn't sign up for if they were spelled out for her: a male hierarchy of culture and the belief that the self is an essentially surface-level formation."

Calling someone basic is one of the most non-committal insults in the book. It's not as cruel as other digs, and as New York Magazine says, "it derives its power from the knowledge that if you can recognize someone or something as basic, you probably, yourself, aren't it."

But at its essence, basic culture is all about fitting in. It's about conforming to a defined physical presentation and identity because it's comfortable. Our very own school, Colorado College, has its own "basic" culture. Maybe it's not about Starbucks and Ugg boots, but consider how many Nalgene bottles plastered with stickers you see around campus, the outdoorsy attitude, and lots and lots of Patagonia.

But we aren't just who we present ourselves to be. Just because someone decided to only buy brand-name clothing does not mean that they are brand-name clothing, just like you are not the summation of all of your Nalgene water bottle stickers. Nothing like this can truly encompass who you are as a person.

So whether you're buying that Pumpkin Spice Latte because all of your friends are, or because you just really like it, enjoy it.

Are you a victim of love? Charles Bradley and His Extraordinaires

NIYAT OBGAZGHI
Guest Writer

Are you ready? Charles Bradley and His Extraordinaires, the high-energy funk and soul music group, are coming to Colorado Springs this Friday, Sept. 11. Their concert will be held at Ivywild School, located on South Cascade Avenue, and will begin at 3:30 p.m. Tickets are still available, ranging from \$30 to \$50. Get ready to groove to the funky brass, drum, and guitar compositions of His Extraordinaires and sway to the soulful R&B sounds of Charles Bradley!

Charles Bradley, the 66-year old star of the dynamic group, discovered his calling to music at the age of 14 after his sister took him to watch James Brown perform at the legendary Apollo Theater in Harlem, New York. He felt so inspired by the show that he began to imitate the King of Soul's style and stage presence

at home. Before the end of the year however, his budding musical career was put to a halt when he ran away from home and began migrating between his car and the streets, in search of shelter. Once he re-stabilized his living conditions, Bradley began to work a few different jobs here and there and then traveled to Maine to become a chef. One day, after Bradley's co-workers discovered that he could sing, they pushed him onstage in front of a crowd to perform with a band for the first time. Soon enough, Charles became a regular entertainer and traveled to California to play small shows for the next 20 years of his life.

In 1996, Charles moved back to New York and retraced back to his young roots; he began to imitate James Brown's persona again, but this time, under the name "Black Velvet." Over the next several years, "Black Velvet's" popularity began to grow and soon enough, Gabriel Roth, the co-founder of Daptone

Luigi's
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Hours: Tuesday-Sunday open 5pm. Closed Mondays.
719-632-7339 www.luigicoloradosprings.com

Records, discovered his musical genius and signed Bradley to his label. In 2011, Charles released his debut album "No Time for Dreaming" to critical acclaim and then in 2013, released his second romantic album "Victim of Love."

"The band is so tight knit, and Charles exudes a unique energy that makes it impossible not dance," said first-year Lena

Farr-Morrissey after seeing Charles Bradley in a previous show. "I remember walking away [from his concert] with a big smile on my face. He makes sure to remind you all the positive things about this world and to always keep your head up. His show is one that I still remember as being influential on how I listen and dance to music."

O'Keeffe exhibit brings the Southwest to life

MAYLIN CARDOSO FUENTES
Guest Writer

Adjacent to Packard Music Hall lies the Colorado Springs Fine Arts Center, an art gallery that brings the greatest paintings into perspective with vivid colors and compelling scenes from abstract modernism to more down-to-earth realism. Now, combine this with the grandiose landscape and diverse culture of the Southwest United States during the 20th century.

