

THE CATALYST

Vol. 47, No. 6

The Independent Student Newspaper of Colorado College

October 14, 2016

Writing Center, QRC Popularity Surges Due to First-Year Use

By ETHAN GREENBERG

The Writing Center at Colorado College has been a part of the campus since 1981, and has seen general trends toward more use over those 35 years. However, Block 1 of 2016 exceeded the trend with record numbers of appointments, especially among first-years.

Block 1 of this year was the Writing Center's busiest Block 1 on record. Block 1 of 2016 had 688 appointments in contrast to 529 in 2015. That represents a 30 percent increase in Writing Center use. Writing Center peer consultant Grace Perry, sophomore, called it a "block of insanity" due to the huge popularity. "I've been three times," said first-year Coby Petau. "I found it to be super effective because the transition to college is so different and the writing style you have to portray has to be a lot more formal."

First-year usage was mostly responsible for the surge. Appointments by first-years increased 42 percent, while non-first-year usage only increased nine percent. "I don't think I worked with a single person who wasn't a freshman," Perry said, and she had 23 appointments throughout Block 1. Another Writing Center peer consultant, junior Maddie Walden, said that "the majority [of appointments] have been first-years."



Senior peer consultant Corey Baron in the middle of a session at the Writing Center. PHOTO BY AARON CRONIN.

This data is mirrored by the Quantitative Reasoning Center (QRC). Although QRC data is not as complete because it is more difficult to track, the QRC saw a 74 percent increase in individual tutoring appointments over 2015 and a 40 percent increase in drop-in appointments.

The popularity of the Writing Center and QRC is perhaps even more interesting considering the

library transition period. As Traci Freeman, Director of the Colket Learning Center, said, "this increase has occurred in a year of dislocation and disruption." The Writing Center now resides in the Mod Pod and the QRC in the Gill House, which in some ways may have increased the visibility of both resources on campus. Through this transition and in general, Freeman said that she feels "very well

supported by the college." Tracy Santa, Director of the Writing Center, said that "the administration has been sensitive to the needs of the student."

The reasons for the uptick are hard to pinpoint because causal links are almost impossible to prove. However, Freeman and Santa have their theories. "What I'd like to believe is that we have been working to change the cul-

ture around academic struggle," said Freeman. Asking for help is not a "sign of helplessness or hopelessness." First-year student Julia Gledhill said, "I think that the resources that we have on campus really encourage students to not only ask for help and acknowledge academic struggle but also just acknowledge these resources that are free and want to accommodate us."

Santa also pointed to the possibility that better writers are more likely to use the Writing Center. As acceptance rates have dropped at CC, some believed that the more academically-oriented the student body becomes, the less the Writing Center will be used. In fact, the opposite has happened. This could be because more confident writers have a higher probability of using the Writing Center. "If you are a struggling writer, it's more difficult to share your draft work with peers," said Santa. "If you are struggling with math, it's not seen as something which is as personal as struggling with writing."

"I do think that we get the better part of the writers in the Writing Center and we'd really like to extend that because I think that the difference between the good writers and the improving writers is that they don't know what resources are avail-

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Students Study Abroad, but at What Cost?

By TUCKER SMITH

Starting this year, students who matriculated at Colorado College on or after July 1, 2015, will continue to pay the same CC tuition when studying off-campus for a semester or a year, instead of paying the actual tuition cost assessed by the program or university abroad. This new policy has been dubbed the "New Home School Tuition Policy" and is not new among college study abroad policies. Many selective liberal arts institutions have implemented this policy in the last decade. The idea behind this tuition change is that it will make off-campus study available to all undergraduates.

The CC International Program webpage reads: "Under the Home School Tuition Policy, students will pay the same tuition cost for the semester, whether studying at Colorado College or off-campus. The program fee (sometimes called room & board) of the program they choose will be assessed to their CC student account instead of Colorado College room and board."

Current sophomores and first-years who choose to study abroad will pay their CC tuition as if they

were on campus, not the tuition of the program they choose, and will pay the fee of the program of their choice in lieu of CC room and board.

"I started here in May of 2011 and the rule was that students on financial aid could only do CC semesters abroad or the Exchange and ACM programs," said Inger Bull, Director of International programs. "Then January 2012, we changed it so that students on financial aid could choose any program and the financial aid would follow them. It was to equal out the playing field."

This was the "pilot program," and the current juniors and seniors are the last of CC's student body to participate. The program was deemed inefficient because the data from the three years following showed that, as Bull said, "it's not affordable to not receive tuition from 250 students every semester." The Home School Tuition Policy has been put in place to correct this issue and still give the opportunity for students receiving financial aid to study abroad with the program of their choice.

For the 35 percent of students

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New Rink Aims to Integrate Hockey and Community

By EVAN HAMLIN

On Tuesday, Oct. 12, Colorado College announced that it received an \$8 million gift from Edward J. Robson '54 in order to construct a new hockey facility on campus. The arena is part of a larger plan for campus improvement approved by CC's Board of Trustees in 2015. In total, \$10 million will be allocated to the construction of the arena, which will be fittingly named after Robson himself.

According to his company's website, Robson played hockey and baseball at CC, and graduated with a degree in business and banking. After graduating, he joined the United States Marines. Throughout the course of a five-year tour, he was twice granted leave to represent his country on the rink. He

played for Team USA in 1955, and was selected for the Olympic team in 1956.

Following his military service, Robson got started with real estate in 1960. In 1972, he opened his first retirement community, and now oversees seven luxurious and highly successful communities throughout Arizona and Texas.

The gift provides an immense service to CC's athletic community. The school's current on-campus ice venue, Honnen Ice Arena, has a number of shortfalls in its functionality. For one, CC's D-I hockey team can't practice on it because it's around 15 feet shorter in length than the rink they compete on. The arena also

has limited seating, and no designated women's locker room.

Honnen Director Linda Alexander has high hopes for the new venue, construction of which will begin during the 2018-2019 school year.

"I feel it's very exciting," she said when asked about the new facility. "It'll give us a chance to transition from Honnen to a bigger facility to then be able to offer more for students, staff, and faculty. We work with hockey tournaments, figure skating competitions, that would give us more ability to bring those types of things onto campus as well."

The men's hockey team cur-

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PHOTO COURTESY OF CC ATHLETICS. The new, proposed look for the on-campus ice rink.

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Dangers of the "Click-tivist"

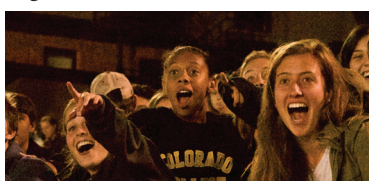
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Professor of Physics and Astronomy Dick Hilt discusses the chaotic energy of life at CC, Baca, and how to get the most out of life post-graduation. Page 5

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The Fall of Tent City: Eviction of Houseless Encampment

By NINA RIGGIO

Pee bottles, bags of needles, palettes, blankets of all colors, bottles of homemade weed stem tea, peoples' lives spread out on the asphalt like a junkyard. On Tuesday, Oct. 11, the City of Colorado Springs sent Springs Rescue Mission (SRM) a notice to evacuate so-called "Tent City" by 3 p.m. the following day, based on various code violations.

Tent City has been in existence for a couple months now and has been a transitional system for cities like Portland and Seattle to eventually lead to a tiny house movement for the houseless, which is the preferred term. Tent City popped up in the SRM parking lot because the current shelter is under renovation until mid-November. The new facility will cost over \$13.8 million.

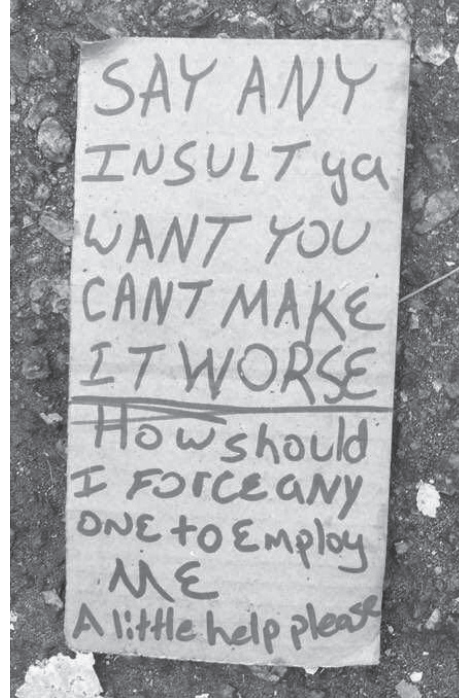
Happy Pappy, one of the community members, said, "They just started knocking on our tents at 4 a.m. this morning telling us to get out. I'm a 75-year-old veteran, I can't deal with this shit no mo'. I suppose I'll just head back to my old bridge." Pappy spent many hours cleaning up his tent spot knowing that "they just gonna run you outta the next spot you occupy."

The HOT team, or the Colorado Springs Homeless Outreach team, will be arresting anyone that is occupying flood plains by the rivers and creeks and imprisoning them for over 10 days.

Ed, a man who has experienced homelessness since he was 13 years old, said, "at least that's a place to sleep, you know? I call the suicide hotline once a week just so I gotta warm place to lay my head." Ed has lived off Little Debbie Cakes his whole life and has been off his schizophrenia



The houseless encampment "Tent City," recently closed by the city. PHOTOS BY NINA RIGGIO.



and bipolar medication for over a week because someone stole his Medicaid card. "I tried to OD on meth last week...but ain't nobody tell me you can't OD on meth."

The community of Tent City was a fam-

ily. There were street fathers, mothers, sisters, and brothers. Raven, the community voice, said, "We all looked out for one another. The only problems came from outside forces, outside people. That's when

and where all the drugs started coming from." Raven has participated in tent cities in the past and has seen this model work in favor for the houseless community.

Raven said, "I feel like I've failed... but I gave it my best. Not many homeless people can say they walk into city hall and the council members recognize them and fear them. I'm proud that I can say that." Raven expressed the needs and concerns on behalf of the Tent City members to the Colorado Springs city council on Tuesday.

"I may have failed this community, but I bought us a week, and I'm proud of that," said Raven. The day consisted of people scrounging for canned products, making carts out of palettes and stolen bike parts, loading up grocery carts and trying to get as far as they could.

Old veterans dealing with agent orange, multiple sclerosis, degenerative bone diseases, and even lugging oxygen tanks grabbed as many clothes, blankets, and tents as they could, and they 'hit the trail,' as they called it.

Members of Tent City pray for the mission to open before it gets too cold, and in the meantime, people walk in all directions, even into the woods, to try and hide from the HOT team. Despite there being 182 new shelter beds, there are over 700 more houseless people in the greater Colorado Springs area.

In an official statement, the city announced that there are over "306 high-barrier shelter beds" ready, which require sober living and more, but a high percentage of the street people cannot access these. The 306 beds are almost always full, and it is only autumn. There are zero emergency high-barrier shelter beds in our city, as of today. People will die again this winter if nothing is done.

The Relationship Between Millennials and Nature

By JOHN BORAH

They are reviled and loved. They are heralded as the remedy to all the worlds ills and bedeviled for being lazy and apathetic. They are constantly being defined and redefined.

They, in short, are millennials.

No one can seem to decide on one way to describe this generation. For every Barack Obama praising them as the generation "we've been waiting for" there seems to be an equal number of headlines like "I'm a Millennial and My Generation Sucks" from the New York Post.

Whatever the perception of this generation is, it is the best educated generation on record, with 22.3 percent of millenni-

als (defined as those born between 1982-2004) equipped with at least a bachelor's degree, according to The New York Times.

As a result, cities like Colorado Springs are working hard to understand this demographic and hopefully attract young talent, which local politicians, including county commissioner candidate Electra Johnson, see as an issue in the Springs. This was the spirit that led the El Pomar Foundation, partnered with Colorado College's Innovation Institute and Tourism Heritage Series, to create and evaluate a survey about how Coloradans rate their home and what they see as their strengths and weaknesses.

The survey, built and studied by CC Professor Emeritus Walter Hecox and senior James Rajasingh, focused particularly on outdoor leisure and recreation to find out if millennials could be more or less attracted to Colorado's dense collection of parks, trails, and natural scenery.

According to the results, millennials greatly appreciate the accessibility of the Pike's Peak region. As one participant described it, the area is "a gateway to outdoor adventure, community." 45 percent of millennials surveyed said it was the area's greatest strength; just less than 20 percent of non-millennials agreed.

Emily Naranjo, a CC alumnus from the

class of 2015, who resided in the Springs until just three weeks ago, exemplifies this. "This past summer I spent almost all of my weekends camping and hiking in the nearby mountains," she said.

Non-millennials approach the outdoors from a more "look-but-don't-touch" standpoint. Nearly 40 percent of them said the area's greatest strength was its "natural features" (whether they are accessible or not doesn't seem to matter a whole lot to them).

At the same time, around 30 percent of the millennials surveyed believe management of the outdoors is a key challenge to the area, versus around 25 percent of whom were concerned with "managing growth" and the other 20 percent who were worried about "infrastructure." In general, millennials surveyed believe that the Pike's Peak region should focus on improving accessibility.

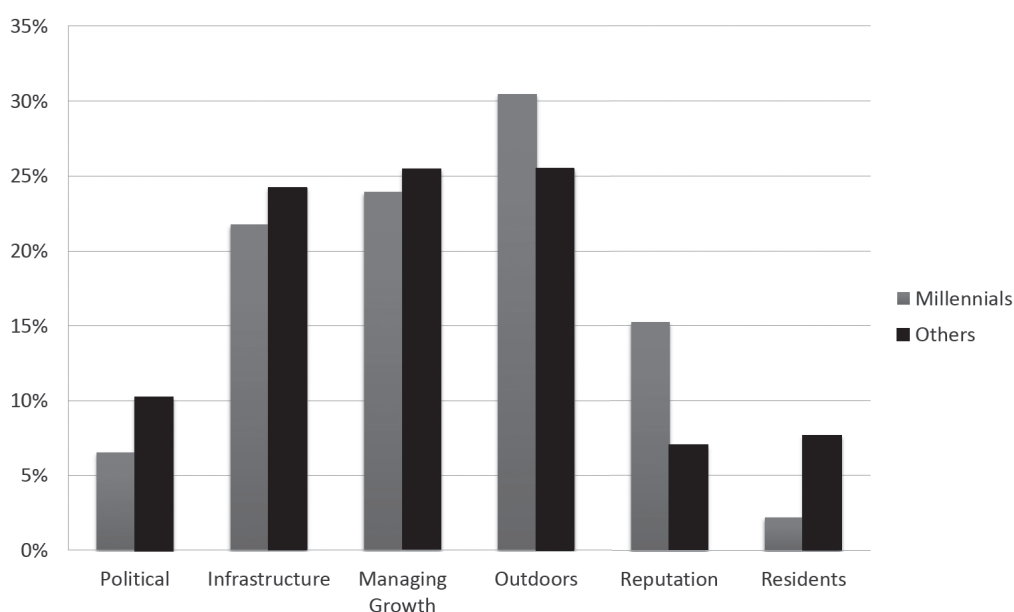
And, in perhaps a nod to this generation's narcissistic nature, millennials are almost twice as likely than non-millennials to be concerned about the "reputation" of the area—15 percent to 6 percent.

Overall, as Rajasingh noted, "there isn't much proof that millennials are more active or concerned with the outdoors than other generations," a finding that, he believes, goes against common perception.

Naranjo, however, is not quite as surprised.

"While there were a group of us who did love camping and hiking whenever possible, there were an equal amount of alums living in CS who rarely, if ever, made it to the mountains," she explained. "I believe this is due in part to lack of interest, but also lack of time and funds to spend \$10 worth of fuel and 3 hours of precious free time and energy on an activity that they've been told they should love as CC alums."

Greatest Challenges Facing Pikes Peak Region



What are the biggest challenges facing the Pikes Peak region? Data gathered from local millennials and others, shown in the graph to the left, shows that accessibility to the outdoors proved a major concern for millennials compared to older adults. In general, the older adults valued the "natural features" of the landscape, but did not care as much about the means of getting there.

GRAPH COURTESY OF JAMES RAJASINGH

CC Student Government Association Hosts Safe Spaces Dialogue

By RILEY HUTCHINGS

On the night of Oct. 12, the Colorado College Student Government Association (CCSGA) hosted a dialogue about safe spaces on our campus. They invited members from different student organizations, including the Black Student Union (BSU), the Greek Life community, and the Student Association for Sexual Safety (SASS). It was the first in a series of dialogue dinners that will continue throughout this year.

Representatives came from each of these groups to form a total of about 30 students who were then broken up into tables of five or six people and given prompts to discuss. Every table was following guidelines from the Butler Center about how to keep conversations productive and respectful.

Most of what was talked about was how

to create more or better safe spaces, with the assumption that safe spaces are good. It was mentioned briefly that safe spaces could be detrimental to students, as they create a sense of safety that doesn't necessarily exist in the world outside of CC. Beyond that though, the idea was definitely to promote more safe spaces.

Much of the conversation centered on places on campus where each student felt was their safe space, and why. For a lot of people, their rooms or halls are where they feel most safe. The final prompt was to discuss ideas for how safe spaces on campus should change.

At the end of just over an hour of small group discussion, each table shared what they had considered to be the biggest problems on campus, and the representatives tried as a group to create solutions. Among

the topics discussed were social pressures in Greek Life and on sports teams, and negative classroom environments that do not allow for safe spaces.

Possible solutions included creating requirements for having safe spaces for certain classes, increasing awareness of habits that make others feel less safe, having more discussion between different groups on campus, and incentivizing Resident Advisors to try and create strong communities in their halls.

Already, CCSGA President Annika Kastetter has tried to do this by visiting clubs around campus. A representative from SASS said that her visit to their club was "a very important symbolic gesture." SASS has also talked to fraternities about how they can prevent and respond to sexual assault in the best way.

Andrew Pollack, the Vice President of Outreach for CCSGA, said that the starting point is awareness and starting conversations with friends about safe spaces. At the end of the day, the group seemed to agree that though the school can try and create safe spaces, safe spaces happen naturally and gradually over time.

The greater purpose of this meeting for CCSGA was to express their interest in helping clubs and activities across campus create safer spaces.

Kastetter said, "I think we need to do a better job as an organization making sure that we're doing these things because we're people on this campus and because we care, not necessarily because we are an organization that's just trying to check a diversity and inclusion box... That's how it has been in the past."