Since late June, the Colorado Springs Fine Arts Center has had the opportunity to represent Colorado Springs as one of the only four cities in the nation to exhibit one of the most influential painters of the 20th century in the "Eloquent Objects" exhibit: Georgia O'Keeffe. Having grown up in New York City in the

early 1890s, O'Keeffe originally focused on modernist and abstract oil paintings of the city's skyline after having been inspired by photography in aims of depicting the New York's beauty through intense colors and large scaling. However, after spending many of her summers in New Mexico, O'Keeffe made the move

"The Colorado Springs Fine Arts Center has had the opportunity to represent Colorado Springs as one of the only four cities in the nation to exhibit one of the most influential painters of the 20th century."

to her permanent and isolated home in Ghost Ranch to display the allure of the American Southwest and its never-ending vastness. There, she frequently painted still life oil canvases of the environment, including bones in pieces like "Rib and Jawbone" and "Deer Horns." To her, bones represent life and mortality and, quoted by O'Keeffe herself, "are strangely more living than the animals walking around." She also indulged in painting the New Mexican natural landscape itself in pieces like

"Gerald's Tree II," "Dead Cedar Stump," and "Horseshoe With Feather." These seemingly barren, yet influential, elements provided O'Keeffe with endless inspiration; "Gerald's Tree II" was connected to her experience of watching her friend dance around this tree. By using abstract imagery, exaggerated scaling, and vibrant colors, O'Keeffe revolutionizes modernism to reflect her intense real-life experiences of the still life that she paints, especially in her flower paintings.

O'Keeffe was not the only artist to be so artistically influenced by the Southwestern landscape. The Fine Arts Center also showcases other pieces and artists in the "Eloquent Objects" exhibit like "Interior - Attic Studio" by Howard B. Schleeter and "Kitchen Window" by Jozef Bakos, which primarily use realistic colors and textures to delve into the simple daily life of the Southwest's inhabitants through the images of their homes.

Often, these paintings also represent

the huge significance of Christianity in people's lives such as in "Still Life - New Mexican Crucifix" by Eliseo Rodriguez. As with O'Keeffe, other artists really sought to depict the native and introduced flowers in their realistic paintings like "Petunias" Victor Higgins. Others really strove to recognize Native American culture in their art through the presence of native pottery and blankets like in "Zinnias" by Carl von Hassler.

The art sought to tell the world about the diversity of the Hispanic and Native American cultures through their incredible art by the enlightening the place's historical narrative.

The exhibit also features multiple pieces of indigenous pottery, robes, and tribal sculptures.

The Colorado Springs Fine Arts Center is located at 30 W. Dale St. and O'Keeffe's exhibit will be on display from 10 a.m. to 5 p.m. until Sept. 20. For Colorado College students, tickets can be purchased at the venue or online at <http://www.csfineartscenter.org/> for \$15.

CC LENS: Balloon Festival



Photos by Katherine Guerrero



CC HAPPENINGS

Friday

11th

10 a.m.-5 p.m.

Pikes Peak International Auto Show, An exhibition of vehicles from all major manufacturers, including 2016 models. \$0-5 (World Arena)

1 - 6 p.m.

"Lo-Fab" Exhibition, Examines the socially engaged approach that the architecture firm MASS Design Group has taken in the creation of medical facilities, with the goal of improving medical care through design. (IDEA Space)

3 - 5 p.m.

Men's Soccer Game, Come out and support your Tigers as they take on the University of Dallas, with a halftime performance featuring the Tiger Eyes Dance Team! (Stewart Field)

4:30 - 8 p.m.

Shabbat Dinner, All are welcome. (Interfaith House)

7 p.m.

Women's Volleyball, Your #13 Colorado College Tigers take on #17 Wisconsin-Whitewater. **PACK THE HOUSE!** (Reid Arena)

9 p.m.

Inside Out Screening, Bring some snacks and friends for a showing of Inside Out. There will be FREE giveaways! (Cornerstone Screening Room)

4 - 10 p.m.

Bristol's Freewheelin' Music Fest, Featuring Charles Bradley & His Extraordinaires, Phosphorescent, Joe Pug, Paper Bird and others (Ivywild, 1604 S. Cascade Ave.)

Saturday

12th

6 - 7:30 a.m.

Zen Meditation, Contact the Chaplain's Office for more details. (Shove Chapel)

9 a.m. - 3 p.m.

Historic Van Briggles Pottery Festival & Tour, The Van Briggles Pottery building is home to CC's Facilities Services office. Tours of both the Memorial Pottery and the grounds will run every 20 minutes. (1125 Glen Ave)

12 - 2 p.m.

Women's Volleyball, CC Women's Volleyball v. University of Mary Hardin-Baylor. (Reid Arena)

12 - 10 p.m.

Bristol's Freewheelin' Music Fest (Ivywild)

1 - 5 p.m.

"Lo-Fab" Exhibition (IDEA Space)

2 - 6 p.m.

Escape Velocity Comic Art Fest 2015, A celebration of comic book art, featuring over 20 Colorado comics artists. (Escape Velocity, 19 E. Bijou St.)

2 p.m.

MACnificent, A celebration of creativity in the Pikes Peak region, featuring art, food, beer, music and more. (Manitou Art Center, 513 Manitou Ave.)

2 - 5 p.m., 7:30 - 9:30 p.m.

Mountain Fold Books First Anniversary Party! Mountain Fold Books celebrates its first anniversary! Free coffee & cake from 2-5, and a bookshop tour and festivities starting at 7:30. (121 E. Costilla St.)

6 - 8 p.m.

Women's Volleyball, CC Women's Volleyball v. Bluffton University. (Reid Arena)

8 p.m.

Laser Tag on the Quad, Check-in will be under Armstrong's patio, an awesome night of outdoor laser tag. (Armstrong Quad)

8 - 10 p.m.

"Flash" with Rennie Harris and Michael Sakamoto

A dance theater duet written, choreographed, and performed by Rennie Harris and Michael Sakamoto (Richard F. Celeste Theatre)

Sunday

13th

11 a.m.

Women's Soccer
CC Women's Soccer v. University of Kansas. (Stewart Field)

1:30 p.m. **Men's Soccer**

Colorado College vs. Wartburg College. (Stewart Field)

Monday

14th

7 p.m.

NEH Lecture Series
Stephanie Elizondo Griest. Elizondo Griest is a performer and memoirist, author of "Around the Bloc: My Life in Moscow, Beijing, and Havana" (Gaylord Hall)

Wednesday

16th

2 - 4 p.m.

Mental Health First Aid (Gaylord Hall)

6 - 7:30 p.m.

Al Anon (Shove Chapel)

7:30 p.m.

Swing Dancing, Beginner lessons start at 7:30 and open dance at 8. Entry is \$10 at the door (\$8 online). (The Loft (2506 W. Colorado Ave.)

Thursday

18th

12:00 - 1:30 p.m.

Block Break Lunch

Friday

19th

4:30 - 8 p.m.

Shabbat Dinner

All are welcome. (Interfaith House)

Saturday

20th

7:30 a.m. - 4:30 p.m.

Waldo Canyon Fire Restoration Volunteer Opportunity
See RMFI website for more information.

2 - 6 p.m.

Velvet Hills Chorus (Armstrong Hall)

Overcoming sexism in the music industry

FRANCESCA LIPINSKI DEGETTE
Guest Writer

There is no denying that women are largely under-represented in the music industry. In 2013, all-male bands made up about 75 percent of the lineups for Bonnaroo, Coachella, ACL, Lollapalooza, and Outside Lands. In 2015, a mere 15 percent of the lineup for Coachella consisted of female artists.

At Colorado College, we are often just as guilty of overlooking females on campus. Take a look at a few of your favorite student bands—how many females do you see on stage? Perhaps one or two. Examine the Llamapalooza lineups for the past few years. See any women?

A major advocate of gender equality in the music world is Laura Patiño, the leading lady of Austin's Holiday Mountain. I spoke with Laura about her experiences with sexist teachers, ass-grabbing fans, and how women can gain the respect they deserve.

How and when did you start making music?

My mom got me started on classical piano lessons at 5 years old and around the time I hit my teens I started writing songs for piano and voice as a way

to safely escape and process a lot of the feelings I was having.

When did you begin to realize that you may face a special set of challenges as a woman in the industry?

Honestly I can pinpoint it back to a specific memory—this is nerdy, but it was at a jazz camp (I'll leave it unnamed) I had traveled to when I was around 15 years old. I was really excited to get more experience playing in an ensemble because so much of my musical practice was spent alone with my piano. Instead of putting me in an ensemble with bass and drums and all that, they basically had me go to a group that was all pianists, the majority of which were girls—I can't really recall if there were any male students at all. The old guy who was our teacher just played a track on a CD and told us to all just vamp over it at the same time which obviously just sounded bad and didn't really help anyone get better. I talked to the teacher after class who was easily 50 years old, and when I told him I would really like to be in a normal ensemble to be able to improve at being in a full band he just put his hand on my knee and said "hey, you're already pretty good for a girl, just don't worry about it" WTF!