The Hidden Environmental Cost of Growing Marijuana

By BECCA STINE

As the cannabis industry grows larger and more popular in the U.S., marijuana production, like most other commercialized products, is focused on being bigger, better, stronger, and faster. "Marijuana is an incredible plant," said Jim Parco, an Economics and Business professor at Colorado College: it is a plant that can arguably grow more efficiently and produce more crop yield than most other herb or vegetable plants. The question becomes about whether those involved in the cannabis industry can continue to produce enough crop to meet the high demand in a sustainable manner.

Parco discussed the differences between methods of growing cannabis commercially versus independently. In his article titled "Higher education in the cannabis industry," Lukas Barfield, a writer for Marijuana Venture, recounted Jim Parco's story: "They began their excursion into the cannabis industry in 2014, when Jim went on sabbatical, making cannabis the research focus of his professorship."

Parco decided to work for a medical marijuana business to learn all there was to know. "I swept floors, washed buckets, trimmed, managed inventory, and simultaneously learned about the cannabis laws in Colorado," he said. Now, Parco and his wife own and run a small enterprise called "Mesa Organics," where they grow around 300 plants in a hydroponics system, a method of growing plants using mineral nutrient solutions, in water, without soil.

In April 2015, Parco and his wife were granted a permit to open their small business in what used to be an abandoned restaurant in Pueblo, Colo., and by January 2016, they had the six state licenses needed to produce, manufacture, and dispense both medical and recreational marijuana.

When asked about sustainable methods of growing, Parco spoke about hydroponics, describing it as "the right way to grow for the future." Not only does a greenhouse hydroponics system allow for year-long harvests, but Jim also argued it is more environmentally sustainable. When it comes down to a sustainable system, Parco stated that it's all about "how we use power."

In his hydroponics system, he uses approximately 600 gallons of water across a three to four week period. Regular soil-based and commercially practiced

growing methods use approximately 2 to 4 gallons of water per plant per day, accumulating around 1,000 gallons of water in total each day. Parco believes that water is the second most prevalent issue in terms of sustainably growing cannabis, the first being electricity.

Light is an essential element in growing cannabis. Exposing a cannabis plant to 18 hours of light and 6 hours of dark a day allows it to stay in a perpetual vegetative state, whereas days consisting of 12 equal hours of light and dark bring the plant into a flowering state, where it can then be harvested.

Parco described that even the slightest manipulation or disturbance of the dark cycle can cause the plant to become hermaphroditic—both male and female in one, pre-

venting the growth of buds. The plant's sensitivity to light creates intensity and attention focused on light and electricity usage in the cannabis industry. Cannabis industries use large amounts of electricity to power the high-intensity lights necessary in the growing process, often spending close to \$50,000 on electricity bills. In his hydroponics system, Parco uses LED lighting as a more sustainable alternative, but hopes to switch to solar panels. "One day I'm going to do that," he said.

As the cannabis industry is still not federally funded, these larger businesses are not permitted to utilize "federal water," meaning they are charged 4 to 5 times more to buy water to feed their cannabis plants. Not only would a hydroponics

system save an immense amount of water, but also a large amount of money for these commercialized businesses.

Parco argued that a hydroponics system can only work successfully for smaller scale, homegrown cannabis.

"If something goes wrong, it goes wrong quickly," he said, recognizing the way in which larger scale production would not be conducive to such a sensitive and easily disrupted system. The interconnectedness of a hydroponics system could lead to issues, Parco said, "if one gets infected, they all get infected."

The amount of energy, power, and water that goes into growing and manufacturing cannabis on a larger scale is detrimental to our environment, and the industry and demand is only growing.



A budtender at Doctor's Orders Dispensary in Colorado Springs cradles marijuana on January 23, 2014. CATALYST FILE PHOTO

THE CATALYST

The Catalyst is a weekly newspaper produced and managed exclusively by students of The Colorado College. Published for the benefit of the college community and the surrounding local area, the Catalyst aims to bring general interest and academic-oriented news, ideas, and opinions into greater collective view. The newspaper is published under the auspices of Cutler Publications, a 501(c)(3) not-for-profit independent of The Colorado College.

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The Prison Project: Searching for Colorado Prison Reform

By MAXIMILIAN DUNHAM

The Past, Present, Prison initiative here at Colorado College is attempting to educate students and citizens about mass incarceration on a global, national, and regional scale. Carol Neel, History Professor at CC, founded the program in 2014. A three-year grant was awarded to the program that year by Tori Winkler Thomas, a CC alum from the class of 1969.

Neel brought her 2015 Block 3 course, History 110, to Cañon City to research the history of the many prisons in the area.

The Past, Present, Prison initiative has

created a website to showcase their research. “The website is the product of students’ primary source research in Cañon City,” said Neel.

CC junior Caleigh Cassidy and sophomore Keenan Wright assisted Neel in repackaging the research and designing the website. It now includes an interactive timeline of prison education in the U.S. up to present times, as well as information about the origins of mass incarceration.

Aside from disseminating educational material through the web publication,

Neel has brought many speakers to campus to talk to students and the local community about issues regarding the current prison system. She has also been at work with the Colorado Department of Corrections since 2014 in an attempt to supply tertiary education to prisons in the area.

“Funding for tertiary education, that is undergraduate education in prisons, fell through in the 1990s. So other than our initiative, all of the possibilities for incarcerated persons to study for associate or bachelor degrees in Colorado now are courses which are taught by employees of the Department of Corrections,” said Neel. “What we want to do is to bring the traditional liberal arts opportunity to people your age.”

After working with the Colorado Department of Corrections for multiple years, starting in January 2017 the program will actually begin to teach a basic humanities course at the Youthful Offenders Prison, a medium security prison in Pueblo.

“Our long-term hope is that this program expands and we are eventually able to make further contributions in tertiary education and eventually get CC students involved,” said Neel.

According to Neel, the program is inspired by the likes of Wesleyan and Bard College, where undergraduate students are able to tutor and get involved with tertiary education within prisons.

“Our initial vision was to be able to pursue something like that, but the Colorado Department of Corrections has been quite conservative about that,” said Neel.

The main reason work with the Depart-

ment of Corrections has been slow moving is due to an event that occurred four years ago, according to Neel.

“The Director of the Department of Corrections in Colorado was assassinated at his home in Colorado Springs by a gang member who was released in error on parole and it seems to have worked as the agent of in-prison gangs,” said Neel. “So the Department of Corrections has safety concerns, [which] might be a mild way of putting it.”

Despite these setbacks, Neel has not seen a lack of support from students at CC.

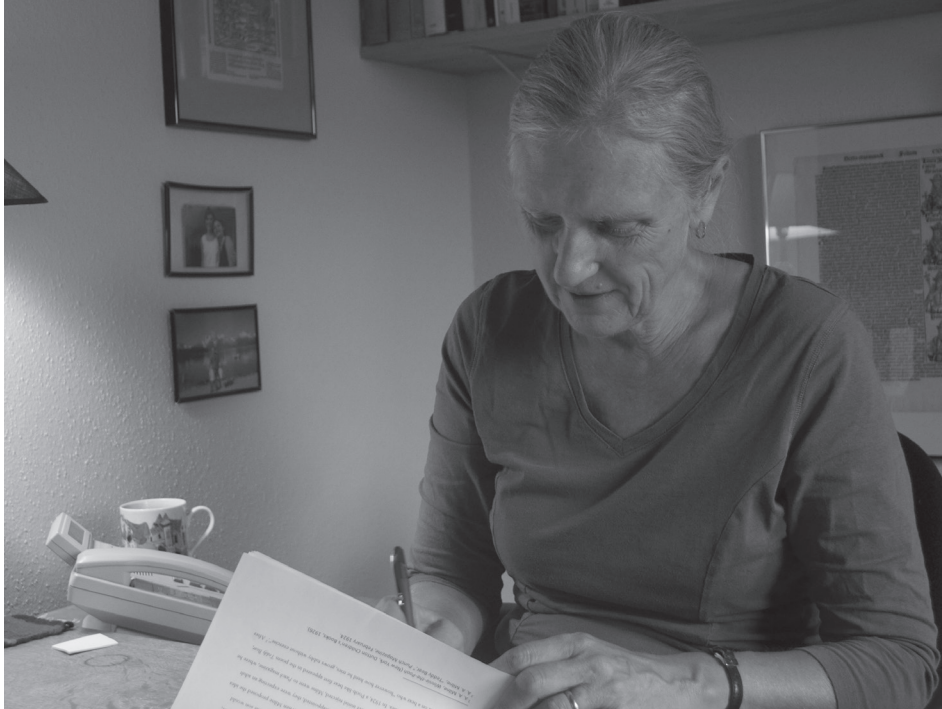
“The students are very inspired and engaged in wanting to do this. It’s really their energy and commitment to remediating mass incarceration that inspires this entire thing. That’s why the history department got this grant,” said Neel.

One such student is Abe Mamet, a senior at CC who believes we need to pay more attention to our prison system.

“Prisons matter because the people within them matter. I care, because as a citizen of the United States who loves this country, I want to make it a better place,” said Mamet.

He got involved in the Prison Project his sophomore year when his brother was running the program. Since then, Mamet has become an activist for issues in the prison system. Although he does not have any personal goals related to these issues, he dreams of prison reform.

Among other things, he hopes “that solitary confinement will end, that the death penalty will itself, die, so that many innocent people will get released.”



History Professor Carol Neel, pictured in her office, is the driving force behind the Prison Project. PHOTO BY EMILY MCBRIDE

Students Study Abroad, but at What Cost?

CONTINUED FROM THE FRONT PAGE

who receive need-based financial aid at CC, the new tuition policy benefits them if the program they choose is more expensive than what their usual semester tuition at CC is. Due to the new program, students will be able to rely on their current financial aid for whichever program they choose, and on what aid the International Office can give them.

For the rest of the sophomores and first-years, this new policy means study abroad just got more expensive. The programs that CC students choose to study abroad in vary between disciplines and locations;

however, they are consistently less expensive than a full semester at CC. The discrepancy is not huge, but it is enough to change how one might think about study abroad.

When asked how she might respond to students’ anger at having to now pay more for study abroad, Bull responded, “The reason we chose to initiate this policy class by class is because we recognized we couldn’t change the story half-way through. We had to tell you [Class of 2019] at the orientation of your first year. This is what we tried, but in order to sustain a

program like this you can’t let that many students not pay tuition for a semester.”

Many students may feel slighted by this new policy. Sophomore Bridget O’Neill said, “From my current understanding, I’m paying approximately the same as I would be if I were staying on campus, whereas if I was a grade above I would have saved money. It makes it more expensive for students across the board yet possible for everyone to study abroad.”

Other students had a less diplomatic approach, using descriptions such as “lame,” “upsetting,” and other more explicit terms.

This policy is by no means radical, yet it is a change that can feel unjust for students who have friends in the years above that studied abroad for less. However, this is a policy the majority of selective liberal arts colleges have turned to in recent years and, in all likelihood, a permanent fix at CC.

Have questions about how the new policy will personally affect your plans? Contact the Assistant Director of Off-Campus Study Heather Powell Browne at heather.powell-browne@coloradocollege.edu.

Writing Center, QRC Popularity Surges Due to First-year Use

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able to them or they don’t feel comfortable using them,” Walden said.

As the number of first-years goes up, peer consultants have noticed a larger emphasis and need for more than just writing assistance.

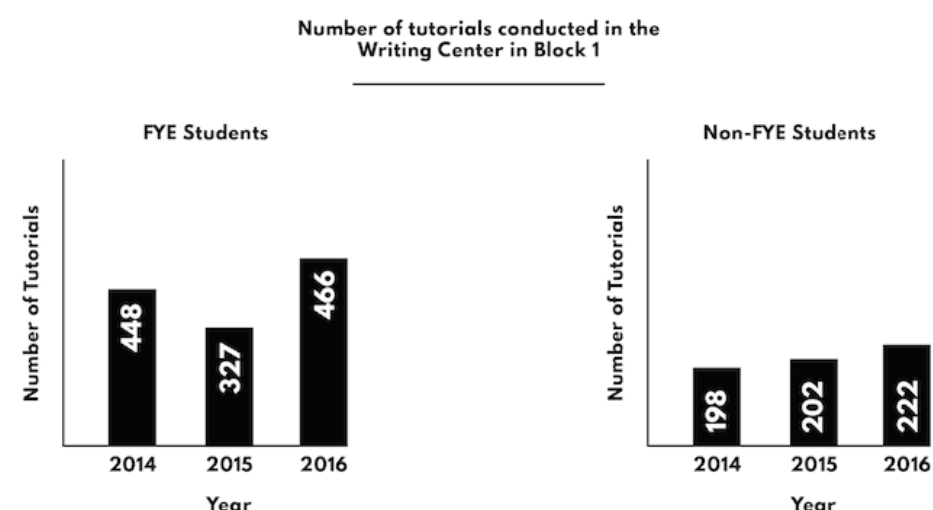
“I spent a lot of time on anxiety management, counseling them on what is good anxiety, what is crippling anxiety,” Perry said. In a similar vein, Walden said that she tries to address the “feeling of inferiority when it comes to being around their new peers.” But this concentration on

mental health and confidence relates to the effectiveness of the writing process. “I try to make sure they are okay emotionally, as corny as that might sound, before we even start on their writing,” said Walden, “because otherwise they are distracted.”

Writing Center peer consultants make it very clear what purpose they serve. “We are here to bounce ideas off of and support them to become a better writer, not just produce an essay that will get a better grade,” Walden said. In essence, Perry said, “don’t worry about the grade you’re getting, worry about what does this sentence mean?”



ABOVE: Junior peer consultant Cameron Pattison works with first-year Lucy Feldman on revising her analytical essay for her FYE, *Intro to Business: Negotiation*. PHOTO BY BLAIR GUO.

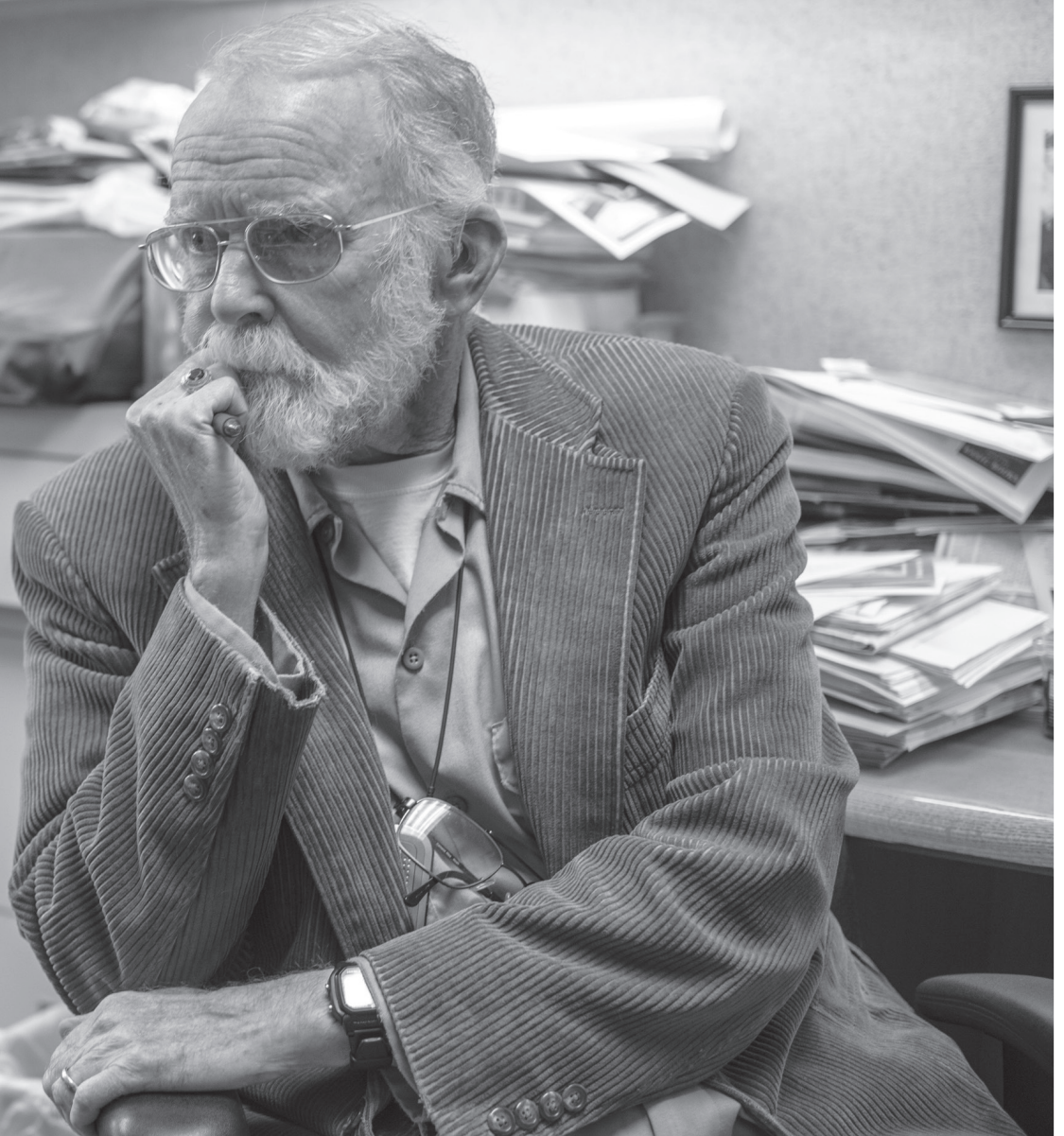


LEFT: A graph showing the number of tutorials with FYE students this year versus tutorials with non-FYE students. This year, the overall total of tutorials conducted was notably higher than years previous, at 466 for FYE students and 222 for non-FYE students. DATA COURTESY OF TRACY SANTA, GRAPH BY ETHAN CUTLER.

10 questions with DICK HILT

Professor Richard Hilt would likely wince upon seeing his full title printed in the campus newspaper. When I went into his Barnes corner office he introduced himself with a firm handshake and said to call him Dick. Dick is how students refer to the legendary Physics and Astronomy professor, and the name belies the sense of comfort and familiarity that he exudes as a member of the Colorado College community. The walls of Barnes 218 are covered with mementos from the past 52 years and stem from a whole manner of intellectual pursuits. One poster proudly advertises the “Dick Hilt Alliance” and another shows smiling students lounging at Baca. Dick Hilt is a CC fixture and speaks highly of the liberal arts lifestyle he has lived at CC over the course of his career. Hilt can often be found sitting in on “Freedom and Authority” lunches or co-teaching classes with professors from a variety of departments on campus. “I’ve always enjoyed teaching physics in a context where I’d be expected to provide a little history and a little cultural background, instead of just talking about Newton’s Law. The Fire of London, the Plague—things like that,” said Hilt. Retirement may be on the horizon for Hilt, but for now he is as sharp as ever and continues to take students on the same adventures that he has for the past five decades.