Are there any times or specific events when it is or has been especially hard to be a female musician?

There was only one time where a dude I'd never even seen or met straight up grabbed my ass—like a very deep grab—right after a show, so my natural instinct was to throw my drink at him and start yelling. Maybe he informed all the other [creepy] dudes that I'm down to just publicly humiliate any guy who thinks that's an appropriate way to treat a woman he's never even talked to. But yeah, I don't think dudes in the music industry have to watch out for shit like that as much.

How do you implement feminine ideals in conjunction with the draw of sexual appeal in your music and performance?

Every woman deserves to feel beautiful and dress/carry themselves in a way that feels right and authentic to who they uniquely are. I spent a lot of my teen years feeling ashamed of my body & feeling like I could never be pretty enough because I didn't fit the mainstream mold. Once I was able to find communities and role models that resonated with me personally it was so much easier to find the self-love I had been missing. I hope I can offer everyone, but especially women, an environment where they feel safe and unafraid to embrace this powerful divine energy that is confident, strong, sexy, and alive.

Who are some of your role models and what do you think they have done to over-

come societal boundaries regarding gender?

I've been getting more into Grace Jones. I think she was/is so ahead of her time and truly freed herself from a lot of the constraints of gender norms to progress art and music. Tune Yards is another great example of a musician who seems so awake as a person—it's like she is past gender. Also, Kathleen Hanna is so awesome for being so honest in her music—she would get death threats from dudes who couldn't handle her power & feminist punk approach. The documentary 'The Punk Singer' is a great option for those who want to learn more about her career.

What do you think women can do to make sure we are heard and respected in the music world?

I think women need to keep embracing all the things we are told not to be to truly gain respect—bitchy, dominating, "too intense" (whatever that even means), loud, impolite (when necessary)—whatever it is people put you down as to belittle you as a woman is just a way to keep you in a box, to keep you behaving the way someone else wants you to. I'm excited for female musicians to destroy all of that.

As always, there are two sides to every story, so be sure to check out next week's interview for a fresh perspective!

A rich new storefront for Poor Richard's

ABE LAHR
Staff Writer

Anyone walking down Tejon will likely notice a change in the Poor Richard's storefront. It includes a new color scheme, new awnings, and new signage. Interesting enough, the principal reason for this change was not cosmetic, but structural: the front of the building was separating from the rest of the structure.

"The top wall facing Tejon was in danger of collapsing on the sidewalk," said Laslo Palos, COO of Poor Richards. "It bowed out five and a half inches in the center of the complex, right where the offices and rental areas are." In Palos' office, there were cracks running down the middle of the wall. "It was definitely time for something to happen."

If you look at the establishment today, you will see 11 rows of green diamonds on the second floor. Opposite these rows, inside the complex, are 11 steel beams which stretch from the ground floor to the roof. The diamonds and the steel beams sandwich the wall. There is a mechanism on the steel beams that allows one to tighten the connection between the beams and the diamonds, which is how the wall was pulled back into place and what prevents it from bowing out again.

Poor Richard's took advantage of this

necessary change to redo the storefront's image. One issue the company wanted to fix was the signage. The storefront was last redone in 1975, so there's been layer upon layer of signs building up over the last 40 years. They also addressed the store's paint job. Now they have a "unified color palette with a simplified message," resulting in a "cleaner presentation," which they believe is more inviting to the public.

There are two new murals by artist Douglas Rose. You might also notice that awnings now cover the front of every store in the row, not just two, allowing for "increased shade and privacy for outdoor dining," according to Palos. People have noticed this change; Palos mentioned the positive feedback they've received from customers, as well as praise from the mayor.

Palos mentioned the positive feedback they've received from customers, as well as praise from the mayor.

Poor Richard's also maintained its commitment to sustainability in this project. All the materials used in construction contained zero Volatile Organic Compounds and the old awning frames and railings were recycled to make the new ones.

Palos added that although the look has changed, the stores have not. The Poor Richard's Complex, including the bookstore, restaurant, Rico's Café, and toy store, is open seven days a week. For hours, visit their website at: <http://www.poorrichardsdowntown.com/>.



Photo by Madelene Travis