INTERVIEW BY DAVID ANDREWS / PHOTO BY SAM WANG



THE CATALYST: Where did you grow up?

DICK HILT: I grew up in Florida on the East Coast, swimming everyday, and even in high school I decided that teaching would be fun. Then, I got to college and thought ‘well, teaching high school would not be so fun, teaching college might be fun.’ When I got to grad school I thought teaching undergrads would be more fun than teaching grad students. Grad students are professionals and the blinders are on, they’re going to one place only. I went to Oberlin College for my undergraduate, which is a lot like CC, and you major in something but you’re expected to have an appreciation for lots of different things. Oberlin certainly provided that along with four years of clouds, rain, slush—a wretched climate. All the way through grad school I knew I wanted to teach in a place like Oberlin and I got more lucky than you can imagine when, close to the end of grad school, CC advertised for a physics teacher. CC wanted a theoretician, they thought, and I coned them into thinking I was a theoretician, and the rest is history.

TC: What was your spiritual background growing up?

DH: I was a choir boy when I grew up. My Mom went to church but my Father never did. As soon as I got to college I continued singing in choirs, but I slept on Sunday mornings. I generally got pretty cynical about organized religion of any sort. As I’ve told more than one of my classes, I don’t have a spiritual bone in my body. I tend always to look for a scientific reason for things happening. I know that other people view the world with different colored glasses and can see God everywhere or Gods everywhere and they will lead long and happy lives and have the world be consistent with their beliefs.

If you’re looking at say, Native Americans in the Southwest, they’ve got a whole structure which they may or may not be willing to tell you about, which provides them with an intellectual home that lets them see the world and the way they live as consistent with a whole, making sense for them. Who’s to knock it? It’s not consistent with my beliefs but that’s okay. There can be more than one way to live. Surprising as it might seem, it is certainly true.

TC: In what ways are students the same, and in what ways are they different, in 2016 compared to students that attended in the 70s, 80s, and 90s?

DH: I’d say when I first came all the students I met had had sort of a classic pre-college education: four years of math, four years of science, four years of history, four years of English, maybe four years of something else, languages.

When they came they could do algebra like crazy, but they couldn’t write for diddly squat. Now, almost all students can write pretty well but they can’t do algebra for diddly squat. So that’s one change. They were smart then, and they’re smart now. They went off and did great things then, they’ll go off and do great things now.

I think the quality of the students is pretty much the same as it has always been. They come with slightly different backgrounds but one can remedy that. They have skills that need polishing. We’re all here to learn, and if you go to college and you aren’t challenged you are wasting your money. It’s fun to watch somebody blossom and watch them do more and more sophisticated stuff.

TC: What do you believe is the most pressing issue facing the CC community today?

DH: Some of this is what’s fashionable. In earlier years it was “what makes a liberal arts education?” The pendulum has swung back now and we are once again considering that issue, deciding what the all-college requirements should be. Another one is diversity among the students and the faculty. There is a much stronger push now to include minorities who have not been included in the past and adapt to international students, more students of color, and with that comes an issue of ‘Alright, what in those backgrounds needs beefing up to be doing something at least consistent with what we have been doing in the past?’ Those are big problems and we’ll do our best to solve them. In a few years we will have done something and some other issue will be on the front burner of the stove and we’ll be thinking about that. I think school is always like that. If you don’t think of something that needs doing, someone else will, and so it goes, as Mr. Vonnegut would say.

TC: That’s interesting you mention Kurt Vonnegut. What sort of things have you been reading lately? Who are some of your favorite authors?

DH: Let’s see, the last book I read was by Anne Hillerman, Tony Hillerman’s daughter. It’s a murder mystery. She’s not her father, but she’s close enough that I’m willing to seek out her books. I’ve read all the Tony Hillerman stuff. When I read it I loved Philip Pullman’s “His Dark Materials” trilogy. I loved “Lord of the Rings” when it was out earlier. So that was fun.

My absolute passion is Carl Hiaasen, who is a journalist for the Miami Herald and writes a column. All his heroes are journalists for a major South Florida newspaper. He’s got the most wonderful wit. His good guys are journalists, his bad guys are really bad and really dumb and there’s no doubt about who the good guys are and who the bad guys are. He’s got the craziest dialogue you’ve ever read. If you’ve not read a Carl Hiaasen story you’re just not—you’re just culturally deprived.

TC: Carl Hiaasen has a quote that says, “One problem with age is that patience begins to ebb.” What is your reaction to that quote?

DH: Say the quote again.

TC: “One problem with age is that patience begins to ebb.” That’s from Carl Hiaasen.

DH: That’s true. It begins to ebb but it doesn’t quite go away. One advantage of age is that you see that you still need patience, and that while it may be sometimes hard to bring it to bear, you know that if you don’t you’re going to lose the battle.

TC: One thing I think you are known for among students is your Baca classes. What is special about Baca and what value does it have for CC students?

DH: I love the place just because you can go down there and hear coyotes at night, see deer lying under the apple trees in people’s yards, you can hear elk bugle, you can see bear tracks, turned over dumpsters, and the like. There is wildlife all around. It’s got a wonderful, dark, night sky—that’s what attracted me at first. It’s also away from the organized chaos of

our lives on campus; we always schedule ourselves up to just above our nostrils, or worse. Suddenly, at Baca, you’re at a place where there’s nothing to do and you can actually enjoy getting bored.

I can work the pudding out of students and they still have time to go for hikes, or go off to some spiritual place and spend an afternoon.

It’s a kind of time out of time, for the students and for me, because we don’t have all this other stuff that we have filled our lives with. It’s valuable for all of us to experience that and realize that we are overscheduled because we overschedule ourselves. We don’t have the sense to just say “no.”

TC: Do you have a favorite or formative block that you can pick out from recent years where you figured out something about students or your teaching practice?

DH: A class I taught that bonded tighter than any other class I’ve ever seen was an FYE, two blocks. Esteban Gomez from Anthropology and I taught the two blocks. The first block, we took a field trip to Ludlow, and then went on to Chaco Canyon, Chimney Rock, and Ignacio I think, and then came back home.

We went to Chaco in a pelting rain. It rained so hard that a stream overflowed the road into Chaco and held us up for awhile. We thought ‘we take the van across, the road crumbles under the van, van tumbles off the road, somebody drowns hanging from their seatbelt. You know, can we make it in?’ Then a string of cars and a semi came through and we said ‘screw it’ and went across. I have lots of pictures of students playing in this stream that was about calf-high or so. They were building sand castles and otherwise having a good time.

When we got back from that field trip, we unloaded the vans and everybody was ready to leave, could’ve left, but nobody wanted to leave the parking lot. We stood around out here next to the loading dock, making spirals of people, hugging each other, then unwinding, and we all just got very close, and sometime this year we’re going to have a class reunion and get together.

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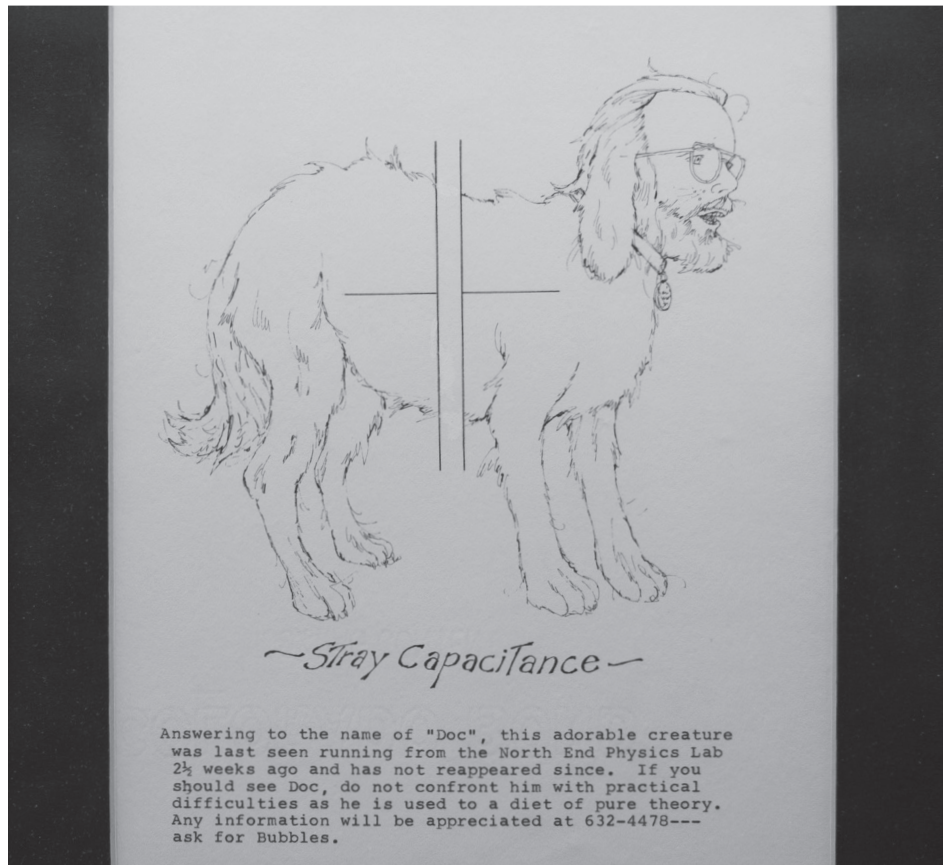
TC: Do you have any tips or wisdom that you could impart to students as we depart on our journeys?

DH: You're more capable than you think you are. You are more powerful than you think you are, and you're less confident in yourself than you should be. There are lots of people that will tell you that you are not quite good enough in this, that, or the other thing, and you should not listen to them. If you're doing what you want to do, at least right now, you are doing the right thing. For people choosing majors, I always tell them 'don't double-major.' Keep yourself as free from external demands as you can so that you can do the things you want to do while you're here. You will never be as free again as you are for these four years. Keep in mind that when you get out your first job is not your last job. You may take some really pretty crappy jobs for awhile in exchange for the freedom to be a ski bum, or travel, or do whatever. You'll find a way, you'll find a path. Certainly among alumni, I know lots of alumni, they graduated from here and had a variety of jobs when they first started and wound up doing something very different from what they majored in and they're happy as

clams. The future is so open and you can plan for some of it, but some of it just happens to you, and you have to have the flexibility to go with the flow when you need to.

TC: The last thing I want to hear about is: there are many items in this room, could you tell me about one of them?

DH: [Points at a framed card picturing a golden retriever; see photo, right] Oh, that was almost the first year that I taught Electronics. I was so busy learning electronics myself, that I was not in the laboratory as much as some students would want me to be, including one who was dating a girl who was an artist for Loo Art, a Christmas card company. He had the idea of this thing—the campus was overrun with big dogs that shat a lot and nobody picked up after them. So what he painted was a golden retriever Dick Hilt with a capacitor symbol in the middle of it and the title is "Stray Capacitance." That is, I was the capacitor that was not there. The holder of all the information they needed that wasn't available. I thought it was very witty and I framed it and kept it. He's now a lawyer, considering retiring and so on. He's doing something very different.



"Stray Capacitance," a piece of artwork featured in Dick Hilt's office. PHOTO BY SAM WANG.

Marijuana Industry Blooming in Colorado

By RILEY HUTCHINGS

Last year, Colorado sold over 996 million dollars worth of legal marijuana. "Cannabis is a commodity product. It's like coffee," said Colorado College Professor and dispensary owner Jim Parco.

As the industry has grown, the number of marijuana companies has continued to rise. Right now, Colorado is seeing a huge growth in farmers, brand name companies, and dispensaries. Parco's "Mesa Organics" is a great example.

After being impartial to marijuana use most of his life, Parco became interested in the business side of retail weed three years ago during his sabbatical. His and his wife's dispensary opened seven months ago in Pueblo County, where there are 200+ licensed marijuana businesses.

Unlike many dispensaries, they only sell the marijuana they grow themselves on their "Purple Bees" farm, and they have a target audience of 40 to 80-year-olds, rather than targeting younger buyers. Uniquely, Parco's business focuses greatly on the environmental side of growing weed. He uses recycled glass for soil and LED lights instead of the energy-sucking lights many others still use.

Veritas Cannabis is another marijuana company that jumped on the weed bandwagon two years ago and is a pioneer in high-quality branded weed. As of now, Veritas Cannabis products are sold in 10 percent of dispensaries. Toby Ripsom founded the company after marijuana helped soften his father's battle with cancer. In fact, Ripsom used his dad's life insurance money to start his first growing operation, and eventually his own brand name weed. Ripsom's entrepreneurial approach is not uncommon. Today, Parco

said, dozens of new brands of marijuana are created each week.

Ripsom takes great pride in the quality of his marijuana. An avid weed-lover himself, the favorite of his nine strands is called "Tora Bora." He challenges people to a "taste-test" between his weed and that from other growers, and said the difference is clear.

After hearing of the quality bud Veritas Cannabis strives to produce, Parco responded "Cannabis is cannabis." He argued that the marijuana sold in dispensaries is so regulated that it is always of high quality.

Ripsom has definitely found the regulation to be thorough, saying that every grower's weed has to be tested by a third party lab, which cannot profit from the marijuana sales. In reality, he said, most experts can tell just by looking at a bud how high quality it is. At Veritas Cannabis, that is actually the last step of the process. According to Ripsom, their high levels of quality control make their costs to be three to four times as much as their legal competitors.

In addition to regulation cost, marijuana producers have high energy bills and legal expenses for licensing. As of March, the state issued over 2,500 marijuana business licenses. Legal matters are especially hard when starting a new brand. For example, Veritas Cannabis spent five months just getting the license to brand the nine strands of marijuana they currently have.

Now that they are established, Veritas Cannabis and many other brands are taking off. Right now the company is working on tripling the size of their warehouse near Denver International Airport. Ripsom said that the market is growing exponentially.

Marijuana legalization has benefited the state of Colorado in a few different ways. Marijuana sales have generated \$135 million in taxes in 2015 alone. In just the two years between 2012 and 2014, marijuana-related arrests were down 75 percent, according to Denver statistics.

Though arrest rates are down, marijuana use did increase 10 percent between 2006 and 2014, and the perception of weed risk for the average Colorado citizen went down 10.1 percent in the same time frame. Ripsom is also concerned that "it is an opportunist industry for criminals" with all of the drugs and money sitting around.

Regardless, he described the industry as "respectful," and is proud to be writing the rules for future weed-lovers to come.



Marijuana's increasing popularity has sparked criticism, praise, and competition. PHOTO BY PHILLIP ENGH

Questions Arise Surrounding Safe Ride Accessibility

By ELIZABETH TIEMANN

Safe Ride is a service that students may access Monday through Sunday, 5 p.m. to 2 a.m., according to Colorado College's website. The official duties of the service are outlined as: "Students and employees alike are encouraged to walk in groups of three or more, especially during the hours of darkness. However, when this is not possible, please use the College's Safe Ride Service."

On Friday, Sept. 16, however, Safe Ride was not in operation. Senior Sadie Cole called to use the Safe Ride service and was turned down.

"My friends and I called Safe Ride to go to our friend's house five blocks away on Friday night around 9 p.m. for a pregame," Cole recounted. "No one picked up, so we tried Campus Safety and they told us that no one had signed up for that Safe Ride shift, so they were not running that night. We asked if Campus Safety could give us a ride and they said no since we were in a group. We ended up paying for an uber to go to the house."

When Nicholas Calkins, Associate Director of Campus Safety, was asked to comment on the lack of operational service that night, he replied, "Safe Ride and CCAT are student-run operations, and we had both drivers call out sick that night and were unable to find other students to cover. As always, Campus Safety continued that evening to respond to requests for rides when officers were available."

Prompted by the effect the lack of service had on her and her group, Cole answered, "We were a bit frustrated that there was no safe way provided by the school to travel

around that night considering it was a Friday and many students would be going out and walking from house to house. Walking with one or two other people does not guarantee safety, and the college should have a way for students to travel safely if they are putting in the effort to do so."

She continued, "My friends and I use Safe Ride a lot because we live off campus and pretty far away from our friends' houses. We feel safer getting driven home at night even if we are in a group because we live right next to an alley way that can be pretty dangerous even if we are with other people. We definitely rely on Safe Ride to feel comfortable going out at night and so it is disappointing when they are unavailable to us, particularly on a Friday night."

Sophomore Erica Williams, who has previously utilized Safe Ride, critiqued a different aspect of the service saying, "[Safe Ride] can be useful; however, I have found that they sometimes go to the wrong place to pick you up." As for the lack of service on Sept. 16, she commented, "It worries me that they didn't have someone on duty, whether they were a student or a staff member, to pick up the shift because Friday night is one of the primary nights for students to be out, and whether they still don't know how to get around campus or they are too drunk to get back to their dorm, people need that safety net."

Sophomore Ethan Brand-LaBarge added, "Doesn't that inherently undermine the purpose of Safe Ride if on a night when students are more likely to need it, it isn't functioning?"



One of the Colorado College Safe Ride vans. CATALYST FILE PHOTO

New Rink Hopes to Integrate Hockey and Community

By EVAN HAMLIN

continued from front page

rently commutes to the Broadmoor World Arena for practice five days a week, a process that is both time-consuming and massively inconvenient for players' schedules.

The cumbersome practice schedule has also drawn criticism as a roadblock to integrating the team more fully into the larger campus community. "I think there's so many positives to keep the team on campus to practice and go to World Arena to play their games," said Alexander. "That would close that gap of the students feeling disconnected from the players because they don't have access to watch them practice.

I think that that would really help make a connection between students and the D-I program."

The new arena's location is also an improvement, in Alexander's opinion. While Honnen is currently tucked away between the Worner Campus Center and the El Pomar Sports Complex, the new arena will occupy the space where the CC Inn currently stands.

"We're overshadowed in this space between Worner Center and El Pomar," Alexander said. "So being closer to the dorms and that side of campus, I think that may help us with attracting students as well." The new

location will hopefully be more accessible and exciting for students and community members who choose to take advantage of the arena's public skating activities, such as public skating and open hockey.

"It would be more like skating in the World Arena," said Alexander. "That would make it feel more like [students] are in a big stadium atmosphere, versus a small rink or arena feel which we have here, which isn't bad but I think students will be excited to be out on a big surface and in a big building. I think we can just take a new building and be able to offer more across campus."

Another glaring shortcoming of Honnen

is its remarkable energy inefficiency. According to CC's website, Honnen is the least energy-efficient building on campus. Robson Arena's construction will emphasize sustainable materials and construction practices.

Although most of the current student body will likely be gone by the time the new arena opens, it is an exciting prospect for the athletic community nonetheless. "It's just really exciting news," Alexander said. "I think it's going to be a huge buzz on campus and what better time to announce it than homecoming? I think everyone's going to be very excited about it."

Despite Close Loss To #1-Ranked Trinity, Men's Soccer Prevails Through Weekend Games

By SASHA COHEN

Basking in last week's successes against Centenary College and Austin College, the Colorado College men's soccer team had high hopes for their games this past weekend. They emerged with a win against Schreiner University and a close loss to Trinity University, the highest ranked team in all of D-III men's soccer.

Last Friday night, CC played the Trinity University Tigers on Washburn field. Throughout the first half, the Tigers deftly handled the ball and clearly dominated the game, taking eight shots while Trinity managed only three. The half consisted of mostly neutral zone play, due to CC's strong defense—an impressive feat considering Trinity's high ranking. Despite TU's two corner kicks, CC kept the score tied up at 0-0 for the entire first half.

"The first half, in particular, was probably the best half of soccer I have seen in my four years at CC," said Head Coach Scott Palguta. Senior Captain Soren Frykholm said, "It was just such a fun night, such a fun atmosphere. The game just had an intensity to it that was really fun. [It was] one of the most memorable games I've played at CC."

The second half began much like the first half with a lot of midfield play, however, CC played more offensively in the 64th minute. It was then that junior Joel Frykholm volleyed the ball towards the goal from 22 yards out and it deflected off of a TU defender and flew past their goalkeeper, Todd Whittaker. The first goal of the night marked Frykholm's first goal as a

Tiger. Soon after, with only 18:33 left in the game, CC nearly doubled their lead when junior forward Sam Markin forced a Trinity defender into a weak pass and beat him to the ball, shooting just outside the left post.

In the 81st minute, Trinity's Laurence Wyke, a sophomore midfielder, evened out the score after heading a cross from Ryan Hunter past junior goalkeeper Theo Hooker. Then, with only 3:17 left in the game, Trinity's Donovan Smith scored from eight yards out, putting them in the lead. With limited time left in the game, CC could not manage to even out the score.

"I think we just couldn't quite sustain what we had going for 80 minutes," noted Frykholm. "We started to fatigue physically and mentally." The team is still proud of how they played: "Our game plan was to put them under pressure in a way they hadn't experienced yet this season," said Frykholm, "and I think we were pretty happy with our performance." Palguta said, "I think the only lesson to be learned is that soccer is a 90-minute game," in reflection. "You can do everything right for 80 minutes, but you have to see it out."

Two days later, on Sunday afternoon, CC celebrated Senior Day at Stewart field, where they faced off against Schreiner

University.

Markin scored the first goal of the game in the 24th minute, after an assist from sophomore midfielder Robert Malone allowed junior midfielder Tim Huettel to set up the play. The score remained 1-0 until 12 minutes into the second half, when junior midfielder Joel Frykholm sprinted 50 yards down the center of the field into the penalty area, slipping the ball past Schreiner goalie Brandon Anselmi. 22 minutes later, Frykholm notched yet another goal for the Tigers after an assist from junior midfielder Austin Hammer allowed him to take a shot from the middle of the 18-yard box. That tally marked Frykholm's third goal of the weekend, of the season, and of his CC career. With just under three minutes left in the game, sophomore forward Daniel Krueger took a touch from Huettel and slipped past Anselmi, who had come off the line to challenge, easily scoring into an empty net and ending the game with a score of 4-0.

"I think [the team cohesion] is incredible," Palguta said, "and Sunday's game is testament to that." Palguta applauded his team for their ability to bounce back from Friday's loss to Trinity. "When you play the number one team in the country...And you

put so much into it emotionally, physically, mentally, it's very draining," he noted. "To have to put that aside the next day and turn your attention to the next game can be a really difficult thing to do and the guys put together an unbelievable performance on Sunday. That's the sign of a really mature, responsible but cohesive and supportive group."

The Tigers faced off against Johnson and Wales University on Tuesday night in their final home game of the season. In a relatively uneventful game dominated by penalties and yellow cards, Markin scored the lone goal of the game which was enough for CC to come away with the win. After Markin evaded a defender and took the ball down the left side of the field, he curled a shot inside the far post from 12 yards out to beat JWU goalkeeper junior Jordan Collier.

Ultimately, it was a successful weekend for CC's men's soccer. Despite their loss to Trinity on Friday, their level of playing was extremely high on Sunday. Palguta views the game on Friday as "a valuable learning experience and something which we can easily turn into positive as we push towards the end of our season."

This weekend, the Tigers are heading to Texas to play Texas Lutheran University and Southwestern University. Palguta is hopeful about this weekend, but says the team is simply trying to "take it one day, one step at a time and trust the depth and quality of our group."

Q&A With Cross-Country Team Member Leah Wessler on 5K at Fort Hays

By SAM GILBERT

This past weekend, the cross country team traveled to Fort Hays, Kan., where big things happened in the Sunflower State. According to Assistant Coach Alex Nichols, "Leah Wessler led the team for the fourth time this season and finished 18th in a tough Division II field. Her time [17:39] moved her to the number two all-time 5K position, just five seconds off the school record that was set by Gretchen Grindle when she placed 27th at Nationals in 1999."

Considering Wessler's unbelievable performance, I figured it would be interesting to showcase who Wessler truly is, both on and off the track.

Q: What did you have for breakfast that morning?

A: I had an English muffin, coffee, yogurt, some oatmeal, and a little bit of eggs. It was a very classic continental breakfast.

Q: What were your pre-race thoughts?

A: Freshman and sophomore year this course was super fun and fast, but junior year no one ran well and the times were slow, so I was worried about that. Also, I was stressed because it was our only chance to run a 5K this season, so it was the only chance to PR [Personal Record] in the 5K. Those two things were in my mind.

Q: What were you thinking about while you were running?

A: I have to remind myself to stay relaxed constantly during the first half of the race. When it gets really hard (this is kind of cheesy), when I'm in a lot of pain, I try to run 10 strides for each teammate. It's something else to focus on and, also, it's easier to run when you're doing it for your teammates and not just for yourself.

Q: Post-race thoughts?

A: I was very surprised. The coaches were predicting I'd run around 18:16, so [my time] was way faster than I thought it

would be. It was really exciting and a huge, huge surprise.

Q: What was your celebratory meal?

A: I ate a bunch of chicken tenders and fries that I dipped in a huge chocolate milkshake.

Q: Favorite workout recently?

A: As soon as October rolls around, our coach calls it "hammer time." The first workout of "hammer time" is always much harder than other workouts and it gets us in a new, elevated mindset for the season. Our first "hammer time" workout was really good across the board—everyone ran so fast and it gave us all an incredible burst of energy.

Q: Coolest place you've worked out recently?

A: Last semester I was on this tiny island in the Caribbean, so all my workouts were along the ocean. Not many people run on

the island so I got a lot of stares.

Q: Favorite show at the moment?

A: Stranger Things.

Q: What gets you pumped before races?

A: Right before the race, when the team huddles up, we talk about our goals for the race and then we do a silly cheer.

Q: What's the coolest thing you've learned this block?

A: I'm in Stem Cell Biology and one really interesting thing I've learned recently is that scientists are figuring out a way to cure anemia with stem cells. So that's really cool.

Q: If you were given \$5,000 and the ability to take Block 3 off, where would you go and what would you do?

A: Wow. I really miss scuba diving, so I'd probably want to go to the red sea and scuba dive.

From the Bleachers: SpectHATE

By MARIEL WILSON



Ever since becoming a hard-hitting sports journalist, I feel I've lost a piece of myself. I've suddenly rocketed toward a life of fame and glory, one rivaling that of a hotshot jock. Gone are my days of watching from the shadow of an athlete, swapped for the coveted role of VIN: Very Important NARP. It's true, fame is great, and I would never choose to return to my old life, but this week, for the sake of the fans, I did. This week I went back to my roots. This week, I went to the bleachers.

No matter what the players think, when it comes to sports, half of the game is in the bleachers. What would a World Cup game be without a good international brawl? What would a Redskins game be without a little offensive face paint? What would college football be without the hot girlfriends to cut to between plays? Boring, boring, and definitely not erotic enough.

So while I understand the crowd's importance at widely spectated and televised events like these, I had to ask: at a school where the sports are less than prioritized, what role do we play from the bleachers? I took to the stands for answers.

On Friday, Oct. 7, the men's soccer team played their rival, Trinity University, under the lights, bringing in many more fans than their usual afternoon games. Though the outcome was disappointing to say the least, it was not for lack of effort on the part of either the team or the enthusiastic crowd. But beyond enthusiasm, the cheers that caught my attention were not those that encouraged, but those that put down the opponent. Though all of the students wished to remain unnamed, they allowed me to list a few of the chants they yelled on Friday.

"I like to call people fat."

"I told one kid he had the touch of a pedophile."

"Big Big is a turd."

"Number four I'm your dad."

"Number nine you are so out of shape."

And these are only the insults suitable for print. The more extreme comments forced one eleven-year-old fan to cover her ears. "Hearing those things makes me think that some of the students at CC aren't good sports," 11-year-old Quynh MacKenzie explained. "They didn't seem to be aware of

the people around them, like kids."

She makes a point. Because this weekend was the senior banquet, the stands were filled with more parents and families than ever, yet the comments were more vulgar than ever before. So why do students and spectators choose to make such crude comments against the other team? And more importantly, does it really help?

"We're trying to show the team that we're behind them," senior Ian Oakes explained.

"I think it's most important when we concede a goal," former soccer player and senior Oliver Skelly explained, "to show them we're still supporting them."

And while Oakes and Skelly explain the purpose of cheering in general, I still couldn't understand the reason for such negative words toward the opponent. For another opinion, I asked a student and former athlete who chooses to remain quiet when watching.

"It feels unnatural for me to be really loud, but I know that when you're the one playing, hearing the crowd does make a difference," senior Georgia Birmingham told me. "Yelling at the other team gives the crowd a chance to feel like they're involved in the game. Like they're making a difference, rather than passively observing."

As a NARP, that was an answer that I could understand, especially considering that the demographic of vocal spectators is often comprised mostly of ex-athletes. But that led me to the another question: does it really matter to the players? I asked the athletes who have heard it from both sides.

"I actually like when we're away and the students section from the other team is insulting us," former men's soccer player and senior Connor Rademacher explained. "It just makes me want to prove them wrong. I take it all very lightly because I've been the one yelling before, too."

"It can definitely get in your head," senior Soren Frykholm told me, "But it helps the home team more than it hurts the opponent. Friday's game was the biggest crowd I've had in my time here and it really changed the game for me. Whether the home team is being aggressive or not, knowing they have a big support in the stands is intimidating, no matter what they're yelling."

It's no secret that what we consider to be games can often become serious. Sports can make or break a person's day, strain friendships, and fuel hateful remarks. But returning to my NARP stomping ground in the stands reminded me that beyond the negative, what lies at the core of sports is unity. And even if we can't all experience the joy of winning on the field, anyone, from an 11-year-old to a serious journalist, can experience the thrill of cheering their favorite team towards victory from the bleachers.

A Weekend of "Firsts" for Men's Hockey in 7-4 Win Following Shutout Against U Mass-Amherst

By EVAN HAMLIN

Five different first-year men's hockey players found the back of the net against UMass Amherst last Saturday night, scoring four goals in an explosive first period that boosted them to a 7-4 victory. Although the team was blanked 0-3 Friday night, they hit their offensive stride and got production from younger players to split the weekend series with the Minutemen.

Colorado College dominated play in the first period of the game on Friday night, outshooting UMass 12-4. Despite dictating play for most of the game, CC took a penalty that resulted in a goal 11:03 into the second period.

The Tigers outshot UMass 31-18 in the game, and 14-4 in the third period. Despite their commanding lead in shots, they couldn't stop UMass from getting on the board two more times in the third period. Despite letting in three goals, first-year goalkeeper Alex Leclerc had a solid performance in his collegiate debut, turning aside 15 shots in total.

CC's Achilles heel in the game was their inability to convert on the power play.

taking a drop pass from sophomore forward Trey Bradley and beating Wischow. Fellow first-year defenseman Kristian Blumenschein added a tally before Makara scored another goal, assisted by Bradley and Blumenschein. Although senior forward Steven Iacobellis managed to get the puck by Leclerc in the first period, the Tigers cushioned their lead with a power-play goal by first-year defenseman Cole Josefchak. Saturday's four-goal period marked the first time in over two years

"Saturday's four-goal period marked the first time in over two years that the Tigers have matched that offensive output in a period."

that the Tigers have matched that offensive output in a period.

Despite CC adding another tally in the second period that drove Wischow from the net in favor of sophomore goalie Nic Renyard, the Minutemen looked like they were creeping back into the contest when they scored two goals to bring the score to 5-3. The first goal of the third period by first-year UMass forward Jonny Lazarus brought the score to within one with less than 10 minutes remaining in the game.

Instead of crippling under the mounting pressure, CC fought to remain collected and focused. First-year forward Alex Berardinelli turned a blocked shot into the decisive goal CC would need at the other end of the ice. Sophomore forward Westin Michaud, who missed the entirety of last season with an injury, put the final nail in the coffin with an empty-net goal, the first of his career. Leclerc stopped 14 shots in his first career victory.

The Tigers will host the 8th-ranked UMass-Lowell River Hawks tonight at 7:37 p.m. and tomorrow night at 7:07 p.m. Both games will be played at the Broadmoor World arena.

"Instead of crippling under the mounting pressure, CC fought to remain collected and focused. First-year forward Alex Berardinelli turned a blocked shot into the decisive goal CC would need at the other end of the ice."

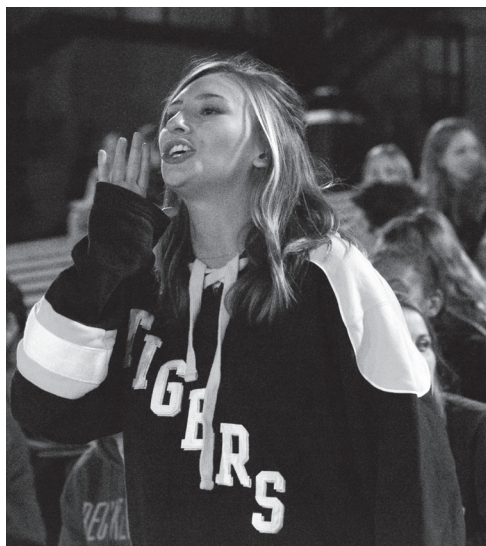
Despite rifling off 15 of their shots over the course of nine man advantages, they were unable to get any past first-year UMass netminder Ryan Wischow.

The Tigers' stymied offense found its stride on Sunday night in an onslaught of goals, five of which were career firsts for the team's youngest players.

First-year forward Branden Makara got CC on the board a minute into the contest,

Below Left: Excited fans cheer and yell at the opposing men's soccer team on Tuesday. Below Middle: NARP and Catalyst staff writer, Mariel Wilson, eggs on the opposing team. Below Right: Men's soccer on offense against Johnson and Wales University.

PHOTOS BY AUSTIN HALPERN



Upcoming Fall Sporting Events

Women's Soccer

Friday, Oct. 14 (today) vs. University of Nevada, 3 p.m.

Men's Soccer

Friday, Oct. 14 at Texas Lutheran University, 7 p.m.
Sunday, Oct. 16 at Southwestern University, 12 p.m.

Men's Hockey

Friday, Oct. 14 vs. UMass Lowell at Broadmoor Arena, 7:37 p.m.
Saturday, Oct. 15 vs. UMass Lowell at Broadmoor Arena, 7:07 p.m.

Volleyball

Friday, Oct. 14 vs. Luther College, 2 p.m.
Friday, Oct. 14 vs. Eastern University, 6 p.m.

Brendan Leonard Uses Outdoor Recreation to Overcome Adversity

By BRYCE KIRBY

"Every day on that trip I had to throw out the pee bucket. It was awful. I had my buddy snap this picture."

Brendan Leonard stands in front of a small crowd at Mountain Chalet on a quiet Wednesday evening. He moves to the next slide, and everyone laughs. Leonard, a tough mountain-man sort who I would assume does not pose mid-throw with pee buckets, is posed mid-throw with a pee bucket while a truly phenomenal amount of urine arcs from the end.

Leonard laughs with the crowd. He's a goofy guy, one of those people with true charisma and yet unassuming humility. His talk is peppered with light-hearted and often hilarious moments like this one. But beneath his disarming personality is an at times dark, at other times inspiring, story. Leonard came to Mountain Chalet to speak of his struggle with alcoholism, and how writing and mountain climbing helped him reach places he'd never imagined for himself.

"I think my story applies to a lot of people," Leonard said. "That's why I keep telling it." So he started at the beginning. Leonard grew up in middle-class Iowa in what he described as the classic all-American childhood. In middle school and high school he played football and drank with friends. By college, Leonard's behavior had worsened. He got into fights, vandalized cars and school property, and was arrested repeatedly. He began to realize that he had a serious problem with alcohol. Arrested yet again, it all clicked for Leonard. "I was tired of disappointing people," he said. "I was tired of disappointing myself."

Leonard enrolled himself in an alcohol rehabilitation program. He began to look at the pieces of his life and where it was headed. He realized that he wanted to head out West. As a child, Leonard had glimpsed the adventurous spirit of the west in family road trips. Later, he would credit these road trips as the catalyst for something greater: the idea that his very identity was out there, in the mountains. "For me, the west was a place of reinvention," Leonard said. "It was somewhere you could go to start over."

Thus, he left for the University of Mon-

tana, determined to do just that. He studied journalism and began to backpack on the weekends, despite having no idea what he was doing. "I was hiking with my school backpack, wearing all cotton in the mountains," he recalled, laughing. Eventually, he

began to rockclimb after his brother gave him a rope as a birthday present. Slowly but surely, the outdoors began to become something real for Leonard. The more time he spent in the wild, the more he felt challenged and alive—someone who could be

the person he wanted to be.

Over the course of the next decade, Leonard kept pushing his limits. He worked for IBM while living out of his van and traveling America. He learned to climb big walls and began soliciting magazines for articles. The confused boy from Iowa had found his drive on the rock.

Now, Leonard is an adventurer and a writer. His blog "Semi-Rad" is a widely popular adventure and humor publication. He has written for Backpacker, Outside, and National Geographic Magazine. Most notably, he recently published a memoir titled "Sixty Meters to Anywhere," which describes his story in detail. Amidst all this success, Leonard continues to live by a philosophy he learned through failure and found on unfor-

giving mountains. "To do is to be," he told his audience at Mountain Chalet, suddenly serious. "The story you tell yourself becomes your reality." He urged everyone to stop making excuses about finding their personal stories. "We make up excuses to talk ourselves out of happiness. But these excuses are fear disguised as practicality. It's fear of change. You have to know when you're bullshitting yourself." In addition to developing our own "bullshit-o-meters," Leonard encouraged individuals to ask themselves: "Why am I really not doing this?"

Leonard knows the importance of recognizing apathy as fear. He has lived it. This self-professed unathletic, middle-class Midwestern boy is now living the life he wants to live. Leaving Mountain Chalet, I couldn't help seeing all the excuses I've made to myself. All the times I had turned something down because I had a paper that I could make time for anyway but hadn't, all the times I had justified Netflix over adventure. But there was something missing in that.

"We're in charge of our own stories," Leonard declared. "More than we think." We would all do well to live with a similar mindset.



PHOTO COURTESY OF BRENDAN LEONARD
Brendan Leonard, Author of "Sixty Meters to Anywhere," emerges as popular figure in the outdoor community.

CC Cycling Team Takes On The Grizzly Grind at Angel Fire Bike Park In New Mexico

By GRIFFIN MANSI

Last weekend marked the last mountain bike race of the year for the Colorado College Cycling Team. 19 riders traveled to Angel Fire Bike Park in New Mexico to represent CC at the Grizzly Grind collegiate race organized by Rocky Mountain Collegiate Cycling (RMCC). The mountain biking team, a club sport at CC, competes in races against other schools on weekends throughout First and Second Block.

Events are broken into two categories, endurance and gravity. The endurance events test a rider's ability to climb uphill and descend over long distances. Cross country races fall in the endurance category and are on a multiple-mile course that has varying climbs and descents. Short track is another endurance event in which riders do laps on a short course, usually less than a mile, for a set period of time. For both endurance events, all riders start at the same time and must pass competitors to gain a better position.

Gravity events test a rider's ability to descend on technical terrain quickly. One event is the dual slalom, or DS. In a DS, event riders must qualify to participate in the official race. After qualifying, riders race side-by-side down an identical course with banked turns and jumps. Riders that

win their events advance until they are eliminated. However, the main gravity event is the downhill race, or DH. The DH takes place on a difficult descent with large jumps and technical features such as rocky sections and loose terrain. Runs are timed and riders race one at a time.

At Angel Fire, the CC cycling team had a few members that particularly flourished and received podium positions for events. Sophomore Adam Jolly placed first in men's category C short track, while sophomore and first-time mountain bike racer Sophie Mittelstadt placed second in women's category C short track. Furthermore, junior Hayley Bates placed fourth overall for the season for women's category A endurance.

Angel Fire sadly marked the last mountain bike race for senior members of the team; it was the final race for Isaac Becker and team captains Tasha Heilweil and Xan Marshland.

"It has been incredible racing with the team for the last few years. It has grown so much and is an amazing group of people," said Heilweil. The seniors will surely be missed next year, but it is clear to see that they have fostered a strong cycling team with much potential for coming seasons.

Hayley Bates '18, turns a corner in the Angel Fire Bike Park during the recent race.
PHOTO BY JORDAN ELLISON



First-Year Student A Seasoned Adventurer, Gains New World Perspective from International Travel

By MELANIE MANDELL

Gap years are the perfect opportunity for the adventure of a lifetime. Fresh out of high school and old enough to be considered an adult, but not quite old enough to be completely responsible for yourself—the world is yours for the taking. First-year Mackenzie Davis made the most out of her gap year with an epic trip around the world that included three months in Southeast Asia, a NOLS Patagonia program, a trip around Chile, and a Wilderness Emergency Medical Technician (WEMT) certification.

Starting the year off with a trip to Asia, Davis visited China, Laos, and Cambodia. While there, she spent a month in each country traveling and living in homestays with various families. “The main focus of the program I was in was learning about how the Mekong River is intertwined in the lives of the people and how hydropower and development is affecting agriculture,” said Davis. “I also studied Buddhism while

I was there by staying in temples and talking with the monks about their beliefs and decision to dedicate their lives to religion.”

After her educational and spiritual journey through Asia, Davis headed over to northern Patagonia to complete a NOLS course. Though in hindsight she enjoyed the experience, there were definitely times when the trip tested her patience. “There was one time when we were camping above Alpine and at 1 a.m. we woke up to 50 mile-per-hour winds tearing down our tents. It took the entire group to triple reinforce all of the tent lines and keep the tents from blowing away,” recalled Davis. “There is also a picture of me where I’m crying and holding a handful of raisins because that was the only food we had left, and I hate raisins.” As for any takeaways, Davis said she mainly just learned that she could “put her body through hellish conditions and come out of it in one piece.”

Following her physically demanding NOLS trip, Davis opted to explore a cattle ranch on the southern end of Chile, the northern mountains, and some cities along the coast. To begin her eight-week Chilean adventure, Davis travelled to a cattle ranch just outside of Puerto Natales. She did some hiking while there, but mainly rode horses on and around the ranch. “Following my stay at the ranch, I flew as far North as you can go in Chile to San Pedro de Atacama and did some hiking around there. Then I went out to the coast and spent some time in Valparaiso, a beautiful city built on a hill, where all of the buildings are old and colorful and look out onto the ocean. It’s full of artists who spend their days creating beautiful murals on the sides of the buildings,” described Davis. Her time in Valparaiso allowed her to get a thorough understanding of the culture of Chile. “There I mostly just wandered around the city seeing what I could find. My favorite thing to do while traveling is getting lost in a city and just exploring.”

Before concluding her year of adventure, Davis decided to get her WEMT certification. At first, she took this course solely to appease her parents by doing

something “productive,” but she ended up discovering a new passion. “I have totally fallen in love with medicine,” admitted Davis. “I’m currently in the process of getting my search and rescue certification and am pursuing the pre-med track at CC to eventually become an emergency room doctor.”

When asked to pick a “best experience” from the year as a whole, Davis had difficulty choosing between all of the amazing adventures she had had. If she had to choose, she thinks her stay in Southeast Asia was the best. “I loved living with my homestay family in Laos. They were such kind people and welcomed me so completely into their home. Most of the villagers are rice farmers and fisherman but my host father actually works for the organization that is disarming the unexploded bombs leftover from the Vietnam War, and the experience as a whole was fascinating to see how people in other countries live,” she explained.

All in all, Davis had a diverse and productive experience during her gap year. “Traveling and meeting new people taught me so many valuable lessons and totally altered my world perspective.”



PHOTOS COURTESY OF MACKENZIE DAVIS
First-year Mackenzie Davis during her gap-year. She trekked through China, Laos, and Cambodia in Asia, and visited Patagonia during a NOLS course. Davis credits her adventurous spirit and travel wisdom to her time spent abroad.



ACTIVE LIFE HAPPENINGS



State of the Rockies Project

State of the Rockies Student Photo Gallery

Fri.-Sun., Oct. 14-16, 4 p.m. to 7 p.m. each day.
Gallery located at 802 N. Nevada Ave. Winning photographers will be recognized on Friday.



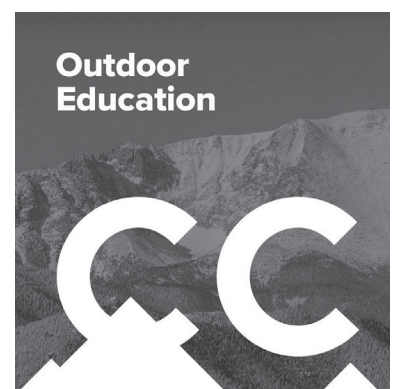
Winter Sale and Swap Party!

Saturday, Oct. 15, 10 a.m. to 6 p.m. at 1024 S. Tejon Street. Free lunch to first 100 guests, live music, discounts on winter gear, gear swap with locals, and prizes (including giveaway skies)!



BreakOut Block Break Service Trip

Thurs.-Sun., October 20-23. This BreakOut trip will be travelling to Mission Wolf Sanctuary. Students will volunteer on wolf reservation and learn about non-profit service work.



Fall Festival at CC Outdoor Education Center

Friday, October 28, 3 p.m. to sunset (7 p.m.) Festival located on Yampa Field behind OEC. There will be student bands, pumpkin carving, and other fall-themed, Halloween fun!

Living a Life of Adventure: The World of Chase Brown

By SOPHIA PRAY



Chase Brown poses with pottery he created in Open Studio PHOTO BY MIKAELA BURNS

Chase Brown might be most noticeable for his shaggy brown hair and his full grown beard, or for his common attire of pajama pants and toe shoes, but much less so for his multifaceted interests.

The sophomore Winter Start, a self-described "mountain baby," chose to come to CC for the mountains and the Block Plan. While he originally intended on playing lacrosse during his four years here, he is now much more interested in ceramics, academics, and outdoor education. Brown said, "There is no normal day" here at CC, but he usually tries to finish his homework early so that he can "do something else, like pottery or climbing or squash, depending on whatever [he is] feeling that day."

Brown, throughout his childhood, was immersed in an active lifestyle. His family—parents and an older brother and sister—moved around the country a lot, which allowed them to bond and explore various parts of the U.S. Brown was born and raised in Colorado for five

years, but he then moved to New York and lived there until his parents decided they didn't like the people there. He lived in Rhode Island for middle school and then went back to Colorado for high school. Along with moving around, Brown and his family went on a lot of camping trips when he was growing up. This influenced his own interests, for Brown has already spent a significant amount of time exploring the outdoors.

Following in his siblings' footsteps, Brown chose to participate in an outdoor experiential program called Adventure Treks. For five years of his life, Brown went on month-long trips during the summer that led him all over the country, from Washington to North Carolina to Alaska. "I learned a lot from those trips," he said, "mainly about life goals and sustainability."

After applying to CC and getting in as a Winter Start, the adventuring continued. "I looked at the list of things I could do for credit and I saw the NOLS trip and thought it was right up my alley, so I did that for the first three months of school. I went to Wyoming, Utah, and Idaho. We didn't just go backpacking, though. All the trips that I've done aren't just backpacking. They are like backpacking and kayaking or backpacking and ice climbing," Brown said.

The sophomore also began getting involved in CC's Outdoor Education Department. By the end of his first semester, Brown had completed Backcountry Level 1 Training along with Backcountry Level 2 and Climbing Level 2, and only needed to co-lead a trip to make his leader status official.

Overall, Brown thinks that he has spent around 9 or 10 months of his life in the backcountry. "I like being outside because it is an escape from technology and just everything in life, really. Also, it comes with a quiet that

you can't hear anywhere else—you don't really notice how loud our world is until you're outside and realize how quiet it can get. And then, you know, pretty views. You see stuff that you've never seen before because pictures never give anything justice. They can't capture the sheer magnitude of things that you experience when you are out there."

Brown's sense of adventure extends past the outdoors with his love for squash. He started playing with fellow squash-enthusiasts and, at the end of last year, was asked to be the sports representative at CC. "I ate lunch with the anonymous donor who donated all the money to the squash courts at CC, and he said he is interested in me starting a squash team that could potentially play against other schools," Brown said.

"What I've started to do is make a bracket for people who want to play games, along with another sign-up for people who would be interested in playing even more squash. Not many people have put their names up yet, but, if there is more interest, then the team could become a reality."

Brown started playing squash in fifth grade with his family, growing up, they played a lot of sports together. During sixth grade, though, he started practicing with the JV team of the boarding school that his dad worked at (and his siblings attended), moving up to Varsity when he reached eighth grade. "I was never allowed to play any games since I technically wasn't a student there, but practice was fun," Brown said. After moving back to Colorado, squash "pittered out," but his involvement with ceramics began.

During his first year at CC, Brown managed to get into Open Studio as opposed to a formal adjunct class, although it was a tough process. "It was brutal because I did that for the last three blocks of last year and had to wake up super early every time," Brown said. "This year, I found out that I could get Open Studio for the whole semester so I did that instead."

Indeed, he has been taking advantage of the open studio, and spends many hours a day throwing new pieces. Brown's pottery can be found adorning his bookshelves and desk in his room, and also spread throughout his home. "My mom likes them," he said, "but some of my pieces get shunned to the basement. It depends on which ones she likes."

Brown's mother was actually the main reason he got into ceramics in the first place. When choosing between classes for the art requirement at his high school, Brown's mom suggested taking ceramics because she knew he liked to work with his hands. Brown agreed to try it out and liked it so much that he took it again his senior year. He joked, "My senior year was a little too easy, so three out of six periods I would go down to the art studio and

"You don't really realize how loud our world is until you're outside and realize how quiet it can get."

"I'm gonna roll with life and see where it takes me."

work. My art teacher started to realize that I was making way too much, so I always had to recycle the clay I used since I couldn't use the new clay."

Towards the end of his senior year, though, he became even more involved in the ceramics world as he started a two-week internship with Willi Eggerman, a local artist in Boulder, for his high school graduation requirement. "I helped clean her studio and helped her with the business, even selling some of her work at one point."

"One it ended, I decided that I really enjoyed the internship, so I continued over the summer. I would clean her studio from 9:30 a.m. to noon and help her out with whatever she needed. After I finished, I would just throw from noon till whenever I wanted to leave." The internship granted Brown the freedom to create more art in an unstructured setting, similar to open studio here at CC.

Brown—whether it be through his exploration of the outdoors, his developments in squash, or his growing craft of pottery—is living a life of adventure. "I am very self-driven," he said. "I do things because I want to get better at them and I like to see myself grow and push myself to the limits for whatever I do. It can be complicated at times, and suck at times, but I enjoy that either way."

As for the future? Oddly enough, Brown is planning on majoring in Math and Economics, although he admits the related jobs are not very thrilling: "I feel like the kind of jobs that those entail are very boxed-in, cubicle types that I am just not down for. Even though I would potentially make a lot of money, which would be great, is it worth being stuck in a box? I don't think so." While he is opposed to restricting himself within a job, he also admits that he wants to adventure the most while he is young.

"It's what I call getting my ya-yas out. Ya-yas are your craziness and excitement: Your wild side," Brown said. This wild side seems to fuel Brown's many adventures, and seems to be representative of his drive to keep pursuing new experiences. When balanced with his relaxed, quiet, and calm demeanor, the essence of Chase Brown can be understood. As Brown said, "I'm gonna roll with life and see where it takes me."



Chase Brown PHOTO BY MIKAELA BURNS

Indigenous People's Day and Inclusion of Native Students on Campus

By ZASCHA FOX



CARTOON BY CAROLINE LI

Most Colorado College students probably passed by the Indigenous People's lunch on the Worner Quad this past Tuesday, though many may still not understand its purpose or the plight of the Native American Student's Union (NASU) here on campus.

Around the country, Native Americans are protesting the celebration of Columbus Day and are instead proposing the recognition of Indigenous People's Day (IPD). Sophomore Aubrey Skeeter, a co-chair of NASU, described IPD as "a day to respect the people of this area before colonization, genocide, and assimilation have been inflicted upon indigenous people." Skeeter, who is half Native American, has been a part of NASU since fall of her first year, and feels it is the group on campus she "most identifies with."

The Indigenous People's lunch was a collaborative event put on by NASU and Spoon University. According to junior Madeleine Engel, the idea for the event came up when brainstorming ideas for free lunch events for the fall semester. "There was a unanimous agreement [about this particular event] simply because we believe that Columbus Day has celebrated a dark part of Pan-American history to an embarrassing degree."

Engel is currently the marketing director of Spoon University, and has been involved since last spring. The CC chapter of Spoon "makes an effort to pair up with various established clubs in order to provide support for their events." This is just the first of a variety of food-centered functions in conjunction with a social justice organization on campus. Engel stated that "while we'll likely work with NASU again in the future, we also hope to collaborate with any other affinity groups or clubs on campus."

The lunch was the first collaboration between Spoon and NASU, although Engel

"expects to team up again sometime in the future." Spoon was especially reliant on NASU for advice and instruction on the selection and preparation of the food. "NASU essentially advised us in the process of planning the event, telling us what sort of food to make, and showing us how to make the fry bread."

As can often happen with most food-centered events, many students showed up for the food without acknowledging or recognizing what it was that they were eating for. During the lunch, there was also a NASU march going on inside Worner, promoting the proposed name change from Columbus Day to IPD.

Many Native Americans feel that changing the name of the day would shed some light on the suffering that indigenous people have endured, rather than celebrate it. Engel also recognized this, saying, "while the voyage of 1492 was certainly monumental in our country's history, it is ignorant to blindly celebrate an event that led to the extinction of entire cultures."

NASU, although a small group, has made a huge impact on life at CC for some of its members. Skeeter attested that "it has helped me to become more comfortable with openly talking about my personal identities."

The overarching goal of the group is "to facilitate a safe space for indigenous students and their allies." Engel also had an opinion on whether or not students were made aware of IPD through the lunch. She believes that "the reality of food-centered events is that people will show up just for a free meal regardless of the cause. However, I also think that is what makes food events effective: they bring together people who may not normally take interest in an issue."

A number of people at the event had questions about Indigenous People's Day or didn't even realize that cities across the country were abolishing Columbus Day, so

at the very least we helped to inform a few students."

The issue extends beyond Columbus Day, though. Despite feeling at home within NASU, Skeeter has had problems with her experience of the treatment of Native students on campus. "During my first semester at CC, I was so anxious about how I may be treated that I did not often mention my heritage," Skeeter stated. Although, for the most part, CC is an inclusive campus, some of the events of last year had minority students questioning their place at the school.

The rise of anonymous social media platforms made people able to terrorize students of color while still remaining unidentified. "After the spring semester YikYak attacks on native students, I considered leaving, but decided that with the lack of native students at CC, my one voice leaving would make an impact, and I decided to stay." Although she's pleased with the group itself, it seems like more widespread recognition on campus would be appreciated.

Skeeter has said that while she is "happy with where NASU is and how we interact with other groups and our events we host for CC and the Colorado Springs community," she has felt like the events "are not very well attended, nor do many people at CC realize we are here—or care that we are."

Although the steps seem small, events like the Indigenous People's Lunch are helping to raise awareness of native issues on campus.

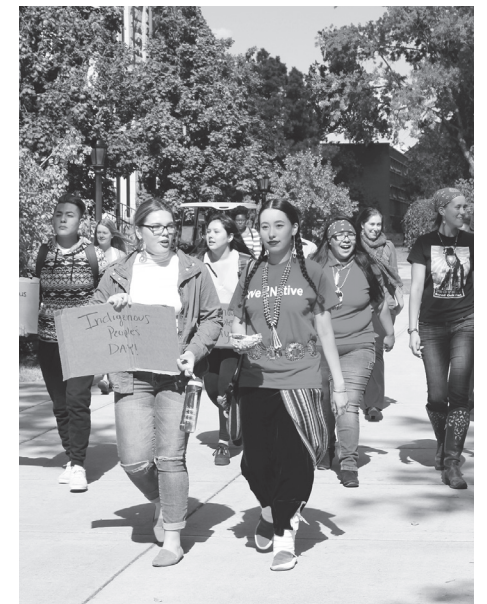
Skeeter and other students of color believe that there is disconnect between the inclusive and accepting atmosphere that CC preaches and the atmosphere that they often experience.

"I have noticed that CC has quite a few students who believe they are very knowledgeable and worldly, but tend to be

more disrespectful towards people of color on campus. CC itself it seems is supporting native students as best they can, but the students who attend the school do not always have the same ideas in mind." While something simple like a name change may seem insignificant to some, it would be a huge step for Native Americans.

Both NASU and Spoon University are open to all who are interested. Spoon U is for "anyone on campus who is interested in food, health, writing, photography, and event planning," and has meetings every Thursday at 8 p.m.

November is Native American Heritage Month, and NASU has "a wide variety of events happening. [They] would love respectful support from the CC community." In addition, they have meetings every Thursday at 12:15 p.m. in the Southwest Studies Building, and "would love for any indigenous students or allies to attend."



Students march at the Indigenous People's Day lunch put on by NASU and Spoon University
PHOTO BY MIKAELA BURNS

Transferring Textiles and Art Students: Artist Profile on Jenny Welden

By SABRE MORRIS

"Quilts are not just for your grandmother anymore," said senior Studio Art major Jenny Welden, who brought me into her discreet studio where she streams bits of her own life into her artwork, quilts, and textiles. "I have noticed that the art begins to have its own life if you let it," Welden said. "When a stranger comes up to you and doesn't look at you but is captivated by the artwork, you know the art is moving on its own power and not by yours." Welden transfers her life into her textiles and quilts.

Welden entered the art domain when she was young and was naturally comfortable in the process of creating, despite growing up in a family of white-collar professionals where no one pursued art. "I think art sort of found me. I've had a compulsion for art since I was a very small child," she said. All

over the world, a rich cultural tradition of quilting exists that has been used to tell a story or depict history through the eyes of a weaver. Welden believes her quilts have personal piecework and symbolism special to her but may not actu-

ally tell a story. "I think textiles, and especially garments, allow you to wear a story, to wear myth," she mused. "I've been really interested in garments that have mythology woven into them because it's touching your body. That brings an idea different than just a painting on the wall." This produces a new and exciting element to art, one where texture and the physicality of the art is just as important as the visual setting. Quilts, textiles, and garments now have become another method to enhance the art experience.

Generally, the first question when meeting someone new is "What is your major?" or "What do you do for a living?" For Welden, when she mentions that she is an artist, it "opens a can of worms." Welden explained this is because most people don't really understand the magnitude and importance

of artists' work anymore. "There is a strong movement of fine art quilts, quilts that can sell for thousands of dollars and are in museums and galleries just like paintings are, but few non-artists actually

understand this magnitude or appreciate it."

Despite this drawback, Welden intertwines the pieces of her college life with her artwork, and credits the Art Department for showing the credibility of being an artist in preparation for post-graduation. Last year Welden participated in the CC art and crafts sale, which provided her confirmation in her artwork. "It was a turning point for me because I realized people are actually interested in my work and to buy it," she said. Textiles are shaping the way we think and commemorate history, and with that, creating connections is important. Welden completely changed her major from Biochemistry to Studio Art after realizing that one should live a life where they can be true to themselves. The Art Department has definitely been a highpoint of Welden's CC experience as a transfer student. It provides a really strong support system of professors that dedicate time to evaluating her art, as well as the latest technology to create innovative new art.

"I've always been an artist but I have not always identified as an artist and CC helped facilitate that change which is good." As she weaves the last few blocks into her senior year, Welden will continue to look toward the Art Department, textiles, and her quilts as she continues her journey as an artist and quilt maker.

"When a stranger comes up to you and doesn't look at you but is captivated by the artwork, you know the art is moving on its own power and not by yours."

Countdown to the Top Five Dive Restaurants in the 80903

By EMILY NG



BJ's Velvet Freez PHOTO BY COCO WANG

1. BJ's Velvet Freez

Nothing says summer to Colorado Springs locals like a delicious, creamy mouthful of BJ's Velvet Freez. BJ's offers a wide variety of all of your favorite ice cream truck treats, from Choco Tacos to strawberry shortcake bars, and even cartoon character popsicles with bubble gum eyeballs.

Not only do they offer some delectable soft serve, this

drive-thru style restaurant has homemade onion rings and its signature fried pork loin sandwich.

The drive-thru at BJ's has been known to get so busy that there is no room for more cars, and patrons must walk over to the establishment from nearby lots. Customers have also been known to narrowly dodge getting hit by vehicles while casually dining on BJ's patio furniture. The items on the menu range from \$1 to \$8, and the restaurant is only a five-

minute Uber drive away to 1511 North Union Blvd.

Look for the iconic giant inflatable white ice cream cone and treat yourself to a delicious serving of BJ's icecream.

The Colorado Springs grease culture is abundant with food options to satisfy your every need. No matter the price, time, or culture, the dive restaurant community represents the diverse populace of the area. Make a splash into Colorado Springs culture and check out a dive restaurant near you.

Hop-Ed: Fall Seasonal Special

A weekly review of local beers for Colorado College students by Colorado College students.
Brought to you in association with the Homebrew Education Club of Colorado College.

By BRANDON MARCUS, CHRISTOPHER BIRTCH, JULIAN DAHL, & GUEST CHASE HOWELL

This Week's Brewery:

As a follow up to Hop Ed's last edition, the fall seasonal special continues. We specifically looked at Pumpkin-themed beers this week. Hope you enjoy some spice in your life because these beers feature those delicious fall flavors: cinnamon, nutmeg, pumpkin, and even coffee. We have a special guest reviewer this week, Chase Howell, who is the Co-Chair of the Homebrew Club with Julian.

Fun Facts:

Pumpkin-style beers are very popular in the U.S. Many different styles exist today including ales, wheat beers, porters, and stouts, to name a few. Pumpkin flavors have been used in beer for a long time, pre-dating the founding of the U.S. The reasoning here is that pumpkins are a native plant to this continent and were unknown to Europeans before the settling of North America. It was an easy sugar to ferment that could replace common grains or malts, and was easily accessible to settlers. The current craze is a modern reemergence and can be compared to other pumpkin-flavored products such as the Pumpkin Spice Latte. This new wave of pumpkin beers resemble pumpkin pie in a glass rather than true pumpkin flavor. Now knowing the history of the style, check out our picks for the week.

This Week's Pumpkin Beer Picks:

Tophers' Pick: Eddyline Brewing Pumpkin Patch Ale

The first pick of the week is the Eddyline Brewing Pumpkin Patch Ale coming in at a 5.5 percent alcohol by volume and ranking a 20 on the IBU scale. Eddyline is based in Buena Vista, Colo., and has existed since 1999 under another name, Socorro Springs Brewing Company. With the move to Buena Vista in 2008, the business originally operated as a small restaurant and brewery. In 2011 they opened their current production brewery, and they have been growing ever since. This beer has a sweet and spiced aroma with a hazy orange color. While not too carbonated, there are hints of spice with some sweet flavors to grace the palate. It is definitely pumpkin-esque and characteristic of an ale, but pretty nice in the mouth and very refreshing. A good introductory pumpkin beer if you have not experimented with them before. Other Eddyline beers we rec-

ommend checking out are the Crank Yanker IPA, the River Runner's Pale Ale, and the Jolly Roger Black Lager.

Julian's Pick: Boulevard Brewing Company Funky Pumpkin Spiced Sour

While this beer is not from Colorado, it fit into our theme too well to pass up. We tried to pick a variety of pumpkin-style beers this week. There has been an ale, and the other a stout, but this beer is a sour which creates a nice diverse flavor. The Funky Pumpkin Spiced Sour is 5.8 percent alcohol by volume and a 26 on the IBU scale, and it is made by Boulevard Brewing Company in Kansas City, MO. They were founded in 1989 and have grown to be the largest specialty brewery in the Midwest. In 2006 they expanded from their original facility where they were producing 6,000 barrels a year to a new brewery with the capability of producing 600,000 barrels a year. While this brewery was previously not known to us, it clearly produces high quality delicious beers. This beer has a bit of a head upon the pour and a golden yellow, crystal clear color. The aromas include hints of pumpkin, spice, and sour. While the initial taste is sour, the pumpkin balances the sour, and both are apparent on the palette. The finish did not have the distinct strong tang and aftertaste characteristic of a sour. Not too tasteful of pumpkin, more so as an afterthought. One of our favorite beers of the selection, this is an interesting blend of two styles. While we have not sampled other beers of Boulevard Brewing Company, it is clear they know what they are doing so keep your eyes peeled for more of their beers.

Chase's Pick: Breckenridge Brewing Company Pumpkin Spice Latte

Our special guest reviewer chose the Breckenridge Brewing Company's Pumpkin Spice Latte, a beer out of their Nitro Series. This brewery was founded in 1990, making it the third oldest craft brewery in the state. They quickly discovered demand was higher than supply and opened a second production line in Denver in 1992. They have subsequently moved twice more to larger production facilities and produce around 60,000 barrels a year. This pumpkin spice beer is 5.5 percent alcohol by volume

and an 11 on the IBU scale. It has a very weak head for a nitro, which are typically highly carbonated compared to carbon dioxide beers. It has a dark ruby color and smells of coffee with hints of cinnamon and nutmeg aromas.

There is a good mouth feel, but no true telling of pumpkin or spices in the taste. Drink at a warmer temperature because this elevates the flavor profile of most beers. Other Breckenridge beers to check out are the Vanilla Porter and the Avalanche Ale. Next time you are up at the slopes you may want to check out the original taproom and have a drink in downtown Breck.

Where to Buy:

This week's selections came from Weber Street Liquor. If you are a fan of pumpkin flavors, this is the time of year to get out there and try seasonal releases produced by different breweries across the country.

Next week we will return to our local theme featuring another small brewery based in Colorado Springs.



Selection of fall seasonal beers PHOTO BY PHILLIP ENGH

Sharing Petitions Isn't Enough

Social Media at CC: Part Three of a Three Part Series

By JOHN FEIGELSON

The world is full of problems. We have a glaring problem with race relations in this country. We have enormous environmental problems, we have problems with gender discrimination, Islamophobia, and discrimination based on sexuality. The list goes on for much longer than those few examples. It is difficult to fix them all, and fixing them is often the job of the government as well as citizens, if not one or the other. Activism is an essential outlet for the citizenry to express to those who govern what they think is important. Social media is an important resource for activists through raising awareness of issues and letting people know what is happening in the world.

Sharing a petition or an article on social media, however, is not enough to make a difference. Social justice warriors on social media are those who share links and go about their day. This is not enough. Knowing what the issues are is all well and good, but participating in real, physical activism is far more important.

Petitions from Change.org and other websites show up all the time on Facebook feeds: "Save the Glaciers!" "Racially Motivated Killings Still Murder 50 years Later!" "Renew Emmett Till Act NOW!" These are noble and essential causes that call for action to create a more just world. But putting your name down will only do so much. Your voice will be raised, but it is just a digital whisper, relegated to one of the 14,276 others who may have signed a petition. And after you sign the petition, it is the easiest thing in the world to open up BuzzFeed and take a quiz on which brunch personality you are. Not to discount entirely the value of petitions, they're great—

they are a manifestation of how many people may support a particular issue, and those voices are being recognized and recorded. White House petitions are an example of how many peoples' voices can spur a response from the nation's highest office (60,000). However, sharing petitions and liking people's posts doesn't affect change. Expressing opinions on how much you hate the election and want it to change does not affect change. If an individual takes physical action through

volunteer work, they will accomplish more.

The point of activism is to affect significant change in our economic, political, and social institutions. Social media activism is an important first step, but it is not enough to actually change a system. A voice is more powerful when it is vocal instead of virtual, physical instead of behind a screen. When thousands of people march in the streets of American cities to protest racial injustice, there is more power in their voices and their

cries for change than in the names on a virtual petition or a long status update.

In this day and age, a common perception is that the millennial generation is lazy and enjoys sitting behind a screen. The notion of comfort behind screens is dispelled by real, powerful activism. It takes more energy to stand up and raise your voice than to make a few clicks here and there to fill in your name and email address for an online petition. Marching or participating in otherwise physical protesting demonstrates that millennials can be vocal and expressive. It is not easy to find time in crowded schedules and hectic lives to rise up and say something is wrong, to desire more for a community or nation than one is receiving. It is undeniably easy to click something and say you've made a difference. It doesn't make an individual "woke" if they share a link about how neoliberal capitalist policy has been a disaster for the very idea of equality. It makes no difference if a bunch of computer code has been moved around. Change would be achieved if that person, after sharing an article, then went out and decided to occupy Wall Street again. They are letting people know what they think online, and then they are headed to disrupt the status quo, to raise their voice in support of a cause they believe in. Don't stop sharing petitions and links, but that action should not be the extent of activism today. Lie down in Grand Central to declare that Black Lives Matter, drive to North Dakota to protest with the Standing Rock Sioux, or march in support of climate justice. Close the computer, and go make a difference with your voice and your body. Do more than click "Share."

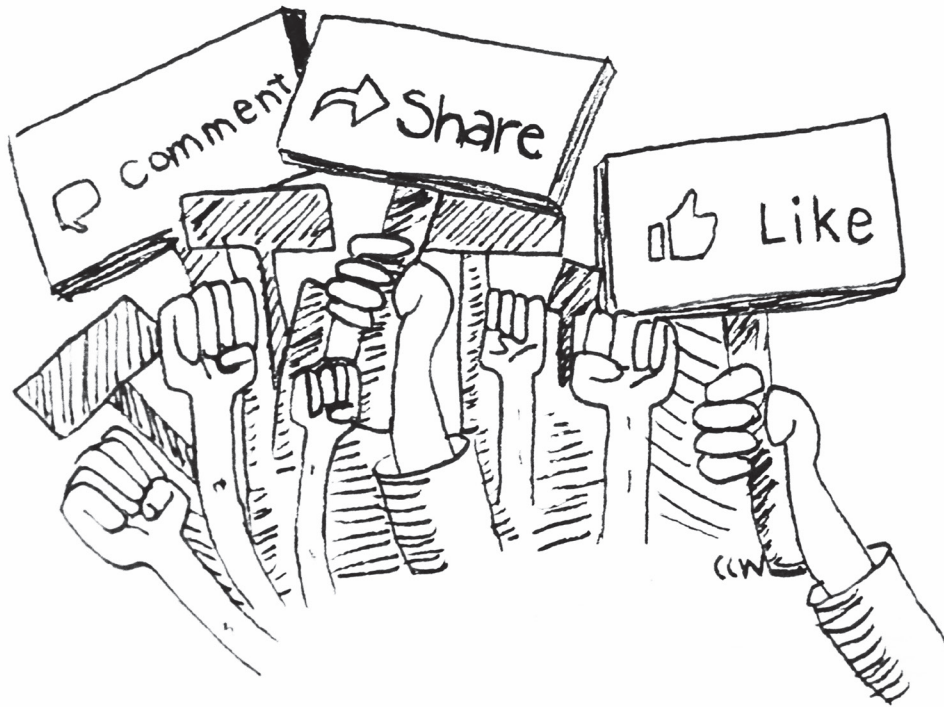


ILLUSTRATION BY CHARLOTTE WALL

Challenging the Sustainability of Campus Food

By NATHAN MAKELA

From the very first moment students step foot onto Colorado College's campus, Bon Appétit becomes an unavoidable part of the CC experience. Even prospective students and parents visiting campus for only a short time are involved with the services of Bon Appétit at every meal the school provides.

Bon Appétit is based in Paolo Alto, Calif., and provides café and catering services to colleges, universities, and corporations. On the CC website, Bon Appétit markets itself as CC's "socially responsible food management service" that "strives to provide the college community with meals that are local, sustainable, delicious, and nutritious. Bon Appétit is also committed to serving faculty, students, and staff with seasonal organic options whenever available." Here on campus, Bon Appétit's choice to use compostable materials is one tangible example of its effort towards sustainability. Located on almost every table in every dining hall, we see information outlining Bon Appétit's efforts to provide students with fresh, healthy, sustainable, and local foods.

In the past, Bon Appétit has received accolades from the Ecological Society of America, The Humane Society of the United States, and the Seafood Choices Alliance. In 2013, the Princeton Review conducted a survey asking over 126,000 students at 378 colleges about the food their colleges provide. The results concluded that four of the 12 campuses with the "best college food" in the nation have contracts with Bon Appétit.

Through relative standards and convincing rhetoric, Bon Appétit has cemented itself

as perhaps the most reputable college food provider in the U.S.. Unbeknownst to much of the CC community, Bon Appétit is owned by the Compass Group plc., a British multinational foodservice and the largest foodservice company in the world. What factors are at play when a multinational corporation provides food for a small liberal arts school in Colorado Springs? Is monetary incentive taking potential business away from local farmers? Organic farmers? More sustainable farmers? And finally, what standards are Bon Appétit using to measure their food purchasing practices? And what does information from independent sources say about Bon Appétit?

Junior Isaac Rubinstein and sophomore Sarah Kang recently formed a chapter of the Real Food Challenge here at CC. The Real Food Challenge is dedicated to raising awareness about where the food we are eating comes from. They set food purchasing standards encouraging local, fair, sustainable, and humane products. Only 20 percent of Colorado College and Bon Appétit's food purchasing practices meet these four categorical standards.

And the monetary incentive definitely gets in the way, specifically in the form of "kickbacks." Kickbacks are essentially a rebate that food providers must pay food purchasers in order to continue doing business with them. Consequently, larger food providers are preferred over smaller, local providers because they can pay larger amounts of money for kickbacks. For K-12 public school food providers, kickbacks have been outlawed. Mike

Callicrate of Callicrate Cattle Company, a local cattle farmer from Kansas, was previously a meat provider for Bon Appétit and CC. When Bon Appétit asked for a kickback, he refused, and Bon Appétit no longer does business with his company. Under the current kickback structure of food purchasing, local farmers cannot hope to compete with

So if Colorado College only meets 20% of the local, fair, sustainable, and humane food purchasing criteria established by the Real Food Challenge, there is obviously an enormous opportunity for change.

giant commercial farms. In some cases, kickbacks can account for up to 50 percent of a food purchasing company's profit.

So if CC only meets 20 percent of the local, fair, sustainable, and humane food purchasing criteria established by the Real Food Challenge, there is obviously an enormous opportunity for change. With first year and sophomore students' required subscription to the meal plan, this is not an issue that can be ignored. The main problem here is that with only Bon Appétit educating the college community on its food purchasing practices, students are ignorant to the real statistics

surrounding the ethics of the food they are eating. The accolades that Bon Appétit has received in the past say more about the inferior state of the food purchasing industry rather than the good work Bon Appétit has done.

In 2018, the contract between Bon Appétit and CC will be renegotiated. Let's make sure the college knows their food purchasing practices can be improved. Rubinstein says that it is time for "our food on campus to align with our values." Raise awareness. Get involved. Schools across the country have signed pledges to increase the percentage of local, fair, sustainable, and humane food products they are purchasing. University of California, Santa Cruz, has signed a pledge to increase to 40 percent local, fair, sustainable, and humane food purchasing. Johns Hopkins University has signed a pledge to reach 35 percent. CC can do better.

People want to be intentional about their food choices. If given the option, people want to eat locally, ethically, and sustainably. Unfortunately, Bon Appétit has constructed a dishonest narrative surrounding their food purchasing. But clearly, this isn't just Bon Appétit's problem, and they are actually one of the better food purchasing companies under the Real Food Challenge's criteria. Growing, purchasing, and eating food is related to so many important issues: worker and animal rights, economic status, environmental issues; the list goes on. Join the movement to increase awareness and create real change within our community and across the country.

How We Should Read the News

By MAX KRONSTADT

I write for a newspaper; I love the news. But it can be soul-crushingly sad. It brings to our front porch, lobby, smartphone, or computer screen the worst things that have happened every day. The news serves as a constant reminder of the suffering in the world.

Yet, it is invaluable that we read the news. An informed citizenry is the key to a functioning democracy, and there is no better way to stay informed than to read the news everyday. The news gives us insight into complex social and geopolitical conflicts, forces us to reflect on changes in our own communities, and trains us to care about people in the world with vastly different cultures and lifestyles.

Let us bear in mind that the news can be deeply flawed—societal biases and forces interested in protecting the status quo often find a voice in the mainstream media. We should engage with the news critically while seeking out other sources of information for comparison. We can be aware of its flaws, but still recognize that despite those flaws, the news is still one of our greatest tools against ignorance.

And so, since we have to read the news, we must figure out ways to cope with the sadness that it brings us.

I cope with the tragedy of the news by turning my sadness into a resolution to do better. I've recently been reading a lot about the Syrian civil war. The news from Aleppo is, most of the time, unbearably sad. But there are so many things that could have been done better in Syria, and these things can still be done better. When

It's important to remember that the world is, in many ways, an amazing place, and that people have good intentions for the most part.

I think about how to make a tragic situation better, debilitating melancholy gives way to firm resolve, and the experience is far more productive.

Sometimes tragedy strikes, and there is nothing we could have done about it. I read the other day that Hurricane Matthew has killed nearly 900 people in Haiti,

and it continues to wreak havoc on the rest of the Caribbean and the East Coast of the U.S. Maybe something could have been done better; there could have been international efforts to evacuate people, and there could be better floodwalls and levees in Haiti. Maybe the storm was more intense because of climate change, which we can do something about. There will, however, always be natural disasters.

There is value in reading tragic news even when there's nothing that could have been done to stop it. Suffering is fundamental to the human condition. In learning about and understanding the suffering of others, we find empathy and compassion. Our sadness becomes a transcendent love that grounds us in the awesome power of our humanity.

It's important to remember that the world is, in many ways, an amazing place, and that people have good intentions for the most part. Tragedy will always be part of life, but it will also always be far from the only part. As we read the news and are filled with deep sadness, we should bear in mind that this sadness is productive and that it will pass, leaving us stronger and better able to appreciate all that is good around us.

CC Parties: A False Sense of Security

By ISABELLA MCSHEA

During my first block at Colorado College, I watched a friend surrounded by EMTs get taken to the hospital due to alcohol poisoning. Throughout this extremely unfortunate ordeal I felt as if I was in a daze. How was this happening?

My own opinion of CC before I got to school was that it had a reputation of Chacos, the Block Plan, and doing homework in a hammock on the quad. My perception as an incoming first-year student was that CC had parties only available a day or two a week for students who choose to seek them out. CC was not what I would consider a "traditional party school." We don't wake up at 5:30 a.m. to begin tailgating for football games, and the entire social scene doesn't revolve around Greek life. All of the preconceptions about CC's party culture came crashing down as I witnessed firsthand the dangers associated with partying in college.

This experience, coupled with discovering the legendary Block 1 and 8 senior calendar—which provided multiple party opportunities every night of our first few weeks of being on campus—caused me to pause and reflect on the CC party culture as a whole. It seems that because CC is not a traditional party school, students may believe that parties here are almost

completely safe to attend. Contrary to popular belief, there can be consequences for those in our community who choose to participate in the party culture. To prevent the negative side effects of partying, education concerning drinking, drugs, sex, and other topics should be integrated

into the New Student Orientation and throughout all four years of CC, instead of just limited to an online course before students even step on campus.

This false sense of security we experience while going out is due to a number of factors. One particularly glaring reason is that because we are in the bubble of our campus and because the administration is seemingly relaxed about partying, we can perceive our surroundings as being



PHOTO BY COCO WANG

incredibly safe. Yes, students do register off-campus parties and campus security does come to make sure things are not completely out of control; we even have a policy where each party should, technically, have at least one sober host. There seems to be little to no intervention outside of those aspects on the part of the administration to control the house parties

that dominate the party scene. When students have only a small concern of campus safety or the administration, it allows people to feel encouraged to "go out," instead of fearing any repercussions.

From my early and unfortunate involvement with alcohol poisoning, I can attest that CC is not exempt

from the dangers that many colleges face concerning drinking. As the "I don't pay \$60,000 not to get my stomach pumped" party theme on the senior calendar suggests, there is a prevalent drinking culture on our campus. Because of the legality of marijuana in Colorado, this may have surprised some first-years who assumed the prevalence of drinking would be lessened because of the "stoner" reputation that CC and all colleges and universities

in Colorado may receive.

Obviously, I was naive to think that our party culture was incredibly low-key and not at all "turnt:" full of ragers, incredibly

I can attest that CC is not exempt from the dangers that many colleges face concerning drinking.

vibrant, and also just super fun. I have loved dressing up in flair and dancing the night away to a live band with my friends. However, I am still startled by the overarching sense of safety that our campus feels when going out. Implementing more extensive education concerning partying could hopefully lower the amount of students who are hospitalized for drug or alcohol abuse. The current education concerning partying is limited to an online course titled "Think About It," that many incoming students pay little attention to. In fact, I remember a conversation during NSO where a fellow incoming first-year informed me that they had muted the site and clicked through the various modules. Our campus is relatively safe; however, that is no excuse for not wanting improvement.

Gender Biases on CC Campus

By CAROLINE WILLIAMS

Regardless of attending an enormous state school or a tiny liberal arts school like ours, gender biases continue to exist. I never felt incredibly attached to the idea of pointing out every gender discrepancy I noticed, yet, lately, I have felt urged to comment. There is no doubt that Colorado College admits students with incredibly open and progressive minds, however, I noticed that gender biases, specifically regarding sports, are actually quite common on campus.

This first occurred to me when I spoke to a student who plays club hockey at CC. He explained that club hockey has a team for males and a team for females. I was curious if the two teams ever mixed together, and he said that if a girl wants a more competitive atmosphere, she may end up joining the guys' team. It took me a second to comprehend why this notion seemed wrong. I understand one may believe that the level of aggression may differ between the two teams, but how is that progressive? The assumption that girls will automatically be less intense is rather biased. Additionally, why did it take me a second to unravel why that system proves biased?

In addition to the previous example, I see gender bias in many intramural sports. Every intramural team must have at least two students of each gender. I do not understand the reasoning behind that rule and it continues to perpetuate gender bias. "I have been approached by guys asking if I will be on their intramural team. They immediately follow their invitation with the explanation that they simply need more girls," said first-year Melanie Mandell. I am not sure if guys add the second part of the question because they feel uncomfortable asking a girl to join, or if it is due to their belief that the girl may neither be skilled nor want to join. I can say with certainty that when a guy asks another guy to join their team, they do not feel obliged to give reasoning. Guys are expected to want to join sports and they are expected to be good, while girls are often assumed to be unengaged or unskilled. Gender bias exists on both sides of the spectrum.

Some level of gender bias occurs during the actual playing of the sport, too. Walter Brose, another first-year, plays intramural soccer. I asked him about the dynamic of genders on his team, and he said, "I see it with boys taking the more prominent positions in the sports. The boys play positions considered 'more skilled,' like forward or center-mid. The girls seem to migrate towards the back of the field, though." He added, "No one says 'hey girls, play this position!' the boys just kind of move one way and the girls another." Mandell added, "Also, my soccer team had two guys and six girls, so the guys had to stay in the whole game to agree with the gender rule. Except, the guys had the ball most of the game, while the girls just stood on the field. No one was angry or accusing the guys to be ball hogs; it just happened that way." Again, it seems so unintentional and insignificant, yet all of these instances require acknowledgement.

Aside from intramural sports, "I think gender biases occur in the gym, too," first-year Mary Kate Maloney explained. "When I run on the treadmill, I am surrounded by several other girls, however, if I walk downstairs to the weights area, I rarely see one girl. I feel uncomfortable and, honestly, like a misfit. No guy will approach a girl and question her action of lifting weights, yet I feel intimidated." Of course, it would be easy to tell a girl to ignore the discrepancy between males and females and just lift weights, but it is not as easy as it sounds. No one likes to feel out of place. Also, the problem is prevalent given that there is such a large distinction in numbers of males to females in different areas of the gym.

While I believe any gender biases existing at CC are completely unintentional, the fact still remains that they are widespread on campus, specifically with sports. It seems like a problem that should not be prevalent at such a liberal school, but, unfortunately, we are all susceptible to implicit bias. Stereotypes affect our understanding, actions, and decisions in an unconscious manner that have a significant, negative impact on campus.

CC Lens: Solidarity With Standing Rock



PHOTO BY DANIEL SARCHE Students stand in protest on Worner Quad.

On Wednesday, Oct. 12th with temperatures dipping into the 40s and sleet pelting the campus, indigenous students took to the Worner Quad to protest injustices perpetrated against indigenous populations. The protest at the flagpole centered around the Dakota Access Pipeline, but has higher aims. Included in these aims is addressing a history rooted in genocide and oppression of Native Americans. In this spirit, several indigenous students chained themselves to the flagpole. This protest came on the heels of a demonstration on Monday Oct. 10th that was held in conjunction with the Indigenous People's Lunch. Protesters request solidarity from their college and community in the following ways

1) The first is that Colorado College issue a public statement in support of the Standing Rock Sioux who have been acting

as water protectors from a pipeline endangering the Missouri River.

2) The second request is that Colorado College release a public statement in support of Indigenous Peoples' Day.

You can join the indigenous students as allies by asking officials at the college to release the statements addressing the issues above. Possible channels include Rochelle Mason, Mike Edmonds, Dr. Paul Buckley, and finally Jill Tiefenthaler. All above officials have come to express their personal support, bringing coffee, comfort, and hot chocolate, for which they have the demonstrators' thanks. Please copy the message below and contact one of the above people to stand with indigenous people.

"I ask Colorado College to join me in proclaiming solidarity with the Standing Rock Sioux and hundreds of other tribes in

their fight against the Dakota Access Pipeline. I also stand with the Indigenous Students of Colorado College in their effort to acknowledge that Indigenous People's Day should be celebrated as a way to commemorate the original inhabitants of this land. Please issue a statement regarding these issues so that our entire community feels respected, and Colorado College reaffirms its commitments to respect its native students."

Emails are as follows:

Rochelle Mason: rmason@coloradocollege.edu

Mike Edmonds: medmonds@coloradocollege.edu

Dr. Paul Buckley: paul.buckley@coloradocollege.edu

Jill Tiefenthaler: president@coloradocollege.edu



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Homecoming Calendar October 14-16

Friday

Alumni Symposium: Sampling of the Liberal Arts*
1:00 - 4:00 p.m. in the Cornerstone Arts Center Screening Room

Saturday

27th Annual Tiger Classic 5K Race
8:00 a.m. from El Pomar Sports Center

Homecoming Convocation and Alumni Awards Ceremony
10:00 - 11:00 a.m. in Shove Memorial Chapel

"Our Vibrant, Innovative Campus" Presentations*
2:30 - 4:30 p.m. in Cornerstone Arts Center Screening Room

Homecoming Dance
8:30 - 10:30 p.m. at the Worner Quad

Sunday

Homecoming Memorial Gathering
10:00 a.m. at Shove Memorial Chapel
All welcome for a reflective gathering to remember and honor the lives of CC classmates, faculty, and staff who have passed away.

*Events near capacity

Out with the Old, In with the New: Tutt Library Renovation Will Bring Virtual Reality to CC Campus

By CHANEY SKILLING

Colorado College is about to be upgraded. Tutt Library is experiencing renovations on both the outside and inside. Come fall 2017, students will be welcomed back not only with a breathtaking exterior, but also a dazzling interior that fosters collaboration across every discipline. At the forefront of the upgrades: technology.

A collaborative effort between ITS and the library renovation committee, Tutt 2.0 will feature a “Technology Sandbox.” Available to students, staff, and faculty alike, the Sandbox hopes to incorporate technology into all aspects of the CC curriculum. As part of the Sandbox kick-off, CC has purchased the latest Virtual Reality technology, adding to the college’s innovative atmosphere. “I think this is a really great addition,” said senior Caitlin Taber. “It’s always a struggle to gage how new and exciting technology will be received, but there’s a lot of potential.”

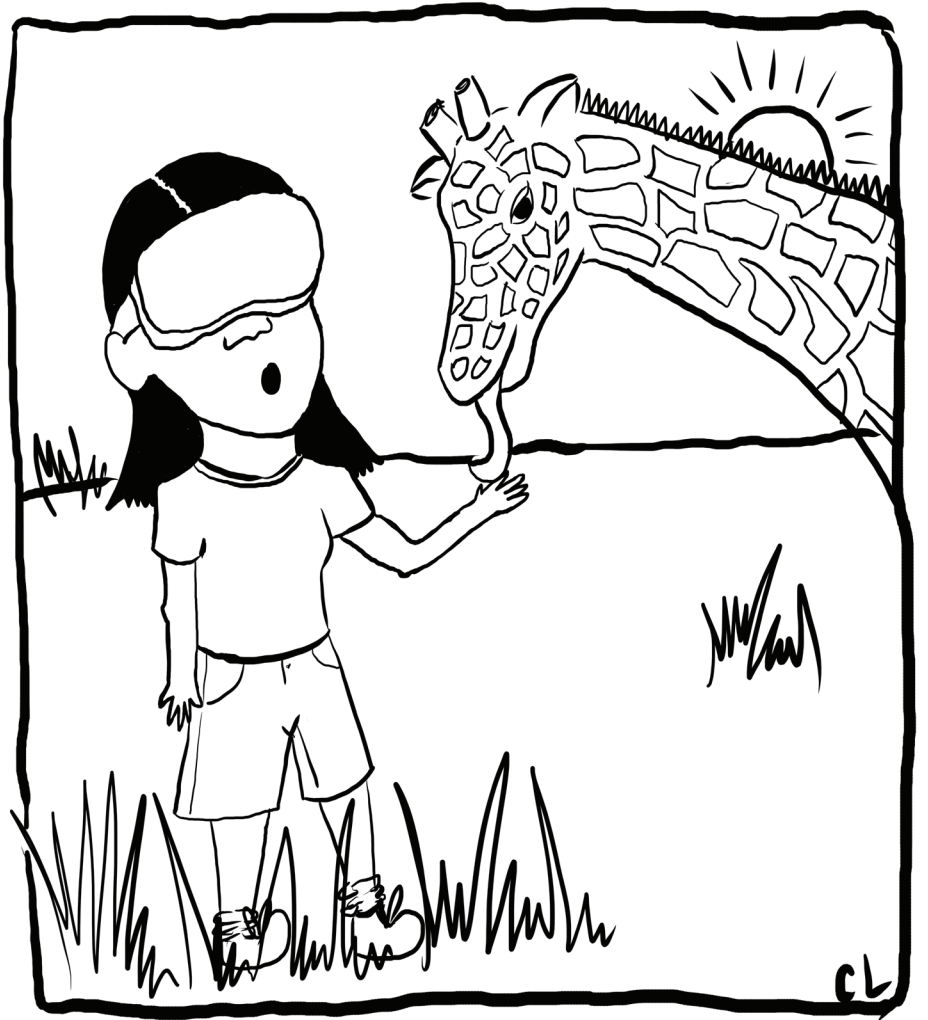
Described as a hybrid between education and entertainment, Virtual Reality technology offers a new approach to course work. Rather than sitting in a lecture or reading from a textbook, students can strap on the VR headgear, and become literally immersed in their studies. “Because VR is so interactive, you have to take part in the story,” said Taber. Current programs include Vincent Van Gough’s “Night Café,” a tour of The Louvre, and the human brain. With a flip of a switch, students can be transported to places they’ve never seen before, taking their learning experience to a whole new level. However, there is more to VR than just a few cool images and videos—the technology also increases accessibility. Before VR technology took hold, students were limited to on-campus

resources. Today, with the number of programs increasing, VR will give people the chance to experience the world without stepping outside Tutt’s doors.

“Everybody deserves to have the same experience, no matter their resources,” said GIS Paraprofessional Noah Cutter. “That’s what we’re trying to do—provide new opportunities for visualization, exploration, and experiential learning.” Although CC is one of only a handful of other liberal arts colleges currently investing in VR, Cutter is confident it will soon be an integral part of college life. Imagine reading the Constitution while in the National Archives, working up close with a human heart, or studying architecture from the halls of the Vatican. VR technology can take that imagination and make it a reality for students, no matter their resources. From art to political science to anatomy, VR has the potential to go where no other technology has ventured.

To raise awareness, ITS is sponsoring Womer Center Pop-Ups throughout the year, in hopes that students will take advantage of the Technology Sandbox once Tutt reopens next fall. “We are placing more emphasis on technology innovation in Tutt, and we want people to know about it,” said Cutter. Encouraging students to get their hands virtually dirty and faculty to be open to the idea of technology-enhanced curriculum, these Pop-Up events are open to all.

During these two-hour sessions, participants can try one of several VR programs and become acquainted with the immersive experiences it provides. Come August 2017, CC will be home to not only a new library, but also an entirely new virtual world.



CARTOON BY CAROLINE LI

Production of Paradise Motel Proves Both Alluring and Bizarre

By JONATHAN TIGNOR

Though the Norberg Studio in Cornerstone may not seem like your typical location for a motel, Colorado College’s Theater and Dance Department set up shop there and brought the Paradise Motel to life last weekend. Paradise Motel is loosely derived from the well-known playwright and author Sam Shepard, and the play creates an almost-interactive and multisensory experience. The continuous installation performance enlivened the wide array of theatrical possibility and actively engaged the audience in the modern motel milieu.

“Paradise Motel was conceived as the best way to stage very short scenes written by Sam Shepard—little glimpses of different worlds—in the setting of a seedy motel,” said Andrew Manley, the director of the show. As the audience enters the studio, they fill an open space surrounded by visible motel rooms, in which the actors perform various activities. Some stare at the ceiling, men play checkers, one man stares at a sex doll on his bed. The performances expressed the mere wanderings of personal life. Crickets chirped softly in the background under the glare of a bright neon sign that read PARADISE MOTEL.

Part of Paradise Motel’s allure was the vast differences between each of the scenes; there was an incredible range of both realism and absurdity. At times, I wondered if I had fallen into the middle of a David Foster Wallace book. For example, one scene featured a man and a maid practicing swimming on a bed, each intensely paddling through imaginary water. “Each scene simply tried to be true to what Shepard had written,” shared Manley. “The beauty of his writing is that each was so different. The people were different, the situations they were in so different, from the severely realistic to the more absurd and dreamlike.”

However, no matter how bizarre or how commonplace the scenes were, they were all captivating. The audience would wander through the center of the motel space feeling

like unseen eavesdroppers, wanting to be as attentive to every scene as possible. Though most gatherings formed around the livelier rooms, occasionally a crowd would form around a quiet room. Nothing especially notable would take place, but there was still a sense of something to be gained, something worth viewing.

“I did like how in many of the scenes nothing much happened,” said Manley, “and yet this was watchable. After all, in much of life—or an average night—nothing much happens!” It would be easy to throw a label like “avant-garde” or “surrealist” on a production like Paradise Motel, but Manley views such tags as trivial. “Ultimately they don’t mean anything, they’re not helpful,” he said. “But theater is unique in that it can change its form so easily . . . you name it, it can do it. That’s what makes it exciting; the days of an audience watching a play sitting in straight rows facing the action in a church-like atmosphere are over—well, should be over.” This evolution of performance that Paradise Motel represents is exactly what allowed for such an engaging experience.

The audience wasn’t filled with passive spectators; they were necessarily active participants. You couldn’t just sit yourself down and consume, decisions had to be made as assorted auditory cues pulled you in all directions. “They could choose what they were interested in, what they wanted to watch,” said Manley. “It was the individual member of the audience’s choice. You weren’t stuck watching a play you didn’t like or relate to or found too long (and how often does that happen?)—you could choose what to watch!” Those in attendance had to work and make their own choices, in no way was the performance a passive experience. In doing so, playgoers could reach deeper realizations about themselves.

“Realize why you were attracted to a particular scene or character—it’s because they resonated with you,” Manley stated.

A Closer Look at Professor Bobby Karimi's Life: More than a Ph.D.

By ANA ORTIZ-MEJIAS

Professors are more than their Ph.D.s. As students, we interact with our professors from 9 a.m.-12 p.m. in class, during office hours, and over email. These interactions provide a limited view of the person standing in front of the class. “I am your professor, but at the same time, I am a human being you can connect to,” said Bobby Karimi, a visiting Geology professor. Various experiences and interests make up a person, not just a professor.

Born in Canada, Karimi began his undergraduate career at McGill University in Montreal, finishing undergrad and attending graduate school at the University of Pittsburg. “Undergrad was fun, although academically I struggled for a bit,” he explained. Karimi did not always know he wanted to pursue Geology; in fact, he was initially interested in mechanical engineering. “There were classes I got to I was just not interested in. They were boring for me, and then I realized if I were to be a mechanical engineer, that is a desk job for the rest of my life.” Karimi took initiative and the next summer sat in on as many classes as he could, including Introduction to Earth Science. From that point on, Karimi knew he wanted to be a Geologist. “There are those classes that grip you and feel effortless, you can work hours and hours without realizing it,” he said. Karimi spent countless hours working to achieve a Ph.D. in Geology, the field he loves. “Overall, I nerded out pretty hard,” Karimi said proudly. “It was during grad school and teaching when I realized I do have a contribution to make. Teaching was the one thing that gave me instant gratification.” Karimi emphasized that, with time, things will fall into place, as they did for him. Teaching not only inspired his passions but eventually allowed him the opportunity to teach at Colorado College.

Adapting to the Block Plan has had its fair share of benefits and setbacks for Karimi. Luckily, the Block Plan works well for most Geology classes. There are no interruptions from other courses, allowing students more time to study in the field. “The Block Plan really does make a tight-knit community because I think everybody is kind of forced to interact with everybody else at one point

or another,” Karimi explained. However, abrupt problems can arise on the Block Plan, making it hard not just for Karimi, but all professors. Three and a half week blocks only allow for so much time to adapt to certain student’s needs. The flexibility and uncertainty of a block makes it hard for prior planning. “We struggle with the Block Plan as much as you guys do and we benefit from it as much as you guys do. It’s hard to think about it, but we do pretty much have the same reaction to things. It creates an equity amongst people,” Karimi said. Professors are experiencing each and every moment and putting in hard work alongside each student; there is always something to learn from one other, no matter the position.

While consistently faced with work, research, and teaching, Bobby has managed to squeeze in the little things he loves. During his college career he was part of Model UN, IRSam, Geo Club, and Theater. Karimi described how he “also started something called Pitlanda, which was a graduate queer society facilitating discussions between alumni, faculty, staff, administration, and students in regards to transgender rights and issues on campus.” Karimi also spent free time socializing, clubbing, drinking wine, and cooking food—through which he was able to experiment and find out more about himself.

“I’ll be honest and admit that when faced with being in the outdoors or just watching Netflix and ordering food, it’s pretty much a tossup on what’s going to end up happening. The delivery man may or may not know that I am ordering for just one person,” he said, whilst laughing. A relaxed night for Karimi entails good food and watching Korean dramas.

“I still have to go to the DMV, I have to go grocery shopping—all the little annoyances, I think of those as being a part of me as a non-Ph.D.,” Karimi stated. There is an actual human being behind that piece of paper; a human that loves chocolate or traveling as much as you do. No matter the circumstance, situation, or position, all humans connect in various ways. Be aware of that—there can be so much shared and learned through connection.

Bedtime Yoga: A Break From the CC Grind

By ZASCHA FOX

All Colorado College students, regardless of major or hobby, are familiar with the constant struggle to balance school, extracurriculars, social life, and personal health (both mental and physical). The Fitness Center's new "Bedtime Yoga" class has proven to be a popular and effective way for students to de-stress, unwind, and make time for themselves throughout the block. Senior Ellen Atkinson started teaching the class, which met bi-weekly during Block 3, in an effort to help students unwind and focus on the tasks ahead.

Atkinson herself has been practicing yoga for 10 years, and has practiced in places as different as Israel and Crestone, Colo. "The yoga mat is a place to leave everything else behind," said Atkinson. "It is a place without judgment, even of how my body feels on any given day. My philosophy of yoga is that the practice should be centering, calming, healing, and focused on cultivating the inner self, while taking care of and celebrating the body."

With Atkinson wanting to bring this philosophy to CC, the class was originally brought up because there were no open time slots for her to teach. "It's been a hit, and I will continue teaching bedtime yoga on Monday nights during fourth block," said Atkinson. Her classes place focus on alignment to protect the body and avoid injury. Atkinson aims to have all beginners feel completely safe and comfortable in her class.

While many see yoga as simply a physical

practice meant to get you in better shape, they often overlook the emotional and psychological benefits that it offers as well. "Most CC students are busy all day, and few students take time to relax and center themselves before bed. Bedtime yoga is a solution, especially for those who can't find time in their schedules or are not morning people," said Atkinson.

In the style of a traditional yoga class, Atkinson's bedtime yoga ends in shavasana, or corpse pose. Although it may look like they're taking a nap, the yogis in shavasana are in a fully conscious pose that requires one to be both awake and completely relaxed. "Yoga is highly misunderstood in the

West, but it was first developed as a means of achieving unity with the inner self," said Atkinson. "My goal is for everyone in my classes to feel like they achieved a higher level of unity, or respect for, and symbiosis with the self."

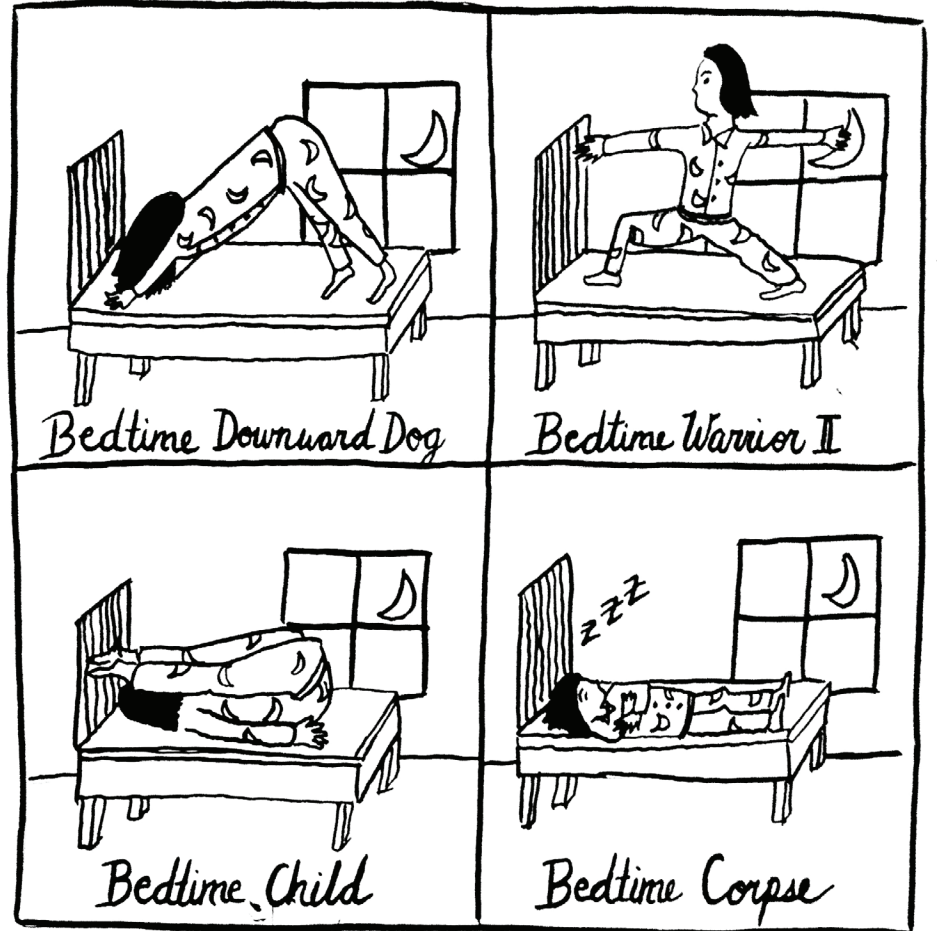
The atmosphere of the class itself is relaxing, with low, warm lighting, soothing essential oils, and an assortment of hot drinks. "After shavasana, it's tempting to not get up again, so the class time is designed to usher students towards the shores of sleep," said Atkinson. "I provide hot drinks like tea or cider and utilize calming essential oils during shavasana. Intentionally, bedtime yoga is designed to rinse out the stresses and worries of the day and start a clean slate

for the next day."

Along with the spiritual aspects of the class, Atkinson includes a range of asanas, or poses,

"Yoga is highly misunderstood in the West, but it was first developed as a means of achieving unity with the inner self."

"Bedtime yoga is designed to rinse out the stress and worries of the day and start a clean slate for the next day."



CARTOON BY CAROLINE LI

of varying difficulty to offer the students a physical challenge as well. Yoga students are encouraged to take the challenge as far as they'd like, making it easy to have a variety of skill levels in each class. For advanced practitioners, Atkinson offers instruction in headstands and other inversions, while those less experienced can modify the exercise. "I always say that all levels are welcome in my classes," said Atkinson. "All yoga poses are attainable for all students; it is a matter of discerning which poses you should or should not do based upon medical history, injury, and even how you felt when you woke up that day or if you are sore from the gym."

Although she is currently immersed in studying the History and Political Science of the Middle East, Atkinson is waiting to hear back from the El Paso County Sheriff's Office, where she applied to teach yoga at the El Paso Criminal Justice Center with inmates,

and is applying for a grant to teach yoga in prisons in Baltimore next summer.

Atkinson's integration of her studies in social justice and her yoga practice are a perfect example of the CC liberal arts experience.

Atkinson hopes to reach more students who feel like their yoga needs are not being met at CC and to provide a deeply fulfilling and enriching class environment and session. Atkinson's bedtime yoga will meet every Monday of fourth block from 9-10:30 p.m. in the Louis Multipurpose Room, in addition to her Wednesday and Friday morning sunrise classes.

Although she recognizes that many people find it difficult to leave their houses and walk to yoga in the dark and freezing cold, she encourages all students to join her in clearing their minds, reflecting, and preparing themselves for the rest of the block.

Hop-Ed: Iron Bird Brewing Company

A weekly review of local beers for Colorado College students by Colorado College students

By BRANDON MARCUS, CHRISTOPHER BIRTCH & JULIAN DAHL

This Week's Brewery:

First opening their doors in the summer of 2014, Iron Bird Brewing Company recently celebrated their two-year anniversary. Determined to set the taproom apart, Iron Bird's owners have created a distinct brewing style and sense of ambiance within their taproom. Their cask ale, for instance, provides unique flavors that distinguish them from other Colorado Springs breweries. Unlike traditional beer, cask ale is not carbonated using nitrogen or carbon dioxide, but is hand pumped from the cellar. Iron Bird has a line of flagship beers, though continuously works new seasonal beers into their lineup.

The taproom, located in downtown Colorado Springs, is a unique and cozy space, containing a true cellar for the casks, and a walk in cold room to house carbonated beers. The bar has a hip and enticing atmosphere, with exposed brick and wooden ceilings. It is a great spot to enjoy a beer and a meal with friends and family.

This Week's Picks:

Topher's Pick: Deadstick Double IPA

This standout double IPA is brewed with over four pounds of hops per barrel. These hops include Columbus, Cascade, El Dorado, Amarillo, and whole leaf mosaic and citra hops. Even with this abundance of hops, the beer has subtle, yet refreshing flavors and is a smooth drink.

It has a 8.5% alcohol by volume, a 96 IBU, and a 15 Standard Reference Method (SRM). The amber color features a red tint and is quite clear. The mild aroma is accompanied by pine and malt tones. It is not too bitter since the malty flavors offset the bitterness. The mouth-



PHOTO BY PHILLIP ENGH

feel is medium and the higher alcohol content leaves a warm tingling sensation in the throat and chest. The flavor finished with floral hop characteristics. Do not let the high alcohol content throw you off, this is one very drinkable Double IPA.

Julian's Pick: Chocolate Rye Porter

This seasonal beer is one of Iron Bird's famous cask

ales. It has a 5.3% alcohol by volume, a 30 on the IBU scale, and a 28 SRM. The color is a dark ruby tint, with a roasted malt aroma. It is light to drink although the rye is prevalent in taste. It has medium mouthfeel, which lingers on the tongue and roof of the mouth.

The initial sip contributes more to feel than flavor, yet the flavors of roasted malts are present throughout. There are also caramel and cinnamon flavors that follow the malt taste, but no real distinct essence of chocolate. It is a good representation of the style, although not very complex.

Brandon's Pick: Propaganda IPA

This IPA is something quite special and is one of the flagship beers of Iron Bird. It is brewed with a large number of different hops, characteristic of IPAs, providing a unique flavor spectrum. These include Cascade, Chinook, Centennial and Mosaic hops. This beer is 6.5% alcohol by volume, has a 75 IBU, and a 12 SRM. This IPA appears a somewhat hazy, grainy, golden color. It has bright, fruity, and citrus aromas with pine undertones. The beer is very multidimensional and starts bitter followed by citrus flavors and a reminiscent bitter after-taste. It has low carbonation and gentle mouthfeel.

The Propaganda IPA is quite refreshing and leaves you desiring another taste of this unique approach to a classic American style IPA.

Where to Buy:

The Iron Bird Brewing Company is located in downtown Colorado Springs at 402 S. Nevada Ave. It is worth the visit to enjoy great beer and pizza. This spot is definitely worth checking out, whether to do some homework or take a date, this brewery has something for everyone.